

# 80<sup>th</sup> Annual Eastern States Interscholastic Track and Field Invitational



4:30 p.m.  
Monday, Feb. 24, 2014  
168<sup>th</sup> Street Armory  
Manhattan, New York

# History of the Armory

On Dec. 19, 1909, hundreds of people lined Fort Washington Avenue between 167<sup>th</sup> and 168<sup>th</sup> Street to celebrate the opening of the 22<sup>nd</sup> Regiment of Engineers Armory. The facility, built at a cost of \$1 million to house the National Guard, replaced an aging armory at Broadway and 68<sup>th</sup> Street and included a swimming pool and bowling alley.

“This structure will surpass in excellence as a military home any armory in the state or in the United States,” acting New York mayor McGowan announced that chilly day.

Today, more than a century later, the Armory is unsurpassed in excellence as a home not for the military but of track and field.

The Armory became a mecca for the New York running community in the 1940s, hosting high school championship meets and world-class competitions, featuring stars like pole vaulter Sabin Carr, quarter-miler Ray Barbuti and sprinter Allan Woodring - all Olympic gold medalists.

But the Armory fell into disrepair in the 1970s, when city officials began housing homeless men and women on its lower levels. The track meets continued, but in 1986, the runners booted out entirely so the city could turn the Armory into a full-time shelter.

But in the early 1990s, an ambitious group of track devotees plotted the revival of the Armory.

“We’re trying to get back in there,” Dr. Norbert Sander told *The New York Times* in a story that appeared on July 29, 1991.

Sander, who had competed at the Armory while running for Fordham, put together the Armory Foundation, an ambitious non-profit group that set out to reclaim and refurbish the Armory with private money so the youth of New York and the surrounding areas could have a great place to run and train. And in 1993, the Armory re-opened with a world-class Mondo track that sits atop the historic old flat track. A new era in East Coast track was born.

In the 20 years since, the Armory has hosted more than 1,000 track meets and another generation of Olympians. In 2002, the National Track and Field Hall of Fame moved in and now occupies three floors in the once-decrepit building.

# History of the Easterns

It was in 1934 that the Amateur Athletic Union first held an interscholastic meet at the old Madison Square Garden on 50<sup>th</sup> Street and 8<sup>th</sup> Avenue. There had been a “national” championship held earlier at the Newark Armory under the auspices of the St. Benedict’s Prep, a charter member of the New Jersey Catholic Track Conference, but it is from the Garden meet that the meet you’re attending today - The Easterns - draws its lineage.

The meet remained at the Garden until 1965, when the AAU decided to take its championships on the road for a couple of years. The 1934 meet had just one division, won by Jimmy Curran’s team at Mercersburg Academy, located in remote, rural Central Pennsylvania, about 75 miles southwest of Harrisburg. It was under Curran’s tutelage that several world-class athletes developed at Mercersburg, including 800-meter run world record holder Ted Meredith.

In 1935, the meet split into two divisions - high school and prep school. The two divisions united again in 1955 with post-graduates banned. In 1966, the meet moved to the 168<sup>th</sup> Street Armory in the Washington Heights section of Manhattan and remained there until 1972 under the auspices first of the New York Catholic High School Athletic Association, then of the Staten Island Coaches Association.

For 44 years - from 1934 through 1977 - Easterns even had team scoring, with schools from New York, New Jersey, Pennsylvania, Massachusetts and Virginia taking turns winning.

In 1973, a conflict of dates caused the meet to be cancelled. It was then that the New Jersey Catholic Track Conference stepped in and took over, moving the meet to Princeton University’s Jadwin Gym. The Easterns, as the meet was now known, soon became the premiere indoor high school track meet in the nation.

In 1980, the girls Easterns debuted in Boston and continued there until 1996, when it merged with the boys meet and, under the jurisdiction of the Bergen County Track Coaches Association, was held for one year at Princeton before moving back into 168<sup>th</sup> Street Armory, now newly refurbished and boasting one of the world’s fastest banked 200-meter tracks.

Among the Olympic gold medalists who have competed over the years at Easterns are 1979 long jump winner Carl Lewis and 1991 300-yard dash winner Lamont Smith, both of Willingboro. Other former Olympians who’ve won Easterns titles are 1979 high jump champ Milton Goode of Monmouth Regional; 1982 high hurdles winner Luis Morales of Oxon Hill., Md.; Alberto Salazar of Wayland, Mass., who has held the two-mile meet record for 32 years; 1977 mile winner John Tuttle of Alfred-Almond, N.Y.; and 1980 and 1981 1,000-yard run winner John Marshall of Plainfield; and Willingboro’s Carol Lewis, who still holds the meet record in the long jump.

Tonight, the Easterns enjoys its 79<sup>th</sup> boys meet, 36<sup>th</sup> girls meet and 80<sup>th</sup> overall edition. The oldest indoor high school track meet in the country is just getting started!

# ORDER OF EVENTS

*Boys, then Girls*

## Track

4:30 p.m.	Boys 55-Meter Hurdles	Trials
4:40 p.m.	Girls 55-Meter Hurdles	Trials
4:50 p.m.	Boys 55-Meter Hurdles	Semis
5 p.m.	Girls 55-Meter Hurdles	Semis
5:10 p.m.	Boys 55-Meter Dash	Trials
5:15 p.m.	Girls 55-Meter Dash	Trials
5:20 p.m.	Boys 55-Meter Dash	Semis
5:25 p.m.	Girls 55-Meter Dash	Semis
5:30 p.m.	Boys 200-Meter Dash	Semis
5:45 p.m.	Girls 200-Meter Dash	Semis
6 p.m.	Boys Distance Medley	Final
6:15 p.m.	Girls Distance Medley	Final
6:30 p.m.	Girls 55-Meter Hurdles	Final
6:35 p.m.	Boys 55-Meter Hurdles	Final
6:40 p.m.	Boys 55-Meter Dash	Final
6:45 p.m.	Girls 55-Meter Dash	Final
6:50 p.m.	Opening Ceremony	
6:55 p.m.	Boys 800-Meter Relay	Trials
7:05 p.m.	Girls 800-Meter Relay	Trials
7:15 p.m.	Boys 3,200-Meter Relay	Final
7:35 p.m.	Girls 3,200-Meter Relay	Final
7:55 p.m.	Boys 800-Meter Relay	Final
8 p.m.	Girls 800-Meter Relay	Final
8:05 p.m.	Boys Two-Mile Run	Final
8:25 p.m.	Girls Two-Mile Run	Final
8:40 p.m.	Boys 200-Meter Dash	Final
8:45 p.m.	Girls 200-Meter Dash	Final
8:50 p.m.	Boys 800-Meter Run	Final
9 p.m.	Girls 800-Meter Run	Final
9:10 p.m.	Boys 400-Meter Dash	Final
9:20 p.m.	Girls 400-Meter Dash	Final
9:30 p.m.	Boys Mile Run	Final
9:40 p.m.	Girls Mile Run	Final
9:50 p.m.	Boys 1,600-Meter Relay	Final
10 p.m.	Girls 1,600-Meter Relay	Final

## Field

4:30 p.m.	Girls Pole Vault
5 p.m.	Boys Shot Put, Girls Triple Jump, Boys Long Jump
7 p.m.	Boys High Jump, Girls High Jump, Boys Pole Vault Girls Shot Put, Boys Triple Jump, Girls Long Jump

# MEET RECORDS

## BOYS

<b>55-METER DASH</b> ( <i>hand time</i> )	Mike Kee (Camb. Ridge @ Latin, Mass.), 1975	6.0+
<b>55-METER DASH</b> ( <i>FAT time</i> )	Terrell Wilks (Hames Hillhouse, N.Y.O, 2007	6.29
<b>200-METER DASH</b> ( <i>run since 1994</i> )	Michael Blake (Mt. Vernon, N.Y.), 2011	21.31
<b>300-YARD DASH</b> ( <i>last run in 1993</i> )	Clinton Davis (Steel Valley, Pa.), 1983	30.17
<b>400-METER DASH</b> ( <i>run since 1994</i> )	Lance Wigfall (East Orange Campus), 2003	47.20
<b>600-YARD RUN</b> ( <i>last run in 1993</i> )	Joe Toles (Uniondale, N.Y.), 1977	1:10.6
<b>800-METER RUN</b> ( <i>run since 1994</i> )	Paul Joyce (Clarkstown South, N.Y.), 2000	1:51.98
<b>1,000-YARD RUN</b> ( <i>last run in 1993</i> )	Mark Belger (Mepham, N.Y.), 1974	2:12.3
<b>ONE-MILE RUN</b>	Blair Mancini (North Penn, Pa.), 1981	4:11.6
<b>TWO-MILE RUN</b>	Alberto Salazar (Wayland, Mass.), 1976	9:01.1
<b>55-METER HURDLES</b> ( <i>hand time</i> )	Renaldo Nehemiah (Scotch Plains), 1977	6.9+
<b>55-METER HURDLES</b> ( <i>FAT time</i> )	Rodney Wilson (Bartrum, Pa.), 1979	7.17+
<b>MILE WALK</b> ( <i>held 1980 through 1984</i> )	Tim Lewis (Shenendehowa, N.Y.), 1980	6:37.1
<b>HIGH JUMP</b>	Greg Gonsalves (Falmouth, Mass.), 1981	7-3
<b>POLE VAULT</b>	Jordan Yamoah (Arlington, N.Y.), 2011	16-6
<b>LONG JUMP</b>	Dion Bentley (Penn Hills, Pa.), 1989	26-0 <sup>3</sup> / <sub>4</sub>
<b>TRIPLE JUMP</b>	Gary Jones (Webster Schroeder, N.Y.), 2006	49-9
<b>SHOT PUT</b>	Nick Vena (Morristown), 2011	71-3 <sup>1</sup> / <sub>4</sub>
<b>WEIGHT THROW</b>	Walter Henning (St. Anthony's, N.Y.), 2007	86-3 <sup>3</sup> / <sub>4</sub> <i>nr</i>
<b>800-METER RELAY</b>	Camden, N.J., 2004	1:26.90
<b>1,600-METER RELAY</b>	Camden, N.J., 2001	3:15.78
<b>3,200-METER RELAY</b>	Pleasantville, N.J., 2013	7:45.55
<b>DISTANCE MEDLEY</b> ( <i>held since 1971</i> )	West Windsor-Plainsboro North, N.J.	10:07.21

## GIRLS

<b>55-METER DASH</b>	Michelle Glover (Willingboro), 1980	6.5+
<b>55-METER DASH</b> ( <i>FAT time</i> )	Myasia Jacobs (Paramus Catholic), 2011	6.84
<b>200-METER DASH</b>	Whitney Fountain (Christopher Columbus, N.Y.), 2009	23.77
<b>300-YARD DASH</b>	Tasha Downing (Boston Tech, Mass.), 1986	34.51
<b>400-METER DASH</b>	Neisha Bernard-Thomas (Tilden, N.Y.), 2000	54.87
<b>600-YARD RUN</b>	Giselle Harris (Shabazz), 1986	1:21.17
<b>800-METER RUN</b>	Janine Davis (Queen of Peace), 2005	2:09.27
<b>1,000-YARD RUN</b>	Shola Lynch (Hunter, N.Y.), 1987	2:31.86
<b>ONE-MILE RUN</b>	Michelle Rowen (Washington Twp.), 1983	4:43.1
<b>TWO-MILE RUN</b>	Leslie Welch (Peabody, Mass.), 1981	10:22.29
<b>60-YARD HURDLES</b>	Charmaine Walker (Plainfield), 1997	7.71
<b>HIGH JUMP</b>	Emily Kianka (Hopewell Valley), 2010	5-11
<b>POLE VAULT</b>	Danielle O'Reilly (Shawnee), 2004	13-0
<b>LONG JUMP</b>	Carol Lewis (Willingboro), 1980	20- 6 <sup>1</sup> / <sub>4</sub>
<b>TRIPLE JUMP</b>	Stephanie McIntyre (South Brunswick), 2007	40-11
<b>SHOT PUT</b>	Vanessa Stewart (North Babylon, N.Y.), 2010	47-4 <sup>3</sup> / <sub>4</sub>
<b>25-POUND WEIGHT THROW:</b>	Cynthia Lloyd (New Rochelle, N.Y.), 2007	47- 1
<b>800-METER RELAY:</b>	Middle College, N.Y., 2011	1:39.27
<b>1,600-METER RELAY:</b>	Columbia, 2013	3:46.80
<b>3,200-METER RELAY:</b>	Pope John XXIII, 2007	9:06.94
<b>DISTANCE MEDLEY:</b>	Southern Regional, 2009	11:48.61

# All-Time Winners

## BOYS

### 55-Meter Dash

1934 ... Jack White (Mercerburg, Pa.)	6.5y
1935 ... Marty Gilckman (Madison, N.Y.)	6.5y
1936 ... Rudy Flake (Lincoln, N.J.)	6.5y ( <i>Ted Stanish, Kearny,</i>
6.4y, h)	
1937 ... Norwood Ewell (Lancaster, Pa.)	6.5y
1938 ... Ralph Hammond (Commerce, N.Y.)	6.5y
1939 ... Rudolph Nedd (Stuyvesant, N.Y.)	6.5y
1940 ... Sal Modaffari (Evander Childs, N.Y.)	6.5y
1941 ... Ed Greenridge (Monroe, N.Y.)	6.4y
1942 ... Justin Wenger (New Utrecht, N.Y.)	6.5y
1943 ... Stan Beckett (Douglas, Md.)	6.5y (6.4h)
1944 ... Bill Mathis (Cordoza, Washington, D.C.)	6.5y
1945 ... Bill Mathis (Cordoza, Washington, D.C.)	6.3y
1946 ... James Ryan (Cardinal Hayes, N.Y.)	6.5y
1947 ... James Fielding (Metuchen, N.J.)	6.4y
1948 ... James Fielding (Metuchen, N.J.)	6.5y
1949 ... Don Stonehouse (Westdale, Ontario)	6.3y
1950 ... Ed Brabham (Boys, N.Y.)	6.6y
1951 ... Ed Brabham (Boys, N.Y.)	6.5y
1952 ... Ed Brabham (Boys, N.Y.)	6.5y
1953 ... John Halpern (New Rochelle, N.Y.)	6.5y
1954 ... George Sydnor (Haverford, Pa.)	6.4y
1955 ... Joe Elder (Rindge Tech., Mass.)	6.5y
1956 ... Al Phillips (Montclair, N.J.)	6.3y
1957 ... Lou Maultsby (Tilden, N.Y.)	6.5y
1958 ... Frank Budd (Asbury Park, N.J.)	6.3y
1959 ... Bill Shippen (Lower Merion, Pa.)	6.3y
1960 ... Al Washington (Edison Tech, N.J.)	6.2y
1961 ... Paul Anthony (Wingate, N.Y.)	6.2y
1962 ... Jerry Krumeich (Essex Catholic, N.J.)	6.4y
1963 ... Joe Williams (Haddon Heights, N.J.)	6.5y
1964 ... Oliver Hunter (New Rochelle, N.J.)	6.3y
1965 ... George Hartsfield (Glassboro, N.J.)	6.3y
1966 ... Bill Gaines (Clearview, N.J.)	6.4y
1967 ... Don Carpenter (East Providence, N.J.)	6.6y
1968 ... Ernest Moore (Edison, N.J.)	6.5y
1969 ... Bob Hauk (St. Joseph-Montvale, N.J.)	6.5y
1970 ... John Boxley (Deptford, N.J.)	6.5y
1971 ... Charles Wells (Lincoln, N.J.)	6.5y
1972 ... Dave Meyer (Berner, N.Y.)	6.4y
1973 ... Not Held	
1974 ... John Chambers (Neptune, N.J.)	6.1y

1975 ... Mike Kee (Rindge Tech, Mass.)	6.0y
1976 ... Steve Strother (New Rochelle, N.Y.)	6.2y
1977 ... Frank Kelly (Westfield, N.J.)	6.1y
1978 ... Ken Diggs (Bayside, Va., N.J.)	6.3y
1979 ... Greg Lockett (Weequahic, N.J.)	6.43y
1980 ... Darren Walker (Meade, Md.)	6.34y
1981 ... George McKey (Willingboro, N.J.)	6.44y
1982 ... Luis Morales (Oxon Hill, Md.)	6.31y
1983 ... Dennis Mitchell (Edgewood, N.J.)	6.31y
1984 ... Dennis Mitchell (Edgewood, N.J.)	6.31y
1985 ... Ron Scott (Friendly, Md.)	6.35y
1986 ... Barney Borromeo (Nashua, N.H.)	6.34y
1987 ... Barry Bacon (Neptune, N.J.)	6.38y
1988 ... Samuel Rice (Cardinal Hayes, N.Y.)	6.36y
1989 ... Robert Barrett (Good Counsel, Md.)	6.39y
1990 ... Elgin Gordon (Eleanor Roosevelt, Md.)	6.35y
1991 ... Richard Wagner (Copague, N.Y.)	6.50y
1992 ... Not Held	
1993 ... Marlon Owens (Asbury Park, N.J.)	6.48y
1994 ... Ken Bruce (North Salem, Mass.)	6.46
1995 ... Joe Dawkins (Hackensack, N.J.)	6.38
1996 ... Albert Newkirk (Camden, N.J.)	6.46
1997 ... Louis Smith (Burlington Township, N.J.)	6.49
1998 ... Richard Hubbard (Eastern, N.J.)	6.55
1999 ... Chasice Fernandez (Campus Magnet, N.J.)	6.41
2000 ... Sheldon Simpson (East Hartford, Conn.)	6.35
2001 ... Maxwell Booker (Essex Catholic, N.J.)	6.32
2002 ... Michael Thompson (Woodlands, N.Y.)	6.36
2003 ... Corin Erby (Christ the King, N.Y.)	6.51
2004 ... Lewitt Boyd (Mount Vernon, N.Y.)	6.47
2005 ... Thomas Walls (Woodrow Wilson, N.J.)	6.50 (6.47 <i>semis</i> )
2006 ... Terrius McMillan (Newburgh Free Acad, N.Y.)	6.39
2007 ... Terrell Wilks (James Hillhouse, N.Y.)	6.29
2008 ... Michael Peavy (Neptune, N.J.)	6.45
2009 ... Jermaine Brown (Medger Evers, N.Y.)	6.31
2010 ... Miles Shuler-Foster (Long Branch, N.J.)	6.35
2011 ... Miles Shuler-Foster (Long Branch, N.J.)	6.34
2012 ... Anthony Averett (Woodbury, N.J.)	6.46
2013 ... Curtis Fitzpatrick (Egg Harbor Twp., N.J.)	6.47

### **200-Meter Dash**

1934 ... Ted Ellison (DeWitt Clinton, N.Y.)	23.4y
1935 ... Ted Ellison (DeWitt Clinton, N.Y.)	24.5y
1936 ... Bob Rodenkirchen (Dickinson, N.J.)	24.0y (23.3h, N.J.)
1937 ... Gilder Farrow (Long Branch, N.J.)	24.0y
1938-1993 ... Not Held	

1994 ... Kevin Hampson (West Side, N.J.)	22.24
1995 ... Roudy Monrose (Spring Valley, N.Y.)	22.82
1996 ... Chamari Willis (Lawrence, N.Y.)	22.38
1997 ... Albert Newkirk (Camden, N.J.)	22.31
1998 ... Sean Wright (Rice, N.Y.)	21.90
1999 ... Carlos Bedoya (Stepinac, N.Y.)	22.31
2000 ... Carlos Bedoya (Stepinac, N.Y.)	21.75
2001 ... Ernie Terrell (Norristown, Pa.)	21.94
2002 ... Todd Dutch (Washington Twp., N.J.)	21.62
2003 ... Kevin Okolie (Half Hollow Hills East, N.Y.)	21.75
2004 ... Adian Sanderson (Ewing, N.J.)	21.34
2005 ... Tristan Walker (South Shore, N.Y.)	21.67
2006 ... Andre Pinnock (Sheepshead Bay, N.Y.)	22.01
2007 ... Terrell Wilks (James Hillhouse, N.Y.)	21.61
2008 ... Mike Abelard (Ramapo, N.J.)	21.50
2009 ... Zamir Thomas (Snyder, N.J.)	21.90
2010 ... Zamir Thomas (Snyder, N.J.)	21.74
2011 ... Michael Blake (Mt. Vernon, N.Y.)	21.31
2012 ... Darrell Bush (Woodbury, N.J.)	21.53
2013 ... A.J. Dawson (Holy Spirit, N.J.)	22.04

### **300-Yard Dash**

1967 ... Lamott Hyman (Jackson, N.Y.)	31.7
1968 ... Jerry Monroe (Taft, N.Y.)	32.2
1969 ... Jerry Monroe (Taft, N.Y.)	32.4
1970 ... Jamie Primus (Lafayette, N.Y.)	32.1
1971 ... Steve Williams (Evander Childs, N.Y.)	32.2
1972 ... Vince Campi (Seton Hall Prep, N.J.)	32.0
1973 ... Not held	
1974 ... Willie Smith (Uniondale, N.Y.)	31.0
1975 ... Tony Darden (Norristown, Pa.)	30.9
1976 ... Tony Darden (Norristown, Pa.)	30.3
1977 ... Steve Skinner (Jackson, N.Y.)	31.4
1978 ... Butch Woolfolk (Westfield, N.J.)	31.0
1979 ... Carlton Young (Central Philadelphia, Pa.)	30.3
1980 ... Art Allen (Mount Pleasant, N.Y.)	31.2
1981 ... Mith Van Eylken (North Babylon, N.Y.)	31.56
1982 ... Brian Cotton (Uniondale, N.Y.)	31.32
1983 ... Clinton Davis (Steel Valley, Pa.)	30.17
1984 ... Randy King (Medford, Mass.)	31.53
1985 ... Gary Satterwhite (Rahway, N.J.)	30.98
1986 ... Tony Tiller (Westfield, N.J.)	31.27
1987 ... Eric Crichlow (Lexington, Mass.)	31.3
1988 ... Eric Crichlow (Lexington, Mass.)	31.22
1989 ... Derrick Lone (Meade, Md.)	31.07
1990 ... Derrick Mills (DeMatha, Md.)	31.28



1991 ... Lamont Smith (Willingboro, N.J.)	31.34
1992 ... Not Held	
1993 ... Ty Adams (Monmouth, N.J.)	30.80

#### **400-Meter Dash**

1934 ... Richard Lundell (Manhattan Prep, N.Y.)	51.0y
1935 ... Milt Glass (Evander Childs, N.Y.)	51.3y
1936 ... Ed Rogers (Evander Childs, N.Y.)	53.8y
1937 ... Bob McKoy (Westfield, N.J.)	51.1y
1938 ... Karl Larsson (Brooklyn Tech, N.Y.)	52.1y
1939 ... John Quigley (DeLaSalle, N.Y.)	50.1y
1940 ... John Anderson (Brooklyn Tech, N.Y.)	52.1y
1941 ... Fred Sickinger (Bryant, N.Y.)	52.4y
1942 ... Billy Old (Manual Training, N.Y.)	52.5y
1943 ... Warren Bright (Monroe, N.Y.)	51.8y
1944 ... Robert Hakusa (Northern Arlington, N.J.)	52.3y
1945 ... John Taylor (DeWitt Clinton, N.Y.)	51.8y
1946 ... Andrew Stanfield (Lincoln, N.J.)	52.3y
1947 ... Val Muscato (Concord, Mass.)	51.8y
1948 ... Roger Montgomery (Boys, N.Y.)	52.4y
1949 ... Oliver Sax (Kearny, N.J.)	50.4y
1950 ... Vernon Dixon (Bishop Loughlin, N.Y.)	51.4y
1951 ... Paul Methia (New Bedford, Mass.)	52.6y
1952 ... Charles Jenkins (Rindge Tech, Mass.)	52.4y
1953 ... Charles Jenkins (Rindge Tech, Mass.)	50.7y
1954 ... Bob Skerritt (Harding, Conn.)	52.9y
1955 ... Ed Collymore (Rindge Tech., Mass.)	51.1y
1956 ... Lee Prentice (Malden, Mass.)	51.7y
1957 ... Ray Ratkowski (St. Francis Prep, N.Y.)	50.3y
1958 ... Carl Wagner (West Catholic, Pa.)	51.7y
1959 ... Howard Cox (Snyder, N.J.)	51.7y
1960 ... Roger Caruso (Demarest, N.J.)	50.0y
1961 ... Tom Pope (Lincoln, N.Y.)	51.6y
1962 ... Tim Johnson (Boston Trade, Mass.)	50.2y
1963 ... Tim Johnson (Boston Trade, Mass.)	49.6y
1964 ... George Rainey (White Plains, N.Y.)	49.2y
1965 ... Vince Matthews (Jackson, N.Y.)	50.7y
1966-1993 Not Held	
1994 ... Halim Wise (Cardinal Spellman, N.Y.)	50.43
1995 ... Nakia Fenner (Newark Science, N.J.)	49.08
1996 ... Marlon Baugh (Boys and Girls, N.Y.)	49.41
1997 ... Courtney Cornwall (Lawrence, N.Y.)	49.19
1998 ... Jason Morgan (Lawrence, N.Y.)	49.58
1999 ... Jason Morgan (Lawrence, N.Y.)	48.52
2000 ... Mohamad Kanu (Lenape, N.J.)	48.36
2001 ... Kedar Inico (Campus Magnet, N.Y.)	47.69

2002 ... Ray Williams (Scotch Plains, N.J.)	47.45
2003 ... Lance Wigfall (East Orange, N.J.)	47.20
2004 ... Adian Sanderson (Ewing, N.J.)	47.76
2005 ... Shaquan Brown (Kennedy-Paterson, N.J.)	47.75
2006 ... Paul Fay (Central Regional, N.J.)	48.66
2007 ... Charles Cox (Monmouth Regional, N.J.)	48.27
2008 ... Clayton Parros (Seton Hall Prep, N.J.)	48.26
2009 ... Andrew Burt (Lacey Twp., N.J.)	48.66
2010 ... Najee Glass (St. Peter's-J.C., N.J.)	47.87
2011 ... Najee Glass (St. Peter's-J.C., N.J.)	47.54
2012 ... Steven Gayle (Mt. Vernon, N.Y.)	48.63
2013 ... Taylor McLaughlin (Union Catholic, N.J.)	48.75

### **600-Yard Dash**

1966 ... Bob Russell (Jamaica, N.Y.)	1:13.3
1967 ... Willie Fogle (Wingate, N.Y.)	1:14.5
1968 ... Gerry Hassard (Cranston East, N.J.)	1:13.7
1969 ... Ernest Bahey (Warwick, N.J.)	1:13.7
1970 ... Keith Davis (Lincoln, N.J.)	1:13.7
1971 ... Dave Law (Snyder, N.J.)	1:13.0
1972 ... Bob Cox (Hamilton, N.J.)	1:13.5
1973 ... Not Held	
1974 ... Kevin Price (Cardozo, N.Y.)	1:12.8
1975 ... Spencer Peterson (Uniondale, N.Y.)	1:12.9
1976 ... Clifton Perry (Menchville, Va.)	1:12.1
1977 ... Joe Toles (Uniondale, N.Y.)	1:10.6
1978 ... Chris Person (Plainfield, N.J.)	1:11.2
1979 ... Mark Preston (Brandeis, N.Y.)	1:12.58
1980 ... Russell Carter (Lower Merion, Pa.)	1:12.2
1981 ... Isky Moat (Ridley, Pa.)	1:11.2
1982 ... Alfonso Averhart (Bishop Loughlin, N.Y.)	1:12.1
1983 ... Tony Valentine (Plainfield, N.J.)	1:13.44
1984 ... Cedric Patterson (Denbigh, Va.)	1:11.29
1985 ... Paul Steele (Prospect Hts., N.Y.)	1:11.84
1986 ... William Reid (Philadelphia Central, Pa.)	1:11.66
1987 ... Ben Acerly (St. Christopher, Va.)	1:14.98
1988 ... Thomas Bowman (Suitland, Md.)	1:13.48
1989 ... Richard Jordan (Baldwin, N.Y.)	1:13.37
1990 ... Ernesto Perez (West Side, N.J.)	1:13.63
1991 ... Jean Destine (Elizabeth, N.J.)	1:12.10
1992 ... Not Held	
1993 ... J.R. McIlwain (Holy Ghost Prep, Pa.)	1:12.64

### **800-Meter Run**

1934 ... Edwin Brown (Mercersburg, Pa.)	2:03.0y
1935 ... William Dobbins (Brooklyn Prep, N.Y.)	2:01.2y

1936 ... Joe Zeitler (Mount St. Michael's, N.Y.)	2:03.8y
1937 ... Konstanty Kempisty (Manual, N.Y.)	2:02.0y
1938 ... Leslie MacMitchell (George Washington, N.Y.)	1:58.0y
1939-1993 ... Not Held	
1994 ... Brad Barket (Peddie, N.J.)	1:55.69
1995 ... Michael Spellman (New Providence, N.J.)	1:58.04
1996 ... Arif Welcher (St. Benedict's, N.J.)	1:54.81
1997 ... Drummond Warren (Clinton, N.Y.)	1:56.59
1998 ... Joseph Lewis (Pleasantville, N.J.)	1:56.31
1999 ... Jason Andrews (Lakewood, N.J.)	1:54.57
2000 ... Paul Joyce (Clarkstown South, N.Y.)	1:51.98
2001 ... Corey Thomas (Bishop Loughlin, N.Y.)	1:53.78
2002 ... Ken Sinkovitz (Bergen Catholic, N.J.)	1:53.88
2003 ... Gabriel McLaren (Freeport, N.Y.)	1:52.12
2004 ... Greg Gomez (Franklin, N.J.)	1:52.86
2005 ... Brian Scotland (St. Benedict's, N.J.)	1:52.47
2006 ... Michael Pachella (Wallkill Valley, N.J.)	1:53.80
2007 ... Jason Apwah (Roxbury, N.J.)	1:52.76
2008 ... Monroe Kearns (Jackson, N.J.)	1:55.90
2009 ... Sean Halpin (Iona Prep, N.Y.)	1:54.46
2010 ... Matt Conti (Shaker, N.Y.)	1:55.76
2011 ... Strymar Livingston (Christopher Columbus, N.Y.)	1:54.05
2012 ... Isaac Clark (Pleasantville, N.J.)	1:54.34
2013 ... Edward Cheserek (St. Benedict's, N.J.)	1:52.11

### **1,000-Yard Run**

1934 ... Louis Burns (Roxbury, Mass.)	2:22.5
1935 ... Gerry Russell (LaSalle, R.I.)	2:25.9
1936 ... Leslie MacMitchell (George Washington, N.Y.)	2:22.9
1937 ... Phil Leibowitz (James Madison, N.Y.)	2:22.4
1938 ... Ray Chisholm (Kearny, N.J.)	2:22.6
1939 ... William Eppright (Overbrook, Pa.)	2:19.6
1940 ... Hugh Short (Hillside, N.J.)	2:19.2
1941 ... Bob Quinlan (Bishop Loughlin, N.Y.)	2:20.7
1942 ... Joseph Hall (LaSalle, R.I.)	2:20.7
1943 ... John Serrie (Bayonne, N.J.)	2:19.5
1944 ... John Moran (Bryant, N.Y.)	2:25.4
1945 ... Ed Carney (St. Michael's-Jersey City, N.J.)	2:22.0
1946 ... Richard Cooper (Morris, N.Y.)	2:24.8
1947 ... Carl Joyce (Boston Commerce, Mass.)	2:19.6
1948 ... Gordon Haight (Westdale, Ontario)	2:19.6
1949 ... John Meader (Nott Terrace, N.Y.)	2:21.8
1950 ... Ray Wheeler (Union, N.J.)	2:18.8
1951 ... Al Schoenig (Manual, N.Y.)	2:17.5
1952 ... Mike Caraftis (Port Jefferson, N.Y.)	2:21.4
1953 ... Mike Caraftis (Port Jefferson, N.Y.)	2:20.4

1954 ... Mike Caraftis (Port Jefferson, N.Y.)	2:16.3
1955 ... John Slowik (Monroe, N.Y.)	2:19.8
1956 ... Joe Mullins (Huntington, N.Y.)	2:16.7
1957 ... Tom Carroll (Fordham Prep, N.Y.)	2:15.1
1958 ... Jon Dante (Union, N.J.)	2:17.0
1959 ... John Reilly (Mount St. Michael, N.Y.)	2:16.1
1960 ... James Sims (Kingston, N.Y.)	2:14.9
1961 ... Tom Farrell (Archbishop Malloy, N.Y.)	2:16.1
1962 ... Gene Tetrault (Hartford, Conn.)	2:14.9
1963 ... Rick Urbina (McClancy, N.Y.)	2:15.1
1964 ... Peter Farrell (Archbishop Malloy, N.Y.)	2:14.5
1965 ... Jim Meehan (Ames, Mass.)	2:15.5
1966 ... Jim Jackson (Boys, N.Y.)	2:14.0
1967 ... Julius Larrymore (Adams, N.Y.)	2:19.6
1968 ... John Brady (St. Helena's, N.Y.)	2:12.4
1969 ... Brian McElroy (Massapequa, N.Y.)	2:12.6
1970 ... Ken Schappert (Dubois, N.Y.)	2:16.1
1971 ... Steve Caton (New Bedford, Mass.)	2:14.5
1972 ... Bill Dabney (Boys, N.Y.)	2:13.8
1973 ... Not Held	
1974 ... Mark Belger (Mephram, N.Y.)	2:12.3
1975 ... Don Paige (Baldwinsville, N.Y.)	2:12.4
1976 ... Ramon Severino (George Washington, N.Y.)	2:13.3
1977 ... Roger Jones (Ramsey, N.J.)	2:12.6
1978 ... Aubrey McKithen (Trenton, N.J.)	2:15.2
1979 ... Billy Pearson (Westinghouse, N.Y.)	2:14.28
1980 ... John Marshall (Plainfield, N.J.)	2:12.6
1981 ... John Marshall (Plainfield, N.J.)	2:12.6
1982 ... Keith Davis (Neptune, N.J.)	2:16.2
1983 ... Jeff Van Wie (Suffern, N.J.)	2:14.06
1984 ... Jeff Coates (Bel-Air, Md.)	2:14.34
1985 ... Pat Brandon (Quabbin, Mass.)	2:16.71
1986 ... Roger Blackman (Prospect Heights, N.Y.)	2:17.49
1987 ... James Barnes (St. Benedict's, N.J.)	2:15.36
1988 ... Mark Gomez (Stoughton, Mass.)	2:16.58
1989 ... Brad Sumner (Archbishop McQuaid, N.Y.)	2:14.71
1990 ... Mike Going (Wheatley, N.Y.)	2:17.54
1991 ... Dorian Fenner (Newark East Side, N.J.)	2:14.88
1992 ... Not Held	
1993 ... Brad Barkett (Peddie, N.J.)	2:18.2
2013 ...	

### **One-Mile Run**

1934 ... Herb Cornell (Poly Prep)	4:40.1
1935 ... Bill Murch (Manchester, Conn.)	4:36.4
1936 ... Ray Trail (Mount Pleasant, N.Y.)	4:31.6

1937 ... LesMacMitchell (George Washington, N.Y.)	4:23.6
1938 ... Ed Morgan (Overbrook, Pa.)	4:30.4
1939 ... Anthony Maloney (Morris, N.Y.)	4:31.2
1940 ... Alan Hillman (Bayside, N.Y.)	4:27.1
1941 ... Frank Dixon (Monroe, N.Y.)	4:27.7
1942 ... Lawrence Schmidt (Bishop Loughlin, N.Y.)	4:27.9
1943 ... Browning Ross (Woodbury, N.J.)	4:37.5
1944 ... Walt Soltow (New Utrecht, N.Y.)	4:38.0
1945 ... Bill McGuire (George Washington, N.Y.)	4:28.4
1946 ... Bob Checola (Bishop Loughlin, N.Y.)	4:37.2
1947 ... Frank Efinger (Clinton, N.Y.)	4:27.4
1948 ... Joe LaPierre (Boston Commerce, Mass.)	4:33.6
1949 ... Alphonsus Jones (Cardozo, Washington, D.C.)	4:26.0
1950 ... Alphonsus Jones (Cardozo, Washington, D.C.)	4:33.1
1951 ... Gene Fekete (Camden Regional, N.J.)	4:28.4
1952 ... Don Philpott (Montclair, N.J.)	4:23.5
1953 ... John Kopil (Bayonne, N.J.)	4:22.7
1954 ... Jerry Salvatore (Brooklyn Prep, N.Y.)	4:28.6
1955 ... Gerald Costello (Edison, N.Y.)	4:29.2
1956 ... Don Luisi (Rockland, Mass.)	4:23.3
1957 ... Jim Irons (Brampton, Ontario)	4:22.7
1958 ... Tom Laris (George Washington, N.Y.)	4:16.9
1959 ... Bob Mack (Weequahic, N.J.)	4:22.6
1960 ... Don Donovan (Seton Hall, N.J.)	4:24.7
1961 ... John Camien (Sewanhaka, N.Y.)	4:23.1
1962 ... Steve Ball (Etobicoke, Ontario)	4:19.0
1963 ... Jim Warner (Fox Lane, N.Y.)	4:21.2
1964 ... Orlando Martinez (Hamilton, N.Y.)	4:17.4
1965 ... Anthony Masi (LaSalle, N.Y.)	4:17.3
1966 ... Marty Liquori (Essex Catholic, N.J.)	4:18.7
1967 ... James Jackson (Boys, N.Y.)	4:21.6
1968 ... Russ Taintor (Brick, N.J.)	4:20.6
1969 ... Holly Walton (Hope,R.I.)	4:19.2
1970 ... Bill Sieben (Union Catholic, N.J.)	4:17.6
1971 ... Vince Cartier (Scotch Plains, N.J.)	4:15.6
1972 ... Matt Centrowitz (Power Memorial, N.Y.)	4:16.4
1973 ... Not Held	
1974 ... N/A	
1975 ... Maurice Weaver (Power Memorial, N.Y.)	4:17.3
1976 ... Dan Predmore (Fairport, N.Y.)	4:13.8
1977 ... John Tuttle (Alfred-Almond, N.Y.)	4:13.2
1978 ... Bob Goss (Chelsea, Mass.)	4:14.2
1979 ... Mike Cleary (Fordham Prep, N.Y.)	4:19.01
1980 ... Mike Walukevich (Haverill, Mass.)	4:14.3
1981 ... Blair Mancini (North Penn, Pa.)	4:11.57
1982 ... Mike Stahr (Carmel, N.Y.)	4:19.4

1983 ... Charles Marsala (New Dorp, N.Y.)	4:14.13
1984 ... Daniel Godin (Londonerry, N.H.)	4:21.87
1985 ... Bill Crowley (Seekonk, N.Y.)	4:17.65
1986 ... John Trautman (Monroe-Woodbury, N.Y.)	4:13.71
1987 ... Chris Egger (Middletown, N.Y.)	4:18.50
1988 ... Joe Tuttle (Moore Catholic, N.Y.)	4:19.44
1989 ... C. Lawrence (Franklin, N.Y.???)	4:22.88
1990 ... Jason Stewart (Conrad Weiser, Pa.)	4:23.32
1991 ... Aaron Linz (West Springfield, Va.)	4:21.86
1992 ... Not Held	
1993 ... Jon Hunt (Princess Anne, Va.)	4:17.60
1994 ... Kyle Adderly (Philadelphia Central, Pa.)	4:28.77
1995 ... Brian Pike (Island Trees, N.Y.)	4:22.67
1996 ... Darren Dinneen (Phillips Andover, N.H.)	4:14.87
1997 ... Ray Driscoll (St. Joseph-Metuchen, N.J.)	4:25.93
1998 ... Ray Driscoll (St. Joseph-Metuchen, N.J.)	4:21.93
1999 ... Tim Kelly (Smithtown, N.Y.)	4:21.98
2000 ... Robert Dwyer (Berkshire, Conn.)	4:21.78
2001 ... Chris Platt (Haddonfield, N.J.)	4:21.54
2002 ... Jeremy Zagorski (Parsippany Hills)	4:19.03
2003 ... Jeremy Zagorski (Parsippany Hills)	4:15.75
2004 ... Jon Anderson (Cinnaminson)	4:22.71
2005 ... Josh Davis (Phillipsburg, N.J.)	4:21.45
2006 ... Joe Parks (Deer Park, N.Y.)	4:23.50
2007 ... Brian Tetreault (Cinnaminson, N.J.)	4:22.06
2008 ... Julian Schienbaum (Scarsdale, N.Y.)	4:20.89
2009 ... Robby Andrews (Manalapan, N.J.)	4:12.31
2010 ... Matt Jabonski (Loyola Blake)	4:19.91
2011 ... Alex Levine (Danbury, Ct.)	4:18.74
2012 ... Tim Ball (Piscataway, N.J.)	4:15.75
2013 ... Bill Dolan (Clearview, N.J.)	4:21.51

### **Two-Mile Run**

1962 ... Mike Coffey (Cardinal Dougherty, Pa.)	9:32.7
1963 ... Jim McDermott (Archbishop Malloy, Pa.)	9:24.5
1964 ... Charles Messenger (Kenwood, Md.)	9:10.6
1965 ... Art Dulong (Randolph, Mass.)	9:08.7
1966 ... Ed Norris (Brockton, Mass.)	9:20.3
1967 ... Walter Walls (Taft, N.Y.)	9:18.2
1968 ... Denis Fikes (Rice, N.Y.)	9:23.5
1969 ... Dan Moynihan (Malden Catholic, Mass.)	9:19.5
1970 ... Denis Fikes (Rice, N.Y.)	9:10.8
1971 ... James Harmon (St. Agnes, N.Y.)	9:17.7
1972 ... Kevin McCarey (Cathedral, N.Y.)	9:09.6
1973 ... Not Held	
1974 ... Mike Hagon (Suffern, N.Y.)	9:09.4

1975 ... Dave Dobrzynski (CBA, N.Y.)	9:11.8
1976 ... Alberto Salazar (Wayland, Mass.)	9:01.1
1977 ... Steve Ferri (Bishop O'Connell, Va.)	9:09.0
1978 ... Mark Kimball (Timberlane, N.H.)	9:10.9
1979 ... David Thompson (Dover, N.J.)	9:09.99
1980 ... Dwight Steohens (T.C. Williams, Va.)	9:09.88
1981 ... Kevin King (Westhill, Conn.)	9:11.2
1982 ... Charles Alexander (St. Christopher, Va.)	9:04.17
1983 ... Mike Connelly (Upper Perkiomen, Pa.)	9:14.18
1984 ... Kris Hardt (Walt Whitman, Md.)	9:07.87
1985 ... Mark Foley (Catholic Memorial, Mass.)	9:16.55
1986 ... Kevin Pumphrey (Highland Regional, N.J.)	9:22.67
1987 ... Mike Chambers (Chelmsford, Mass.)	9:29.42
1988 ... Bryan Spoonire (Asbury Park, N.J.)	9:33.37
1989 ... Jerod Neas (Princeton, N.J.)	9:40.03
1990 ... Albert Donawa (Camden, N.J.)	9:30.02
1991 ... Bryan Spoonire (Asbury Park, N.J.)	9:22.16
1992 ... Not Held	
1993 ... Reynaldo Mendez (Fordham Prep, N.Y.)	9:32.23
1994 ... John Mortimer (Londonderry, N.H.)	9:25.39
1995 ... John Mortimer (Londonderry, N.H.)	9:11.60
1996 ... Jason Vanderhoff (Timberlane, N.H.)	9:33.09
1997 ... Matthew Weiss (Woodlands, N.Y.)	9:47.20
1998 ... Jason Meaney (Syracuse, N.Y.)	9:16.92
1999 ... Corey Kunz (St. Joseph-Montville, N.J.)	9:30.77
2000 ... Brian Boyett (Parsippany Hills, N.J.)	9:24.24
2001 ... Brian Boyett (Parsippany Hills, N.J.)	9:24.27
2002 ... Brian Dalpiaz (Sayville, N.Y.)	9:03.65
2003 ... Hakon DeVries (John Jay, N.Y.)	9:09.27
2004 ... Mohamed Khadraoui (Patterson Kennedy, N.J.)	9:12.28
2005 ... James LaGreca (Demarest, N.J.)	9:41.72
2006 ... Brandon Jarrett (St. Benedict's, N.J.)	9:16.02
2007 ... Steve Murdock (Shenendehowa, N.Y.)	9:07.85
2008 ... Jonathan Vitez (Haddonfield, N.J.)	9:34.38
2009 ... Bobby Andrews (Shoreham-Wading River, N.Y.)	9:21.34
2010 ... Quinn Raseman (Ward Melville, N.Y.)	9:19.71
2011 ... Edward Cheserek (St. Benedict's, N.J.)	9:02.40
2012 ... Edward Cheserek (St. Benedict's, N.J.)	8:54.82
2013 ... Ben Malone (Pascack Valley, N.J.)	9:21.17

### **55-Meter Hurdles**

1934 ... Steve Wyman (East Orange, N.J.)	8.1y (42")
1938 ... Claude Paxton (Long Branch, N.J.)	7.6y
1939 ... Frank McCafferty (Evander Childs, N.Y.)	7.8y
1940 ... Joe Pasusha (Bishop Loughlin, N.Y.)	8.0y
1941 ... Eli Gordon (Perth Amboy, N.J.)	7.8y

1942 ... William Drew (Bishop Loughlin, N.Y.)	8.0y
1943 ... William Mitchell (Collingswood, N.J.)	7.8y
1944 ... Dan Ray (Trenton, N.J.)	8.1y
1945 ... Dan Ray (Trenton, N.J.)	7.9y
1946 ... Lester Scott (Trenton, N.J.)	7.7y
1947 ... Tom Norato (LaSalle, R.I.)	7.9y
1948 ... Bob Mastrovich (Perth Amboy, N.J.)	7.8y
1949 ... Leroy Johnson (Perth Amboy, N.J.)	8.0y
1950 ... Henry Johnson (Cardozo, Washington, D.C.)	7.8y
1951 ... Bob Rittenburg (Boston Latin, Mass.)	8.0y
1952 ... Milt Campbell (Plainfield, N.J.)	7.6y
1953 ... Milt Campbell (Plainfield, N.J.)	7.2y
1954 ... Bob Mairs (East Providence, R.I.)	7.7y
1955 ... Fran Washington (Boston Trade, Mass.)	7.8y
1956 ... Ray Spivey (Montclair, N.J.)	7.5y
1957 ... George Hearn (Lower Merion, Pa.)	7.5y
1958 ... Jay Luck (Watertown, Mass.)	7.7y
1959 ... Richard Hearn (Lower Merion, Pa.)	7.5y
1960 ... Tyrone Pannell (Bishop Loughlin, N.Y.)	7.5y
1961 ... Ernie Wilson (Plainfield, N.J.)	7.5y
1962 ... Bill Covington (Morris Hills, N.J.)	7.4y
1963 ... Paul Wilson (Plainfield, N.J.)	7.5y
1964 ... Paul Wilson (Plainfield, N.J.)	7.4y
1965 ... Keith Richardson (Perth Amboy, N.J.)	7.2y (39")
1966 ... Carl Thompson (Boston Tech, Mass.)	7.5y
1967 ... Bob Daniels (Mount Vernon, N.Y.)	7.5y
1968 ... Roger McCray (Plainfield, N.J.)	7.5y
1969 ... John Bykowsky (St. Joseph-Montvale, N.J.)	7.3y
1970 ... Fred Singleton (Mount Vernon, N.Y.)	7.4y
1971 ... Paul Ricciardi (Iselin, N.J.)	7.2y
1972 ... Harry Schwab (Centerreach, N.Y.)	7.3y
1973 ... Not Held	
1974 ... Randy Johnson (Morristown, N.J.)	7.2y
1975 ... Kerry Bethel (Bartram, Pa.)	7.2y (7.0h)
1976 ... Paul Snipes (Essex Catholic, N.J.)	7.1y
1977 ... Renaldo Nehemiah (Scotch Plains, N.J.)	6.9y (5H)
1978 ... Larry Boyer (Horseheads, N.Y.)	7.3y
1979 ... Rod Wilson (Bartram, Pa.)	7.17y
1980 ... Dwayne Allen (Harrisburg, Pa.)	7.32y
1981 ... Barry McClain (Trenton, N.J.)	7.34y
1982 ... Tony Davis (Scotch Plains, N.J.)	7.37y
1983 ... Stephan Fletcher (Princeton, N.J.)	7.32y
1984 ... Patrick Mass (Gar-Field, Va.)	7.27y
1985 ... Jonathan Dickey (Penns Grove, N.J.)	7.32y
1986 ... Bart Bailey (Suitland, Md.)	7.39y
1987 ... Joe Galeano (Centerreach, N.Y.)	7.35y



1988 ... Jerry Roney (Woodlawn, Md.)	7.36y
1989 ... Gerard Reynolds (Willingboro, N.J.)	7.44y
1990 ... Gerard Reynolds (Willingboro, N.J.)	7.35y
1991 ... Fran Guialdo (Clinton, N.Y.)	7.45y
1992 ... Not Held	
1993 ... Dudley Dorival (Ewing, N.J.)	7.2y
1994 ... Deworski Odom (Overbrook, Pa.)	7.39
1995 ... Sultan Tucker (Delsea, N.J.)	7.47
1996 ... Sultan Tucker (Delsea, N.J.)	7.23
1997 ... Todd Matthews (Notre Dame, N.J.)	7.36
1998 ... Todd Matthews (Notre Dame, N.J.)	7.42
1999 ... Danyne Brown (Camden, N.J.)	7.34
2000 ... Rashad Baker (Woodrow Wilson, N.J.)	7.39
2001 ... Anthony Acklin (Triton, N.J.)	7.29
2002 ... Matt Dahms (Haddonfield, N.J.)	7.52
2003 ... Jeff Porter (Franklin, N.J.)	7.33
2004 ... Saidu Elikes (Port Richmond, N.Y.)	7.43
2005 ... Chris Haley (Union, N.J.)	7.43
2006 ... Will Brown (Palmyra, N.J.)	7.29
2007 ... Mike Cuppari (Hanover Park, N.J.)	7.44
2008 ... Devon Hill (Trenton, N.J.)	7.34
2009 ... Pierre Darisme (Rahway, N.J.)	7.40
2010 ... Devon Carter (Washington Twp., N.J.)	7.49
2011 ... Mark Jones (Hackensack, N.J.)	7.47
2012 ... Jermaine Collier (Trenton, N.J.)	7.35
2013 ... Hakiem Horton (Trenton, N.J.)	7.40

### **High Jump**

1934 ... Eugene Noisette (Haaren, N.Y.)	6- 1
1935 ... Art Byrnes (New Utrecht, N.Y.)	
Eugene Noisette (Haaren, N.Y.)	6- 2
1936 ... Art Byrnes (New Utrecht, N.Y.)	6- 2.375
1937 ... Walt Arrington (Pelham, N.Y.)	5-10
1938 ... Robert King (Boys, N.Y.)	6- 2.875
1939 ... Richard Alexander (Westmount, Ct.)	6- 0.875
1940 ... Vern Reed (Middletown, N.Y.)	6- 0
1941 ... Ken Whitney (West Orange, N.Y.)	6- 1
1942 ... Arch Banks (Clinton, N.Y.)	5-11 ½
1943 ... Gerry Dannenberg (George Washington, N.Y.)	6-2
1944 ... Jack Moody (Plainfield, N.J.)	6- 2
1945 ... Jack Moody (Plainfield, N.J.)	6- 3 ½
1946 ... Bob Stephens (Lower Merion, Pa.)	6- 0
1947 ... LeRoy McLean (East N.Y. Vocational, N.Y.)	6- 2
1948 ... LeRoy McLean (East N.Y. Vocational, N.Y.)	6- 2
1949 ... John Cooley (Hingham, Mass.)	6- 3
1950 ... Frank Gaffney (Jackson, N.J.)	6- 2

1951 ... Bernard Bruce (Boston Trade, Mass.)	6- 1
1952 ... Milt Campbell (Plainfield, N.J.)	6- 2
1953 ... Milt Campbell (Plainfield, N.J.)	6- 2 ¼
1954 ... Phil Reavis (Somerville, Mass.)	6- 3.875
1955 ... Mike Herman (Lincoln, N.Y.)	
Andy Wohlgemuth (Verona, N.J.)	6- 1 ¾
1956 ... Reggie Sheppard (Montclair, N.J.)	6- 1 ¾
1957 ... Frank Carroll (LaSalle, Mass.)	6- 4 ½
1958 ... John Thomas (Rindge Tech, Mass.)	6- 7.625
1959 ... Kevin O'Brien (Belmont, Mass.)	
Neil Conover (Great Neck South, N.Y.)	
Richard Ross (Montclair, N.J.)	6- 1 ¾
1960 ... Tyrone Pannell (Loughlin)	
Peter Whitehouse (St. Peter's, N.Y.)	6- 4
1961 ... Leonard Smith (Edgewood, N.J.)	6- 6
1962 ... Del Benjamin (LaSalle, N.Y.)	6- 6
1963 ... Del Benjamin (LaSalle, N.Y.)	6- 5
1964 ... Carl Dawkins (Somerville, Mass.)	
Bill McClellon (Clinton, N.Y.)	6- 7
1965 ... Bill McClellon (Clinton, N.Y.)	6-10
1966 ... Walter Keys (Mount Vernon, N.Y.)	
Bill McClellon (Clinton)	6- 7
1967 ... Joe David (Union, N.J.)	6- 7 ¼
1968 ... Dave Perrin (Edison Tech, N.J.)	6- 4
1969 ... Dan Byron (Vincentian, N.Y.)	6- 6
1970 ... Brian Bozzone (Nazareth, Pa.)	6- 5
1971 ... Robert Young (Wilson, Pa.)	6- 6
1972 ... Garlek Schleiker (German School, Md.)	6- 7 ¼
1973 ... Not Held	
1974 ... Tim Walker (Rogers, R.I.)	6-11 ½
1975 ... Tim Walker (Rogers, R.I.)	7- 1 ½
1976 ... James Turlo (Belmont, Mass.)	6- 8
1977 ... Rick Carey (Nanuet, N.Y.)	6-10
1978 ... Manuel Toppino (Rogers, R.I.)	6-10
1979 ... Milt Goode (Monmouth, N.J.)	7- 2 ¼
1980 ... Desmond DaCosta (Overbrook, Pa.)	7- 0
1981 ... Greg Gonsalves (Falmouth, Mass.)	7- 3
1982 ... John Howard (Elizabeth, N.J.)	6- 8
1983 ... Kevin McGorty (Westfield, N.J.)	6-10
1984 ... Felix Davis (Trenton, N.J.)	6-10
1985 ... Ken Moody (Garden City, N.Y.)	6- 8
1986 ... Terry Ferguson (Cherry Hill West, N.J.)	6-10
1987 ... Terry Ferguson (Cherry Hill West, N.J.)	7- 0
1988 ... Jay Richards (North Penn, Pa.)	6- 8
1989 ... J.C. Slocum (Bordentown, N.J.)	6- 8
1990 ... Eric Taylor-Perry (Montclair, N.J.)	7- 2

1991 ... Alex Rosen (Oceanside, N.Y.)	6-10
1992 ... Not Held	
1993 ... Thomas Thompson (St. John Baptist, N.Y.)	7- 0
1994 ... Desmond Powell (Oakcrest, N.J.)	6- 4
1995 ... Derrick Ponton (Montclair, N.J.)	6- 8
1996 ... Kijana Corbin (Columbia, N.J.)	6- 8
1997 ... Cory Hubert (St. John Vianney, N.J.)	6-10
1998 ... Tony Cordo (Monsignor Farrell, N.Y.)	6- 6
1999 ... Adbain Nelson (Archbishop Carroll, D.C.)	6- 8
2000 ... Craig Mellows (Madison, N.J.)	6- 6
2001 ... Lonnie Washington (Elizabeth, N.J.)	6- 8
2002 ... Mike Morrison (Willingboro, N.J.)	7- 0
2003 ... Mike Morrison (Willingboro, N.J.)	7- 2
2004 ... Kyle Calvo (Somerville, N.J.)	6-10
2005 ... Chris Haley (Union, N.J.)	6- 6
2006 ... Ryan Manning (West Orange, N.J.)	6- 8
2007 ... Devon Bond (Trenton, N.J.)	6- 8
2008 ... Adam Bergo (Westfield, N.J.)	7- 0
2009 ... Glenn Sheideler (Randolph, N.J.)	6- 8
2010 ... Stephen Lewis (Liberty, Pa.)	6-10
2011 ... Mark Jones (Summit, N.J.)	6-10
2012 ... A.J. Vance (Egg Harbor, N.J.)	6- 6
2013 ... Justin Love (Matawan, N.J.)	6- 9

### **Pole Vault**

1974 ... Paul Flint (Half Hollow Hills, N.Y.)	14- 7 ½
1975 ... Joe Schneider (St. John Baptist, N.Y.)	14- 8 ¾
1976 ... Bill Hartley (Southern Ocean, N.J.)	15-10
1977 ... Vince Reilly (St. Joseph-Metuchen, N.J.)	15- 6
1978 ... Dan Heyburn (Cranford, N.J.)	14-11 ¾
1979 ... Bill Lange (Bridgewater East, N.J.)	15- 0
1980 ... Don Heyburn (Cranford, N.J.)	15- 6
1981 ... Eric Richard (Bridgewater East, N.J.)	15- 6
1982 ... Ray Maragni (Seton Hall, N.J.)	14- 6
1983 ... Ray Maragni (Seton Hall, N.J.)	15- 0
1984 ... Dan Bertolami (Woodbridge, N.J.)	15- 0
1985 ... Mark Murphy (Haddonfield, N.J.)	14- 6
1986 ... Chris Lockett (Woodbridge, Va.)	15- 6
1987 ... Clay Gorton (Tri-Valley, Pa.)	14- 9
1988 ... Justin Carro (Longwood, Mass.)	14- 6
1989 ... Mason Terney (Reading, Pa.)	15- 0
1990 ... Jake Williams (West Springfield, Va.)	14- 0
1991 ... Nabil Mark (State College, Pa.)	15- 0
1992 ... Not Held	
1993 ... Ryan Dall (North Rockland, N.Y.)	15- 0
1994 ... Dan Hall (Carmel, N.Y.)	13- 6

1995 ... Ken Morris (Randolph, N.J.)	14- 6
1996 ... Mike Uhelsky (Monroe-Woodbury, N.Y.)	14- 0
1997 ... Paul Schmitt (St. Anthony's, N.Y.)	15- 2
1998 ... Jemour Maddux (Farmingdale, N.Y.)	14- 6
1999 ... Joe DiCola (Hendrick Hudson, N.Y.)	14- 6
2000 ... Zach Suttile (Randolph, N.J.)	14- 6
2001 ... Chris Centrich (Hamburg, N.Y.)	14- 6
2002 ... Andrew Park (Fairport, N.Y.)	14- 6
2003 ... Gavin McMahon (Fordham Prep, N.Y.)	15- 6
2004 ... Adam Sarafian (Ocean Twp., N.J.)	16- 3 ¼
2005 ... Brian Duggan (Monsignor Farrell, N.Y.)	15- 6
2006 ... Luke Schoen (West Islip, N.Y.)	15- 0
2007 ... Jonathan Bednarz (Fordham Prep, N.Y.)	15- 0
2008 ... Dan Batdorf (West Deptford, N.J.)	15- 6
2009 ... Darwin Gibbons (Caravel Academy, Del.)	15- 6
2010 ... Cory Duggan (Monsignor Farrell, N.Y.)	15- 3
2011 ... Jordan Yamoah (Arlington, N.Y.)	16- 6
2012 ... Greg Gallagher (Iona Prep, N.Y.)	15- 6
2013 ... Craig Hunter (Robbinsville, N.J.)	15- 6

### **Long Jump**

1976 ... Joe Loiacano (St. Anthony's, N.Y.)	22- 8 ¾
1977 ... Jason Grimes (Overbrook, Pa.)	24- 2
1978 ... Carl Lewis (Willingboro, N.J.)	23-11 ¼
1979 ... Carl Lewis (Willingboro, N.J.)	25- 5 ½
1980 ... Mark Henry (Plainfield, N.J.)	23- 1
1981 ... Thornton Berryman (Jefferson, Va.)	23- 2 ½
1982 ... Isaac Samuels (Willingboro-Kennedy, N.J.)	22-11 ½
1983 ... Isaac Samuels (Willingboro-Kennedy, N.J.)	24- 0 ¼
1984 ... Eric Metcalf (Bishop O'Connell, Va.)	24- 4 ¾
1985 ... Eric Metcalf (Bishop O'Connell, Va.)	25- 3 ¾
1986 ... Sherman Gramby (Elizabeth, N.J.)	23- 4 ½
1987 ... John Meekins (Cinnaminson, N.J.)	22- 9 ¾
1988 ... Rich Winstead (Egg Harbor Twp., N.J.)	23- 1
1989 ... Dion Bentley (Penn Hills, Pa.)	26- 3 ¾
1990 ... Gerard Reynolds (Willingboro, N.J.)	24- 6 ¼
1991 ... Jermaine Jackson (Camden-Wilson, N.J.)	22- 7
1992 ... Not Held	
1993 ... Marvin Forde (Uniondale, N.Y.)	25- 7 ¾
1994 ... Lars Edstrom (Brooklyn Tech, N.Y.)	21-10
1995 ... Jonathan Weather (Franklin, Pa.)	23- 4 ½
1996 ... Eric Russell (Woodlands, N.Y.)	22- 6 ¼
1997 ... Ghassan Lightbourne (Matawan, N.J.)	22- 7
1998 ... Todd Matthews (Notre Dame, N.J.)	22- 3 ¼
1999 ... Pat McManus (St. Joseph-Montville)	22- 9 ½
2000 ... I-Perfection Harris (Poly Prep, N.Y.)	22- 5 ¾

2001 ... I-Perfection Harris (Poly Prep, N.Y.)	23- 5
2002 ... Jamie Hendricks (Manhasset, N.Y.)	23- 5
2003 ... Mike Morrison (Willingboro, N.J.)	23- 2
2004 ... Kyle Calvo (Somerville, N.J.)	23- 3
2005 ... Michael Turner (Phillipsburg, N.J.)	22- 7
2006 ... Ryan Manning (West Orange, N.J.)	23- 8 ½
2007 ... Rahdel Savage (Abraham Clark, N.J.)	23- 5 ½
2008 ... Jarenn Stewart (Archbishop Malloy, N.Y.)	22- 8 ¼
2009 ... Maurice Easterling (Archbishop Stepanic, N.Y.)	23- 1
2010 ... Corey Crawford (Indian Hills, N.J.)	23- 4 ½
2011 ... Andrew Athias (Cherry Hill East, N.J.)	23- 4
2012 ... Anthony Averett (Woodbury, N.J.)	23- 7 ¾
2013 ... Antwan Dickerson (Pennsauken, N.J.)	22-11 ½

### Triple Jump

1976 ... Vaughn Carry (Great Neck South, N.Y.)	46-10
1977 ... Sanya Owolabi (Sleepy Hollow, N.Y.)	48- 9 ½
1978 ... Kurt Roessler (Haverford, Pa.)	46-10
1979 ... Kevin Findley (Solanco, Pa.)	46-10
1980 ... Kevin Findley (Solanco, Pa.)	47- 6
1981 ... Dwight Olivier (Nyack, N.Y.)	48- 4 ¾
1982 ... John Williams (Philadelphia Central, Pa.)	47- 8
1983 ... Shawn Tittley (Seneca Valley, Md.)	48- 6 ¾
1984 ... Kevin Johnson (Seton Hall, N.J.)	47- 7 ¼
1985 ... Jeremy Worrell (Stuart, Va.)	48- 2 ½
1986 ... Mike Alleyne (Weaver, Ct.)	48- 3 ½
1987 ... Rich Thompson (Woodlands, N.Y.)	48- 2 ½
1988 ... Jermaine Johnson (White Plains, N.Y.)	45-10
1989 ... Craig Halyard (Ridgewood, N.J.)	49- 6 ½
1990 ... Antonio Davis (Walt Whitman, N.Y.)	48- 6 ½
1991 ... Chris Lopez (Archbishop Molloy, N.Y.)	48- 2
1992 ... Not Held	
1993 ... Eric Clinton (Hope, R.I.)	49- 1 ¼
1994 ... Robert Howard (Shea, R.I.)	48- 5 ¾
1995 ... Asha Porter (Woodson, Washington, D.C.)	47- 8
1996 ... Carlton Rowe (Walt Whitman, N.Y.)	47- 9 ¼
1997 ... Shawn Samuels (Englewood, N.J.)	46- 6 ¼
1998 ... Antoine Johnson (Tuckahoe, N.Y.)	47- 1 ¼
1999 ... Taj Hill (Manchester Central, N.H.)	46- 7
2000 ... Godwin Okolie (Half Hollow Hills East, N.Y.)	45-6
2001 ... Ron Cook (Girard College, Pa.)	46- 0 ½
2002 ... Jason Ramsey (Mount Vernon, N.Y.)	47- 1 ½
2003 ... Rafio Umar (Bethlehem, Pa.)	45- 5
2004 ... Brian Horton (Hackensack, N.J.)	45- 2 ¾
2005 ... Gersinio Thelismond (Nyack, N.Y.)	47- 2 ¼
2006 ... Gary Jones (Webster, N.Y.)	49- 9

2007 ... Devon Bond (Trenton, N.J.)	47-10
2008 ... Steve Crouse (Colonie, N.Y.)	48- 9 ¼
2009 ... Rolston Braithwaite (Trenton, N.J.)	48- 5 ¼
2010 ... Jason Matthews (St. Francis, N.Y.)	46-11 ½
2011 ... Glen Forsythe (Uniondale, N.Y.)	46-4 ½
2012 ... Ryan North (Southern Regional, N.J.)	46-3 ¼
2013 ... Jonathan Pitt (South Brunswick, N.J.)	47-10 ½

### **Shot Put**

1934 ... Dan Taylor (New Utrecht, N.Y.)	55- 1 ½
1935 ... Dan Taylor (New Utrecht, N.Y.)	56- 2.875
1936 ... John Bazyk (Bushwick, N.Y.)	50- 4 ¼
1937 ... Sam Taylor (New Utrecht, N.Y.)	53- 6.375
1938 ... Sam Taylor (New Utrecht, N.Y.)	56- 2 ½
1939 ... Sail Hanin (New Utrecht, N.Y.)	52-10 ¼
1940 ... Sail Hanin (New Utrecht, N.Y.)	51- 0 ¾
1941 ... Len Watson Sr. (West Side, N.J.)	52-10
1942 ... William Leis (Evander Childs, N.Y.)	51- 8
1943 ... Norm Wasser (New Utrecht, N.Y.)	51- 2 ½
1944 ... George Davis (Bronxville, N.Y.)	48- 6
1945 ... Ed Coleman (Hicksville, N.Y.)	51- 6 ¼
1946 ... Tom Steatis (Morris, N.Y.)	49- 0.125
1947 ... Russell Schuh (Bronxville, N.Y.)	52- 4 ¼
1948 ... Ed Barber (Mt. Pleasant, N.Y.)	51-11.125
1949 ... Durham Lawshe (Bronxville, N.Y.)	52- 5
1950 ... Durham Lawshe (Bronxville, N.Y.)	52- 3 ¼
1951 ... Joe Armenio (New Utrecht, N.Y.)	51-10
1952 ... Charles Bockson (Norristown, Pa.)	54- 7.375
1953 ... Bill McWilliams (Hanover, Mass.)	54- 7.375
1954 ... Winfield Willis (Waynesburg, Va.)	55- 6 ¾
1955 ... William Markle (Hill, Pa.)	55-11 ¼
1956 ... Joe Marchiony (LaSalle, Mass.)	59-11 ¾
1957 ... Robert Batdorf (Mercersburg, Pa.)	57- 9 ¼
1958 ... Robert Batdorf (Mercersburg, Pa.)	56- 1 ¾
1959 ... Harrison Rosdahl (Ridgefield Park, N.J.)	57-11 ½
1960 ... Gary Gubner (Clinton, N.Y.)	63- 1 ½
1961 ... Richard Hart (Morrisville, Pa.)	61- 5 ¼
1962 ... Richard Kurnik (Pulaski, Conn.)	57- 8 ½
1963 ... Matt Nazaruk (Archbishop Malloy, N.Y.)	60- 1 ¼
1964 ... Dave Klein (Oceanside, N.Y.)	57- 0
1965 ... Charles Ajootian (Classical, R.I.)	60- 8
1966 ... John Wilson (Lawrence, N.Y.)	59-11 ¼
1967 ... Roger Taylor (Canadaigua, N.Y.)	60- 3 ¼
1968 ... Bob Gray (Essex Catholic, N.J.)	59- 8 ¼
1969 ... Steve Adams (St. Joseph-Montville, N.J.)	63-11 ¼
1970 ... Steve Adams (St. Joseph-Montville, N.J.)	64- 8

1971 ... Rudy Guevara (Essex Catholic, N.J.)	61- 7 <sup>3</sup> / <sub>4</sub>
1972 ... Al Jackson (Classical, R.I.)	60- 9 <sup>1</sup> / <sub>2</sub>
1973 ... Not Held	
1974 ... Ron Klotzer (Union, N.J.)	61-11 <sup>1</sup> / <sub>4</sub>
1975 ... Bruce Heide (Springfield, Pa.)	64- 5 <sup>1</sup> / <sub>4</sub>
1976 ... Vaughn Skidmore (Ocean Twp., N.J.)	61- 5 <sup>1</sup> / <sub>2</sub>
1977 ... Bob Vorheis (Our Lady of the Valley, N.Y.)	61- 3 <sup>1</sup> / <sub>2</sub>
1978 ... Dave Krueger (Bayside, Va.)	64- 7 <sup>1</sup> / <sub>2</sub>
1979 ... Fred Decker (CBA-Albany, N.Y.)	60- 9
1980 ... Steve Carrara (Mnsgnr. McClancy, N.Y.)	59-10
1981 ... Joe Napoli (St. Peter's, N.Y.)	59- 9 <sup>3</sup> / <sub>4</sub>
1982 ... Ed Ellis (Patchogue, N.Y.)	60- 7
1983 ... Gary LeJambre (Bristol, Pa.)	62- 3
1984 ... James Gilligan (Toms River East)	64- 2 <sup>1</sup> / <sub>2</sub>
1985 ... Burt Grossman (Archbishop Carroll, Pa.)	60- 3
1986 ... C.J. Hunter (Franklin D. Roosevelt, N.Y.)	58- 3
1987 ... Phil Caraher (North Rockland, N.Y.)	62- 6
1988 ... Tom Vandemark (St. Joseph-Metuchen, N.J.)	59- 8
1989 ... John Stephens (North Rockland, N.Y.)	61- 9 <sup>1</sup> / <sub>2</sub>
1990 ... John Wojciechowski (Madison Central, N.J.)	60- 9 <sup>3</sup> / <sub>4</sub>
1991 ... Aaron Echternacht (Hopewell Valley, N.J.)	63- 6 <sup>1</sup> / <sub>2</sub>
1992 ... Not Held	
1993 ... Tyrone Garland (Matawan, N.J.)	61- 9 <sup>1</sup> / <sub>2</sub>
1994 ... Ed Diaz (Monsignor Farrell, N.Y.)	55- 3
1995 ... Reynaldo Hubbard (Long Branch, N.J.)	58-11
1996 ... Adam Grace (Kings Park, N.Y.)	58- 7
1997 ... Kevin DiGiorgio (Bayonne, N.J.)	64- 1 <sup>1</sup> / <sub>2</sub>
1998 ... Kevin DiGiorgio (Bayonne, N.J.)	63-11
1999 ... Terrence Glover (Hamilton West)	59- 8 <sup>3</sup> / <sub>4</sub>
2000 ... Glenn DiGiorgio (Bayonne, N.J.)	59- 3 <sup>1</sup> / <sub>2</sub>
2001 ... Glenn DiGiorgio (Bayonne, N.J.)	61- 8
2002 ... Glenn DiGiorgio (Bayonne, N.J.)	66- 2
2003 ... Tyree Suber (Glen Mills, Pa.)	62- 2 <sup>1</sup> / <sub>2</sub>
2004 ... Ell Ash (Willingboro, N.J.)	60- 0 <sup>1</sup> / <sub>2</sub>
2005 ... John Hickey (Tappan Zee, N.Y.)	61- 5
2006 ... Steve D'Arcy (Hanover Park, N.J.)	56- 0
2007 ... Mike Alleman (Scotch Plains-Fanwood, N.J.)	59-11 <sup>1</sup> / <sub>2</sub>
2008 ... Nick Vena (Morristown, N.J.)	63- 2 <sup>1</sup> / <sub>2</sub>
2009 ... Nick Vena (Morristown, N.J.)	68-11
2010 ... Nick Vena (Morristown, N.J.)	69- 2
2011 ... Nick Vena (Morristown, N.J.)	71- 3 <sup>1</sup> / <sub>4</sub>
2012 ... Braheme Days Jr. (Bridgeton, N.J.)	70- 8
2013 ... Braheme Days Jr. (Bridgeton, N.J.)	67- 8

### **25-Pound Weight Throw**

2007 ... Walter Henning (St. Anthony's, N.Y.)	86- 3 <sup>3</sup> / <sub>4</sub>
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### 800-Meter Relay

1934 ... George Washington, N.Y.	1:34.7y
1935 ... Haaren, N.Y.	1:35.2y
1936 ... Good Counsel, N.J.	1:38.1y
1937 ... Manual Training, N.Y.	1:36.8y
1938 ... Evander Childs, N.Y.	1:35.9y
1939 ... Evander Childs, N.Y.	1:37.0y
1940 ... Lincoln, N.J.	1:37.0y
1941 ... Mt. St. Michael's, N.Y.	1:37.5y
1942 ... New Utrecht, N.Y.	1:36.4y
1943 ... Lincoln, N.Y.	1:38.2y
1944 ... New Utrecht, N.Y.	1:36.3y
1945-1965 ... not held	
1966 ... White Plains, N.Y.	1:31.1y
1967 ... Jamaica, N.Y.	1:32.7y
1968 ... Jamaica, N.Y.	1:33.2y
1969 ... Boys, N.Y.	1:32.2y
1970 ... Evander Childs, N.Y.	1:32.8y
1971 ... Andrew Jackson, N.Y.	1:30.9y
1972 ... Somerville, N.J.	1:33.2y
1973 ... Not Held	
1974 ... DeWitt Clinton, N.Y.	1:29.9y
1975 ... Franklin, Pa.	1:30.8y
1976 ... Franklin, Pa.	1:29.9y (1:29.4h)
1977 ... Trenton, N.J.	1:31.8y
1978 ... Boys, N.Y.	1:31.6y
1979 ... John Bartram, Pa.	1:31.02y
1980 ... Franklin, Pa.	1:31.1y
1981 ... Gar-Field, Va.	1:30.0y
1982 ... Newark Central, N.J.	1:32.3y
1983 ... Simon Gratz, Pa.	1:31.91y
1984 ... Overbrook, Pa.	1:31.93y
1985 ... Plainfield, N.J.	1:32.01y
1986 ... Brooklyn Tech, N.Y.	1:30.96y
1987 ... H.D. Woodson, Washington, D.C.	1:30.47y
1988 ... Willingboro, N.J.	1:31.33y
1989 ... Newark West Side, N.J.	1:30.67y
1990 ... DeWitt Clinton, N.Y.	1:30.89y
1991 ... Brockton, Mass.	1:32.17y
1992 ... ???	
1993 ... not held	
1994 ... Uniondale, N.Y.	1:31.12
1995 ... Woodrow Wilson, N.J.	1:30.87
1996 ... Woodrow Wilson, N.J.	1:31.17
1997 ... Woodlands, N.Y.	1:32.23



1998 ... Plainfield, N.J.	1:30.63
1999 ... Camden, N.J.	1:29.61
2000 ... Lenape, N.J.	1:28.46
2001 ... Campus Magnet, N.Y.	1:28.05
2002 ... Camden, N.J.	1:28.82
2003 ... Vineland, N.J.	1:29.52
2004 ... Camden, N.J.	1:26.90
2005 ... Mt. St. Michael Academy, N.Y.)	1:29.25
2006 ... Irvington, N.J.	1:28.95
2007 ... Hope, N.Y.	1:29.72 ( <i>Trenton 1:29.48 tr.</i> )
2008 ... Union Catholic, N.J.	1:28.35
2009 ... Medger Evers, N.Y.	1:29.36
2010 ... Mount Vernon, N.Y.	1:29.89
2011 ... Lawrenceville School, N.J.	1:28.77
2012 ... West Orange, N.J.	1:28.85
2013 ... Timber Creek, N.J.	1:29.72

### **960-Yard Relay**

1945 ... St. Michael's Jersey City, N.J.	1:47.7
1946 ... Cardozo, Washington, D.C.	1:47.2
1947 ... St. Peter's Jersey City, N.J.	1:46.8
1948 ... Mt. St. Michael's, N.Y.	1:45.1
1949 ... Cardozo, Washington, D.C.	1:44.5
1950 ... Cardozo, Washington, D.C.	1:42.3
1951 ... Lower Merion, Pa.	1:45.2
1952 ... Bishop Loughlin, Pa.	1:44.8
1953 ... West Catholic, Pa.	1:44.4
1954 ... Boys, N.Y.	1:45.5
1955 ... Boys, N.Y.	1:43.7
1956 ... Snyder, N.J.	1:44.4
1957 ... Lincoln, N.J.	1:43.7
1958 ... Jefferson, N.J.	1:44.8

### **1,000-Yard Relay**

1959 ... DeWitt Clinton, N.Y.	1:47.4
1960 ... Plainfield, N.J.	1:48.7
1961 ... Wingate, N.Y.	1:48.0
1962 ... Plainfield, N.J.	1:48.1
1963 ... New Rochelle, N.Y.	1:47.8
1964 ... Boys, N.Y.	1:46.5
1965 ... Boys, N.Y.	1:45.2

### **1,600-Meter Relay**

1934 ... St. Augustine, N.Y.	3:11.1 ( <i>1,600 yards</i> )
1935 ... George Washington, N.Y.	3:28.0y
1936 ... Kearny, N.J.	3:33.8y

1937 ... Good Counsel, N.J.	3:31.6y
1938 ... Bishop Loughlin, N.Y.	3:31.6y
1939 ... Bishop Loughlin, N.Y.	3:32.4y
1940 ... Bishop Loughlin, N.Y.	3:32.4y
1941 ... Bishop Loughlin, N.Y.	3:33.4y
1942 ... Bryant, N.Y.	3:33.0y
1943 ... Brooklyn Prep, N.Y.	3:33.3y
1944 ... Bishop Loughlin, N.Y.	3:36.0y
1945 ... Boys, N.Y.	3:35.0y
1946 ... Bayonne, N.J.	3:31.4y
1947 ... Bishop Loughlin, N.Y.	3:31.9y
1948 ... Bayonne, N.J.	3:32.7y
1949 ... Mt. St. Michael's-J.C.,N.J.	3:30.9y
1950 ... Cardinal Hayes, N.Y.	3:30.0y
1951 ... St. Augustine, N.Y.	3:33.8y
1952 ... Mt. St. Michael-J.C., N.J.	3:35.3y
1953 ... St. Augustine, N.Y.	3:28.3y
1954 ... Boys, N.Y.	3:29.4y
1955 ... Lincoln, N.J.	3:24.4y
1956 ... Lincoln, N.J.	3:24.7y
1957 ... St. Francis Prep, N.Y.	3:28.4y
1958 ... Boys, N.Y.	3:27.1y
1959 ... Lincoln, N.J.	3:28.5y
1960 ... St. John's Prep, N.Y.	3:27.5y
1961 ... St. John's Prep, N.Y.	3:27.4y
1962 ... Snyder, N.J.	3:25.1y
1963 ... Boys, N.Y.	3:27.6y
1964 ... George Washington, N.Y.	3:25.6y
1965 ... Wingate, N.Y.	3:23.4y
1966 ... Dickinson, N.J.	3:25.0y
1967 ... Andrew Jackson, N.Y.	3:24.5y
1968 ... Archbishop Malloy, N.Y.	3:28.2y
1969 ... Bloomfield, N.J.	3:25.6y
1970 ... Seton Hall, N.J.	3:26.0y
1971 ... Boys, N.Y.	3:21.2y
1972 ... St. Joseph-Metuchen, N.J.	3:25.9y
1973 ... Not Held	
1974 ... Coatesville, Pa.	3:24.0y
1975 ... Mt. Vernon, N.Y.	3:25.5y
1976 ... Snyder, N.J.	3:27.7y
1977 ... Boys, N.Y.	3:20.1y
1978 ... Asbury Park, N.J.	3:20.2y
1979 ... Fairmount Heights, Md.	3:20.37y
1980 ... Lincoln, N.J.	3:21.89y
1981 ... Chester, Pa.	3:20.4y
1982 ... Wingate, N.Y.	3:23.4y

1983 ... West Philadelphia, Pa.	3:21.79y
1984 ... New Rochelle, N.Y.	3:20.61y
1985 ... Edgewood, N.J.	3:23.94y
1986 ... Weaver, Ct.	3:24.37y
1987 ... Paterson Eastside, N.J.	3:25.83y
1988 ... Nazareth, N.Y.	3:23.11y
1989 ... Wingate, N.Y.	3:26.82y
1990 ... Henderson, Pa.	3:24.02y
1991 ... H.D. Woodson, Washington, D.C.	3:22.35y
1992 ... Not Held	
1993 ... Uniondale, N.Y.	3:23.8
1994 ... Ballou, Washington, D.C.	3:24.30
1995 ... Uniondale, N.Y.	3:30.30
1996 ... Camden, N.J.	3:24.91
1997 ... Camden, N.J.	3:22.89
1998 ... Boys and Girls, N.Y.	3:22.09
1999 ... Campus Magnet, N.Y.	3:20.49
2000 ... Simon Gratz, Pa.	3:20.04
2001 ... Camden, N.J.	3:15.78
2002 ... Camden, N.J.	3:19.61
2003 ... Vineland, N.J.	3:16.5
2004 ... Newburgh Free Academy, N.Y.	3:21.22
2005 ... Seton Hall Prep, N.J.	3:19.36
2006 ... Newburgh Free Academy, N.Y.	3:24.24
2007 ... Pleasantville, N.J.	3:18.90
2008 ... Newburgh Free Academy, N.Y.	3:21.10
2009 ... Newburgh Free Academy, N.Y.	3:21.18
2010 ... Abington, Pa.	3:20.56
2011 ... Newburgh, N.Y.	3:21.56
2012 ... Governor Livingston, N.J.	3:26.50
2013 ... Timber Creek, N.J.	3:22.91

### **3,200-Meter Relay**

1939 ... St. Augustine, N.Y.	8:23.4y
1940 ... Bishop Loughlin, N.Y.	8:13.6y
1941 ... Kearny, N.J.	8:19.4y
1942 ... Kearny, N.J.	8:27.9y
1943 ... Kearny, N.J.	8:23.8y
1944 ... Trenton, N.J.	8:24.0y
1945 ... Bishop Loughlin, N.Y.	8:30.3y
1946 ... John Adams, N.Y.	8:27.2y
1947 ... Bayonne, N.Y.	8:17.2y
1948 ... LaSalle Academy, R.I.	8:14.6y
1949 ... Mt. St. Michael, N.Y.	8:13.0y
1950-1957 not held	
1958 ... Roman Catholic, Pa.	8:02.5y

1959 ... St. Francis Prep, N.Y.	8:04.4y
1960 ... St. Francis Prep, N.Y.	8:02.0y
1961 ... St. Francis Prep, N.Y.	7:56.8y
1962 ... Archbishop Malloy, N.Y.	8:00.0y
1963 ... Cardinal Hayes, N.Y.	8:01.9y
1964 ... Essex Catholic, N.J.	7:57.1y
1965 ... Boys, N.Y.	7:59.6y
1966 ... Boys, N.Y.	7:59.5y
1967 ... Brooklyn Tech, N.Y.	7:57.0y
1968 ... Roselle Catholic, N.J.	8:02.3y
1969 ... Power Memorial, N.Y.	7:53.4y
1970 ... Roselle Catholic, N.J.	7:51.4y
1971 ... Essex Catholic, N.J.	7:57.5y
1972 ... Essex Catholic, N.J.	7:58.9y
1973 ... Not Held	
1974 ... Toms River South, N.J.	7:57.9y
1975 ... Maria Regina, N.Y.	7:52.2y
1976 ... Wood-Bridge, Va., Menchville, Va.	7:58.6y
1977 ... Georgetown Prep, Washington, D.C.	7:55.6y
1978 ... Toms River South, N.J.	8:03.5y
1979 ... Power Memorial, N.Y.	8:02.10y
1980 ... Columbia, N.J.	8:05.93y
1981 ... J.F. Kennedy, N.Y.	8:01.5y
1982 ... Automative, N.Y.	8:02.5y
1983 ... Bernards, N.J.	8:00.16y
1984 ... Plainfield, N.J.	8:00.48y
1985 ... Bartrum, Pa.	8:01.47y
1986 ... Trenton, N.J.	8:01.13y
1987 ... Xaverian, Mass.	8:05.23y
1988 ... Archbishop McQuaid, N.Y.	8:05.98y
1989 ... Archbishop McQuaid, N.Y.	7:59.3y
1990 ... Chaminade, N.Y.	8:02.43y
1991 ... St. Francis Prep, N.Y.	8:08.01y
1992 ... Not Held	
1993 ... Oceanside, N.Y.	7:58.6
1994 ... Andrew Jackson, N.Y.	7:58.66
1995 ... Bishop Loughlin, N.Y.	7:59.27
1996 ... Bishop Loughlin, N.Y.	7:56.24
1997 ... Bishop Loughlin, N.Y.	8:03.86
1998 ... Iona Prep, N.Y.	8:02.80
1999 ... LaSalle, Pa.	7:56.39
2000 ... Cherokee, N.J.	7:51.78
2001 ... South Shore, N.Y.	7:56.64
2002 ... Willingboro, N.J.	7:53.64
2003 ... Willingboro, N.J.	7:52.95
2004 ... Shenendehowa, N.Y.	7:55.15

2005 ... Ridgewood, N.J.	7:56.87
2006 ... Warwick Valley, N.Y.	7:53.71
2007 ... Jackson, N.J.	7:56.04
2008 ... Hillsborough, N.J.	8:00.42
2009 ... Morris Hills, N.J.	7:47.81
2010 ... Abington, Pa.	7:52.70
2011 ... Dickinson, N.J.	7:52.85
2012 ... Pope John XXIII, N.J.	7:47.00
2013 ... Pleasantville, N.J.	7:45.55

### **Sprint Medley**

1989 ... Franklin, N.J.	3:40.58
1990 ... West Side, N.J.	3:33.79
1991 ... Elizabeth, N.J.	3:43.88

### **Distance Medley**

1971 ... Power Memorial, N.Y.	10:31.7y
1972 ... LaSalle Academy, N.Y.	10:25.2y
1973 ... Not Held	
1974 ... St. Anthony's, N.Y.	10:22.6y
1975 ... Monsignor Bonner, Pa.	10:20.0y
1976 ... Archbishop Ryan, Pa.	10:16.1y
1977 ... Paramus Catholic, N.J.	10:17.0y
1978 ... Abington, Pa.	10:29.8y
1979 ... T.C. Williams, Va.	10:15.75y
1980 ... Walt Whitman, N.Y.	10:25.5y
1981 ... Bishop Loughlin, N.Y.	10:28.2y
1982 ... East Brunswick, N.J.	10:20.6y
1983 ... Coatesville, Pa.	10:23.24y
1984 ... Christian Brothers Academy, N.J.	10:27.44y
1985 ... Ridgewood, N.J.	10:33.53y
1986 ... Bishop Henricken, R.I.	10:32.96y
1987 ... Bishop Loughlin, N.Y.	10:28.39y
1988 ... Christian Brothers Academy	10:27.7y
1989 ... Overbrook, Pa.	10:30.25y
1990 ... Georgetown Prep, Washington, D.C.	10:28.63y
1991 ... Clinton, N.Y.	10:15.44y
1992 ... Not Held	
1993 ... LaSalle, Pa.	10:36.4
1994 ... Mephram, N.Y.	10:29.87
1995 ... Andrew Jackson, N.Y.	10:27.15
1996 ... Westfield, N.J.	10:24.77
1997 ... Westfield, N.J.	10:25.35
1998 ... St. Peter's, N.Y.	10:34.91
1999 ... Shenendehowa, N.Y.	10:16.09
2000 ... St. Anthony's, N.Y.	10:16.84

2001 ... Christian Brothers Academy, N.Y.	10:16.07
2002 ... Haddonfield, N.J.	10:16.84
2003 ... Northport, N.Y.	10:16.23
2004 ... Pope John, N.J.	10:18.08
2005 ... Colts Neck, N.J.	10:15.08
2006 ... Ridgewood, N.J.	10:18.57
2007 ... Collegiate, N.Y.	10:18.15
2008 ... West Windsor-Plainsboro South, N.J.	10:18.76
2009 ... West Windsor-Plainsboro North, N.J.	10:07.21
2010 ... Haddonfield, N.J.	10:10.60
2011 ... St. Benedict's, N.J.	10:14.54
2012 ... St. Benedict's, N.J.	10:06.00
2013 ... West Windsor-Plainsboro North	10:13.60

## Team Scoring

### Boys

1934 ... Mercersburg, Pa.	27
1935 ... New Utrecht, N.Y.	23
1936 ... Evander Childs, N.Y.	18
1937 ... Manual Training, N.Y.	14
1938 ... Overbrook, Pa.	16
1939 ... Evander Childs, N.Y.	17
1940 ... Bishop Loughlin, N.Y.	30
1941 ... Bishop Loughlin, N.Y.	22
1942 ... Bishop Loughlin, N.Y.	20
1943 ... New Utrecht, N.Y.	16
1944 ... Bishop Loughlin, N.Y.	15 ½
1945 ... Bishop Loughlin, N.Y.	26
1946 ... Bishop Loughlin, N.Y.	17 ½
1947 ... Bishop Loughlin, N.Y.	15
1948 ... Boys, N.Y.	19 ½
1949 ... Boys, N.Y.	21
1950 ... Boys, N.Y.	18
1951 ... Boston Trade, Mass.	10 ½
1952 ... Plainfield, N.J.	14
1953 ... Plainfield, N.J.	16
1954 ... Boys, N.Y.	13
1955 ... Rindge Tech, Mass.	10
1956 ... Montclair, N.J.	15
1957 ... St. Francis, N.Y.	13
1958 ... St. Francis, N.Y.	14
1959 ... Boys, N.Y.	11
1960 ... Bishop Loughlin, N.Y.	13 ½
1961 ... Wingate, N.Y.	10
1962 ... Plainfield, N.J.	11 1/3
1963 ... Archbishop Malloy, N.Y.	13

1964 ... Archbishop Malloy, N.Y.	14
1965 ... Boys, N.Y.	19
1966 ... Boys, N.Y.	17
1967 ... Mt. Vernon, N.Y.	13
1968 ... Essex Catholic, N.J.	11
1969 ... St. Joseph-Montvale, N.J.	17
1970 ... Mt. Vernon, N.Y., Evander Childs, N.Y.	11
1971 ... Essex Catholic, N.J., Boys, N.Y.	14
1972 ... Essex Catholic, N.J.	15
1973 ... Not Held	
1974 ... Union	9
1975 ... St. John the Baptist, N.Y.	10
1976 ... Menchville, Va.	11
1977 ... Overbrook, Pa.	14
<i>1978-2013 – no team scoring</i>	

## **GIRLS**

### **55-Meter Dash**

1980 ... Michelle Glover (Willingboro, N.J.)	6.5y
1981 ... Rose Gillmore (Reading, Pa.)	7.09y
1982 ... Pam Hudson (North Hunterdon, N.J.)	7.05y
1983 ... Denise Mitchell (Edgewood, N.J.)	6.95y
1984 ... Denise Mitchell (Edgewood, N.J.)	7.02y
1985 ... Jackie Smith (Randolph, Mass.)	7.14y
1986 ... Sonya Brant (Plainfield, N.J.)	7.12y
1987 ... Talisa Lawson (Roselle Catholic, N.J.)	7.14y
1988 ... Tricia Alfred (Lexington, Mass.)	7.07y
1989 ... Angie Johnson (Nashua, N.H.)	7.00y
1990 ... Sonda Brangman (Freehold Boro, N.J.)	7.11y
1991 ... Regina Trotter (Weequahic, N.J.)	7.19y
1992 ... Minee Blamo (Trenton, N.J.)	7.27y
1993 ... Sarah Meeks (Norwood, Mass.)	7.20y
1994 ... Angie Barros (O'Bryant, Mass.)	7.19y
1995 ... Darrirea Pigott (West Orange, N.J.)	7.09y
1996 ... Lyria Martin (LaGuardia, N.Y.)	7.12
1997 ... Lisa Barber (Montclair, N.J.)	7.09
1998 ... Amandi Rhett (Moorestown, N.J.)	7.15
1999 ... Amandi Rhett (Moorestown, N.J.)	7.05
2000 ... Amandi Rhett (Moorestown, N.J.)	7.00
2001 ... Karen Robinson (New Rochelle, N.Y.)	7.15
2002 ... Desiree Moorner (Boys and Girls, N.Y.)	7.15

2003 ... Jenna Harris (Franklin, N.J.)	6.97
2004 ... Shanda Jackson (East Orange, N.J.)	7.14
2005 ... Lynne Layne (New Rochelle, N.Y.)	7.06
2006 ... Lynne Layne (New Rochelle, N.Y.)	6.91
2007 ... English Gardner (Eastern, N.J.)	7.04
2008 ... English Gardner (Eastern, N.J.)	6.92
2009 ... Dominique Booker (Immaculate Conception, N.J.)	7.01
2010 ... English Gardner (Eastern, N.J.)	6.91
2011 ... Myasia Jacobs (Paramus Catholic, N.J.)	6.87
2012 ... Annie Johnson (Shawnee, N.J.)	7.07
2013 ... Emily Carson (Haddonfield, N.J.)	7.09

### **200-Meter Dash**

1996 ... Michelle Munday (Woodson, Washington, D.C.)	24.87
1997 ... Stacey Ann Carr (Mt. Vernon, N.Y.)	25.46
1998 ... Konique Bellah (Wheeler, R.I.)	25.51
1999 ... Paula George (Taft, N.Y.)	25.02
2000 ... Anike Orimogunje (Queen of Peace, N.J.)	24.99
2001 ... Tiandra Ponteen (Washington Irving, N.Y.)	24.19
2002 ... Jen Harris (Franklin, N.J.)	24.80
2003 ... Tierra Fletcher (Spellman, N.Y.)	24.78
2004 ... Avionne Sloan (Camden, N.J.)	25.11
2005 ... Toneisha Friday (Franklin, N.J.)	24.34
2006 ... Racquel Vassell (East Orange, N.J.)	24.38
2007 ... Christie Verdier (Baldwin, N.Y.)	25.20 ( <i>Verdier 24.64 in tr</i> )
2008 ... Dominique Booker (Imm. Conception, N.J.)	24.21
2009 ... Whitney Fountain (Christopher Columbus, N.U.)	23.77
2010 ... Kyle Plante (Colonie, N.Y.)	24.25
2011 ... Tanaya Yarde (Mt. Vernon, N.Y.)	24.77
2012 ... Ste'cye McNeil (Winslow, N.J.)	24.65
2013 ... Quashira McIntosh (Hope, R.I.)	24.60

### **300-Yard Dash**

1980 ... Maxine Underwood (Brookline, Mass.)	34.5
1981 ... Maxine Underwood (Brookline, Mass.)	35.35
1982 ... Maxine Underwood (Brookline, Mass.)	34.54
1983 ... Angela Williams (McCauley, N.Y.)	35.26
1984 ... Tanya McIntosh (St. Francis, N.Y.)	34.93
1985 ... Claudette Rogers (Half Hollow Hills, N.Y.)	36.58
1986 ... Tasha Downing (Boston Tech, Mass.)	34.51
1987 ... Tasha Downing (Boston Tech, Mass.)	34.85
1988 ... Tasha Downing (Boston Tech, Mass.)	34.96
1989 ... Susan Francis (Tilden, N.Y.)	35.99
1990 ... Beverly Young (Lincoln-Sudbury, Mass.)	35.35
1991 ... Erica Stanley (U.N. School, N.Y.)	35.55
1992 ... Tiffany Weatherford (Newark Science, N.J.)	35.01



1993 ... Vanessa Lewis (Morris Catholic, N.J.)	36.71
1994 ... Latifer Peoples (O'Bryant, Mass.)	36.91
1995 ... Vanessa Lewis (Morris Catholic, N.J.)	35.36

#### **400-Meter Dash**

1996 ... Nakia Thomas (DeWitt Clinton, N.Y.)	58.19
1997 ... Onica Fraser (Nazareth, N.Y.)	57.12
1998 ... Mia Campo (St. Mary's-Jersey City, N.J.)	56.21
1999 ... Shevonna Stoddart (Uniondale, N.Y.)	56.31
2000 ... Neisha Bernard-Thomas (Tilden, N.Y.)	54.87
2001 ... Tawana Watkins (Paterson Kennedy, N.J.)	55.39
2002 ... Tawana Watkins (Paterson Kennedy, N.J.)	54.98
2003 ... Okechi Ogbuokiri (Willingboro, N.J.)	55.14
2004 ... Dominique Blake (Truman, N.Y.)	55.23
2005 ... Tiffany Grant (Ocean Twp., N.J.)	56.25
2006 ... Kristen Mahon (Notre Dame, N.J.)	55.49
2007 ... Ashlea McLaughin (Uniondale, N.Y.)	56.30
2008 ... Nijgia Snapp (Oakcrest, N.J.)	54.91
2009 ... Amber Allen (Passaic County Vo-Tech, N.J.)	55.35
2010 ... Amber Allen (Passaic County Vo-Tech, N.J.)	55.55
2011 ... Natalie Englese (Cranford, N.J.)	56.81
2012 ... Olivia Baker (Columbia, N.J.)	56.32
2013 ... Dominique Watkins (Abraham Clark, N.J.)	56.52

#### **600-Yard Run**

1980 ... Adrienne Dixon (Brighton, Mass.)	1:21.3
1981 ... Adrienne Dixon (Brighton, Mass.)	1:22.58
1982 ... Adrienne Dixon (Brighton, Mass.)	1:22.13
1983 ... Phyllis Buber (Archbishop McDevitt, Pa.)	1:21.30
1984 ... Catron Birge (Burke, Va.)	1:22.16
1985 ... Catron Birge (Burke, Va.)	1:21.24
1986 ... Giselle Harris (Shabazz, N.J.)	1:21.17
1987 ... Michelle Bennett (Spellman, N.Y.)	1:23.22
1988 ... Kathleen Stewart (Scituate, Mass.)	1:24.39
1989 ... Felicia Edwards (New Dorp, N.Y.)	1:21.93
1990 ... Christine O'Brien (Fontbonne, N.Y.)	1:25.15
1991 ... Jen Metz (Pascack Valley, N.J.)	1:26.84
1992 ... Jen Metz (Pascack Valley, N.J.)	1:23.92
1993 ... Jean Readie (Queen of Peace, N.Y.)	1:27.65
1994 ... Megan Gayman (Manchester, N.J.)	1:28.33
1995 ... Hazel Clark (Columbia, N.J.)	1:22.02

#### **800-Meter Run**

1996 ... Leatrice Shaw (Simon Gratz, Pa.)	2:19.48
1997 ... Natalie Deffenbaugh (Columbia, N.J.)	2:17.40
1998 ... Rebecca Quimby (Suffern, N.Y.)	2:18.57

1999 ... Rebecca Quimby (Suffern, N.Y.)	2:15.52
2000 ... Priscilla Hazelwood (Plainfield, N.J.)	2:17.70
2001 ... Jessica Pall (Hopewell Valley, N.J.)	2:19.39
2002 ... Shayna Staton (Bay Shore, N.Y.)	2:16.97
2003 ... Nina Hansen-Hall (New Rochelle, N.Y.)	2:15.17
2004 ... Ellen Dougherty (Riverhead, N.Y.)	2:11.35
2005 ... Janine Davis (Queen of Peace, N.J.)	2:09.27
2006 ... Sarah McCurdy (Bay Shore, N.Y.)	2:13.15
2007 ... Brianna Welch (North Shore, N.Y.)	2:11.26
2008 ... Kristin Reese (Carmel, N.Y.)	2:11.37
2009 ... Ariann Neutts (Roxbury, N.J.)	2:13.49
2010 ... Alaine Tate (Bayside, N.Y.)	2:11.16
2011 ... Olicia Williams (St. Anthony, N.Y.)	2:10.61
2012 ... Jessica Gelibert (Bay Shore, N.Y.)	2:11.85
2013 ... Kameron McIntosh (Suffern, N.Y.)	2:11.80

### **1,000-Yard Run**

1980 ... Kim Gallagher (Upper Dublin, Pa.)	2:32.4
1981 ... Gail Saunders (Reading, Mass.)	2:36.53
1982 ... Kim Sannito (Caldwell, N.J.)	2:34.68
1983 ... Bobbie McGee (West Side, N.J.)	2:32.96
1984 ... Bynes (Susan Wagner, N.Y.)	2:33.5
1985 ... Kelly Gallivan (Foxboro, Mass.)	2:40.37
1986 ... Kristin Seabury, Stoneham, Mass.	2:32.7
1987 ... Shola Lynch (Hunter, N.Y.)	2:31.86
1988 ... Heather Grimshaw (Seekonk, Mass.)	2:34.48
1989 ... Aaronda Watson (Midwood, N.Y.)	2:37.23
1990 ... Monica Olkowski (Cherokee, N.J.)	2:34.63
1991 ... Leanna Burke (Randolph, Mass.)	2:34.63
1992 ... Sarah Pond (Old Rochester, N.H.)	2:43.57
1993 ... Tara Powers (Wall, N.J.)	2:40.18
1994 ... Hazel Clark (Columbia, N.J.)	2:39.36
1995 ... Isara Majka (Falmouth, Mass.)	2:40.26

### **One-Mile Run**

1980 ... Shelly Steeley (Bishop O'Connell, Pa.)	4:57.4
1981 ... Ceci Hopp (Greenwich, Ct.)	4:45.09
1982 ... Chris Curtin (Mephram, N.Y.)	4:49.30
1983 ... Michelle Rowen (Washington, N.J.)	4:43.16
1984 ... Toni Ann Angione (Bergenfield, N.J.)	4:58.2
1985 ... Eileen Ellig (Rutland, N.Y.)	4:52.37
1986 ... Shola Lynch (Hunter, N.Y.)	4:52.36
1987 ... Nnenna Lynch (Hunter, N.Y.)	4:52.55
1988 ... Nnenna Lynch (Hunter, N.Y.)	4:52.87
1989 ... Nnenna Lynch (Hunter, N.Y.)	4:55.24
1990 ... Leanne Burke (Randolph, Mass.)	5:02.71

1991 ... Christine Engel (Mount Olive, N.J.)	5:09.84
1992 ... Christine Engel (Mount Olive, N.J.)	5:01.31
1993 ... Monal Chokshi (Bridgewater, N.J.)	5:08.25
1994 ... Austin (Foxboro, Mass.)	5:18.01
1995 ... Helena Kimball (Londonderry, N.H.)	5:07.93
1996 ... Autumn Fogg (Hunterdon Central, N.J.)	5:02.92
1997 ... Dara Crocker (Columbia, N.J.)	5:04.11
1998 ... Megan Howell (Suffern, N.Y.)	5:07.62
1999 ... Cate Guiney (Middletown South, N.J.)	5:03.39
2000 ... Lindsey Gallo (Howell, N.J.)	5:08.11
2001 ... Erin Donohue (Haddonfield, N.J.)	4:54.73
2002 ... Michelle Rourke (Bronxville, N.Y.)	5:00.02
2003 ... Mary Liz McCurdy (Bayshore, N.Y.)	5:01.77
2004 ... Laura Cummings (Bayshore, N.Y.)	5:01.62
2005 ... Emily Sherrard (Hopewell Valley, N.J.)	5:01.72
2006 ... Callie Hogan (Bay Shore, N.Y.)	5:02.48
2007 ... Amanda "Peanut" Marino (Jackson, N.J.)	5:02.64
2008 ... Jaelyn Marshall (Kings Park, N.Y.)	5:00.37
2009 ... Barbara Strehler (Trinity Episcopal, Va.)	5:01.54
2010 ... Alyssa LaGuardia (DePaul Catholic, N.Y.)	5:07.02
2011 ... Dana Giordano (Bernards, N.J.)	5:04.28
2012 ... Megan Lacy (Cherokee, N.J.)	5:05.88
2013 ... Amanda Corbosiero (Mt. St. Dominic, N.J.)	5:01.81

### **Two-Mile Run**

1980 ... Lesley Welch (Peabody, Mass.)	10:39.0
1981 ... Lesley Welch (Peabody, Mass.)	10:22.29
1982 ... Liz Natale (Newton, Mass.)	10:31.88
1983 ... Patti Mileski (Ridgewood, N.J.)	10:40.96
1984 ... Fernando Braz (Peabody, Mass.)	10:43.78
1985 ... Joanna Green (Brunswick, Maine)	10:48.2
1986 ... Christine Crowley (Wellesley, Mass.)	10:34.26
1987 ... Jodie Bilotta (North Hunterdon, N.J.)	10:40.01
1988 ... Leanne Burke (Randolph, Mass.)	11:24.3
1989 ... Charlene Neptune (Barton, N.Y.)	10:55.43
1990 ... Cathy Feeney (Wayne Valley, N.J.)	10:38.0
1991 ... Monal Chokshi (Bridgewater, N.J.)	10:49.54
1992 ... Monal Chokshi (Bridgewater, N.J.)	10:47.04
1993 ... Erin St. John (Bethel, Mass.)	11:13.04
1994 ... Helena Kimball (Londonderry, N.H.)	10:58.6
1995 ... Meghan Dwyer (Walpole, Mass.)	10:59.38
1996 ... Ann Klocke (Bishop Eustace, N.J.)	11:05.44
1997 ... Erica Palmer (Monadnock Regional, N.H.)	11:04.20
1998 ... Carin Sutcliffe (Newburgh Free Academy, N.Y.)	11:19.73
1999 ... Marianne Herbst (Mount Olive, N.J.)	11:19.83
2000 ... Marianne Herbst (Mount Olive, N.J.)	11:18.26

2001 ... Nicole Boykin (White Plains, N.Y.)	11:07.33
2002 ... Heather Iaturo (Tri-Valley, N.Y.)	11:08.61
2003 ... Lindsay Van Alstine (Hawthorne Christian, N.J.)	10:44.47
2004 ... Lindsay Van Alstine (Hawthorne Christian, N.J.)	11:00.55
2005 ... Laura Gallo (Cranford, N.J.)	11:29.79
2006 ... Arianna Garrison (Newburgh Free Acad., N.Y.)	11:01.14
2007 ... Allyson Moskal (Freehold Twp., N.J.)	10:58.11
2008 ... Katie McCafferty (Oak Knoll, N.J.)	10:32.73
2009 ... Samantha Nadel (North Shore, N.Y.)	10:49.96
2010 ... Aisling Cuffe (Cornwall, N.Y.)	10:28.20
2011 ... Meghan Malloy (Cinnaminson, N.J.)	11:10.61
2012 ... Cayla Del Piano (South Brunswick, N.J.)	11:18.72
2013 ... Josette Norris (Tenafly, N.J.)	10:43.47

### 55-Meter Hurdles

1980 ... Myrtle Chester (Laurel, Md.)	8.1y ( <i>60-yard hurdles</i> )
1981 ... Janet Tracey (Highland Park, N.J.)	8.21y
1982 ... Frederica Huntley (Randolph, N.Y.)	8.15y
1983 ... Zonya Cross (Edgewood, N.J.)	8.04y
1984 ... Wendy Vereen (Trenton, N.J.)	7.93y
1985 ... Gracie Brown (McKinley Tech, Wash., D.C.)	8.25y
1986 ... Hope Wright (Columbia, N.J.)	8.10y
1987 ... Stephanie Ross (East Orange, N.J.)	8.29y
1988 ... Dawn Bowles (Neptune, N.J.)	7.6y
1989 ... Allison Williams (Brentwood, N.Y.)	7.93y
1990 ... Ayo Atterberry (New Rochelle, N.Y.)	8.12y
1991 ... Tammy Peeples (Westwon, Mass.)	8.33y
1992 ... Andrea Melton (Columbia, N.J.)	8.37y
1993 ... Naomi Stone (Falmouth, Mass.)	8.35y
1994 ... Joycelyn Harris (Franklin, N.J.)	8.38y
1995 ... Natasha Clary (Plainfield, N.J.)	
Kim Turko (North Edison, N.J.)	8.35y
1996 ... Charmaine Walker (Plainfield, N.J.)	8.04 ( <i>55-meter hurdles</i> )
1997 ... Charmaine Walker (Plainfield, N.J.)	7.71
1998 ... Sherese Price (Pleasantville, N.J.)	8.06
1999 ... Kiera Underwood (Linden, N.J.)	8.27
2000 ... Alethia Jenkins (Pennsauken, N.J.)	8.03
2001 ... Amber Williams (Roxbury, N.J.)	8.03
2002 ... Shenae Dawkins (New Rochelle, N.Y.)	7.92
2003 ... Porscha Dobson (Kent Place, N.J.)	8.02
2004 ... Tremaine Shaw (Piscataway, N.J.)	8.16
2005 ... Sonya Sullivan (Manchester, N.J.)	8.09
2006 ... Nia Ali (Pleasantville, N.J.)	7.89
2007 ... Lindsay Rowe (Benjamin Cordoza, N.Y.)	7.76
2008 ... Samantha Sharper (Woodrow Wilson, N.J.)	8.01
2009 ... Kyle Plante (Colonie, N.Y.)	8.20

2010 ... Kayann Richards (Columbia, N.J.)	8.16
2011 ... Lateisha Philson (Benjamin Cardoza, N.Y.)	7.94
2012 ... Ste'cye McNeil (Winslow, N.J.)	7.89
2013 ... Patti Dziekonska (West Windsor-North, N.J.)	8.01

### High Jump

1980 ... Karen Hill (Wantagh, N.Y.)	5- 6
1981 ... Tish Edwards (Mater Dei, N.J.)	5- 8
1982 ... Tish Edwards (Mater Dei, N.J.)	5- 8
1983 ... Leslie Nixon (Staples, Ct.)	5- 8
1984 ... Tatiana Smolin (Randolph, N.J.)	5- 7
1985 ... Tatiana Smolin (Randolph, N.J.)	5- 9
1986 ... Tina Smith (Lawrence, N.J.)	5- 6
1987 ... Erin Halpin (Cherry Hill East, N.J.)	5- 6
1988 ... Shelley Mitchell (Lakewood, N.J.)	5- 8
1989 ... Kate Doyle (St. Francis, N.Y.)	5- 5
1990 ... Tammy Peeples (Weston, Mass.)	5- 6
1991 ... Tammy Peeples (Weston, Mass.)	5- 8
1992 ... Kris White (Cranford, N.J.)	5- 4
1993 ... Andrea Robinson (Masconomet, Mass.)	5- 6
1994 ... Stacy Ann Grant (South Shore, N.Y.)	5- 4
1995 ... Stacy Ann Grant (South Shore, N.Y.)	5- 8
1996 ... Kathy Kilar (North Edison, N.J.)	5- 8
1997 ... Michelle June (Meade, Md.)	5- 8
1998 ... Kristin Composto (Iselin, N.J.)	5- 6
1999 ... Deirdre Mullen (Notre Dame, N.J.)	5- 6
2000 ... Shauna Byfield (Manhasset, N.Y.)	5- 9
2001 ... Tamara McGill (Franklin, N.J.)	5- 5
2002 ... Debra Vento (Freehold Boro, N.J.)	5- 6
2003 ... Debra Vento (Freehold Boro, N.J.)	5-10
2004 ... Lauren Biscardi (Shenendehowa, N.Y.)	5- 8
2005 ... Lauren Biscardi (Shenendehowa, N.Y.)	5- 8
2006 ... Bianca Stewart (Columbia, N.J.)	5- 6
2007 ... Lataya Dixon (J.P. Stevens, N.J.)	5- 8
2008 ... Yasmin Parks (J.P. Stevens, N.J.)	5- 6
2009 ... Emily Kianka (Hopewell Valley, N.J.)	5- 8
2010 ... Emily Kianka (Hopewell Valley, N.J.)	5-11
2011 ... Sarah Palmer (Schuylerville, N.Y.)	5- 6
2012 ... Kyaira Wright-Harmon (Franklin, N.J.)	5- 8
2013 ... Megan McCloskey (Germantown Academy, Pa.)	5- 8

### Long Jump

1980 ... Carol Lewis (Willingboro, N.J.)	20- 6 ¼
1981 ... Carolyn Morris (Hackensack, N.J.)	18- 0 ¾
1982 ... Tracy Winn (Stamford, Ct.)	18- 9
1983 ... Claire Connor (Rahway, N.J.)	19- 0 ¾

1984 ... Claire Connor (Rahway, N.J.)	19- 5 ½
1985 ... Pamela Hughes (Hope, R.I.)	18-11 ¾
1986 ... Margaret Rottkamp (Indian Hills, N.J.)	18- 8
1987 ... Kim Baumbach (Pascack Valley, N.J.)	17- 9 ¼
1988 ... Tonya Lee (Rancocas Valley, N.J.)	18- 4 ¾
1989 ... Jen McDermott (Ridgewood, N.J.)	18-11
1990 ... Alicia Porro (Norwell, Mass.)	17-10
1991 ... Danielle Gillisti (Marlboro, Mass.)	17- 7 ¼
1992 ... Andrea Fiske (Shrewsbury, N.J.)	17- 8
1993 ... Demeika Tweedy (Plainfield, N.J.)	18- 6 ¼
1994 ... Katie Kiladis (Falmouth, Maine)	17- 7 ¼
1995 ... Selina Burton (Willingboro, N.J.)	17- 3
1996 ... Keyon Soley (Uniondale, N.Y.)	18- 3
1997 ... Carlene Cummings (Englewood, N.J.)	18- 4 ½
1998 ... Nolle Graham (Taft, N.Y.)	19-11 ½
1999 ... Shenae Dawkins (New Rochelle, N.Y.)	18-11
2000 ... Paula George (Taft, N.Y.)	18- 6 ¾
2001 ... Chinela Davis (North Rockland, N.Y.)	19- 4 ½
2002 ... Erica Alston (Paul Robeson, N.Y.)	19- 1 ¼
2003 ... Collette DeBenedetto (Mountain Lakes, N.J.)	18- 7
2004 ... Collette DeBenedetto (Mountain Lakes, N.J.)	18- 5 ½
2005 ... Alaina Alfano (Hanover Park, N.J.)	18- 7 ¼
2006 ... Lynne Layne (New Rochelle, N.Y.)	19- 7 ½
2007 ... Chia Hudson (Harvey School, N.Y.)	18- 7 ½
2008 ... Lindsey Walsh (Lenape, N.J.)	18- 5 ¾
2009 ... Jennifer Clayton (Suffern, N.Y.)	19- 5 ½
2010 ... Nicole Cummings (Peekskill, N.Y.)	18-11
2011 ... Camille Edwards (Medgar Evers, N.Y.)	18- 9
2012 ... Keturah Orji (Mount Olive, N.J.)	19- 3 ½
2013 ... Cidae'a Woods (Winslow Twp., N.J.)	19- 8

### **Triple Jump**

1990 ... Suzanne Silvis (Wantagh, N.Y.)	39- 2 ¼
1991 ... Vanessa Toney (Midwood, N.Y.)	36- 9 ½
1992 ... Tammy Peeples (Weston, Mass.)	38- 6
1993 ... Axia Olazagasti (Shaker, N.Y.)	36- 3 ¼
1994 ... Sherrin Browne (Somerville, Mass.)	36- 0 ¼
1995 ... Leigh Holmsted (Masconomet, Mass.)	35- 4 ½
1996 ... Carlene Cummings (Englewood, N.J.)	37- 8 ¾
1997 ... Carlene Cummings (Englewood, N.J.)	39- 0
1998 ... Carlene Cummings (Englewood, N.J.)	40- 6
1999 ... Charmaine Kent (New Rochelle, N.Y.)	37- 0
2000 ... Michanne Campbell (Mount Vernon, N.Y.)	36- 7
2001 ... Sophia Basile (Nyack, N.Y.)	37- 0 ½
2002 ... Shenae Dawkins (New Rochelle, N.Y.)	39- 5
2003 ... Taneisha Lantave (Suffern, N.Y.)	37- 8

2004 ... Consandria Walker (Hackensack, N.J.)	39- 3
2005 ... Kirsten Fields (Mount Vernon, N.Y.)	39- 9 ¼
2006 ... Whitney Ford (White Plains, N.Y.)	39- 2 ¼
2007 ... Stephanie McIntyre (South Brunswick, N.J.)	40-11
2008 ... Kelly Burke (Cranford, N.J.)	37- 8
2009 ... Ebony Young (Hillsborough, N.J.)	39- 6 ¾
2010 ... Kelly Burke (Cranford, N.J.)	37- 9 ¾
2011 ... Iana Amsterdam (Essex County Vo-Tech)	39- 7 ¼
2012 ... Bryanna Grant (Cranford, N.J.)	39- 9
2013 ... Keturah Orji (Mount Olive, N.J.)	40-10 ½

### **Pole Vault**

2001 ... Laura Chmielewski (South Brunswick, N.J.)	11- 6
2002 ... Danielle O'Reilly (Shawnee, N.J.)	11- 6
2003 ... Lindsay Russles (Washingtonville, N.Y.)	12- 0
2004 ... Danielle O'Reilly (Shawnee, N.J.)	12- 0
2005 ... Julianne Toto (Middletown South, N.J.)	12- 0
2006 ... Stephanie Duffy (Washingtonville, N.Y.)	11- 6
2007 ... Stephanie Duffy (Washingtonville, N.Y.)	12- 0
2008 ... Nicole Pompei (Hanover Park, N.J.)	11- 6
2009 ... Michelle Quimby (Shenendehowa, N.Y.)	12- 0
2010 ... Kayla Polcai (Ridgewood, N.J.)	12- 0
2011 ... Megan Clark (Jamesville DeWitt, N.Y.)	13- 0
2012 ... Chelsea Vaughan (Southern Reg., N.J.)	12- 0
2013 ... Kara Snyder (Colonie, N.Y.)	11- 6

### **Shot Put**

1980 ... Pam Hall (Weston, Mass.)	46- 5 (8 lbs.)
1981 ... Rena Antanelis (Randolph, N.J.)	44- 0
1982 ... June Reid (Mepham, N.Y.)	46- 7
1983 ... Connie Sweet (Mepham, N.Y.)	44-10 ½
1984 ... Stephanie Moore (Monticello, N.Y.)	43- 1 ¾
1985 ... Lisa Stack (Woburn, Mass.)	42- 2 ¾ (4k)
1986 ... Melody Johnson (North Attleboro, Mass.)	45- 8 ¼
1987 ... Kim Kessel (Longwood, Mass.)	40- 1
1988 ... Kim Kessel (Longwood, Mass.)	42- 1
1989 ... Candi Shoemaker (Brockton, Mass.)	40- 5 ¼
1990 ... Candi Shoemaker (Brockton, Mass.)	41-10 ¼
1991 ... Nicole Sims (Plainfield, N.J.)	45-11 ¼
1992 ... Kim Hicks (Plainfield, N.J.)	40- 7 ¾
1993 ... Nicole Sims (Plainfield, N.J.)	43- 7 ¼
1994 ... Robyn Lowe (Passaic, N.J.)	39- 7
1995 ... Tara Hollowell (Trenton, N.J.)	41- 2
1996 ... Corey Gutowski (Hunterdon Central, N.J.)	40- 8 ½
1997 ... Marianne Berndt (Port Washington, N.Y.)	41- 8 ½
1998 ... Labelle Hillgrove (Passaic, N.J.)	41-11 ½

1999 ... Angie Rosamilia (Parsippany Hills, N.J.)	42- 3 ¾
2000 ... Dana White (Camden, N.J.)	41- 6 ½
2001 ... Jackie Hudgins (Hightstown, N.J.)	46- 9
2002 ... Kelly Fazekas (Demarest, N.J.)	43-10 ½
2003 ... Kelly Fazekas (Demarest, N.J.)	45- 5
2004 ... Lizzelle Cintron (Elizabeth, N.J.)	43-11 ½
2005 ... Sable Sweeper (Passaic, N.J.)	42- 3 ¾
2006 ... Mercedes Hicks (Atlantic City, N.J.)	43-10 ¼
2007 ... DeAnne Hahn (Brick Twp., N.J.)	45- 7
2008 ... Maureen Laffan (Toms River North, N.J.)	44-10 ½
2009 ... Vanessa Stewart (North Babylon, N.Y.)	45- 3 ¼
2010 ... Vanessa Stewart (North Babylon, N.Y.)	47- 4
2011 ... Theresa Picciallo (Immaculate Heart, N.J.)	46- 6
2012 ... Theresa Picciallo (Immaculate Heart, N.J.)	45- 9
2013 ... Briyah Brown (New Rochelle, N.Y.)	45- 2 ¼

### **20-Pound Weight Throw**

2007 ... Cynthia Lloyd (New Rochelle, N.Y.)	47- 1
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### **800-Meter Relay**

1980 ... Bladensburg, Md.	1:42.3y
1981 ... Lincoln, N.J.	1:42.09y
1982 ... Boys and Girls, N.Y.	1:42.28y
1983 ... Hempstead, N.Y.	1:41.84y
1984 ... Trenton, N.J.	1:42.37y
1985 ... Burke, Va.	1:43.50y
1986 ... Trenton, N.J.	1:42.37y
1987 ... William Penn, Pennsylvania	1:43.72y
1988 ... DeWitt Clinton, N.Y.	1:44.33y
1989 ... Uniondale, N.Y.	1:45.69y
1990 ... Clifford Scott, N.J.	1:46.04y
1991 ... Clara Barton, N.Y.	1:44.80y
1992 ... Cambridge, Mass.	1:45.98y
1993 ... Plainfield, N.J.	1:46.7
1994 ... Franklin, N.J.	1:45.17
1995 ... Trenton, N.J.	1:44.67
1996 ... Jamaica, N.Y.	1:45.07
1997 ... Campus-Magnet, N.Y.	1:44.65
1998 ... Simon Gratz, Pa.	1:42.34
1999 ... Simon Gratz, Pa.	1:40.94
2000 ... Moorestown, N.J.	1:40.77
2001 ... Paul Robeson, N.Y.	1:39.86
2002 ... Suffern, N.Y.	1:42.95
2003 ... Franklin, N.J.	1:40.86
2004 ... Bellport, N.Y.	1:44.94
2005 ... Hempstead, N.Y.	1:40.51



2006 ... Uniondale, N.Y.	1:40.92
2007 ... Uniondale, N.Y.	1:39.41
2008 ... Camden, N.J.	1:41.19
2009 ... Camden, N.J.	1:41.98
2010 ... Mount Vernon, N.Y.	1:41.36
2011 ... Middle College, N.Y.	1:39.27
2012 ... Hope, R.I.	1:40.76
2013 ... New Rochelle, N.Y.	1:40.76

### **1,600-Meter Relay**

1980 ... Plainfield, N.J.	3:50.0y
1981 ... Plainfield, N.J.	3:51.08y
1982 ... Central, Md.	3:46.59y
1983 ... Simon Gratz, Pa.	3:49.3y
1984 ... Truman, N.Y.	3:58.6y
1985 ... Plainfield, N.J.	3:55.47y
1986 ... Shabazz, Newark, N.J.	3:55.10y
1987 ... Tilden, N.Y.	3:52.40y
1988 ... Monmouth, N.J.	3:58.04y
1989 ... Tilden, N.Y.	3:55.01y
1990 ... Cambridge Ridge & Latin, Mass.	4:02.31y
1991 ... DeWitt Clinton, N.Y.	4:01.77y
1992 ... Columbia, N.J.	4:05.74y
1993 ... Camden, N.J.	4:00.68y
1994 ... Columbia, N.J.	3:59.16y
1995 ... Camden, N.J.	3:50.17y
1996 ... Simon Gratz, Pa.	3:53.34
1997 ... Middletown South, N.J.	4:00.14
1998 ... Simon Gratz, Pa.	3:52.31
1999 ... Bay Shore, N.Y.	3:55.95
2000 ... Willingboro, N.J.	3:56.62
2001 ... Lincoln, N.Y.	3:56.57
2002 ... Willingboro, N.J.	3:52.76
2003 ... Willingboro, N.J.	3:49.27
2004 ... Truman, N.Y.	3:59.31
2005 ... Hempstead, N.Y.	3:53.94
2006 ... Woodrow Wilson, N.J.	3:52.55
2007 ... Boys and Girls, N.Y.	3:49.19
2008 ... Millville, N.J.	3:54.82
2009 ... Millville, N.J.	3:57.67
2010 ... Washington Township, N.J.	3:58.85
2011 ... Columbia, N.J.	3:53.89
2012 ... Columbia, N.J.	4:01.83
2013 ... Columbia, N.J.	3:46.80

### **3,200-Meter Relay**

1980 ... Kearny, N.J.	9:19.6y
1981 ... Vailsburg, N.J.	9:28.02y
1982 ... Perkiomen, Pa.	9:14.47y
1983 ... Columbia, N.J.	9:16.02y
1984 ... Mepham, N.Y.	9:22.4y
1985 ... Columbia, N.J.	9:26.35y
1986 ... St. Anthony's, N.Y.	9:29.08y
1987 ... Notre Dame, N.Y.	9:15.80y
1988 ... Bronxville, N.Y.	9:27.44y
1989 ... Newton North, Mass.	9:32.53y
1990 ... Cornwall, N.Y.	9:42.71y
1991 ... Brookline, Mass.	9:41.63y
1992 ... Arlington, Mass.	9:41.63y
1993 ... Manchester Central, N.H.	9:42.3
1994 ... Newton North, Mass.	9:33.30y
1995 ... Hunterdon Central, N.J.	9:36.84
1996 ... Bay Shore, N.Y.	9:12.67
1997 ... Manchester Central, N.H.	9:33.91
1998 ... Simon Gratz, Pa.	9:19.76
1999 ... Buena, N.J.	9:21.38
2000 ... Manchester Central, N.H.	9:26.26
2001 ... Boys and Girls, N.Y.	9:13.96
2002 ... Woodrow Wilson, N.J.	9:25.81
2003 ... Boys and Girls, N.Y.	9:25.21
2004 ... Suffern, N.Y.	9:19.21
2005 ... Suffern, N.Y.	9:24.13
2006 ... Roxbury, N.J.	9:18.03
2007 ... Pope John XXIII, N.J.	9:06.94
2008 ... Lenape, N.J.	9:11.94
2009 ... Southern Regional, N.J.	9:13.30
2010 ... Columbia, N.J.	9:24.92
2011 ... Red Bank Catholic, N.J.	9:15.00
2012 ... Lenape, N.J.	9:11.37
2013 ... Freehold Township, N.J.	9:13.82

### **Distance Medley**

1981 ... Summit, N.J.	12:05.84y
1982 ... State College, Pa.	12:02.87y
1983 ... Bernards, N.J.	11:58.04y
1984 ... Maria Regina, N.Y.	12:14.5y
1985 ... Bay Shore, N.Y.	12:08.16y
1986 ... Wantagh, N.Y.	12:13.20y
1987 ... Stoneham, Mass.	12:21.86y
1988 ... Notre Dame, N.Y.	12:07.53y
1989 ... Ridgewood, N.J.	12:15.42y
1990 ... Notre Dame, N.Y.	12:23.0y

1991 ... Tottenville, N.Y.	12:35.36y
1992 ... Tottenville, N.Y.	12:18.29y
1993 ... Shaker, N.Y.	12:34.84
1994 ... Hunterdon Central, N.Y.	12:35.71y
1995 ... Hunterdon Central, N.Y.	12:22.17y
1996 ... Tottenville, N.Y.	12:17.16
1997 ... Hunterdon Central, N.J.	12:33.20
1998 ... Columbia, N.J.	12:10.19
1999 ... St. Anthony's, N.Y.	12:26.10
2000 ... Warwick Valley, N.Y.	12:16.53
2001 ... Boys and Girls, N.Y.	12:00.07
2002 ... Boys and Girls, N.Y.	11:50.86
2003 ... Red Bank, N.J.	11:52.9
2004 ... Warwick Valley, N.Y.	12:03.61
2005 ... Suffern, N.Y.	11:57.92
2006 ... Roxbury, N.J.	11:56.75
2007 ... Southern Regional, N.J.	11:49.62
2008 ... Warwick Valley, N.Y.	11:49.59
2009 ... Southern Regional, N.J.	11:48.61
2010 ... Lenape, N.J.	11:58.92
2011 ... Red Bank Catholic, N.J.	11:58.82
2012 ... Red Bank Catholic, N.J.	11:55.32
2013 ... Lenape, N.J.	11:54.63

# ALL-TIME PERFORMANCE LIST

## Top 10 performers in Meet History

*Through 2013*

### BOYS

*does not include some non-winning results before 1973  
meet not held in 1973, 1988 or 1992*

**Schools in New Jersey Unless Otherwise Noted**

#### **55-METER DASH** (*hand time*)

Mike Kee (Camb. Ridge and Latin, Mass.), 1975	6.0+
John Chambers (Neptune), 1974	6.1+
Frank Kelly (Westfield), 1977	6.1+
Steve Strother (New Rochelle), 1976	6.2+
Jason Grimes (Overbrook, Pa.), 1977	6.2+
Carlos Roberts (Franklin Twp.), 1978	6.2 $q$ +
Adley Raboy (Maine-Endwell, N.Y.), 1976	6.3+
Walters (JFK, N.Y.), 1976	6.3+
Ray Allen (Long Beach, N.Y.), 1977	6.3+
<u>Steve Curry (Franklin Twp.), 1977</u>	<u>6.3+</u>

#### **55-METER DASH** (*FAT time*)

Terrell Wilks (Hames Hillhouse, N.Y.O, 2007	6.29
Luis Morales (Oxon Hill, Md.), 1982	6.31+
Dennis Mitchell (Edgewood), 1983	6.31+
Reginald Dixon (Plainfield), 2007	6.31
Jermaine Brown (Medger Evers, N.Y.), 2009	6.31
Maxwell Booker (Essex Catholic), 2001	6.32
Darren Walker (Meade, Md.), 1980	6.34+
Mitchell, 1984	6.34+
Barney Borromeo (Nashua, Md.), 1986	6.34+
Jamar Ervin (Camden), 2001	6.34
<u>Miles Shuler Foster (Long Branch), 2011</u>	<u>6.34</u>

#### **200-METER DASH** (*run since 1994*)

Michael Blake (Mt. Vernon, N.Y.), 2011	21.31
Adian Sanderson (Ewing), 2004	21.34
Mike Abelard (Ramapo, N.Y.), 2008	21.50
Darrell Bush (Woodbury), 2012	21.53
Terrell Wilks (Hillhouse, N.Y.O, 2007	21.61
Todd Dutch (Washington Twp.), 2002	21.62
Brian Bucknor (St. Benedict's), 2008	21.63
Tristan Walker (South Shore, N.Y.), 2005	21.67
Wilks, 2007	21.67 $s$
Brandon Bing (Cheltenham, Pa.), 2007	21.72
Bing, 2007	21.74 $s$
<u>Zamir Thomas (Snyder), 2010</u>	<u>21.74</u>

**300-YARD DASH** *(last run in 1993)*

Clinton Davis (Steel Valley, Pa.), 1983	30.17
Tony Darden (Norristown), 1976	30.3
Carlton Young (Central, Pa.), 1979	30.50
Ty Adams (Monmouth), 1993	30.80
Lamont Smith (Willingboro), 1991	30.85
Derrick Love (Meade, Md.), 1989	30.95
Mike Sullivan (Brockton, Mass.), 1979	30.96
Gary Satterwhite (Rahway), 1985	30.98
Ivan Jean Marie (Prospect Heights, N.Y.), 1991	30.99
<u>Reggie Harris (O'Neill, N.Y.), 1989</u>	<u>31.06</u>

**400-METER DASH** *(run since 1994)*

Lance Wigfall (East Orange Campus), 2003	47.20
Ray Williams (Scotch Plains), 2002	47.45
Najee Glass (St. Peter's-Jersey City), 2011	47.54
Kedar Inico (Campus Magnet, N.Y.), 2001	47.69
Melville Rogers (Transit Tech, N.Y.), 2002	47.71
Shaquan Brown (JFK Paterson), 2005	47.75
Adian Sanderson (Ewing), 2004	47.76
Glass, 2011	47.87
Sean Lowe (St. John's Prep, N.Y.), 2004	48.04
Zyaire Clemes (Trenton Central, N.J.), 2013	48.07
<u>Sam Stubbs (Newburgh Free Academy, NY), 2005</u>	<u>48.22</u>
Clayton Gravesande (Franklin Twp.), 2010	48.22

**600-YARD RUN** *(last run in 1993)*

Joe Toles (Uniondale, N.Y.), 1977	1:10.6
Tony Tufariello (Hewlett, N.Y.), 1977	1:10.7
Chris Person (Plainfield), 1978	1:11.2
Ronald Coleman (Denbigh, Va.), 1984	1:11.29
Darrell Jeffress (Trenton), 1978	1:11.3
William Reed (Central, Pa.), 1986	1:11.66
Darryl Bryant (McDevitt, Pa.), 1978	1:11.7
Ted King (Westbury, N.Y.), 1984	1:11.80
Paul Steele (Prospect Heights, N.Y.), 1986	1:11.84
<u>Keith Davis (Lincoln), 1970</u>	<u>1:11.9</u>

**800-METER RUN** *(run since 1994)*

Paul Joyce (Clarkstown South, N.Y.), 2000	1:51.98
Edward Cheserek (St. Benedict's, N.J.), 2013	1:52.11
Gabriel McLaren (Freeport, N.Y.), 2003	1:52.12
Brian Scotland (St. Benedict's), 2005	1:52.47
Sean Tully (Syosset, N.Y.), 2005	1:52.65
Jason Apwah (Roxbury), 2007	1:52.76
Greg Gomez (Franklin), 2004	1:52.86

Ken Sinkovitz (Bergen Catholic), 2003	1:53.22
Justin Romaniuk (Suffern, N.Y.), 2000	1:53.44
<u>Michael Pachella (Wallkill Valley), 2005</u>	<u>1:53.44</u>

**1,000-YARD RUN** (*last run in 1993*)

Mark Belger (Mepham, N.Y.), 1974	2:12.3
Don Paige (Baldwinsville, N.Y.), 1975	2:12.4
Roger Jones (Ramsey), 1978	2:12.6
John Marshall (Plainfield), 1981	2:12.6
Marshall, 1980	2:12.71
Ramon Severino (Washington, N.Y.), 1976	2:13.3
John Daly (Monsignor Farrell, N.Y.), 1974	2:13.4
Rick Green (Seton Hall), 1980	2:13.45
Tony Uzdavines (Williamstown), 1976	2:13.7
Joe Swenson (Chaminade, N.Y.), 1976	2:13.7
<u>Jeff Van Wie (Suffern, N.Y.), 1983</u>	<u>2:13.8</u>
Todd Colas (Osbourn Park, Va.), 1980	2:13.97

**ONE-MILE RUN**

Blair Mancini (North Penn, Pa.), 1981	4:11.6
Brian Pettinghill (Chevarus, Portland, Maine), 1981	4:11.8
Robby Andrews (Manalapan), 2009	4:12.31
John Tuttle (Alfred-Almond, N.Y.), 1977	4:13.2
John Trautman (Monroe-Woodbury, N.Y.), 1986	4:13.71
Dan Predmore (Fairport, N.Y.), 1976	4:13.8
Bill Ledder (Bishop O'Connell, Va.), 1976	4:13.8
Tom Camien (Sewanhaka, N.Y.), 1977	4:13.8
Jim Tyler (Norwood, N.Y.), 1981	4:13.9
<u>Chip Marsala (New Dorp, N.Y.), 1983</u>	<u>4:14.13</u>

**TWO-MILE RUN**

Edward Cheserek (St. Benedict's), 2012	8:54.82
Alberto Salazar (Wayland, Mass.), 1976	9:01.1
Edward Cheserek (St. Benedict's, N.J.), 2011	9:02.40
Brian Dalpiaz (Sayville, N.Y.), 2002	9:03.65+
Charles Alexander (St. Christopher, N.Y.), 1982	9:04.17
Steve Murdock (Shenendehowa, N.Y.), 2007	9:07.85
Kris Hardt (Whitman, Md.), 1984	9:07.87
Jim Rosa (West Windsor-Plainsboro, North, N.J.)	9:08.32
Steve Ferri (O'Connell, Va.), 1977	9:09.0
Chris Hallinan (Bernards), 1976	9:09.1
<u>Hakon DeVries (John Jay, N.Y.), 2003</u>	<u>9:09.27</u>

**55-METER HURDLES** (*hand time*)

Renaldo Nehemiah (Scotch Plains), 1977	6.9+
Kerry Bethel (Bartram, Pa.), 1975	7.0+

Paul Lankford (Farmingdale, N.Y.), 1975	7.0
Paul Snipes (Essex Catholic), 1976	7.1+
Jim Little (Moorestown), 1976	7.2+
Dave Bannar (Rancocas Valley), 1976	7.2+
Dudley Dorival (Ewing), 1993	7.2+
Gary Ramsey (Neptune), 1976	7.3+
Tony Smith (Norristown, Pa.), 1977	7.3+
<u>Mel Pinckney (Trenton), 1977</u>	<u>7.3+</u>
Gary Boyer (Horseheads, N.Y.), 1978	7.3+
Greg Smith (Kennedy, N.Y.), 1978	7.3+
Rodney Wilson (Bartrum, Pa.), 1978	7.3+
Greg Hines (Walt Whitman, N.Y.), 1993	7.3+

### **55-METER HURDLES** (*FAT time*)

Rodney Wilson (Bartrum, Pa.), 1979	7.17+
Sultan Tucker (Delsea), 1996	7.23
Patrick Mann (Gar-Field, Va.), 1984	7.27+
Calvin Holmes (Denbeigh, Va.), 1984	7.28+
Anthony Acklin (Triton), 2001	7.29
Nate Harley (Pleasantville), 1996	7.29
Will Brown (Palmyra), 2006	7.29
James Purvis (Brentwood, N.Y.), 1984	7.30+
Danyne Brown (Camden), 1999	7.31s
<u>Dwayne Allen (Harrisburg, Pa.), 1980</u>	<u>7.32+</u>
Stephan Fletcher (Princeton), 1983	7.32+
Jonathan Dickey (Penns Grove), 1985	7.32+
Jeff Porter (Franklin), 2003	7.32s, t

### **ONE-MILE WALK** (*held 1980 through 1984*)

Tim Lewis (Shenendehowa, N.Y.), 1980	6:37.1
Jim Mahn (Bishop Gibbons, N.Y.), 1982	6:38.7
Paul Schwartzburg (Mamaroneck, N.Y.), 1984	6:39.2
Ed O'Rourke (Glen Cove, N.Y.), 1980	6:44.1
Ed Kasch (Burnt Hills, N.Y.), 1982	6:45.4
Pat Flannery (East Meadow, N.Y.), 1983	6:45.6
James Eastwood (Port Washington, N.Y.), 1983	6:47.2
Mike Stauch (Delaware Valley), 1982	6:49.4
Peter Brandt (Pearl River, N.Y.), 1980	6:50.1
<u>Andy Liles (Monroe-Woodbury, N.Y.), 1981</u>	<u>6:50.3</u>

### **HIGH JUMP**

Greg Gonsalves (Falmouth, Mass.), 1981	7- 3
Milt Goode (Monmouth), 1979	7- 2 ¼
Eric Taylor-Perry (Montclair), 1990	7- 2
Mike Morrison (Willingboro), 2003	7- 2
Tim Walker (Rogers, R.I.), 1975	7- 1 ½

Rudy Reavis (New Rochelle, N.Y.), 1975	7- 0
Desmond DaCosta (Overbrook, Pa.), 1980	7- 0
Eldred Williams (Music-Art, N.Y.), 1981	7- 0
Terrence Ferguson (Cherry Hill West), 1987	7- 0
<u>Tommy Thompson (St. John Baptist), 1993</u>	<u>7- 0</u>
Morrison, 2002	7- 0
Adam Bergo (Westfield), 2008	7- 0

### **POLE VAULT**

Jordan Yamoah (Arlington, N.Y.), 2011	16- 6
Adam Sarafian (Ocean Twp.), 2004	16- 3 ¼
Bill Hartley (Southern Ocean), 1976	15-10
Vince Reilly (St. Joseph-Metuchen), 1977	15- 6
Don Heyburn (Cranford), 1980	15- 6
Eric Richard (Bridgewater East), 1981	15- 6
Chris Lockett (Woodbridge, Va.), 1986	15- 6
Gavin McMahon (Fordham Prep, N.Y.), 2003	15- 6
Brian Duggan (Monsignor Farrell, N.Y.), 2005	15- 6
<u>Casey DeCesare (Irvington, N.Y.), 2005</u>	<u>15- 6</u>
Dan Batdorf (West Deptford), 2008	15- 6
Darwin Gibbons (Caravel Academy, Del.), 2009	15- 6
Greg Gallagher (Iona Prep, N.Y.), 2012	15- 6
Craig Hunter (Robbinsville, N.J.), 2013	15- 6

### **LONG JUMP**

Dion Bentley (Penn Hills, Pa.), 1989	26- 0 ¾
Marvin Ford (Uniondale, N.Y.), 1993	25- 7 ¾
Carl Lewis (Willingboro), 1979	25- 5 ½
Eric Metcalf (O'Connell, Va.), 1985	25- 3 ¾
Ron Dickerson (State College, Pa.), 1989	24-10 ½
Gerard Reynolds (Willingboro), 1990	24- 6 ¾
Metcalf, 1984	24- 4 ¾
Jason Grimes (Overbrook, Pa.), 1977	24- 2
Boris Goins (Cardozo, Wash., D.C.), 1985	24- 1 ½
Isaac Samuels (Kennedy), 1983	24- 0 ¼
Reynolds, 1989	23-11 ¾
Lewis, 1978	23-11 ¼
<u>Lucas Kerley (So. Jefferson, N.Y.), 1989</u>	<u>23-11 ¼</u>

### **TRIPLE JUMP**

Gary Jones (Webster Schroeder, N.Y.), 2006	49- 9
Craig Halyard (Ridgewood), 1989	49- 6 ½
Erik Clinton (Hope, R.I.), 1993	49- 1 ¼
Sanya Owolabi (Sleepy Hollow, N.Y.), 1977	48- 9 ½
Steve Crouse (Colonie, N.Y.), 2008	48- 9 ¼
Shawn Tittley (Seneca Valley, N.Y.), 1983	48- 6 ¾



Dewey Sanders (Seton Hall Prep), 1986	48- 6 ½
Antonio Davis (Walt Whitman, N.Y.), 1990	48- 6 ½
Robert Howard (Shea, R.I.), 1994	48- 5 ¾
<u>Rolston Braithwaite (Trenton), 2009</u>	<u>48- 5 ¼</u>

### **SHOT PUT**

Nick Vena (Morristown), 2011	71- 3 ¼
Braheme Days (Bridgeton), 2012	70- 8
Vena, 2009	69- 2
Vena, 2009	68-11
Days, 2013	67- 8
Glenn DiGiorgio (Bayonne), 2002	66- 2
Steve Adams (St. Joseph-Montville), 1970	64- 8
Dan Krueger (Bayside, Va.), 1978	64- 7 ¾
Bruce Heide (Dayton), 1975	64- 5 ¼
Jim Gilligan (Toms River East), 1984	64- 2 ½
Kevin DiGiorgio (Bayonne), 1997	64- 1 ½
Adams, 1969	63-11 ¼
K. DiGiorgio, 1998	63-11
<u>Aaron Echternacht (Hopewell Valley), 1991</u>	<u>63- 6 ½</u>

### **WEIGHT THROW**

Walter Henning (St. Anthony's, N.Y.), 2007	86-3 ¾ <sup>nr</sup>
James Schwendtner (Shenendehowa, N.Y.), 2007	63-11
Ryan Loughney (Tri-Valley, N.Y.), 2007	61- 5
Dennis Aliotta (Monsignor Farrell, N.Y.), 2007	56- 4 ½
Charles Winslow (Mt. Vernon, N.Y.), 2007	56- 3 ¾
Garrett Grey (Tri-Valley, N.Y.), 2007	55- 4
Jason DiBuono (New Rochelle, N.Y.), 2007	54- 2 ¾
Matt Jimenez (Monsignor Farrell, N.Y.), 2007	53- 9 ¼
Vincenzo Chiariello (Mons. Farrell, N.Y.), 2007	53- 4 ½
<u>Chris Radman (Archbishop Malloy, N.Y.), 2007</u>	<u>52- 9</u>

### **800-METER RELAY**

Camden, 2004	1:26.90
Campus Magnet, N.Y., 2001	1:28.05
Camden, 2004	1:28.07 <sup>q</sup>
Vineland, 2004	1:28.18
Trenton, 2008	1:28.35
Union Catholic, 2008	1:28.35
Lenape, 2000	1:28.46
Camden, 2002	1:28.82
Lawrenceville School, N.J., 2011	1:28.77
Mt. Vernon, N.Y., 2011	1:28.77
<u>West Orange, 2012</u>	<u>1:28.85</u>

**1,600-METER RELAY**

Camden, 2001	3:15.78
Vineland, 2003	3:16.5*
Trenton, 2003	3:17.0*
Pleasantville, 2007	3:18.90
Boys and Girls, N.Y., 1977	3:19.0+
Asbury Park, 1978	3:19.1+
Fairmont Heights, Md., 1979	3:19.2+
Chester, Pa., 1981	3:19.3+
Winslow, 2003	3:19.3*
<u>Seton Hall Prep, 2005</u>	<u>3:19.36</u>

**3,200-METER RELAY**

Pleasantville, N.J., 2013	7:45.55
Pope John XXIII, 2012	7:47.00
Morris Catholic, 2009	7:47.81
Cherokee, 2012	7:47.84
Roselle Catholic, 1970	7:48.6+
Maria Regina, N.Y., 1975	7:49.4+
Warwick Valley, N.Y., 2012	7:50.68
Boys and Girls, N.Y., 2012	7:50.86
Lawrenceville School, 2009	7:50.97
<u>Cherokee, 2000</u>	<u>7:51.78</u>

**SPRINT MEDLEY (held 1989-1991)**

Elizabeth, 1991	3:33.51
Newark West Side, 1990	3:33.79
Franklin, 1990	3:37.04
H.D. Woodson, Washington, D.C., 1990	3:37.42
Clarkstown South, N.Y., 199	3:37.91
Central, N.Y. 1991	3:38.72
South Shore, N.Y., 1991	3:38.99
Franklin, 1989	3:40.58
Don Bosco, 1990	3:41.32
<u>Bishop Loughlin, N.Y., 1991</u>	<u>3:42.05</u>

**DISTANCE MEDLEY (held since 1971)**

West Windsor-Plainsboro North, 2009	10:07.21
Haddonfield, 2010	10:10.60
St. Benedict's, 2012	10:10.70
T.C. Williams, Va., 1979	10:11.5+
Archbishop Ryan, Pa., 1976	10:12.1+
Paramus Catholic, 1977	10:13.0+
West Windsor-Plainsboro South, 2013	10:13.60
St. Benedict's, N.J., 2011	10:14.54
Colts Neck, N.J., 2005	10:15.08

**GIRLS***(incomplete non-winning results 1980-1984, full results 1985-2013)***55-METER DASH**

Michelle Glover (Willingboro), 1980	6.5+
Myasia Jacobs (Paramus Catholic), 2011	6.84
Lynne Layne (New Rochelle), 2006	6.91s
English Gardner (Eastern), 2010	6.91
Gardner, 2008	6.92
Jacobs, 2011	6.92s
Jacobs, 2010	6.93
Denise Mitchell (Edgewood), 1983	6.95+
Jacobs, 2011	6.95q
Jenna Harris (Franklin), 2003	6.97
Virgil Hodge (Washington Irving, N.Y.), 2003	6.98
Layne, 2006	6.98s
Harris, 2003	6.98s
Dominique Booker (Immaculate Conception), 2008	6.99
Angie Johnson (Nashua, N.H.), 1989	7.00+
<u>Amandi Rhett (Moorestown), 2000</u>	<u>7.00</u>

**200-METER DASH**

Whitney Fountain (Chris. Columbus, N.Y.), 2009	23.77
Fountain, 2009	23.99s
Fountain, 2010	24.03s
Tiandra Ponteen (Washington Irving, N.Y.), 2001	24.19
Dominique Booker (Immaculate Conception), 2008	24.21
Kyle Plante (Colonie, N.Y.), 2010	24.25
Toneisha Friday (Franklin Twp.), 2005	24.34
Booker, 2008	24.34s
Plante, 2010	24.37s
Krystal Cantey (Winslow), 2006	24.38s
Raquel Vassell (East Orange), 2006	24.38s
Zoey Russell (Fredrick Douglas), 2008	24.38
Shana Cox (Holy Trinity, N.Y.), 2001	24.42
<u>Shevon Stoddard (Uniondale, N.Y.), 2001</u>	<u>24.42</u>

**300-YARD DASH**

Tasha Downing (Boston Tech, Mass.), 1986	34.51
Maxine Underwood (Brookline, Mass.), 1982	34.54
Underwood, 1980	34.5
Downing, 1987	34.85
Downing, 1988	34.96
Tiffany Weatherford (Newark Science), 1992	35.01
Sherry Murphy (Spring Valley, N.Y.), 1987	35.30

Underwood, 1981	35.35
Beverly Young (Lincoln-Sudbury, Mass.), 1990	35.36
Vanessa Lewis (Morris Catholic), 1995	35.36
Erica Stanley (U.N. School, N.Y.), 1991	35.55
Murphy, 1988	35.58
Agard (Tilden, N.Y.), 1988	35.64
Angela Lee (Franklin), 1995	35.70
Weatherford, 1990	35.77
<u>Tori Rucher (Chris. Columbus), 1981</u>	<u>35.79</u>
Samantha Jackson (Shabazz), 1986	35.79

#### **400-METER DASH**

Neisha Bernard-Thomas (Tilden, N.Y.), 2000	54.87
Nijgia Snapp (Oakcrest), 2008	54.91
Tawana Watkins (Paterson Kennedy), 2002	54.98
Okechi Ogbuokiri (Willingboro), 2003	55.14
Dominique Blake (Harry S Truman, N.Y.), 2004	55.23
Elizabeth Mott (New Rochelle, N.Y.), 2008	55.25
Amber Allen (Passaic County Vo-Tech), 2008	55.32
Allen, 2009	55.35
Watkins, 2001	55.39
Kyle Plante (Colonie, N.Y.), 2009	55.44
Kristen Mahon (Notre Dame), 2006	55.49
Allen, 2010	55.55
<u>Tiffany Grant (Ocean Township), 2006</u>	<u>55.59</u>

#### **600-YARD RUN**

Giselle Harris (Shabazz), 1986	1:21.17
Cathy Birge (Lake Braddock, Va.), 1985	1:21.24
Harris, 1985	1:21.72
Felicia Edwards (New Dorp, N.Y.), 1989	1:21.93
Hazel Clark (Columbia), 1995	1:22.02
Adrienne Dixon (Brighton), 1981	1:22.58
Gail Bryant (Columbia), 1981	1:22.76
Michelle Bennett, (Cndl. Spellman), 1987	1:23.22
Shawn Moore (William Penn, Pa.), 1986	1:23.29
Rochelle Walling (West Irving, N.Y.), 1995	1:23.54
Bennett , 1988	1:23.65
Valerie Harris (Randolph, Mass.), 1986	1:23.79
<u>Jennifer Metz (Pascack Valley), 1992</u>	<u>1:23.92</u>

#### **800-METER RUN**

Janine Davis (Queen of Peace), 2005	2:09.27
Brittany Sheffey (Bellport, N.Y.), 2005	2:09.94
Olicia Williams (St. Anthony's, N.Y.), 2011	2:10.61
Alaine Tate (Bayside, N.Y.), 2010	2:11.16

Brianna Welch (North Shore, N.Y.), 2007	2:11.26
Ellen Dougherty (Riverhead, N.Y.), 2004	2:11.35
Kristin Reese (Carmel, N.Y.), 2008	2:11.37
Kameron McIntosh (Suffern, N.Y.), 2013	2:11.80
Jessica Gelibert (Bay Shore, N.Y.), 2012	2:11.85
<u>Erica Johnson (Bayview Academy, N.Y.), 2013</u>	<u>2:11.86</u>

### **1,000-YARD RUN**

Shola Lynch (Hunter, N.Y.), 1987	2:31.86
Kristen Seabury (Stoneham, Mass.), 1986	2:32.7
Bobbie McGee (Newark West-Side), 1983	2:32.9
Jasmin Jones (Hackensack), 1986	2:33.2
Jones, 1987	2:33.44
Monica Olkowski (Cherokee), 1990	2:34.63
Kim Sannito (Caldwell), 1982	2:34.68
Heather Grimshaw (Seekonk, Mass.), 1988	2:34.88
Dahm (Wilton, Conn.), 1986	2:35.1
Gail Saunders (Reading, Pa.), 1981	2:36.53
Gina Procacio (Sun Valley, Pa.), 1981	2:36.56
Kim Certain (Half Hollow Hills, N.Y.), 1986	2:36.7
<u>Watson (Midwood, N.Y.), 1989</u>	<u>2:37.23</u>

### **ONE-MILE RUN**

Michelle Rowen (Washington Twp.), 1983	4:43.1
Ceci Hopp (Greenwich, Ct.), 1981	4:45.09
Eileen Ellig (Rutland, Vt.), 1985	4:52.31
Shola Lynch (Hunter, N.Y.), 1986	4:52.36
Patty Weigand (Conestoga, N.Y.), 1986	4:52.37
Nnena Lynch (Hunter, N.Y.), 1987	4:52.55
Lisa Welch (Peabody, Mass.), 1981	4:53.36
Erin Donohue (Haddonfield), 2001	4:54.73
Wiegand, 1987	4:55.05
N. Lynch, 1989	4:55.24
N. Lynch, 1988	4:55.87
Laurie Glynn (Winchester, Mass.), 1981	4:56.86
<u>Wendy Delan (Bonny Eagle, Maine), 1986</u>	<u>4:57.56</u>

### **TWO-MILE RUN**

Leslie Welch (Peabody, Mass.), 1981	10:22.29
Aisling Cuffe (Cornwall, N.Y.), 2010	10:28.20
Katie McCafferty (Oak Knoll School), 2008	10:32.73
Christine Crowley (Wellesley, Mass.), 1986	10:34.26
Anne Letko (North Hunterdon), 1986	10:35.66
Cathy Feeney (Wayne Valley), 1990	10:38.0
Jodie Bilotta (North Hunterdon), 1987	10:40.01
Molly Murray (Plymouth Whitemarsh), 1981	10:40.6

Patti Mileski (Ridgewood), 1983	10:40.8
J. Peterson (St. Agnes, N.Y.), 1986	10:41.25

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### **60-YARD HURDLES**

Charmaine Walker (Plainfield), 1997	7.71
Lindsay Rowe (Benjamin Cardoza, N.Y.), 2007	7.76
Dawn Bowles (Neptune), 1988	7.82 <i>q</i>
Nia Ali (Pleasantville), 2006	7.89
Ste'eye McNeil (Winslow), 2012	7.89
Lindsay Rowe (Benjamin Cardoza, N.Y.), 2007	7.91 <sub>s</sub>
Shenea Dawkins (New Rochelle), 2002	7.92
Allison Williams (Brentwood, N.Y.), 1989	7.93
Wendy Vereen (Trenton), 1983	7.93
<u>Lateisha Philson (Benjamin Cardoza, N.Y.), 2011</u>	<u>7.94</u>

### **HIGH JUMP**

Emily Kianka (Hopewell Valley), 2010	5-11
Deb Vento (Freehold Boro), 2003	5-10
Lacey Shuman (Maryvale Prep), 2010	5-10
Tatiana Smolin (Randolph), 1985	5- 9
Shauna Byfield (Manhasset, N.Y.), 2000	5- 9
Tish Edwards (Mater Dei), 1980	5- 8
Edwards, 1981	5- 8
Shelley Mitchell (Lakewood), 1988	5- 8
Tammy Peoples (Weston, Mass.), 1991	5- 8
Stacy Grant (South Shore, N.Y.), 1995	5- 8
<u>Kathy Kilar (North Edison), 1996</u>	<u>5- 8</u>
Michelle June (Meade, Md.), 1997	5- 8
Jessica Taibe (Hunterdon Central), 2000	5- 8
Vento, 2003	5- 8
Lauren Biscardi (Shoreham Wading, N.Y.)	5- 8
Carin Knight (New Rochelle, N.Y.)	5- 8
Lataya Dixon (J.P. Stevens), 2007	5- 8
Kianka, 2009	5- 8
Sarah Palmer (Schuylerville), 2010	5- 8
Kyaira Wright-Harmon (Franklin), 2012	5- 8
Noel Jancewicz (Robbinsville), 2012	5- 8
Megan McCloskey (Germantown Academy), 2013	5- 8

### **POLE VAULT**

Danielle O'Reilly (Shawnee), 2004	13-0
Megan Clark (Jamesville DeWitt, N.Y.), 2011	13-0
Lindsay Rosales (Washingtonville, N.Y.), 2003	12-0
Jessica Kloss (Moorestown), 2004	12-0
Julianne Toto (Middletown South), 2005	12-0
Stephanie Duffy (Washingtonville, N.Y.), 2007	12-0

Michelle Quimby (Shenendehowa, N.Y.), 2009	12-0
Nicole Pompei (Hanover Park), 2009	12-0
Kayula Polcai (Ridgewood), 2010	12-0
Chelsea Hartigan (Ramapo), 2010	12-0
<u>Catherine Shih (Bernards), 2010</u>	<u>12-0</u>
Kayla Polcai (Ridgewood), 2011	12-0
Dana Schweiger (Toms River North), 2011	12-0
Carissa Leonard (Lakeland-Panus, N.Y.), 2011	12-0
Chelsea Vaughan (Southern Regional), 2012	12-0

### **LONG JUMP**

Carol Lewis (Willingboro), 1980	20- 6 ¼
Nolle Graham (Taft, N.Y.), 1998	19-11 ½
Cidae'a Woods (Winslow Twp., N.J.), 2013	19- 8
Keyon Soley (Uniondale, N.Y.), 1998	19- 7 ½
Lynn Layne (New Rochelle, N.Y.), 2006	19- 7 ½
Claire Connor (Rahway), 1984	19- 5 ½
Jennifer Clayton (Suffern, N.Y.), 2009	19- 5 ½
Chinela Davis (North Rockland, N.Y.), 2001	19- 4 ½
Celeste Holder (Parsippany), 2006	19- 4
<u>Keturah Orji (Mount Olive), 2012</u>	<u>19- 3 ½</u>

### **TRIPLE JUMP**

Stephanie McIntyre (South Brunswick), 2007	40-11
Keturah Orji (Mount Olive), 2013	40-10 ½
Gabriela Baiter (Elwood-John Glenn, N.Y.), 2007	40- 8 ½
Carlene Cummings (Englewood), 1998	40- 6
Kirsten Fields (Mount Vernon, N.Y.), 2005	39- 9 ¼
Bryanna Grant (Cranford), 2012	39- 9
Adefunke Sonaike (Montgomery), 2012	39-7 ¾
Iana Amsterdam (Essex County Vo-Tech), 2011	39-7 ¼
Ebony Young (Hillsborough), 2009	39- 6 ¾
<u>Shenae Dawkins (New Rochelle), 2002</u>	<u>39- 5</u>

### **SHOT PUT**

Vanessa Stewart (North Babylon, N.Y.), 2010	47-4 ¾
Jackie Hudgins (Hightstown), 2001	46- 9
Theresa Picciallo (Immaculate Heart), 2011	46- 6
Nicole Sims (Plainfield), 1991	45-11 ¼
Apresha Hampton (Teaneck), 2011	45- 9
Theresa Picciallo (Immaculate Heart), 2012	45- 9
Melody Johnson (No. Attleboro), 1986	45- 8
DeAnne Hahn (Brick Twp.), 2007	45 -7
Kelly Fazekas (Northern Valley-Demarest), 2003	45- 5
<u>Taryn O'Connor (Hillsborough), 2007</u>	<u>45- 5</u>

**25-POUND WEIGHT THROW**

Cynthia Lloyd (New Rochelle, N.Y.), 2007	47- 1
Kadine Johnson (New Rochelle, N.Y.), 2007	44- 2 <sup>3</sup> / <sub>4</sub>
Ashley Clasen (Shore.-Wading River, N.Y.), 2007	40-11 <sup>1</sup> / <sub>4</sub>
Kristen Batts (Marlboro), 2007	40- 5 <sup>3</sup> / <sub>4</sub>
Krystal Graham (New Rochelle, N.Y.), 2007	37- 8 <sup>1</sup> / <sub>4</sub>

**800-METER RELAY**

Middle College/Medger Evers, N.Y., 2011	1:39.27
Uniondale, N.Y., 2007	1:39.41
Uniondale, N.Y., 2007	1:39.59s
Paul Robeson, N.Y., 2001	1:39.86
Hempstead, N.Y., 2007	1:39.94
Washington Irving, N.Y., 2001	1:40.37
Hempstead, N.Y., 2005	1:40.51
Hope, R.I., 2012	1:40.76
New Rochelle, N.Y., 2013	1:40.76
Moorestown, 2000	1:40.77

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**1,600-METER RELAY**

Columbia, 2013	3:46.80
Plainfield, 1980	3:48.7+
Camden, 1995	3:49.07+
Boys and Girls, 2007	3:49.19
Willingboro, 2003	3:49.27
Plainfield, 1981	3:49.74+
Snyder, 1981	3:50.55+
Tilden, N.Y., 1987	3:51.30+
Simon Gratz, Pa., 1998	3:52.31
Woodrow Wilson, 2006	3:52.55

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**3,200-METER RELAY**

Pope John XXIII, 2007	9:06.94
Upper Perkiomen, Pa., 1982	9:11.22+
Lenape, 2012	9:11.37
Lenape, 2008	9:11.94
Bay Shore, N.Y., 1996	9:12.67
Notre Dame, N.Y., 1987	9:13.0+
Southern Regional, 2009	9:13.30
Freehold Township, 2013	9:13.82
Boys and Girls, N.Y., 2001	9:13.96
Bronxville, N.Y., 1986	9:14.99+

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**DISTANCE MEDLEY**

Southern Regional, 2009	11:48.61
Warwick Valley, N.Y., 2008	11:49.59



Southern Regional, 2007	11:49.62
Boys and Girls, Brooklyn, N.Y., 2002	11:50.86
Red Bank Regional, 2002	11:51.54
Shenendehowa, N.Y., 2009	11:51.28
Red Bank Regional, 2003	11:52.9h
Bernards, 1983	11:53.54+
Lenape, 2013	11:54.63
Red Bank Catholic, 2012	11:55.32

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**KEY**

+ - converted from yards

% - converted from meters

s – mark achieved in semis

q – mark achieved in qualifying round

\* - converted from timing error