

RED BANK CATHOLIC

GARDEN STATE

Girls Track and Field Relay Festival

Saturday, May 4, 1974

Monmouth College, W. Long Branch, N.J.

PRICE \$1.00

Page 1

RUNNING EVENT: Shuttle Hurdle (Final) Invitational Championship

Team 1: Red Bank Catholic 1:10.2  
Robin Kelly  
Mary Copperthwaite  
Carol Doran  
Patty Mooney

RUNNING EVENT: Shuttle Hurdle (Final) Group 1

Team 1: Matawan Regional 1:09.4  
Jodi Schneider  
Ellen Falco  
Toni Wood  
Carolyn Bucco

Team 2: Toms River So. 1:09.6  
Anne Mitchell  
Amy Schultz  
Sandy Bujnowski  
Wendy Applegate

Team 3: Toms River No. 1:14.6

RUNNING EVENT: Shuttle Hurdle (Final) Group 2

Team 1: Shore Regional 1:10.4  
Margaret O'Hallaran  
Karen Girsch  
Lori Leslie  
Carol Doelling

Team 2: Jefferson Twp. 1:13.5

Team 3: Mater Dei 1:13.9  
Donna Barna  
Due Honrath  
Gayle Seguine  
Rose Stephens

**Relay Event Lures 46 Schoolgirl Track Teams**



Jack Rafter

RED BANK — Forty-six teams including four from outside the state will compete in the annual Garden State Girls Track and Field Relay Festival on May 4 at Monmouth College in West Long Branch.

New Jersey powers Red Bank Catholic, Toms River South, Matawan Regional, Cranmer, Bernards, and Jefferson Township will be joined by Dover Air Force Base High School and Lake Forest Senior High School both from Delaware, Rye Neck N.Y. High School and Kennedy Christian High School from Sharon, Pa. The Kennedy Christian team will travel 600 miles to perform.

Meet coordinator Jack Rafter said the program, consisting of 12 relay events, will be contested on an all-day schedule. All major metropolitan newspapers and Futurevision, a local closed circuit television organization, will provide coverage.

The relay will be divided into three groups. International Group I and Group II. Any team was permitted to enter the Invitational section. If not, they were placed in Group I (female enrollment over 500) or Group II (female enrollment 0-500). However, all New Jersey Group III and IV schools

were placed in Group I because of their size.

The Invitational Championship 800-Mile Relay is expected to be the highlight of the day even though only three schools are entered. Red Bank Catholic and Ridgewood will compete for this title with the possibility that the 10-minute barrier will be broken. East Brunswick is also entered.

Paul VI of Haddonfield in Group I and St. Joseph of Toms River in Group II are possible winners in their two-mile contests.

East Orange High School, which already has posted a blazing 48.8 for the event, will be favored in the 100-meter dash. The two-mile distance relay will be run by the two-mile relay teams. Red Bank Catholic should take this distance in Group I, while Shore Regional and Jefferson High School should battle for the Group II championship.

The 880 Relay will be closely contested, since the teams entered have posted times within two or three-tenths of a second of each other. Monmouth Regional may be the best of the group.

Red Bank Catholic should take the Invitational Distance Medley, but Saddle Brook and Jefferson are contenders. In the same event, Woodbridge and Rumson-Fair Haven should provide the best

times in Group I and Mater Dei and Point Pleasant Beach in Group II.

In the 4x100 relay, Red Bank Catholic, their team drawn from 89 cross-country runners, stands unopposed. Raritan could come up with the Group I title, and Mater Dei and Jefferson should contest the Group II crown in this event.

The 4x200 relay, a new addition to the high school girls track, should be a battle between Red Bank Catholic and East Orange with records likely to fall in the invitational event. Paul VI of Haddonfield and Toms River South should battle for the Group I crown, while Jefferson Township and Hillsboro are strong Group II entries.

Piscataway should take the high jump invitational and also contest the discus relay with Red Bank Catholic in the invitational area. North Bergen and Point Pleasant Boro in Group I and visiting Kennedy Christian and Saddle Brook in Group II should fare well.

Red Bank Catholic (Invitational), Toms River South (Group I), and Matawan (Group II) should win the javelin relay. Matawan is a strong favorite to take the shot put event in the invitational ranks.

MILE RELAY

Team 1:	Red Bank Catholic	<u>INVITATIONAL</u>
	MaryBeth Ryan	4:13.4
	MaryAnne Meehan	
	Kim Kelly	
	Eileen Kean	
Team 2:	Long Branch	4:15.7
	Hansen Robinson	
	Carol Hutchinson	
	Jalina Thigpen	
	Phyllis Smith	
Team 3:	Plainfield	4:22.8
	Jill Hall	
	Debbie Douglas	
	Monique Sutton	
	Linda Shell	
Team 4:	Piscataway	4:26.0
Team 5:	East Orange	4:28.2

MILE RELAY

Team 1:	Toms River South	<u>GROUP 1</u>
	Rene Ronlin	4:05.6
	Sue Johnson	
	Arlene Sullivan	
	Kathy Seabold	
Team 2:	Monmouth Regional	4:14.3
	Linda Byers	
	Donna Cogan	
	Dedira Jones	
	Due Konecny	
Team 3:	Jackson Township	4:14.7
	Sharon Knapp	
	Michelle Murray	
	Kathy Sanklev	
	Kassandra Stusnick	
Team 4:	Paul VI	4:23.0
Team 5:	Metawan Regional	4:27.8
Team 6:	Ridgewood	4:30.8
Team 7:	Ocean Township	4:32.9
Team 8:	Toms River North	4:33.1
Team 9:	Raritan	4:33.6

## MILE RELAY

GROUP 2

Team 1:	<del>Exeter High</del> Bernards	4:15.5
	Antonette Mitterando	
	Nancy Engel	
	Katie Washburn	
	Laurie Fonda	
Team 2:	Glenridge	4:19.8
	Sue Cavallaro	
	Donna Corraza	
	Pat Cavallaro	
	Donna Watkins	
Team 3:	Hillsboro	4:28.9
	Valerie Janiec	
	Maryellen Dwyer	
	Chris Tornstrom	
	Nancy Olden	
Team 4:	Holmdel	4:30.5
	Mary Vavarick	
	Francine Harbour	
	Claudia Cahill	
	Loren Geiss	
Team 5:	Kennedy Christian	4:33.7
	MaryLou Babnis	
	Kim Richards	
	Maggie Lally	
	Darla David	
Team 6:	Mater Dei	4:38.0
	Sue Honrath	
	Karon Slavin	
	Helen Glowzenski	
	Rose Stephens	
Team 7:	Saddle Brook	4:40.6
Team 8:	Jefferson Twon.	4:45.5

440 Relay: (XXIII) TRIALInvitational Championships

Team 1:	East Side	51.4
Team 2:	Neptune	51.9
Team 3:	Ocean Twp.	52.5
Team 4:	J.F.K.	53.4
Team 5:	Long Branch	53.5
Team 6:	Plainfield	53.7

440 Relay: TRIALGroup I

Team 1:	Monmouth Reg.	52.5
Team 2:	Paul VI	52.6
Team 3:	Jackson Twp.	52.9
Team 4:	Toms River So.	53.1
Team 5:	Toms River No.	53.4
Team 6:	Raritan	53.6
Team 7:	Matawan	54.6
Team 8:	E. Brunswick	55.5
Team 9:	Pt. Pleasant Boro	55.7
Team -----	<u>Rumson Disqualified</u>	

First 6 qualify

440 Relay: TrialGroup II

Team 1:	Shore Regional	52.1
Team 2:	Holmdel	53.1
Team 3:	Glen Ridge	53.3
Team 4:	Kennedy Chr.	53.5
Team 5:	Bernards	53.9
Team 6:	Jefferson Twp.	54.1
Team 7:	Abraham Cl.	54.3
Team 8:	Our Lady	55.2
Team 9:	St. Pius X	56.4
Team 10:	Ry Neck	57.0

First 6 qualify

FIELD EVENTSHIGH JUMP:

Team 1:	Red Bank Catholic Donna Stanis (4.9) JoAnn Tierney (4.8) Maryann Ryan (4.6)	13'11"
Team 2:	Piscataway Lopez (4.8) Fissen (4.4) Schroder (4.6)	13'6"
Team 3:	E.O.H.S. Ledbetter (4.6) Blake (4.4) Jordan (4.2)	13'

Invitational ChampionshipsJAVELIN:

Team 1:	Red Bank Catholic Nancy Nielsen (110'3") Kerry Higgins (89') Joanne Domorski (87'11")	287'2"
Team 2:	Piscataway Kathy Tucker(89') Cheryl Smith (97'8") Barbara Browne (79'11")	266'7"
Team 3:	Neptune Jocelyn Earle(49'4") Bev Walker(73'2") Dalthea Brown(102'9")	225'3"

Invitational ChampionshipsDISCUS:

Team 1:	Piscataway K. Tucker(64'8") C.Smith (102'3") B. Browne (90'10")	256'21"
Team 2:	Red Bank Catholic K. Ryan (72'7") M. Sheehan (91'10") C. Rafter (92"6")	255'24"

Invitational Championships

<u>400 Relay:</u>	<u>Invitational</u>
Team 1: East Side	51.4
Team 2: Neptune	51.9
Team 3: Ocean Twp.	52.6
Team 4: J.I.K.	53.4
Team 5: Long Branch	53.5
Team 6: Plainfield	53.7
Team 7: P.B.C.	54.0
Team 8: Memorial	54.3
Team 9: Piscataway	55.5
Team 10: East Orange	60.3

First 6 qualify.

FIELD EVENTS - THROWING

Event: Discus

Division: Group I

FINAL

<u>Team 1</u>	<u>Jackson</u>		<u>Distance</u> <u>314'10"</u>
A.	Maggie McMenamin	102	
B.	Cathy McMenamin	102 1/2"	
C.	R. Machin	110 10"	
<u>Team 2</u>	<u>Toms River South</u>		<u>Distance</u> <u>289'11 1/2"</u>
A.	T. Barrett	87 1 1/2"	
B.	M. Glutting	97 4 1/2"	
C.	R. Petersen	103 5/8"	
<u>Team 3</u>	<u>Matawan Regional</u>		<u>Distance</u> <u>269'11 1/2"</u>
A.	M. Suhayda	118 5/8"	
B.	J. Charlsen	79 10"	
C.	L. Londner	71 8"	
<u>Team 4</u>	<u>Point Pleasant Boro</u>		<u>Distance</u> <u>268'11 1/2"</u>
<u>Team 5</u>	<u>Toms River South N</u>		<u>Distance</u> <u>265'2 1/2"</u>
<u>Team 6</u>	<u>Ridgewood</u>		<u>Distance</u> <u>246'10"</u>
<u>Team 7</u>	<u>Monmouth Regional</u>		<u>Distance</u> <u>233'6 1/2"</u>
<u>Team 8</u>	<u>Raritan</u>		<u>Distance</u> <u>233'3"</u>
<u>Team 9</u>	<u>North Bergen</u>		<u>Distance</u> <u>230'5 1/2"</u>

## 880 RELAY: F I N A L

Team 1: East Side  
 Thersa Curtis  
 Connie Fletcher  
 Gloria Sheffield  
 Janetta Sparrow

Invitational Champs1:51.1

Team 2: Long Branch 1:52.2

JoAnn Nahon  
 Julina Thigpen  
 Nadine James  
 Phillis Smith

Team 3: Red Bank Catholic 1:53.4

Patty Seaman  
 Kim Tracy  
 Holly O'Hearn  
 JoAnn Fahoumy

Team 4: Plainfield 1:57.1

## 880 RELAY: T R I A L

GROUP 1

Team 1:	Monmouth Regional	1:49.4
Team 2:	Matawan Regional	1:49.5
Team 3:	Bernards	1:52.1
Team 4:	Naritan	1:53.6
Team 5:	Toms River N.	1:54.1
Team 6:	J.F.K.	1:57.0
Team 7:	Paul VI	1:57.1
Team 8:	Jackson	1:57.4
Team 9:	E. Brunswick	1:58.6

## 880 RELAY: T R I A L

GROUP 2

Team 1:	Shore Regional	1:49.5
Team 2:	Kennedy Christin	1:52.5
Team 3:	Holmdel A	1:52.6
Team 4:	Abraham Clark	1:55.8
Team 5:	Cliffside Park	1:57.6
Team 6:	Mater Dei	1:59.1
Team 7:	Hillsboro	1:59.5
Team 8:	St. Pius X	2:03.9
Team 9:	Holmdel B	2:04.3
Team 10:	SaddleBrook	2:11.0

## FIELD EVENTS

## HIGH JUMP

GROUP 1

Team 1:	Monmouth Regional Redwick (4'11") Brown (4'11") Pina (4'4")	14'2"
Team 2:	Matawan Alexander (4'11") Jackson (4'6") Altinger (4'8")	14'1"
Team 3:	Raritan Stansfield (4'2") St. John (4'8") Owens (4'6")	13'4"
Team 4:	Toms River North	13'2"
Team 5:	Ocean	9'6"
Team 6:	J.F.K.	4'6"

## DISCUS

GROUP 2

Team 1:	Shore Regional M. Quigley (75'9½") D. Riss (85'9") J. Seger (96'6")	258'1½"
Team 2:	Bernards D. Mehl (85'9½") L. Nardone (96'10") J. Kendall (74'4½")	257'
Team 3:	Park Ridge H. Mannik (71'8½") D. Quirsfield (77'11½") K. Smith (103'4½")	253'7½"
Team 4:	Jefferson Twp. L. Edwards (90'½") L. Claus (78'3") R. Tible (81'3½")	249'7"
Team 5:	Mater Dei S. Kieber (72'9½") J. Smith (73'8") P. McEvilly (94'1½")	240'7" <del>xx</del>
Team 6:	Kennedy Christian G. Pacsi (82'2½") L. Fedorko (86'2½") K. Richards (63'3½")	231'8"
Team 7:	Point Pleasant Beach	222'5½"
Team 8:	Saddlebrook	191'11 3/4"

## 2-MILE RELAY: F I N A L

Invitational Championships

Team 1: Ridgewood 9:46.3

Kandie Lathan  
Nancy Reed  
Cyndi Hansen  
Jane Green

Team 2: Red Bank Catholic 9:52.5

Cathy Kolarsick  
Sharon McCabe  
Sue Prentz  
Sheila Kelly

Team 3: East Brunswick 11:07.6

## 2-MILE RELAY: F I N A L

Group 1

Team 1: Toms River So. 10:19.0

Nancy Venke  
Nancy Pearce  
Veronica Mygillie  
Kathy Sullivan

Team 2: Paul VI 10:45.1

Sharon DeVaney  
Marie Marchesani  
Mari Clunk  
Tricia Duffin

Team 3: Pt. Pleasant Boro 11:17.6

Michele Becker  
Patty Donahue  
Lois Vandernoot  
Susan Robin

Team 4: Mat. Regional 11:34.6

Team 5: Monmouth Reg. 11:32.7

## 2-MILE RELAY: F I N A L

Group 2

Team 1: St. Joseph 10:35.7

~~TM~~ Maryann Johnson  
Bobbie Harris  
Diane Menardi  
Theresa McGrath

Team 2: Kennedy Christian 10:43.6

Maggie Lally  
Carol Baumberk  
Maryann Bralich  
Kathy Borawski

Team 3: Jefferson Twp. 10:51.9

Marjorie Korp  
Katy Brodziak  
Kari Gulbrandsen  
Acelaide Manchester

Team 4: Mater Dei 10:56.0

Team 5: Saddle Brook 12:58.5

## FIELD EVENTS

JAVELINGROUP 1

Team 1:	Toms River South Lloyd Gleckner Robinson	295' 6 1/2"
Team 2:	Jackson Lee M. McMenamin Machin	292' 3/4"
Team 3:	Matawan J. Charlsen M. Suhayda T. Jackson	288' 4"
Team 4:	Point Pleasant Boro	278' 10 1/2"
Team 5:	Monmouth Regional	246' 5"
Team 6:	Toms River North	241' 7"

HIGH JUMPGROUP 2

Team 1:	Kennedy Christian Diatko (4'6") Bulick (4'11") Babnis (4'6")	13'11" (11 miss)
Team 2:	Park Ridge Smith (4'8") Quirksfeld (4'11") Mannik (4'4")	13'11" (12 miss)
Team 3:	Point Pleasant Beach Wilson (4'11") Contreiss (4'6") Carlson (4'6")	13'11"
Team 4:	Jefferson Twp.	9'
Team 5:	Saddlebrook	8'8"

SPECIAL SHUTTLE HURDLE: Special Invitational Challenge Race

Team 1: Toms River So. 1:07.4  
Anne Mitchell  
Amy Schultz  
Sandy Bujnowski  
Wendy Applegate

Team 2: Matawan Regional 1:09.6  
Jodi Schneider  
Ellen Falco  
Toni Wood  
Carolyn Bucco

## DISTANCE MEDLEY:

Team 1: Jefferson Twp. 13:13.4  
Judy Meszaros  
Lisa Hahn  
Susan Collins  
Sara Erb

Team 2: Red Bank Catholic 13:39.0  
Mary Beth Ryan  
Maryanne Pheipher  
Karon Culver  
Cathy Doran

Team 3: Saddlebrook 13:41.3  
Theresa Vaccarella  
Debby Mac Rae  
Cindy Marchese  
Jean Chodnicki

Team 4: Long Branch 14:49.0

Team 5: Neptune 15:08.5

## SHOT-PUT

Invitational

Team 1:	Matawan Judy Charsen Yvonne Alexander Martha Suhayda	99' 5 1/2"
Team 2:	Red Bank Catholic Trisha Blatz Joanne Domorski Colleen Rafter	91' 7 1/2"
Team 3:	Piscataway Lisa Ehid Kathy Tucker Barbara Browne	85'
Team 4:	Memorial	79' 4 1/2"

## LONG JUMP:

Group 2

Team 1:	Kennedy Christian Lally Babnis Donelly	45' 2 3/4"
Team 2:	Shore Regional Doelling Chapman DiSanto	45' 1 3/4"
Team 3:	Glen Ridge Cavallaro Watkins Taylor	44' 9 1/2"
Team 4:	Cliffside Park	44' 6 3/4"
Team 5:	Lake Forest	42' 2 1/2"
Team 6:	Jefferson Township	41' 11"
Team 7:	Point Pleasant	40' 1 3/4"
Team 8:	Park Ridge	39' 6 1/2"
Team 9:	Saddlebrook	38' 3/4"

<b>DISTANCE MEDLEY F I N A L</b>		<b>GROUP 1</b>
Team 1:	Monmouth Regional	13:54.4
	Sue Doughty	
	Toya Wyatt	
	Betsy McDermott	
	Nancy Burke	
Team 2:	Rumson-Fair Haven	13:55.5
	Sue Jardine	
	Karen Emery	
	Betsy Mauger	
	Joy Kelly	
Team 3:	Raritan	14:11.5
	Patrice Ammerman	
	Christy Winrow	
	Ellen Gallivan	
	Lisa Hughes	
Team 4:	Toms River No.	14:21.1
Team 5:	Ocean Twp.	15:06

<b>DISTANCE MEDLEY F I N A L</b>		<b>GROUP 2</b>
Team 1:	Shore Regional	13:50.0
	Sherry Ferguson	
	Ellen Rakowski	
	Patty Braay	
	Lynn Courtney	
Team 2:	Kennedy Christian	13:59.0
	Darla David	
	Carole Baumberger	
	Maggie Lally	
	Cathy Borawski	
Team 3:	Holmdel A	14:04.3
	Lauren Giess	
	Mary Ellen Gerrity	
	Perianne Berezney	
	Jeanne Gittens	
Team 4:	Point Pleasant Beach	14:12.9
Team 5:	Bernards	14:13.2

## JAVELIN

GROUP 2

Team 1:	Bernards T. Mitterando Jordan A. Mitterando	261'10"
Team 2:	Point Pleasant Beach Lacey Flarity Hankins	255'9"
Team 3:	Kennedy Christian C. Diatko K. Korawski C. Baumbelk	254'7"
Team 4:	Mater Dei	242'1"
Team 5:	Jefferson	216'2"
Team 6:	St. Peters	75'5 $\frac{1}{2}$ "

440-RELAY	F I N A L	<u>GROUP 1</u>
Team 1:	Monmouth Regional Yvonne Smith Brigette Mitchell Anita Brown Linda Byers	51.5
Team 2:	Paul VI Kathy Tull Kathy Muir Ann Stoelker Cathy Costigan	51.8
Team 3:	Toms River North Joanne Vaccaro Michale Pouncey Michele Manganiello Carolyn Kruysman	52.6
Team 4:	Toms River South	52.6
Team 5:	Jackson Twp.	53.2
440 RELAY	F I N A L	<u>GROUP 2</u>
Team 1:	Shore Regional Kim Rock Debbie Obach Kyle DiSanto Diane Chapman	52.3
Team 2:	Jefferson Twp. Ingrid Jewsiuk Kathy Meszaros Jill Ceasar Sandy Sturke	52.8
Team 3:	Glen Ridge Donna Wood Diane Taylor JoAnn Cavallaro Donna Watkins	53.0
Team 4:	Bernard	53.0
Team 5:	Kennedy Chris.	53.4

440- RELAY INVITATIONAL F I N A L      Invitational

Team 1: Plainfield      51.5

Cynthia Priester  
 Cassandra Johnson  
 Jill Hall  
 Linda Shell

Team 2: Neptune      51.6

Dalthea Brown  
 Rosalyn Brown  
 Michele Holland  
 Lea Phelps

Team 3: East Side      51.7

Della Harris  
 Constance Fletcher  
 Rhonda Carter  
 Laurie Lee

Team 4: Ocean Twp.      52.2

Team 5: Long Branch      53.2

## FOUR-MILE RELAY F I N A L      (Combined)

Team 1: Red Bank Catholic      22:44.3      Invitational Group

Jeanette Sesson  
 Monica Loncola  
 Betsy Cangialosi  
 Jeanne Alter

Team 2: Mater Dei      23:39.7      Group II

Julie Smith  
 Ann Marie Mayer  
 BettyJean Gresh

Team 3: Raritan      25:04.24      Group I

Pat Brown  
 Wendy Muller  
 Marty Brady  
 Sheila White

Team 4: Ridgewood      25:11.6      Group ITeam 5: Jefferson      26:26.0      Group IITeam 6: Kennedy Christian      29:03.1      Group II

880 RELAY F I N A LGROUP 1

Team 1:	Monmouth Regional	1:49.0
	Donna Cogan	
	Sue Owans	
	Sue Koneckny	
	Yvonne Smith	
Team 2:	Matawan	1:50.4
	Vanessa Brown	
	Carolyn Bucco	
	Liz Altinger	
	Yvonne Alexander	
Team 3:	Raritan	1:53.4
	Carole DeVirgilo	
	Fi Frank	
	JoAnn Cirocco	
	Trina Cornett	
Team 4:	Toms River North	1:53.5
Team 5:	J.F.K.	1:56.5

880 RELAY F I N A LGROUP 2

Team 1:	Shore Regional	1:50.3
	Kim Rock	
	Dawn Pratt	
	Kyle DiSanto	
	Diane Chapman	
Team 2:	Kennedy Christian	1:52.7
	Julie Donnelly	
	Cindy Diatko	
	Donna Grannison	
	Carol Lally	
Team 3:	Holmdel	1:54.0
	Maryann Trudeau	
	Karen Ferchak	
	Kathy Esposito	
	Claudia Cahill	
Team 4:	Abraham Clark	1:56.8
Team 5:	Mater Dei	1:58.0