East Coast Relays May 18, 2015 at Randolph High School

| 4x100m: | 24 - Ridgewood (Kusel, DiMartino, Park, Monnerat) = 52.65 |
|----------------|---|
| 3xLong Jump: | 7-Ridgewood (McKeon-15-6/ Park-14-8.5/ L.DeVita-14-1) = 44-4 |
| 3xTriple Jump: | 4 -Ridgewood (Long-32-10/ L.DeVita-32-3.25/ Montgomery-31-6) = 96-7.25 |
| 3xHigh Jump: | 4 -Ridgewood (Montgomery-5-0/ L.DeVita-4-10/ Keppler-4-6) = 14-4 |
| 3XJavelin: | 10-Ridgewood (McKeon-90-6, Amoruso-88-11, Sheehy-85-9) = 265-02 |

Comment: Our last chance to break the 1979 Ridgewood School record in the Long Jump relay came up short. The Porro, O'Rourke, Smith mark will remain for another year! Our 290' Javelin relay record also remained untouched for another year! The TJ and HJ teams won medals and Sophie had the performance of the day for Ridgewood, clearing 5-0. We all gained valuable experience for the sectional meet this coming weekend.



Sophie, Katie, Jade, Saskia, and Libby!