

**Ridgewood Frosh/Novice at the Armory****New Balance Armory, New York City**

January 21st 2015

**Varsity Events****Boys EVENTS****Varsity****Boys Long Jump**

Place	Name	Team	Mark
1	Allan Jacob	Freehold Township	21-1.5
2	Will Sadaros	Indian Hills	21-1
3	Jeff Mate	Glen Rock	20-0
4	Matt Wierzba	Garfield	19-11.5
5	Alijah Jackson	Paramus Catholic	19-11
6	Shaheed Sanders	Weequahic	19-5.5

**Boys Triple Jump**

Place	Name	Team	Mark
1	Khadim Ndale	MSIt	47-0
2	Jason Katz	Ramapo	46-1.25
3	Dean Vduto	Columbia	46-0.5
4	Matt Wierzba	Garfield	42-8.75
5	Will Sidars	Indian Hills	42-8.5
6	Thomas Abrahamson	Pearl River	41-9.25

**Boys Distance Medley Relay**

Place	Team	Time	Runners
1	Indian Hills	10:42.1	Matt Cohone, Will Sidaros, Jack Kerin, Matt Thohy
2	Hackensack	10:58.2	
3	Suffern	11:06.2	
4	Don Bosco	11:11.6	
5	Mannasquan	11:11.8	
6	Livingston	11:14.3	
7	Saddle Brook	11:14.7	
8	Fair Lawn	11:19.3	
9	MSIT	11:23.3	
10	Paramus	11:23.9	
11	LaGuardia	11:39.7	
12	East Orange Campus	11:39.9	
13	New Milford	11:42.8	

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**New Balance Armory, New York City**  
 January 21st 2015

Boys EVENTS

Novice

**Boys 55 Meter Dash**

Place	Name	Team	Time
1	David Scheier	Hunterdon Central	6.6
2	Shamar Graham	East Orange Campus	6.7
3	Chris Mercado	Ridgefield	6.7
4	Tyler Bothers	Hunterdon Central	6.8
5	Dennis Hawkins	East Orange Campus	6.8

**Boys 55 Meter Hurdles**

Place	Name	Team	Time
1	Stephen Hughes	Weequahie HS	7.9
2	Chris Prasek	Westfield	8.6
3	Jason DiGiacinto	Hasbrouck Hts	8.7
4	Seth Remo	Hasbrouck Hts	8.8
5	Roodly Ouil	Columbia	8.8 DQ

**Boys 200 Meter Dash**

Place	Name	Team	Time
1	Jermain Flanagan	East Orange Campus	23.7
2	Shamar Graham	East Orange Campus	24
3	Nico Yamba	Kearny	24.1
4	Jephtha Prempeh	Horace Mann	24.1
5	Dennis Hawkins	East Orange Campus	24.2

**Boys 400 Meter Dash**

Place	Name	Team	Time
1	James Jean	Weequahic	52.8
2	Jermain Flanagan	East Orange Campus	53.0
3	Sam Cho	Ridge	53.3
4	Joe Peterson	Valley Central	53.6
5	Jeremiah Richardson	Columbia	54.3

**Boys 800 Meter Run**

Place	Name	Team	Time
1	Will Saiz	Old Tappan	2:14.0
2	Samuel Carleto	Teaneck	2:14.1
3	Jack Iannucci	Pearl River	2:14.4
4	Chris Parodi	Hasbrouck Hts	2:15.3
5	Andrew Dowling	Ridgefield	2:16.2

**Boys 1600 Meter Run**

Place	Name	Team	Time
1	Ryan Siegel	Westfield	4:42.7
2	Derek Barnes	Indian Hills	4:43.4
3	Youssef Abubaker	Hasbrouck Hts	4:43.7
4	Ryan Eville	Hunderdon Central	4:45.1
5	Abdallah Hammad	Hasbrouck Hts	4:47.3

**Boys Shot Put**

Place	Name	Team	Mark
1	Dante DeSimone	River Dell	44-7.75
2	Nick Brown	River Dell	43-9.25

3	David Maldonad	Syosset	43-1.5
4	Javan Dralanford	Wood-Ridge	41-9.5
5	Joe Duffy	Pearl River	41-7

#### Boys High Jump

Place	Name	Team	Mark
1	Ernest King	Bayonne	5-10
2	Ihmir Marcette	Weequahic	5-10
3	Dillon Fisher	Hasbrouck Hts	5-8
4	Aakir Johnson	Weequahic	5-8
5	Niko Yanba	Kearny	5-6
5	James Mirfield	MSIT	5-6

#### Boys Pole Vault

Place	Name	Team	Mark
1	Ryan Eppler	Huntington	11-0
2	Christian Nadigan	Pearl River	11-0
3	Justin Mirfield	MSIT	10-6
4	Christian Weika	MSIT	10-6
5	Anthony Stefanie	Hasbrouck Hts	10-0
5	Kevin Gengoule	Huntingon	10-0

#### Boys Long Jump

Place	Name	Team	Mark
1	Drew Singleton	Paramus Catholic	19-1
2	Nico Yamba	Kearny	19-0.5
3	Bashir Sanders	Weequahic	18-6.5
4	Jeremiah Richardson	Columbia	18-3.5
5	Sadique Pitts	Paramus Catholic	18-2

#### Boys Triple Jump

Place	Name	Team	Mark
1	Bryan Ryu	Pope John	38-6.5
2	Jack Rosen	Waldwick	36-10.25
3	Joshua Heber	Teaneck	36-0.25
4	Dvinie Mercer	Weequahic	35-3.5
5	Oscar Granados	Hasbrouck Hts	34-2.25

#### Boys 4x400 Meter Relay

Place	Team	Time	Team Members
1	East Orange Campus	3:44.1	Ameer Hdramb, Keneer Tomlinson, Elijah Isler, Keshawn Walton
2	Weequahic	3:44.8	
3	East Orange Campus	3:45.6	
4	Hasbrouck Hts	3:47.0	
5	Pearl River	3:48.4	

#### Boys 4x800 Meter Relay

Place	Team	Time	Team Members
1	East Orange Campus	8:50.4	Cary Poole, Marcus Simon, Immagairi Etienne, Mohammed Sulley
2	Weequahic	8:50.6	
3	Metuchen A	8:52.5	
4	Hackensack	8:53.0	
5	Indian Hills	9:09.4	

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Boys EVENTS

Frosh

**Boys 55 Meter Dash**

Place	Name	Team	Time
1	Akeem Lindo	East Orange Campus	6.6
2	Jon Clark	Paramus Catholic	6.8
3	Cedric Martin	Dwight Morrow	6.8
4	Isaiah Greene	Weequahic HS	6.9
5	Chad Bradley	Eastside Paterson	6.9

**Boys 55 Meter Hurdles**

Place	Name	Team	Time
1	Isaiah Green	Weequahic HS	8.2
2	Quentin Lacombe	Hunterdon Central	8.5
3	Jameson Woodell	Hunterdon Central	8.7
4	Sean Quinn	Hunterdon Central	9.0
5	Javon Coleman	Hackley	9.2

**Boys 200 Meter Dash**

Place	Name	Team	Time
1	Akeem Lindo	East Orange Campus	23.1
2	Puentin Phonard	Paramus Catholic	24.2
3	Noah Sharp	Pope John	24.3
4	Nick Parisi	Seton Hall	24.6
5	Quanzie Damsden	Dwight Morro	24.6

**Boys 400 Meter Dash**

Place	Name	Team	Time
1	Noah Sharp	Pope John	54.9
2	Chad Bradley	Eastside Paterson	55.2
3	Jon Salinaro	Columbia	55.4
4	Nick Parisi	Seton Hall	55.5
5	Cedric Martin	Dwight Morrow	56.3

**Boys 800 Meter Run**

Place	Name	Team	Time
1	Brian Mahoney	Pearl River	2:09.7
2	Jake Cooper	Emerson	2:14.4
3	Marquis Wedderham	JFK	2:17.8
4	Eric Moonay	Livingston	2:18.0
5	Gary Wilhelm	River Dell	2:18.1

**Boys 1600 Meter Run**

Place	Name	Team	Time
1	Nick Ackerman	Freehold Township	4:47.1
2	Caelan Johnson	Metuchen	4:53.0
3	Ben Landel	Ramapo	4:53.3
4	Steven Tang	Metuchen	4:55.9
5	Joe McCabe	Glen Rock	4:58.9

**Boys Shot Put**

Place	Name	Team	Mark
1	Dillon Policastro	Old Tappan	39-6
2	Ricardo Pinnock	Horace Mann	34-6
3	Jochum Jake	Suffern	33-10
4	Mark Kim	Syosset	32-8.75
5	Grant Nawoichyk	Don Bosco	31.10

**Boys High Jump**

Place	Name	Team	Mark
1	Jameson Woodell	Hunterdon	5-2
2	Fola Olutiola	Dwight Englewood	5-2
3	Mike Nobie	River Dell	5-2
4	Alexander Van Brackle	Teaneck	5
5	Saeed Foster	Teaneck	4-10

**Boys Pole Vault**

Place	Name	Team	Mark
1	Conor Bueke	Pearl River	9-6
2			
3			
4			
5			

**Boys Long Jump**

Place	Name	Team	Mark
1	Malachi McFadden	Dwight Morrow	19-3
2	Quanzie Lumsten	Dwight Morrow	18-3
3	Alexander VanBRackle	Teaneck	16-11
4	Isaiah Greene	Weequahic	16-9.5
5	Michael Erickson	Watchung Hills	16-5

**Boys Triple Jump**

Place	Name	Team	Mark
1	Tom Wilson	Pearl River	35-10.25
2	Jorge R	Bergenfield	30-0
3	Jean-Paul Jeremie	Pearl River	28-9.75
4			
5			

**Boys 4x400 Meter Relay**

Place	Team	Time	Team Members
1	Dwight Morrow	3:53.1	Malachi McFadden, Lizandro Ulerio, Cedric Martin, Quanzie Lumsden
2	Paramus Catholic	3:58.5	
3	Seton Hall	3:58.9	
4	Glen Rock	4:06.6	
5	Pearl River	4:07.6	

**Boys 4x800 Meter Relay**

Place	Team	Time	Team Members
1	Pearl River	9:08.8	Pat McCann, Matt Potitis, Brendan Harding, Brian Mahony
2	Hunterdon Central	9:29.1	
3	Columbia	9:35.0	
4	Hackensack	9:48.3	
5	Seton Hall	9:51.4	

**Ridgewood Frosh/Novice at the Armory****New Balance Armory, New York City**

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**Varsity Events**Girls EVENTSVarsity**Girls Long Jump**

Place	Name	Team	Mark
1	Domonique Panton	Freehold Township	17-4.5
2	Alexus Trott	Paramus Catholic	16-6.0
3	Ryan Freeman	Summit	16-5.25
4	Rosie Meryhart	Paramus Catholic	16-3.5
5	Ann Jones-Davis	Livingston	16-0.5

**Girls Triple Jump**

Place	Name	Team	Mark
1	Domonique Panton	Freehold Township	37-1.75
2	Rosie Meryhart	Paramus Catholic	37-0
3	Ryan Freeman	Summit	35-0.75
4	Gabriella Zak	Hackley	34-0.75
5	Enia VanBrackle	Teaneck	33-8.75
6	Brooke McKnight	Hasbrouck Hts	33-8.5

**Girls Distance Medley Relay**

Place	Team	Time	Runners
1	Suffern	12:01.1	Mary Hennelly, Imani Solan, Kamryn McIntosh, Rachel Ludwikowski
2	Monroe Woodbury	12:40.7	
3	Ramapo	12:59.0	
4	Pope John	13:03.4	
5	Valley Central	13:16.7	
6	Hasbrouck Hts	13:20.6	
7	Livingston HS	13:38.9	
8	Paramus	13:44.8	
9	FairLawn	13:47.9	

**Ridgewood Frosh/Novice at the Armory**  
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Girls EVENTS

Novice

**Girls 55 Meter Dash**

Place	Name	Team	Time
1	Dana DeLuca	Hunterdon Central	7.5
2	Dahria Lewis	Columbia	7.6
3	Emma Unterkoefler	Columbia	7.6
4	Gabrielle Thompson	Columbia	7.7
5	Judlynn Julceus	Livingston	7.7

**Girls 55 Meter Hurdles**

Place	Name	Team	Time
1	Tara Brooks	Old Tappan	9.4
2	Neena Reddy	East Meadow	9.5
3	Alyssa Pulci	Ridgefield Memorial	9.8
4	Alyson Harden	Hasbrouck Hts	10.1
5	Jessica Ippolito	Fair Lawn	10.1

**Girls 200 Meter Dash**

Place	Name	Team	Time
1	Dahria Lewis	Columbia	26.8
2	Gabrielle Thompson	Columbia	27.5
3	Dana DeLuca	Hunterdon Central	27.9
4	Katie Benson	Monroe-Woodbury	28.0
5	Emma Unterkoeler	Columbia	28.0

**Girls 400 Meter Dash**

Place	Name	Team	Time
1	Luisa Stalman	Hackley	1:03.3
2	Emma Unterkoefler	Columbia	1:03.6
3	Cami Hughes	Ridge	1:04.8
4	Sarah Luchenmayr	Hunterdon Central	1:04.9
5	Sydney Fontalvo	Hasbrouck Hts	1:05.1

**Girls 800 Meter Run**

Place	Name	Team	Time
1	Kate Holland	Indian Hills	2:30.0
2	Emily Becker	Wayne Hills	2:39.8
3	Jessica Rambala	Old Tappan	2:42.2
4	Amy Kun	Pearl River	2:42.9
5	Fortune Kenkjo	Plainfield	2:46.7

**Girls 1600 Meter Run**

Place	Name	Team	Time
1	Abby Post	Pope John	5:48.8
2	Eloise Hendricks	Westfield	5:49.0
3	Alex Filiavi	Summit	5:53.5
4	Alyssa Balzarotti	Ridge	5:58.4
5			

**Girls Shot Put**

Place	Name	Team	Mark
1	Danielle Line	Pope John	33-7
2	Christina Myers	River Dell	31-5.5
3	Morgan Santora	Saddle Brook	30-6.75
4	Natura SantFoster	Ridge	30-6
5	Julia Serafini	MSDA	29-7.75

**Girls High Jump**

Place	Name	Team	Mark
1	Osash London	Livingston	5-0
2	Breanne Schwing	Hunterdon	4-10
2	Bryn Pleger-Schwoer	Hunterdon	4-10
4	Jada Usal	Old Tappan	4-6
5	Abby Terese	Hunterdon	4-6

**Girls Pole Vault**

Place	Name	Team	Mark
1	Sereya Fredman	Monroe-Woodbury	8'
2	Stephanie Tack	Hunderdon Central	8'
3			
4			
5			

**Girls Long Jump**

Place	Name	Team	Mark
1	Sydney Logan	Teaneck	14-7.25
2	Sarah Schmitt	Hasbrouck Hts	14-5
3	Aysa Jeune	Monroe-Woodbury	14-2.5
4	Serena Freidman	Monroe-Woodbury	13-11.5
5	Tara Brooks	Old Tappan	13-10.75

**Girls Triple Jump**

Place	Name	Team	Mark
1	Kathryn Cahill	River Dell	31-0.25
2	Sarah Schmitt	Hasbrouck Hts	30-1.25
3	Hayley Virone	Bergenfield	29-0.5
4	Alyssa Pulci	Ridgefield Memorial	29-0.25
5	Lisa Wiesburg	Monroe-Woodbury	28-6.5

**Girls 4x400 Meter Relay**

Place	Team	Time	Team Members
1	Livingston	4:38.5	Ervana Scotland, Judlynn Julceus, Judaniclea Julceys, Molly McCormack
2	Glen Rock	4:40.0	
3	Pearl River	4:48.1	
4	Hasbrouck Hts	4:52.7	
5	Livingston	5:03.7	

**Girls 4x800 Meter Relay**

Place	Team	Time	Team Members
1	Valley Central	10:35.6	Zarah Harris, Kaylee Krosge, Keidi Cavallarro, Anna Derevensky
2	Pearl River	11:06.8	
3	Paramus	11:11.6	
4	Glen Rock	11:13.9	
5	Metuchen	11:19.2	

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Girls EVENTS

Frosh

**Girls 55 Meter Dash**

Place	Name	Team	Time
1	Ciara French	Columbia	7.6
2	Jessica Brice	Columbia	7.7
3	Tara Brody	Wallkill Valley	7.7
4	Rachel McMahon	Glen Rock	7.8
5	Samantha Green	East Meadow	7.8

**Girls 55 Meter Hurdles**

Place	Name	Team	Time
1	Jordyne Gebhardt	Hunterdon Central	9.1
2	Lisa Jacobsen	Monroe-Woodbury	9.4
3	Ciara French	Columbia	9.5
4	Brooke Reidy	Hunterdon Central	9.8
5	Caitlin Miller	Hunterdon Central	9.8

**Girls 200 Meter Dash**

Place	Name	Team	Time
1	Catherine Jordan	Columbia	27.4
2	Jessica Bryce	Columbia	27.8
3	Bryce Greene	Mt St Dominic	28.9
4	Tara Brody	Wallkill Valley	29.0
5	Hadeiya Walker	Columbia	29.0

**Girls 400 Meter Dash**

Place	Name	Team	Time
1	Catherine Jordan	Columbia	1:02.4
2	KristenLubeski	Monroe-Woodbury	1:03.0
3	Emma Valiante	Pope John	1:03.3
4	Carla Hines	Weequahic	1:04.8
5	Angeline Fields	West Orange	64.8

**Girls 800 Meter Run**

Place	Name	Team	Time
1	Briana Reckling	Columbia	2:22.4
2	Carla Hines	Weequahic	2:36.5
3	Leah Sussman	Indian Hills	2:36.9
4	Megan Wilhelm	River Dell	2:37.1
5	Desje Lee	Weequahic	2:44.5

**Girls 1600 Meter Run**

Place	Name	Team	Time
1	Alex Walter	Glen Rock	5:35.8
2	Kaitlyn Van Baalen	Ridge	5:42.9
3	Caitlin Haggard	Ridge	5:43.1
4	Julia Hoyt	Monroe-Woodbury	5:46.5
5	Erin Cytryn	Monroe-Woodbury	5:47.4

**Girls Shot Put**

Place	Name	Team	Mark
1	Sasha Frimpong	JFK	32-8.5
2	Samantha Reilly	Hunterdon Central	27-8.25

3	Cecilia Lederer	Pope John	27-3.75
4	Kirsten Yandoli	Ramapo	25-8
5	Sadie Strober	Hunterdon Central	25-0

#### Girls High Jump

Place	Name	Team	Mark
1	Jeenmaire Harvey	RiverDell	4-4
2	Megan Chesney	Indian Hills	4-0
2	Chatherine Jordan	Columbia	4-0
4	A. Sees	Indian Hills	3-10
5			

#### Girls Pole Vault

Place	Name	Team	Mark
1	Kristen Lubeski	Monroe-Wodbury	10'
2	Kristen Bohon	Hunterdon Central	7'
3	Emily Albright	Pope John	6'
4			
5			

#### Girls Long Jump

Place	Name	Team	Mark
1	Emma Valiante	Pope John	14-9.75
2	Olivia Xu	Watchung Hills	14-4
3	Nicole Sacchinelli	Fair Lawn	13-2.5
4	Madison Archer	Waldwick	13-1
5	Margo Sidorenko	Pearl River	10-1.5

#### Girls Triple Jump

Place	Name	Team	Mark
1	Megan Chesney	Indian Hills	30-10.25
2	Liz Myers	Monroe-Woodbury	29-7.5
3	Monika Lucic	Hasbrouck Hts	26-10.5
4	Emma Valiante	Pope John	26-8.25
5	Madison Archer	Waldwick	26-4.75

#### Girls 4x400 Meter Relay

Place	Team	Time	Team Members
1	Hasbrouck Hts	4:51.1	Haylle Thomas, Monika Lucic, Sheridan Wheeler, Emma Nichols
2			
3			
4			
5			

#### Girls 4x800 Meter Relay

Place	Team	Time	Team Members
1	Metuchen	10:47.6	Hope Kenny, Kate Santus, Drew Schuchman, Kendall Schuchman
2	Suffern	10:49.0	
3	Westfield	10:53.7	
4	Indian Hills	11:22.1	
5	Hasbrouck Hts	11:30.1	