

**RIDGEWOOD
TRACK
&
FIELD**

1974

**SEASON
SUMMARY**

1974 GIRL'S TRACK AND FIELD

1. HARD work will make us a GREAT team this year.
 2. All school records will be broken.
 3. Anyone who looks cold will not be allowed to practice. Sweat suit (double top on cold days), gloves, and a hat are necessary.
 4. Four (4) days per week of practice are required. I'm here 6, Monday to Saturday, you must come 4. Anyone who really wants to do their best will come 6 days.
 5. Read the bulletin board everyday!
 6. I must have uniform orders by March 13th.
Cash in advance: shirt \$3.00
 short \$2.00
- Girls without uniforms will compete in their gym suits. You are encouraged to buy a good pair of running shoes. Addias, Tiger, and Nike have some good models.
7. Practice is required during spring vacation. Those going on a vacation must clear their absence with me. They must also practice on their own. *will not automatically approve it.*
 8. Learn correct track etiquette. Both boys and girls teams will make for mass confusion unless we know how to share the track. *elaborate*

schedule

Monday 4 March	3:30	Begin practice for all distance runners.
	4:30	Begin practice for all high jumpers
Tuesday 5 March	4:30	Begin practice for all shot putters.
Monday 11 March	3:30	Begin practice for the entire team.
saturday 9 March	9:00 am to 3:30 pm	Track and field Clinic at Bergen Tech.
wednesday 13 March		Last day for uniform money.
wednesday 3 April*		Time Trials
wednesday 10 April*		Maroon and white Intersquad meet
		*subject to change in case of weather
Monday 15 April	3:45	3rd annual milk shake relay.
Thursday 18 April		Elmwood Park Home
Thursday 25 April		Montclair Home
Friday 3 May		Northern Valley Demarest Home
Monday 6 May		Northern Valley Old Tappan Away
Wednesday 8 May		Wayne Valley Away
Tuesday 14 May		Wayne Hills Home
		Paramus Catholic Date is not set yet.
Saturday 18 May		STATE SECTIONALS
Saturday 25 May		STATE GROUPS
		Dates for several other saturday meets are yet to be determined.

Ridgewood High School Girls Track Team

Season Summary 1974

Duel Meets	RHS 75	Montclair H.S.	33
Won 4	RHS 72	Old Tappan H.S.	37
Lost 1	RHS 59	Wayne Valley H.S.	50
	RHS 50	Wayne Hills H.S.	59
	RHS 80	Paramus Catholic	27

Holmdel Relays - 880 relay 3rd in Division
Mile relay 1st in Division
Distance Medley 1st in Division

Red Bank Catholic Relays - 2 mile relay 1st (possible national record)
4 mile relay 2nd

Long Branch Relays -

~~#~~ Beagen County Champions - Kandie Latham, Jane Green,
Nancy Reed, Rene DuFlon, Mile Relay
were county champions.

North A Sectional Championship - Co-Champion 22 points

State Group A Championship - 6 points

State Meet of Champions - 8 points tie for 6th

Jane Green - State 880 Champion

Summary of Best Individual Performances:

100 yard dash

Mary Cooper 12.4
 Teri Davis 12.6
 Melanie Bishop 13.4
 Donna Foland 14.1
 Cyndi Leber 14.2

220 yard dash

Kandie Latham 28.3
 Teri Davis 28.8
 Mary Sayers 30.1
 Mary Cooper 30.4
 Cyndi Leber 31.1
 Carol Antonaci 32.2
 Donna Foland 32.7
 Sue Behr 33.8

440 yard Dash

Kandie Latham 59.5
 (59.1_r)
 Jane Green 62.1 (60.7_r)
 Cathie DeVoe (62.8_r)
 Cyndi Hansen 64.3
 (64.1_r)
 Mary Cooper (65.7_r)
 Diana Wagner 68.7 (66.9_r)

880 yard Run

Jane Green 2:20.8 (2:19.3_r)
 Kandie Latham (2:21.0_r)
 Cyndi Hansen 2:25.4
 Nancy Reed 2:36.8
 Cathy Hallerbach 2:47.5
 Maureen Ramge 2:54.0
 Carol Antonaci 2:56.0
 Liny Ege 3:06.5

Melanie Bishop 34.1
 Liny Ege 34.2

Dee Dee Sheedy (68.0_r)
 Carol Throckmorton 69.5
 (68.6_r)
 Mary Sayers 71.3
 Mary Sue Weir (70.2_r)

1 Mile Run

Nancy Reed 5:38.8
 Jane Green 5:39.3
 Jean Leach 5:44.0
 Cathy Hallerbach 5:58
 Nancy Wise 6:22_r
 Mary Sefick 6:24_r
 Bonnie Fendrock 7:56.5

Carol Antonaci (75.3_r)
 Cindy Leber (75.7_r)
 Liny Ege 77.0

2 Mile Run

Nancy Reed 13:19
 Mary Sefick 13:53
 Nancy Wise 14:31.0
 Bonnie Fendrock 17:24.1

110 yard Hurdles

Mary Sayers 16.8
Carol Throckmorton 20.2
Sue Crowe 20.9
Carol Antonacci 21.3
Liz Ege 21.7

SHOT PUT

Rene DuFlon 31'9"
Nancy Fenn 29'9"
Martha Lamarre 28'8"

Discus

Cathie DeYoe 102'6"
Rene DuFlon 83'8"
Martha Lamarre 79'9"
Judy Paffendorf 70'3"
Nancy Fenn 68'3"

Long Jump

Mary Sayers 15' 5 1/2"
Cathie DeYoe 14' 11 1/4"
Mary Cooper 14' 9 1/2"
Teri Davis 14' 8 1/4"
Nancy Fenn 13' 4"
Diana Wagner 12' 7 1/4"

High Jump

Mary Sayers 5'2"
Rene DuFlon 4'10"
Bonnie Fendrock 4'0"

Points Scored:

Mary Sayers	58		
Rene DuFlon	58		
Kandie Latham	43 $\frac{3}{4}$		
Jane Green	43		
Cathie DeYoe	37 $\frac{1}{2}$		
Mary Cooper	32 $\frac{1}{2}$		
Nancy Reed	30		
Cyndi Hansen	27		
Mary Sefcik	16		
Jean Leach	14		
Cathy Hallertach	11		
Nancy Wise	10		
Teri Davis	9		
Diana Wagner	8 $\frac{1}{2}$		
Martha LaMarre	8		
Carol Throckmorton	5 $\frac{1}{2}$		
Mary Sue Weir	4 $\frac{1}{2}$		
Nancy Fenn	4		
Bonnie Fendrock	3	Melanie Bishop	1 $\frac{1}{4}$
Dee Dee Sheedy	1 $\frac{3}{4}$	Judy Paffendorf	1
Cindy Leber	1 $\frac{1}{4}$	Sue Crowe	1
Carol Antonacci	1 $\frac{1}{4}$	Donna Foland	1

RIDGEMOOD HIGH SCHOOL GIRL'S TRACK TEAM

SCHOOL RECORDS

100 YARD DASH	12.2 sec.	Sheila Judge	1972
220 YARD DASH	28.0 sec	Mary Hiller Kandie Latham	1973
440 YARD DASH	59.5 sec	KANDIE Latham	1974
880 YARD RUN	2:20.8	Jane Green	1974
1 MILE RUN	5 min 38.8 sec	Nancy Reed	1974
2 MILE RUN	13 min 19.0 sec	Nancy Reed	1974
110 YARD HURDLES	16.8 sec.	Mary Sayers	1974
HIGH JUMP	5 ft. 2 in	Mary Sayers	1974
LONG JUMP	15 ft 5 1/2 in	Mary Sayers	1974
SHOT PUT	31 ft 9 in	Rene DuFlon	1974
DISCUS	102 ft 6 in	Cathie DeYoe	1974
4X 110 yard Relay	54.6 sec	Green/Latham/DeYoe/Hiller	1973
4X 220 yard relay	1 min 55.3 sec	DeHaven/Green/Grady/V. Wagner	1973
4X 440 yard relay	4 min 16.9 sec	DeYoe/Cooper/D. Wagner/Latham	1974
4X 880 yard relay	9 min 46.3 sec	Latham/Reed/Hansen/Green	1974
4X 1 mile relay	25 min 11.3 sec	Leach/Sefcok/Wise/Hallerbach	1974
Sprint Medley relay (220-110-110-440)	1 min 56.5 sec	Hiller/Whelan/DeYoe/Latham	1973
Distance Medley Relay (880-440-220-1 mile)		Hansen/Sayers/Cooper/Green	1974

RIDGEWOOD FIELD TRACK RECORDS

100	11.4	Vanesa Hugley	SKEETERS T.C.	7/10/74
220	26.8	Hazel Lucas	Montclair H.S.	4/25/74
		Jackie Schmidt	C.J.T.C.	7/10/74
		Gloria Gooden	E.C.A.C.	7/3/74
440	59.6	Jackie Schmidt	C.J.T.C.	6/26/74
880	2:29.8	Jane Green	Ridgewood H.S.	4/25/74
1 mile	5:39.5	Pat Conlon	Nutley T.C.	6/26/74
2 mile	12:03.3	Jane Green	Skeeters T.C.	6/26/74
110 yard Hurdles	16.6	Debbie Deutsch	Shore A.C.	7/10/74
Shot	31'6"	Barb Brown	Piscataway T.C.	6/26/74
Discus	101' 8 $\frac{1}{4}$ "	Cheryl Smith	Piscataway T.C.	6/26/74
High Jump	5'3"	Becky Deety	B.F. Jr. H.S.	
Long Jump	15'7 $\frac{3}{4}$ "	D'Arcy Honeycutt	UNATTACHED	7/3/74



The athlete is blessed.

Her line is clear cut.

The time of decision for her is absolute.

She faces it again and again and her feelings are real.

There is a total awareness to the full scale of emotions all the time.

No one has to tell her what to feel.

She experiences it!

This experience, this feeling is worth all of her brutal effort and dedication.

" THE ODDS ARE AGAINST ANYONE WINNING.

THE ODDS ARE AGAINST YOU FROM THE WORD GO.

IF IT WAS COMMONPLACE TO WIN,

IT WOULDN'T BE WORTH IT.

IT IS NOT EASY TO WIN.

THAT IS WHY IT'S WORTH TRYING TO DO. "

DAVE BEDFORD

WORLD RECORD HOLDER 10,000 m.

RIDGEWOOD VS

TIME TRIALS

DATE 17 APRIL

WEATHER SUNNY WARM

TRACK CONDITIONS Good. (Fast for RidgeWood)

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	^{yeah} SAYERS 17.4	^{yeah} THROCKMORTON 21.6	Ege 22.3		ANTONAEI	22.4
100 yard dash	DAVIS 13.0	BISHOP 13.8	FOLAND 14.0		LEBER	14.4
1 mile run	^{yeah} REED 5:52.4	LEACH 6:23.8	HALLERBACH 6:31.0			
440 yard DASH	^{yeah} LATHAM 63.9	^{yeah} SHEEDY 68.6	ANTONCEI 77.9			
440 yard RELAY	FENN FOLAND BISHOP	WEIR ^{yeah}		59.6		
880 yard run	2:31.3 GREEN ^{yeah}	2:37.4 HANSEN ^{yeah}	3:02.8 RAMGE			
220 yard dash	^{yeah} COOPER 29.1	DAVIS 30.0	WEIR 32.5		BEIR	33.6
1 MILE RUN 2 MILE RUN	WISE 15:03	^{yeah} SEFICK 15:10.6				
1 MILE RELAY MILE relay	COOPER - 73.1		Leber - 82.9			
	DEYOE - 72.1		DAVIS - 78.8			
	THROCKMORTON - 76.8		MICHAEL - 84.5			
	LATHAM - 68.7	4:50.7	Ege - 81.9	5:28.1		
shot put	25' 1 3/4" NANCY FENN	24' 6 1/4" MARTHA LAMARRE	21' 1/4" JUDY PAFFENDORF		AUDREY ZYLSTARA	20' 6 1/2"
discus	92' 4 3/4" DEYOE	70' 7" PAFFENDORF	65' 10 3/4" FENN		LAMARRE	ZYLSTRA
Long jump	14' 9 1/2" SAYERS	14' 3 1/2" COOPER	13' 11" DAVIS	13' 1 1/2" DEYOE	11' 2" LEBER	10' 3 1/4" ANTONANCI
high jump						

FINAL SCORE

VERY GOOD EFFORTS YESTERDAY ON EVERYONE'S PART. I LOVE YOU ALL.

HOLMDEL HIGH SCHOOL

FIRST ANNUAL RELAYS

880 yd Relay 2 heats 6 fastest to final

Heat #1	Paul VI	2:02.8
	Edison	2:05.5
	Ridgewood	2:07.3
	Cherry Hill E.	2:09.7
	Hoboken (B)	2:31.6
Heat #2	East Orange	2:05.3 (disqualified)
	Middletown	2:05.5
	Plainfield	2:08.2
	Hoboken (A)	2:13.4
Final	1st Paul VI	2:02.3
	2nd Edison	2:04.8
	3rd Ridgewood	2:05.6
	4th Middletown	2:06.0
	5th Cherry Hill E.	2:08.3
	Plainfield	2:09.4 (disqualified)

Mile Relay 2 heats final on time

Heat #1	1st Ridgewood (A)	4:34.0
	2nd Plainfield	4:44.5
	3rd Paul VI	4:49.0
	Hoboken	5:42.0
Heat #2	4th Ridgewood (B)	4:49.2
	5th Middletown	4:51.4
	Edison	4:51.6
	East Orange	5:02.0

Distance Medley 1 heat final on time

1st	Ridgewood	10:40.1
2nd	Paul VI	10:45.7
3rd	Middletown	11:07.5
4th	Linden	11:53.3
5th	Edison	11:54.3

RIDGEWOOD VS MONTCLAIR

DATE 25 APRIL

WEATHER _____

TRACK CONDITIONS _____

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	Dawny Black 17.5	Denise Howell 18.0	Mary Sawyer 18.1	17.5	1	8
100 yard dash	Clair Jackson 12.5	Davis 12.6	D. Fragies 13.0	12.5	3	6
1 mile run	Reed 5:55.2	Hallerbach 6:24.5	Ceraso 6:43.4	5:55.2	8	1
440 yard DASH	Latham 62.6	Howe 71.1	S. Wagner 77.9	62.6	6	3
440 yard RELAY	(M) 54.2	(R) 61.0		54.2	0	5
880 yard run	Green 2:59.8	Hansen 2:35.0	Valentine 2:51.	2:29.8	8	1
220 yard dash	Lucas 26.8	Davis 29.4	Cooper 30.4	26.8	4	5
1 MILE 2 MILE RUN	Sepik 14:56.7	Fendrock 17:24.1		14:56.7	8	0
1 MILE relay	4:41.1	5:09.3	Cooper DeVoe Throckmorton Latham	4:41.1	5	0
shot put	31' 1 3/4" DuFlon	26' 1/2" LaMarre	24' 11" Fenn	31' 1 3/4"	9	0
discus	88' 3/4" DeVoe	77' 1 1/2" DuFlon	70' 3" Paffendorf	88' 3/4"	9	0
long jump	Sayers 15' 1/4"	DeVoe 14' 11 1/4"	Davis 14' 8 1/4"	15' 1/4"	9	0
high jump	4' 9" DuFlon	montclair Wilson 4' 6"	montclair Boatwright 4' 4" 4' 9"		5	4
					75	33

110	Denise Howell 18	Mary Sawyer 18.1	3rd Ceraso 50.3
100	Dawny Black 17.5	21.4	21.7

FINAL SCORE

1st	2nd	3rd
Clair Jackson 12.5	Davis 12.6	D. Fragies 13.0

119
27
76

22 APRIL

MONTCLAIR

Non-Scoring Performances - MONTCLAIR

8 Throckmorton 20.3, Ege 21.7, Antonaci 21.4

2 Foland

Cannon DNF

Sheedy DNF

Range 2:54

Behr 33.8

WIFE
WIFE
WIFE

WIFE
WIFE
WIFE
WIFE

Zylstra 21' 1/4" Paffendorf 20' 9"

Fenn 64' 4 1/2" LaMarre 58' 2 1/2" Zylstra 52' 11 1/4"

Cooper 14' 7"

Fendrock 4' 0"

GIRL'S TRACK TEAM FARES WELL

3 May 1974

While some were bike-hiking their way through Vermont snowstorms and others Flamenco-danced in Spanish gypsy caves, the girl's track team, with fleet-footed ease, defeated Montclair High School, on April 25 at a home meet. The final score was a decisive 75-33.

In addition, two school records were broken. Sophomore Renee Duflon threw the discus 31 feet 1½ inches to break one. The second was a 2 minutes, 29.8 seconds half mile run by senior Jane Green.

Coach Brown said he was pleased with the good depth in the long-jumping squad of junior Cathy DeYoe, senior Mary Sayers, and sophomore Terry Davis, who together jumped over 14 feet 9 inches. Renee Duflon also placed first in the high jump by jumping 4 feet 9 inches.

The next meet will be this week at home against Demerest, which Mr. Brown feels isn't a serious threat. Several team members will sit out this match so they can rest for an interstate two mile relay race this Saturday at Monmouth College in Longbranch, New Jersey.

Ridgewood girls dominate meet

ELIZABETH — Ridgewood girls led the Bergen County showing in last night's State Junior Olympic track meet at Williams Field.

Eight Ridgewood girls qualified for the regional competition while Midland Park's Don Schmidt was the only Bergen boy to make it.

Jane Green and Cindy Han-

son finished one-two in the senior girls' (16-17) 880 while Mary Sayers won the high jump at 5-2 and Cathy DeYoe was second in the discus.

Beckey Deetz cleared 5-2 to win the intermediate girls' (14-15) high jump and Beth Granada was second. Linda Russell and Jeannette Stemley took the top two spots in the discus.

Schmidt clocked 53.5 for second place in the intermediate boys' 440, Mark Saner and Scott DeCandia of St. Joseph Regional each put the shot more than 59 feet, but placed third and fourth. Bayonne's Jan Pyka and Union's Ron Klotzer took the top two places.

Relay Event Lures 46 Schoolgirl Track Teams



Jack Rafter

RED BANK — Forty-six teams, including four from outside the state, will compete in the first annual Garden State Girls Track and Field Relay Festival on May 4 at Monmouth College in West Long Branch.

New Jersey powers Red Bank Catholic, Toms River South, Matawan Regional, Monmouth Regional, Bernards, and Jefferson Township will be joined by Dover Air Force Base High School and Lake Forest Senior High School, both from Delaware; Rye Neck N.Y. High School and Kennedy Christian High School from Sharon, Pa. The Kennedy Christian team will travel 600 miles to perform.

Meet coordinator Jack Rafter said the program, consisting of 12 relay events, will be contested on an all-weather track. All major metropolitan newspapers and Futurevision, a local closed circuit television organization, will provide coverage.

The relays will be divided into three groups, Invitational, Group I, and Group II. Any team was permitted to enter the Invitational section. If not, they were placed in Group I (female enrollment over 500) or Group II (female enrollment 0-500). However, all New Jersey Group III and IV schools

were placed in Group I because of their size.

The Invitational Championship Two-Mile Relay is expected to be the best race of the day even though only three schools are entered. Red Bank Catholic and Ridgewood will compete for this title with the possibility that the 10-minute barrier will be broken. East Brunswick is also entered.

Paul VI of Haddonfield in Group I and St. Joseph of Toms River in Group II are possible winners in their two-mile contests.

East Orange High School, which already has posted a blazing 49.8 for the event, will be the favorite in the Invitational 440 relay. Monmouth Regional should take this distance in Group I, while Shore Regional and Jefferson High School should battle for the Group II championship.

The 880 Relay will be closely contested, since the teams entered have posted times within two or three-tenths of a second of each other. Monmouth Regional may be the best of the group.

Red Bank Catholic should take the Invitational Distance Medley, but Saddle Brook and Jefferson are contenders. In the same event, Woodbridge and Rumson-Fair Haven should provide the best

times in Group I and Mater Dei and Point Pleasant Beach in Group II.

In the four-mile relay, Red Bank Catholic, their team drawn from 80 cross-country runners, stands unopposed. Raritan could come up with the Group I title, and Mater Dei and Jefferson should contest the Group II crown in this event.

The mile relay, a new event in high school girls track, should be a battle between Red Bank Catholic and East Orange with records likely to fall in the invitational event. Paul VI of Haddonfield and Toms River South should battle for this Group I championship, while Jefferson Township and Hillsboro are strong Group II contenders.

Piscataway should take the high jump invitational and also contest the discus relay with Red Bank Catholic in the invitational area. North Bergen and Point Pleasant Boro in Group I and visiting Kennedy Christian and Saddle Brook in Group II should fare well.

Red Bank Catholic (Invitational, Toms River South (Group I), and Bernards (Group II) should win the javelin relays. Matawan is a strong favorite to take the shot put event in the invitational ranks.

RED BANK CATHOLIC GARDEN STATE Girls Track and Field Relay Festival



KATHY KOLARSICK
RBC

Saturday, May 4, 1974

Monmouth College, W. Long Branch, N. J.

PRICE \$1.00

SPORTS

C-9

Ridgewood girls win relay event

WEST LONG BRANCH — Ridgewood turned in the outstanding performance of the meet yesterday in winning the two-mile relay at the first Garden State Girls' Relay Festival at Monmouth College.

The quartet of Kandie Latham, Nancy Reed, Cyndi Hansen and Jane Green clocked a spectacular 9:46.3 in becoming the only Bergen County school to win an individual event. Latham led off with a 2:21.1 half mile, Reed clocked 2:37.1, Hansen added a 2:29.1 and Green anchored in 2:19.

Paterson Eastside was the only other area team to win an open title, copping the 880 in 1:51.1. Host Red Bank Catholic dominated the invitational portion of the meet by winning five events.

Ridgewood was also the only Bergen team to score in the Group 1 (larger schools) competition, placing second to Raritan in the four-mile relay with a 25:11.6 time. North Bergen was fifth in the shot put.

Park Ridge fared best among the smaller schools as the trio of Dawn Quersfeld, Karen Smith and Heidi Minnick placed second in the high jump and third in the discus. Led by Quersfeld's 4-foot-11 leap, they totaled 13-11, the same height as winner Kennedy Christian of Sharon, Pa., in the high jump. Park Ridge placed second on misses.

Smith threw the discus 103 feet, 4½ inches to pace a 253-½ total. Saddle Brook scored with fifth places in the high jump and two-mile relays.

INVITATIONAL EVENTS

- SHUTTLE HURDLES**—1, Red Bank Catholic (Robin Kelly, Mary Cooperhwalte, Carol Doran, Patty Mooney), 1:12.2
440—1, Plainfield (Cynthia Priester, Cassandra Johnson, Jill Hall, Linda Shell), 51.5; 2, Paterson Eastside, 51.7
880—1, Paterson Eastside (Theresa Cusis, Connie Fletcher, Gloria Sheffield, Janetta Sparrow), 1:51.1
MILE—1, Red Bank Catholic (Mary Beth Ryan, Mary Ann Heenan, Kim Kelly, Eileen Kean), 4:13.4
2 MILE—1, Ridgewood (Kandie Latham,

- Nancy Reed, Cyndi Hansen, Jane Green), 9:46.3
4 MILE—1, Red Bank Catholic (Jeannette Sazon, Monica Loncora, Betsy Cangelosi, Jeanne Alter), 22:44.3
DISTANCE MEDLEY—1, Jefferson Twp. (Judy Messaros, Lisa Hahn, Susan Collins, Sara Erb), 13:12.4
HIGH JUMP—1, Red Bank Catholic (Donna Stein, Jo Ann Tierney, Mary Ann Ryan), 13-11
JAVELIN—1, Red Bank Catholic (Nancy Nielsen, Kerry Higgins, Jo Anne Domarski), 287.2
DISCUS—1, Piscataway (Kay Tucker, Carol Smith, Betty Brown), 237.9
SHOT PUT—1, Matawan (Judy Charlsen, Yvonne Alexander, Martha Suhayda), 95.4
LONG JUMP—1, Ocean Twp. (Debbie Robinson, Cyndie Coody, Kathy Nelson), 45.9.4

GROUP 1

- SHUTTLE HURDLES**—1, Matawan (Jodi Schneider, Eilan Falco, Tom Wood, Carolyn Bucco), 1:09.4
440—1, Monmouth Regional (Yvonne Smith, Bridget Mitchell, Anita Brown, Linda Byers), 51.5
880—1, Monmouth Regional (Donna Cogan, Sue Owens, Sue Kanickny, Yvonne Smith), 1:49
MILE—1, Toms River South (Rene Roncin, Sue Johnson, Arlene Sullivan, Kathy Reabold), 4:05.6
2 MILE—1, Toms River South (Nancy Menke, Nancy Pearce, Veronica Mvailick, Kathy Sullivan), 10:25.3
4 MILE—1, Raritan (Pat Brown, Wendy Muller, Marli Brady, Shelia White), 25:44.2; 2, Ridgewood, 25:11.6
DISTANCE MEDLEY—1, Monmouth Regional (Sue Doughty, Tova Wyatt, Betsy McDermott, Nancy Burke), 13:54.4
HIGH JUMP—1, Monmouth Regional (Alice Redvick, Barbara Brown, Carol Pina), 14-2
JAVELIN—1, Toms River South (Lisa Lloyd, Rene Gleckner, Barbara Robinson), 254.6
DISCUS—1, Jackson Twp. (Maple McMenamin, Cathy McMenamin, Roberta MacInn), 314.0
LONG JUMP—1, Monmouth Regional (Anita Brown, Donna Cogan, Yvonne Smith), 47-7½
SHOT PUT—1, Toms River South (Lella Peters, Terry Barrett, Rhonda Peterson), 101-6; 2, North Bergen, 91-1¼

GROUP 2

- SHUTTLE HURDLES**—1, Shore Regional (Margaret O'Halloran, Karen Girsch, Lori Lentz, Carol Doelling), 1:16.4
440—1, Shore Regional (Kim Rock, Debbie O'Beck, Kyle DiSanto, Diane Chapman), 52.3
880—1, Shore Regional (Kim Rock, Dawn Brett, Kyle DiSanto, Diane Chapman), 1:50.8
MILE—1, Bernards (Antonette Mitterrand, Nancy Ensel, Katy Washburn, Laurie Fonda), 4:15.3
2 MILE—1, St. Joseph's (Toms River), (Mary Ann Johnson, Bobbie Harris, Diane Miner, Thane McCrath), 10:35.9; 2, Saddle Brook, 12:58.5
4 MILE—1, Mater Dei (Julie Smith, Ann Marie Meyer, Betty Jean Gresh, Eileen Mehan), 25:16.7
DISTANCE MEDLEY—1, Shore Regional (Sherry Ferguson, Ellen Rakowski, Patty Brown, Lynn Courtney), 13:59
HIGH JUMP—1, Kennedy Christian (Mary DiStasio, Cathy Bullock, Ann Babin), 13-11½; 2, Park Ridge, 13-11; 3, Saddle Brook, 8-8
JAVELIN—1, Bernards (Antonette Mitterrand, Pat Jordan, Barbara Mitterrand), 241.0
DISCUS—1, Shore Regional (Marv Quilley, Betty Rife, Jean Seger), 238-½; 2, Park Ridge, 235-7½
LONG JUMP—1, Kennedy Christian (Mary Ann Babin, Jo Ann Donnell), 45-2½
SHOT OR PUT—1, Jefferson Twp. (Jean Stevenson, Bert Edwards, Mary Claus), 86-9½



HEAT I FINAL		INVITATIONAL 2-MILE						
LANE	SCHOOL	1	2	3	4	ALT	ALT	
1	R.B.C.	S. Kelly	Kolarsick	Frentz	McCabe	Doran	Alter	
2	Ridgewood	Latham	Hansen 6:57	Reed 7:05 79.2	Green 7:36	Hallerback	Leac	
3	East Brunswick	Garboski	Johnson	Cunningham	Karvilas	Horvath	Funk	
		66	2:21	3:38.8	4:58.0	6:36.7	7:23.1	
		75	GROUP I 2-MILE					9:46.1
							8:32.5	
							2:23.0	
HEAT I FINAL		GROUP II 2-MILE						
LANE	SCHOOL	1	2	3	4	5	6	
1	Paul VI	Devansey	Clunk	Elliot	Duffin	Whitman	Baldwin	
2	Toms River So.	Menke	Sullivan	Pedone	McGillick	Pearce		
3	Pt. Pleasant Boro	Becker	Kobin	Vandernoot	Cunliffe	Megler		
4	Monmouth Regional	Walker	Lovekin	Wichman	Wyatt	Shaloo	Owens	
5	Matawan Regional	C. Lononer	L. Lononer	Homyak	Youngman	Jones	Hammond	
HEAT I FINAL		GROUP II 2-MILE						
LANE	SCHOOL	1	2	3	4	5	6	
1	St. Joseph	Johnson	Harris	Menardi	McGrath	Stallings	Burns	
2	Mater Dei	Baker	Filan	Nelson	Braun	Murphy	Barnes	
3	Jefferson Twp	Covenes	Manchester	Adams	Struble	Meszaros	Rainez	
4	Dover A.F.B.	Roberts	Griffith	Townsend	Grice	Bullard	Branthoover	
5	Saddle Brook	Castronova	Ossi	Hollingsworth	Baur	Jablonski		
6	Bernards	Kelms	Swaal	King	Moie	Dobbs		
7	Kennedy Christian	Borawski	Krantz					

National Record !!

RIDGEWOOD VS

~~XXXXXXXXXX~~
Old Tappan

MON

DATE ~~FRI~~ 6 May 1974

WEATHER COLD 50°(45-50) Windy

TRACK CONDITIONS poor

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
100 yard low hurdles	18.0 Sayers, Throckmorton, Antonaci, Eye, Crowe	20.4 21.8	23.3	22.6	5	4
100 yard dash	13.3 Cooper, Foland, Leber	14.5 14.9	XXXXXXXXXX		5	4
* 1 mile run	Reed, Leach, Hallerbach				9	0 (Cannon?)
440 yard DASH	Shady, Weir	71.3	Latham	30.4	3.0	8 1
440 yard RELAY	XXXXXXXXXX			58.0		5
* 880 yard run	Green, Hansen, XXXXXX				8	1
220 yard dash	29.9 Latham Bishop, Wagner, Leber	32.6		2 ND Heat Foland, Eye, Crowe	5	4
* XXXXXX 2 mile Run	Sefick, Wise, Fendrick			35.1 35.5 36.1	1	8
MILE relay	14:48 Throckmorton, Bishop, Antonaci, Wagner.			17:49.5	5	0
		74.9 75.7	2:30.6 75.3	3:45.9 71.8	4:57.7	46
shot put	DuFlon, LaMarre, Fenn, Paffendorf, Zylstra				8	1
discus	DeYoe, DuFlon, Paffendorf, Fenn, LaMarre, Zylstra				8	1
Long jump	Sayers, DeYoe, Cooper, Wagner				5	4
high jump	DuFlon, Ward				5	4
					72	37
					72	37

Schneider? } Where are you?
Crap ? }

* Disturbed Runners posted after I talked to you and Bob today.

OLD TAPPAN

Reed	85,	3:01.1	4:38.9	6:08.2
Loach	90,	3:07	4:45	6:18.3
Hallenbad	90,	3:07	4:45	6:15.7

Green	35	72	2:33.7	7:30
Hanson	36	75	2:39.2	

Wise	^{3rd}	1:47.4	7:30	11:25	13:18.5	14:48
Sefick	^{4th}	"	7:30	11:25	13:18.5	14:48
Bonnie		1:48				

L.J.	De Yoe	13 1/2	13' 3"	14' 1"	4 th
	Copee	14' 2"	14' 9"	F	1 st
	Sayers	13' 8"	13' 4 1/2"	12' 10 1/2"	5 th

17:49.5

Latham Took blocks down
Sayers got Tape.

Pace

Cathy	^{1st}	91' 5 3/4"	93' 6"	95' 2"	95' 11 1/4"
Renee	^{2nd}	F	66' 8"	81' 7"	77' 9"
Martha		67' 7"	69' 2 1/2"	65' 7 1/2"	69' 3 1/2"
Andrey		95' 2"	43' 4"	46' 8"	47' 4"
Nancy		57' 4"	69' 6 3/4"	53' 11"	68' 6"

Shot

Bone ^{1st} - 29' 3/2" 26' 4" 26' 0"
29' 8"

Martha ^{2nd} - 27' 2 3/4" 26' 2 1/2"
28' 1" 27' 4 1/2"

Fern - 25' 6" 25' 3/4"
24' 8 1/4" 24' 6"

Andrey
18' 8" 18' 9"
16' 4" 18' 9 3/4"

RIDGEWOOD VS WAYNE VALLEY

DATE 8 May 1974

WEATHER Sunny Cool slight wind.

TRACK CONDITIONS Fair - Hard but not
drugged and rolled.

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles		17.8 17.5 Sayers			3	6
100 yard dash		Cooper	Davis		4	5
1 mile run	5:39.3 Green		6:16.9 Leach		6	3
440 yard DASH	63.6 Latham	70.2 Wagner			8	1
440 yard RELAY		FEW - POLAND - LEGER - BISHOP - 60.1			0	5
880 yard run	2:37.6 Hansen	2:47.5 Hallerbach			8	1
220 yard dash			28.8 Davis		1	8
2 MILE RUN	13:19 Reed	14:27 Sefick	14:31 Wise		9	0
MILE relay	COOPER 70.4 DEYOE 2:20.5 WAGNER 3:33.5 LATHAM 4:39.0	70.1 73.0 65.5			5	0
shot put					0	9
discus	102' 0"	101' 1" De Yoe	95' 2"		3	6
Long jump	14' 9 1/2" Cooper	14' 6 1/2" Sayers	14' 3" De Yoe		9	0
high jump		4' 8" De Flon			3	6

FINAL SCORE

59 50

RIDGEWOOD VS Wayne Valley

DATE _____

WEATHER _____

TRACK CONDITIONS _____

Non Scoring Performance

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.	
110 yard low hurdles	20.5 Throckmorton	21.1 Crowe	21.8 Antonaci	22.2 Ege			
100 yard dash	Bishop 7:56.5	(in company I didn't get the 100 times)					
1 mile run	Fendrock						
440 yard Dash							
440 yard Relay							
880 yard run	2:58 Ramage						
220 yard dash	30.1 Sayers	31.3 Throckmorton	32.2 Antonaci	34.2 Ege			
800 yard 2 mile							
1 mile relay							
shot put	30' 8" DuFlon	26' 11" LaMarra	26' 9 1/2" Fenn				
discus	76' 5" DuFlon	63' 5" Fenn					
Long jump							
high jump							

FINAL SCORE

--	--

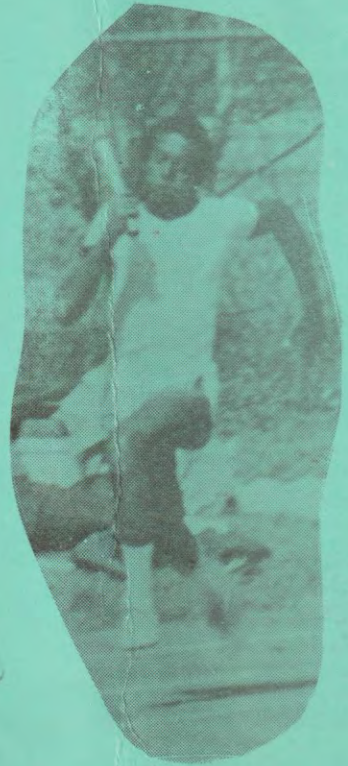
RIDGE WOOD

37th Annual

**LONG BRANCH
RELAYS**

May 11, 1974

10:00 a.m.



25¢

RIDGEWOOD VS

Wayne Hills

DATE 14 May 1974

WEATHER Sunny Warm 5-10 mph breeze

TRACK CONDITIONS All Weather (Fast)

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.	
110 yard low hurdles					0	9	
100 yard dash			12.8 Cooper		1	8	
1 mile run		5:48.3 Reed	5:54.6 Leach		4	5	
440 yard Dash	62.4 Latham				5	4	
440 yard Relay					0	5	
880 yard run	2:33.0 Hansen				5	4	
220 yard dash					0	9	
2 mile Run	Wise		SEFCIK Sefick		6	1	
MILE relay	67.9 Cooper,	70.2 Weir,	68.1 Sheedy,	63.2 Latham	4:29.4	5	0
shot put	31' 9" Dm Flon				5	4	
discus	102' 6" De Yoe	83' 8" Dm Flon			8	1	
Long jump		14' 10 1/2" Sayers			3	6	
high jump	4' 10" Sayers	4' 8" Dm Flon			8	1	

FINAL SCORE

50 59

Non Scoring Performance

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	20.3 Throckmorton	21.3 Sagers	21.3 Crowe	20.3 Antonaci		
100 yard dash	13.1 Davis	13.6 Bishop				
1 mile run	8:24 Fendrock					
440 yard Dash	68.7 Wagner					
440 yard Relay	Fenn, Foland, Leber, Bishop			58.0		
880 yard run	2:49.8 Hallerbach	3:06.5 Ege				
220 yard dash	30.1 Davis	32.0 Leber	32.7 Foland			
200 yard 2 mile Run						
MILE relay						
shot put	28' 8" Fenn	28' 8" LaMarre				
discus	72' 6" LaMarre	68' 3" Fenn				
Long jump	13' 8 1/4 Cooper					
high jump						

~~XXXXXXXXXXXX~~

Sectional Entry

DATE 18 May 1974

WEATHER Sunny + Warm to Hot

TRACK CONDITIONS All Weather

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	Sayers	17.9 Trial 17.4 Semi				
100 yard dash	Davis	12.6 Trial				
1 mile run	5:38 Reed	5:45 Leach	6:02 Hallerbach			
440 yard relay	Weir, Bishop, Throckmorton, Davis (55.7)					
440 yard dash	61.0 Latham	(Sheedy	Wagner)	→ may be held out for mile relay		
880 yard run	2:22.7 Green	2:26.7 Hansen				
220 yard dash	Scratch Weir					
2 MILE RUN	Scratch Wise	14:07 Sefick	SPELL IT RIGHT SCUZZ <u>SEFCIK</u>			
MILE relay	DeVoe, Wagner, Sheedy, Latham			4:20.2		
	63.2	68.0	68.0	61.1		
shot put	29'8" DuFlon	28'7" LaMarre	Fenn			
discus	93'2 1/4" DeVoe	DuFlon	Fenn			
Long jump	14'3" Sayers	14'2 1/2" DeVoe	13'6" Davis			
high jump	5'0" Sayers	4'10" DuFlon				

FINAL SCORE

Ridgewood, Hugley win in sectionals

ISELIN — Ridgewood grabbed a share of the A Division title and Glen Rock's Venessa Hugley took a pair of firsts, including one State record effort, at yesterday's State girls' sectional track championships.

Ridgewood scored 22 points to share its divisional title with Franklin Township. The Maroons received first-place efforts from Jane Green in the 880 and Nancy Sayers in the high jump, and a third-place finish by Cindie Hansen, also in the 880.

Hugley captured the 100-yard dash in the B Division with an 11.1 clocking, knocking a tenth of a second off the New Jersey mark previously held by Hazel Lucas of Montclair (a double winner yesterday). The Glen Rock star also captured the long jump in Division B.

Other local winners, all in Division A, were Joyce Sparro of Paterson Eastside in the 220; Jeanne Helm of Wayne Valley in the shot; and Paterson Eastside's 440 relay team.

Woodbridge's Michelle Bressant improved upon her National record for the 110-yard low hurdles with a 15.3 clocking in Division A.

The girls compete in Ocean Township next weekend in the group finals.

NORTH A

Running events

- 100—1. Hazel Lucas, Montclair (11.4); 4, Connie Fletcher, Eastside.
220—1. Joyce Sparro, Eastside (26.2); 5, Kathy Mickiewicz, Wayne Hills.
440—1. Marie Crough, Franklin (57.5); 5, Kandie Latham, Ridgewood.
880—1. Jane Green, Ridgewood (2:22.7); 3, Cindie Hansen, Ridgewood; 4, Kim Meyer, Wayne Hills.
MILE—1. Janet Kronik, Franklin (5:14.7); 5, Nancy Reed, Ridgewood.
2-MILE—1. Mary Albright, Nutley (12:05.9); 3, Megan Sexton, Paramus Catholic; 4, Leslie Drake, Wayne Valley.

110 LH—1. Michelle Bressant, Woodbridge (15.3) (National record—old record 15.4 by Michelle Bressant, 1973).

440 RELAY—1. Tie between Plainfield (Cynthia Priesten, Jill Hall, Linda Shell, Cassandra Johnson) and Eastside (Laurie Lee, Della Harris, Rhonda Carter, Constance Fletcher), 51.5; 4, Wayne Hills.

MILE RELAY—1. Franklin (Michelle Logan, Lisa Svendsen, Pat Wyles, Marie Crough), 4:06.2; 4, Eastside; 5, Ridgewood.

Field events

HIGH JUMP—1. Nancy Sayers, Ridgewood (5-0).

LONG JUMP—1. Hazel Lucas, Montclair (17-5 $\frac{3}{4}$) (State record); 2, Althea Davidson, Paterson Kennedy.

SHOT PUT—1. Jeanne Helm, Wayne Valley (37-1 $\frac{1}{2}$); 3, Hallie Cohen, Wayne Valley.

DISCUS—1. Cheryl Smith, Piscataway (100-1); 2, Ginny Davis, Wayne Valley; 3, Hallie Cohen, Wayne Valley.

JAVELIN—1. Sue McGettigan, Iselin Kennedy (104-9 $\frac{1}{2}$).

Team scoring

Ridgewood 22, Franklin 22, Wayne Valley 20, Montclair 16, Eastside 16, Piscataway 16, Plainfield 16, Nutley 10, Perth Amboy 9, Stevens 8, East Brunswick 7, Boonton 7, Woodbridge 6, Iselin Kennedy 6, Roxbury 6, South Plainfield 6, Wayne Hills 5, North Bergen 4, DePaul 4, East Orange 4, Linden 4, Paterson Kennedy 4, Carteret 3, Paramus Catholic 3, Barringer 2.

NORTH B Running events

100—1. Venessa Hugley, Glen Rock (11.1) (State record—old record 11.2 by Hazel Lucas, Montclair, 1973); 4, Denise Carnett, Englewood.

220—1. Gina Gooden, Vailsburg (26).

440—1. Marcia Fitzgerald, Clifford Scott (59.7).

880—1. Lisa Hahn, Jefferson Twp. (2:24.5).

MILE—1. Sarah Erb, Jefferson Twp. (5:32.9); 3, Jean Chadnicki, Saddle Brook.

2-MILE—1. Sue Collins, Jefferson Twp. (12:05.5); 2, Cindy Marchese, Saddle Brook.

110 LH—1. Debbie Koehler, Mount Olive (16); 5, Joyce O'Rourke, Saddle Brook.

440 RELAY—1. West Morris (Beth Parsons, Kim Panek, Irene Ciak, Laura Carr), 52; 3, Englewood.

MILE RELAY—1. Bernards (Antoinette Mitterando, Nancy Engel, Katie Washburn, Laurie Fonda), 4:14.6; 5, Englewood.

Field events

HIGH JUMP—1. Gina Gooden, Vailsburg (51-); 4, Dawn Quirsfeld, Park Ridge.

LONG JUMP—1. Venessa Hugley, Glen Rock (16-8 $\frac{3}{4}$); 4, Marie Sue Sullivan, Midland Park.

SHOT PUT—1. Anne Usinowicz, Butler (38-7 $\frac{1}{2}$).

DISCUS—1. Anne Usinowicz, Butler (116-10) (State record); 2, Karen Smith, Park Ridge.

JAVELIN—1. Theresa Mitterando, Bernards (106-4 $\frac{1}{2}$).

Team scoring

Jefferson Twp. 31, Butler 21, Mount Olive 19, Bernards 18, West Morris 17, Vailsburg 13, Glen Rock 12, Highland Park 11, Clifford Scott 10, Glen Ridge 10, Saddle Brook 8, Pequannock 7, Delaware Valley 7, Englewood 6, Madison 6, Park Ridge 6, Dover 5, Mendham 5, Midland Park 2, Bogota 2.



RIDGEWOOD VS

Paramus Catholic

DATE 21 May 1974

WEATHER Warm - Sunny

TRACK CONDITIONS All Weather

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	17.1 Sayers	20.2 Throckmorton	20.9 Crowe	17.1	9	0
100 yard dash	12.4 Cooper		14.1 Foland	12.4	6	3
1 mile run	5:48.8 Leach	6:07.3 Hallerbach		5:48.8	8	1
440 yard DASH	62.1 Green	69.3 Hansen		62.1	8	1
440 yard RELAY	Sheddy Wagner Bishop 55.9	Wein		55.9	5	0
880 yard run	2:36.8 Reed			2:36.8	5	3
220 yard dash	28.3 Latham		31.1 Leber	28.3	6	3
2 MILE 2 MILE		13:53 Sefcik	14:42.8 Wise	12:30.8	4	5
MILE relay	DeYoe 65.0 Cooper 67.8 Green 62.3 Latham 63.2 4:18.3	Sheddy - 69.5 Wagner - 67.1 Throckmorton - 68.6 Hansen - 65.7 4:30.9		4:18.3	5	0
shot put		27' 11 1/2" Fenn	27' 2" La Marre		4	5
discus	88' 11" DeYoe		73' 2" La Marre	88' 11"	6	3
Long jump	15' 4" Sayers		14' 4" Cooper	15' 4"	6	3
high jump	Sayers Du Flon	(split points) No Contest			8	0
				FINAL SCORE	80	27

RIDGEWOOD VS P.C.

DATE _____

WEATHER _____

TRACK CONDITIONS _____

Non Scoring PERFORMANCE

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles						
100 yard dash	<i>14.2</i> <i>Leber</i>					
1 mile run	<i>8:56.1</i> <i>Fendrock</i>					
440 yard dash	<i>77.0</i> <i>Ege</i>					
440 yard relay						
880 yard run						
220 yard dash	<i>32.8</i> <i>Foland</i>					
880 yard relay						
sprint medley relay						
shot put	<i>Dnflon</i>					
discus	<i>Fenn</i>					
Long jump	<i>13' 4"</i> <i>Fenn</i>					
high jump						

FINAL SCORE _____

6TH Latham 60.3
 2ND Green 2:21.9
 5TH Hansen 70.8, 2:25.5
 8TH Reed 5:39.6
 (76-2:42.8-4:14.7)

N.J.S.I.A.A. GIRLS' TRACK GROUP

CHAMPIONSHIP

OCEAN TOWNSHIP HIGH SCHOOL

May 25, 1974

7TH DEYOE 95' 10"
 5TH SAYERS 5' 1"
 DuFLOU 4' 8"
 6TH DeYoe - 62.8
 Wagner - 66.9
 Cooper - 65.7
 Latham - 61.5 4:16.9

Morning events as follows:

9:30AM 110yd. low hurdles trials - Divisions A & B
 440yd. dash finals - Divisions A & B
 Two mile run finals - Division A only
 100yd. dash trials - Divisions A & B
 880yd. run finals - Divisions A & B
 220yd. dash trials - Divisions A & B
 Two mile run finals - Division B only

Afternoon events as follows:

12PM 110yd. low hurdles finals - Division A & B
 100yd. dash finals - Divisions A & B
 Mile run finals - Division A only
 220yd. dash finals - Divisions A & B
 Mile run finals - Division B only
 440yd. relay finals - Divisions A & B
 Mile relay finals - Divisions A & B

Field events will begin at 9:30AM - The schedule will be as follows:

Shot Put - Division A, Division B
 Discus - Division B, Division A
 High Jump - Division A, Division B
 Long Jump - Division B, Division A
 Javelin - Division B, Division A

A coaches' meeting will begin promptly at 8:30AM in the main cafeteria of the school building. An officials' meeting will immediately follow.

Hugley breaks own State mark

OAKHURST — Venesa Hugley had just finished running in one of the North Jersey Strider summer meets at Paramus Catholic last July.

"I think I used to be able to run the 100 in less than 11 seconds" said the then Glen Rock High School junior. "But I just

stopped running for two years and got out of shape. I think I can get my times back down to where I'll be a quality sprinter."

It took Venesa less than a year. Yesterday she ran a State record 10.9 to win the Division B 100 in the State

Girls' Group championships at Ocean Township High School.

Hugley was the lone area winner. Her time clipped two-tenths of a second off the old record which she set last week in the sectionals.

Ridgewood, a sectional champion last week, finished

well behind Matawan, the Division A winner, scoring only six points compared with Matawan's 21.

Paterson Eastside finished in a tie for second with 11 points. The Ghosts picked up six points by winning the Division A 440 relay. The team of Laurie Lee, Della Harris, Rhonda Carter and Constance Fletcher ran 50.7, a meet record tied by Manalapan in Division B.

Area girls taking second place medals were Ridgewood's Jane Green in the A 880 and DePaul's Helen Stell in the A high jump.

Ridgewood girls look overmatched

OCEAN TOWNSHIP — Ridgewood shared the North Jersey A girls' track championship with Franklin last week, but coach Jock Brown is taking a realistic approach to tomorrow's State Group championships.

"We're not going with the idea of winning a team championship," Brown said. "The schools in South Jersey just seem too incredibly strong."

Ridgewood has nine girls competing after qualifying in the sectionals. The best hope

for an individual championship is half-miler Jane Green whose 2:22.7 clocking last week was the best A group time in the State.

Bergen County has one almost certain winner in Group B, Glen Rock's Vanessa Hugley. Hugley ran a State record-11.1 in the 100 last week and also won the long jump at 16-8 $\frac{1}{4}$. She could double again tomorrow, but a win in the 100 is almost a sure bet.

"She is the best schoolgirl sprinter in the State," said Brown, who coaches Hugley in the summer. "There certainly isn't anyone in her group who can run with her."

Hugley's chance to prove she's No. 1 in New Jersey won't come until June 8. That's when the top five in each of tomorrow's races will meet in the State Meet of Champions at Rutgers University.

That meet will be held in conjunction with the boys' State Meet of Champions, the first time in history both State meets will be run at one site.

*100—1, Venesa Hugley, Glen Rock (10.9) (State record, old record 11.1 by Hugley, Glen Rock, 1974).

880—1, Ursula Eder, Gateway (2:19.9) (Meet record, old record 2:22.4) by Mary Albright, Nutley, 1973; 3, Lisa Hanwood, Jefferson (2:23).

220—1, Liz Young, Manalapan (25.2).

MILE—1, Hillary Noden, Hopewell Valley (5:03.9) (Meet record, old record 5:23 by Noden, Hopewell Valley, 1973); 2, Sarah Erb, Jefferson Township (5:33.3).

440 RELAY—1, Manalapan (Nancy Scott, Candy Fox, Debbie Weiss, Liz Young, 50.7) (Ties record set in Division A).

MILE RELAY—1, Bernards (Antoinette Mitterando, Nancy Engel, Katie Washburn, Laurie Fonda) 4:11.2; 4, Englewood, 4:19.2.

FIELD EVENTS

SHOT PUT—1, Anne Usinowicz, Butler (38-11 $\frac{1}{4}$); 5, Michelle Barber, Butler (33-10 $\frac{1}{2}$).

DISCUS—1, Anne Usinowicz, Butler (118-8); 4, tie between Michelle Barber, Butler and Pat McEville, Mater Dei (102-2).

JAVELIN—1, Nancy Neilson, Red Bank Catholic (123-10).

HIGH JUMP—1, Sandra Ugl, Delaware Valley (5-1).

LONG JUMP—1, Robin Lutz, Delaware Valley (16-6 $\frac{3}{4}$); 2, Liz Graham, Pequanock (16-3 $\frac{1}{2}$).

TEAM SCORING

Red Bank Catholic 32, Manalapan 23, Butler 15 $\frac{1}{2}$, Vailsburg and Delaware Valley 14, Woodbury 10, Jefferson Township and Shore Regional 9, Mount Olive 8, Mater Dei 7 $\frac{1}{2}$, Point Pleasant Boro 7, Glen Rock, Kinnelon, Clifford Scott, Bernards, Hopewell Valley and Gateway 6, Pequanock and St. John Vianney 4, Glassboro, Englewood, Marlboro, Freehold Township, Glen Ridge and Keyport 3, Dover and Madison 2, West Morris Central, Point Pleasant Beach, Haddonfield and Highland Park 1.

Division A

RUNNING EVENTS

440—1, Marie Clough, Franklin Township (57.7) (State record, old record 58.1 by Doreen Ennis, Nutley, 1973).

110 LH—1, Michelle Bressant, Woodbridge (15.0) (National record, old record 15.3 by Bressant, 1974). (Julie Smithers, Lakewood ran 15.0 in trials).

2 MILE—1, Mary Albright, Nutley (11:50); 3, Megan Sexton, Paramus Catholic (11:54.8).

100—1, Hazel Lucas, Montclair (11.1).

880—1, Kathy Woodbridge, Princeton (2:21.7); 2, Jane Green, Ridgewood (2:21.9); 5, Cindi Hansen, Ridgewood (2:25.5).

220—1, Carla Hunt, Holy Cross (26.0); 3, Johnette Sparrow, Paterson Eastside (26.2).

MILE—1, Janet Kronick, Franklin Township (5:15.5).

440 RELAY—1, Paterson Eastside (Laurie Lee, Della Harris, Rhonda Carter, Constance Fletcher) 50.7. (Ties record set in Division B, old record 51.7 by Montclair, 1973); 4, Wayne Hills 51.6.

MILE RELAY—1, Toms River South (Rene Roncin, Sue Johnson, Ariene Sullivan, Cathy Reabold) 4:01.2 (National record, old record 4:06.6 by Franklin, 1974).

FIELD EVENTS

SHOT PUT—1, Martha Suhayda, Matawan (40-1 $\frac{1}{4}$); 4, Joann Helm, Wayne Valley (35-7 $\frac{1}{4}$).

DISCUS—1, Martha Suhayda, Matawan (125-0) (Meet record, old record 114-6 by Suhayda, Matawan, 1973); 4, Hallie Cohen, Wayne Valley (99-6).

JAVELIN—1, Kerri Camarigo, Wall Township (121-1 $\frac{1}{2}$).

HIGH JUMP—1, Martha Megill, Asbury Park (5-2) (Meet record, old record 5-0 by Kathy Leslie, Shore Regional, 1973); 2, Helen Stell, DePaul (5-1); 5, Mary Savers, Ridgewood (5-1).

LONG JUMP—1, Yvonne Smith, Monmouth Regional (18-5 $\frac{1}{4}$) (State record, old record 17-5 $\frac{1}{2}$ by Hazel Lucas, Montclair, 1974); 3, Althea Davidson, Paterson Kennedy (17-0).

TEAM SCORING

Matawan 21, Franklin Township 17, Toms River South 13, Paterson Eastside and Monmouth Regional 11, Holy Cross, Nutley and Montclair 10, Ocean Township, Piscataway and Rancocas Valley 9, Princeton and Jackson Township 8, Wall Township, Woodbridge, Ridgewood, Asbury Park and Lakewood 6, Notre Dame 5, Wayne Valley, DePaul, Perth Amboy, East Orange 4, Paterson Kennedy, Paramus Catholic, Toms River North and Plainfield 3, Wayne Hills, Edgewood, South Plainfield, Sayreville, Stevens 2, Roxbury, Boonton, Paul VI, East Brunswick 1.

Division B

RUNNING EVENTS

440—1, Sue Hawkins, Kinnelon (59.6) (15.3); 5, Leslie Adams, Jefferson.

2 MILE—1, Eileen Leehan, Mater Dei (11:37.8) (National record, old record 11:46.6 by Leehan, Mater Dei, 1974); 3, Sue Collins, Jefferson Township.

RIDGEWOOD VS

Bergen County

DATE _____

WEATHER _____

TRACK CONDITIONS _____

EVENT	FIRST	SECOND	THIRD	MARK	RIDGE WOOD	OPP.
110 yard low hurdles	16.8 Sayers	20.6 Throckmorton	21.0 Crowe		4	
100 yard dash	12.6 Cooper	13.4 Bishop	14.4 Poland		0	
1 mile run	Nancy 5:52 Reed	Jean 5:57 Leach	Cathy 6:12 Hallerbach		11	
440 yard relay	56.9 Steady Wagner	Bishop Wein	57.0		0	
440 yard dash	61.6 61.5 Latham	steady	69.5 Throckmorton		6	
880 yard run	66 2:24.5 Green	68 2:30.5 Hansen	2:56 Antonaci		10	
220 yard dash	Wein	31.4 Lieber			0	
<u>2 mile run</u>					30	
<u>1 mile relay</u>	Sefick	Wise			6	
<u>1/2 mile relay</u>	Wagner, DeYoe, Cooper, Latham				36	
					42	
shot put	30' 4 1/2" DunFlon	28' 8" LaMarre	29' 9" Fenn	30' 3"	4	
discus	97' 5" DeYoe	83' 7" DunFlon	79' 9" Lamarre	46	5	
Long jump	15' 5 1/2" Sayers	Cooper	DeYoe		2	
high jump	4' 10" Sayers	4' 10" DunFlon			10	
					6	

FINAL SCORE

Handwritten signature: *H. Van Embury*

Handwritten notes: *Ridgewood 4188 East Gate*

Girls Track & Field

First Bergen County Championship

Friday May 31, 1974

Meet Director: Tom Zaccone

RUNNING EVENTS

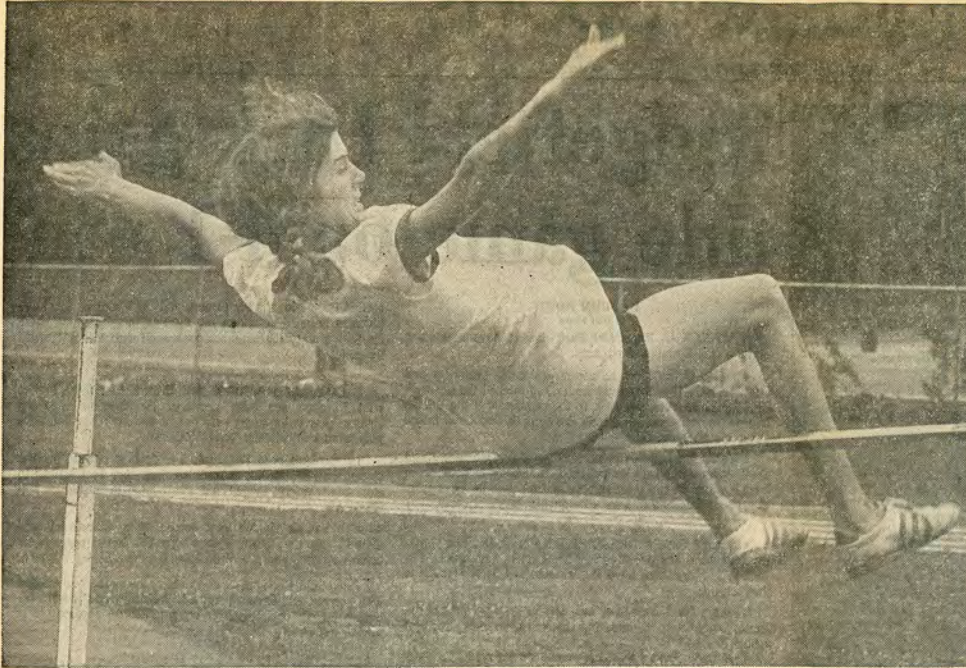
- 100**—1, Venessa Hugley, Glen Rock (11.8);
2, Jo Ann Starr, Pascack Valley (12.1);
3, Nancy Scholle, Paramus (12.3).
- 220**—1, Pat Noonan, Ridgefield Park
(28.2); 2, Diane Horowitz, Fort Lee
(28.2); 3, Ann DeVito, Cliffside Park
(28.4).
- 110 LH**—1, Susan Johl, Demarest (16.7);
2, Mary Sayers, Ridgewood (16.8); 3,
Terri Rasmussen, Glen Rock (17.3).
- 440**—1, Kandie Latham, Ridgewood
(1:01.6); 2, Mary Corcoran, Leonia
(1:04.5); 3, Linda Turro, Midland Park
(1:05).
- 880**—1, Jane Green, Ridgewood (2:24.3);
2, Cyndie Hanson, Ridgewood (2:30.5);
3, Karen Kreuger, Palisades Park
(2:31.3).
- MILE**—1, Nancy Reed, Ridgewood
(5:52.2); 2, Jean Leach, Ridgewood
(5:58); 3, Kathy Scheller, Pascack Hills
(6:07).
- 2 MILE**—1, Megan Sexton, Paramus Cath-
olic (12:25.6); 2, Mary Sefcik, Ridge-
wood (13:44.8); 3, Ida Meehan, Para-
mus Catholic (14:13.5).
- MILE RELAY**—1, Ridgewood (4:23.9); 2,
Midland Park (4:34); 3, Paramus Cath-
olic (4:40.7).
- 440 RELAY**—1, Glen Rock (Candy Tuas-
an, Sally Leonard, Terri Rasmussen,
Venessa Hugley) (54.4); 2, Cliffside
Park (55.0); 3, Demarest (55.9).

FIELD EVENTS

- SHOT PUT**—1, Chris Rufo, Fort Lee
(32-3); 2, Renee DuFlon, Ridgewood
(30-4 $\frac{1}{2}$); 3, Carol Ann Blackwood, Fort
Lee (30-3 $\frac{1}{2}$).
- DISCUS**—1, Karen Smith, Park Ridge
(108-8); 2, Kathie DeYoe, Ridgewood
(97-5); 3, Chris Rufo, Fort Lee (94-8).
- HIGH JUMP**—1, Renee DuFlon, Ridge-
wood (4-10); 2, Mary Sayers, Ridgewood
(4-10); 3, Mary Ellen Murphy, Paramus
Catholic (4-10).
- LONG JUMP**—1, Venessa Hugley, Glen
Rock (16-9 $\frac{3}{4}$); 2, Mary Sue Sullivan,
Midland Park (16-2); 3, Pat Angowski,
Hackensack (15-6 $\frac{1}{2}$).

TEAM SCORES

Ridgewood 64, Glen Rock 21, Demarest
16, Fort Lee and Paramus Catholic 15,
Midland Park and Cliffside Park 13, Park
Ridge 12, Leonia 7, Ridgefield Park 6,
Hackensack, Pascack Valley, and Pas-
cack Hills 5, Bogota, Palisades Park, and
Paramus 3.



UP, BUT NOT OVER — Ridgewood's Renee DuFlon won high jump despite this miss in County meet Friday.

Staff Photo by Peter Moneses

Ridgewood girls bask in success

By RON DRAGO
Staff Writer

HACKENSACK — It can't be called an overnight success. After all, it did take three seasons to grow. But that is a pretty quick development of a girls' track program.

"When we started we were really a rag-tag bunch," said Ridgewood coach Jock Brown. "This is our third year and, well, it's been really great."

Two weeks ago, the Ridgewood girls shared the North Jersey A championship with Franklin, qualifying nine girls for last week's State meet. Friday, they made a shambles of the first Bergen County girls' championship, rolling up 64 points to 21 for runnerup Glen Rock.

"The interest picked up last year and the girls got in a year of real good work and experience," Brown said. "That gave us a solid nucleus of people for this year and those girls have really become the heart of the team."

The Ridgewood girls formed a cheering section in the infield Friday, cheering their teammates on and acting as a welcoming committee at the finish line. They were enjoying themselves, as well they should have considering the way they dominated the meet.

They scored in 10 of the 13 events and took five first places. Jane Green and Cyn-die Hanson went one-two in the 800, Nancy Reed and Jean Leach took the top two spots

in the mile with Cathy Hallerbach fifth. Kandie Latham won the 40 and ran on the victorious mile relay quartet. Mary Sayers scored in three events and Renee DuFlon in two.

And all the while Brown was going from one end of the field to another—urging his runners, giving his high jumpers advice, and looking like the typical track coach searching for excellence.

"If Saddle Brook and Englewood were here they would have taken some points away from us," Brown admitted. "I knew we were going to score quite a few points. There are other real good runners, but they're spread out. We have a lot of talented girls who work at it and enjoy it."

"The program has developed pretty quickly. We started by making it seem more like fun than work and once the girls get going, they want to do well and win. They've done some real good things this year and it's added to the interest."

Glen Rock's second-place finish came on the speed of Venesa Hugley. She won the 100 (11.8) and long jump (16.934) and anchored the 440-yard relay team to victory. Glen Rock's other points came from Terri Rasmussen, who was third in the hurdles and also ran on the mile relay.

Perhaps the most impressive single performance of the meet was a 12:25.6 two-mile by Megan Sexton of Paramus Catholic. She ran away from the field early and lapped all but two runners.



AWAY WE GO — Venesa Hugley brought Glen Rock a win in 440-relay after taking baton pass from Terri Rasmussen.

Staff Photo

RUNNING EVENTS

- 100—1. Venesa Hugley, Glen Rock (11.8); 2. Jo Ann Starr, Pascack Valley (12.1); 3. Nancy Scholle, Paramus (12.3)
- 200—1. Pat Noonan, Ridgewood Park (28.2); 2. Diane Horowitz, Fort Lee (28.3); 3. Ann DeVito, Cliffside Park (28.5)
- 400—1. Susan Jobl, Demarest (14.7); 2. Mary Sayers, Ridgewood (14.8); 3. Terri Rasmussen, Glen Rock (15.3)
- 800—1. Kandie Latham, Ridgewood (1:58.6); 2. Mary Corcoran, Legonia (1:59.5); 3. Linda Turro, Midland Park (2:01)
- 1600—1. Jane Green, Ridgewood (3:34.3); 2. Cyn-die Hanson, Ridgewood (3:36.3); 3. Karen Kreuper, Palisades Park (3:37.3)
- MILE—1. Nancy Reed, Ridgewood (8:28.2); 2. Jean Leach, Ridgewood (8:30); 3. Kathy Scheller, Pasack Hills (8:32)
- 2 MILE—1. Megan Sexton, Paramus Catholic (17:25.6); 2. Mary Setick, Ridgewood (17:48.8); 3. De Meehan, Paramus Catholic (18:13.5)
- MILE RELAY—1. Ridgewood (12:25.6); 2. Midland Park (14:34); 3. Paramus Catholic (14:47)
- 440 RELAY—1. Glen Rock (Candy Toason, Sally Leonard, Terri Rasmussen, Venesa Hugley) (54.4); 2. Cliffside Park (55.0); 3. Demarest (55.9)

FIELD EVENTS

- SHOT PUT—1. Chris Ruff, Fort Lee (32.3); 2. Renee DuFlon, Ridgewood (30.0); 3. Carol Ann Blackwood, Fort Lee (29.3)
- DISC—1. Karen Smith, Park Ridge (136.4); 2. Kathie DeYon, Ridgewood (127.5); 3. Chris Ruff, Fort Lee (124)
- HIGH JUMP—1. Renee DuFlon, Ridgewood (4.91); 2. Mary Sayers, Ridgewood (4.80); 3. Mary Ellen Murphy, Paramus Catholic (4.70)
- LONG JUMP—1. Venesa Hugley, Glen Rock (16.934); 2. Mary Sue Sullivan, Midland Park (16.4); 3. Pat Angowski, Hackensack (15.61)

TEAM SCORES

- Ridgewood 64, Glen Rock 21, Demarest 16, Fort Lee and Paramus Catholic 15, Midland Park and Cliffside Park 13, Park Ridge 12, Legonia 7, Ridgewood Park 6, Hackensack, Pasack Valley, and Pasack Hills 5, Bopola, Palisades Park, and Paramus 3.

Emerson stems Haworth rally to post 7-6 win

Emerson thwarted a seventh-inning rally by Haworth after two runs were already in and the tying and winning runs on base to eke out a 7-6 victory in the Connie Mack League yesterday.

N.J.S.I.A.A. GIRLS' TRACK STATE

CHAMPIONSHIP

Rutgers University

June 8, 1974

Congratulations to all the competitors and their coaches for participating in the first "Meet of Champions" for girls. I would like to take this opportunity to thank Mr. Jay Dakelman and Mr. Gene Littler for their assistance and organization of this meet. New Jersey is probably one of the most progressive states in the nation in the development of girls' athletics. We should be very proud of the small part each one of us has done to bring our program where it is presently. A special thanks goes to our state association, NJSIAA, and Mr. James Crowley for his capable leadership.

Throughout our meets, numerous records have been set both nationally and on a state level. We greatly appreciate the courtesy we have been extended from the Bulova Watch Company in loaning calibrated timers for our state meets. Littman's Jewelers (located in Highland Park and Eatontown) have provided our boys and girls programs with these important time pieces.

We have been fortunate in acquiring excellent sites for all our state track and field championships. We are grateful to Mr. Frederick E. Gruninger and his staff for allowing us to enjoy this excellent athletic facility. Many thanks are also extended to the administrators of Monmouth College, JFK-Iselin High School and Ocean Township High School for providing us with their outstanding facilities for this year's girls' track and field championship.

No meet is successful without helpers. Special thanks are extended to the girls' track teams from Highland Park, Jackson Township, Ocean Township and Shore Regional for their assistance in our meets.

Best wishes to all competitors...

peace
mjb

N.J.S.I.A.A. GIRLS' TRACK STATE

CHAMPIONSHIPS

Event # 8

880yd. run finals

Heat # 1 Best Times

- | | | |
|-----------------|--------|---|
| 4 | 2:13.1 | 1. Ursala Eder (5878) Gateway |
| 2 nd | 2:22.1 | 2. Kathy Woodbridge (3778) Princeton |
| 1 st | 2:20. | 3. Jane Green (440N) Ridgewood |
| | | 4. Kathy Kolarsiek (763S) Red Bank Catholic |
| 3 rd | 2:22.9 | 5. Lisa Hahn (793N) Jefferson Township |
| | | 6. Maureen Schroeder (411N) Piscataway |
| | | 7. Gale Thomson (659N) Dover |
| | | 8. Margaret Karg (824N) Madison |
| 5 th | 2:24.5 | 9. Jackie Matthews (439S) Sayreville |
| | 2:25.4 | 10. Cindie Hansen (441N) Ridgewood |

Event # 9

110yd. low hurdles Finals-top 5

Event #10

220yd. dash finals-top 5

Event #11

440yd. relay finals

Ancona sets champs' meet mark

By **MARTY NOBLE**
Staff Writer

NEW BRUNSWICK — Joe Ancona had just won the 120-yard high hurdles in yesterday's State Meet of Champions and was busy thanking people who helped him set a meet record and equal the Bergen County mark of 38.6.

"I'd like to thank my mother—she's my biggest fan, and my coach," said Mahwah's All-County hurdler. "And I guess I should thank that mystery girl."

While Ancona was partying at the Mahwah prom Friday

night, his mystery girl called his home and spoke with Joe's "biggest fan".

"My mother said her name was Mary-something. I don't know where she's from. She told my mother that she'd read about me in the paper so much and felt like she knew me.

"And she wished me luck. I guess I should thank her, too."

With that kind of inspiration, Ancona was recovered sufficiently enough from the prom to bring back Bergen's only first place in the boys' competition.

TWO COUNTY GIRLS won. Glen Rock sprinter Venesa Hugley won the 100 in 11-flat and Ridgewood's Jane Green overcame her nervousness and her archrival to win the 880 in 2:20.8.

Ancona might have been able to double in yesterday's meet, having qualified for the 120 highs last week. But he figured a few more hours sleep were worth it.

"I got home at 3 o'clock this morning," he said. "I knew they were having the trials for the highs in the morning, but I didn't think I'd be able to run in them without falling asleep."

"Besides I had a better chance in the intermediates."

While Ancona slept yesterday morning, Green worried about her race. "I was so scared I'd lose again to that girl from Princeton [Kathy Woodbridge who beat Green in the state meet but finished second yesterday].

"I lost to her by two-tenths of a second the last time and Mr. Brown [Ridgewood coach Jock Brown] wasn't too happy. I didn't want to see him angry again. I don't like it when he yells. I was so worried about losing I almost cried."

MISS HUGLEY was favored to win her specialty and took her victory in stride. "I'm just glad this is finally all over," Venesa said. "Everyone was getting so worked up about this. I'm glad it's over and I'm glad I won. I don't think I could have faced everyone if I came home a loser.

Venesa scored all six Glen Rock points, while Mary Sayers took a fourth in the high jump to help Ridgewood finish in a tie for seventh place with eight points.

Manalapan (17 points) ran away with the girls' team title, while Union and Montclair tied for the boys' title with 13 points each. Tenafly was the highest scoring Bergen boys' team with seven points for a seventh-place tie.

BERGEN CATHOLIC'S Frank Moran continued his strong, late-season running by finishing second in the 880 in 1:55.4. Hackensack's Jerry Wyche bounced back from a

disappointing State meet to finish in a three-way tie for second place in the 220.

Running in the second heat, Wyche ran 22.1, tying Tenafly's Jim Lordeman for the best 220 time in Bergen County this year.

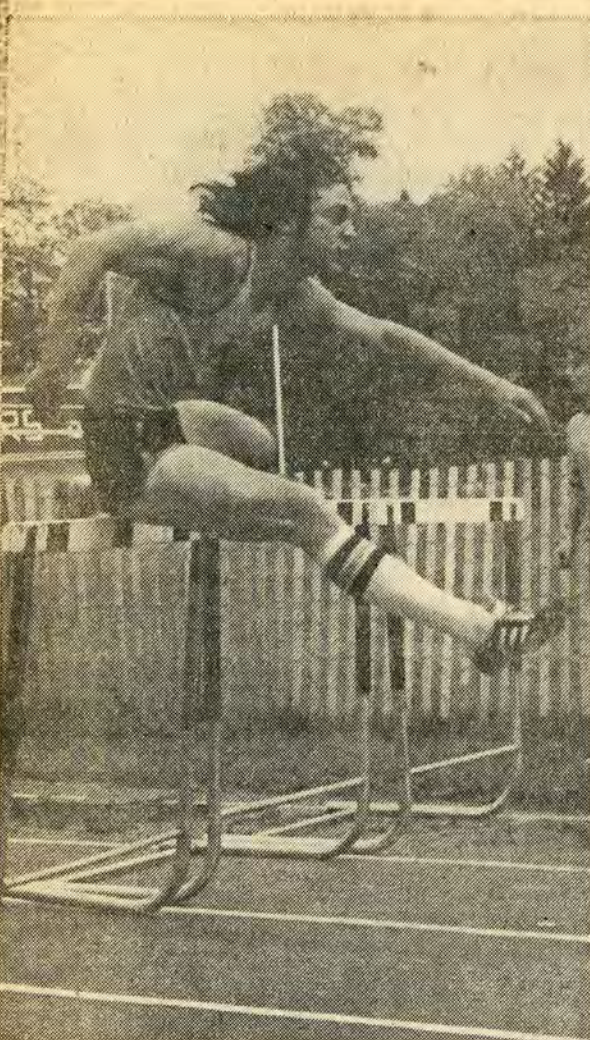
Lordeman placed fourth in the quarter in 49.9, his best this year and anchored the Tigers' runnerup mile relay team in 48.4. Tenafly's 3:23.2 was the best time run by a Bergen County relay team this year, but was well off the pace set by winner Montclair—3:18.9.

Bob McDermott of Paramus Catholic and Rich Stukey of Teaneck both ran 4:18.7 to take fourth and fifth place respectively in the mile.

Hackensack's Bill Duren

ran 14.2 in the 120 highs qualifying but couldn't match in the final, finishing fourth in 14.5.

PARAMUS CATHOLIC'S Jim Quinn finished fourth in the discus in 163-1. Mike Columbus of Scotch Plains bypassed the Mount Prospect Meet in Illinois to continue his discus battle with Union's Ron Klotzer, and won in 191-5. St. Joseph Regional's Scott Decandia went to the Illinois meet and threw 59-11, but junior teammate Mark Saner stayed behind and paced second to Klotzer's 64-5½ with 59-9¼. Klotzer had five throws better than 60 feet. Tenafly's Ray Sahadi fouled twice and threw 55-¼. He didn't make the finals.



MAHWAH'S JOE ANCONA shows off his winning form.

Staff Photo by Ed Hill



JANE GREEN
Overcomes nervousness



VENESA HUGLEY
Glad it's over

Meet of Champions summaries

Boys' meet

FIELD EVENTS

DISCUS—1, Mike Columbus, Scotch Plains (191-5); 2, Ron Klotzer, Union (179-9); 3, Bruce Heide, Dayton Regional (171-11); 4, Jim Quinn, Paramus Catholic (163-1); 5, Jim Page, Chatham Township (156-1).

SHOT PUT—1, Ron Klotzer, Union (64-5½); 2, Mark Sauer, St. Joseph Regional (59-9¼); 3, Bob Mattia, Union (58-5¼); 4, Bill Banks, Woodrow Wilson (Carmden) (58-¼); 5, Warren Brown, Pleasantville (57-4¼).

JAVELIN—1, Sal Florentino, Washington Township (204-1); 2, Stewart Rahol, Piscataway (199-8); 3, Craig Robinson, Delsea (195-8); 4, Kim Galbrith, Cedar Grove (195-3); 5, Bill Mumford, Montclair (195-1).

HIGH JUMP—1, Doug Richardson, Columbia (6-8); 2, Mark Kelly, Audubon (6-8); 3, Dave Cleaves, Point Pleasant Boro (6-6); 4, Rosco Johnson, Plainfield (6-6); 5, tie between Matt Anderson, Audubon and Charlie Allen, Orange (6-4).

POLE VAULT—1, Tim Bealey, Mater Dei (14-0); 2, Bruce Wodder, North Hunterdon (13-6); 3, Rick Wendt, Boonton (13-6); 4, Jeff Eggett, Morris Knolls (13-6); 5, Derek Wilson, Randolph (13-6).

LONG JUMP—1, Charlie Calhoun, Scotch Plains (22-10); 2, Marty O'Hare, Millburn (22-4½); 3, Gary Moore, Overbrook (22-3); 4, Pat Balir, Franklin Township (21-5); 5, Fred Lovett, Hamilton West (21-4¾).

RUNNING EVENTS

120 HH—1, Randy Johnson, Morristown (14.2); 2, Tim Dale, Pleasantville (14.2); 3, Jim Cunningham, Rahway (14.2); 4, Bill Duren, Hackensack (14.5); 5, Bill Burney, Trenton (14.7).

100—1, Charlie Walker, Lakewood (10.0); 2, Ron Washington, Vailsburg (10.0); 3, Jeff Thornton, Woodbury (10.0); 4, Walt Thompson, Sparta (10.2); 5, John Taylor, Notre Dame (10.2).

440—1, Jerry Morgan, Vailsburg (48.9); 2, Lionel Adams, Monmouth (49.5); 3, Bob Coburn, Montclair (49.7); 4, Jim Lorde-man, Tenafly (49.9); 5, Don Murphy, Glen Ridge (50.4).

220—1, Jeff Thornton, Woodbury (22.0); 2, three-way tie between Jerry Wyche, Hackensack, Charles Walker, Lakewood, and Cliff Jackson, Plainfield (22.1); 5, Ron Washington, Vailsburg (22.2).

2 MILE—1, Chris Hallinan, Bernards (9:06.7) (Meet record, old record 9:06.9, by Mike Keough, Essex Catholic, 1970. State sophomore record, old record 9:12.8, by Vince Cartier, Scotch Plains, 1970); 2, Greg Stremme, Gateway (9:09.3); 3, Scott Buttinghuasen, New Providence (9:11.5); 4, Tom Green, Newark Central (9:19.1); 5, Sal Vega, Memorial (West New York) (9:20.6).

320—1, Joe Ancona, Mahwah (38.6) (Meet record, new event. Ties Bergen County record by Ken Stokes, New Milford, 1974); 2, Joe Ferrara, Wayne Hills (38.6); 3, Craig Allen, Montclair (38.8); 4, Tyrone Sherrard, South Plainfield (39.0); 5, Chris McHugh, Millburn (39.0).

MILE—1, Mark Hagelgans, Whippany Park (4:16.6); 2, Steve McDuffie, Neptune (4:17.6); 3, Jay Vickery, Cherry Hill West (4:18.4); 4, Bob McDermott, Paramus Catholic (4:18.7); 5, Rich Stuke, Teaneck (4:18.7).

880—1, Greg Honsby, Rancocas Valley (1:54.7); 2, Frank Moran, Bergen Catholic (1:55.4); 3, Wayne Wise, Jefferson (1:55.9); 4, Tim Sydeman, Williamstown (1:55.9); 5, Scott Sheehy, Parsippany Hills (1:56.1).

MILE RELAY—1, Montclair (Craig Allen, Brian Payne, Bob Coburn, Al Colter) (3:18.9); 2, Tenafly (Jim Lordeman, (48.4), Arnie Zandonella, Charles Schnaars, Bob Duzoglou) (3:23.2); 3, North Edison, (3:23.3); 4, Memorial (West New York) (3:23.6); 5, South Plainfield (3:24.2).

TEAM SCORING

Union and Montclair 13, Scotch Plains 12, Vailsburg 11, Lakewood and Woodbury 9, Plainfield and Tenafly 7, Mahwah, Morristown, Bernards, Whippany Park, Washington Township, Mater Dei and Columbia 6, Millburn, Pleasantville and Hackensack 5, Audubon 4½, Paramus Catholic, Wayne Hills, Neptune, Bergen Catholic, Monmouth, Gateway, Piscataway and North Hunterdon 4, Springfield, Cherry Hill West, Delsea, Rahway, North Edison, Jefferson, Memorial (West New York), Point Pleasant Boro, Overbrook and New Providence 3, Wilson, Cedar Grove, Sparta, Willingboro, Franklin Township, Newark Central, Boonton and Morris Knolls 2, Chatham Township, Randolph, Notre Dame, Teaneck, Glen Ridge, Parsippany Hills, Trenton, South Plainfield and Hamilton West 1, Orange ½.

Girls' meet

FIELD EVENTS

LONG JUMP—1, Yvonne Smith, Monmouth (17-1¾); 2, Hazel Lucas, Montclair (16-1½); 3, Julie Smithers, Lakewood (16-4¾); 4, Nancy Scott, Manalapan (15-10½); 5, Althea Davidson, Kennedy (Paterson) (15-7).

HIGH JUMP—1, Martha Megill, Asbury Park (5-1); 2, Cindy Cody, Ocean Township (5-0); 3, Paula Armstrong, Piscataway (4-10); 4, Mary Sayers, Ridgewood (4-10); 5, Gina Gooden, Vailsburg (4-10).

SHOT PUT—1, Martha Suhayda, Matawan (40-1¼) (State record, old record 40-1¼ by Suhayda, 1974); 2, Anne Usinowicz, Butler (38-7¾); 3, Rhonda Peterson, Toms River South (37-9); 4, Sharon Redvici, Monmouth Regional (37-2½); 5, Michelle Barber, Butler (36-7).

JAVELIN—1, Keri Camarigo, Wall Township (124-11) (State record, old record 124-¾ by Nancy Nielson, Red Bank); 2, Donna O'Carroll, St. John Vinney (123-2); 3, Pat Hurley, North Edison (108-4); 4, Cheryl Smith, Piscataway (107-2); 5, Sue McGettigan, Kennedy (Iselin) (106-2).

DISCUS—1, Martha Suhayda, Matawan (126-1¾) (State record, old record 125-0 by Suhayda, 1974); 2, Robin Machin, Jackson Township (120-2); 3, Linda Lenz, Point Pleasant Boro (115-3); 4, Michelle Barber, Butler (104-3); 5, Mary Walsh, Toms River North (102-9).

RUNNING EVENTS

2 MILE—1, Eileen Meenan, Mater Dei (11:37.4) (State record, old record 11:37.8 by Meenan, 1974); 2, Cathy Young, Rancocas Valley (11:50.2); 3, Valerie Sheets, Roxbury (11:53.2); 4, Jean Reres, Notre Dame (11:53.6); 5, Megan Sexton, Paramus Catholic (11:54.7).

110—1, Julie Smithers, Lakewood (15.0) (Ties state record by Smithers and Michelle Bressant, Woodbridge (15.4); 3, Edith Mapp, Edgewood (15.8); 4, Robin Kelly, Red Bank Catholic (15.9); 5, Michelle Allgood, Jefferson Township (15.9).

100—1, Venesa Huglev, Glen Rock (11.0); 2, Vonnet Coker, Woodbury (11.2); 3, Nancy Scott, Manalapan (11.5); 4, Vanessa Snyder, Glassboro (11.5); no fifth place.

220—1, Liz Young, Manalapan (25.2) (Ties state record by Young, 1974); 2, Gloria Gooden, Vailsburg (26.0); 3, Sandy Ugi, Delaware Valley (26.4); 4, Caria Hunt, Holy Cross (26.3); 5, Johnetta Sparrow, Eastside (Paterson) (26.7).

440—1, Marie Clough, Franklin Township (57.7) (Ties state record by Clough, 1974); 2, Marsha Fitzgerald, Clifford Scott (58.4); 3, Caria Hunt, Holy Cross (58.7); 4, Jackie Schmitt, Boonton (59.4); 5, Gina Gooden, Vailsburg (59.6).
880—1, Jane Green, Ridgewood (2:20.8); 2, Kathy Woodbridge, Princeton (2:22.1); 3, Lisa Hahn, Jefferson Township (2:22.9); 4, Ursula Eder, Gateway (2:23.1); 5, Jackie Matthews, Sayreville (2:24.5).

MILE—1, Hilary Noden, Hopewell Valley (5:06.0); 2, Mary Conlin, Nutley (5:13.6); 3, Kathy Christman, Rancocas Valley (5:17.1); 4, Sarah Erb, Jefferson Township (5:23.1); 5, Janet Kronick, Franklin Township (5:29.9).

440 RELAY—1, Manalapan (Nancy Scott, Candy Fox, Debbie Weis, Liz Young) 50.4 (State record, old record 50.7 by Eastside (Paterson) and Manalapan, 1974); 2, Red Bank, 50.7; 3, Eastside (Paterson), 50.8; 4, Wayne Hills, 51.0; 5, Woodbury, 51.2.

MILE RELAY—1, Toms River South (Renee Roncin, Sue Johnson, Arlene Sullivan, Kathy Reabold), 4:03.5; 2, Franklin Township, 4:05.7; 3, Bernards, 4:10.0; 4, Jackson Township, 4:12.6; 5, Rancocas Valley, 4:16.4.

TEAM SCORING

Manalapan 17, Matawan 12, Franklin Township 11, Scott and Lakewood 9, Rancocas Valley, Ridgewood and Monmouth 8, Butler 7, Asbury Park, Glen Rock, Hopewell Valley, Jackson Township, Mater Dei, Vailsburg and Wall 6, Holy Cross, Jefferson Township, Piscataway, Red Bank, and Woodbury 5, Clifford Scott, Montclair, Nutley, Ocean Township, Eastside (Paterson), Princeton, St. John Vianney and Woodbridge 4, Bernards, Delaware Valley, Edgewood, North Edison, Point Pleasant Beach and Roxbury 3, Millburn, East Brunswick, Gateway, Glassboro, Notre Dame and Wayne Hills, 2, Iselin, Kennedy (Paterson), Paramus Catholic, Toms River North 1, and Sayreville 1.

