

RIDGEWOOD  
CROSS  
COUNTRY

1976

SEASON  
SUMMARY



**1976 Ridgewood Cross Country**

## GIRL'S CROSS COUNTRY 1976

COACH: JACOB BROWN

5 wins- 1 loss, 1st "league" meet, 3rd in Bergen County, 2nd in North I sectionals,  
4th in group IV States.

## DUAL MEETS:

RHS 15 - IHA 50  
 Saddle Brook 18 - RHS 43  
 RHS 27 - Paramus Catholic 29  
 RHS 15 - Paramus 50  
 RHS 15 - Bergenfield 47  
 RHS 26 - Paramus Catholic 31  
 ?

## INVITATIONAL MEETS:

Passaic County Coaches	4th	147 points
Bernardsville	4th	80 points
Ridgewood Inv.	4th	118 points
NNJIL league	1st	34 points
Spotswood Inv.	6th	176 points
Bergen County Champs	3rd	92 points
Sectionals N. I Gr IV	2nd	84 points
State Group IV	4th	166 points

## TEAM MEMBERS:

Seniors	Dee Doyle	Juniors	Ann Dorsett *	Sophomores	Heidi Kelley
* denotes letter winners	Laura Lauffer *	Jamie Nicholson **	Klara Grape *	Alyson Grunder **	Janet Lombaerde *
	Lennie Maguire *	San Ong	Julie Jones	Maureen McQueeney	Mary O'Neil *
	Margaret Vandermeyns ***				Chris O'Rourke
<u>HONORS</u>	Alyson Grunder - 1st team all County			Freshman	Alex Ghisholm *
	Jamie Nicholson - 2nd team all county				Engrid Lander
	Colleen Speidel - 2nd team all county				Colleen Speidel *
	Janet Lombaerde and Klara Grape Honorable mention all county				

GIRL'S CROSS COUNTRY SCHEDULE 1976

Friday	September 17	Hackensack	Home
Friday	September 24	Immaculate Heart Academy	Home
Wednesday	September 29	Saddle Brook	Garrett Mountain
Saturday	October 2	Shore Coaches Invitational	
Tuesday	October 5	Paramus Catholic	Away
Saturday	October 9	Bernardsville Invitational	Bernardsville
Thursday	October 14	Paramus Catholic	Home
Saturday	October 16	Ridgewood Invitational	Home
Monday	October 18	Passaic Valley	Away
Friday	October 22	NNJIL Championship	Garrett Mountain
Tuesday	October 26	DePaul	Away
Saturday	October 30	Bergen County Championship	Garrett Mountain
Saturday	November 6	State Sectional Championship	
Saturday	November 13	State Group Championship	
Saturday	November 20	State Meet Of Champions	

Dual Meets begin at 4:00 Pm  
 Most Saturday meets are in the morning

Cross Country Entry Fees

Passaic Coaches:	<u>10.00</u>
Bernardsville:	<u>20.00</u>
Ridgewood:	<u>20.00</u>
Bergen County:	<u>26.25</u>
Spotswood:	<u>14.00</u>
N.J. State:	<u>20.00</u>

110.25

GIRL'S CROSS COUNTRY 1976											6 NOV
		17 SEPT	24 SEPT	11 OCT	14 OCT	16 OCT	29 SEPT	2 OCT	22 OCT	30 OCT	
SENIOR	Debbie Armbruster	17:26	17:00								
	Dee Doyle	15:34	15:17	15:22		15:26	15:26				
	Jammie Nicholson	14:02		13:34	13:24	13:39	15:33		14:28		
	Lenni Maguire	17:10	15:29	15:24	14:47	14:35	15:29		15:07		
	San Ong	16:07	16:06	15:51		15:24	16:41				
	Margaret Vandermeyns	15:09	14:38	14:01			14:42	14:19			
JUNIOR	Ann Dorsett	14:26		13:38	13:44	13:36	15:31	14:10	13:55		
	Klara Gape			13:28	13:49	13:15	15:03	14:44	13:45		
	Alyson Grunder	13:58	13:14	12:45.6	12:42	12:42	13:35	13:12	13:04		
	Julie Jones	15:58	15:02		14:37	14:31	15:47				
	Laura Lauffer	15:59	15:23	14:03	13:53	13:40	14:56	14:45	13:57		
	Maureen McQueeney WEILER			18:09			17:59	17:26		16:44	
SOPHOMORE	Heidi Kelley	15:39	14:50					15:06			
	Janet Lombaerde	15:08	14:31	13:32	13:37	13:30	14:02	14:08			
	PAM Mullen										
	Mary O'Neil			15:17	14:59	14:15	14:12	16:42		14:33	
	Chris O'Rourke						14:49	16:25			
FRESHMAN	Alex Chisholm	15:48	15:02					15:17			
	Engrid Lander	15:57						15:48			
	Colleen Speidel	14:48	14:08	13:26	13:13	13:00	13:49	13:58			

The Olympics  
Montreal, Canada

I hope you <sup>are</sup> enjoying your vacation as much as I am. Needless to say I am enjoying Montreal and the Olympic track and events. Oh by the way, speaking of running \*\*\*\*\*

RIDGEWOOD GIRL'S CROSS COUNTRY THIS FALL CAN BE

**GREAT !!!**

I love cross country. I loved running it and I love coaching it. Win, lose, or draw it is an enjoyable sport. However we have the talent this year to have a great team. I have carefully studied the times of all girls who expressed interest in the team before school was out. If you work hard you will have a championship team.

If you want to be on a championship team do the following:

August 1 to 7 - 20 minutes of running 5 days per week, 8X220 yard or 4X440 yard run on the track 1 day at a slow pace, rest 1 day.

August 8 to 14 - 30 minutes of running 5 days per week, same track workout 1 day, rest one day.

August 15 to 21 - 45 minutes of running 5 days per week, same track workout 1 day, rest one day.

August 22 to 31 - 60 minutes of running 5 days per week, same track workout only faster, rest one day.

ALWAYS include 15 minutes of relaxed stretching exercises before or after you run.

Nothing fancy. Good old fashioned milage running. Try to be running one hour non-stop by September 1st. If you can run for one hour now or sometime before September 1st. just run faster during the one hour period. (ie run more miles!) There is no need to run more than one hour a day in August.

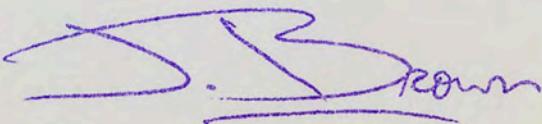
I know not all of you will do this running but it is your team. If 5 or 10 of you train hard now Ridgewood will be great. If you don't the team won't be bad and we will still have fun but I think striving for and achieving greatness is that icing on the cake that can make competitive athletics so special.

A parent permission card and medical history form are enclosed. Have your parents fill them out and bring them to your physical exam. Physicals will be at the end of august but are not scheduled **yet**. Watch the newspaper for the time or call me (444-5831) about ~~August~~ 24th to get the date.

Schedule: August 1 to 31 RUN RUN RUN  
end of august physical exam

September 1st, 2nd, 3rd practice 10:00 am  
(meet at the high school track, but don't expect a locker room)

See you then,



## CROSS COUNTRY SCORE SHEET

RIDGEWOOD vs Inter Squad  
 DATE 17 September 1976  
 TEAM RECORDS: RHS \_\_\_\_\_

DISTANCE 2.0  
 COURSE RECORD \_\_\_\_\_  
 COURSE CHARACTER \_\_\_\_\_  
 WEATHER \_\_\_\_\_

PLACE	NAME	SCHOOL	TIME	SCORE <u>Maroon</u>	RHS
1.	Grunder	Maroon	13:58	1	2
2.	Jimmie Nichibor	White	14:02	3	5
3.	Dorsett	M	14:26	4	6
4.	Speidel	M	14:48	10	7
5.	Lombardi	W	15:08	11	8
6.	Vandermeys	W	15:09	FINAL SCORE	
7.	Doyle	W	15:34	29	28
8.	Kelley	W	15:39		
9.	Chisholm	W	15:48		
10.	Lander	M	15:57		
11.	Jones	M	15:58		
12.	Lauffer	W	15:59		
13.	Ong	M	16:07		
14.	McGuire	W	17:10		
15.	Armbruster	M	17:26		
	O'Neil DNF	AA			
	Weiler DNF				
	O'Rourke DNF	W			
	Grape DNF	(late for race)			

A classic example of Depth Beating several front runners.

1:36 seconds between #1 and #5. We must get it under 1 minute

Less than 1 minute between #5 and #13. A lot of improvement in position can be made.

CROSS COUNTRY SCORE SHEET

RIDGEWOOD vs Immaculate Heart Academy DISTANCE 2.0 miles

DATE 24 September 1976

COURSE RECORD first race

TEAM RECORDS: RHS 1 - 0  
                          0 - 1

COURSE CHARACTER flat, grass & sidewalks  
WEATHER sunny, warm, clear - beautiful

**CROSS COUNTRY SCORE SHEET**

RIDGEWOOD vs Saddle Brook High School DISTANCE 2.0 miles  
DATE 29 September 1976 COURSE RECORD 11:47.1  
TEAM RECORDS: RHS 1-1 COURSE CHARACTER Garrett Mountain  
                  SBHS 1-0 WEATHER sunny, mild, great

PLACE	NAME	SCHOOL	TIME	SCORE	RHS	SBHS
1.	Jean Chodnicki	SB	12:33.8	4		1
2.	Lucille Pasciolla	SB	12:34	6		2
3.	Debbie Ceria	SB	13:21	10		3
4.	Alyson Grunder	RHS	13:35	11		5
5.	Dolaes Harrisson	SB	13:47	12		7
6.	Colleen Spidel	RHS	13:49	FINAL SCORE		
7.	Mary Cullen	SB	13:50	43		18
8.	Mary Bolthas	SB	13:55			
9.	Claire Lange	SB	14:00			
10.	Janet Lombaerde	RHS	14:02			
11.	Amy McLaughlin	SB	14:06			
12.	Margaret Vandermeyns	RHS	14:42			
13.	Laura Lauffer	RHS	14:56			
14.	Klara Grape	RHS	15:03			
15.	Heidi Kelly	RHS	15:06			
16.	Alex Chisholm	RHS	15:17			
17.	Dee Doyle	RHS	15:26			
18.	Lenni Maguire	RHS	15:29			

## CROSS COUNTRY SCORE SHEET

RIDGEWOOD vs Paramus Catholic H.S.

DISTANCE 1.75+

DATE 5 October 1976

COURSE RECORD first race

TEAM RECORDS: RHS 2 - 1

COURSE CHARACTER flat macadam, out and back

P.C. 1 - 1

WEATHER overcast, warm

PLACE	NAME	SCHOOL	TIME	SCORE	RHS	PC
1.	Michele Guido	PC	10:58	2		1
2.	Alyson Grunder	RHS	11:01	4		3
3.	Megan Sexton	PC	11:09	5		6
4.	Janet Lombarede	RHS	11:41	7		8
5.	Ann Dorsett	RHS	11:42	9		11
6.	Ann Kramer	PC	11:43	FINAL SCORE		
7.	Jamie Nicholson	RHS	11:48	27		29
8.	Mary Ann Bogish	PC	11:52	20.		
9.	Klara Grape	RHS	11:54	20. Cathy Quinn PC 12:52		
10.	Margaret Vandermeys	RHS	11:56	21. Shawn Kohut PC 12:54		
11.	Rose Devine	PC	11:59	22. Dee Doyle RHS 12:56		
12.	Laura Lauffer	RHS	12:14	23. Alex Chisholm RHS 12:58		
13.	Cathy Neston	PC	12:26	31. Engrid Lander RHS 14:15		
14.	Julie Jones	RHS	12:31	33. Virginia Weiler 14:21		
15.	Nancy Kelly	P.C. RHS	12:36	(42 finishers)		
16.	Chris Pizzalota	PC	12:38			
17.	Lennie Maguire	RHS	12:42			
18.	Pam Dillon	PC	12:44			
19.	Chris O'Rourke	RHS	12:48			

## CROSS COUNTRY SCORE SHEET

Paramus  
RIDGEWOOD vs Bergenfield  
DATE 11 October 1976  
TEAM RECORDS: RHS 4-1

DISTANCE 2.0 miles scored as a double dual meet  
COURSE RECORD 13:14.0  
COURSE CHARACTER veterans Field  
WEATHER Sunny and cool

PLACE	NAME	SCHOOL	TIME	SCORE	RHS	P	B
1.	Alyson Grunder	RHS	12:45.6	New record	1	8	7
2.	Colleen Speidel	RHS	13:26		2	9	8
3.	Klara Grape	RHS	13:28		3	10	9
4.	Janet Lombaerde	RHS	13:32		4	11	11
5.	Jamie Nicholson	RHS	13:34		5	12	12
6.	Ann Dorsett	RHS	13:38	FINAL SCORE	15	50	47
7.	Pat Green	B	13:53				
8.	Eileen Healy	B	13:54				
9.	Jackie Wilken	B	13:54				
10.	Margaret Vandermeyns	RHS	14:01				
11.	Laura Lauffer	RHS	14:03				
12.	Marilyn Triventi	B	14:41				
13.	Pat Szorentine	P	14:43				
14.	Teri Malespina	B	14:43				
15.	Mary O'Neil	RHS	14:59				
16.	Valerie Gerken	B	15:11				
17.	Debbie Rotondaro	B	15:13				
18.	Doreen Piano	P	15:19				
19.	Dee Doyle	RHS	15:22				

M.I.R.

20. Lennie Maguire RHS 15:24  
21. San Ong RHS 15:51  
22. Kathy Kulesa P 16:53  
23. Gloria Kosco P 16:59  
24. Carol Cooper P 17:15

## CROSS COUNTRY SCORE SHEET

RIDGEWOOD vs Paramus Catholic H.S. DISTANCE 2.0DATE 14 October 1976 COURSE RECORD 12:45.6TEAM RECORDS: RHS 5 - 1 COURSE CHARACTER Veterans FieldWEATHER nice

PLACE	NAME	SCHOOL	TIME	SCORE	RHS	PC
1.	Michelle Guido	PC	12:24	new record	2	1
2.	Colleen Speidel	RHS	13:13		3	4
3.	Jamie Nicholson	RHS	13:24		6	5
4.	Mary Ann Bogish	PC	13:28		7	9
5.	Anne Framer	PC	13:33		8	12
6.	Janet Lombaerde	RHS	13:37	FINAL SCORE	26	31
7.	Ann Dorsett	RHS	13:44		20.	Caroline VanInwegen PC 15:08
8.	Klara Gape	RHS	13:49		21.	Laura Larvcci PC 15:09
9.	Donna Schaefer	PC	13:51		(37 total finishers)	
10.	Laura Lauffer	RHS	13:53			
11.	Mary O'Neill	RHS	14:15			
12.	Nancy Kelly	PC	14:17	#1-5	36 seconds	
13.	Chris Pizzalotto	PC	14:19			
14.	Lizzy McGee	PC	14:24			
15.	Pam Dillon	PC	14:25			
16.	Shawn Kobut	PC	14:30			
17.	Julie Jones	RHS	14:37			
18.	Lennie Maguire	RHS	14:47			
19.	Terry Curran	PC	14:57			

MIR →

## Passaic County Coaches---Gretta Mountain

## Varsity A --Girls

1.	Joette Clark, Columbia	11:49
2.	Nine Zollo, Wayne Hills	11:55
3.	Sabdy Guidotti, Hunterdon Central	12:08
4.	Sandy Alexander, Roxbury	12:09
5.	Lancy Seeger, Roxbury	12:25
6.	Michelle Guido, Paramus Catholic	12:46
7.	Leslie Chiocco, Memorial	12:49
8.	Laura Havran, Hunterdon Central	12:52
9.	Linda Reedy, Mountain	12:54
10.	Pam Beliefs, Kearny	12:56
11.	Tiane Pauer, Roxbury	12:58
12.	Kim Meyer, K Wayne Hills	13:07
13.	Harlene Nelson, Wayne Hills	13:09
14.	Alyson Grunder, Ridgewood	13:12
15.	Megan Sexton, Paramus Catholic	13:16
16.	Joyce Barnore, Passaic Valley	13:18
17.	Cathy Sanford, Caldwell	13:19
18.	Cindy Summa, Raritan	13:22
19.	Debbie Alexander, Roxbury	13:29
20.	Theresa Barrata, Memorial	13:33
21.	Geralyn Abramonte, Demarest	
22.	Kathy Lewis, Passaic City Tech	
23.	Cindy Chu, Caldwell	
24.	Dale Oreshen, Hunterdon Central	
25.	Judy Forton, Demarest	

## Team Score

1.	Roxbury	72	
2.	Hunterdon Cent	99	Wayne Hills 102
3.			3. Wayne Hills 113
4.	Ridgewood	147	
5.	Paramus Cath	154	
6.	Caldwell	188	
	Memorial	188	
8.	Raritan	231	
9.	Kearny	232	
10.	Mountain	280	
11.	Passaic City Tech	287	
12.	Bergenfield	298	
13.	Dumont	302	

92 Finishers

First girls to white pole in  
26 Sec or so.

Same in A race  
Grunder was 29 Sec to Pole

(1:07 spread)

Zollo was 5:01 to "mile"  
Alexander was 5:11 to "mile"

GRUNDER	14 <sup>th</sup>	13:12.4	(5:27)
SPEIDEL	26 <sup>th</sup>	13:58	(5:55)
LOMBAERDE	32 <sup>nd</sup>	14:08	(6:05)
Dorsett	34 <sup>th</sup>	14:10	(6:00)
VANDERMEYS	41	14:19	
GRAPE	53	14:44	(6:15)
Lanffer	54	14:45	(6:15)

~~xx~~ Passaic County Coaches--Garret Mountain

Varsity Girls A B

1.	Lucille Sheldrick, Union Hill	12:10
2.	Maureen Sullivan, Morris Catholic	12:12
3.	Kelly Neillan, Fort Lee	12:15
4.	Jill Quigley, Verona	12:27
5.	Jean Chodnicki, Saddle Brook	12:35
6.	Lucille Pasciolla, Saddle Brook	12:46
7.	Delores Harrison, Saddle Brook	13:17
8.	Lavonne Kruse, Sparta	13:19
9.	Sue Mazzaros, Jefferson Twp	13:21
10.	Debbie Ceria, Saddle Brook	13:23
11.	Sally Cavallero, Glen Ridge	13:24
12.	Lise Maloof, Ramsey	13:29
13.	Maureen Conklin, Hopatcong	13:30
14.	Heather McIntosh, Glen Ridge	13:33
15.	Cathy Cass, Bayley-Ellard	13:38
16.	Jo Ann Licata, Saddle Brook	13:40
17.	Alicia Caldwell, Spotswood	13:41
18.	Marg Korp, Jefferson Twp	13:44
19.	Wendy McConnell, Jefferson Twp	13:48
20.	Beth Scott, Hopatcong	13:51
21.	Debbie Conklin, Hopatcong	
22.	Sharon Keestner, Verona	
23.	Mary Boltash, Saddle Brook	
24.	Zn Ann Glidue, Bayley-Ellard	
25.	Marilyn McCarthy, Bayley Ellard	

Team Score

1.	Saddle Brook	44
2.	Hopatcong	113
3.	Bayley-Ellard	123
4.	Jefferson Twp	141
5.	Spotswood	155
6.	Verona	<del>xx</del> 186
7.	Sparta	238
8.	Union Hill	243
9.	Ramsey	245

# Saddle Brook girls triumph

WEST PATERSON — Girls' cross-country continues to grow at a very rapid rate in New Jersey. New names, faces and teams are emerging as the young season develops, but certain things never seem to change.

In the latter category is Saddle Brook which yesterday again was victorious at the Passaic County Invitational at Garret Mountain.

The Falconettes won the B race by a whopping 69-point margin over Hopatcong with a score of 44. Roxbury, which Saddle Brook beat last year before there were two girls' races in this meet, came up the winner in the A race with a score of 72, 27 points ahead of Hunterdon Central.

It's too bad there were separate races as a Saddle Brook-Roxbury matchup would have been an excellent one. The teams virtually were deadlocked on a comparative-time basis.

Jean Chodnicki and Lucille Pasciolla led the way for Saddle Brook in fifth and sixth places, respectively, with Delores Harrison (seventh), Debbie Ceria (10th) and Jo Ann Licata (16th) completing the winning quintet.

The individual star of the day was Columbia frosh Joetta Clark, winner of the A race by 25 yards over Wayne Hills' Nina Zollo. The South Orange girl covered the two miles in 11:49. Sandy Alexander of Roxbury and Michelle Guido of Paramus Catholic, second and third, respectively, in the all-Groups meet last year, could manage only a fourth and a sixth, respectively, giving an indication of many of the new faces starring in the sport.

One familiar face, Fort Lee's Kelly Neilan, continued her excellent running by placing third in the B race in 12:15, fastest time by any Bergen County runner.

— STEVE LURIE

## Boys Varsity A

- Henry Leniz, Memorial — 14:33
- Estuquio Gonzalez, Memorial — 14:43
- Henry Hernandez, Memorial — 14:57
- Doug Piper, Iselin — 15:03
- Marty Holleran, N. Bergen — 15:06
- John Kirchoff, Bergen Tech — 15:07
- George Conner, Raritan — 15:08
- Erwin Plusy, Columbia — 15:09
- Frank Romero, Memorial — 15:14
- Ed Gavin, St. Joseph Reg. — 15:15
- Rich Murphy, Don Bosco — 15:28
- Al Solano, Memorial — 15:28
- Chris Tsamalalis, N. Bergen — 15:30
- Israel Gonzalez, Memorial — 15:35
- Ron Weaver, Passaic Cty. Tech — 15:35
- Bill Valenzano, Bergen Tech — 15:45
- Andy Kineev, Butler — 15:46
- Mark Jerney, Sparta — 15:48
- Dave Blinstrub, Rutherford — 15:51
- Mike Gallagher, Saddle Brook — 15:54
- John Cummings, Mahwah — 15:55
- Sal Iodaci, Saddle Brook — 15:56
- Brian Chropock, Jefferson Twp. — 15:59
- Joe Shiller, Saddle Brook — 16:02
- Chris Quinty, Jefferson Twp. — 16:03
- Jeff Swayze, Jefferson Twp. — 16:06
- Ken Apuzzo, New Milford — 16:13
- Charles Cilnik, Garfield — 16:14
- Bill Van Fleet, DePaul — 16:18
- Dave Lai, Manchester — 16:19
- Adam Butry, Garfield — 16:20
- George McDonough, Sparta — 16:24
- Gene Bulmer, Butler — 16:26

**Team Scores** — Memorial (West New York) 31, Westfield 105, Hunterdon Central 123, Columbia 141, Essex Catholic 188, North Bergen 217, Don Bosco 225, Raritan 235, Iselin 266, Kearny 269, Kennedy 270, Passaic County Tech 302, Bergenfield 332, Wayne Valley 350, St. Joseph Regional 364, Union 389, Paramus 421, Wayne Hills 490, Clifton 557 and Passaic Valley 566.

**Team Scores** — Saddle Brook 45, Jefferson Township 78, Butler 126, Garfield 161, Rutherford 169, Sparta 172, Mahwah 196, New Milford 209, Queen of Peace 270, Bergen Tech 272, Hawthorne 285, St. John Vianney 286, Manchester 322, Glen Rock 372, Paterson Catholic 383, DePaul 427 and Verona 467.

## Boys Varsity B

- Bob Siehl, Morris Hills — 14:24
- Roger Jones, Ramsey — 14:27
- Kevin Leonard, Parsippany — 14:44
- Kevin Molteni, Morris Cath. — 14:55
- Mike Spano, Morris Cath. — 14:59
- Jim Bates, Pascack Hills — 15:07
- Bob Grubel, Morris Hills — 15:08
- Bob Sommer, Pascack Valley — 15:09
- Mike Alberse, Ramsey — 15:10
- Gary Leaman, West Essex — 15:12
- Tom Ferris, Tenafly — 15:29
- Rich Braver, Pascack Valley — 15:37
- John Baker, Dumont — 15:41
- Gerry Clark, Old Tappan — 15:49
- Kevin Haley, Indian Hills — 15:52
- Tony Fitzgerald, Tenafly — 15:53
- John Brennan, Ramsey — 15:53
- Pat Hamilton, Mendham — 15:32
- Mark Wisse, Eastern Christian — 15:35
- John Peterson, Pal. Park — 15:39
- Chris Wood, Mt. Lakes — 15:42
- Bob Gibson, Mt. Lakes — 15:43
- Dave Gsell, Glen Ridge — 15:44
- Chuck McGrath, Pompton Lakes — 15:46
- Ernie Feirer, Leonia — 15:48
- Kevin Mitchell, Mendham — 15:51
- Lou Gallo, Paul VI — 15:53
- Eldon Sully, Leonia — 16:08
- Tony Cannavino, No. Arlington — 16:16
- Bill O'Donnell, Bogota — 16:18
- Ray Farinella, Paul VI — 16:27
- Dan Fridsma, Eastern Christian — 16:28
- Dave Sarmiento, H.S.B. Hgts. — 16:28
- Kujtim Bilali, Pal. Park — 16:36
- David Wollerman, Leonia
- Bob Stodnick, Bogota
- Tom Burns, Bogota
- Mike Pites, Pal. Park

**Team Scores** — Morris Catholic 52, Morris Hills 82, Parsippany 102, Ramsey 106, Tenafly 146, West Essex 147, Indian Hills 192, Pascack Hills 212, Pascack Valley 215, Dumont 262, Mountain 299, Demarest 349, Westwood 414 and Lakeland 424.

## Boys Varsity C

- Rick Bolline, Saddle Brook — 15:05
- Mike Salamone, New Milford — 15:16
- Scott Sarnoski, Bergen Tech — 15:19
- Erick Munroe, Jefferson Twp. — 15:34
- Steve Karcich, Saddle Brook — 15:38
- Steve Karcich, Saddle Brook — 15:44
- Pat Hamilton, Mendham — 15:32
- Mark Wisse, Eastern Christian — 15:35
- John Peterson, Pal. Park — 15:39
- Chris Wood, Mt. Lakes — 15:42
- Bob Gibson, Mt. Lakes — 15:43
- Dave Gsell, Glen Ridge — 15:44
- Chuck McGrath, Pompton Lakes — 15:46
- Ernie Feirer, Leonia — 15:48
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- Bill O'Donnell, Bogota — 16:18
- Ray Farinella, Paul VI — 16:27
- Dan Fridsma, Eastern Christian — 16:28
- Dave Sarmiento, H.S.B. Hgts. — 16:28
- Kujtim Bilali, Pal. Park — 16:36
- David Wollerman, Leonia
- Bob Stodnick, Bogota
- Tom Burns, Bogota
- Mike Pites, Pal. Park

**Team Scores** — Palisades Park 117, Boga 125, Glen Ridge 131, Paul VI and Leonia 144, Mountain Lakes 159, Eastern Christian 181, Hopatcong 188, Hasbrouck Heights 264, Bayley-Ellard 301, Park Ridge 346, Pompton Lakes 357, Ridgefield 386 and Secaucus 486.

**JUNIOR VARSITY B**

- Louis Swiatkowski, Ramsey — 12:52
- Ramsey 32.

## Girls Varsity A

- Joetta Clark, Columbia — 11:49
- Nina Zollo, Wayne Hills — 11:55
- Sandy Guidotti, Hunterdon Cent. — 12:07
- Sandy Alexander, Roxbury — 12:09
- Nancy Seeger, Roxbury — 12:25
- Michelle Guido, Paramus Cath. — 12:46
- Leslie Chiocco, Paramus Cath. — 12:49
- Laura Hawran, Hunterdon Cent. — 12:52
- Linda Reedy, Mountain — 12:54
- Pam DeHays, Kearny — 12:56
- Kim Meyer, Wayne Hills — 12:07
- Harlene Nelson, Wayne Hills — 13:09
- Alysion Grunder, Ridgewood — 13:12
- Megan Sexton, Paramus Cath. — 13:16
- Joyce Brimore, Passaic Valley — 13:18
- Theresa Baratta, Memorial — 13:33
- Gaylyn Abramonte, Demarest
- Gaylyn Abramonte, Passaic Cty. Tech
- Cindy Chu, Caldwell
- Judy Torton, Demarest
- Team scores** — Roxbury 72, Hunterdon Central 99, Wayne Hills 113, Ridgewood 147, Paramus Catholic 154, Caldwell and Memorial (West New York) 188, Raritan 231, Kearny 232, Mountain 280, Passaic County Tech 287, Bergenfield 298 and Dumont 302.

## Girls Varsity B

- Lucille Sheldrick, Union Hill — 12:10
- Maureen Sullivan, Morris Cath. — 12:12
- Kelly Neilan, Fort Lee — 12:15
- Jill Quigley, Verona — 12:37
- Jean Chodnicki, Saddle Brook — 12:35
- Lucille Pasciolla, Saddle Brook — 12:46
- Delores Harrison, Saddle Brook — 13:17
- LaVonne Kruse, Sparta — 13:19
- Sue Masezaros, Jefferson Twp. — 13:21
- Debbie Ceria, Saddle Brook — 13:23
- Lisa Malof, Ramsey — 13:29
- Jo Ann Licata, Saddle Brook — 13:40
- Marg Korp, Jefferson Twp. — 13:44
- Wendy McConnell, Jefferson Twp. — 13:48
- Mary Boltash, Saddle Brook — 13:48
- Team scores** — Saddle Brook 44, Hopatcong 113, Bayley-Ellard 123, Jefferson Township 141, Sportswood 155, Verona 186, Sparta 238, Union Hill 243 and Ramsey 245.

# M.B. Reid's sportscope

A predicted time mile run should get all manner of runners out to Veterans Field in Ridgewood Saturday.

Anyone may enter - men, women, boys, girls, joggers or competitive runners. The runner predicts his or her time before running and the individual who comes closest to the prediction will win a trophy. All finishers will be awarded a ribbon.

Entrants must sign up at the band shell at 1 p.m. but may come at 12:30 p.m. to look the course over.

There is no entry fee as the Knights of Columbus are sponsoring all prizes.

There will be several other races the same day as part of Ridgewood's cross country invitational.

Call Jock Brown, 50 John St., Ridgewood for more information.

\* \* \*

Alyson Grunder was second in a field of 42 finishers when Ridgewood High School girls edged Paramus Catholic girls in a dual cross country meet, 27-29. Grunder was fourth when

the Maroon girls were outrun by Saddle Brook, 18-43.

Janet Lombaerde and Ann Dorsett were fourth and fifth in the run with Paramus Catholic. Jamie Nicholson was seventh.

Colleen Speidel was sixth in the Saddle River met and Lombaerde was tenth.

\* \* \*

Jimmy Kelly, a fourth grader in Ridgewood's Travell school won the area's nine-year-old class in Ford's Pass, Punt and Kick competition. He then went on to win third place in district competition.

He received his trophy at the Fair Lawn Athletic Club Tuesday.

\* \* \*

Jody Campana of Franklin Lakes was appointed to serve as one of four student members of the Committee on Sports and Recreation at Bucknell University.

A 1973 graduate of Ramapo High School and an outstanding tennis player, Campana will join the committee which serves in a planning and advisory capacity during the con-

struction of the five million dollar complex which began this fall.

\* \* \*

The YMCA has openings in various programs: wrestling for boys in the fifth through eighth grades under the direction of Jim McIlwain; street hockey for boys on Saturdays under the direction of Bruce Sankowich; and a basketball program under the direction of Rick Claydon.

\* \* \*

The Ridgewood Dept. of Recreation has open gyms at three locations on Wednesday evenings until April 1977.

Volleyball for adults at Willard School is under the direction of Ken Moscarello.

Basketball for adults at Ben Franklin gym is under supervision of Les Bloss.

Open gym for high school students at the high school gym will begin Oct. 20 with Jeff Yearing in charge.

The gyms are open from 7-9:30 p.m. There is a nominal fee for adults and a small registration fee for students.

**RIDGEWOOD CROSS COUNTRY INVITATIONAL  
HIGH SCHOOL**

1.	Joetta Clark	Columbia	11:22
2.	Mary Jane Briody	Sayreville	11:47
3.	Jean Chodnick	Saddlebrook A	11:49
4.	Nina Zollo	Wayne Hills	11:55
5.	Kelly Neilan	Fort Lee	12:12
6.	Lucille Pasciolla	Saddlebrook A	12:17
7.	Diane Craig	Fitch-Groton	12:19
8.	Paula Hunter	Fitch-Groton	12:31
9.	Roberta Estey	Toms River South A	12:33
10.	Jennifer Hand	Toms River South A	12:36
11.	Maureen Smith	Fitch-Groton	12:40
12.	Alyson Grunder	Ridgewood A	12:42
13.	Nancy Halpin	Toms River South A	12:44
14.	Lisa Maloof	Ramsey	12:49
15.	Debbie Ceria	Saddlebrook A	12:51
16.	Delores Harrison	Saddlebrook A	12:55
17.	Claire Lange	Saddlebrook A	12:59
18.	Amy McLaughlin	Saddlebrook A	13:00
19.	Colleen Speidel	Ridgewood	13:00
20.	Sandy Newett	Northern Highland	13:02
21.	Mary Boltach	Saddlebrook B	13:11
22.	Klara Grape	Ridgewood A	13:15
23.	Pat Wyles	Franklin	13:17
24.	Maria Berrios	Franklin	13:20
25.	Kelly Culpepper	Toms River South A	13:22
26.	Katy Batista	Fitch-Groton	13:23
27.	Joanne Licata	Saddlebrook A	13:23
28.	Kathi Welsh	Fitch-Groton	13:25
29.	Mary Donovan	Dumont	13:25
30.	Mary Culleh	Saddlebrook B	13:29
31.	Janet Lombarte	Ridgewood	13:30
32.	Josie Ramos	Hoboken	13:33
33.			13:36
34.	Ann Dorcet	Ridgewood	13:36
35.	Beth Galella	Toms River South A	13:37
36.	Thevera Miespina	Bergenfield	13:39
37.	Jamie Nicholson	Ridgewood A	13:39
38.	Laura Lauffer	Ridgewood B	13:40
39.	Patricia Greene	Bergenfield	13:41
40.	Marilyn Triventi	Bergenfield	13:41
41.	Gloria Leonard	Toms River South A	13:46
42.	Nancy Quinones	Hoboken	13:46
43.	Eileen Healy	Bergenfield	13:46
44.	Ellen Blarkes	Fitch-Groton	13:50
45.	Doreen Piano	Paramus	13:59
46.	Terrie Dempsky	Fitch-Groton	13:59
47.	Laura McKenna	Fair Lawn	14:00
48.	Pat Szorentini	Paramus	14:02
49.	Olympia Reyes	Hoboken	14:07
50.	Mary O'Neill	Ridgewood B	14:12
51.	Mary Schneider	Wayne Hills	14:14
52.			14:15
53.			14:16
54.	Michelle Licata	Saddlebrook B	14:18
55.	Roberta Jordan	Ramsey	14:20
56.	Teri Curran	Paramus Catholic	14:23

## HANOVER TOWNSHIP HIGH SCHOOL CROSS COUNTRY

## HIGH SCHOOL (CONT)

57.	Shawn Kohut	Paramus Catholic	14:25
58.	Lome Nichok	Dumont	14:27
59.	Caroline Vaninwegen	Paramus Catholic	14:29
60.	Pam Dillon	Paramus Catholic	14:30
61.	Julie Jones	Ridgewood B	14:31
62.	Lil Forzani	Dumont	14:32
63.	Sherry McGowan	Toms River South B	14:33
64.	Kim Morgan	Ramsey	14:35
65.	Lenni Maguire	Ridgewood B	14:35
66.	Kathy Quinn	Paramus Catholic	14:41
67.	Laura Carucci	Paramus Catholic	14:44
68.	Valerie Gerkin	Bergenfield	14:48
69.	Christine O'Rourke	Ridgewood B	14:49
70.	Mary Cronan	Wayne Hills	14:54
71.	Lynne Woodbury	Columbia - South Orange	14:57
72.	Doreen Kris	Ramsey	14:58
73.	Mary Ellen Mannion	Paramus Catholic	15:02
74.	Cathy Kulesa	Paramus	15:06
75.	Nancy Figueroa	Hoboken	15:10
76.	Alice Garbarini	Dumont	15:11
77.	Pat Smith	Toms River South A	15:12
78.	Gloria Schiraldi	Sumont	15:15
79.	Susan Jabajas	Franklin	15:18
80.	San Org	Ridgewood B	15:24
81.	Dee Doyle	Ridgewood B	15:26
82.	Regina Flimlin	St. Cecilia	15:32
83.	Sue Schmidt	Toms River South B	15:26
84.	Daine Short	Ramsey	15:32
85.	Karen Tynan	St. Cecilia	15:33
86.	Carol Cooper	Paramus	15:34
87.	Maria Seoulevda	Hoboken	15:34
88.	Janice Wilgynski	Saddlebrook B	15:42
89.	Ann Marie Joyce	Dumont	15:53
90.	Mary Beth Palumbo	Columbia - South Orange	15:53
91.	Marion Reilly	Franklin	15:58
92.	Barbara Zielinski	Hoboken	16:00
93.	Elba Marter	Wayne Hills	16:29
94.	Elba Zayas	Hoboken	16:22
95.	Lisa Noonberg	Saddlebrook B	16:42
96.	Kathy Laydon	Wayne Hills	16:44
97.	Bev Kuehn	Wayne Hills	16:45
98.	Regina Wheathey	Franklin	16:50
99.	Maureen McQueeney	Ridgewood B	17:59
100.	Laura Agradian	Saddlebrook B	18:18
101.	Mary Ellen Garrison	Saddlebrook B	21:28

TEAM SCORES

1.	Saddle Brook	57	7.	Hoboken	285
2.	Fitch-Groten	80	8.	Saddle Brook - B	288
3.	Toms River South	92	9.	Ramsey	289
4.	Ridgewood	118	10.	Paramus Catholic	298
5.	Bergenfield	226	11.	Wayne Hills	314
6.	Ridgewood - B	283	12.	Dumont	314
			13.	Franklin	315

# Ridgewood Varsity

Grunder	16 <sup>TH</sup>	13:29
Nicholson	23 <sup>rd</sup>	13:39
Grafe	32	13:53
Sperdel	36	13:59
Lombaerde	37	14:06
Vandermeers	62	15:14

144 points  
4<sup>TH</sup> as a team

# Junior Varsity

medal	Abe Chisholm	4 <sup>TH</sup>	10:19	medal
M.I.R.	Chris O'Rourke	15	11:21	
	Lennie Maguire	16	11:22	
	Mary O'Neil	22	11:32	
	Dee Doyle	23	11:33	

80 points  
4<sup>TH</sup> or 5<sup>TH</sup> as a team.

D, OCTOBER 10, 1976

BERGEN COUNTY, NEW JERSEY

## Saddle Brook girls prevail

BERNARDSVILLE — Saddle Brook cross-country coach Howie Schuman didn't make the same mistake twice. He let his girls team run in the Bernards Invitational yesterday and the Falcons won the B Division title.

Last year, Schuman decided not to let the girls run when heavy rains fell on the morning of the meet. The team was disappointed and complained to their coach on the bus ride home.

The rains came again yesterday, but this time the girls got the go sign from Schuman. Jean Chodnicki ran 12:09 to win individual honors and Saddle Brook beat Delaware Valley, 35-48, for the title in the 16-school field.

Saddle Brook's boys team wasn't as

fortunate as the girls. The Falcons finished second to Bernards, 39-47, in the C Division race. Saddle Brook won the C title last year, but Bernards, the D Division winner last season, moved up a notch.

Five Saddle Brook girls, paced by Chodnicki's win, finished in the top 13. Lucille Pasciolla was fourth in 12:36.

Rick Bolline of the Falcons was fourth in the boys race, running 16:45. Joe Logan of Bernards was first in 16:31.

Rutherford finished fifth in the C Division with 154 points. Christian Brothers Academy won the A Division title with 55 points and Delbarton took the D Division crown with 62.

Jim Bates of Pascack Hills finished

third in the boys' B Division race in 16:50. Jerry Young of Franklin ran 16:42.5 to win. Franklin won the team title and Northern Highlands was fifth with 159 points.

### GIRLS VARSITY B

1. Jean Chodnicki, Saddle Brook	12:09
4. Lucille Pasciolla, Saddle Brook	12:36
7. Debbie Ceria, Saddle Brook	13:10
10. Amy McLaughlin, Saddle Brook	13:27
13. Dolores Harrison, Saddle Brook	13:33

### BOYS VARSITY B

1. Jerry Young, Franklin	16:42.5
3. Jim Bates, Pascack Hills	16:50
10. Ken Keating, No. Highlands	17:27

### BOYS VARSITY C

1. Joe Logan, Bernards	16:31
4. Rick Bolline, Saddle Brook	16:45
9. Joe Shiller, Saddle Brook	17:24
10. Steve Karcich, Saddle Brook	17:35
11. Mike Gallagher, Saddle Brook	17:36
13. Sal Iodaci, Saddle Brook	17:50

# League Meet

GRILLE CROSS COUNTRY JAG

Grunder	13:04
Grape	13:45
Dorsett	13:55
Lanffer	13:57
Nicholson	14:28
O'Neil	14:33
Maguire	15:07
Weiler	16:44

Depple's competitors

Dee-Dale

James McGehee 11

James McGehee

Sam O'B.

Members Vandevera

John

Ann Dorsett

Eliza Gobea

Vivian Grimes

Ella Gobea

Anna Lavel

Marion McGehee

Wanda Kellie

Janet Thompson

PAM Mulligan

Maria O'Neill

Celia O'Gorman

Ynez Chappell

Mary Tandy

Georgia Bishop

## **GIRLS**

1. Joyce Borromeo, Passaic Valley 12:46
2. Allison Grunder, Ridgewood — 13:34
3. Ellen Guinee, Fair Lawn — 13:35
4. Anna O'Leary, Fair Lawn — 13:42
5. Clara Grape, Ridgewood — 13:47
6. Anne Dorsett, Clifton — 13:57
7. Zaraira Zanfferz, Bloomfield 13:55
8. Patty Szorentini, Paramus — 14:00
9. Laura McKenna, Fair Lawn 14:04
10. L. Heavey, Bergenfield — 14:09

Course: 2 miles.

PC  
13

brought  
annex

052-1250 Date 9/25/65

## SPOTSWOOD HIGH SCHOOL

## INVITATIONAL CROSS COUNTRY MEET

Saturday, October 23, 1976

Varsity

Junior Varsity

Place	Name	School	Time
1	Joetta Clark	Columbia	11:35.6
2	Ann Kunze	Metuchen	11:55
3	Mary Jane Briody	Sayreville	12:04
4	Jeanne Fox	Brick	12:04
5	Maureen Sullivan	Morris Cath	12:31
6	Mary Carroll	JFKennedy	12:34
7	Roberta Estey	Toms Riv.S	12:35
8	Helen Dietz	Perth Amboy	12:37
9	Alicia Caldwell	Spotswood	12:38
10	Lisa Albright	Nutley	12:40
11	Denise Szostak	JF Kennedy	12:43
12	Colleen Spidel	Ridgewood	12:51
13	Tracey MacMillan	E. Brunswick	12:56
14	Debbie Romano	Brick	12:59
15	Keren Costanzo	Perth Amboy	13:00
16	Debbie Grover	Mater Dei	13:00
17	Sue Shaw	Mater Dei	13:01
18	Lauri McClelland	Brick	13:02
19	Evelyn Grant	Metuchen	13:03
20	Janet Lombaerde	Ridgewood	13:10
21	Cathy Morris	Brick	13:12
22	Ellen Shanley	Mater Dei	13:13
23	Val Huhn	Brick	13:14
24	Diane Doyle	Brick	13:15
25	Nancy Halpin	Toms Riv.S	13:15
26	Sara Ford	Mater Dei	13:21
27	Helene Neun	Spotswood	13:26
28	Bonnie Phythian	Spotswood	13:27
29	Kathy Minogue	Mater Dei	13:28
30	Val Tarantino	Perth Amboy	13:30
31	Dorothy Regan	Metuchen	13:39
32	Marg Klawann	Metuchen	13:49
33	Stella Bastianelli	Brick	13:50
34	Gloria Leonard	Toms Riv.S	13:51
35	Margaret Costanza	JF Kennedy	13:56

## SPOTSWOOD HIGH SCHOOL

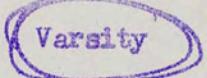
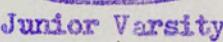
## INVITATIONAL CROSS COUNTRY MEET

Varsity

Junior Varsity

Place	Name	School	Time
36	Marilyn Rodgers	JF Kennedy	14:00
37	Beth Galella	Toms Riv. S	14:02
38	Kelly Culpepper	Toms Riv. S	14:07
39	Lynn Heyden	Nutley	14:07
40	MaryAnn Mench	Morris Cath	14:13
41	Mary O'Neill	Ridgewood	14:15
42	Kitty Gallagher	Mater Dei	14:20
43	Sheila Spanauer	St. Thomas	14:21
44	Jennifer Keene	Metuchen	14:23
45	Denise Genthe	Spotswood	14:26
46	Sherry McGowan	Toms Riv. S	14:29
47	Lynn Murry	St. Thomas	14:29
48	Val Jopling	JF Kennedy	14:30
49	Beth Deene	Dunellen	14:32
50	Lori Luthman	Dunellen	14:35
51	Lenni Maguire	Ridgewood	14:36
52	Marge Vandermeyns	Ridgewood	14:37
53	Alex Chisholm	Ridgewood	14:39
54	Terry O'Neil	JF Kennedy	14:41
55	Ann Kelly	JF Kennedy	14:43
56	Donna Smith	Dunellen	14:51
57	Karen Spencer	Metuchen	14:55
58	Roni Smercki	St. Thomas	15:01
59	Donna Kapper	St. Thomas	15:02
60	Pat Smith	Toms Riv.S	15:05
61	Ginny Klimek	Dunellen	15:21
62	Dee Doyle	Ridgewood	15:30
63	Jackie Benku	Nutley	15:31
64	Lynn Woodbury	Columbia	15:31
65	Sue Ende	Nutley	15:37
66	Kim Smith	Dunellen	15:38
67	Nancy Simonet	Nutley	15:43
68	Ann Madden	St. Thomas	16:02
69	Kellie Kovacs	Perth Amboy	16:06
70	Mary Beth Palumbo	Columbia	16:43

SPOTSWOOD HIGH SCHOOL  
INVITATIONAL CROSS COUNTRY MEET

  
 Varsity  
  
 Junior Varsity

Place	Name	School	Time
71	Helen Kurnitas	Perth Amboy	16:44
72	Annette Neugass	Columbia	17:48

TEAM STANDINGS	SCORE	PLACE
BRICK	4 - 14 - 18 - 21 - 23 - 24, 33	80
MATER DEI	16 - 17 - 22 - 26 - 29 - 42	110
METUCHEN	2 - 19 - 31 - 32 - 44 - 57	128
KENNEDY, Iselin	6 - 11 - 35 - 36 - 48 - 54, 55	136
TOMS RIVER SOUTH	7 - 25 - 34 - 37 - 38 - 46, 60	141
RIDGEWOOD	12 - 20 - 41 - 51 - 52 - 53, 62	176
PERTH AMBOY	8 - 15 - 30 - 69 - 71	193
NUTLEY	10 - 39 - 63 - 65 - 67	214
ST. THOMAS AQUINAS	43 - 47 - 58 - 59 - 68	275
DUNELLEN	49 - 50 - 56 - 61 - 66	282
SPOTSWOOD	9 - 27 - 28 - 45	
COLUMBIA	1 - 64 - 70 - 72	
MORRIS CATHOLIC	5 - 40	
SAYREVILLE	3	
EAST BRUNSWICK	13	

## SPOTSWOOD HIGH SCHOOL

## INVITATIONAL CROSS COUNTRY MEET

2.0 Miles

Junior Varsity

1.	Wanda Darling	Brick	13:27.2
2.	Karen Groth	Brick	13:36
3.	Tammy Lane	Brick	13:38
4.	Carolyn Delbecq	Mater Dei	13:42
5.	Cheri Smith	Brick	13:44
6.	Angela Calabrese	Brick	13:50
7.	Sharon Bagna	Mater Dei	13:59
8.	Sharon Hughes	Mater Dei	14:00
9.	Eileen Smith	Mater Dei	14:23
10.	Jean Marie McAuliff	Mater Dei	14:26
11.	Rose Gresh	Mater Dei	14:27
12.	Lorraine Treiber	Brick	14:31
13.	Donna Sweeney	Brick	14:35
14.	Brenda O'Heirne	Mater Dei	15:06
15.	Patti Luttmann	Spotswood	15:12
16.	Sue Schmidt	Toms River South	15:30
17.	Kim Hogue	Toms River South	15:30
18.	LouAnne Canary	St. Mary's P.A.	15:36
19.	Ruth Betti	Spotswood	15:37
20.	JoAnne Keskosk	St. Mary's P.A.	15:43
21.	Cheri Petrie	Spotswood	15:44
22.	JoAnne Abramowicz	St. Mary's P.A.	16:20
23.	Tracey Morit	JFK, Iselin	17:24

## TEAM STANDINGS

BRICK	1 - 2 - 3 - 5 - 6 - 12 - 13	17	First
MATER DEI	4 - 7 - 8 - 9 - 10 - 11 - 14	38	Second
SPOTSWOOD	15 - 19 - 21		
ST. MARY'S P.A.	18 - 20 - 22		
TOMS RIVER SOUTH	16 - 17		
JFK, ISELIN	23		

## TEAM RESULTS

TEAM	1	2	3	4	5	TOT.	PL
BERGENFIELD	24	26	28	56	64	198	4th
BOGOTA	54	57	62	93	94	360	10th
DUMONT	47	49	58	66	75	295	8th
ELMWOOD PK	8	74	82	84	86	334	9th
NEW MILFORD	77	81	-	-	-	-	-
N.V.-DEMAREST	21	23	70	72	76	262	5th
PAL. PK	45	55	60	65	69	294	7th
PARAMUS	25	29	63	68	85	270	6th
PARAMUS CATH.	1	6	20	31	32	90	2nd
RAMSEY	22	42	67	78	-	-	-
RIDGEWOOD	7	9	13	30	33	92	3rd
SADDLEBROOK	2	4	5	10	11	32	1st

1	SADDLE BROOK	32
2	PARAMUS CATHOLIC	90
3	RIDGEWOOD	92
4	BERGENFIELD	198
5	N. V. - DEMAREST	262
6	PARAMUS	270
7	PALISADES PARK	294
8	DUMONT	295
9	ELMWOOD PARK	334
10	BOGOTA	360

NEW MILFORD, RAMSEY DID NOT HAVE  
5 FINISHERS

NAME	TIME	SCH	NAME	TIME	SCH	NAME	TIME	SCH	NAME	TIME	SCH	NAME
1 GUIDO	11:	PC	21 ABRAMONTE	D	41	GRUNDER	R	61		51	KELLEY	
2 CHODNICKI	12:	SB	22 MALOOF	R	42	JORDAN	R	62	DE TITTA	92	82 CATALANO	
3 NEILAN	12:	FL	23 TURTON	D	43	SCHAFFER	PC	63	KULESA	93		
4 PASCIOLLA	12:	SB	24 TRIVENTI	B	44			64	GERKEN	84	CARMICHAEL	
5 HARRISON	13:	SB	25 PIANO	F	45	MOLOUGHNEY	PF	65	GIANNANTONIO	94	85 COOPER	
6 SEXTON	13:09	PC	26 HEALY	B	46	<del>████████████████████████</del>		66	GABARINI	95	86 MARRY	
7 SPEIDEL	13:05	R	27 CONNOLLY	RF	47	FORZANI	R	67	KRIS	96		
8 VERPENT	13:07	EP	28 GREENE	B	48	SZAMBEL	E	68	KOSCO	88	STOLZ	
9 NICHOLSON	13:08	R	29 SZORENTINI	P	49	SCHIRALDI	D	69	MOLOUGHNEY	97	89 HASTAK	
10 LANGE	13:10	SB	30 CHISOLM	R	50			70	DAVIS	98		
11 MC LAUGHLIN	13:13	SB	31 KREAMER	PC	51			71		99		
12 CERIA	13:14	SB	32 KELLY	PC	52	MCKENNA	F	72	MURPHY	90		
13 GRAPE	13:14	R	33 DORSETT	R	53	PENTIFALLO	F	73	MALESPINA	91	93 SORGE	
14 LIRATA	13:17	SB	34 LAUFFER	R	54	BECKFORD	B	74	MILLER	92		
15 NEWETT	13:19	NH	35		55	VELTON	PF	75	JOYCE	93	95 DAMROTH	
16 REINDERS	13:19	BC	36		56	ROTONDARO	B	76		96	SHUAPPE	
17 O' LEARY	13:20	FL	37		57	BUTTERGEIT	B	77	CASTRELLA	97		
18 GUINEE	13:22	FL	38		58	NICHOLS	D	78	SHORT	98		
19 BOLTACH	13:28	SB	39 PRALATO	PC	59	ELLIOT	R	79		99		
20 BOGUSH	13:33	PC	40 SCROP	FL	60	MIRAGLIA	PF	80	LANGIELI	100		

Split to Bridge at Bottom of Hill

Michelle Gaudio - 8:25  
Kelli Nelson - 8:37  
Colleen Speidel - 9:15

BEC = BECTON  
BT = BERGEN TECH  
B = BERGENFIELD  
BOG = BOGOTA  
DUM = DUMONT  
EP = ELMWOOD PARK  
FL = FAIR LAWN  
FLEE = FORT LEE  
H = HACKENSACK  
L = LEONIA  
NM = NEW MILFORD  
NH = NORTHERN HIGHLANDS  
D = N.V. - DEMAREST  
OT = NV. - OLD TAPPAN  
PP = PALISADES PK  
P = PARAMUS  
PC = PARAMUS CATHOLIC  
RAM = RAMSEY  
RP = RIDGEFIELD PARK  
R = RIDGEWOOD  
RUTH = RUTHERFORD  
SB = SADDLE BROOK

# Saddle Brook and Guido win again

WEST PATERSON — Saddle Brook and Paramus Catholic's Michele Guido successfully defended their titles yesterday in the third annual Bergen County girls cross-country championship at Garret Mountain.

The Falcons, who have won this championship every year it has been run, packed seven girls into the top 14 finishers to achieve a 32-90-92 romping over Paramus Catholic and Ridgewood.

Jean Chodnicki, the lone senior on the team, led the pack in second place. Sophomore Lucille Pasciolla and freshman Delores Harrison were fourth and fifth, respectively. Frosh Claire Lange and sophomore Amy McLaughlin completed the scoring five in 10th and 11th places.

Guido's win reversed a decision of four days ago when she had been beaten by Chodnicki in a dual meet.

"I was with her almost all the way Tuesday," said the happy winner, "but

I died toward the end. Today I didn't."

Guido was content to allow Chodnicki and Fort Lee's Kelly Neilan, the eventual third-place finisher, share the lead

## Girls

1. Michele Guido, Paramus Cath. 11:57
  2. Jean Chodnicki, Saddle Brk. 12:05
  3. Kelly Neilan, Fort Lee 12:13
  4. Lucille Pasciolla, Saddle Brk. 12:21
  5. Delores Harrison, Saddle Brk. 13:03
  6. Megan Sexton, Paramus Cath. 13:04
  7. Colleen Speidel, Ridgewood 13:05
  8. Jackie Verpent, Elmwood Pk. 13:07
  9. Jaine Nicolson, Ridgewood 13:08
  10. Claire Lange, Saddle Brk. 13:10
  11. Amy McLaughlin, Saddle Brk. 13:13
  12. Debbie Ceria, Saddle Brook 13:14
  13. Klara Gruppe, Ridgewood 13:14
  14. JoAnn Licca, Saddle Brk. 13:17
  15. Sandy Newell, No. Highlands 13:19
  16. Barbara Reinders, Becton 13:19
  17. Ann O'Leary, Fair Lawn 13:20
  18. Eileen Guinee, Fair Lawn 13:22
  19. Mary Boltach, Saddle Brk. 13:28
  20. M. Bogush, Paramus Cath 13:33
  21. Geryann Abramonte, Demarest 13:37
  22. Lisa Maloof, Ramsey 13:39
  23. Jody Lynn Turton, Demarest 13:40
  24. Marilyn Triventi, Bergenfield 13:51
  25. Doreen Piano, Paramus 13:51
- Distance: 2 miles

## Team scores

Saddle Brook 32, Paramus Catholic 90, Ridgewood 92, Bergenfield 198, Demarest 262, Paramus 270, Palisades Park 294, Dumont 295, Elmwood Park 334 and Bogota 360. New Milford and Ridgefield Park did not have five finishers.



Michele Guido

for the opening mile of the two-mile race. At that point, Guido took command and led the rest of the way, winning by 30 yards.

Guido split two decisions with Chodnicki last year prior to the County meet. "When I beat Jean, everybody thought it was a fluke," said Guido. //But when I beat her again in the County meet, I guess it proved it wasn't a fluke."

It wasn't a fluke last year. It wasn't a fluke yesterday. Michele Guido proved a bonafide Bergen County cross-country champion.

STEVE LURIE

## 3 MILE WOMEN

1.	Monique Purcell, Boardwalk Runners	18:47	<u>Scores:</u>
2.	Joanna Zarrello, Boardwalk Runners	19:02	Boardwalk Runners 25
3.	Nina Crampe, West Penn Track Club	19:04	Nittany Valley TC 37
4.	Sharon Jarrell, Wyoming Valley Striders	19:05	Ridgewood H.S. 58
5.	Janet Norem, Penn State	19:14	
6.	Liz Cunningham, Nittany Valley Track Club	19:32	
7.	Amy Stephanik, Boardwalk Runners	19:41	
8.	Pam Elliott, Boardwalk Runners	20:05	
9.	Jeanine Fink, Nittany Valley Track Club	20:24	
10.	Lori Smith, Lock Haven	20:25	
11.	Barb McKee, Nittany Valley Track Club	20:34	
12.	Alyson Grunder, Ridgewood H.S.	20:39	
13.	Jamie Nicholson, Ridgewood H.S.	20:56	
14.	Pam Richards, Nittany Valley Track Club	21:13	
15.	Lucy Lake, Lock Haven State	21:23	
16.	Margie Tennyson, Nittany Valley Track Club	21:43	
17.	Collen Speidel, Ridgewood H.S.	21:55	
18.	Carolyn Wernstedt, Boardwalk Runnters	21:57	
19.	Ann Dorsett, Ridgewood H.S.	22:17	
20.	Alex Chisholm, Ridgewood H.S.	22:42	
21.	Beth Harwick, West Penn Track Club	22:52	
22.	Lenni Maguire, Ridgewood H.S.	23:13	
23.	Joanna Zarrillo, Boardwalk Runners	23:30	
24.	Mary O'Neil, Ridgewood H.S.	24:06	
25.	Janet Jury, West Penn Track Club	24:13	
26.	Theresa Dranquinis, Unattached	24:16	
27.	Jennifer Carr, Warren Harriers	24:46	
28.	Claire Geselman, Nittany Valley Track Club	25:06	
29.	Mary Harwick, West Penn Track Club	26:47	

Boys Races - 3.0 miles  
Girls Races - 2.2 miles

(B)

1 mile

1/2 mile

1/4 mile

1/8 mile

1/16 mile

1/32 mile

1/64 mile

1/128 mile

1/256 mile

1/512 mile

1/1024 mile

1/2048 mile

1/4096 mile

1/8192 mile

1/16384 mile

1/32768 mile

1/65536 mile

1/131072 mile

1/262144 mile

1/524288 mile

1/1048576 mile

1/2097152 mile

1/4194304 mile

1/8388608 mile

1/16777216 mile

1/33554432 mile

1/67108864 mile

1/134217728 mile

1/268435456 mile

1/536870912 mile

1/107374184 mile

1/214748368 mile

1/429496736 mile

1/858993472 mile

1/1717986944 mile

1/3435973888 mile

1/6871947776 mile

1/1374389552 mile

1/2748779104 mile

1/5497558208 mile

1/10995116416 mile

1/21990232832 mile

1/43980465664 mile

1/87960931328 mile

1/175921862656 mile

1/351843725312 mile

1/703687450624 mile

1/140737490128 mile

1/281474980256 mile

1/562949960512 mile

1/1125899921024 mile

1/2251799842048 mile

1/4503599684096 mile

1/9007199368192 mile

1/18014398736384 mile

1/36028797472768 mile

1/72057594945536 mile

1/144115189891072 mile

1/288230379782144 mile

1/576460759564288 mile

1/1152921519128576 mile

1/2305843038257152 mile

1/4611686076514304 mile

1/9223372153028608 mile

1/18446744306057216 mile

1/36893488612114432 mile

1/73786977224228864 mile

1/147573954448457728 mile

1/295147908896915456 mile

1/590295817793830912 mile

1/118059163558766184 mile

1/236118327117532368 mile

1/472236654235064736 mile

1/944473308470129472 mile

1/1888946616940258944 mile

1/3777893233880517888 mile

1/7555786467761035776 mile

1/1511157293522067552 mile

1/3022314587044135104 mile

1/6044629174088270208 mile

1/12089258348176540416 mile

1/24178516696353080832 mile

1/48357033392706161664 mile

1/96714066785412323328 mile

1/193428133570824646656 mile

1/386856267141649293312 mile

1/773712534283298586624 mile

1/154742506856659717328 mile

1/309485013713319434656 mile

1/618970027426638869312 mile

1/123794005485327773864 mile

1/247588010970655547728 mile

1/495176021941311095456 mile

1/990352043882622190912 mile

1/1980704087765244381824 mile

1/3961408175530488763648 mile

1/7922816351060977527296 mile

1/1584563270212195505456 mile

1/3169126540424391010912 mile

1/6338253080848782021824 mile

1/12676506161695644043648 mile

1/25353012323391288087296 mile

1/50706024646782576174592 mile

1/101412049293565152349184 mile

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1/405648197174260609396736 mile

1/811296394348521218793472 mile

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1/324518557739408487173760 mile

1/649037115478816974347520 mile

1/129807423095763394869504 mile

1/259614846191526789739008 mile

1/519229692383053579478016 mile

1/1038459384766107158956032 mile

1/2076918769532214317912064 mile

1/4153837539064428635824128 mile

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1/42535296401925509230850880 mile

1/85070592803851018461701760 mile

1/17014118560770203692340320 mile

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1/8711231015143282261678243840 mile

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1/1115037569938398849494656640 mile

1/2230075139876797698989313280 mile

1/4460150279753595397978626560 mile

1/8920300559507190795957253120 mile

1/1784060111901438159191450640 mile

1/3568120223802876318382901280 mile

1/7136240447605752636765802560 mile

1/1427248089521150527353605120 mile

1/2854496179042301054707202560 mile

1/5708992358084602109414405120 mile

1/11417984716169042218828802560 mile

1/22835969432338084437657605120 mile

1/45671938864676168875315210240 mile

1/91343877729352337750630420480 mile

1/18268775545870467550126040800 mile

1/36537551091740935100252081600 mile

1/73075102183481870200504163200 mile

1/14615020436696374040100832640 mile

1/29230040873392748080201665280 mile

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1/23384032698714198464172932240 mile

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1/374144523179427175426767115840 mile

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1/5986312370870834806828273853440 mile

1/1197262474174166961365654770680 mile

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1/4789049896696667845462619082720 mile

1/9578099793393335690925238165440 mile

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1/4903987094217387873754835435680 mile

1/9807974188434775747509670871360 mile

1/19615948376869551495019341742720 mile

1/39231896753739052990038683485440 mile

1/78463793507478105980077366970880 mile

1/15692758701496201196015473394160 mile

WELCOME TO THE FIFTY SEVENTH ANNUAL  
NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION  
CROSS COUNTRY SECTIONAL CHAMPIONSHIPS  
NORTH JERSEY SECTION I  
GARRETT MOUNTAIN  
WEST PATERSON, NEW JERSEY

Saturday, November 6, 1976

9:30 A.M.	- Group I (Boys)	10:50 A.M.	- Group III (Boys)
9:50 A.M.	- Group I (Girls)	11:10 A.M.	- Group III (Girls)
10:10 A.M.	- Group II (Boys)	11:30 A.M.	- Group IV (Boys)
10:30 A.M.	- Group II (Girls)	11:50 A.M.	- Group IV (Girls)

Meet Director	Thomas Patierno
Assistant Director	Suzanne Bridenburg
Starter & Referee	Walt Ross
Chief Clerk	Jim Boverini
Scorer	Joe Spinelli
Chief Timer	Tom Mizzone
Chief Finish Judge	Kevin McGrath
Marshalls	Tom Andreotta, John Kosachook, Bob Belding, John Parisi, Mike Sergay
Announcer	Mickey DiCeglie
Chief Checker	Andy Gioia
Secretary	Jill Spinelli
First Aid	West Paterson First Aid Squad

COMPETITORS NUMBERS:

Competitors number is to be worn on the FRONT and BACK OF SHIRT (boys). Girls in FRONT only. If a boy/girl does not have a number as he/she comes out of the shoot he/she is DISQUALIFIED. Coaches are to compile team score and submit it with scorecard and place cards and turn them into the official scorer AS SOON AS POSSIBLE after race! If a boy/girl does not get a place card as he/she comes out of the shoot he/she will be DISQUALIFIED. Please turn in team score as soon as possible.

SCORING PROCEDURE:

In order to conform to the 1976 National Federation Track and Field Rules (Rule 12, Section 3), the following procedure will be followed:

Each team runner will be given two (2) cards as he clears the chute; a WHITE CARD and a card of CONTRASTING COLOR.

The WHITE CARD will be used to determine the team place-finish.

The COLORED CARD will be used to indicate the actual place finish of each runner. Coaches will use only the WHITE CARD to determine total team finish points. Same rule applies as to number of runners (seven to run, five lowest are scored).

The COLORED CARD will only be used to determine first 10 place individual finishers.

Individual qualifiers will be identified by a contrasting colored number worn on their jersey - both front and back. Thus the individual qualifiers will not influence the team scoring, but will be eligible for individual place medals.

IT IS REQUESTED THAT ALL COACHES TURN IN THEIR CARDS (BOTH WHITE AND COLORED) AS SOON AS POSSIBLE AFTER THE CONCLUSION OF THEIR RACE.

It is also imperative that each runner have a number securely fastened on front and back. Each number should be secured at each corner with a pin. Total pins needed - 8 per runner. Any runner crossing the finish line without a number will only delay the finish of the race while determining status.

COACHES:

Anyone cutting course will result in his/her WHOLE TEAM being disqualified. There will be spotters on the course. They will be wearing RED & WHITE vests,

AWARDS:

Team trophy to winning team in each race. Individual medals to FIRST TEN finishers in each race. Individual medals to each member of the:

- 1st place team in each race
- 2nd place team in each race
- 3rd place team in each race

### ACKNOWLEDGEMENTS

On behalf of the N.J.S.I.A.A., we wish to thank the following for the services provided. It is through their efforts that this meet enjoys the success that it does:

Passaic County Park Commission for their cooperation and excellent facility

Passaic County Park Police for their excellent control and patrol of the area

Passaic County Park Maintenance Crew for their outstanding work on the course

West Paterson First Aid Squad for their usual job,  
"WELL DONE"

Snack Time - Little Falls

Passaic Valley High School cross country alumni for their excellent work and cooperation

GROUP 6 GIRLS

<u>Pos.</u>	<u>School</u>	<u>Comp #</u>
1	Bogota	1-7
2	Kinnelon	8
3	Glen Ridge	9-11
4	Morris Catholic	12-13
5	Mt. Olive (W. Morris)	14-20
6	Cedar Grove	21
7	Secaucus	22-28
8	Bayley Ellard	29-35
9	Kittatinny Regional	36-37
10	Palisades Park	38-44

GROUP II GIRLS

<u>Pos.</u>	<u>School</u>	<u>Comp #</u>
1	Butler	101-107
2	Saddle Brook	108-114
3	Dover	115-121
4	Becton Regional	122-124
5	Rutherford	125-127
6	Pequannock	128-134
7	Jefferson Township	135-141
8	De Paul	142
9	Verona	143-149
10	New Milford	150-156
11	Hackettstown	157-163
12	Sparta	164-170
13	Hopatcong	171-177

GROUP III GIRLS

<u>Pos.</u>	<u>School</u>	<u>Comp #</u>
1	Union Hill	401-407
2	Northern Valley - Demarest	408-414
3	River Dell	415-416
4	Roxbury	417-423
5	Fort Lee	424
6	West Orange - Mountain	425-431
7	Northern Highlands	432-433
8	Caldwell	434-446
9	Paramus Catholic	441-447
10	Northern Valley - Old Tappan	448
11	Dumont	449-455
12	Ramsey	456-457
13	Morris Hills	458-464
14	Randolph	465-471
15	West Essex	472-475
16	West Morris Central	476-481
17	Boonton	482-488
18	Hoboken	489-495

## Group 2 Girls

1. Penny Fales, Hackettstown	12:04
2. Jill Quigley, Verona	12:17
3. Jean Chodnicki, Saddle Brook	12:26
4. Doreen Conklin, Hopatcong	12:36
5. Lucille Pasciolla, Saddle Brook	12:40
6. Liz Pantel, Pequannock	12:50
7. LaVonne Kruse, Sparta	12:52
8. Martha Crandall, Pequannock	12:59
9. Susie Meslaros, Jefferson Twp.	13:05
10. Diane Lesvitt, Hackettstown	13:09
11. Kim DeMott, Butler	13:11
12. Dolores Harrison, Saddle Brook	13:23
13. Mary EMM Dumbleavy, Dover	13:28
14. Beth Scott, Hopatcong	13:29
15. Claire Lange, Saddle Brook	13:36
16. Wendy McConnell, Jefferson Twp.	13:42
17. JO Ann Licata, Saddle Brook	13:44
18. Debbie Ceria, Saddle Brook	13:44
19. Barbara Reindera, Becton Reg.	13:50
20. Amy McLoughlin	13:51
21. Mary Ann Smith, Hopatcong	13:54
22. Sharon Lewis, Verona	13:57
23. Marj Korp, Jefferson Twp.	14:13
24. Lori Bristow, Hackettstown	14:16
25. Tina Murray, Dover	14:18

## Team Scores

Saddle Brook 52, Hackettstown 97, Hopatcong 114, Jefferson Township 128, Pequannock 134, Verona 137, Butler 139, Dover 144, Sparta 221. New Milford and Becton Regional did not run complete teams.

Group 3 Girls

1. Lucy Sheldrick, Union Hill	11:38
2. Kelly Neilan, Fort Lee	12:02
3. Michale Guido, Paramus Catholic	12:07
4. Ellen Frasca, Caldwell	12:12
5. Nancy Seegar, Roxbury	12:30
6. Sandy Alexander, Roxbury	12:45
7. Diane Bauer, Roxbury	12:51
8. Lynda Goldstein, Randolph	12:53
9. Megan Sexton, Paramus Catholic	12:57
10. Cathy Sanford, Caldwell	13:11
11. Marianne Bogush, Paramus Catholic	13:17
12. Gexylynn Abramonte, Demarest	13:20
13. Dina Faas, Morris Hills	13:26
14. Sandy Newett, Northern Highlands	13:33
15. Cindy Chu, Caldwell	13:33
16. Nancy Gallagher, Morris Hills	13:39
17. Debbie Alexander, Roxbury	13:41
18. Caroline McCoy, Caldwell	13:41
19. Sue Greer, Old Tappan	13:41
20. Chris Pralatzo, Paramus Catholic	13:44
21. Barbara Sotolongo, Union Hill	13:52
22. Pam Dillon, Paramus Catholic	13:53
23. Jody Lynn Turton, Demarest	13:55
24. Donna Ames, Randolph	13:56
25. Nancy Kelly, Paramus Catholic	14:03

Team Scores

Roxbury 54, Paramus Catholic 56, Caldwell 67, Randolph 125,  
 Hoboken 138, Morris Hills 165, Union Hill 183, Mountain 221,  
 Dumont 238, Boonton 254, Demarest, Fort Lee, Northern High-  
 lands, Old Tappan and River Dell did not run full teams.

5 Girls Group 4

1. Nina Zollo, Wayne Hills	11:43
2. Joetta Clark, Columbia	11:44
3. Leslie Chiocca, Memorial	12:51
4. Kathy Davis, Passaic County Tech	12:5455
5. Pam Detlays, Kearny	12:58
6. Eileen Guinane, Fair Lawn	12:59
7. Kim Meyer, Wayne Hills	13:02
8. Lisa Albright, Nutley	13:08
9. Harlene Nelson, Wayne Hills	13:10
10. Theresa Barrata, Memorial	13:10
11. Kathy McNally, Livingston	13:16
12. Carol Becht, Morristown	13:27
13. Michelle Talley, Plainfield	13:28
14. Brenda Butts, Memorial	13:29
15. Alison Grunder, Ridgewood	13:30
16. Janet Lombardi, Ridgewood	13:34
17. Klara Grape, Ridgewood	13:36
18. Marcia Rousseau, Eastside	13:37
19. Daryle Tolam, Kearny	13:38
20. Gladys Penn, Memorial	13:38
21. Tonia Wormely, Plainfield	13:47
22. Ann O'Leary, Fair Lawn	13:48
23. Colleen Speidel, Ridgewood	13:49
24. Lillian Cassano, Memorial	13:49
25. Maria Olsen, Morristown	13:54

Team Scores

Memorial (West New York) 58, Ridgewood 84, Wayne Hills 99.

Plainfield 132, Kearny 134, Morristown 146, Eastside 151,

Nutley 157, Bergenfield 187, Livingston, Belleville, Columbia,

Passaic County Tech, Fair Lawn and Hackensack ran incomplete

LAURA LAUFFER 14:06  
ANN DORSETT 14:35  
JAMIE NICHOLSON DNF

# Saddle Brook girls breeze in Group 2

WEST PATERSON—Nina Zollo of Wayne Hills upset previously undefeated Joetta Clark of Columbia in the Group 4 race yesterday to highlight the first New Jersey State Interscholastic Athletic Association's girls sectional cross-country championships at Garrett Mountain.

Zollo, a junior, beat her freshman rival by a stride, covering the two-mile, hilly course in 11:43.

Saddle Brook kept its drive alive for the State all-groups title by scoring a convincing 52-97 victory over Hackettstown to win Group 2. Jean Chodnicki took third in 12:26 to lead the Falcons. Sophomore Lucille Pasciolla followed in fifth (12:40), while the other five Saddle Brook runners all finished in the top 20 to cement the win.

Paramus Catholic's effort to beat one of the State's top Group 3 teams, Roxbury, fell short. The Palladins finished their fifth runner before Roxbury, but the Gaels had runners placing fifth, sixth and seventh to offset a third-place by Michele Guido, PC's Bergen County champ.

The final result, Roxbury 54 and Par-



Jean Chodnicki

amus Catholic 56, was closer than anybody expected. Following Guido were Megan Sexton ninth, Marianne Boughish in 11th, Chris Pralatto in 20th and Nancy Kelly in 25th.

Memorial of West New York bested Ridgewood for the Group 4 title, 58-84, as the Maroons' first runner, Allison Grunder, finished 15th.

Fort Lee's Kelly Neilan beat Guido out of second place in the Group 3 race, while Kinnelon's Stephanie Bruschi won in Group 1.

The top five teams and 10 individuals in each race advance to Saturday's State group championship at Holmdel.

Zollo & Clark 1:50 seconds to  
Macadam By the parking lot  
just past the woods.

## Cross-country summaries

### Boys Group 1

1. Mike Fitzgerald, Bogota	15:23
2. Tony Cannavina, No. Arlington	15:32
3. John Cummings, Mahwah	15:38
4. Ernie Fierer, Leonia	15:44
5. John Petersen, Pal. Park	15:46
6. Jeff Strycko, Mahwah	15:53
7. Eldon Sully, Leonia	15:56
8. Dave Sarmiento, Hasb. Hts.	15:57
9. Bill O'Donnell, Bogota	16:03
10. Mike Pitts, Palisades Park	16:08
11. Ian Leavley, Mahwah	16:09
12. Kultur Bilal, Pal. Park	16:25
13. Tom Cicali, Pal. Park	16:27
14. Tom Burns, Bogota	16:29
15. Joe Racioppi, Bogota	16:29
16. Hank Kniper, Pal. Park	16:34
17. Paul MacLean, Pal. Park	16:39
18. John Regan, Leonia	16:43
19. Dan Schmitt, Midland Park	16:47
20. John Albanese, Pal. Park	16:52
21. Mike Todt, Hasbrouck Hts.	16:54
22. Phil Leo, Ridgefield	16:55
23. Steve Baker, Newton	16:56
24. Dennis Fleming, Emerson	16:58
25. Chip Sharp, Mahwah	17:04

### TEAM SCORES

Palisades Park 56, Bogota 64, Mahwah 70, Leonia 113, Hasbrouck Heights 139, Emerson Boro 180, Ridgefield 21, North Arlington 18, Park Ridge 227, Kinnelon 250, Wood-Ridge 273, Newton and Midland Park had incomplete teams. (Distance—2.8 miles)

### Boys Group 2

1. Rick Bolline, Saddle Brook	15:02
2. Scott Sarnioski, Bergen Tech	15:11
3. Steve Karcich, Saddle Brook	15:18
4. Tom Ferris, Tenafly	15:24
5. Tony Fitzgerald, Tenafly	15:26
6. Steve Phillips, Rutherford	15:33
7. Bob Valenzano, Bergen Tech	15:33
8. Mike Salamone, New Milford	15:45
9. Bob Starbuck, Sussex Tech	15:46
10. Jim McTernan, Tenafly	15:50
11. Chuck McGrath, Pompton Lakes	15:57
12. George McDonough, Sparta	15:59
13. Joe Shillier, Saddle Brook	16:04
14. Scott Wolfrum, Hopatcong	16:06
15. Chip Holmgren, Tenafly	16:07
16. Jon Waltman, Tenafly	16:08
17. Bryan Smith, Sparta	16:10
18. Bill Smith, Hopatcong	16:11
19. Sal Iodaci, Saddle Brook	16:12
20. Chris Smith, Rutherford	16:13
21. Jerry Picardi, Saddle Brook	16:14
22. Ken Apuzzo, New Milford	16:15
23. Charlie Cilwik, Garfield	16:16
24. Bill Austin, Hopatcong	16:21
25. Paul Fiorilla, Hawthorne	16:25

### TEAM SCORES

Tenafly 50, Saddle Brook 57, Sparta 126, Rutherford 125, Garfield 155, Hopatcong 174, Bergen Tech 175, New Milford 183, Sussex County Tech 235, Hawthorne 241, Manchester 285, Pompton Lakes 294 and Becton 334.

### Boys Group 3

1. Roger Jones, Ramsey	14:37
2. Jim Bates, Pascack Hills	15:03
3. Mike Alberse, Ramsey	15:08
4. Dave Folsom, Ramapo	15:12
5. Bob Sommer, Pascack Val.	15:25
6. John Baker, Dumont	15:31
7. Gerry Clark, Old Tappan	15:34
8. John Murgaugh, Old Tappan	15:36
9. Lance Sniatkowski, Ramsey	15:37
10. Rick Keating, No. Highlands	15:38
11. Ed O'Neill, Ramsey	15:42
12. Rich Braver, Pascack Valley	15:47
13. Louis Grace, Pascack Valley	15:56
14. Mike Salerno, Cliffside Pk.	16:05
15. Mike McGinley, Union Hill	16:07
16. Rich Wenman, Old Tappan	16:09

17. Scott Markowitz, Ramsey	16:13
18. Dennis Polit, No. Highlands	16:22
19. John Brennan, Ramsey	16:23
20. Ryan Vining, Cliffside Park	16:27
21. Tom Young, Ramsey	16:29
22. Jim McCormick, Pascack Hills	16:29
23. Brian Degnon, Dumont	16:30
24. Pete Kolb, No. Highlands	16:31
25. John McHugh, Dumont	16:32

### TEAM SCORES

Ramsey 38, Pascack Valley 86, Old Tappan 97, Dumont 102, Northern Highlands 119, Pascack Hills 170, Cliffside Park 177, Union Hill 204, Demarest 241, River Dell 274, Lakeland Reg. 278, Ramapo and Westwood did not run complete teams.

### Boys Group 4

1. Henry Lenz, Memorial	14:59
2. Eustaquio Gonzalez, Memorial	15:03
3. Henry Hernandez, Memorial	15:07
4. Marty Holleran, North Bergen	15:17
5. John Kirchhof, Bergenfield	15:23
6. Al Solano, Memorial	15:28
7. Kevin Ruland, Paramus	15:30
8. Kevin Haley, Indian Hills	15:31
9. Ron Weaver, Passaic City Tech	15:32
10. John Eberle, Bergenfield	15:34
11. Julio Lopez, Memorial	15:35
12. Mike Iglandi, North Bergen	15:40
13. Bryan Costigan, Ind. Hills	15:42
14. Bill Donnelly, Fair Lawn	15:43
15. Mark Speidel, Ridgewood	15:43
16. Frank Romero, Memorial	15:44
17. John Weber, Kearny	15:45
18. Ray Dugay, Kearny	15:53
19. Rob Laier, Ridgewood	16:00
20. Chris Sammuta, N. Bergen	16:05
21. Joe Mullin, Clifton	16:08
22. Paul McCubbin, Ridgewood	16:10
23. Carlos Rodriguez, Pas. City Tech	16:11
24. Paul Scire, Memorial	16:12
25. Mike Rosmer, Paramus	16:14

### TEAM SCORES

Memorial 23, North Bergen 93, Passaic County Tech 117, Ridgewood 134, Kearny 149, Indian Hills 150, Bergenfield 157, Paramus 230, Fair Lawn 235, Kennedy 278, Eastside 289, Wayne Hills 297, Passaic Valley 365, Clifton 373, Hackensack incomplete.

### Girls Group 1

1. Stephanie Bruschi, Kinnelon	12:19
2. Ann Gladue, Bayley-Ellard	12:41
3. Sally Cavarolo, Glen Ridge	12:44
4. Grete Baroda, Cedar Grove	12:50
5. Heather MacIntosh, Glen Ridge	12:51
6. Maureen Sullivan, Morris Cath. 12:59	
7. Joanne Sokol, Mt. Olive	13:16
8. Marilyn McCarthy, Bay-Ellard	13:20
9. Cathy Cass, Bayley-Ellard	13:36
10. Jean Wohlgemuth, Bayley-Ellard	13:37
11. Lisa Camelotto, Bayley-Ellard	13:44
12. Judy Southard, Bayley-Ellard	13:54
13. Barbara Bell, Bayley-Ellard	14:03
14. Maryann Mench, Morris Cath.	14:23
15. Cathy Meeny, Secaucus	14:38
16. Jennifer Seccuro, Secaucus	14:42
17. Gail Smith, Mt. Olive	14:44
18. Pat Cure, Mt. Olive	14:48
19. Laura Carlson, Bogota	14:54
20. Linda Butigeret, Bogota	14:58
21. Dawn Schuffle, Mt. Olive	15:16
22. Mary Jo Trusso, Secaucus	15:21
23. Eileen Moloughney, Pal. Park	15:25
24. Noreen Velton, Pal. Park	15:30
25. Fran Miraglia, Pal. Park	15:31

### TEAM SCORES

Bayley-Ellard 19, Mount Olive 60, Secaucus 81, Palisades Park 104, Bogota 107, Glen Ridge, Morris Catholic, Cedar Grove and Kinnelon did not run complete teams. (Distance—2 miles)

### Girls Group 2

1. Penny Fales, Hackettstown	12:04
2. Jill Quigley, Verona	12:17
3. Jean Chodnicki, Saddle Brook	12:26
4. Doreen Conklin, Hopatcong	12:36
5. Lucille Pasciolla, Saddle Brook	12:40
6. Liz Pantel, Pequannock	12:50
7. LaVonna Kruse, Sparta	12:52
8. Martha Crandall, Pequannock	12:59
9. Susie Medaros, Jefferson Twp.	13:01
10. Diane Leavitt, Hackettstown	13:09
11. Kim DeMott, Butler	13:11
12. Delores Harrison, Saddle Brook	13:23
13. Mary Dunleavy, Dover	13:28
14. Beth Scott, Hopatcong	13:29
15. Claire Lange, Saddle Brook	13:36
16. Wendy McConnell, Jeff. Twp.	13:42
17. Jo Ann Licata, Saddle Brook	13:44
18. Debbie Ceria, Saddle Brook	13:44
19. Barbara Reinders, Becton Reg.	13:50
20. Amy McLaughlin, Saddle Brook	13:51
21. MaryAnn Smith, Hopatcong	13:54
22. Sharon Lewis, Verona	13:57
23. Marj Korp, Jefferson Twp.	14:13
24. Lori Bristow, Hackettstown	14:16
25. Tina Murray, Dover	14:18

### TEAM SCORES

Saddle Brook 52, Hackettstown 97, Hopatcong 114, Jefferson Township 128, Pequannock 134, Verona 137, Butler 139, Dover 144, Sparta 221, New Milford and Becton Regional did not run complete teams.

### Girls Group 3

1. Lucy Sheldrick, Union Hill	11:38
2. Kelly Neilan, Fort Lee	12:02
3. Michael Guido, Paramus Cath.	12:07
4. Ellen Frasca, Caldwell	12:12
5. Sandy Steiger, Roxbury	12:45
6. Diane Bauer, Roxbury	12:51
7. Lynda Goldstein, Randolph	12:53
8. Megan Sexton, Paramus Cath.	12:57
9. Cathy Sanford, Caldwell	13:11
10. Marianne Bogush, Par.Cath.	13:17
11. Gervlynne Abramonte, Demarest	13:20
12. Dina Faas, Morris Hills	13:26
13. Sandy Newett, No. Highlands	13:33
14. Cindy Chu, Caldwell	13:33
15. Nancy Gallagher, Morris Hills	13:39
16. Debbi Alexander, Roxbury	13:41
17. Caroline McCoy, Caldwell	13:41
18. Sue Greer, Old Tappan	13:41
19. Chris Pratalo, Paramus Cath.	13:44
20. Barbara Sotolongo, Union Hill	13:52
21. Pam Dillon, Paramus Cath.	13:53
22. Jody Lynn Turton, Demarest	13:53
23. Donna Armas, Randolph	13:56
24. Nancy Kelly, Paramus Cath.	14:03

### TEAM SCORES

Roxbury 54, Paramus Catholic 56, Caldwell 67, Randolph 125, Hoboken 138, Morris Hills 165, Union Hill 183, Mountain 221, Dumont 238, Boonton 254, Demarest, Fort Lee, Northern Highlands, Old Tappan and River Dell did not run full teams.

### Girls Group 4

1. Nina Zollo, Wayne Hills	11:43
2. Joann Clark, Columbia	11:44
3. Leslie Chiocco, Memorial	12:51
4. Kathy Davis, Passaic City Tech	12:55
5. Pam Detlays, Kearny	12:58
6. Eileen Guinee, Fair Lawn	12:59
7. Kim Meyer, Wayne Hills	13:02
8. Lisa Albright, Nutley	13:08
9. Harlene Nelson, Wayne Hills	13:10
10. Theresa Barrata, Memorial	13:10
11. Kathy McNally, Livingston	13:16
12. Carol Becht, Morristown	13:27
13. Michelle Tolley, Plainfield	13:28
14. Brenda Butts, Memorial	13:29
15. Alison Grunder, Ridgewood	13:30
16. Janet Lombardi, Ridgewood	13:34
17. Klara Gapse, Ridgewood	13:36
18. Marcia Rousseau, Eastside	13:37

### TEAM SCORES

Paul VI 41; Eastern Christian 50; DePaul 65, Paterson Catholic 75; Don Bosco Tech 135; Pope Pius 205.

### JAYCEE

1. Kevin Vieldhouse (E. Christian) 13:32  
2. miles

### FRESHMAN

1. Chris Vance (DePaul) — 11:25

19. Darvle Tolan, Kearny	13:38
20. Gladys Pena, Memorial	13:38
21. Tonia Wormely, Plainfield	13:47
22. Ann O'Leary, Fair Lawn	13:48
23. Colleen Speidel, Ridgewood	13:49
24. Lillian Cassano, Memorial	13:49
25. Maria Olsen, Morristown	13:54

### TEAM SCORES

Memorial (West New York) 58, Ridgewood 81, Wayne Hills 99, Plainfield 132, Kearny 134, Morristown 146, Eastside 151, Nutley 157, Bergenfield 187, Livingston, Belleville, Columbia, Passaic County Tech, Fair Lawn and Hackensack ran incomplete teams.

### Catholic Conference

1. Kevin Byrne, Paramus Cath.	14:12
2. Ron Gale, CBA	14:13
3. Ivan Solero, St. Joe's (Met.)	14:18
4. Mike Spano, Morris Cath.	14:22
5. Kevin Molteni, Morris Cath.	14:27
6. Rich Murphy, Don Bosco	14:33
7. Vin Deuschel, Bergen Cath.	14:43
8. Frank Stanton, Bergen Cath.	14:50
9. John Favro, St. Joe's (Met.)	14:52
10. John Molony, Essex Cath.	14:52
11. Bill Mariski, Marist	14:52
12. Bill Leonard, Bergen Cath.	14:52
13. Hugh Monahan, Paramus Cath.	14:53
14. John Gernert, Morris Cath.	14:59
15. Ken Walsh, Morris Cath.	15:05
16. Pete Toal, Essex Cath.	15:06
17. Steve Kuster, CBA	15:08
18. Mark Miller, Essex Cath.	15:09
19. Joel Lizotte, Red Bank Cath.	15:10
20. Matt Kelsh, St. Joe's (Met.)	15:10
21. Bob Cohen, Essex Cath.	15:10
22. Bob Greenway, St. Joe's (met.)	15:13
23. Kevin Weir, St. Joe's (Met.)	15:14
24. Paul Thomas, Paramus Cath.	15:15
25. Tom Hartmann, Paramus Cath.	15:17
26. John Malone, Bergen Cath.	15:21
27. Pat Kiernan, Bergen Cath.	15:26
28. Mike Collins, Bergen Cath.	15:29
29. Pat McKeon, Bergen Cath.	15:33
30. Jim Melisi, Paramus Cath.	15:39
31. Kevin Conway, Paramus Cath.	15:46
32. Mike English, Paramus Cath.	15:58



NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Girls' Cross Country Group Championship

Saturday, November 13, 1976

Holmdel Park, NJ

10AM

Distance of the Course .....	Two Miles
	Hill and Dale
Meet Director for Girls .....	Mary Jo Blair
Site Director .....	Jack Rafter
Referee - Starter .....	Joe Goodspeed
Chief Timer .....	Bud Siegmund
Assistant Timer .....	Syd Keiser
Chief Judge .....	Larry Bova
Clerks .....	Frank Burns
	Nancy Dickson
Checkers .....	Hal Smith
	Sue Castleman
Recorder and Scorers .....	Joe Cadmus
	Vicki Roberts
	Jeanne Ciaramelli
Typist and Machine Operator .....	Jean Harmer
Course Inspectors .....	John Skislak
	Mary Lowe
	Jill Gunther
	Jim Grieco
	Vernon Worles
	Mary Goodspeed
	Ed Moyes
	Bill Scholl
	Jack Lach
First Aid Unit .....	Holmdel First Aid

JILL GREENE '75

### GIRLS' CROSS COUNTRY "TRIVIA" AT HOLMDEL PARK

The following are some of the twenty fastest times at Holmdel Park on the present Two-Mile course:

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Meet/Date</u>
1. Hilary Noden	Hopewell Valley	12:30	State Meet 11/10/73
2. Sheila Kelly	Red Bank Catholic	12:35	State Meet 11/10/73
3. Hilary Noden	Hopewell Valley	12:41	State Meet 10/28/72
4. Janet Kronick	Franklin Township	12:42	State Meet 10/28/72
5. Sheila Kelly	Red Bank Catholic	12:45	RBC/Ran.Val 10/26/73
6. Carol Conlon	Nutley	12:47	State Meet 11/15/75
7. Sandy Alexander	Roxbury	12:52	State Meet 11/15/75
8. Michelle Guide	Paramus Catholic	12:53	State Meet 11/15/75
9. Sheila Kelly	Red Bank Catholic	12:57	RBC/Mat.Dei 10/31/73
10. Kathy Kolarsick	Red Bank Catholic	12:58	State Meet 11/10/73
11. Cathy Young	Rancocas Valley	12:59	State Meet 11/10/73
12. Eileen Meenan	Mater Dei	13:00	State Meet 11/10/73
13. Maggie Poynter	North Hunterdon	13:00	State Meet 11/15/75
14. Nancy Fitzgerald	Cedar Ridge	13:01	State Meet 11/15/75
15. Sue Frentz	Red Bank Catholic	13:04	State Meet 11/15/75
16. Sara Erb	Jefferson Township	13:05	State Meet 10/28/72
17. Janet Kronick	Franklin Township	13:05	Fr.Twp/RBC 10/10/74
18. Cathy Young	Rancocas Valley	13:08	Ran.Val/RBC 10/26/73
19. Heather Pullen	North Hunterdon	13:09	State Meet 11/15/75
20. Eileen Meenan	Mater Dei	13:10	Mat.Dei/RBC 10/31/73
Lucille Pasciolla	Saddle Brook	13:10	State Meet 11/15/75

Congratulations to the individuals and teams that earned an award in the NJSIAA Girls' Sectional Cross Country Championships. These teams and individuals will be competing today for Group Championship Awards. NJSIAA Group Championship awards will be given for each group as follows:

1. Trophy and seven (7) gold medals for first team in each Group.
2. Seven (7) silver medals for second place team in each Group.
3. Seven (7) bronze medals for third place team in each Group.
4. Individual medals for the first ten (10) finishers in each Group.

To qualify for the Meet of Champions, Saturday, November 20, 1976, the first and second place teams from each Group plus the first five (5) finishers from each group will qualify for this meet to determine the state team champion and the state individual champion for both boys and girls.

Scoring Procedure:

In order to conform to the 1976 National Federation Track and Field Rules (Rule 12, Section 3), the following procedure will be followed:

Each team runner will be given two (2) cards as he clears the chute; a white card and a card of contrasting color.

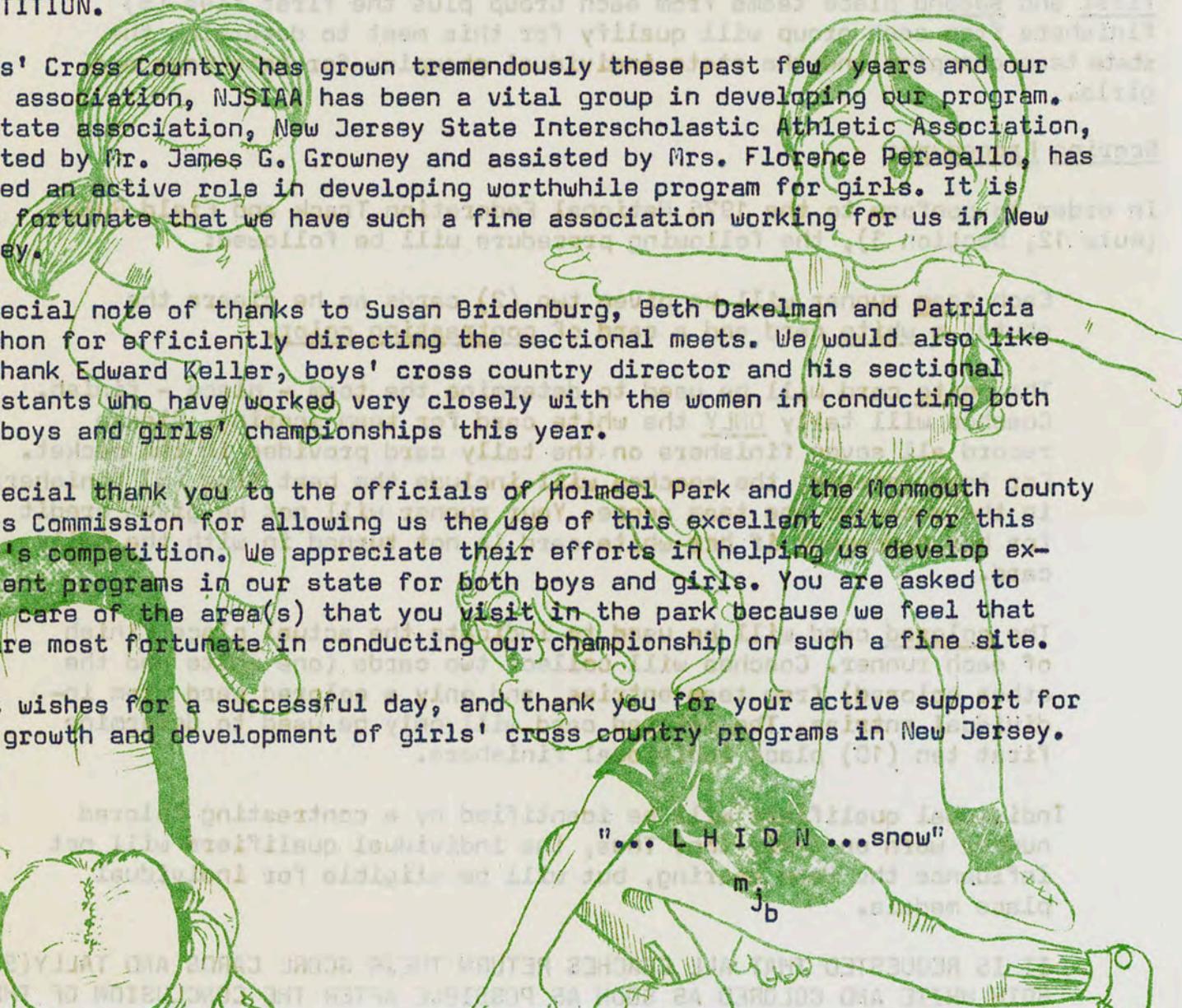
The white card will be used to determine the team - place - finish. Coaches will tally ONLY the white card for team scoring. Please record all seven finishers on the tally card provided in the packet. For team scoring, the coaches will include the best five (5) finishers in the race for the team score. Your runner will not be given credit for her placement if her white card is not turned in with the tally card.

The colored card will be used to indicate the actual place finish of each runner. Coaches will collect two cards (one white and the other colored) from team entries, and only a colored card from individual entries. The colored card will only be used to determine first ten (10) place individual finishers.

Individual qualifiers will be identified by a contrasting colored number worn on their top. Thus, the individual qualifiers will not influence the team scoring, but will be eligible for individual place medals.

IT IS REQUESTED THAT ALL COACHES RETURN THEIR SCORE CARDS AND TALLY(S) BOTH WHITE AND COLORED AS SOON AS POSSIBLE AFTER THE CONCLUSION OF THEIR RACE. THE COACHES' WILL FIND THE SCORER'S TABLE LOCATED IN THE SHELTER BUILDING NEAR THE START OF THE RACE. Coaches are reminded that their signature is required on the tally card, and please tally the card as indicated.

Enclosed in the packet is a copy of the program with a course map. Additional programs may be purchased at the scorer's table. New numbers have been provided and please have each competitor wear a number that has been provided for this competition. All team members or individual competitors must wear a number that has been assigned in the competition. Failure to wear the number provided will subject that individual to disqualification from the competition. Girls are requested to wear the number on the front of their uniform. Please use two pins to firmly secure the number. **YOU MUST PROVIDE YOUR OWN PINS FOR THE COMPETITION.**



Girls' Cross Country has grown tremendously these past few years and our state association, NJSIAA has been a vital group in developing our program. Our state association, New Jersey State Interscholastic Athletic Association, directed by Mr. James G. Grownay and assisted by Mrs. Florence Peragallo, has played an active role in developing worthwhile program for girls. It is most fortunate that we have such a fine association working for us in New Jersey.

A special note of thanks to Susan Bridenburg, Beth Dakelman and Patricia McMahon for efficiently directing the sectional meets. We would also like to thank Edward Keller, boys' cross country director and his sectional assistants who have worked very closely with the women in conducting both the boys and girls' championships this year.

A special thank you to the officials of Holmdel Park and the Monmouth County Parks Commission for allowing us the use of this excellent site for this year's competition. We appreciate their efforts in helping us develop excellent programs in our state for both boys and girls. You are asked to take care of the area(s) that you visit in the park because we feel that we are most fortunate in conducting our championship on such a fine site.

Best wishes for a successful day, and thank you for your active support for the growth and development of girls' cross country programs in New Jersey.

"... L H I D N ...snow"

m  
j  
b

Jill Greene

GROUP III

10:20

Lane Assignment

- 19 Helen Dietz, Perth Amboy
- 18 Holy Cross
- 17 South Plainfield
- 16 Mainland Regional
- 15 Holy Spirit
- 14 Hoboken
- 13 Randolph
- 12 Red Bank Catholic
- 11 Paramus Catholic
- 10 Point Pleasant Borough
- 9 Caldwell
- 8 Kelly Neilan, Fort Lee
- 7 Lucy Sheldrick, Union Hill
- 6 Roxbury
- 5 Manalapan
- 4 Janet Taskiris, Freehold Twp
- 3 Paul VI
- 2 North Hunterdon
- 1 JFK, Iselin

South

1. Point Pleasant Borough 169-175
2. Holy Spirit 176-182
3. Paul VI 183-189
4. Mainland Regional 190-196
5. Holy Cross 187-203
1. M. Purcell, Holy Spirit
2. S. Startare, Paul VI
3. J. Zarrillo, Mainland Regional
4. K. Abradi, Point Pleasant Boro
5. A. Stephanik, Holy Spirit
6. P. Elliot, Holy Spirit
7. D. Kitchen, Point Pleasant Boro
8. T. Demarest, Point Pleasant Boro
9. B. Wallace, Paul VI
10. R. Dwyer, Point Pleasant Boro

North

1. Roxbury 100-106
2. Paramus Catholic 107-113
3. Caldwell 114-120
4. Randolph 121-126
5. Hoboken 127-133
1. Lucy Sheldrick, Union Hill 1
2. Kelley Neilan, Fort Lee 2
3. Michelle Guido, Paramus Catholic
4. Ellen Frasca, Caldwell
5. Nancy Seger, Roxbury
6. Sandy Alexander, Roxbury
7. Diane Bauer, Roxbury
8. Lynda Goldstein, Randolph
9. Megan Sexton, Paramus Catholic
10. Cathy Sanford, Caldwell

Central

1. Red Bank Catholic 134-140
2. South Plainfield 141-147
3. JFK, Iselin 148-154
4. North Hunterdon 155-161
5. Manalapan 162-168
1. Tracey Van Dyke, Red Bank Catholic
2. Anita Van Dyke, Red Bank Catholic
3. Janet Taskiris, Freehold Township 3
4. Mary Carroll, JFK, Iselin
5. Sherri O'connor, Red Bank Catholic
6. Mary Hunter, Manalapan
7. Helen Dietz, Perth Amboy 4
8. Laura Barge, South Plainfield
9. Jane Blatz, Red Bank Catholic
10. Nancy Fitzgerald, Red Bank Catholic

## GROUP IV

11:00

Lane Assignment

24. Memorial
23. Joetta Clark, Columbia
22. M. Joyce, Bridgeton
21. Middletown North
20. Nancy Fitzgerald, Cedar Ridge
19. Raritan
18. Toms River South
17. Jackson Township
16. Plainfield
15. Toms River North
14. Lisa Tracortian, Colonia
13. Mary Jane Briody, Sayreville
12. Hunterdon Central
11. Kearny
10. Wayne Hills
9. East Brunswick
8. Southern
7. Dorian McDermott, JP. Stevens
6. Kathy Daria, Passaic Cty.T
5. Brick Township
4. Matawan
3. Eileen Guinee, Fair Lawn
2. Ridgewood
1. Lisa Albright, Nutley

South

1. Toms River North 274-280
2. Brick Township 281-287
3. Toms River South 288-294
4. Jackson Township 295-301
5. Southern Regional 302-308
1. J. Flood, Toms River North
2. J. Fox, Brick Township
3. R. Estey, Toms River South
4. K. Keenan, Toms River North
5. N. Halpin, Toms River South
6. D. Brennan, Jackson Memorial
7. D. Doyle, Brick Township
8. S. White, Toms River North
9. E. Smythe, Toms River North
10. M. Joyce, Bridgeton 13

North

1. Memorial 204-210
2. Ridgewood 211-217
3. Wayne Hills 218-224
4. Plainfield 225-231
5. Kearny 232-238
1. Nina Zollo, Wayne Hills
2. Joetta Clark, Columbia 5
3. Leslie Chiorro, Memorial
4. Kathy Daria, Passaic County T. 6
5. Pam Detlaya, Kearny
6. Eileen Guinee, Fair Lawn 7
7. Kim Meyer, Wayne Hills
8. Lisa Albright, Nutley 8
9. Harlene Nelson, Wayne Hills
10. Theresa Barrata, Memorial

Central

1. Hunterdon Central 239-245
2. Raritan 246-252
3. Matawan 253-259
4. East Brunswick 260-266
5. Middletown North 267-273

1. Nancy Fitzgerald, Cedar Ridge 9
2. Mary Banks, Raritan
3. Lisa Tracartian, Colonia 10
4. Mary Jane Briody, Sayreville 11
5. Sandy Guidotti, Hunterdon Central
6. Kathy O'Donnell, Hunterdon Central
7. Cindy Summa, Raritan
8. Colleen Case, East Brunswick
9. Bobbi Lutack, Middletown North
10. Tracey MacMillan, East Brunswick
- \*11. Dorian McDermott, JP. Stevens 12

\* Appeal entry

GROUP II

1:20

Lane Assignment

17. Delaware Valley
16. St. Rose
15. Trudy Timony, Hopewell Valley
14. Rumson
13. Hepatcong
12. LaVonne Kruse, Sparta
11. Jill Quigley, Verona
10. Hackettstown
9. Pequannock
8. Metuchen
7. Jill, Shay, Haddonfield
6. Jefferson Township
5. Haddon Township
4. Gateway Regional
3. Eve Thompson, Red Bank
2. Saddle Brook
1. Voorhees

South

1. Haddon Township 457-463
2. Gateway Regional 464-470
  
1. Linda Matousch, Haddon Township
2. Mimi Bullock, Haddon Township
3. Jill Shay, Haddonfield 30
4. Renee Kline, Gateway Regional
5. Bex. Layton, Gateway Regional
6. Diane Hellyer, Gateway Regional
7. Ruth Roseman, Haddon Township
8. Judy Munyan, Gateway Regional
9. Cathy Peterson, Haddon Township
10. Julia Actily, Haddon Township

North

1. Saddle Brook 391-396
2. Hackettstown 397-403
3. Hepatcong 404-410
4. Jefferson Township 411-416
5. Pequannock 417-423
  
1. Penny Fales, Hackettstown
2. Jill Quigley, Verona 26
3. Jean Chpdnicki, Saddle Brook
4. Doreen Conklin, Hepatcong
5. Lucille Paciolla, Saddle Brook
6. Liz Pantel, Pequannock
7. LaVonne Kruse, Sparta 27
8. Martha Crandall, Pequannock
9. Susie Meslaros, Jefferson Township
10. Diane Leavitt, Hackettstown

Central

1. St. Rose 424-430
2. Delaware Valley 431-436
3. Metuchen 437-443
4. Voorhees 444-450
5. Rumson 451-456

1. Anne Kunze, Metuchen
2. Eve Thompson, Red Bank 28
3. Bev Reilly, St. Rose
4. Michelle Woolover, Delaware Valley
5. Linda King, Voorhees
6. Trudy Timony, Hopewell Valley 29
7. Evelyn Grant, Metuchen
8. Dede Phillipps, St. Rose
9. Mary Ann Buvarski, Delaware Valley
10. Eva Mitchell, St. Rose

GROUP I

12:40

Lane Assignment

24. Sally Caralice, Glen Ridge
23. Palisades Park
22. Grete Barone, Cedar Grove
21. Maureen Sullivan, Morris Catholic
20. Wendy Moser, Highland Park
19. Heather McIntosh, Glen Ridge
18. Bernards
17. Kathy Hart, Point Pleasant Beach
16. Sandy Wheeler, Point Pleasant Bh
15. Sue Kaye, Highland Park
14. Bound Brook
13. Stephanie Bruschi, Kinnelon
12. West Morris Mount Olive
11. Mater Dei
10. Keyport
9. Renee, DeFeo, Clayton
8. Secaucus
7. Gloucester Catholic
6. St. Joseph's Toms River
5. Immaculata
4. Janet Kimbleton, Delran
3. Cindy Adler, Palmyra
2. Bayley Ellard
1. Bogota

South

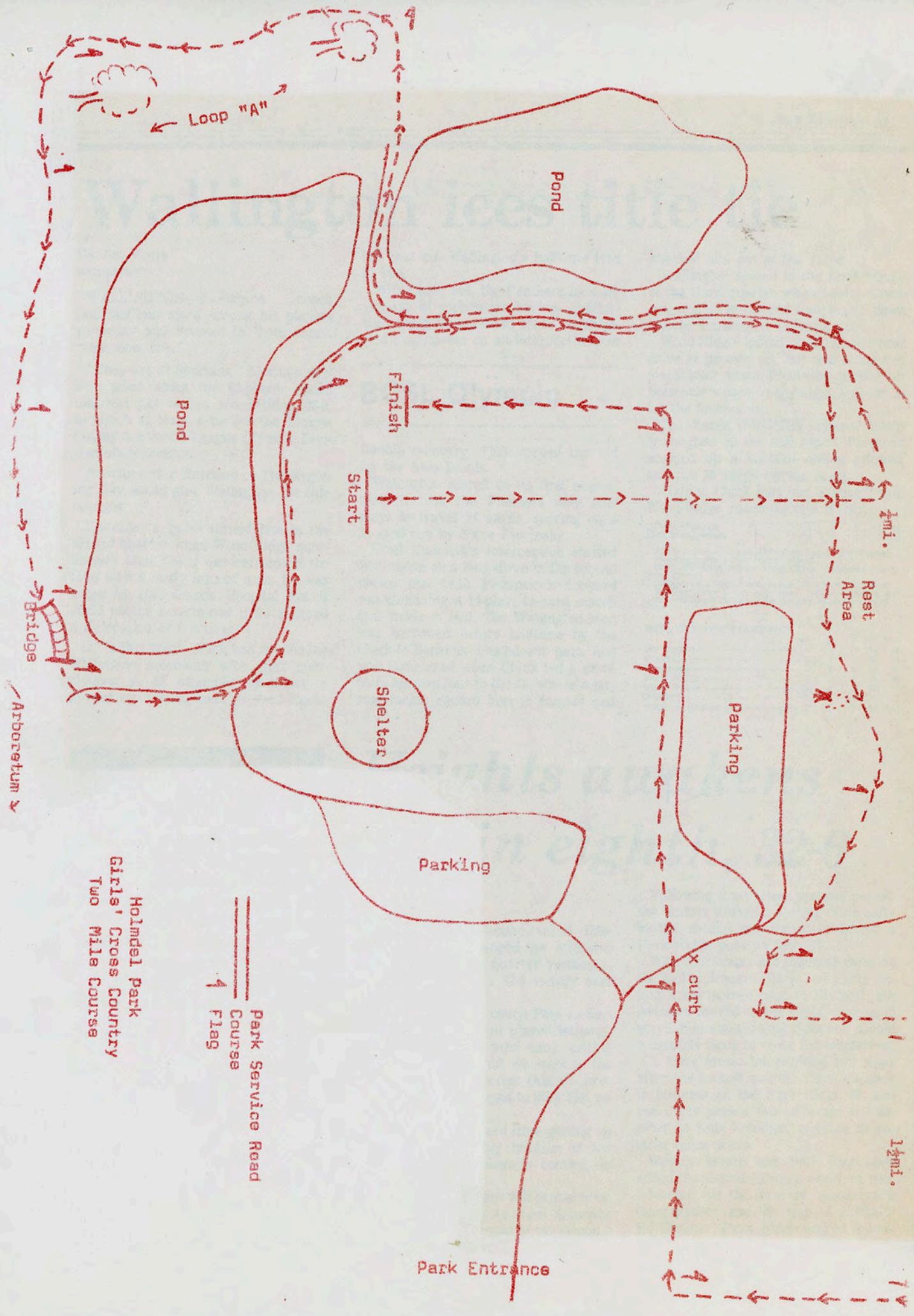
1. St. Joseph's Toms River 377-383
2. Gloucester Catholic 384-390
1. Renee DeFeo, Clayton 21
2. Janet Kimbleton, Delran 22
3. Kathy Hart, Point Pleasant Beach 23
4. Cindy Adler, Palmyra 24
5. Holly Thompson, St. Joe's 19
6. Rose Cerkez, Gloucester Catholic 18
7. Joan Roach, Gloucester Catholic 20
8. Susan Chmiel, St. Joe's 18
9. Sandy Wheeler, Point Pleasant Bh. 25
10. Susan Jackson, St. Joe's 20

Central

1. Mater Dei, 344-350
2. Keyport 351-356
3. Bernards 357-363
4. Bound Brook 364-370
5. Immaculate 371-376
1. Meg Fynes, Immaculata
2. Katie Thompson, Mater Dei
3. Sue Kaye, Highland Park 19
4. Alice Glover, Mater Dei
5. Lori Bandler, Bound Brook
6. LA McHugh, Bound Brook
7. Sue Shaw, Mater Dei
8. Wendy Moser, Highland Park 20
9. Ceil Everson, Keyport
10. Fran McDonnell, Mater Dei

North

1. Bayley Ellard 309-315
2. West Morris Mount Olive 316-322
3. Secaucus 323-329
4. Palisades Park 330-336
5. Bogota 337-343
1. Stephanie Bruschi, Kinnelon 14
2. Ann Gladue, Bayley Ellard
3. Sally Caralice, Glen Ridge 15
4. Grete Barone, Cedar Grove 16
5. Heather McIntosh, Glen Ridge 17
6. Maureen Sullivan, Morris Catholic 18
7. Joan Sokel, West Morris Mount Olive
8. Marilyn McCarthy, Bayley Ellard
9. Cathy Cass, Bayley Ellard
10. Joan Wohlgemuth, Bayley Ellard



NJSIAA Group IV - Girls' Results

Team Results

Individual Results

School	Score	Place	Name	School	Time
1. Brick	85	1	Mary Banks	Raritan	12:12
2. Toms River North	96	2	Nancy Fitzgerald	Cedar Ridge	12:22
3. Hunterdon Central	113	3	Nina Zollo	Wayne	12:46
4. Ridgewood	166	4	Sandy Guidotti	Hunterdon Ctr	12:52
5. Raritan	176	5	Kathy Keenan	Toms River N.	13:03
6. Toms River South	178	6	Jo Clark	Columbia	13:06
7. Memorial W. N.Y.	196	7	Kathy O'Donnell	Hunterdon Ctr	13:06
8. Wayne Hills	197	8	Janet Flood	Toms River N.	13:14
9. Plainfield	239	9	Lisa Albright	Nutley	13:18
10. Jackson	244	10	Roberta Entav	Toms River N.	13:18
11. Matawan	248	11	Lisa Trecartin	Colonia	13:20
12. Kearny	288	12	Jeanne Foa	Brick	13:20
13. Middletown North	313	13	Debbie Romano	Brick	13:23
14. Southern Regional	364	14	Dorian McDermott	J.P. Stevens	13:27
15. Not Complete			Kathy Davis	Passaic	13:30
			16. Megan Almerino	Matawan	13:31
33. Colleen Speidel (27)	13:44		17. Roberta Lutack	Mid. North	13:32
36. Klara Gapse (30)	13:50		18. Nancy Halpin	Toms River North	13:33
51. Janet Lombaerde (44)	14:23		19. Cathy Morris	Brick	13:34
53. Ann Dorsett (46)	14:25		20. Colleen Casey	E. Brunswick	13:35
71. Laura Lanffen (64)	14:46		21. Kim Meyer	Wayne Hills	13:36
75. Jamie Nicholson (68)	14:53		22. Eileen Guiney	Parklawn	13:32
			23. Dale Oresaben	Hunterdon Ctr	13:38
			24. Leslie Chiocco	Mem. W. N.Y.	13:39
			25. Alyson Gruder (19)	Ridgewood	13:39

NJSIAA Group III - Girls' Results

Team Results

Individual Results

School	Score	Place	Name	School	Time
1. Red Bank Catholic	83	1	Lucy Sheldrick	Union Hill	12:19
2. Pt. Pleasant Boro	127	2	Joanna Zarrillo	Mainland	12:40
3. Roxbury	135	3	Tracey Van Dyke	RBC	12:42
4. Holy Spirit	136	4	Michelle Guido	Paramus Cath	12:43
5. South Plainfield	147	5	Kelly Neilan	Fort Lee	12:50
6. Paramus Catholic	151	6	Nancy Seeger	Roxbury	12:55
7. Caldwell	169	7	Doreen Startare	Paul VI	12:56
8. Mainland Reg	215	8	Ellen Frasca	Caldwell	12:57
9. Paul VI	228	9	Monique Purcell	Holy Spirit	13:03
10. North Hunterdon	237	10	Karen Abradi	Pt. Pleas Boro	13:06
11. JFK Iselin	249	11	Pam Eliot	Holy Spirit	13:06
12. Randolph	270	12	Sandy Alexander	Roxbury	13:06
13. Manalapan	314	13	Amy Stephanik	Holy Spirit	13:10
14. Hoboken	364	14	Theresa Demarest	Pt. Pleas Boro	13:18
15. Holy Cross	386	15	Nancy Fitzgerald	RBC	13:20
		16. Diane Bauer	Roxbury		13:21
		17. Mary Carroll	JFK Iselin		13:24
		18. Megan Sexton	Paramus Cath		13:29
		19. Not Returned			13:30
		20. Jane Blatz	RBC		13:32
		21. Anita Van Dyke	RBC		13:32
		22. Laura Bare	South Plainfield		13:34
		23. Denise Szostak	JFK Iselin		13:37
		24. Lynda Goldstein	Randolph		13:40
		25. Donna Kitchen	Pt. Pleas Boro		13:48

# Saddle Brook girls' champs

HOLMDEL — It's two down and the big one to go for Saddle Brook. The Falconettes won yesterday's Group 2 championship in the New Jersey State Interscholastic Athletic Association's group cross-country meet at Holmdel County Park.

Added to last week's sectional championship at Garret Mountain, Saddle Brook needs only to win Saturday's All-Groups title back here to complete a sweep of State honors.

Only to win? Actually, the All-Groups looks like it will be a stiff task, even following yesterday's easy 69-123 win over Delaware Valley.

Saddle Brook's first two runners, Jean Chodnicki and Lucille Pasciolla (fourth and seventh yesterday) can run with anybody else's top two. But if the Falconettes are to win, at least three of the remaining five runners will have to improve upon yesterday's performances.

Group 1 champ Mater Dei appears to be the favorite, followed by Group 3 winner Red Bank Catholic and Group 4 champion Brick Township.

"I'm very happy we won," said Sad-

dle Brook coach Howie Schumann yesterday. "I know we're capable of doing the job in the All-Groups meet. We lost a dual meet earlier this season to Red Bank Catholic by two points, and the girls are running better now than they were at that time."

Debbie Ceria (21st), Claire Lange (23rd) and Jo Ann Licata (25th) completed Saddle Brook's top five. Delores Harrison and Amy McLaughlin weren't far behind, running 26th and 33rd, respectively. Saddle Brook would appear to have the most depth of any of the contenders for All-Group honors.

Nina Zollo of Wayne Hills, third in Group 4, and Michele Guido of Paramus Catholic and Kelly Neilan of Fort Lee, fourth and fifth in Group 3, were the best of the remaining local finishers yesterday, advancing to Saturday's meet with all other individuals in the top five of each group as well as the top two teams from each race.

Ridgewood annexed a fourth place in Group 4 and Paramus Catholic a sixth in Group 3, backing up Saddle Brook's winning performance.

—STEVE LURIE



Jean Chodnicki

# Cross-country summaries

## Boys Group 1

1. Bill Agee, Kinnelon	15:19.3
2. Joe Logan, Bernards	15:30
3. K. Hildebrandt, Pt. Pleas. Bch.	15:34
4. Russ Barry, Kinnelon	15:38
5. Steve Triantafyllou, Roselle Pk.	15:42
6. Bob Gibson, Mountain Lakes	15:44
7. David Gsell, Glen Ridge	15:44
8. Dave Trombadoro, Bound Brook	15:51
9. Buck Logan, Bernards	15:51
10. Ned Kelly, W. Windsor	15:53
11. Bruce Adams, Kinnelon	15:53
12. Pete Carroll, Bernards	15:54
13. Mike Fitzgerald, Bogota	15:56
14. Jeff Harshman, Montgomery	15:57
15. T. Cannavina, No. Arlington	16:03
16. John Petersen, Palisades Pk.	16:05
23. Ernie Fierer, Leonia	16:15
24. John Cummings, Mahwah	16:15
25. Howard Duffy, Kinnelon	nt
26. John Weiser, Kinnelon	nt

### TEAM SCORES

Bernards 59, Kinnelon 152, Bound Brook 153, Glen Ridge 171, Palisades Park 185, Pt. Pleasant Beach 206, Chatham Township 217, Montgomery 247, Mountain Lakes 252, Mahwah 266, Bogota 273, Florence 304, West Windsor 329, Mount Olive 330, Bordentown 330, Burlington Township 375, Leonia 376, Keyston 386 and Pitman 412. (Distance—3 miles) (nt indicates no official time).

## Boys Group 2

1. K. Cahill, Delaware Valley	15:22
2. Rick Bolling, Saddle Brook	15:22
3. Jeff Lane, Haddon Twp.	15:22
4. Scott Garnock, Bergen Tech	15:26
5. Mike Galanone, New Milford	15:27
6. Frank Rockry, Delaware Valley	15:33
7. Paul Shivers, Hopewell Valley	15:38
8. Chris Smith, Dover	15:39
9. Steve Boyle, Somerville	15:41
10. Bob Hanlon, New Providence	15:42
11. Dave Thomson, Dover	15:45
12. Brian Driscoll, Haddon Twp.	15:46
13. Tom Ferris, Tenafly	15:48
14. Eric Munroes, Jefferson Twp.	15:49
15. Tony Fitzgerald, Tenafly	15:50
32. Joe Shiller, Saddle Brook	nt
35. Jim McTernan, Tenafly	nt
46. Steve Karcich, Saddle Brook	nt
49. Chip Holmren, Tenafly	nt
52. Sal Iodaci, Saddle Brook	nt
62. Jon Wlmatan, Tenafly	nt
74. Jerry Picardi, Saddle Brook	nt

### TEAM SCORES

Haddon Township 95, Tenafly 139, Williamstown 163, Saddle Brook 166, Dover 169, Hopewell Valley 199, Jefferson Township 206, Somerville 207, Maple Sahde 215, Whipppany Park 256, Hillside 301, Audobon 305, Delaware Valley 314, Haddonfield 334, Sparta 341, Garfield 348, Butler 351, Metuchen 371, Rutherford 406, South River 489 and Hillsborough 621.

## Boys Group 3

1. Bob Siehl, Morris Hills	14:45*
2. Roger Jones, Ramsey	14:39
3. Jim Casey, Manalapan	15:09
4. Jerry Young, Franklin Twp.	15:12
5. Jim Bates, Pascack Hills	15:15
6. Bill Wells, Howell	15:28
7. Mike Alberse, Ramsey	15:39
8. Gary German, West Essex	15:51
9. Mark Luber, Eastern	15:57
10. Ned Dentley, Franklin Twp.	15:38
11. Gary Saliva, Manalapan	15:40
12. Bill Wheatley, Morris Hills	15:41
13. Bob Sommer, Pascack Valley	15:42
14. Robert Roche, Springfield	15:43
15. Doug Piper, Iselin	15:43
37. Ed O'Neill, Ramsey	nt
48. Lance Sniatkowski, Ramsey	nt
68. Scott Markowitz, Ramsey	nt
78. John Brennan, Ramsey	nt

\* establishes record for new course.

### TEAM SCORES

Morris Hills 78, Franklin Township 114, Ramsey 148, Parsippany 152, Manalapan 175, Rancocas Valley 175, Eastern 227, West Essex 238, Moorestown 244, Springfield 245, Cinnaminson 283, Ocean Township 314, Collingswood 321, Mountain 340, Northern Highlands 355, Old Tappan 357, Pascack Valley 395, Ridge 399, Long Branch 429 and Dumont 449.

## Boys Group 4

1. Henry Lenz, Memorial	15:11.4
2. Eustaquio Gonzalez, Memorial	15:11.5
3. Mike O'Brien, Westfield	15:16
4. Dave Miller, Westfield	15:17
5. John Gaudioso, Morristown	15:23
6. Ned Connell, Morristown	15:27
7. Marty Holleran, North Bergen	15:33
8. Ten Arsujo, Morristown	15:34
9. Jim Flynn, Toms River No.	15:35
10. B. Mitchell, Middletown N.	15:36
11. Chris Paul, Westfield	15:37
12. Blaise Boyle, Hunterdon Cent.	15:38
13. Matt Makowski, Scotch Plains	15:39

14. Mike Bailey, Westfield	15:40
15. Paul Timony, Toms River So.	15:41
23. Al Solano, Memorial	15:50
30. Henry Hernandez, Memorial	nt
34. John Kirchhof, Bergenfield	nt
39. Kevin Ruland, Paramus	nt
42. Frank Romero, Memorial	nt

### TEAM SCORES

Westfield 57, Morristown 62, Memorial West New York 94, Toms River North 169, Hunterdon Central 175, Cranford 204, Toms River 204, Brick Township 205, Raritan 270, North Bergen 292, Scotch Plains 311, Watchung Hills 313, Hamilton East 324, Kearny 370, Plainfield 382, Ridgewood 453, Millville 457, Middle Town South 458, Highland Regional 474 and Passaic County Tech 488.

## Boys Parochial A

1. Kevin Byrne, Paramus Cath.	14:58
2. Ron Galera, CBA	15:04
3. Ivan St. Joe's (Met.)	15:17
4. Vin Deuschel, Bergen Cath.	15:25
5. Hugh Monahan, Paramus Cath.	15:27
6. John Wavro, St. Joe's (Met.)	15:29
7. Frank Stanton, Bergen Cath.	15:30
8. Steve Kustera, CBA	15:42
9. Jack Lawrence, CBA	15:44
10. Bill Leonard, Bergen Cath.	15:49
11. Bill Mariski, Marist	15:52
12. Nick Ferlazzo, Holy Cross	15:53
13. Joe Creighton, Holy Cross	15:58
14. Mark Miller, Essex Cath.	15:59
15. P. Moscatello, Red Bn. Cath.	16:00
16. Paul Thomas, Paramus Cath.	16:04
17. Rich Murphy, Don Bosco	16:06
18. Tom Hartmann, Paramus Cath.	16:08
19. Pat Kerna, Bergen Cath.	16:12
20. John Malone, Bergen Cath.	nt
21. Tom McKeon, Bergen Cath.	nt
22. Mike Collins, Bergen Cath.	nt
23. Mike English, Paramus Cath.	nt
45. Jim Melisi, Paramus Cath.	nt
47. Kevin Conway, Paramus Cath.	nt

### TEAM SCORES

Christian Brothers Academy 68, Bergen Catholic 76, Paramus Catholic 83, St. Joseph's (Metuchen) 86, Red Bank Catholic 120, Essex Catholic 143, Holy Cross 151, Roselle Catholic 224, Don Bosco 225, DePaul 347, Seton Hall 349, St. Peter's 371, Camden Catholic 371, Marist 380, St. Anthony's (Trenton) 419 and Notre Dame 449. (St. Joseph Regional did not finish complete team.)

## Boys Parochial B

1. Kevin Molteni, Morris Cath.	15:12.6
2. Mike Spano, Morris Cath.	15:25
3. Ken Walsh, Morris Cath.	15:40
4. John Gerner, Morris Cath.	15:44
5. Jim Harris, Morris Cath.	15:50
6. Chris Laiba, Mater Dei	15:58
7. Jim Heath, Gloucester Cath.	15:59
8. Tony Barberio, Morris Cath.	16:00
9. Bob Bongo, Morris Cath.	16:05
10. Tom Gibbons, Bayley-Ellard	16:09
11. Mark Giisse, E. Christian	16:10
12. Gary Wiesinger, Union Cath.	16:11
13. Bill Kiley, St. John V.	16:13
14. M. Browne, Gloucester Cath.	16:17
15. Dean Shanahan, Mater Dei	16:18
21. Lou Gallo, Paul VI	16:29

### TEAM SCORES

Morris Catholic 15, Mater Dei 92, Union Catholic 137, St. John Vianney 163, Bayley-Ellard 169, Gloucester Catholic 210, Eastern Christian 210, St. Rose 240, Queen of Peace 246, Bishop Eustace 268, Immaculata 292, Paul VI (Clifton) 294, St. Joseph's (Toms River) 298, Paterson Catholic 300, St. Thomas Aquinas 309, St. Mary's (Elizabeth) 425 and St. Pius X 522.

## Boys Parochial C

1. Jim McNeil, Immac. Concep.	16:08
2. Tom Morris, St. Augustine	16:22
3. Keith Keehane, Orotary	16:26
4. Tom Duggan, Orotary	16:27
5. Mark Carrow, Sacred Heart	16:29
6. John Pfaff, St. Augustine	16:32
7. K. Higgins, St. Mary's (Ruth)	16:43
8. Tony Badger, St. Benedict's	16:52
9. K. Dougherty, Immac. Concep.	16:54
10. Tom Baruffi, St. Augustine	16:58
11. Bob Dominic, St. Augustine	16:58
12. P. J. DePoertere, Orotary	17:06
13. Tom Duffy, St. Mary's (Ruth)	17:14
14. Mark Assetta, Sacred Heart	17:15
15. Mike Roche, Orotary	17:25
24. J. Teresiinski, Pope Pius	17:48

### TEAM SCORES

St. Augustine Prep 52, Orotary Prep 53, Immaculate Conception 79, Sacred Heart 123, St. Mary's (Rutherford) 147, St. Benedict's 155, Wildwood Catholic 156, St. Peter's (New Brunswick) 158, St. Joseph 169 and Pope Pius 237.

## Girls Group 1

1. Meg Fynes, Immaculate	12:58
2. Katie Thompson, Mater Dei	13:04
3. Alice Glover, Mater Dei	13:08
4. Sue Shaw, Mater Dei	13:09
5. Ann Gladu, Bayley-Ellard	13:11
6. Stephanie Bruschi, Kinnelon	13:14
7. Kathy Hart, Pt. Pleas. Beach	13:16
8. Renee Defeo, Clayton	13:17
9. Grete Barone, Cedar Grove	13:19
10. Debbie Grover, Mater Dei	13:27
11. Heather McIntosh, Glen Ridge	13:27
12. Janet Kimbleton, Delran	13:29
13. Julie Blanchet, Bernards	13:39
14. Laura Kelly, Keyport	13:40
15. Sue Koye, Highland Pk.	13:43

### TEAM SCORES

Mater Dei 30, Bernards 90, Bayley-Ellard 103, Keyport 110, Gloucester Catholic 121, St. Joseph's (Toms River) 156, Bound Brook 161, Immaculata 167, Mt. Olive 236, Secaucus 266 and Bogota 329. (Distance—2 miles)

## Girls Group 2

1. Anne Kunze, Metuchen	12:37.7
2. Doreen Conklin, Hopatcong	12:41
3. Jill Quigley, Verona	12:44
4. Jean Chodnicki, Saddle Brk.	12:47
5. Liz Panter, Pequannock	12:55
6. Linda King, Vorhees	12:55
7. Lucille Pasciolla, Sad. Brk.	12:57
8. Jenny White, Pequannock	12:57
9. Eve Thompson, Red Bank	12:58
10. Michelle Woolaver, Del. Val.	12:59
11. Martha Crandall, Pequannock	12:59
12. Linda Matousch, Haddon Twp.	12:59
13. Sue Meszaros, Jeffsn. Twp.	12:59
14. Bev Reilly, St. Rose	12:59
15. Evelyn Grant, Metuchen	12:59
21. Debbie Ceria, Saddle Brk.	13:37
22. Claire Lange, Saddle Brk.	13:37
23. Delores Harrison, Sad. Brk.	14:02
24. Jo Ann Licata, Sad. Brk.	14:05
25. Amy McLaughlin, Sad. Brk.	nt

### TEAM SCORES

Saddle Brook 69, Delaware Valley 123, St. Rose 127, Pequannock 134, Metuchen 143, Jefferson Township 155, Hopatcong 176, Vorhees 184, Haddon Township 186, Hackettstown 227, Rumson 238 and Gateway 302.

## Girls Group 3

1. Lucy Sheldrick, Union Hill	12:19
2. Joanna Zarrillo, Mainland	12:40
3. Tracey VanDyke, RedBankCath.	12:42
4. Michele Guido, Paramus Cath.	12:43
5. Kelly Neilan, Fort Lee	12:50
6. Nancy Seeger, Roxbury	12:55
7. Doreen Startare, Paul VI	12:56
8. Ellen Frasca, Caldwell	12:57
9. Monique Purcell, HolySpirit	13:03
10. Karen Abradi, Pt. Pleas. Boro	13:06
11. Pam Eliot, Holy Spirit	13:06
12. Sandy Alexander, Roxbury	13:06
13. Amy Stephanik, HolySpirit	13:10
14. Theresa Demarest, Pt. Pls. Boro	13:18
15. Nancy Fitzgerald, RedBankCath.	13:29
16. Megan Sexton, Paramus Cath.	13:29

### TEAM SCORES

Red Bank Catholic 83, Pt. Pleasant Boro 127, Roxbury 135, Holy Spirit 136, South Plainfield 147, Paramus Catholic 151, Caldwell 169, Mainland 215, Paul VI (Haddonfield) 228, North Hunterdon 237, Iselin 249, Randolph 270, Malapana 314, Hoboken 364 and Holy Cross 386.

## Girls Group 4

1. Mary Banks, Raritan	12:17*
2. Nancy Fitzgerald, Cdr. Rdge.	12:27
3. Nina Zollo, Wayne Hills	12:46
4. Sandy Guidotti, Huntrnd.Cent.	12:57
5. Kathy Keenan, TomsRiv.No.	13:03
6. Joetta Clark, Columbia	13:06
7. Kathy O'Donnell, Huntrnd.Cent.	13:06
8. Janet Flood, TomsRiv.No.	13:14
9. Lisa Albright, Nutley	13:18
10. Roberta Estey, TomsRiv.No.	13:19
11. Lisa Trecartin, Colonia	13:20
12. Jeanne Fox, Brick	13:20
13. Debbie Romano, Brick	13:23
14. Dorian McDermott, Edison	13:27
15. Kathy Davis, Pass.Cty. Tech	13:30
21. Kim Meyer, Wayne Hills	13:36
22. Eileen Guiney, Fair Lawn	13:37
24. Leslie Chiocco, Memorial	13:39
25. Alison Grunder, Ridgewood	13:39</

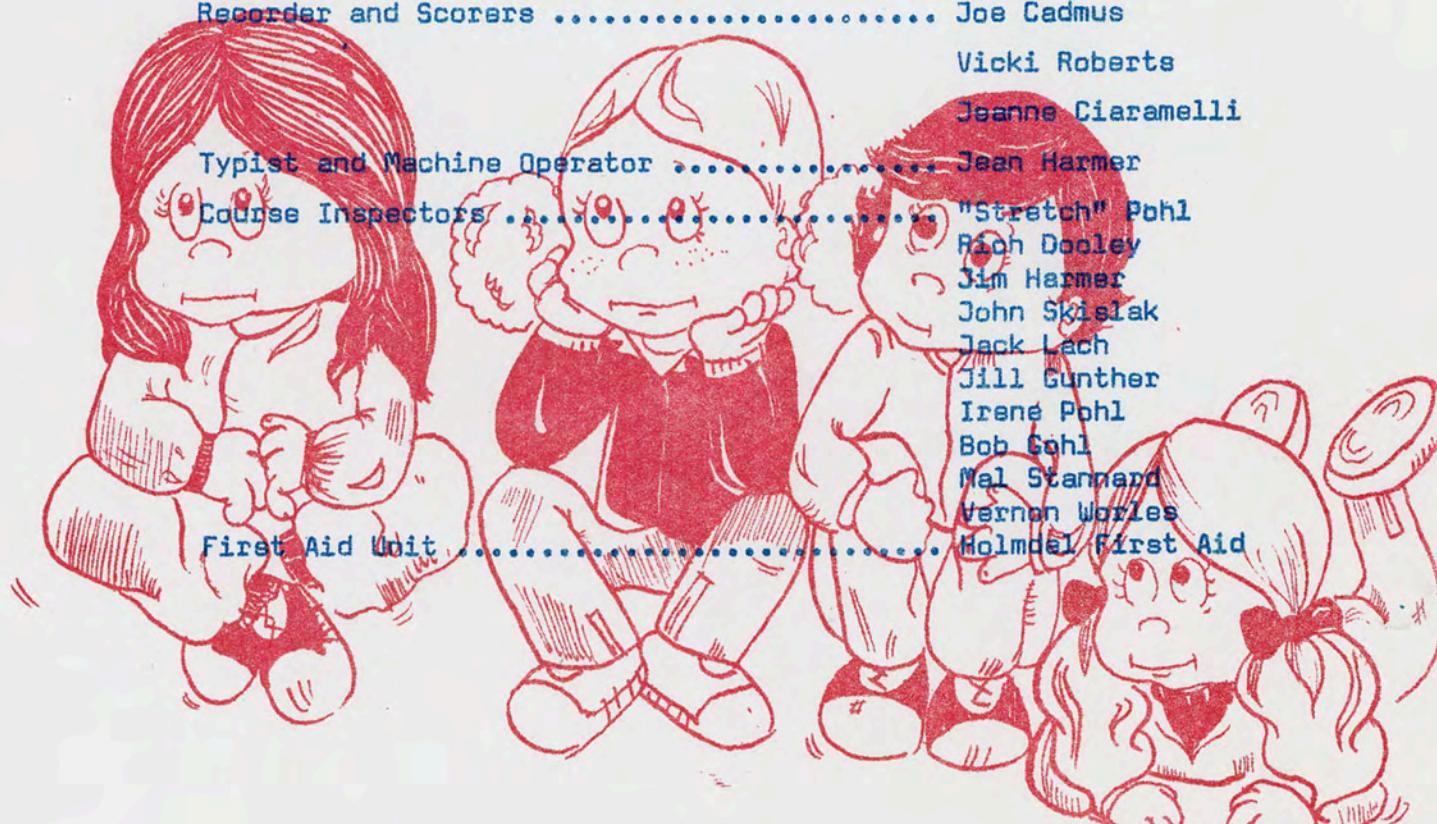
NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Girls' Cross Country Meet of Champions

Saturday, November 20

10AM

Distance of the Course ..... Two Miles  
Hill and Dale  
Meet Director for Girls ..... Mary Jo Blair  
Meet Director for Boys ..... C. Edward Keller  
Site Director ..... Jack Rafter  
Referee - Starter ..... Joe Goodspeed  
Chief Timer ..... Bud Siegmund  
Assistant Timer ..... Ed Moyes  
Chief Judge ..... Larry Bova  
Clerk ..... Frank Burns  
Checker ..... Hal Smith  
Sue Castleman  
Recorder and Scorers ..... Joe Cadmus  
Vicki Roberts  
Jeanne Ciaramelli  
Typist and Machine Operator ..... Jean Harmer  
Course Inspectors ..... "Stretch" Pohl  
Rich Dooley  
Jim Harmer  
John Skislak  
Jack Lach  
Jill Gunther  
Irene Pohl  
Bob Gohl  
Mal Stannard  
Vernon Worles  
Holmdel First Aid  
First Aid Unit .....

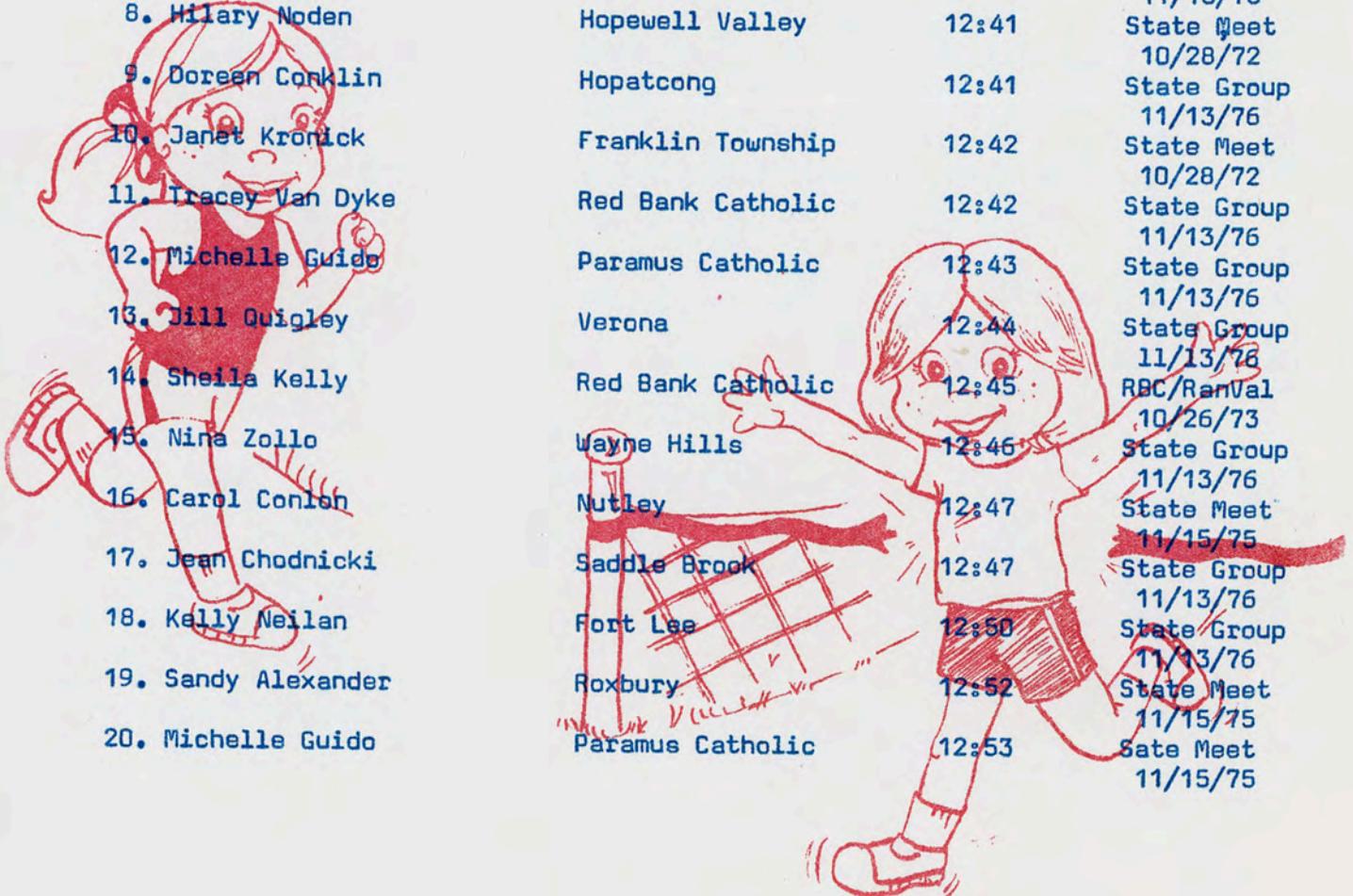


JILL GREENE '75

### GIRLS' CROSS COUNTRY "TRIVIA" AT HOLMDEL PARK

The following are some of the twenty fastest times at Holmdel Park on the present Two Mile, Hill and Dale course:

<u>Runner</u>	<u>School</u>	<u>Time</u>	<u>Meet/Date</u>
1. Mary Banks	Raritan High School	12:17	State Group 11/13/76
2. Lucy Sheldrick	Union Hill	12:19	State Group 11/13/76
3. Nancy Fitzgerald	Cedar Ridge	12:27	State Group 11/13/76
4. Hilary Noden	Hopewell Valley	12:30	State Group 11/13/76
5. Sheila Kelly	Red Bank Catholic	12:35	State Meet 11/10/73
6. Anne Kunze	Metuchen	12:37	State Group 11/13/76
7. Joanna Zarrillo	Mainland Regional	12:40	State Group 11/13/76
8. Hilary Noden	Hopewell Valley	12:41	State Meet 10/28/72
9. Doreen Conklin	Hopatcong	12:41	State Group 11/13/76
10. Janet Kronick	Franklin Township	12:42	State Meet 10/28/72
11. Tracey Van Dyke	Red Bank Catholic	12:42	State Group 11/13/76
12. Michelle Guido	Paramus Catholic	12:43	State Group 11/13/76
13. Jill Quigley	Verona	12:44	State Group 11/13/76
14. Sheila Kelly	Red Bank Catholic	12:45	RBC/RanVal 10/26/73
15. Nina Zollo	Wayne Hills	12:46	State Group 11/13/76
16. Carol Conlon	Nutley	12:47	State Meet 11/15/75
17. Jean Chodnicki	Saddle Brook	12:47	State Group 11/13/76
18. Kelly Neilan	Fort Lee	12:50	State Group 11/13/76
19. Sandy Alexander	Roxbury	12:52	State Meet 11/15/75
20. Michelle Guido	Paramus Catholic	12:53	State Meet 11/15/75



Acknowledgements

To the Holmdel Park authorities and Mr. Robert Dunlavy for the efforts extended to the New Jersey Interscholastic Athletic Association in making this beautiful facility available to us today. Our very grateful thanks.

To Mr. C. Edward Keller and Mr. Jack Rafter without whose dedication and cooperation this meet would not have been possible. A special thanks to the Red Bank Catholic Parents' Booster Club for their assistance for both the group and championship meets.

To the N.J.S.I.A.A. and Mr. James G. Gowney, the Executive Secretary Treasurer, for the fine cooperation extended to those concerned with the professional conduct of a meet of this calibre. This close support has been extended for the past few years for the girls' program.

To all those officials who are giving their services for one objective: to make this a successful meet. Their help and cooperation is deeply appreciated.

For the medical services who render the indispensable first aid to those athletes in need of it. Hopefully, their service will not be necessary but in the eventuality that they are needed, it is reassuring to know that they are standing by to assist.

To those loyal group of parents, friends and supporters of cross country who provide the incentive for the "lonely" long distance runner. We thank them for their very excellent display of sportsmanship in the past and congratulate them for their fine cooperation in this meet.

To the "lonely" long distance runner who will achieve this day some degree of recognition for all the long, lonely miles run in the cold, wet and darkness. To those who will win, our congratulations... to those who will lose, your efforts have not gone unnoticed.

peace  
...mjb

Girls' Meet of Champions 1976-77

Lane Assignment

24. Michelle Guido, Paramus Catholic  
23. Nancy Fitzgerald, Cedar Ridge  
22. Bernards  
21. Anne Kunze, Metuchen  
20. Sandy Guidotti, Hunterdon Central  
19. Red Bank Catholic  
18. Joanna Zarrillo, Mainland  
17. Liz Panter, Pequannock  
16. Joetta Clark, Columbia  
15. Ann Gladu, Bayley-Ellard  
14. Delaware Valley  
13. Brick Township  
12. Mary Banks, Raritan  
11. Doreen Conklin, Hopatcong  
10. Nina Zollo, Wayne Hills  
9. Lucy Sheldrick, Union Hill  
8. Mater Dei  
7. Toms River North  
6. Point Pleasant Boro  
5. Kelly Neilan  
4. Meg Flynes, Immaculata  
3. Saddle Brook  
2. Penny Fales, Hackettstown  
1. Jill Quigley, Verona

\*appeal entry

Group I

1. Mater Dei 500-506  
2. Bernards 507-513  
  
1. Meg Flynes, Immaculata 31  
2. Katie Thompson, Mater Dei  
3. Alice Glover, Mater Dei  
4. Sue Shaw, Mater Dei  
5. Ann Gladu, Bayley-Ellard 32

Group II

1. Saddle Brook 514-520  
2. Delaware Valley 521-527  
  
1. Anne Kunze, Metuchen 33  
2. Doreen Conklin, Hopatcong 34  
3. Jill Quigley, Verona 35  
4. Jean Chodnicki, Saddle Brook  
5. Liz Panter, Pequannock 36  
\*6. Penny Fales, Hackettstown 46

Group III

1. Red Bank Catholic 528-534  
2. Point Pleasant Boro 535-541  
  
1. Lucy Sheldrick, Union Hill 37  
2. Joanna Zarrillo, Mainland 38  
3. Tracey Van Dyke  
4. Michelle Guido, Paramus Catholic 39  
5. Kelly Neilan, Fort Lee 40

Group IV

1. Brick Township 542-548  
2. Toms River North 549-555  
  
1. Mary Banks, Raritan 41  
2. Nancy Fitzgerald, Cedar Ridge 42  
3. Nina Zollo, Wayne Hills 43  
4. Sandy Guidotti, Hunterdon Cen 44  
5. Kathy Keenan, Toms River North  
\*6. Joetta Clark, Columbia 45

NJSIAA Meet of Champions - Girls

Team Results

School	Score	Place
1. Red Bank Catholic	56	1
2. Toms River North	70	2
3. Mater Dei	73	3
4. Brick Township	105	4
5. Pt. Pleasant Boro	108	5
6. Saddle Brook	124	6
7. Bernards	144	7
8. Delaware Valley Reg.	186	8
9.		
10.		
11.		
12.		
13.		
14.		
15.		

Individual Results

Name	School	Time
Lucy Sheldrick	Union Hill	12:22
Nancy Fitzgerald	Cedar Ridge	12:30
Mary Banks	Raritan	12:31
Tracy Van Dyke	Red Bank Cath.	12:40
Joanna Zarrillo	Mainland	12:42
Michelle Guido	Paramus Cath.	12:44
Janet Flood	Toms River North	12:48
Nina Zollo	Wayne Hills	12:51
Joetta Clark	Columbia	12:53
Jean Chodnicki	Saddle Brook	12:54
Lucille Pasciolla	Saddle Brook	13:00
Liz Pantel	Pegusapock	13:01
Anne Kunze	Metuchen	13:04
Jeanne Fox	Brick	13:06
Sandy Guidotti	Hunterdon Cent.	13:06
Doreen Conklin	Hopatcong	13:08
Karen Abradi	Pt. Pleas. Boro	13:09
Ann Gladue	Bayley-Ellard	13:12
Kathleen Keenan	Toms River Nor	13:15
Debbie Grover	Mater Dei	13:17
Anita Van Dyke	Red Bank Cath.	13:20
Alice Glover	Mater Dei	13:23
Kelly Neilan	Fort Lee	13:25
Sue Shaw	Mater Dei	13:26
Sherri O'Connor	Red Bank Cath.	13:29



Jean Chodnicki

## All-Bergen girls' cross-country



Lucille Pasciolla



Delores Harrison

# Saddle Brook girls dominate

**By Marty Noble**  
Staff Writer

When Saddle Brook won the team championship in the Bergen County high school girls cross-country meet, coach Howie Schuman said his team "kind of dominated" the competition. Eight Saddle Brook runners placed among the first 20 finishers, six among the first 12. That, indeed, is domination.

So it's not surprising that the Falcons also dominate the 1976 All-Bergen County girls cross-country team. Three Falcons are on the seven-runner first team as selected by the Bergen County Women's Coaches Association, three are on the second team and another receives honorable mention.

Jean Chodnicki, Lucille Pasciolla and Delores Harrison are the Falcons' first-team selections. Joining them are Michele Guido, the County champion, and Megan Sexton, both of Paramus Catholic; Kelly Neilan of Fort Lee; and Alyson Grunder of Ridgewood.

Sexton and Chodnicki are the lone seniors on the first team and Jamie Nicholson of Ridgewood is the only upperclass, second-team selection. The first and second teams include four freshman, four sophomore and three juniors. Since three of the



Michele Guido



Megan Sexton



Kelly Neilan

sophomores and two of the freshmen are from Saddle Brook, Schuman probably will field a "kind of dominant" team in future years as well.

A look at the first team follows.

**CHODNICKI**—She was the Falcons leading runner as Saddle Brook won the team championships in the County, Group 2 Sectional and Group 2 State meets, the Passaic County B, Bernards and Ridgewood Invitations.

Chodnicki had a Garret Mountain personal best of 12:05, placing sec-

ond to Guido in the County meet. She also won the Bernards meet, was fifth in the Passaic County Invitational B, third in the Sectionals and fourth in the State Group 2 and 10th in the State Meet of Champions.

**GUIDO**—She successfully defended her Bergen County title by winning in 11:57 at Garret. The PC junior also won the Tri-County Conference title, placed sixth in the Passaic County Invitational A race, and third, fourth and sixth respectively in the Group 3 Sectional, Group 3 State and State Meet of Champions races.

**GRUNDER**—Her best time came in the Northern New Jersey Interscholastic League meet when she ran a 13:04 at Garret and placed second. She did not compete in the County meet because of an injury, but placed 12th in the Ridgewood meet and 14th at the Passaic County Invitational. She finished 15th and 25th respectively in the Group 4 Sectional and Group 4 State meet.

**HARRISON**—She usually was the Falcons third runner. The Falcon freshman's Garret best was 13:03, which earned her a fifth in the County meet. She also placed 16th in the Ridgewood meet, 13th at Bernards, seventh in the Passaic County Invitational B, 12th in the Group 2 Sectionals and 26th in the Group 2 State meet.

**NEILAN**—She is one of the two first-team sophomores. She had a personal Garret best of 12:02 while finishing third in the Group 3 Sectional. She also placed third in the Passaic County Invitational B, fifth in the Ridgewood meet, third in the



Alyson Grunder

County, fifth in the State Group 3 and 23rd in the State Meet of Champions.

**PASCIOLLA**—The other first-team sophomore, Pasciolla usually was the Falcons second runner. Her Garret best came in the County meet when she ran 12:21 to place fourth. She also placed sixth in the Passaic County Invitational B, fourth at Bernards, sixth at Ridgewood, fifth in the Group 2 Sectionals, seventh in the State Group 2 meet and 11th in the State Meet of Champions.

**SEXTON**—She usually was one step behind her teammate. She ran 13:04 to place sixth in the County meet, placed second in the Tri-County Conference meet, and ninth in the Group 3 Sectionals, running her Garret best of 12:57. She also placed 18th in the State Group 3 meet, 15th in the Passaic County Invitational A and 11th at Bernards.

## All-County girls' teams

### First team

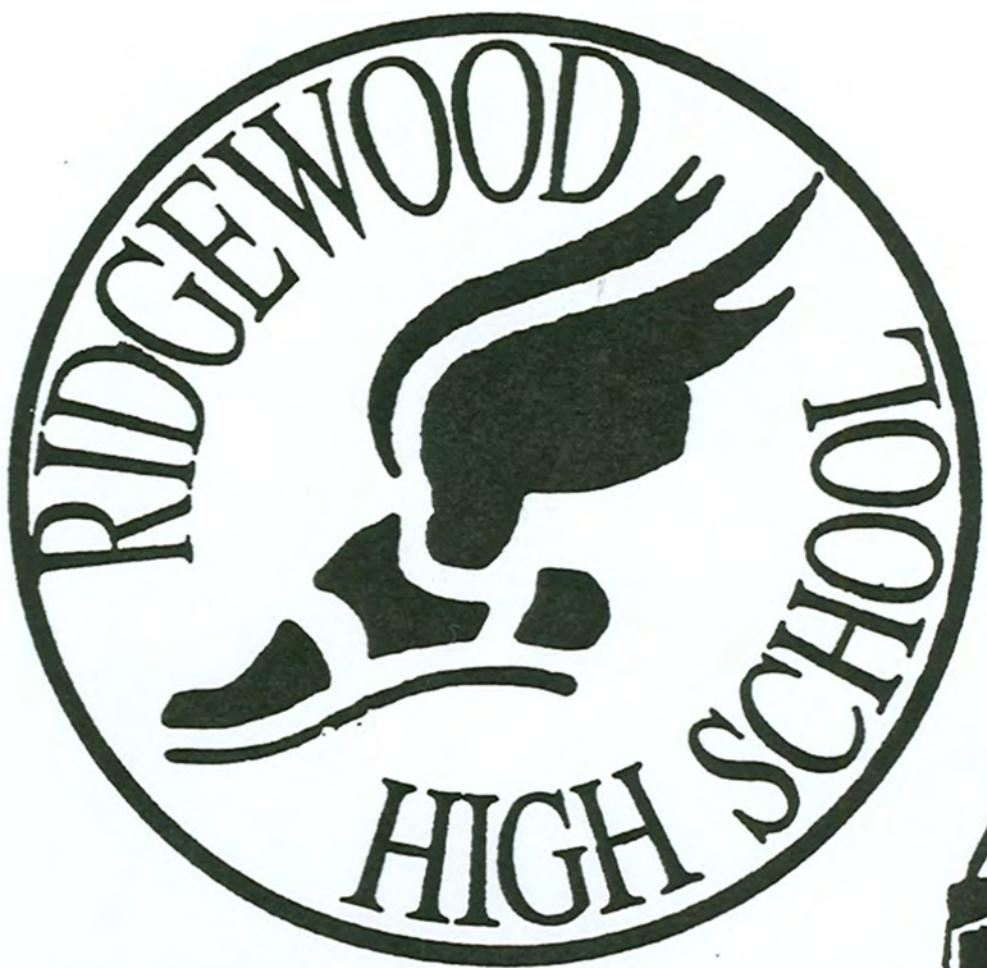
Name	School	Class
JEAN CHODNICKI	Saddle Brook	Senior
MICHELE GUIDO	Paramus Catholic	Junior
ALYSON GRUNDER	Ridgewood	Junior
DELORES HARRISON	Saddle Brook	Fresh.
KELLY NEILAN	Fort Lee	Soph.
LUCILLE PASCIOLLA	Saddle Brook	Soph.
MEGAN SEXTON	Paramus Catholic	Senior

### Second team

DEBBIE CERIA	Saddle Brook	Soph.
EILEEN GUINEE	Fair Lawn	Junior
CLAIRE LANGE	Saddle Brook	Fresh.
AMY McLAUGHLIN	Saddle Brook	Soph.
JAMIE NICHOLSON	Ridgewood	Senior
COLLEEN SPEIDEL	Ridgewood	Fresh.
JACKIE VERTPEN	Elmwood Park	Fresh.

### Honorable mention

Barbara Reinders, Bergenfield; Eileen Healy, Marilyn Triventi, Bergenfield; Jerry Ann Abramite, Jody Lynn Turton, Demarest; Ann O'Leary, Fair Lawn; Sandy Newell, Northern Highlands; Doreen Piano, Paramus; Marianne Boush, Paramus Catholic; Lisa Malof, Ramsey; Klara Grape, Janet Lombaerde, Ridgewood; Joanne Licata, Saddle Brook.



MAROONS

