

Bergen County Relays 2015

Wednesday at Ridgewood

3xPoleVault: 2(t)-M.Earl-9-0/ N.Lester-8-0/ K.Callaghan-7-0. 24-0

3xHighJump: 1(t)-Montgomery-4-10/ DeVita-4-8/ Kepler-4-6 = 14-0

3XJavelin: 4-Amoruso-86-5/ Sheehy-83-3/ Patel-68-9 = 238-5

We had a good start to the meet. We have 19 points and are in good shape after 3 events.

Friday at River Dell

3x400IH: 4-Rosenfeld-70.5/ Shippee-71.7/ DeVera-73.1 =

4x200: 6-Kusel-27.8?/ Monnerat-28.7/ Kavi-29.2/ Park-26.8 = 1:50.3

3xTJ: DeVita/Long/Montgomery - DNC -Did not hand in entry card.

3xDiscus: 8-M.Carey-61-6/ L.Uzoaru-70-1/ N.Baum-74-2.

4x1600m: 1-Martin-5:20.1/ A.Taylor-5:30.0/ Cleary-5:22.9/ Jeffers-5:12.3 = 21:24.7

New meet record! 5th on ATL RHS list!

Very poor Friday for us. The sprint and hurdles looked and ran slow. The Triple Jump team did not get their card in to the clerk on time. Only the 4 x 1600 team saved the day by winning in a new meet record time,

Saturday at River Dell

4x100Hurdles: 5-DeVita-16.9/ Montgomery-17.2/ Shippee-16.9/ DeVera-17.2 = 1:08.4

4X100: 6-Park-/ DiMartino-/ Kusel-/ Monnerat. = 51.3

Dist.Med: 2 - Jeffers-3:46.1/ Monnerat-62.1/ Rosenfeld-2:26.1/ Cleary-5:25.6. = 12:38.1

SpMed: 7-Vitting-64.9/ DeMartino-28.7/ Patel-29.1/ Martin-2:45.6. = 4:48.8

4X800: 2-Rosenfeld-2:27.1/ Kotch-2:28.4/ Martin-2:38.1/ ??- 2:38.9 = 10:12.8

4x400-frosh: Lester-74.0/ Flynn-70.9/ Kennedy-71.5/ R.Park-74.8 = 4:51.4

4x400: 4-Vitting-65.1/ Kusel-65.3 /Park-61.8 /Monnerat-62.4 . = 4:14.6

3xShot: 7-L.Uzoaru-29-10.75/ N.Baum-27-9.5/ M.Carey-24-7. =

3XLJ: 3-l.Park-16-1/ K.Callaghan-15-6/ L.DeVita-14-4.5. = 45-11.5

We had a good day. We ended 2nd to Highlands. ½ point ahead of Teaneck! (our 2nd ½ half point meet! – remember every place counts!) We can build from this meet to the championships in May.

