

Ridgewood Cross Country Meet Summary

Meet: NJ Group Champs **Course:** Holmdel
Division: Group 4 **Course Record:** _____
Date: _____ **Ridgewood Record:** 18:29 Pattie Mileski 1982
Weather: Warm - Mid 50s **Type of Course:** _____
Team Total: 133 **Team Place:** 3rd **1-5 Split:** 1:16 **1-7 split:** _____

2013 NJSIAA/Star-Ledger/M-F Athletics - 11/16/2013

Event 9 Girls 5k Run CC Group IV

Name	Year	School	Avg Mile	Finals	Points
Group 4 Results 5000 Run					
6 #987 Halvorsen, Sam	10	Ridgewood	(6th ATL RHS) 6:10	19:10	6
7 #989 Jeffers, Carleen	11	Ridgewood	(8th ATL RHS) 6:11	19:12	7
35 #991 Reis, Vanessa	10	Ridgewood	6:29	20:08	32
42 #990 Martin, Olympia	9	Ridgewood	6:30	20:12	38
54 #984 Cleary, Kelly	11	Ridgewood	6:35	20:26	50
70 #985 Felsenstein, Genev	11	Ridgewood	6:41	20:46	64
101 #992 Rosenfeld, Leah	10	Ridgewood	6:57	21:35	94
(146 finishers)					

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Group 4 Results 5000 Run											
1	West Win Plains South	87	3	11	14	26	33	91	113		
2	Randolph	107	1	8	15	16	67	104	130		
3	Ridgewood	133	6	7	32	38	50	64	94		
	Average:	19:49.60	(2nd ATL RHS)								
4	Shawnee	165	10	22	23	39	71	97	101		
5	Westfield	190	17	25	47	48	53	65	107		
6	Millburn	191	5	12	30	54	90	111	117		
7	Freehold Township	203	18	24	43	49	69	88	115		
8	Hillsborough	227	21	34	41	55	76	96	110		
9	Ridge	242	20	42	59	60	61	62	83		
10	North Hunterdon	243	2	4	46	93	98	112	123		
11	Jackson Memorial	249	13	36	56	63	81	105	135		
12	Toms River North	268	27	29	58	75	79	82	103		
13	Old Bridge	317	9	40	73	95	100	108	131		
14	Kingsway	342	37	70	77	78	80	85	118		
15	Southern Regional	376	19	57	84	92	124	129			
16	Morris Knolls	406	31	35	74	132	134	137	138		
17	Watchung Hills	413	66	72	86	87	102	114	116		
18	Montclair	417	51	52	99	106	109	119	127		
19	Kearny	439	28	44	120	122	125	126	139		
20	Cherry Hill East	451	45	68	89	121	128	133	136		

Comment: This was a big race for us! We ran the plan perfectly!! (Run that 2nd Mile!!)
 Sam and Carleen ran state break-thru times and our team is qualified for SMOC with the
 third fastest team time on the day!! We all should feel a great deal of pride

