

Ramapo/Paramus Double Dual meet at Ridgewood April 6, 2015

100: 2-I.Park-13.1/ Kusel-13.2/ DiMartino-13.5/ Patel-13.7/

Results from Coach Cig: Park- 12.8 / Kusel- 13.2 / Patel-13.5 / Buskirk- 16.9 / Watanabe- 15.1 / Columbus- 15.8 / Faherty- 14.1 / Doering- 15.0 / Testa- 15.7 / Bussinelli- 14.8 / DiMartino- 13.5 / Caruso- 14.7 / Kvernoy- 18.2 / Ponder- 19.1 / Witschonke- 15.4 / R. Park- 14.1 / Cho- 14.7 / Naskiewicz- 15.0 / Kusoffsky- 17.7 / Wang- 15.0 / Kim- 15.1 / Leider- 14.6 / Syz- 15.2 / Rau- 14.3 / Nolan- 16.6 / O'Keefe- ? / Amarus- 14.0 / Lester- 14.5 / Casey- ?

200: 3-Park-27.0/ Patel-28.4/ Earl-29.4/ Gnall-31.0

Results From Coach Cig: Park- 27.2 / Patel-28.4 / Buskirk- 36.8 / Watanabe- 32.3 / Columbus- 33.7 / Faherty- 30.6 / Doering- 32.6 / Testa- ? / Bussinelli- 32.2 / DiMartino- 29.7 / Caruso- 32.9 / Kvernoy- 38.7 / Ponder- ? / Witschonke- 34.4 / R. Park- 32.5 / Cho- 32.5 / Naskiewicz- 33.7 / Kusoffsky- ? / Wang- 32.6 / Kim- ? / Leider- 32.5 / Syz- ? / Rau- 33/3 / Nolan- injured / O'Keefe- ? / Amarus- 29.7 / Lester- 30.7 / Casey- 30.9

400: 3-Monnerat-62.1/ Vitting-64.3/ Sheehy-65.6/

800: 2-Rosenfeld-2:28.5/ Cleary-2:31.0/ Kotch-2:33.3/ T.Cirillo-2:46.7/ K.Reis-2:43.2/
Catalano2:53.6/ Dwyer-2:53.6/ Schofield-2:54.3/ Sherman-3:00.0/ Walicki-3:01.3/ Jahanbin-
3:43.4/ Waddington-3:54.0

1600: 1-Jeffers-5:32.2/ 2-Martin-5:37.2/ Fishbein-5:52.2/ Mullen-6:02.3/ Catalan0-6:19.1/
LoParo-6:21.0/ Sherman-6:37.3/ Stern-6:37.3.

3200: 1-Jeffers-11:44.0/ Taylor-12:15.1/ Martin-12:19.3/ Cobb-12:45.3/ Driscoll-13:05.6.

100H: 2-McKeon-16.7/ Montgomery-17-0/ DeVita-17.6/ Shippee-17.6/

400H: 2-Rosenfeld-70-2/ Shippee-71.9/ DeVera-74.1/

Long Jump: 1- McKeon-16-1.5/ 2-DeVita-15-4/ 3-Park-15-1.5/ Callaghan-13-2.5.

Triple jump: 1-DeVita-35-3/ 2-Long-31-10/ 3-Shippee-31-6/ -Montgomery-30-3.

High Jump: 1-Montgomery-4-10/ 2-DeVita-4-10/ -Kepler4-6/ Callaghan-4-2/ -Okeefe-4-2/
KellySez-NH

Pole Vault: 1-Earl-7-6/ 2-Lester-7-0/ Callaghan-6-6/ T.Cirillo-NH.

Shot: 2-Natasha Baum-28-10/ Lexi Uzoaur-26-10/ Justine Umali-24-11/Michelle Carey-23-
11.5/ Molly Knee-22-8/ SarahGerstein-16-8.

Discus: 2-Natasha Baum-71-6/ Michelle Carey-67-1/ Justine Umali-66-5/ Lexi Uzoaur-62-6/
SarahGerstein-58-10/ Molly Knee-55-1.

Javelin: 1-McKeon-108-6/ Amoruso-91-10/ Tai-66-5/ Sheehy-57-0

4X400: 2-Vitting-/Kusel-/I.Park-/Monerat- = 4:11.6

Comment: We were very Solid thru out the meet and beat a very good Ramapo Team.