



**RIDGEWOOD  
TRACK  
&  
FIELD**

**1973**

**SEASON  
SUMMARY**

DUAL MEETS 5 WINS - 2 LOSSES

RHS - 65½ vs Paramus Catholic 39½  
 RHS - 65 vs Montclair 37  
 vs Glen Ridge 23  
 RHS - 93 vs Saddle Brook 12  
 RHS - 92 vs Demerest 13  
 RHS - 43 vs WAYNE VALLEY 62  
 RHS - 52 vs WAYNE HILLS 53

CHAMPIONSHIP MEETS

LONG BRANCH RELAYS  
 NORTH A SECTIONAL CHAMP.  
 STATE GROUPS CHAMPS

TEAM MEMBERS

PATRICE DONOVAN  
 SUE HOLSTEN  
 ERICA d'ELIA  
 DINI McCURRY  
 FRAN WHELAN  
 MARY BREITWEISER  
 JOAN DE HAVEN  
 DONNA FOLAND  
 JANE GREEN  
 CATHY HALLERBACH  
 CINDY HANSEN  
 MARY HILLER  
 NANCY HOGAN  
 LINDA KURAMOTO  
 SUE McBRIDE  
 SANDY McCORMICK  
 LINDA PRESCOTT  
 MAUREEN RAMGE  
 MARY SAVERS  
 MARY SEFCIK  
 RHONDA VAN PRAAGH

DEBBIE ATKIN  
 MELANIE COMIS  
 NANCY DAVIS  
 CATHY DEYOE  
 DENISE DINARDO  
 PAT DRISCOLL  
 MARY BETH FILETI  
 MISSY GRADY  
 BARBARA JONES  
 KANDIE LATHAM  
 JEAN LEACH  
 CINDY REBHOLZ  
 NANCY REED  
 RITA SISCO  
 KATE STEWART  
 DIANE WAGNER  
 VICKIE WAGNER  
 MARY WOODS

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD SCHEDULE - SPRING 1973

Wednesday	28 March	Time Trials - Events will be <sup>announced</sup> later. Anyone not in attendance will be cut from the squad.		
Thursday	5 April	Maroon and White Intersquad Meet - The coach will pick the teams based on how we ran in the time trials. All events will be contested.		
Tuesday	10 April	Second Annual Milk Shake Relay		
Thursday	12 April	Paramus Catholic	Away	4:00 p.m.
Thursday	19 April	Montclair	Away	4:00 p.m.
Friday	4 May	Saddle Brook	Home	4:00 p.m.
Monday	7 May	No. Valley, Demarest	Away	4:00 p.m.
Saturday	12 May	Long Branch Relays	Away	
Friday	18 May*	Wayne Valley	Home	4:00 p.m.
Saturday	19 May	North I State Sectional Championship	Away	
Thursday	24 May	Wayne Hills	Away	4:00 p.m.
Saturday	26 May	State Championship (girls must qualify at the sectional meet)	Away	

\*The date of the Wayne Valley meet may create a problem for those girls going to state sectionals and may be changed.

There may be several other meets where will take a couple of the better girls to compete. I will inform you when I hear about them. The three Saturday meets will involve only the better varsity girls. All other meets involve everyone.

Ridgewood	65½	vs	Paramus Catholic	39½	
Ridgewood	65	vs	Montclair	37	
		vs	Glen Ridge	23	
Ridgewood	93	vs	Saddlebrook	12	
Ridgewood	92	vs	Demerest	13	
Ridgewood	43	vs	Wayne Valley	62	
Ridgewood	52	vs	Wayne Hills	53	5 wins and 2 losses

Long Branch Relays - mile relay third place

North A Sectional Championship - tie for 10th place

State Group Championship - sprint medley relay third place

SUMMARY OF BEST INDIVIDUAL PERFORMANCES

100 yard dash	220Yard dash	440 yard dash	880 yard run
Hiller 12.3	Hiller 28.0	Jane Green 61.7	d'Elia 2:36.0
Whelan 12.5	Latham 28.0	Wagner, V 64.0	Hansen 2:42.5
DeYoe 12.9	DeYoe 28.6		Leach 2:51.1
Woods 12.9	DeHaven 28.9	Fileti 66.1	Need 2:53.1
Wagner 13.2	Grady 30.3	Latham 67.8	Hallerbach 2:54.0
	Wagner, D. 30.3	(62.2 relay)	McBride 2:59.0
	Davis 31.1	Hiller 68.5	Sisco 3:03
	Foland 31.1	(66.4 relay)	Prescott 3:04
	Cortazzo 31.5	DeYoe 69.1	
	DiNardo 31.5	Hansen 71.1	

1 mile run	Hurdles	High Jump	Long Jump
Van Praagh 6:14.0	Hogan 17.418	Sayers 4'9"	DeHaven 14'5½"
McCormick 6:16.1	Fileti 18.7	Donovan 4'8½"	Sayers 14'4"
d'Elia 6:18.0	Rebholtz 18.8	DeHaven 4'6"	Kuranoto 13'10"
Sefick 6:21.0	McCurry 19.8	Dorsey 4'2"	DiNardo 13'1"
Stewart 6:24.1	Comis 20.3		DeYoe 12' 8½"
Prescott 8:37.0	Atkin 22.0		

Shot Put

Jones	27'5"
Driscoll	26'5½"
Van Praagh	25'4"
Range	24'9"

Discus

Deyoe	98'0"
Holsten	88'7 3/4"
Hiller	80'7"
Breitweiser	77'7½"
Range	71'5"

LEADING SCORERS

DeYoe	39½
Hiller	36
DeHaven	31 3/4
Latham	30½
Green	30½
Sayers	21
Jones	20
d'Elia	18
Holsten	18
Van Praagh	18
Donovan	17
Hogan	14½
Hansen	14
Fileti	13½
Grady	11
V. Wagner	10½

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK TEAM  
SCHOOL RECORDS

EVENT	PERFORMANCE	NAME	YEAR
100 yard dash	12.2 sec.	Sheila Judge	1972
220 yard dash	28.0 sec.	Mary Hiller Kandie Latham	1973
440 yard dash	61.7 sec.	Jane Green	1973
880 yard run	2 min 36.0 sec.	Erica d'Elia	1973
1 mile run	6 min 14.0 sec.	Rhonda VanPraagh	1973
110 yard hurdles	17.4 sec.	Nancy Hogan	1973
high jump	4 feet 9 inches	Mary Sayers	1973
long jump	14 feet 5½ inches	Joan DeHaven	1973
shot put	27 feet 5 inches	Barb Jones	1973
discus	98 feet	Cathy DeYoe	1973
4X110 yard relay	54.6 sec.	Green/Latham/DeYoe/Hiller	1973
4X220 yard relay	1 min 55.3 sec.	DeHaven/Green/Grady/V. Wagner	1973
4X440 yard relay	4 min 27.2 sec.	V. Wagner/Latham/Hiller/Green	1973
sprint medley relay (220-110-110-440)	1 min 56.5 sec.	Hiller/Whelan/DeYoe/Latham	1973

MARCOON  
RIDGEWOOD VS

WHITE

Date 5 APRIL

Weather COLD

Track Conditions Slow + Wet + Wind

EVENT	FIRST	SECOND	THIRD	TIME DISTANCE HEIGHT	MARCOON SCORE	WHITE SCORE
120 yard low hurdles	Hogan <sup>m</sup>	Fileti <sup>w</sup>	Rebholz <sup>w</sup>		5	4
100 yard dash	Hiller <sup>w</sup>	Whelan <sup>m</sup>	Green <sup>w</sup>		3	6
1 mile run	Stewart <sup>w</sup>	Van Praagh <sup>w</sup>	Sefick <sup>m</sup>		1	8
440 yard relay						
440 yard run	Green <sup>w</sup>	Fileti <sup>w</sup>	Wagner <sup>m</sup>		1	8
220 yard dash	Hiller <sup>w</sup>	DoYoe <sup>m</sup>	Whelan <sup>m</sup> Latham <sup>m</sup>		4	5
880 yard run	Hansen <sup>m</sup>	Mc Bride Foland Hallerbach			6	3
50 yard dash						
380 yard relay						
Shot Put	Drusoll <sup>w</sup>	Jones <sup>m</sup>	Yeh! <sup>w</sup> Ramage		3	6
Discus	Holsten <sup>m</sup>	Ramage <sup>w</sup>	Jones <sup>m</sup>		6	3
Long Jump						
High Jump	Sayers <sup>w</sup>	Donovan <sup>AA</sup>	De Haven <sup>w</sup>		3	6

A few people surprised me as you can see from the score

FINAL SCORE

30 49

MEMORANDUM TO Paramus Catholic

DATE 12 April 1973

WEATHER COLD - 40° - Breezy

TRACK CONDITIONS All Weather

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP
110 yard low hurdles	Fileti	Hogan 19.1	Irene McGoveran	19.0	8	1
100 yard dash	De Yoe	Tracy Cicatelli	Woods 13.7	12.9	6	3
1 mile run	Ida Meehan	Margaret O'Conner 6:13	Van Praagh 7:01	6:02	1	8
440 yard relay	Green Latham De Yoe Hiller			54.6	5	0
440 yard dash	LIZ MATTHAEI	Green 66.6 Wagner 66.6		66.5	4	5
880 yard run	KAREN BEZEM	d'Elia 2:43.3	Hansen 2:45	2:37.0	4	5
220 yard dash	JOAN CERRINA	Hiller 28.5	CARA SCHIMMELPHENIG 29.8	27.8	3	6
880 yard relay		Hogan Grady Cortazzo Latham 2:00.5		2:00.0	0	5
sprint medley relay	Grady Woods De Haven Reed			2:10.9	5	0
	REED!!!				36	33
shot put	SANE FIZMAURICE	Jones 26'10"	Driscoll 26'5 1/4"	27' 1/2"	4	5
discus	Holsten	Hiller 70'4 1/2"	Driscoll 68'4"	75' 1/2"	9	0
Long jump	De Haven	De Yoe 14'5 1/4"	Irene 14'4" McGOVERAN	15'2"	8	1
high jump	Sayers	Donovan 4'4"	De Haven 4'2"	4'9"	8 1/2	1/2
					29 1/2	6 1/2
				FINAL SCORE	65 1/2	39 1/2

RIDGEWOOD VS PARAMUS CATHOLIC

<sup>4TH</sup>  
Mc Curry (20.2)

<sup>5TH</sup>  
Comis

<sup>4TH</sup>  
Breitweiser (14.7)

<sup>4TH</sup>  
Sefick 7:03

McCormick

Prescott

Fileti 75.3

Sisco 77.4

Leach

McBride

Foland

Hallerbach

D. Wagner (<sup>5TH</sup>)

Reed (<sup>6TH</sup>)

Ramge 24'2" d'Elia 23' 1/2"

Ramge (<sup>4TH</sup>) 62'6" Jones (<sup>5TH</sup>) 56'5 1/2"

Meek (<sup>5TH</sup>) 14'4"

Van Praagh (<sup>6TH</sup>) 14'2 1/2"

Kuramoto (<sup>7TH</sup>) 13'2"

Dorsey 4'2"

Davis 4'0"



RIDGEWOOD VS MONTCLAIR  
GLEN RIDGE

DATE 19 APRIL 1973  
WEATHER Overcast but warm  
TRACK CONDITIONS Cinder - So So

EVENT	FIRST	SECOND	THIRD/FORTH	MARK	RIDGE WOOD	OPP. MONTCLAIR	GLEN RIDGE
110 yard low hurdles	G.R.	M.C.	M.C. Hogan	19.2	1	5	5
100 yard dash	M.C.	M.C.	G.R. Hiller	12.7	11.3	1	8
1 mile run	G.R.	6:27.0 Van Praagh	6:35.2 Sefick	6:37.1 Prescott	6:18.3	6	0
440 yard relay	M.C.	G.R.	R	58.5	54.1	0	5
440 yard dash	G.R.	66.3 Green	69.7 Fileti	M.C.	64.5	5	1
880 yard run	d'Elia	2:55 Hansen	2:55 Leach	3:09 Hallenbach	2:41	11	0
220 yard dash	Latham	G.R.	30.1 Grady	31 Cortazzo	28.9	8	0
880 yard relay	M.C.	2:02.2 R				0	5
sprint medley relay	2:15.6 R	DeHaven Woods Latham Reed	M.C.		2:15.6	5	0
shot put	Jones	M.C.	24'9" Ramage	24'0" VanPraagh	27'3"	8	3
discus	Hiller	Holsten	Ramage	Jones	80'7"	11	0
Long jump	M.C.	14'9" M.C.	13'7" DeHaven	12'8 1/2" DeYoe	15'2 1/2"	3	8
high jump	Sayers	G.R. <del>M.C.</del>	M.C.	Doran	4'8"	6	2
FINAL SCORE					65	37	23

Dnd - R = 64  
M.C. = 41

RIDGEWOOD VS

Saddle Brook

DATE

4 May 1973

WEATHER \_\_\_\_\_

TRACK CONDITIONS \_\_\_\_\_

EVENT	FIRST <sup>5</sup>	SECOND <sup>3</sup>	THIRD <sup>1</sup>	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	Laurie 18.9	Mary Beth 19.0	Schwendler 19.7	18.9	3	6
100 yard dash	Healy 12.3	Deise 12.9	Woods 13.2	12.3	9	0
1 mile run	McCormick 6:27.3	Van Prag 6:29.2	Sad. Br. 6:32.1	6:27.3	8	1
440 yard relay	RID. 56.9	S.B. 1:01.2		56.9	5	0
440 yard dash	Gran 1:07.4	Wagner 1:09.5	Elite 1:10.3	1:07.4	9	0
880 yard run	Cindy 2:48.3	Ratky 2:59.3	S.B. 3:00.7	2:48.3	8	1
220 yard dash	Candy 30.3	Missy 30.9	See Co. 32.2	30.3	9	0
880 yard relay	R. 2:01.4	S.B. 2:18.3			5	0
sprint medley relay	R 2:20.4	S.B. 2:32.2	Dunne Rehder meek Reed		5	0
Frans Race	1st!!	and 2nd!!	and 3rd!	turnover 200	6	8
shot put	Jones 26/3/4	Kuchta 25/10 3/4	Van Prag 25/3 3/4		6	3
discus	Deise 90/9	Holston 82/11/4	Hillyer 80/6		9	0
long jump	DeHaven 13'10"	Kuronta 13'11"	Vacella 13'3/4"		8	1
high jump	Donner 4'10"	B. Sayers 4'6"	De Haven 4'4 1/2"	4'10"	9	0
					32	4
					93	12

FINAL SCORE

RIDGEWOOD VS

Saddle Brook

DATE

4 May 1973

WEATHER \_\_\_\_\_

TRACK CONDITIONS \_\_\_\_\_

EVENT	<del>FOURTH</del> FOURTH	<del>FIFTH</del> FIFTH	<del>SIXTH</del> SIXTH	ETC.	<del>XXXXXXXXXX</del>	
110 yard low hurdles			<del>Don</del>			
100 yard dash		Lane 1 14.4	Lane 3 15.4			
1 mile run	4th Prescott 6:49.2	S.B. 7:37.5				
440 yard relay						
440 yard dash		1:15.0	1:16.5			
880 yard run	MCB. 3:03.0	Leach 3:03.2				
220 yard dash	34.3	36.				
880 yard relay						
sprint medley relay						
shot put			HOLSTEN	23' 3 3/4"		
discus			BREITWEISER	64' 1 3/4"		
			DENARDO	52' 4 1/4"		
long jump			MEEK	12' 3 1/2"		
			DENARDO	12' 9 1/4"		
high jump						

J.V. Low Hurdles:

- REISHOLTZ - 19
- SAYER - 20.2
- DENI - 21.0
- MELANY - 21.0
- DEBBIE A. - 25.1

~~XXXXXXXXXX~~

RIDGEWOOD VS

Demerest H.S.

DATE 7 May 1973

WEATHER Sunny - Warm - Breezy

TRACK CONDITIONS Good

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	Hogan	D.H.S.	Fileti <sup>19.0?</sup>	18.6 <sup>?</sup>	6	3
100 yard dash	D.H.S.	Woods <sup>13.8</sup>	De Wagner		4	5
1 mile run	d'Elia	Van Praagh <sup>6:32</sup>	Sefick <sup>6:37</sup>	6:18	9	0
440 yard relay	Ridgewood	Hogan Whelan DeYoe Wagner D.H.S.		57.6	5	0
440 yard dash	Latham	Hiller <sup>68.5</sup>	DeYoe <sup>69.1</sup>	67.8	9	0
880 yard run	Hallerbach	Leach <sup>3:00</sup>	D.H.S.	2:54	8	1
220 yard dash	Green	D.H.S.	Cortazzo	30.0	6	3
880 yard relay	Ridgewood	Green Whelan DeYoe Hiller D.H.S.		2:00.9	5	0
sprint medley relay	Ridgewood	De Haven Green Cortazzo V. Wagner D.H.S.		2:10.4	5	0
shot put	Jones	Van Praagh <sup>25'4"</sup>	D.H.S.	26'8"	8	1
discus	DeYoe	Holsten <sup>75'5 1/2"</sup>	Hiller <sup>71'0"</sup>	89'1"	9	0
Long jump	De Haven	KURAMOTO De Nardo	13'10" 13'11"	14'5"	9	0
high jump	Donovan	De Haven Sayers	Sayers De Haven	4'5 3/4"	9	0
FINAL SCORE					92	13

RIDGEWOOD VS DEMEREST

Rebholty 19.0 Sayers 20.4 McCurry 20.5 Comis 21.0 Atkin 25.4

N. Davis ? Meek 14.5

Prescott 6:55

V. Wagner 69.4 , Hansen 71.1

Sisco 3:03 , McBride 3:04 , McCormick 3:21

Grady 31.5 , Foland 33.0 , Comis 33.6 , McCurry 34.2

Breitweiser 69'1" , D. Nardo 52'6 1/4"

Meek 12'8 1/2"

RIDGEWOOD

VS

Wayne Valley

DATE

5-17-73

WEATHER

Good - sunny mix

TRACK CONDITIONS

Good - fast for R.

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	W.V. 5 17.6	W.V. 3 18.4	Mary Beth 18.7	17.6	1	8
100 yard dash	W.V. 5 12.3	W.V. 12.4	From 12.5	12.3	6	3
1 mile run	W.V. 6:06.1	Sandy 6:21.1	Kate 6:30.6	6:06.1	4	5
440 yard relay ✓	W.V. 5 56.3	RID. 0 56.8		56.3	0	5
440 yard dash	W.V. 63.8	Green 1:05.1	Vicky 1:07.5	1:03.8	4	5
880 yard run	Cindy * 2:48.4	W.V. 2:56.8	RID. Leach 2:59.3	2:48.4	6	3
220 yard dash	Candy 28.9	W.V. 29.6	Messy 30.3	28.9	6	3
880 yard relay ✓	RIDGEWOOD 5 1:57.8	W.V. 0 2:07.4		1:57.8	5	0
sprint medley relay ✓	RIDGEWOOD 5 2:08.8	W.V. 0 2:32.1		2:08.8	5	0
					37	32
shot put	W.V. 29' 9"	W.V. 29' 5 1/4"	27' 1 1/4" JONES	29' 9"	1	8
discus	DAVIS (WV)	COHEN (WV)	89' 3 1/2" 88' 7 1/4" HOLSTEN	89' 6 1/2"	1	8
Long jump	DONIGAN	DE HAVEN	14' 5 1/4" 14' 2 3/4" SAYERS	15' 4 1/2"	4	5
high jump	Four way tie - 9 pts. divided evenly between 4 jumpers. 2 were from W.V. - 2 from RID. Helm, Davis (WV) and Sayers, Donovan (R)			4' 6"	4 1/2	4 1/2
					47 1/2	57 1/2

\* Nancy Reed 2:53.1 (W.V.)

FINAL SCORE

Incorrectly scored - should have been 9-0 in Favor of W.V.!

43 - 62

JV

19.0 1st W.V.  
 19.1 2nd W.V.  
 20.1 3rd Rid.  
 20.8 4th Rid.

Hurdles  
 13-931

12.4 1st W.V.  
 12.8 2nd W.V.  
 13.3 3rd W.V.

100 yd

J.V.

880. run.

Nancy  
 Sue Mc.

2.53.8 really came in 2nd place  
 3.05.1

Cindy Rehholtz  
 Hogan

5<sup>TH</sup> in Hurdles 18.8  
 4<sup>TH</sup> probably 18.8

Foland - 440 - 83  
 Davis - " - " "

Mary Seifich - 6:33.8 mile 4<sup>TH</sup>  
 Rhonda VanPraagh 6:40.0 mile 5<sup>TH</sup>

Sue Cortazzo - 31.5 220 4<sup>TH</sup>

NON SCORING

H.J. - DORSEY 4'0"  
 SHOT - VANPRAAGH 24'10 1/2"  
 DRISCOLL 25'9"  
 RANGE 23'9 1/2"  
 DISCUS - HILLER 68'9"  
 DEYOE 87'4"  
 BREITWEISER 76'3 1/2"

LONG JUMP -

SUAREZ 13'3 3/4"  
 KURAMOTO 12'10 1/2"  
 DINARDO 12'9 1/4"

RIDGEWOOD VS B.F. vs G.W.

DATE 18 May 1973

Triangular meet:  
Points as follows

1<sup>ST</sup> = 5  
2<sup>ND</sup> = 3  
3 = 2  
4 = 1

WEATHER Cool Overcast

TRACK CONDITIONS Slow

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.	BF	GW
110 yard low hurdles	BF 20.2 McCurry (R)	GW 20.4 Gail Stevens	Diann O'Connell	5	4	2		
100 yard dash	BF 13.3 Terri Davis	R 13.8 D. Wagner	GW 14.4 Diann O'Connell	3	6	2		
50 YARD DASH <del>100 YARD DASH</del>	B.F. 7.5 Terri Davis	BF 7.5 Pattie Veron	GW 7.6 Mary Cooper	1	8	2		
440 yard relay	R.H.S. 61.1	B.F. 65.1	GW 65.5	5	3	0		
440 yard dash	BF 74.6 Georgia Buck	GW 74.9 Suzanne Ross	R 76.7 Sue McBride	2	6	3		
880 yard run	GW 2:45.9 Kelly Hudson	GW 3:00.0 Patty Ackerman	BF 3:09.6 Barber Stover	0	2	8		
220 yard dash	(GW) 30.5 Mary Cooper	BF 30.8 Patty Veron	R 32.4 D. DiNardo	2	4	5		
880 yard relay								
sprint medley relay								
shot put								
discus								
Long jump	13' 7" Terri Davis (BF)	13' 3/4" Mary Cooper (GW)	(RHS) 13' 1/2" Denise DiNardo	2	6	3		
high jump	Dinflunt (BF)	Perron BF Ackerman GW		1/3	7/6	2 5/6		
FINAL SCORE					20 1/3	46 5/6	27 5/6	





N.J.S.I.A.A. Girls' Track and Field  
Group Champions 1973

Division A

Team Scores - Jackson Twp. 2	Holy Cross 4	Princeton 10 1/2
Lakewood - 2	Battin 4	Franklin Twp. 18
Wayne Hills - 2	Colonia 4	Montclair 20
Red Bank 3	New Brunswick 4	Toms River South 20
Toms River North 3	Piscataway 6	Nutley 21
Ridgewood 3	Plainfield 7	Monmouth Regional 29
Roxbury 3	Rancocas Valley 7	Matawan 35 1/2
Pennsauken	Wayne Valley 7	
	Woodbridge 7	

110yd. low hurdles

- |  |                                  |
|--|----------------------------------|
| 1. Michelle Bressant - Woodbridge - 15.4 | 4. Sue Donato - Pennsauken 16.1  |
| 2. Pam Daves - Plainfield - 15.7         | 5. Kim Etzold - Woodbridge 16.4  |
| 3. Carolyn Bucco - Matawan - 16.0        | 6. Karen Herzog - Princeton 16.6 |

100yd. dash

- |  |                                       |
|--|---------------------------------------|
| 1. Charlotte Walker - Matawan 11.2     | 4. Ruth Jackson - Franklin Twp. 11.8  |
| 2. Hazel Lucas - Montclair 11.5        | 5. Yvonne Smith - Monmouth Reg. 11.9  |
| 3. Iris Gilliam - Rancocas Valley 11.7 | 6. Darcy Honeycutt - Wayne Hills 12.0 |

220yd. dash

- |                                      |                                       |
|--------------------------------------|---------------------------------------|
| 1. Charlotte Walker - Matawan 25.1   | 4. Elizabeth Gleason - Monmouth 26.3  |
| 2. Diane Virgil - New Brunswick 25.9 | 5. Rebecca Blair - Franklin Twp. 26.4 |
| 3. Doreen Ennis - Nutley 26.2        | 6. Cynthia Blake - East Orange 26.6   |

440yd. dash

- |                                      |                                     |
|--------------------------------------|-------------------------------------|
| 1. Doreen Ennis - Nutley 58.1        | 4. Edye Hartman - Wayne Valley 61.2 |
| 2. Marie Clough - Franklin Twp. 59.5 | 5. Kathleen Gleason - Monmouth 61.4 |
| 3. Sue Konecny - Monmouth 60.6       | 6. Jane Green - Ridgewood - 61.6    |

880yd. run

- |  |   |
|--|---|
| 1. Mary Albright - Nutley 2:22.04      | 4. Maureen Schraeder - Franklin Twp. 2:27.2 |
| 2. Kathy Woodbridge - Princeton 2:25.0 | 5. Kathy Jorg - Matawan 2:31.4              |
| 3. Janet Kronick - 2:27.1              |   |

1 mile run

- |   |   |
|---|---|
| 1. Carol Conlon - Nutley 5:24.9           | 4. Leslie Drake - Wayne Valley 5:36.6       |
| 2. Sharon Fitzpatrick - Holy Cross 5:33.9 | 5. Cathy Christman - Rancocas Valley 5:38.9 |
| 3. Diane Westover - Princeton 5:34.0      |   |

440yd. relay

- |  |
|--|
| 1. Montclair - B.Williams, S.Turner, Y.Keyes, K.Barber 51.7                |
| 2. Monmouth Regional - Y.Smith, B.Mitchell, I. Gradington, S.K.Smith 51.8  |
| 3. Rancocas Valley - BJ Bowker, L.Lee, I.Gilliam, S.Thomas 52.2            |
| 4. Toms River North - L.Stevens, C.Moreland, L.Maccauley, C.Lundquist 52.8 |
| 5. Matawan - L.Altinger, J.Norbut, Y.Alexander, D.Parrish 52.9             |

880yd. relay

- |   |
|---|
| 1. Monmouth Regional - D.Cogan, S.Konecny, I.Gradington, L.Gleason 1:47.0 |
| 2. Montclair - B.Williams, S.Turner, J.Keyes, K.Barber 1:49.2             |
| 3. Plainfield - J.Hall, J.Calhoun, L.Shell, C.Johnson 1:49.3              |
| 4. Franklin Twp. - L.Svensed, R.Jackson, W.Jackson, R.Blair 1:49.4        |
| 5. Matawan - L.Altinger, S.MacPherson, Y.Alexander, D.Parrish 1:51.3      |
| - Princeton - K.Herzog, D.Bullock, G.McFuin, K.Winn 1:51.3                |

TIE

Division A

880yd. medley relay

1. Monmouth Regional - D.Cogan, SK Smith, M. Wilson, K.Gleason 1:54.0
2. Franklin Twp. - W.Jackson, L.Bramwell, B.Schneider, M. Clough 1:54.4
3. Ridgewood - M.Hiller, F.Whehan, C.DeYoe, C.Latham 1:56.6
4. Toms River South - D.Banasiak, S.Ault, A.Mitchell, K.Reabold 1:56.7
5. Toms River North - M.Manganello, C.Lundquist, J.Snedeeke, L.Stevens 1:59.7

Shot Put

1. Martha Suhayda - Matawan 38'5"
2. Rhonda Peterson - Toms River South 38'3"
3. Vera Smith - Piscataway 35'9 1/2"
4. Gina Long - Lakewood 35'11 1/2"
5. Kathy Flores - Monmouth 34'4"
6. Joselynn Bowers - Linden 32'4"

Discus

1. Martha Suhayda - Matawan 114'6"
2. Robin Crudup - Battin 113'11"
3. Holle Cohan - Wayne Valley 101"
4. Cheryl Matley - Franklin Twp. 100 1/2"
5. Maggie McMenamin - Jackson 98'8"
6. Rhonda Peterson - Toms River South 97'

Javelin

1. Annette Luthringer - Toms River South 137'6"
2. Cathy Flores - Monmouth 129'6"
3. Grace McEwin - Princeton 116'6"
4. Gina Robinson - Toms River South 110'
5. Robin Machin - Jackson 106'8"
6. Dalthea Brown - Neptune 98'10"

High Jump

1. Charlotte Walker - Matawan 4'10"
2. Joanne Covington - Colonia 4'10"
3. Debbie Holden - Red Bank 4'9"
4. Lucy Jenkins - Toms River South 4'8"
5. Tina Lopez - Piscataway 4'8"

Long Jump

1. Hazel Lucas - Montclair 16'5 1/4"
2. Lucy Jenkins - Toms River South 15'83/4" TIE
3. Audrey Kotar - Roxbury 15'5"
4. Darcy Honeycutt - Wayne Hills 15'2"
5. Imela Gradington - Monmouth 14'8 1/4"
- Joanne Taylor - Holy Cross 14'8 1/4"

Division B

Team Scores - Hightstown 1

- Pequannock 1
- DePaul Diocesan 2
- Freehold Twp 2
- Kinnelon 2
- Roselle Park 2
- West Morris Central 1

Jefferson Twp. 4

- West Morris Mendham 5
- Hanover Park 6
- Hopewell Valley 6
- Point Pleasant Beach 6
- Woodbury 6
- Butler 7
- West Morris Mount Olive 7

Boonton 8

- Manalapan 14
- Mater Dei 19
- Delaware Valley 20
- Bernards 21
- Red Bank Catholic 33
- Shore Regional 42

## Division B

### 110yd. low hurdles

- |  |  |
|--|--|
| 1. Louise Lund - Shore Reg. 16.3                 | 4. Mary Grawl - Freehold 16.5                  |
| 2. Leslie Romano - Mater Dei 16.4                | 5. Mary Dockery - Delaware Valley 16.8         |
| 3. Debbie Koehler - West Morris Mount Olive 16.5 | 6. Elizabeth Eppler - West Morris Mendham 16.9 |

### 100yd. dash

- |                                     |   |
|-------------------------------------|---|
| 1. Vonnie Coker - Woodbury 11.5     | 4. Pat Seaman - Red Bank Catholic 11.9    |
| 2. Elizabeth Young - Manalapan 11.7 | 5. Ann Farnham - West Morris Mendham 11.9 |
| 3. Susan Berg - Bernards 11.8       | 6. June Snook - Delaware Valley 12.0      |

### 220yd. dash

- |                                     |   |
|-------------------------------------|---|
| 1. Elizabeth Young - Manalapan 26.1 | 4. Sue Hawkins - Kinnelon 27.3          |
| 2. Sandi Ugi - Delaware Valley 27.0 | 5. Donna Tappin - RedBankCatholic 27.4  |
| 3. Diane Chapman - Shore Reg. 27.0  | 6. Kathy Dwyer - Red Bank Catholic 27.6 |

### 440yd. dash

- |   |  |
|---|--|
| 1. Marian Lawlor - Mater Dei 60.5       | 4. Theresa McGrath - St. Joseph's 63.0     |
| 2. Jackie Schmidt - Boonton 60.7        | 5. Linda Miller - West Morris Central 64/2 |
| 3. Sharon Sloyer - Delaware Valley 61.0 | 6. Laurie Fonda - Bernards 65.0            |

### 880yd. run

- |   |  |
|---|--|
| 1. Sue O'Hara - Point Pleasant Beach 2:25.6 | 4. Mary McCue - RedBankCatholic 2:29.5 |
| 2. Sharon McCabe - RedBankCatholic 2:26.5   | 5. Nancy Horst - Pequannock 2:31.4     |
| 3. Kathy Kolarsick - RedBankCatholic 2:27.4 | 6. Gale Thomson - Dover 2:32.4         |

### Mile Run

- |  |   |
|--|---|
| 1. Hillary Noden - Hopewell Noden 5:23.3       | 4. Mary Gallagher - Roselle Park        |
| 2. Betsy Cangialosi - Red Bank Catholic 5:26.3 | 5. Jeannette Sasson - Red Bank Catholic |
| 3. Sara Erb - Jefferson Twp. 5:29.4            |   |

### 440yd. relay

1. Delaware Valley - B.Penvak, S.Ugi, J.Snook, M.Dockry 52.0
2. Bernards - D.Colantano, C.Nardone, C.Rochat, L.Nardone 52.3
3. Shore Regional - K.Rock, K.DiSante, D.Obach, T.Ferguson 52.9
4. West Morris Mendham - A.Farnham, W.Cole, K.Bache, L.Lorenzoni 53.2
5. Red Bank Catholic - K.Tracey, J.Fahoury, R.Byrne, H.O'Hearn 53.6

### 880yd. relay

1. Bernards - S.Berg, C.Nardone, L.Nardone, C.Rochat 1:49.5
2. Shore Regional - D.Chapman, L.Lund, K.DiSanti, K.Stone 1:50.6
3. Red Bank Catholic - D.Tappin, K.Dwyer, J.Alter, J.Hedberg 1:51.3
4. Delaware Valley - S.Hurst, P.Miller, S.Sloyer, S.Seafoss 1:54.6
5. Jefferson Twp. - A.Kennedy, K.Mezzaros, C.Bishop, S.Sturke 1:55.4

### 880yd. medley relay

1. Mater Dei - L.Romano, H.Glowenski, S.Quinn, M.Lawlor 1:57.2
2. Boonton - T.Kroboth, C.Froumy, T.Carter, J.Schmidt 1:57.7
3. Red Bank Catholic - K.Tracy, P.Seaman, J.Alter, J.Hedbert 1:58.2
4. St. Joseph's - K.Eister, S.Peake, M.Carnevale, T.McGrath 1:59.5
5. Bernards - A.Mitterando, S.Wolfe, D.Colantano, L.Fonda 1:59.8

Shot Put

- 1. Cheryl Stohr - Hanover Park 41'5"
- 2. Ann Usinowicz - Butler 34'9"
- 3. Sandy Quackenbush - Shore Reg. 34'4"

- 4. Eileen Kondig - St. Joseph's 34'
- 5. Debbie Bishop Dolanera Talley - 33'01"
- 6. Maria Alonso - St. Joseph's 31'41/2"

Javelin

- 1. Judy Sagar - Shore Reg. 97'51/4"
- 2. Coleen Rafter - RedBankCatholic 97'2"
- 3. Michela Barber - Butler 95'1"

- 4. Maria Alonso - St. Joseph's 94'03/4"
- 5. Eileen Kondig - St. Joseph's 94'3/4"
- 6. Tammy Tunison - Highland Park 87'51/2"

Javelin

- 1. Kathy Leslie - Shore Reg. 124'7"
- 2. Karen Fox - Manalapan - 112'
- 3. Nancy Nielson - RedBankCatholic 109'8"

- 4. Ann Halton - Red Bank Catholic 107'11"
- 5. Theresa Mitterando - Bernards 106'11"
- 6. Nancy Kirman - Shore Reg. 105'17"

High Jump

- 1. Kathy Leslie - Shore Reg. 5'1"
- 2. Cindy Berkams - West Morris Mount Olive 4'11"
- 3. Sandi Ugl - Calmar Valley - 4'11"

- 4. Helen Stell - Delbarton 4'10"
- 5. Sandy Quackenbush - Shore Reg. 4'9"

Long Jump

- 1. Claire Rochaf - Bernards 16'43/4"
- 2. Kathy Leslie - Shore Reg. 16'11"
- 3. Marlan Lawler - Mater Dei 14'91/4"

- 4. Kathy Mosher - West Morris Mendham 16'
- 5. Corrine Davyak - Nightstown 13'101/2"

BEST TRACK AND FIELD PERFORMANCES OF THE

GROUP CHAMPIONSHIPS - NJSTAA

110yd. low hurdles - Michele Brassant - 15.4

Division A - Mt. Airy

100yd. dash - Charlotte Walker - 11.2

Division A - Matawan

220yd. dash - Charlotte Walker - 25.0

Division A - Matawan

440yd. dash - Doreen Ennis - 58.11

Division A - Nutley

880yd. run - Mary Albright - 2:22.04

Division A - Nutley

Mile Run - Hillary Noden - 5:23.3

Division B - Hopewell Valley

440yd. relay - Montclair - B. Williams, S. Turner, Y. Keyes, K. Barber

Division A - 51.7

880yd. relay - Monmouth - D. Cogan, S. Konecny, I. Gradington, L. Gleason

Division A - 1:47.0

880yd. medley relay - Monmouth - D. Cogan, S. Smith, M. Wilson, K. Gleason

Division A - 1:54.0

Shot Put - Cheryl Stohr - 41'51/2"

Division B - Hanover Park

Javelin - Martha Suhayda - 114'6"

Division A - Matawan

Javelin - Annette Luthringer - 137'5"

Division A - Toms River South

RIDGEWOOD VS

Wayne Hills

DATE

24 May

WEATHER

TRACK CONDITIONS

All Weather Track

Under Center

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	Hogan 17.4	Fileti 18.4	Rehbolty 19.3		3	6
100 yard dash	Hiller 12.3	Woods 12.9	D. Wagner 13.2		1	8
1 mile run	McCormick	Stewart Van Praagh	Please See me	Let's	4	5
440 yard relay	Hogan, Whelan, DeYoe	58.5	Latham	Why are you always slow after school, cuz?	0	5
440 yard dash	Green 1:22 / 62.6	Wagner 64.6	Hallenbach See me also the 440		8	1
880 yard run	d'Elia 2:36.2	Hansen 2:57	Reed		5	4
220 yard dash	Latham	Grady	De Haven		8	1
380 yard relay	Hiller, Whelan, DeYoe	Green	<del>Wagner</del>		5	0
sprint medley relay	V. Wagner	Woods, Grady, Fileti			0	5
					34	35
shot put	Jones	Driscoll	Van Praagh		1	8
discus	DeYoe	Holsten 14'4"	Breitweiser		8	1
Long jump	De Haven 4'7"	Sayers 4'8"	Kuramoto	5'10 1/4	1	8
high jump	Donovan	Sayers	De Haven		8	1
					52	58
		11-2	FINAL SCORE			

Pat Ehrhardt 764-4481

Hill

RIDGEWOOD VS. WAYNE HILLS

	440	880	1320	mil
Sandy: 88	3.01	442	6:16.1	
Rhonda: 86	3.04	440	6:14.0	
Kate: 87	3.05	446	6:24.1	

Hogan  
Fran  
Kathi  
Kandice

Wagne 229.9

woods - 27.5

Fileti - 204.1

Hill

Hogan

Green

66.6

bottom

Hill

W. Wagner

Wagner

Hogan

Green

Hill

W. Wagner

Wagner

Hogan

Green

Hill

W. Wagner

Wagner

Hogan

Green

Hill

W. Wagner

Wagner

Hogan

Green

Hill

W. Wagner

11-5





# Long Branch Relays

4x100 relay 3<sup>rd</sup>

FIRST MEDALS

Wagner 68

Latham 64.9

Hiller 66.4

Green 67.9

4:27.2

4x220

3<sup>rd</sup> in Heat 1:59.7 (vs 2:00.1)

4x100 relay

2<sup>ND</sup> IN HEAT 10<sup>TH</sup> OVERALL

54.8

1 7/8 mile Medley

SPLITS

TIME + PLACE N.A.

## NORTH A SECTIONAL champs -

110 HURDLES

NANCY HOGAN 18.4

LINDY RESHOLTE 19.0

100

MARY WOODS 12.9

MILE

RHONDA VAN PRAAGH - 6:17.4

MARY SEFICK - 6:21

220

CANDIE LATHAM 28.3

CATHY DEYOE 28.7

MARY HILLER 28.1

880

ERICA D'ELIA 2:38.1

LINDY HANSEN 2:42.5

CATHY HALLERBACH 2:51.1

440

JANE GREEN 62.1

VICKI WAGNER 64.0

MARYBETH FILETTI 66.1

880 MEDLEY RELAY

HILLER, WHELAN, DEYOE

GREEN, WAGNER, LATHAM

?

440 RELAY

WOODS, HOGAN, GREEN

WHELAN, DEHAVEN, GRADY

55.1

880 RELAY

GRADY - CORTAZZO, DEHAVEN

HILLER, GREEN, WAGNER

1:55.3

DISCUS

MARY HILLER

BARB JONES

CATHY DEYOE 4<sup>TH</sup>

SHOT

MAJREEN RAMSE

BARB JONES

JAVELIN

ERICA D'ELIA

RHONDA VAN PRAAGH

BARB JONES

HIGH JUMP

JOAN DEHAVEN

PAT DONOVAN

MARY SAYERS

LONG JUMP

LINDA KURAMOTO

JOAN DEHAVEN

## NJSIAA GIRL'S TRACK GROUP CHAMPIONSHIP

MAY 26<sup>TH</sup> - OCEAN TWP. H.S.

440 - JANE GREEN

880 MEDLEY RELAY HILLER, WHELAN, DEYOE, LATHAM

3<sup>RD</sup> PLACE

DISCUS - CATHY DEYOE



**Track & Field Results**  
**Scanned by Jacob Brown**