## Penn Relays 2015



<u>Thursday</u> :	
4X100:	I. Park-13.6/ M. DiMartino-13.4/ S.Kusel-13.3/ K. Patel-13.6 = 54.05
4X400:	I. Park-64.63/ S. Kusel-65.59/ K.Patel-68.17/ M.Vitting-64.52 = 4:22.90
3000m:	7-Carleen Jeffers – 9:52.73
	79.4-77.4-79.5-80.0-(5:17.2)-79.0-78.7-79.1-38.7
	New School Record, 2 <sup>nd</sup> all-time in Bergen County.

Distance Medley: 16/16 – Martin-4:02,05/ Monnerat-6106/ Rosenfeld-2:29,60/ Cleary-5:38.81 = 13:11.52

**Comment**: The weather turned colder than expected and we were not prepared. That said: Carleen had a great day, breaking a 21 year old school record and Lauren ran a solid leg in front of her future Gettysburg teammates. The rest of us did not react well to this very tough Penn Relays day.

