

<http://highschoolsports.nj.com/news/article/-3057613366783792823/did-you-hear-this-current-rivals-future-teammates-at-penn-take-1st-3rd-at-arcadia-in-300h/>

Did you hear this?! Current rivals, future teammates take 1st & 2nd in 300H at Arcardia



Ridgewood's Katherine Muccio (left) and Ramapo's Grace O'Shea (right) put on a show out west at the Arcadia Invitational. (File photos | NJ Advance Media for NJ.com))

By JJ Conrad | NJ Advance Media for NJ.com

on April 07, 2019 8:00 AM, updated April 07, 2019 12:22 PM

As the 2019 spring outdoor season really kicked off Saturday all throughout New Jersey, a pair of Bergen County hurdlers were making plenty of noise 3,000 miles away.

Ridgewood's Katherine Muccio won the 300-meter hurdles at the Arcadia Invitational in California in 43.13, setting a new Bergen County record and moving into No. 4 all-time in state history. Former Union Catholic superstar and 2016 Olympian **Sydney McLaughlin** owns the state and national record (38.90).

In the same heat, **Ramapo's Grace O'Shea** clocked in at 44.05 and finished second in a matchup featuring two expected Meet of Champions title contenders in the 400-meter hurdles later this season.

O'Shea's time set a new school record and was sixth-best in state history, as both competitors broke the former county mark of 44.34, set by former Westwood star **Alex Cimino**.

Adding to the story line out west, the pair of seniors who are current rivals in North Jersey will be future teammates at Penn next year.

As a sophomore in 2017, Muccio placed seventh at the Meet of Champions in the 400-meter hurdles (1:01.87) before missing the event last season due to a foot injury. She was a sectional champion this winter in the 400-meter dash, qualified for the MOC in 200 (took 11th overall) and took second in the 55-meter dash at the group championships, helping lead Ridgewood to an indoor Group 4 state title.

O'Shea, an indoor state champion in the 55-meter hurdles in 2018, is coming off a breakout junior year in which she took third at the outdoor Meet of Champions in the 100-meter hurdles. O'Shea also took third in Group 3 last spring in the 400-meter hurdles in 1:01.91.

Also competing in the 300H Saturday at Arcadia was **Ridgewood's Victoria Purritano**, who clocked in at 46.68 in the first heat, and finished in 23rd place.

Both Muccio and Purritano were part of Ridgewood's 4x100 shuttle hurdle team, too, coming in at 1:01.71, good for third best in Bergen County history and fifth overall at Arcadia.

O'Shea wasn't done either, turning in a 14.11 in the 100-meter hurdle invitational on Saturday to take sixth place in the event and set an early NJ#1.