RIDGEWOOD TRACK & FIELD 1977

SEASON SUMMARY

TRACK AND FIELD 1977

Practice: 4:00 pm to 6:00pm monday to friday. If there is no meet on Saturday, some type of "workout" is expected. We will have team practice on Saturday in March.

Meets:

Week of March 21 Time Trials
Week of March 28 Maroon and white intersquad meet
7 April Ramsey
// April Montclair
18 April Fairlawn & Paramus at Ridgewood

25 April Teaneck & Hackensack at Hackensack
2 May Bergenfield & Wayne Valley at Ridgewood
9 May Passaic Valley & ~~Clifton~~ at ~~Clifton~~ Passaic Valley.

Saturday Meets
2 April North Bergen Relays
9 April Union Hill
15-16 April Memorial High School
23 April Rutherford Relays
Highland park Relays
30 April Red Bank Catholic Relays
7 May Holmdale Relays
Bernardsville Inv.
14 May Raritan Relays
17 May P.C. - County Relays.

Championship Meets
~~20~~ May FRI League Champs 19TH Start 3:30 AT Hackensack
31 ~~May~~ May Tue County Champs
28 May Sat State Sectional Champs

4 June Sat State Groups
9 June Thur State Championship

Everyone Participates in the dual and triangular meets. Only qualified team members go to saturday and championship meets.

We have 4 important meets this year. They are underlined. Your training will be designed to have you ready for your best performances on thoes days.

Each girl must show this schedule to her parents. Being on a sports team sometimes causes disruptions in a family schedule. This list of meets will help keep those to a minimum. I expect to know about any meet you will miss due to family activities(weddings, special celebrations etc) by April 1st. Missing meets due to a non family activity is not acctable. You will note one of the underlined meets is during April vacation. Since this meet will probably decide the league champion we must be ready for a good performance, I expect you all to be there.

I expect parents to call me (days at school 444-9600 ext. 293 nights at home 444-5831) if there are questions concerning any aspect of the program.

Liz Avery 652-7544

Gina (U) Borrows 444-5618

~~Sue Cleaves~~ 445-1282

Britta Cleveland 652 1096

~~Sue Crumley~~ 445-9248

Missy Deetz 445-4328

Chris ~~Demou~~ Deyo 444-1787

Lisa Erikson 445 5371

Cathy Fontaine 652 9215

Sue Gambaccini 444 4155

Alex Gerliczy 652 8152

Megan Healy 445-0173

Jeanne ~~Hens~~ Henz 652 6592

Trisha Horan 444 7332

Janet Lombaerde 652 5886

Mary Lynch 444-8764

~~Beth MacMillin~~ 652-1945

Chris Melchers 445-8628

Sarah Miles 444-2683

Valerie Moore 652-6430

Carrie O'Donnell 444-6094

Mary O'Neill 447-1048

Chris O'Rourke 445-7155

~~Sue Perkins~~

Deecy Porro 444-4011

~~Julie Roach~~ 447-4102 (leave message)

Janet Schneiderman 445-8261

Michelle Smith 444-3612

Diane Bulwin 445-5129

Anne Byers 652-7697

Erika Cleveland 652-1096

Ann Dorsett ~~447~~ ~~2688~~ 447 2688

Jenny Gilroy 447 2896

Nancy Goldhamer 445 7592

Klara Grape 652-4261

Alyson Grunder 652 2536

Julie Jones 445-0483

Maureen Laffey 444-4383

Mary McBride 652-4553

Lisa Passarelli 652-5539

Karen Smith 444 0592

~~Dusa Stefanich~~ 652-1673

~~Jean Toomey~~

Pam Van Hoven 652 6859

Ginny Weiler 447 4328

Sue Davis 652-0575

Dee Doyle 444-9450

~~Sandy Ford~~ 652-3494

Beth Granata 652-7684

~~Linda Greenwood~~ 444-6509

Alison Hefele 447-0487

Lennie Maguire 444-1192

~~Michelle McLaughlin~~ 444 4025

Jamie Nicholson 444-0390

San Ong 444-3371

Beth Smith 447-0434

Margaret Vandermeys 444-9574

Jill Krause 447-4116

RIDGEWOOD VS Maroon / Ridgewood White

DATE 7 April 1977

WEATHER Cool - Overcast

TRACK CONDITIONS Slow Damp + Heavy

EVENT	FIRST	SECOND	THIRD	MARK	RIDGEWOOD MAROON	OPP. WHITE
110 yard low hurdles	19.2 Granata	19.8 Passarelli	20.6 McMillin	19.2	0	9
100 yard dash	12.0 Davis	13.0 Roach	13.4 Melchers	12.0	6	3
1 mile run	5:46.7 Grunder	6:15.2 Lombaerde	6:27.6 Doyle	5:46.7	3	6
440 yard RUN	67.8 Porro	69.8 Hefele	70.0 Byers	67.8	6	3
440 yard RELAY	MAROON	WHITE		59	5	0
880 yard run	Vandermeys	3:18.5 Gerlezzy	—	2:56.5	8	—
220 yard dash	30.0 M. Smith	31.0 O'Rourke	31.2 Avery	30.0	9	0
2 mile	13:22.1 Dorsett	13:46 Grape	—	13:22.1	0	8
MILE relay	WHITE	MAROON		4:51.3	0	5
					(37)	(34)
shot put	26'9" Miles	26'1" Fontaine	24'9" Erickson	26'9"	5	4
discus	72'7¼" Deety	71'½" Miles	68'5" Erickson	72'7¼	8	1
Long jump	14'6½" Porro	13'8½" Davis	13'2½" Passarelli	14'6½"	8	1
high jump	5'1" Granata	4'9" Smith	Van Horsen 4'6" Hoban 4'6"	5'1¼"	3½	5½
				FINAL SCORE	61½	45½

Absent: McBride, Lynch, Borrows, Weiler, Goldhamer,

4:42.0

Deyo 23.0, DeMayo 25.0

Avery 14.0, Healy 14.1

Jones 6:32, Ong 6:45.4, Schmedeman 6:56

K. Smith 74.2, E. Cleveland —

Hensy - DNF

Cleaves 33.6

Nicholson DNF

Porro - 72.8
~~K. Smith~~
Byers - 72.6
Lombardo - 76.1
M. Smith - 82.9

K. Smith - 76.1
Hefele - 73.8
Hensy - 72.6
Grunder - 69.8

Shot - Deety 23'11½", Laffey 23'10½", Moore 15'9½"

Disc - Bulwin 64'4¾", Laffey 60'10", Deyo 64'11½", Moore 38'5½"

L.J. M. Smith 12'8½", O'Rourke 13'¼", Roach all fouls 12'8"

NINTH ANNUAL
NORTH BERGEN RELAY CARNIVAL

APRIL 2, 1977

SPONSORED BY
NORTH BERGEN A. A.

MEET DIRECTOR
TOM MUIR

NORTH BERGEN RELAYS RECORDS

Varsity Records:	School	Record	Year
Distance Medley	Bishop Loughlin	10:37.6	1976
480 yd. SR. H.H.	St. Joseph's (Met.)	1:01.1	1973
440 yd.	Westfield	43.2	1971
Mile	Snyder	3:23.2	1971
Two Mile	Christian Brothers Academy	8:01.4	1973
Sprint Medley	North Bergen	3:33.3	1974
880 yd.	Bayonne	1:27.1	1976
Long Jump (2)	North Bergen	20'	1976
Shot Put (2)	North Bergen	105'	1976
High Jump (2)	West [illegible]	11' 4	1976

Sophomore Records:			
880 yd.	J.P. Stevens	1:36.0	1973
Sprint Medley	North Bergen	3:43.8	1973
Mile	Memorial	3:34.7	1973

Out of State Schools:	Note: 6		
Freshman Records			
Shot-put (2)	Marist	86' 10	1976
880 yd.	North Bergen	1:37.9	1977
Sprint Medley	Scotch Plains	3:48.1	1970
Two Mile	[illegible]	8:[illegible]	1974
Mile	Plainfield	3:41.5	1973
Individual Event:			
12 lb. Hammer	Marist	210' 7"	1976
Girls Records:			
880 yd.	Christ The King	1:51.4	1976
Mile	Christ [illegible]	[illegible]	1976
2 Mile	Christ [illegible]	[illegible]	1976

FIELD EVENTS:			
10:00 A.M.	Frosh.	Shot-put	
1:00 P.M.	Varsity	Shot-put. Long Jump. High Jump	
12 lb. Hammer (Coach Ira Wolfe and [illegible] all entries regarding time and provide [illegible] site.)			
14.	Varsity	440 yd.	Trial 2:40
15.	"	Two Mile	" 21:40
16.	"	880 yd.	Trial 3:10
17.	"	Mile	Final 3:40
18.	"	Sprint Medley (440-220-220-880)	Final 5:15
19.	"	880 yd.	Final 1:40

COACHES: NOTE

1. For proper press release please spell out first and last name of each runner entered in a relay.
2. No numbers or relay cards necessary for Field Events.
3. Keep your athletes in the stands when they are not in competition.
4. ONLY FLATS are to be worn. Any athlete that violates this rule will be disqualified.
5. Medals- Top five places in all events. (Girls, Frosh, Soph., Varsity Sections)
6. N.J.S.I.S.A. Rules govern the meet. Athletes are permitted three running events up to 3/4 mile and one field event. Or any combination of four events. (Milers may not double in another running event.)

North Berger Relays Sat 2 April 1977 Cold-Rain

880 relay

Sue Davis	30.3
M. Smith	29.7
C. O'Donnell	30.3
Deecy Porro	29.5
	1:59.8

880 relay

Julie Roach	31.8
Chris Melchers	~~31.7~~ 31.2
Ginna Borrows	31.2
Karen Smith	31.0
	2:05.2

2 mile relay

Klara Grape -	2:44.6	(36.0, 39.6, 45.2, 43.8)
Ann Dorsett -	2:46.9	(38.0, 41.6, 1:27.3)
Mary O'Neill -	2:56.5	(39.9, 45.1, 46.5, 45.0)
Janet Lombaerde -	2:50.1	(40.5, 44.5, 44.2, 40.9)
	11:18.1	

Jean Hensey -	2:46.0	(38.2, 39.8, 45.4, 42.6)
Julie Jones -	3:11.4	(40.8, 46.6, 55.4, 48.6)
Dee Doyle -	2:59.6	(39.4, 44.6, 48.6, 47.0)
Janet Schneiderman -	3:11.8	(42.6, 49.4, 52.0, 47.8)
	12:08.8	

1 Mile Relay

Deecy Porro -	70.0	(32.4, 37.6)
Ann Byers -	71.9	(33.2, 38.7)
Michelle Smith -	75.6	(35.7, 39.9)
Alison Hefele -	72.7	
	4:50.2	

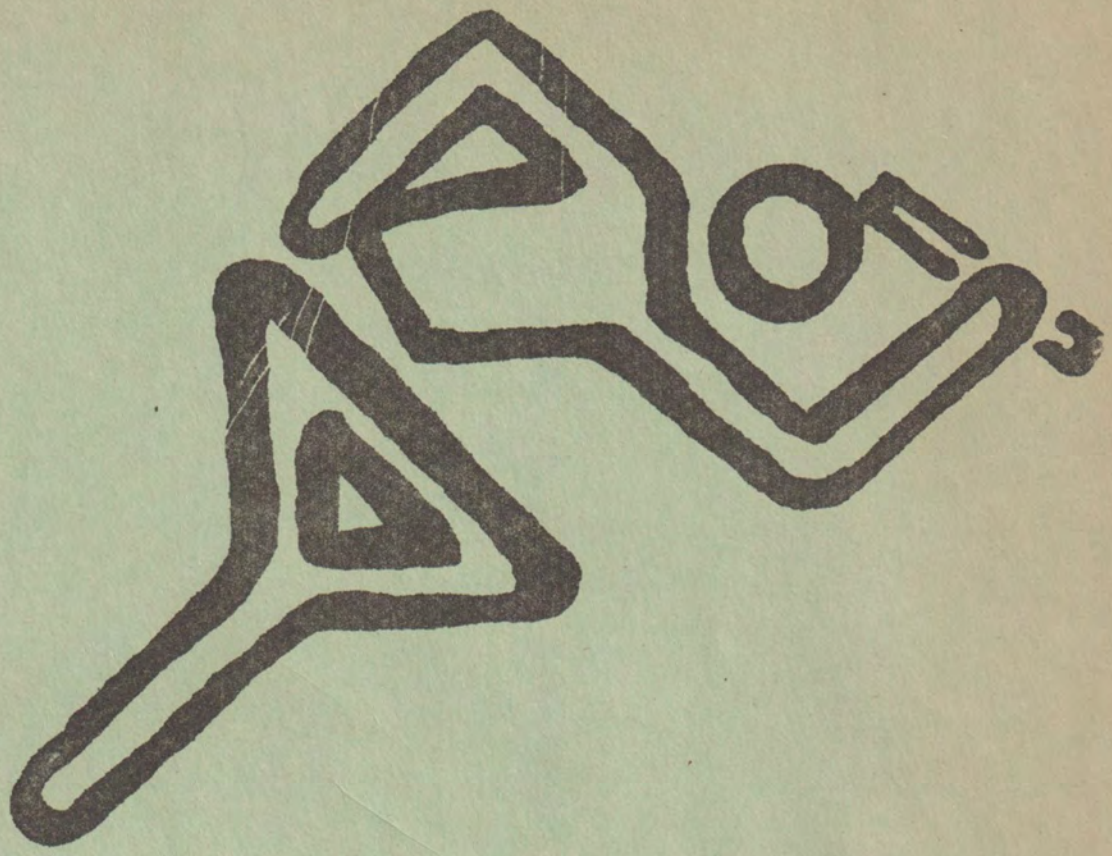
TIME TRIALS Fri 1 April

100 YARD DASH

Nancy Goldhammer	13.7
Liz Avery	14.1
Mary Lynch	14.2
Ginny Weiler	14.2
Chris O'Rourke	14.6
Sue Cleaves	15.9
Megan Healy	14.7

440 yard dash

Chris O'Rourke -	1:25.8
Megan Healy -	1:27.2
Liz Avery -	1:27.6
Mary Lynch -	1:33.3



3RD ANNUAL UNION HILL RELAYS

SAT. APRIL 9, 1977
NORTH HUDSON BRADDOCK PARK

Union Hill Relays

9 April 1977

cold + windy

Roach
Melchers
Smith
Davis

1st heat — 2 miles — 55.9 (5th Place) — 56.2

Doyle (2:53:6)	33.2	
	81.4	
	—	
	2:53:6	
O'Neill (2:49.2)	3:31:8	
	4:17:5	
	—	
	5:42:8	
Ong (2:51:2)	6:18:3	
	7:04:4	
	—	
	8:34:1	
Jones (2:52:5)	—	
	9:55.7	
	10:37:4	
	11:26:6	

Girls 2 mile Relay

Jined (2:47:4)	37.2	
	80:1	
	2:05:2	
	2:47:4	
Hefele (69.6)	3:19:8	
	3:57:0	
Ann	4:35:3	
	5:17.7	
4:18:6		
3/4	6:48:1	
	8:15:6	
Jamie (6:03:1)	9:39:8	
2 mi.	11:11/12	
	12:45.7	
	14:18.7	

DIST MED

SPRINT MEDLEY

Deecy (66.1)	30.5	
	66.1	
Michele (29.4)	135.5	
Sue (29.5)	205:0	
Allyson (2:29:4)	2:38:8	
	3:18.2	
73.2	3:56:0	
76.2		
	4:34:4	

Ann (69.0)	30:2	
	69:0	
Hefele (70.2)	1:41:8	
	2:19:2	
Allyson (68.3)	3:51:0	
	3:27.5	
Deecy (66.5)	3:59.7	
	4:34.9	

SPRINT MED

69 139.2
69
180
297.5
139.2
493

113
284.0?
207.5
665

4/40 relay	Mile relay	2 mile relay	
Roach	Byers - 69.0	Doyle	2:53.6
Melchers	Hefele - 70.2	O'Neill	2:49.2
M. Smith	Grunder - 68.3	Ong	2:51.2
Davis	Porro - 66.5	Jones	2:52.5
55.9	4:34.0		11:26.6

Sprint Medley		Distance Medley	
Porro	66.1	Lombaerde	2:47.4
M. Smith	29.4	Hefele	69.6
Davis	29.5	Dorsett	4:18.6
Grunder	2:29.4	Nicholson	6:03.1
	4:34.4		14:18.7

Hudson County Park

Rt 4 to Grand Ave past a circle to Broad(?)
continue into Tonnelle Ave.
Turn Left at 76TH St (at Exon Station across from Shopping Center)
Go To Top of Hill. Turn Left at High School
go to 79TH St
go right ~~on 79TH~~ continue 4 blocks to Park

RIDGEWOOD VS Montclair High School DATE 11 Max April 1977

WEATHER Overcast, cool

TRACK CONDITIONS loose, uneven

EVENT	FIRST	SECOND	THIRD	MARK	RIDGEWOOD	OPP.
110 yard low hurdles	Lauren M Lewis 16.8	Beth RHS Granata 17.7	Mary RHS McBride 19.4		4	5
100 yard dash	Gloria M Jackson 11.6	Wanda M Wormley 12.0	Claire M Jackson 12.8		0	9
1 mile run	Ann RHS Dorsett 6:03	Jamie Nicholson 6:0[illegible]	Janet RHs Lombarede 6:06		9	0
440 yard dash [redacted]	Claire M Jackson 67.0	Deecy RHS Porro (66.1)	Bonnie M Himll		3	6
440 yard relay [redacted]	Montclair 56.8	Ridgewood			0	5
880 yard run	M Durham 2:39	M Ceraso 2:42	[redacted] M 2:44 KLARA GRAPE		1	8
220 yard dash	Gloria M Jackson 27.4	Wanda M Wormley 27.8	M Esther 28.0		0	9
[redacted]	Alyson RHS Grunder 12:57	M Petrillo 13:25	Mary RHS O'Neill 14:01		6	3
[redacted] Mile relay	Montclair 4:41.8	Ridgewood 4:43.0			0	5
shot put	Wanda M Wormley 30'11"	M McCray 29'7"	Sara RHS Miles 28'1/2"		1	8
discus	Missy RHS Deetz 76'51/2"	Laren ~~K~~ M Lewis 76'5~~1/8~~"	Lisa RHS Erickson 76'0"		6	3
Long jump	M Wilson 14'9¼"	Deecy RHS Porro 14'5"	Lauren M Lewis 14'4½"		3	6
high jump	Beth RHS Granata 5'¼"	Beth RHS Smith 4'10¼"	[redacted] RHS 4'8¼" PAM VAN HOVEN		9	0
Javelin	Vicki M Wilson 103'11"	Stacy M Keys 102'1"	Lisa RHS Erickson 80'1½"		1	8
				FINAL SCORE	43	75

DeYoe 20.5 DeMayo 20.7

Davis 12.9, Borrows 13.4, O'Rourke 14.0, Cleves 15 Werler 14.4

Vandermeys 6:38, Jones 6:42

880 - Dee Doyle 2:59, ~~[illegible]~~ Henry 2:48, Schneiderman, Gerliczy 3:15

440 - Hefele 68 or 69, K. Smith 75, O'Donnell 75,

M. Smith 28.8, Borrows 30.4, Melchers 31.0 Avery 31.2, Healy 32.4

Ong 14:57

Erickson 28'2½", K. Fontain 27'4½" Deety 24'2"

Miles 65'1" Bulwin 76'6½", Laffey 59'2" DeYoe 61'11"

Butts Cleveland 56'9", V. Moore 42'6"

M. Smith - 12'6", O'Rourke 14'¼"

~~[illegible]~~ 4'8½" TRISH HORAN

Maguire 76'7", Laffey 54'4½" Bulwin 51'1½"

MEMORIAL, W. N. Y.

RELAY CARNIVAL



APRIL 15, 16
1977

Kearny High School Stadium

Officials

Meet Directors - Anthony Bocchieri, Robert Van Zanten

April 15, 1977

Clerks	William Reid, Paul Servidio
Starters	Manlio Boverini, William Lee
Head Judge/Timer	Tom Dougherty
Timers/Judges	Richard Gaither, Bob Oppic, Leon Bailey, Tony Ianni, William Loschiavo, Jim Sok, Tom Grabowski
Discus	John Krysiak, Steve Clarke, Pat McCarthy
Triple Jump	George Bennett, George Yockish

April 16, 1977

Head Clerk	William Reid
Clerks	Paul Servidio, John O'Rourke, Tom Grabowski, Bruce Ruland
Starters	Manlio Boverini, William Lee
Head Judge/Timer	Tom Dougherty
Times/Judges	Richard Gaither, Bob Oppici, Leon Bailey, Tony Ianni, William Loschiavo, Matt Sinisi, Mike Keogh, Debbie Keogh, Al Selney, Arnold Holzherr, Frank Gambuzza
Recorder	Joe Fontana
Shotput	John Krysiak, Carl Johnson, Don Ballov
High Jump	George Yockish
Long Jump	Jim Sok, Craig Kuaurian, Bill Jackson
Pole Vault	George Bennett, Frank Govsman
Announcer	Andy Boyajian
Awards	Tom Muir
Scorer/Results	Sandra Fabian, Janet Sain
Inspectors	Lou DeNoia, Steve Clarke, Albio Sires
Marshalls	John Celentano, Aldo Daglia, Dom Pesquera
Site Manager	Jim Ciferelli
Sound System	Lou Pandolfi

Splits from Memorial

Fri

Davis 12.3

Grunder 79 (38,41)

87.3

90.8

81.5 = 5:39.0

Porro 30.7, 34.6 = 65.3

Saturday

440 relay 54.5

2 mile Relay ~~[illegible]~~, Hensy - 2:40.3 (36.2, 41.0, 42.1, 41.0)

Nicholson - 2:51.5 (39.5, 42.9, 43.8, 45.3)

Lombarede - 2:47.5 (38.2, 44.0, 44.8, 40.5)

Dorsett - 2:45.0 (34.0, 42.4, 41.3, 42.0)

11:04.0

1 mile relay -

Byers 67.2 (31.5, 35.7)

Davis 69.7 (32.1, 37.6)

M. Smith 70.2 (32.0, 38.2)

K. Smith 71.9 (30.6, 41.3)

4:39.0

RIDGEWOOD VS FAIRLAWN DATE 18 April 1977

WEATHER Sunny and Warm

TRACK CONDITIONS loose

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Beth Granata RHS 17.0	Pam Deyo RHS 19.5	Mary McBride RHS 19.6	9	0
100 yard dash	Sue Davis RHS 12.0	Karliewicz F 12.8	Vita F 12.9	5	4
1 mile run	Jamie Nicholson RHS 5:59.0	Janet Lombarede RHS 6:05.6	McKenna F 6:23.8	8	1
440 yard dash	Deecy Porro RHS 65.9	Davis F 71.3	Karen Smith RHS 71.6	6	3
440 yard relay	Ridgewood 56.5 (Byers Borrows, M.Smith, Davis)	Fairlawn		5	0
880 yard run	Alyson Grunder RHS 2: 32.3	O'Leary F 2:38.3	Guinee F 2:39.1	5	4
220 yard dash	Sue Davis RHS 29.4	Karlewicz F 30.0	Michelle Smith RHS 30.3	6	3
2 mile run	Scrop F 13:06.8	Ann Dorsett RHS 13:58.3	Mary O'Neill RHS 14:00.7	4	5
1 mile relay	Ridgewood 4:32.6 (Byers, K.Smith, Grunder, Porro)	Fairlawn 4:33.7		5	0
shot put	Rochow F 28' 9"	Sara Miles RHS 28' 8"	Britton F 28' 5"	3	6
discus	Sarisky F 86' 11"	Lisa Erickson RHS 80' 7"	Maureen Laffey RHS 77' 8 1/2"	4	5
high jump	Four way tie that was not jumped off Beth Granata, Beth Smith, Pam VanHoven, Trish Hoban. All from Ridgewood			9	0
long jump	Deecy Porro 15' 1/2"	Crawford 14' 7 1/2"	Sue Davis 14' 1 1/2"	6	3
			FINAL SCORE	75	34

RIDGEWOOD VS PARAMUS DATE 18 April 1977

WEATHER Sunny and warm

TRACK CONDITIONS loose

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Beth Granata RHS 17.0	Hennessey P 18.2	Pam Deyo RHS 19.5	6	3
100 yard dash	Sue Davis RHS 12.0	Uber P 13.5	Spica P 13.7	5	4
1 mile run	Jamie Nicholson RHS 5:59.0	Janet Lombarede RHS 6:05.6	Kolesa 6:16.4 P	8	1
440 yard dash	Deecy Porro RHS 65.9	Bonistalli P 68.4	Karen Smith RHS 71.6	6	3
440 yard relay	Ridgewood 56.5 (Byers, Borrows,	Paramus 57.0 M.Smith, Davis)		5.0	0
880 yard run	Piano P 2:30.7	Alyson Grunder RHS 2:32.3	Sharry P 2:56.7	3	6
220 yard dash	Sue Davis RHS 29.4	Michelle Smith RHS 30.3	Uber P 31.1	8	1
2 mile run	Ann Dorsett RHS 13:58.3	Mary O'Neill RHS 14:00.7	San Ong RHS 14:11.1	9	0
1 mile relay	Ridgewood 4:32.6 (Byers, K.Smith	Paramus 4:40.5			
	Grunder, Porro)				
shot put	Hershey P 32' 3 3/4"	Chisolm P 28' 9 1/2"	Sara Miles RHS 28' 8"	1	8
discus	Hershey P 82' 5"	Chisolm P 80' 7 1/2"	Lisa Erickson RHS 80' 7"	1	8
high jump	Four way tie that was not jumped off Beth Granata, Beth Smith, Pam Vanhoven, Trish Hoban All from Ridgewood			9	0
long jump	Deecy Porro RHS 15' 1/2"	Sue Davis RHS 14' 1 1/2"	Cibelli P 14' 1/4"	8	1
			FINAL SCORE	74	35

Goldhamer 14.0

Weiler 14.4, Avery 13.8, Borrows 13.2

Vandermeyp 6:29.6, Doyle 6:43.8

Gambeccini 76.4, E. Cleveland 82.5

Byers 15.0, M. Smith 13.8

Borrows 15.0, S. Davis 12.6

GRUNDER'S SPLITS
31, 39, 39.2, 37.2
76, 76.4

GERLICZY 3:06.0, SCHNEIDERMAN 3:10.0

Borrows 31.5, O'Rourke 31.8, Avery 32.6, Cleaves 36.5

Ong 14:11.1

Shot → Deety 23' 11½", Caffey 24' 10¾", Fontaine 28' ½", ERICKSON 27'6¼'

Disc → Bulwin 73' 7½", MILES 75' 8½" Deety 75' 9"

MOORE 36' 9"

CLEVELAND 58' 0"

M. Smith 13' 6", O'Rourke 13' 6"

~~RIDGEWOOD~~ VS _____ DATE _____

Fairlawn vs. Paramus

(56) (53)

WEATHER _____

TRACK CONDITIONS _____

EVENT	FIRST	SECOND	THIRD	~~RIDGE~~ FAIRLAWN	OPP. PARAMUS	
110 yard hurdles	Hennessey 18:2 P	Crawford 20.7 F	Britton 21.0 F	4	5	
100 yard dash	Karlewicz 12.8 F	Vita 12.9 F	Uber 13.1 P	8	1	
1 mile run	Kolesa 6:16:4 P	McKenna 6:23.8 F	Cooper 6:48.8 P	3	~~6~~ -	
440 yard dash	Bonistalli 68:4 P	Davis 71.3 F	Halm 72.2 P	3	6	18 - 18
440 yard relay	57.0 P	57.1 F		0	5	18 - 23
880 yard run	Piano 2:30:7 P	O'Leary 2:38.3 F	Guinee 2:39.1 F	4	5	22 - 28
220 yard dash	Karlewicz 30:0 F	Daly 30.7 F	Uber 31.1 P	8	1	30 - 28
2 mile run	Scrop 13:06:8 F	Szorentinni 14:15.6 P	Walsh 15:06.4 F	6	3	36 - 32
1 mile relay	4:33:7 F	4:40.5 P		5	0	
shot put	Hershey 32' 3/4" P	Chisolm 28' 9 1/2" P	Rochow 28' 9" F	1	8	
discus	Sansky 86ft 11in F	Hershey 82ft 5in P	Chisolm 80 ft 7 1/2 in P	5	4	4 - 14
high jump	Rickert 4'6" P	Szerszen 4'6" F	Hennessey 4'4" P	3	6	45 - 50
long jump	Crawford 14' 7 1/2" F	Gibelli 14' 1/4" P	O'Leary 14 1/4" F	6	3	51 - 53
						56 - 53
			FINAL SCORE	56	53	

THIRD ANNUAL
RUTHERFORD GIRLS' RELAYS
TIME SCHEDULE

Shuttle Hurdles	1:00
Frosh Shuttle Hurdles	1:20
Shuttle Hurdle Finals	1:25
Four Mile Relay	1:30
4:6 Relay (Finals)	2:00
[illegible] Relay	2:25
[illegible] Relay (Finals)	2:55
Frosh Medley Relay	3:00
[illegible] Relay Finals	3:10
[illegible] Medley (3/4, 1/4, 1/2, mile) Scratch	3:35
[illegible] Relay (Finals)	4:05
Sprint Medley (440, 220, 220, 880)	4:10
Frosh Mile Relay	4:30
[illegible] Mile Relay	4:40
MEET WILL END AT	5:30
[illegible] A-Z	1:00
[illegible] Jump	1:00
Long Jump	1:00
Shot Put (Z-A)	1:00
Javelin (on west end of field)	3:30

SHUTTLE HURDLES - RECORD HAWTHORNE 50.4

NO.	SCHOOL	EST. TIME
51	Bernards	70.0
62	Bogota	--
251	Cliffside Park A	51.1
252	Cliffside Park B	53.7
258	Demarest	63.0
261	Dover	55.5
395	Dwight Morrow	55.0
414	Hackensack	--
421	Hawthorne	51.0
430	Jefferson Twp.	51.5
439	Kinnelon	--
447	Leonia	54.0
454	Memorial - West New York	--
463	New Milford	47.4
470	North Bergen	50.8
476	Paramus Catholic	--
487	Pascack Hills A	--
488	Pascack Hills B	--
A-1	Queen of Peace	--
C-1	Ramsey	--
H-1	Rutherford	52.5
L-1	Secaucus	56
F-1	Waldwick	--
Q-1	Westwood	--

AA3 Rido

Shot, Disc, L.J. relays Not good!

Hurdles - Dayo - 12.5 Fall
McBride - 79.6
Granata - 16.5
/57.7

2 mile relay
O'Neil - 3:02.6
Ong - 2:56.6
Vandermeyp - 2:59.4
Grape - 2:48.3
10:46.9

4 mile relay - Nicholson - 6:00.8
Lombarede - 6:02.9
Dorsett - 6:07.3
Grunder - 5:53.6
24:04.6

Sprint Medley
K. Smith - 76.4
Avery - 31.4
Melchers - 33.4
Grape - 3:01.0
5:22.2

Javelin Relay - Erickson - 94'9½"
Maguire - 84' 11½"
Laffey - 65'7"
245'4"

Hawthorne takes title

RUTHERFORD — Hawthorne High School's girls track team won four events to capture the Rutherford Girls Relays championship yesterday at Memorial Field. Hawthorne scored 28 points to 23 for runner-up Wayne Hills, and 22 for Ramsey.

The remaining places are up for grabs as the high jump event was suspended because of darkness and will be completed tomorrow afternoon at 3:30.

Hawthorne won the shuttle hurdles, 440, 880 and long jump.

TEAM SCORES
Hawthorne 28; Wayne Hills 23; Ramsey 22.

Shuttle hurdles — 1. Hawthorne, 50.2; 2. Hackensack, 50.8; 3. Bernards, 52.6; 4. Wayne Valley, 53.1; 5. Cliffside Park, 57.4.
4-mile—1. Ridgewood, 24:05; 2. Paramus Catholic, 24:06.8; 3. Pequannock, 24:29.2; 4. Jefferson, 24:40.6; 5. Memorial, 24:53.5.
2-mile—1. Wayne Hills, 10:20.6; 2. Ramsey, 10:28.3; 3. Bernards, 10:40; 4. Rutherford, 10:48.5; 5. Dover, 11:08.
440—1. Hawthorne, 53.8; 2. Demarest, 54.2; 3. Ramsey, 54.9; 4. Jefferson, 55.0.
880—1. Hawthorne, 1:54.8; 2. Kinnelon, 1:55.1; 3. Cliffside Park, 1:55.9; 4. Wayne Hills, 1:58.5; 5. Paramus, 1:59.6.
Distance medley—1. Union Hill, 13:52.5; 2. Fort Lee, 13:57.4; 3. Wayne Hills, 14:13.2; 4. Bogota, 14:30.6; 5. Saddle Brook, 14:33.6.
Sprint medley—1. Ramsey, 4:32.9; 2. Wayne Hills, 4:41.2; 3. Wayne Valley, 4:45.8; 4. Fort Lee, 4:50.5; 5. Dover, 4:50.5.
Mile—1. Ramsey, 4:25.9; 2. Wayne Hills, 4:26.3; 3. Hawthorne, 4:34.2; 4. North Bergen, 4:35; 5. Bernards, 4:36.4.
Discus—1. Demarest, 288-5½; 2. Jefferson, 280-7; 3. Ramsey, 273-3; 4. Rutherford, 267-4; 5. Hawthorne, 254-3.
Long jump—1. Hawthorne, 44-10; 2. tie, Bernards, Jefferson, 43-9¾; 4. North Bergen, 43-9¼; 5. Wayne Valley, 43-6½.
Shot put—1. Memorial, 95-8; 2. Wayne Hills, 91-5½; 3. Demarest, 90-3; 4. Butler, 89-6; 5. Ridgefield Park, 89-4.
Javelin—1. Ridgefield Park, 267-1; 2. Rutherford, 260-2; 3. Jefferson, 259-7; 4. Ridgewood, 245-4; 5. Wayne Valley, 240-2.

Mile relay
K. Smith - 78.1
Avery - 79.1
Dayo - 83.0
O'Neill - 81.8
5:22.0

440 relay
56.2

880 relay
Roach - 31.7
Barrows - 32.0
Meleher - 31.6
Davis - 30.5
2:05.8

Ridgewood girls excel as Davis, Porro double

RIDGEWOOD — Following a convincing triangular victory over Fair Lawn and Paramus, the Ridgewood High girls track team will be at Hackensack tomorrow in a three-way contest involving Teaneck and the host school.

The Maroons bested the Cutters by a 75-34 score and won over the Spartans, 74-35.

Sprinter Sue Davis won the 100-yard dash in 12-flat and the 220 in 29.4 in a double victory. She also placed second in the long jump with a 14-1/2 distance.

Another double winner was Deecy Porro who was clocked in 65.9 in the 440 and had 15-1/3 long jump.

Relay Teams Win

Nancy Porro won the 440 in 65.9 and anchored the winning mile relay team which included Ann Byers, Karen Smith and Alyson Grunder. The time was 4:32.6.

Forming the triumphant 440-yard relay team were Byers, Borrows, M. Smith and Davis.

Beth Granata was the 110 hurdles victor in 17-flat, Jamie Nicholson won the mile run in 5:59.0, Ann Dorsett was the two-mile winner in 13:58.3 and a four-way tie developed in the high jump among Beth Granta, Beth Smith, Pam Vanhoven and Trish Hoban, all of Ridgewood.

Other seconds were scored by Maroons Janet Lombaerde, mile; Grunder, 880; Michelle Smith, 200; Mary O'Neill, two-mile.

RIDGEWOOD VS Hackensack H.S. DATE 25 April 1977

WEATHER 52 cool

TRACK CONDITIONS Soft

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Carter H 15.3	Beth Granata RHS 16.4	Letman H 16.9	3	6
100 yard dash	Atkins H 12.1	Carter H 12.1	Sue Davis Julie Roach RHS T" 12.2	1	8
1 mile run	Copland H	Janet Lombaerde RHS 5:55.2	Jamie Nicholson RHS 6:06.5	4	5
440 yard dash	Alison Hefele RHS 68.0	Cheek H 68.4	Karen Smith RHS	6	3
440 yard relay	Hackensack 54.0	Ridgewood dropped the baton		0	5
880 yard run	Alyson Grunder RHS 2:30.8	Fudge H 2:39.2	Dee Doyle RHS 2:43.5	6	3
220 yard dash	Atkins H 27.7	Carter H 27.8	Sue Davis RHS 28.9	1	8
2 mile run	Ann Dorsett RHS 13:05.9	Cahil H 13:21.3	Zaorsky H 13:47.4	5	4
1 mile relay	Hackensack 4:29.4	Ridgewood		0	5
shot put	H. Mann H 30'11 1/2"	Sara Miles RHS 29' 4"	Lisa Erickson RHS 28' 1/2"	4	5
discus	Jackson H 93' 4 1/2"	Hunt H 80'10"	Sara Miles RHS 75'10 1/2"	1	8
high jump	Beth Granata RHS 4'11 1/4"	Trish Hoban RHS 4'10 1/4"	Hunt H	8	1
long jump	Hunt H 14'6 1/2"	Leichtman H 13' 10"	Sue Davis RHS 13'6"	1	8
			FINAL SCORE	40	69

RIDGEWOOD VS TEANECK HIGH SCHO DATE 25 APRIL 1977

WEATHER 52 sunny cool

TRACK CONDITIONS loose

EVENT	FIRST	SECOND	THIRD	RIDGE WOOD	OPP.
110 yard hurdles	Beth Granata RHS 16.4	Besset T 17.1	Muesham T 17.4	5	4
100 yard dash	K. Johnson T 11.7	Mallory T 11.9	Julie Roach Sue Davis RHS 12.2	1	8
1 mile run	Snyder T 5:48.6	Janet Lombaerde RHS 5:55.2	J.Nicholson RHS 6:06.5	4	5
440 yard dash	Booth T 63.5	Bush T 65.8	Ramford T 65.9	0	9
440 yard relay	Teaneck 53.5	Ridgewood dropped the baton and did	not finish	0	5
880 yard run	Alyson Grunder RHS 2:30.8	LaSon T 2:40.5	Dee Doyle RHS 2;43.5	6	3
220 yard dash	Mallory T 27.5	K. Johnson T 28.1	Trumpet T 28.2	0	9
2 mile run	Ann Dorsett RHS 13:05.9	San Ong RHS 13:54.0	Mary O'Neill RHS 14:21.3	9	0
1 mile relay	Teaneck 4:24.0	Ridgewood 4:44.3		0	5
shot put	Williams Traneck 32'9"	Sara Miles RHS 29'4"	Bean Teaneck 28'1 1/2"	3	6
discus	Lee Teancek 98'4"	Williams T 83'7"	Gary T 82'6 1/2"	0	9
high jump	Gervasoni Teaneck 4'11 1/4"	Beth Granata RHS 4'11 1/4"	Trish Hoban RHS 4'10 1/4"	4	5
long jump	Joyner Teaneck 14'1"	Lee T 13'7 1/2"	Davis&Besset RHS&Teaneck 13'6"	1/2	8 1/2
			FINAL SCORE	32 1/2	76 1/2

McBride 18.0, Dengo 18.8

Melchers 13.0, Avery, Goldhamer, Healy } 13.8

~~[illegible]~~ Vandermeys 6:20.5, Gerliczy 7:03.8

E. Cleveland

Grape 2:44

Roach 30.8, Borrows 30.0, Weiler 31.6.

Hefele - 70.6 Grape - 74.3
K. Smith - 71.8 Alpon - 67.6

Laffey 24'9½", Moore 19'7½", Maguire 19'7"

Bulwin 73'10", Laffey 73'9", Erickson 73'2½", Cleveland 53'9½"

Beth Smith 4'4" (injury)

Roach 12'9", Healy 12'5", Avery 11'5"

NNJIL GIRL'S TRACK AND FIELD MEET

Ridgewood vs Bergenfield
Ridgewood vs Wayne Valley
Bergenfield vs Wayne Valley

Order of Events

110 yard hurdles

100 yard dash

1 mile run

440 yard dash

440 yard relay (4X110)

880 yard run

220 yard dash

2 mile run

mile relay (4X440

In the field: The shot put and high jump start at the conclusion of the 100 yard dash. The discus follows the shot and the long jump is contested between the two mile run and mile relay.

SCORING

first place - 5 points

second place - 3 points

third place - 1 point

first place - 5 points
relay

EXPLANATION OF DOUBLE DUAL MEETS

There are actually three meets being scored this afternoon. The girls perform their event and the performances are sorted and scored. It is possible for a school to do very well against one opponent and very poorly against the other opponent in the same race! The short races are all run on time. In the longer races and the field events all the girls compete together.

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

EVENT	SCHOOL RECORD	TRACK RECORD
100 yard dash	11.9 Sue Davis 1975	11.4 Venesa Hugley (Skeeters Track Club)
220 yard dash	27.9 Kandie Latham 1975	26.4 Hazel Lucas (Montclair H.S.)
440 yard dash	59.5 Kandie Latham 1974	59.6 Jackie Schmidt (Central Jersey T.C.)
880 yard run	2:17.7 Kandie Latham 1975	2:28.9 Kandie Latham (Ridgewood High School)
1 Mile run	5:36.1 Nancy Reed 1975	5:36.1 Nancy Reed (Ridgewood H.S.)
2 mile run	12:08.2 Nancy Reed 1975	12:03.3 Jane Green (Skeeters Track Club)
110 yard hurdles	16.1 Becky Deetz 1975	15.6 Dawn Donavan (Cliffside Park H.S.)
Shot Put - 8 lb.	36 ft 9 1/4 in Jennifer Baringer 1975	37 ft 5 1/2 in Loraine Vira (North Bergen H.S.)
Discus - 1 kg.	103 ft 1 in Cathie DeYoe 1975	103 ft. 1 in Cathie DeYoe (Ridgewood High School)
High Jump	5 ft 9 in Becky Deetz 1975	5 ft 3 3/4 in Becky Deetz (Ridgewood High School)
Long Jump	17 ft 5 in Becky Deetz 1975	16 ft 10 in Renee Colbash (Kearny High School)

RIDGEWOOD VS Bergenfield H.S. DATE 2 May 1977

WEATHER Overcast, cool

TRACK CONDITIONS fast (for Ridgewood)

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Beth Granata RHS 16.2	Gharkin BF 17.3	Mary McBride RHS 18.3	6	3
100 yard dash	Leopoid BF 11.6	Sue Davis RHS 11.8	Mark BF 12.4	3	6
1 mile run	Greene BF 5:48.1	Janet Lombaerde Klara RHS 5:52.4	RHS Grape 6:03.5	4	5
440 yard dash	Good BF 61.5	Deecy Porro RHS 64.7	Gerken BF 68.7	3	6
440 yard relay	Bergenfield 53.8	Ridgewood 55.3		0	5
880 yard run	Alison Grunder RHS 2:29.0	Malsspine BF (NT)	Triventi BF 2:41.3	4	5
220 yard dash	Leopold BF 27.5	Sue Davis RHS 28.6	Good BF 29.0	3	6
2 mile run	Schadler BF 12:58.2	Ann Dorsett RHS 13:31.4	San Ong RHS 14:08.8	4	5
1 mile relay	Bergenfield 4:22.5	Ridgewood 4:27.0		0	5
shot put	Bauman BF 32'11 1/2"	Cathy Fontain RHS 29'4"	Sara Miles RHS 28'2"	4	5
discus	Bauman BF 94'8 1/2"	Triola BF 87' 0"	Missy Deetz RHS 80'3 1/2"	1	8
high jump	Pam VanHoven RHS 4'9"	Trish Hoban RHS 4'8"	Beth Granata RHS 4'6"	9	0
long [illegible]	Leopold BF 15'8 1/2"	Sue Davis RHS 14'11 1/2"	Deecy Porro RHS 14' 11"	4	5
			FINAL SCORE	46	63

RIDGEWOOD VS Wayne Valley H.S. DATE 2 May 1977

WEATHER Overcast, cool

TRACK CONDITIONS fast (for Ridgewood)

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Beth Granata RHS 16.2	Tomkin WV 16.9	Vodoklys WV 17.6	5	4
100 yard dash	Sue Davis 11.8 RHS	Petzold 12.1 WV	Kotch 12.8 WV	5	4
1 mile run	Janet Lombaerde RHS 5:52.4	Klara Grape RHS 6:03.5	Margaret Vandermays RHS 6:18.5	9	0
440 yard dash	Crenshaw WV 61.9	Deecy Porro RHS 64.7	Alison Hefele RHS 69.0	4	5
440 yard relay	Ridgewood 55.3 (M.Smith, Burrows, Melchers,	Wayne Valley 57.0	Davis)	5	0
880 yard run	Alison Grunder RHS 2:29.0	Crenshaw WV 2:39.4	Dee Doyle RHS 2:47.3	6	3
220 yard dash	Sue Davis RHS 28.6	Vodoklus WV 29.6	~~RHS~~ ~~WV~~ GINA BURROWS 30.5 30.0	6	3
2 mile run	Ann Dorsett RHS 13:31.4	San Ong RHS 14:08.8	Mary O'Neill RHS 14:09.6	9	0
1 mile relay	Ridgewood 4:27.0 (Grunder, Hefele, Byers, Porro)	Wayne Valley 4:30.9		5	0
shot put	VanDalen WV 30'3"	Connell WV 29'7"	Cathy Fontaine RHS 29'4"	1	8
discus	Hill house WV 84'6"	Loertshea WV 81'7"	Deetz RHS 80'3 1/2"	1	8
high jump	Kaplin WV 4'11"	Pam VanHoven RHS 4'9"	Trish Hoban RHS 4'8"	4	5
long jump	Vodoklys WV 16'2"	Ferguson WV 15'0"	Sue Davis RHS 14'11 1/2"	1	8
			FINAL SCORE	61	48

Dayo 18.6

Burrows 12.9, Melchers 13.3,

Jones 6:27.3, Gerlezzy 6:52.4

K. Smith 73.0, Gambaccini 77.0

Janet Schneiderman 2:56.3

M. Smith 30.4,

Deety 24'4", Erickson 25'11", Caffey 24'0", Miles 28'2"

Erickson 78'1" Caffey - 67'9½ B. Cleveland 67'7" Moore 41'9"
Miles 79'3" Bulwon - 73'11" O'Donnell 59'5"

Porro 14'11", O'Rourke 13'7¾", Healy 12'10½"

RIDGEWOOD VS _____ DATE _____

WEATHER _____

TRACK CONDITIONS _____

Bergenfield vs Wayne Valley

EVENT	FIRST 5	SECOND 3	THIRD 1	RIDGEWOOD WV	OPP. BF
110 yard hurdles	Tomkin - 16.9 W	Gherkin - 17.3 B	Vodoklys - 17.6 W	6	3
100 yard dash	Leupold - 11.6 B	Petzdd - 12.1 W	Mark - 12.4 B	3	6
1 mile run	Greene B 5:48:1	Brouch - WV 6:22:9	Banani WV 6:39:8	4	5
440 yard dash	Good BF 61:5	Crenshaw WV 61:9	Ghertken BF 68:7	3	6
440 yard relay	BF 53:8	WV 57		0	5
880 yard run	Malespina BF no time	Crenshaw WV 2:39:4	2:41:3 BF Trivanti	3	6
220 yard dash	Leopold BF 27:5	Good BF 29	Rodoklys WV 29.6	1	8
2 mile run	Schaller BF 12:58:2	Delz WV 14:45:9	Mottole WV 15:16.5	4	5
1 mile relay	BF 4;22:5	WV 4:30:9		0	5
shot put	Bauman (B) 32'11½"	VanDalen (W) 30'3"	Connell (W) 29'7"	4	5
discus	Bauman (B) 94'8½	Triola (B) 87'0	Hillhouse (W) 84'6"	1	8
high jump	Kaplin 4'11" WV	Mark B Gerken B Koch WV	—	7	2
long jump	Nakolakis (WV) 16'2"	Leopold (B) 15'8½"	Ferguson (WV) 15'0	6	3
			FINAL SCORE	42	67

B W
20 39

RIDGEWOOD vs. Bergenfield Wayne Valley Date: Smith

Bergenfield Watch

110 yard low hurdles	16.2 Granato	18.2 McBride	18.4 Devo	
100 yard Dash	Davis 11.8 O'Rourke	Melchers 13.3 Healy 14.0	Burrows 13.5 Avery	

1 Mile Run	Janet L.	spl	Julie	spl	Marg	spl	Klara	spl	Alex	spl
1/4	80		1:82		89		1:26		1:28	
1/2	2:50	1:30	3:03	1:41	3:01	1:32	2:54		3:11	
3/4	4:25	1:35	4:47	1:44	4:40	1:39	4:31.5		5:03	
Fin.	5:52	1:27	6:26.6		6:17.8	1:37.8	6:03.3		6:52.2	

440 yard Dash	Porro	spl	Hefele	spl	K. Smith	spl	Gambicini	spl	McBride 75 Cleveland 77 E.	spl
@220	30.5		31.2		30		34			
@440	64.7				73		77			

440 Yard Relay				
	M. Smith @110 13	Burrows @220 27.3 (14.3)	Melchers @330 42 (14.7)	Sue Davis @440 54 (12.0)

880 Yard Run	A. Grunder	spl	Janet S	spl	Dee	spl		spl		spl
@220										
@440	1:21		1:33							
@660										
@880	2:29		2:56.3		2:47.3					

220 Yard dash				
	Davis 28.0 Avery 32.0	M. Smith 30.4	Melchers	Burrows 30.0

2 Mile Run	Anne	spl	Mary	spl	Sue	spl		spl		spl
@1/4	1:26		1:33		1:30					
@1/2	3:02		3:16		3:17					
@3/4	4:40		5:04		5:04					
@mile	6:29		6:54		6:54					
@1 1/4	8:10		8:45		8:45					
@1 1/2	10:02		10:37		10:37					
@1 3/4	11:52		12:29		12:29					
@2	13:31		13:08		14:08.5					

Mile Relay	Grunder (1)	spl	Hefele	spl	Byers (3)	spl	Porro	spl
@220								
@440	67.2	67.2	2:15.4	68.2	3:21.8	66.4	4:27.5	65.7

Long Jump	Healy	Porro	Davis	O'Rourke
Att #1	F	14'9"	F	13'7 3/4"
#2	12'5"	F	14'9 3/4"	13'2 1/2"
#3	12'3 1/4"	14'11"	14'11 1/2"	13'1 3/4"
#4	12'10 1/2"	14'8"	14'3"	13'1 1/2"

2 135.4 67.2 21.4 183 5.82 10.6 141

3218 2154 1.0.64

19 2218 135.4 664

2645 2018 657

RIDGEWOOD VS Passaic Valley DATE 9 May 1977

WEATHER Cold - Rain

TRACK CONDITIONS soft - heavy

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Not Contested				
100 yard dash	Sue Davis RHS 12.9	Nancy PV 13.0	Chris Melchers RHS 13.5	6	3
1 mile run	Joyce Barmore PV 5:52.2	Alyson Grunder RHS 6:00.5	Ann Dorsett RHS 6:10.0	5	4
440 yard dash	Alison Hefele RHS 69.2	Ann Byerst RHS 71.0	Karen Smith RHS 74.0	9	0
440 yard relay	Passaic Valley 60.2	Ridgewood 61.0		0	5
880 yard run	Jeanne Hensz RHS 2:44.4	Margaret Vandermeys RHS 2:56.2	Julie Jones 3:00;0	9	0
220 yard dash	Sue Davis RHS 29.5	Deecy Porro RHS 30.2	PV 31.0	8	1
2 mile run	Jamie Nicholson RHS 13:31	Klara Grape RHS 13:41	Janet Lombaerde RHS 13:47	9	0
1 mile relay	Ridgewood 4:53.2 (Byers,	Passaic Valley Hensz, Hefele,	Porro)	5	0
shot put	Sara Miles RHS 27'1 1/2"	Cathy Fontaine RHS 27'2"	Beth Grady PV 26'2"	8	1
discus	Sarah Miles RHS 84'0"	Dillon PV 72'3"	Maureen Laffey RHS 61'11"	6	3
high jump	Not Contested				
long jump	Not Contested				
			FINAL SCORE	65	17

San Ong 6:16 Mary O'Neil 6:41

Carare 30.9, Karen Smith 34.9, Gambacini 36.3, O'Rourke 33.6

GIRL'S TRACK AND FIELD MEET

RIDGEWOOD vs RAMSEY

Order of Events

110 yard hurdles

100 yard dash

1 mile run

440 yard dash

440 relay (4X110)

880 yard run

220 yard run

2 mile run

mile relay (4X440)

Shot Put

High Jump

Discus (follows shot put)

Long Jump (follows 2 Mile run)

Scoring

first place - 5 points

second place - 3 points

third place - 1 point

first place relay - 5 points

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

EVENT	SCHOOL RECORD	TRACK RECORD
100 yard dash	11.8 Sue Davis 1977	11.4 Venesa Hugley (Skeeters Track Club)
220 yard dash	27.9 Kandie Latham 1975	26.4 Hazel Lucas (Montclair H.S.)
440 yard dash	59.5 Kandie Latham 1974	59.6 Jackie Schmidt (Central Jersey T.C.)
880 yard run	2:17.7 Kandie Latham 1975	2:28.9 Kandie Latham (Ridgewood High School)
1 Mile run	5:36.1 Nancy Reed 1975	5:36.1 Nancy Reed (Ridgewood H.S.)
2 mile run	12:08.2 Nancy Reed 1975	12:03.3 Jane Green .(Skeeters Track Club)
110 yard hurdles	16.1 Becky Deetz 1975	15.6 Dawn Donavan (Cliffside Park H.S.)
Shot Put - 8 lb.	36 ft 9 1/4 in Jennifer Baringer 1975	37 ft 5 1/2 in Loraine Vira (North Bergen H.S.)
Discus - 1 kg.	103 ft 1 in Cathie DeYoe 1975	103 ft. 1 in Cathie DeYoe (Ridgewood High School)
High Jump	5 ft 9 in Becky Deetz 1975	5 ft 3 3/4 in Becky Deetz (Ridgewood High School)
Long Jump	17 ft 5 in Becky Deetz 1975	16 ft 10 in Renee Colbash (Kearny High School)

RIDGEWOOD VS RAMSEY HIGH SCHOOL DATE 11 May 1977

WEATHER 70-75 sunny

TRACK CONDITIONS loose

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.
110 yard hurdles	Beth Granata RHS 17.2	Kelly Collums Ramsey 17.4	Mary McBride RHS 17.9	6	3
100 yard dash	Sue Davis Ridgewood 12.2	Karin Kobza Ramsey 12.5	Deidre Young Ramsey 12.5	5	4
1 mile run	Colleen Delia Ramsey 5:34.3	Pam Hollen-stine Ramsey 5:51.1	Janet Lombaerde Ridgewood 5:51.2	1	8
440 yard dash	Doreen Kris Ramsey 63.0	Deidre Young Ramsey 63.7	Deecy Porro Ridgewood 64.1	1	8
440 yard relay	Ridgewood 53.7 (Melchers, Burrows, M. Smith, Davis)	Ramsey 57.7		5	0
880 yard run	Lisa Maloof Ramsey 2:26.9	Alyson Grunder Ridgewood 2:30.5	Julie Long-champ Ramsey 2:37.0	3	6
220 yard dash	Karin Kobza Ramsey 27.4	Sue Davis Ridgewood 28.0	Kelly Collums Ramsey 28.0	3	6
2 mile run	Klara Grape Ridgewood 12:50.0	Sandy Fleubacher Ramsey 12:50.5	Ann Dorsett Ridgewood 13:31.6	6	3
1 mile relay	Ramsey 4:15.6	Ridgewood 4:27.8		0	5
shot put	Collette Kloetz Ramsey 34'5 1/4"	Sarah Miles Ridgewood 30'11 3/4"	Elaine Neiman Ramsey 29'5"	3	6
discus	Collette Kloetz Ramsey 109'11"	Elaine Neiman Ramsey 95'1"	Louanne Watson Ramsey 83'3"	0	9
high jump	Pam VanHoven Ridgewood 4'8"	Beth Granata Ridgewood 4'8"	Tricia Hoban Ridgewood 4'8"	9	0
long jump	Deecy Porro Ridgewood 15'10"	Karin Kobza Ramsey 15'10"	Sue Davis Ridgewood 15'1"	6	3
			FINAL SCORE	48	61

RIDGEWOOD vs. Ramsey 'S. Date:

110 yard low hurdles	Granata 17.2		McBride ~~17.8~~ 18.2	Deyo 19.5
100 yard Dash	Sue Davis ~~13.0~~ 12.2	Chris Melchers 13.0	Ginnie Burrows 13.2	

1 Mile Run	Jamie	spl	Janet	spl	Julie	spl	Marg	spl		spl
1/4	84		82		88		85			
1/2	251	87	252	90	3:04		259			
3/4	424	93	4:26	94	4:41		436			
Fin.	~~6:07.0~~	103	551	85	620		6:16			

440 yard Dash	Alicin H.	spl	Anne B	spl	Deecy	spl	~~Marg~~	spl		spl
@220	~~28.4~~		~~29.9~~		~~26.8~~					
@440	66.5		66.		64.0					

440 Yard Relay				
@110	Chris Melchers	@220	Burrows	@330 M. Smith [redacted] ?
@440	Sue Davis 53.9 [redacted]			

880 Yard Run	5:6am 2:57 Jeanne	spl	Alisyn G.	spl	Alex	spl	Janets.	spl	K. Smith	spl
@220	38		36		45		45		42	
@440	80		74		8:6		95		87	
@660				38			~~3:19~~		~~2:57.9~~	
@880	2:41.3		2:30.4	76.4	2:51 ?		3:41		2:56.9	

220 Yard dash	M. Smith 29.2	Sue Davis ~~28.0~~	Carrie O'D 30.0

2Mile Run	Klara	spl	Mary	spl	Anne	spl	Sam	spl		spl
@1/4	90		96		88		96			
@1/2	307	:37	322		303		332			
@3/4	445	1:38	510		442		510			
@mile	625	1:40	7:00		625		7:00			
@1 1/4	809	1:41			805		849			
@1 1/2	945	1:39			~~9:51~~ 951		1040			
@1 3/4	1122	1:39			1199		1235			
@2	12:50	1:26			13:31.6		14:31			

Mile Relay	Alyson	spl	Anne	spl	Alison H	spl	Deecy	spl
@220							65.7	4:27.8
@440	67:0		67.3		67.8			

Long Jump	Sue Davis	Deca Porro	M. Smith	O'Rourke	Healy
Att #1	15' 1"	14' 11 3/4	14' 6 1/2	12' 1"	12' 7 3/4"
#2		15' 10"	14' 7	14' 1/2	12' 1/2
#3		15' 9 1/2 F	14' 7	14' 3 1/2	11' 9 1/2
#4			14' 3	14' 7 1/2	

15' 1"
15' 10"
14' 7 1/2
45' 6 1/2"

FOURTH ANNUAL RELAYS FOR GIRLS



MAY 7 1977

Holmdel Relays

58.9

54.8 440
1:58.0 30.2 30.2
28.8 28.8

Nicholson - 90.8 5:51.0
89.9
90.8
89.8

Lombardo - 3/4 4:17
2:43.6

Bad Exchange Hennag - 2:37.9 74
- 2:46.6
Porro 66.2

S.M. -
29.4 Smith
29.5 Burrow
68.8 Byers
2:43.6

Dee 2:49.7 76-93
Vandenney 2:50.6 81-89
Sim 3:00 87-92
2:46.6

Davis - 68.6
Hale - 67.3
Byers - 67.2
Porro - 65.0
4-281

MEET PROGRAM



BERNARDS SPRING INVITATIONAL

ENTRIES - continued:

872 Nancy O'Connel

873 Sandy Sherrer

874 Sue Bennett

875 Liz Serra

876 Carol Vogel

877 400 M. Relay

WEST ESSEX HIGH SCHOOL: ✓

880 K. Lorent

881 A. Rielly

882 P. Nalale

883 E. Healey

884½ M. Hover

885 H. Sturzenegger

886 L. Nilsson

887 P. Freyberger

888 B. Mulas

889 1600 M. Relay

	Disc	Shot
Deety	84'1"	24' 7½"
Erickson	79'4"	
Fontaine		28'3"
Beth Granata	4'10"	Tie for 3rd
Trish Horan	4'8"	

JAV

Caffey - 64' 1½"

Maguire - 75' 2"

Erickson - 82' 2"

ORDER OF EVENTS

EVENT

1.	Division I.....	440 Shuttle Hurdles (Final on Time)
2.	Division II.....	440 Shuttle Hurdles (Final on Time)
3.	Division I.....	440 Trials (Top six times to Final)
4.	Division II.....	440 Trials (Top six times to Final)
5.	Division I.....	Distance Medley (Final) 880: 440 3/4 1 mi
6.	Division II.....	Distance Medley (Final)
7.	Division II.....	Frosh. 880 Trails (Top six times to Final)
8.	Division I.....	880 Trails (Top six times to Final)
9.	Division II.....	880 Trails (Top six times to Final)
10.	Division II.....	Frosh. 2 Mile Final
11.	Division I.....	2 Mile Final
12.	Division II.....	2 Mile Final
13.	Division I.....	440 Final
14.	Division II.....	440 Final
15.	Division I.....	Sprint Medley Final
16.	Division II.....	Sprint Medley Final
17.	Division I.....	Frosh. 880 Final
18.	Division II.....	Frosh. 880 Final
19.	Division I.....	880 Final
20.	Division II.....	880 Final
21.	Division I.....	Frosh. Mile Relay Final
22.	Division II.....	Frosh. Mile Relay Final
23.	Division I.....	Mile Relay Final
24.	Division II.....	Mile Relay Final

1:30
90
4 | 6:00
4
120

2 mile relay
Doyle 2:49.7
Vandermeys 2:50.6
Ong 3:00
Hensy 2:46.6
11:26.9

880 relay
Melchers 30.2
Burrows 30.2
M. Smith 28.8
S. Davis 28.8
1:58.0

Distance medley
880 Hensy 2:37.9
440 Porro 66.2
1320 Lombaerde 4:17.5
1mi Nicholson 5:51.0
13:52.6

mile relay
Davis 68.6
Hefele 67.3
Byers 67.2
Porro 65.0
4:28.1

440 relay "A" - 54.8
"B" - 58.9

Sprint Medley -
M. Smith 29.4
G. Burrows 29.5
Byers 68.8
Lombaerde 2:43.6
4:51.3

Bus leaves 2:45

Track Meet at Paramus Catholic Tuesday 17 May

For those going this is a warm up for the league Meet. A final competition to get in the groove for Thursday.

Long Jump relay		High jump relay		Shot relay	Disc relay	
15'6½"	M. Smith	Granata	5'0"	Miles 30'1"	Miles	82'5"
15'9¾"	Porro	Hoban	4'4"	Fontaine	Erickson	75'11"
14'4"	O'Rourke	Van Hoven	4'10"	Erickson	Deely	75'4"
45'8¼"	1st School Record	1st	14'2"			233'8"

440 relay A team	440 relay B team	Distance medley	
O'Donnell	Melchers	880 - Gambrecina	78.8 - 93 2:51.8
Porro 26.4	Burrows 26.8	220 - Avery	32.4
M. Smith	Avery	440 - K. Smith	71.0
K. Smith	Weiler 59.4	Mile - Jones	6:33.4
55.7			11:08.6

Teaneck second to Eastside girls

PARAMUS — Paterson Eastside came to get gold and Teaneck came to earn respect. Both achieved their goals in yesterday's girls' section of the Englewood Memorial Meet.

The Ghosts won six of 10 events and compiled a remarkable 44-point total to outdistance the 25-team field. But Teaneck finished a solid second with 19 points, scoring in seven events, to 14 for Fort Lee and 12 for Ramsey.

"We came to win the gold," said Henry Baker of Eastside, and the performances of Inez Ferguson in the shot put, Gwen Huntley in the long jump and Constance Fletcher in the 220 made it easy. But the Ghosts also got help from a young two-mile team anchored by captain Colaine Jordan. Fletcher also anchored the winning 440 and 880 teams.

Teaneck gave some warning that it might be a factor in the upcoming County meet. The Highwaymen had one winner, Sharon Gervasoni in the high jump, but received good performances from shot putter Liz Williams and quarter-miler Antoinette Bush.

"I think we needed this respect," said Teaneck coach Cheryl Miller, "It's only a second-year team, and last year very little was said even after we did pretty well in the County and States."

Deidra Young of Ramsey won the 440 in a creditable 61.1 and Cindy Mayo of Rutherford outleaned Fort Lee's Diane Horowitz to win the 100-meter dash. Horowitz ran second to Fletcher in the 220.

Performances by two of the County's better girl runners — Michelle Guido of Paramus Catholic and Doreen Kris of Ramsey — were encouraging to their coaches.

"I was very encouraged with the way Doreen ran," said Ramsey coach Lou Molino, "She's had problems with pulls all year and I didn't know if she could run. But she gave it a try and came out of it okay. It's encouraging for our mile relay. Maybe we do have a chance to go under four minutes in the mile relay."

Guido, the County mile champ, has recovered from an injury and ran a good 2:23 880 leg in Paramus Catholic's two-mile relay.

The 10-event program was the largest ever provided for girls at the Englewood meet.

— PAUL SCHWARTZ

Penn State repeats

EAST STROUDSBURG, Pa. (AP) — Kris Bankes repeated as mile champion and teammate Lea Ventura took the 440 to give Penn State its second straight Eastern Association for Intercollegiate Athletics for Women track and field championship yesterday.

The Lady Lions tallied a record 120 points in winning the title at the second annual women's event. Rutgers was fifth with 33 and Montclair State 12th with 18.

Bankes' time for the mile was 4:54.8. Ventura, winner of the 100 a year ago, ran the 440 in 55.0 seconds.

Englewood Memorial

BOYS

LONG JUMP — 1, Jeff Matner, Pascack Valley, 21-9¼; 2, Don Jarvis, Indian Hills, 21-8¾; 3, Willis Shannon, Eastside, 21-3¾; 4, Eric Stills,Teaneck, 20-11¾; 5, Len Thomas, Kennedy, 20-7¾.

2 MILE — 1, Jim Bates, Pascack Hills, 9:37.4; 2, Bob Sommer, Pascack Valley, 9:42.9; 3, Scott Sarnoski, Berg. Tech, 9:43.5; 4, Tom Fitzgerald, Tenafly, 9:48.1; 5, Nelson Severino, Geo. Wash., 9:50.5.

DISCUS — 1, Larry Jansson, Demarest, 168-7; 2, Frank Cassella, Leonia, 167-10; 3, Tom Kaiser, Old Tappan, 158-2; 4, Nino Scarpati, Cliffside Park, 142-9; 5, Rudy Furman, Teaneck, 141-5.

POLE VAULT — 1, Dean Lodmell, Indian Hills, 13-0; 2, Bob Nobile, Teaneck, 12-0; 3, Bruce McEwen, Pascack Hills, 11-0; 4, Frank Robie, Rutherford, 11-0; 5, David Thompson, Eastside, 11-0.

HIGH JUMP — 1, Al Diaz, Memorial, 6-2; 2, Jim Hennessy, Paramus, 5-11; 3, tie between Len Thomas, Kennedy, and Pat DaCosta, Eastside, 5-11; 5, Dean Lodmell, Indian Hills, 5-11.

330 IH — 1, Carl Westervelt, Ramapo, 39.9; 2, Kevin Scott, Pascack Hills, 40.3; 3, Mark Cheben, Union, 40.6; 4, Joe Preis, River Dell, 40.8; 5, Tom Ricks, Barringer, 41.6.

440 — 1, Scott Skinner, Jackson, 50.0; 2, Abdidas Suero, Geo. Wash., 51.1; 3, Jack Mintz, Union, 51.1; 4, Harmon Rogers, Kennedy, 51.5; 5, Anthony Johnson, Rutherford, 51.9.

SPRINT MEDLEY — 1, Emerson (Dennis Van Malden, Chris Grogan, Ken Hoffman, Lee Durocher), 3:40.9; 2, tie between Eastside and Jackson, 3:41.6; 4, Midland Park, 3:42.7; 5, Kennedy, 3:42.7.

SHOT PUT — 1, Joe Pacillo, Rutherford, 56-8¾; 2, Rick Snowden, Kennedy, 55-7¾; 3, Ed Urbanski, Union, 55-4¼; 4, Gary Larmer, Dumont, 55-3; 5, Joe Passananti, LaSalle, 54-4¾.

1500-METER — 1, Jesse McCutchen, King, 4:06.2; 2, Jim Meternan, Tenafly, 4:12.4; 3, Jerry Clark, Old Tappan, 4:13.9; 4, John Murtaugh, Old Tappan, 4:14.3; 5, Bill Valenzano, Berg. Tech, 4:15.4.

2-MILE RELAY — 1, Leonia (Eldon Sully, John Regan, Ernie Feirer, Ty Connor), 8:15.4; 2, Kennedy, 8:17.3; 3, Emerson, UC 8:18.3; 4, Pascack Hills, 8:26.3; 5, West Side, 8:30.9.

TRIPLE JUMP — 1, Matt Gilbert, Englewood, 44-3¾; 2, Don Jarvis, Indian Hills, 43-4; 3, Frank Polise, Bergen Tech, 42-7¾; 4, Eric Stills,Teaneck, 41-11½; 5, Len Thomas, Kennedy, 41-11.

100 METER — 1, Tom Vigorito, DePaul, 11.2; 2, Carl Alleyne, Jackson, 11.3; 3, Harold Hollinshid. Barringer, 11.3; 4, Bob Boyce, Teaneck, 11.4; 5, Remo Biagnone, Bergen Catholic, 11.5.

DISTANCE MEDLEY — 1, Paramus (Bob Lustberg, Len LaBarre, John Cooper, Kevin Ruland), 10:53.7; 2, Tenafly, 11:16.6; 3, Mahwah, 11:25.0; 4, New Utrecht, 11:35.3; 5, West Side, 11:37.2.

110 METER HURDLES — 1, Ken Thorpe, Indian Hills, 14.7; 2, Jim Hennessey, Paramus, 15.1; 3, Marc Cheban, Union, 15.1; 4, Jeff Ostrus, Tenafly, 15.2; 5, Bill Patrick, Rutherford, 15.3.

880 — 1, Paul Robbins, Tenafly, 1:58.7; 2, Jeff Shelton, West Side, 1:59.5; 3, Dan McNeilly, St. Mary's, 1:59.5; 4, Carl Herman, Jackson, 2:01.4; 5, Carl Stella, Ridgefield, 2:01.5.

880 RELAY — 1, West Side (Jim Price, Ray McGee, Charles Bethea, Jesse Collins), 1:31.9; 2, Barringer, 1:32.2; 3, Eastside, 1:33.5; 4, Pascack Hills, 1:34.7; 5, Central, 1:34.7.

BERGEN MILE RELAY — 1, Ramsey (Roger Jones, Andy Hall, Joe Skrobala, John Brennan), 3:33.6; 2, Midland Park, 3:34.0; 3, Indian Hills, 3:34.7; 4, Emerson, 3:36.6.

MILE RELAY — 1, West Side (Jesse Collins, Charles Bethea, Roosevelt Willis, Keith Grey), 3:29.3; 2, Kennedy, 3:29.4; 3, Englewood, 3:33.4; 4, Union, 3:33.6; 5, New Utrecht, 3:34.4.

220 — 1, Steve Skinner, Jackson, 22.5; 2, Remo Biagnoni, Bergen Catholic, 23.2; 3, Tom Vigorito, DePaul, 23.2; 4, Daryl Ray, Barringer, 23.5; 5, Bob Boyce, Teaneck, 23.6.

TEAM SCORING

Andrew Jackson (NY) 21½; Indian Hills 21; Kennedy 19½; Newark West Side, Tenafly 18; Pascack Hills 17; Union, Paramus 14; Eastside, Teaneck 12; Leonia, Rutherford, Barringer, Pascack Valley 10; Englewood, DePaul 9, Old Tappan 8; Bergen Tech 7; Demarest, Memorial, Ramapo, Emerson, Martin Luther King (NY), 6; George Washington (NY), Bergen Catholic 5; Emerson (UC), Mahwah, New Utrecht (NY), St. Mary's 3; Cliffside Park, River Dell, Dumont 2; LaSalle (NY), Ridgefield 1.

GIRLS

HIGH JUMP — 1, Sharon Gervasoni, Teaneck, 5-0; 2, Mary Donovan, Par. Cath., 4-10; 3, tie between Althea Davidson, Kennedy and Leslie Chiocco, Memorial, 4-8; 5, Diane Qualter, Englewood.

440 — 1, Diedre Young, Ramsey, 1:01.1; 2, Fontina Williamson, Barringer, 1:01.2; 3, Tamra Adair, Indian Hills, 1:02.0; 4, Sandry Wolfe, Martin, 1:02.3; 5, Antoinette Bush, Teaneck, 1:02.5.

SHOT PUT — 1, Inez Ferguson, Eastside, 36-10½; 2, Liz Williams, Teaneck, 35-10¼; 3, Anita Michelson, Memorial, 35-5¼; 4, Pam Young, Fort Lee, 33-11¾; 5, Patti Bubar, Dumont, 33-7¾.

440 RELAY — 1, Eastside (Karlene Ellington, Alice Cooke, Gwen Hunter, Connie Fletcher), 50.5; 2, Snyder, 51.1; 3, Martin, 52.2; 4, Westside, 52.2; 5, Teaneck, 52.6.

880 RELAY — 1, Eastside (Karlene Ellington, Alice Cooke, Vickie Smith, Connie Fletcher), 1:47.2; 2, West Side, 1:48.5; 3, Snyder, 1:50.0; 4, Jackson, 1:50.7; 5, Eastside "B", 1:50.8.

LONG JUMP — 1, Gwen Huntley, Eastside, 16-4¾; 2, Laverne Harrison, Eastside, 16-2½; 3, Karen Kozba, Ramsey, 15-7¼; 4, Brooke Murphy, Teaneck, 15-¾; 5, Modestine Toomer, Englewood, 15-¼.

2-MILE RELAY — 1, Eastside (Marcia Rousseau, Carol Bowman, Pat Kearney, Colaine Jordan), 10:04.4; 2, Fort Lee, 10:12.0; 3, Memorial, 10:14.1; 4, Paramus Catholic, 10:19.8; 5, Rutherford, 10:1[illegible].

100 METER — 1, Cindy Mayo, Rutherford, 12.2; 2, Diane Horowitz, Fort Lee, 12.2; 3, Karlene Ellington, Eastside, 12.3; 4, Erin Mallory, Teaneck, 12.4; 5, Sharon Trumpett, Teaneck, 12.5.

220 — 1, Constance Fletcher, Eastside, 25.9; 2, Diane Horowitz, Fort Lee, 26.4; 3, Marlena Williams, Snyder, 26.5; 4, Iris Terrell, Shabazz, 26.7; 5, Cindy Mayo, Rutherford, 27.4.

MILE RELAY — 1, West Side (Grace Kennedy, Juanita Gillon, Johnnie Mae Royal, Lauren Mayo), 4:06.9; 2, Snyder, 4:10.3; 3, Ramsey, 4:10.6; 4, Teaneck, 4:15.6; 5, Barringer, 4:18.1.

TEAM SCORING

Eastside 44; Teaneck 19; Fort Lee 14; Snyder 13; West Side, Ramsey 12; Memorial 8½; Rutherford 8; Paramus Catholic 6; Barringer, Augustus Martin 5; Indian Hills 3; Kennedy 2½; Englewood, Jackson, Shabazz 2; Dumont 1.

N.N.J.I.L. GIRLS CHAMPIONSHIP TRACK MEET

ORDER OF EVENTS

1. 110 Low Hurdles Qualifying on place to semi-finals.
2. 100 Yard Dash Qualifying on place to semi-finals.
3. 440 Yard Dash Six fastest to the finals.
4. 110 Low Hurdles Semi-finals on place to finals.
5. 100 Yard Dash Semi-finals on place to finals.
6. 2 Mile Run
7. 880 Yard Run Unseeded section on time.
8. 220 Yard Dash On time to finals. (Top 6)

Note: 10 minutes rest

FINALS

10. 110 Yard Low Hurdles
11. 100 Yard Dash
12. 1 Mile Run
13. 440 Yard Dash
14. 440 Yard Relay
15. 880 Yard Run
16. 220 Yard Dash

10 minute Break

18. 1 Mile Relay Sections on time

3:30 - 5:30

Long Jump Trials

3:30

1. Shot Put * 32'5" 29'10"
2. High Jump

*Discus to follow Shot-Put

RIDGEWOOD vs. _____ vs. _____ LEAGUE MEET Date: 19 MAY 1977

110 yard low hurdles	Beth Granada @ 17.0 16.7 16.5	Pam Deyo @ 19.0 20.0	Mary McBride 19.4 @ 18.3	@
100 yard Dash	Sue Davis 12.1 @ 12.5 Anas @ 12.5	Borrows 12.9 @ 13.5 @	Melchers @ 13.8 @	@

1 Mile Run	Marg	spl	Jamie	spl	Janet	spl		spl		spl
1/4	85		82		82					
1/2	3.03		2.47		2.51	89				
3/4	4.34		4:20		4.27	136				
Fin.	6:26		5.52		5.54	127				

440 yard Dash	K. Smith 72.0	spl	Alison Hefele 67.2	spl	Deecy Porro 69.9	spl	Deecy 29.8 64.0	spl		spl
@220										
@440										

440 Yard Relay	@110	@220	@330	@440 54.8

880 Yard Run	S. Gambo	spl	Alicin	spl	Jeane	spl		spl		spl
@220	41.0		34.4		36					
@440	1.20.0		41		75					
@660			48.1		55.7					
@880	2.16.3		2.25.3		2.39.7					

220 Yard dash	M. Smith 29.4	Ginny Borrows 29.6		

2 Mile Run	Klara	spl	Ame	spl	San	spl		spl		spl
@1/4	88		88		92					
@1/2	135.9		135.9		3.19.1					
@3/4	135.2		135.3		5.00.5					
@mile	136.6		140.3		6.49.0					
@1 1/4	130.0 ?	?	141.2		8.39.0					
@1 1/2	139.0		9.51 ★		10.29.0					
@1 3/4	1.38.6		11.39.0 ★		12.20.0					
@2	1.27.8 (13.3)	★	13.09.0		13.40 ?					

Mile Relay	Grunder	spl	Hefele	spl	Byers	spl	Porro	spl
@220	34.7		4.42.6		2.29.0		355.1	
@440	71.1	71.1	2.17.6	66.6	3.23.5	65.9	429.4	65.9

Long Jump	
Att #1	
#2	
#3	
#4	

2'17
1 11
1 06

ALL LEAGUE SELECTIONS
1977

EVENT	FIRST TEAM	SECOND TEAM	THIRD TEAM	HONORABLE MENTION RIDGEWOOD OPP.
110 yard hurdles	Hackensack Taryn Carter	Teaneck Penny Bassett	Beth Granata	Nancy Tompkins W.V. Paula Hunt H
100 yard dash	Debbie Leopold	Erin Mallory	Sue Davis	Michelle Petzold W.V. Judy Atkins H Joan Gryzko H
~~1 mile run~~ 220 YARD DASH	Debbie Leopold	Taryn Carter	Teaneck Erin Mallory	Judy Atkins H Mark B
440 yard dash	Bergenfield Lynn Good	W.V. Michelle Petzold	Teaneck Beverly Cable	Joan Gryzko H Sue Bonstalli P
440 yard relay	Bergenfield	Teaneck	Hackensack	
880 yard run	Valerie W.V. Crenshaw	Alyson Grunder Bergenfield	P Doreen Piano	Terry Malespina B
~~220 yard dash~~ MILE RUN	P.V. Joyce Barmore	Pat Green	H Mary Copeland	Maureen Snyder T Janet Lombaarde
2 mile run	B Lesa Schadler	Klara Grape	H Pat Cahill	Pat Szorentine Ann Dorsett
1 mile relay	Teaneck ~~Bergenfield~~	Bergenfield	Hackensack	Wayne Valley
shot put	B Darcey Banman	T Elizabeth Williams	Ruth Ann W.V. Van Dalen	Sarah Miles Rhonda Hershey
discus	T Felecia Lee	Stephanie Jackson	Mary Beth Truozo	Rhonda Hershey Kenna Loertscher Darcey Banman
high jump	W.V. Paula Kaplan	T Sharon Gerrosa	Beth Granata	Pam Van Hoven
long jump	Karen W.V. Vodoklys	Nancy Lehrhaupt	Paula Hunt	Deeey Porro Debbie Leopold
			FINAL SCORE	

1977 N.N.J.I.L. GIRLS TRACK FINAL STANDINGS

Teams	Dual Meet Points	Championship Meet Points	Total Points	Points for All Sports Banner
1. Bergenfield	4.8	3.2	8	8
2. Teaneck	4.2	2.8	7	7
3. Hackensack	3.6	2.0	5.6	6
4. Ridgewood	3.0	2.4	5.4	5
5. Wayne Valley	2.4	1.6	4	4
6. Fair Lawn	1.8	1.2	3	3
7. Paramus	1.2	.4	1.6	2
8. Passaic Valley	.6	.8	1.4	1

Dual Meets Standings (.6) Factor

Teams	Won	Lost	Position Points	Dual Factor Points
1. Bergenfield	7	0	8	4.8
2. Teaneck	6	1	7	4.2
3. Hackensack	5	2	6	3.6
4. Ridgewood	4	3	5	3.0
5. Wayne Valley	3	4	4	2.4
6. Fair Lawn	2	5	3	1.8
7. Paramus	1	6	2	1.2
8. Passaic Valley	0	7	1	.6

Championship Meet Standings (.3) Factor

Teams	Points Score	Position Points	Championship Factor Points
1. Bergenfield	52	8	3.2
2. Teaneck	44.5	7	2.8
3. Ridgewood	28	6	2.4
4. Hackensack	27.5	5	2.0
5. Wayne Valley	24	4	1.6
6. Fair Lawn	17	3	1.2
7. Passaic Valley	12	2	.8
8. Paramus	2	1	.4

Bergenfield girls take league title

Bergenfield, behind Debbie Leopold's double in the sprints, scored 52 points to win the Northern New Jersey Interscholastic League girls track championship yesterday.

Leopold ran 12.1 in the 100 and was clocked in 26.9 for the 220. Taryn Carter of Hackensack finished second in the 220 and won the 110 low hurdles with a 15.3 effort.

Cynthia Mayo won three events to lead Rutherford to the championship in the Bergen County Scholastic League National — Olympic Division meet.

Mayo won the 100 (11.6), 220 (26.6) and the long jump (15-5¼). Holly Wehner doubled in the 110 low hurdles (16.5) and 880 (2:28.8) for the Bulldogs.

Lynn Pendergast and Terri Dembeck led Hawthorne to its victory in the Bergen-Passaic Scholastic League meet. The Bears won seven of 12 events.

Pendergast was clocked in 11.7 in winning the 100 and had a 16-3½ effort in the long jump. Dembeck won the 220 (26.2) and the 440 (57.9).

Park Ridge and Bogota tied after the first day's field events with 23 points, but Ridgefield's Scott Dowling took the spotlight in the BCSL Olympic boys meet.



Scott Dowling

Dowling broke the meet record in the shot put with a throw of 50-11½.

Two records were broken in the BCSL National Division meet where Leonia holds a slim one-point lead over Becton after the field events.

Frank Casella of Leonia, who broke the Bergen County Group 1 discus record last week, set a league mark with a throw of 162-0½. The Senior broke his own league record and also finished second in the shot put.

Rutherford's Herb Pendleton won the triple jump, setting a league record in the process. Pendleton soared 41-7¼ to finish first.

Both meets conclude today at Cresskill.

H.S. track summaries

NNJIL girls

100—1, Debbie Leopold, Bergenfield, 12.1; 2, Michelle Mark, Bergenfield; 3, Debbie Johnson, Teaneck.
220—1, Debbie Leopold, Bergenfield, 26.9; 2, Taryn Carter, Hackensack; 3, Nancy Buttle, Bergenfield.
110 LH—1, Taryn Carter, Hackensack, 15.3; 2, Penny Bassett, Teaneck; 3, Beth Granata, Ridgewood.
440—1, Lynn Good, Bergenfield, 60.7; 2, Michelle Petzold, Wayne Valley; 3, Cable, Teaneck.
880—1, Valerie Grenshaw, Wayne Valley, 2:25.2; 2, Allison Grunder, Ridgewood; 3, Ann O'Leary, Fair Lawn.
Mile—1, Joyce Barmore, Passaic Valley, 5:36; 2, Snyder, Teaneck; 3, Green, Bergenfield.
2 Mile—1, Lisa Shadler, Bergenfield, 12-14.1; 2, Eileen Guinee, Fair Lawn; 3, Klara Grape, Ridgewood.
440 relay—1, Bergenfield, 52.4; 2, Hackensack; 3, Ridgewood.
Mile relay—1, Teaneck, 4:16.4; 2, Bergenfield; 3, Hackensack.
Shot Put—1, Elizabeth Williams, Teaneck, 36-½; 2, Darcy Bauman, Bergenfield; 3, Sarah Miles, Ridgewood.
Discus—1, Felcia Lee, Teaneck, 99-3; 2, Amy Sarisky, Fair Lawn; 3, Mary Beth Tricla, Bergenfield.
High Jump—1, Paula Kaplan, Wayne Valley, 5-1; 2, Sharon Gervasoni, Teaneck; 3, Beth Granata, Ridgewood.
Long Jump—1, Nancy Lehraupt, Passaic Valley, 15-9; 2, Deecy Porro, Ridgewood; 3, Paula Hunt, Hackensack.

TEAM SCORES
Bergenfield 52, Teaneck 44½, Ridgewood 28, Hackensack 27½, Wayne Valley 24, Fair Lawn 17, Passaic Valley 12, Paramus 2.

FINAL GIRLS STANDINGS

	Pts.
Bergenfield	8.0
Teaneck	7.0
Hackensack	5.6
Ridgewood	5.4
Wayne Valley	4.0
Fair Lawn	3.0
Paramus	1.6
Passaic Valley	1.4

B-PSL girls

100—1, Lynn Pendergast, Hawthorne, 11.7; 2, Laurie Jeffer, Midland Park; 3, Karen Kobza, Ramsey.
220—1, Terri Dembeck, Hawthorne, 26.2; 2, Diedra Young, Ramsey; 3, Karen Kobza, Ramsey.
110 LH—1, Pam Gianella, Hawthorne, 15.5; 2, Sandy Giordi, Hawthorne; 3, Kay Van DerEems, Hawthorne.
440—1, Terri Dembeck, Hawthorne, 57.9; 2, Diedra Young, Ramsey; 3, Ellen Kosch, Hawthorne.
880—1, Lesa Maloof, Ramsey, 2:23; 2, Ellen Turro, Midland Park; 3, Julie Longachamp, Midland Park.
Mile—1, Colleen Delia, Ramsey, 5:22.7; 2, Rose DellAquilla, Manchester; 3, Terri Dezau, Midland Park.
2 Mile—1, Sandy Flubacher, Ramsey, 12-46.7; 2, Pam Hollensteine, Ramsey; 3, Beth Anna Newton, Midland Park.
440 relay—1, Waldwick, 53.4; 2, Hawthorne; 3, Manchester.
Mile relay—1, Ramsey, 4:10.8; 2, Hawthorne; 3, Midland Park.
Shot Put—1, Denise DellaTorre, Hawthorne, 33-4; 2, Collete Koetz, Ramsey; 3, Kay Van DerEems, Hawthorne.
Discus—1, Collete Koetz, Ramsey, 115-5; 2, Elaine Rieman, Ramsey; 3, Sue Dellora, Hawthorne.
High Jump—1, Kay Van DerEems, Hawthorne, 5-2; 2, Mary Sellelfi, Manchester; 3, Heidi VanWychhouse, Hawthorne.
Long Jump—1, Lynn Pendergast, Hawthorne, 16-3½; 2, Sandy Giorda, Hawthorne; 3, Karen Kobza, Ramsey.

TEAM SCORES
Hawthorne 86½, Ramsey 71, Midland Park 19, Manchester 15, Waldwick 11, Lodi 4½, Glen Rock 1.

National-Olympic girls

110 Hurdles—1, Holly Wehner, Rutherford, 16.5; 2, Ellen Kosel, Park Ridge; 3, Bonnie Patiro, Becton.
100—1, Cynthia Mayo, Rutherford, 11.6; 2, Sylvia Stafford, Leonia; 3, Delia McDarby, Park Ridge.
220—1, Cynthia Mayo, Rutherford, 26.6; 2, Roxanne Springmeyer, Bogota; 3, Delia McDarby, Park Ridge.
440—1, Eileen Hughes, Bogota, 1:02.4; 2, Laurie Carter, Rutherford; 3, Coleen Sterling, Palisades Park.
880—1, Holly Wehner, Rutherford, 2:28.8; 2, Jane King, Ridgefield; 3, Jean O'Conner, Bogota.
Mile—1, Denise Murphy, Bogota, 5:36.0; 2, Chris Elliot, Rutherford; 3, Brigitte Szambel, Becton.
2 Mile—1, Cathy Daly, Rutherford, 12:29.9; 2, Barbera Reinders, Becton; 3, Dianne Popenberg, Rutherford.
Mile relay—1, Rutherford (R. Jordan, T. Ember, H. Wehner, G. Carter), 4:22.2; 2, Bogota; 3, Park Ridge.
Shot Put—1, Laura Matthews, Rutherford, 38-0; 2, Dianne Garvey, Rutherford; 3, Marcie Helck, Park Ridge.
Discus—1, Sue Zak, Rutherford, 111-5½; 2, Noreen Velten, Palisades Park; 3, Barbera Reinders, Becton.
Long Jump—1, Cynthia Mayo, Rutherford, 15-5½; 2, Bonnie Patiro, Becton; 3, Andrea Bevacqua, Leonia.
High Jump—1, Bonnie Patiro, Becton, 5-0; 2, Valerie Cerelli, Rutherford; 3, Peggy Lavin, Becton.

TEAM SCORES
Rutherford 77, Bogota 30 1/3, Becton 29, Park Ridge 23, Leonia 12 1/3, Palisades Park 11, Ridgefield 6, Hasbrouck Heights 2, North Arlington 1, Wallington 0, Wood-Ridge 0.

BCSL National boys

FIELD EVENTS
Pole Vault—1, Weir, Becton 11-6; 2, Borzone, Emerson, 10-6; 3, Rausch, Becton 10-6; 4, Tucholski, Rutherford, 10-0; 5, Dominguez, Cresskill, 9-6.
Shot Put—1, Pacillo, Rutherford, 54-6½; 2, Casella, Leonia, 51-6¼; 3, Kane, Hasbrouck Heights, 49-11¾; 4, Piosia, Becton, 47-7¾; 5, Jesch, Cresskill, 47-6½.
Triple Jump—1, Pendleton, Rutherford, 41-7¼, meet record, old record 40-8¼ by Kevin Brigley, Cresskill, 1976; 2, Rogovich, Cresskill, 40-0½; 3, Christmas, Leonia, 39-7½; 4, Schultz, Cresskill, 39-4¾; 5, Entwistle, Emerson, 39-1¾.
High Jump—1, Agel, Rutherford, 5-8; 2, Piosia, Becton, 5-8; 3, Algranti, Leonia, 5-4; no fourth and fifth places.
Discus—1, Casella, Leonia, 162-0½, meet record, old record 158-2¼ by Casella, 1976; 2, Jesch, Cresskill, 146-0; 3, Kenny, Becton, 145-10; 4, Willis, Rutherford, 137-4; 5, Michalski, Emerson, 132-11.
Long Jump—1, Christmas, Leonia, 19-0¼; 2, Rann, Becton, 18-7; 3, Sully, Leonia, 18-5½; 4, O'Connor, Becton, 18-4¼; 5, Pendleton, Rutherford, 18-2½.

TEAM SCORES
Leonia 77, Becton 24, Rutherford 23, Cresskill 12, Emerson 6, Hasbrouck Heights 3, Palisades Park 0.

BCSL Olympic boys

FIELD EVENTS
High Jump—1, Buta, North Arlington, 5-10; 2, Montgomery, Park Ridge, 5-10; 3, Kudlacik, Wallington, 5-8; 4, Brown, Bogota, 5-8; 5, Petrie, Wallington, 5-8.
Pole Vault—1, Montgomery, Park Ridge, 10-6; 2, Braun, Bogota, 10-6; 3, Bride, Ridgefield, 10-0; 4, Hobier, Ridgefield, 10-0; 5, Blanke, North Arlington, 9-6.
Discus—1, Oravio, North Arlington, 145-3; 2, Wilson, Park Ridge, 138-7; 3, Radzizwski, North Arlington, 132-5; 4, Kirsack, Park Ridge, 123-7; 5, Dowling, Ridgefield, 123-3.
Shot Put—1, Dowling, Ridgefield, 50-11½, meet record, old record 47-9, by Karl Brennan, Bogota, 1976; 2, Euler, Bogota, 50-0¼; 3, Kissack, Park Ridge, 45-8; 4, Oravio, North Arlington, 45-3½; 5, Lopez, Bogota, 40-11.
Triple Jump—1, Kudlacik, Wallington, 40-5¾; 2, Sonies, Park Ridge, 40-3¾; 3, Biscegliie, Bogota, 39-5¼; 4, Lauber, Bogota, 39-0½; 5, McClure, Wood-Ridge, 37-6½.
Long Jump—1, Stos, Wallington, 19-9¼; 2, Biscegliie, Bogota, 19-7; 3, Lauber, Bogota, 19-1½; 4, Petrie, Wallington, 18-7¾; 5, Buta, North Arlington, 18-2.

TEAM SCORES
Park Ridge and Bogota 23, North Arlington 19, Wallington 18, Ridgefield 12, Wood-Ridge 1.

Independent

KENNEDY 113½, ST. JOSEPH 12½
100—Bonaparte (K) 10.5
220—Bonaparte (K) 24.2
120 HH—May (K) 15.5
330 IH—Wiggins (K) 42.4
440—Rogers (K) 53.7
880—Davidson (K) 2:04.3
Mile—Scott (K) 4:38.1
2-mile—Ryan (SJ) 10:33.7
Shot Put—Snowden (K) 54-1½
Discus—Snowden (K) 141-3
High Jump—Thomas (K) 6-0
Long Jump—Bonaparte (K) 19-11
Triple Jump—Bonaparte (K) 41-4½
Pole vault—tie between Dock and Lameuve (K) 10-0
Team records: Kennedy 8-3, St. Joseph 0-7

BCSL National-Olympic Freshman

100—O'Connor (WR) 11.4
220—Hessmer (C) 25.2
120 HH—Mastro (E) 20.2
330 IH—Hessmer (C) 44.8
440—Saitta (E) 56.5
880—Ciccardo (L) 2:11.5
Mile—Manke (C) 5:11.2
2-mile—Frank (B) 10:54
Mile relay—Emerson (Albano, Lochstoer, Mastro, Saitta) 4:01.2
Shot put—DiMichele (R) 38-½
Discus—Pecora (Ru) 106-3¼
High jump—Hessmer (C) 5-4
Long jump—Kubik (W) 17-4½
Triple jump—Kubilick (W) 35-9
Pole vault—Fezza (C) 9-6

TEAM SCORES
Cresskill 48, Emerson 39, Rutherford 35, Ridgefield 27, Park Ridge 21, Wood-Ridge and Becton 15, North Arlington and Wallington 14, Leonia 11, Palisades Park 4, Bogota 3, Hasbrouck Hts. 2.

Passaic County Baseball Tournament

FIRST ROUND
Upper Bracket
Wayne at West Milford
Pope Pius at Pompton Lakes
Eastside at Clifton
Neumann Prep at Kennedy

Lower Bracket
Wayne Hills at Don Bosco Tech
Paul VI at Manchester
DePaul at Lakeland
Passaic Tech at Passaic Valley
First round games must be played by May 24

SATURDAY, MAY 28
Quarterfinals at Passaic Valley, 1 p.m. and 3:30 p.m.
Quarterfinals at Passaic Tech, 10 a.m. and 1 p.m.

MONDAY, MAY 30
Semifinals at Passaic Tech, 10 a.m. and 1 p.m.

TUESDAY, MAY 31
Championship at Passaic Tech, 3 p.m.

BERGEN COUNTY

—WOMEN'S—



1977

TRACK AND FIELD

CHAMPIONSHIP

Girls County meet is today

Ridgewood misses Deetz

By Jenny Kellner
Staff Writer

Ridgewood scored 62½ points to easily win its second consecutive Bergen County girls track titile in 1975. Last year, the Maroons won the title again, but by a lesser margin, nipping Paramus Catholic, 32-25, with Becky Deetz accounting for more than half Ridgewood's point total.

This year, Deetz is at Iowa State and coach Jock Brown expects to see a new County champion crowned. "We don't have the horses anymore," he says.

Which leads to the question: Which school will win today's County meet at Hackensack High School (4 p.m.). Speculation from coaches runs to four or five teams, with Rutherford heading the list.

The Bulldogs finished third in the meet last year, but this year have the kind of depth that wins dual meets. Rutherford also performed well on Saturday in the state sectional meet, winning Section 2 with 72 points to Hawthorne's 55.

Their two star performers all-County shot putter Laura Matthews, and sprinter Cindy Mayo both will be competing today. Mayo turned in a career-best 11.4 in the 100 Saturday. She also won the 220 in 26.3, and finished second in the long jump with a leap of 15 feet, eight inches. Matthews, just coming back from an arm injury, finished second in the shot.



Michele Guido

"If we put it all together, we can do it," says assistant coach Jim Roe. "I don't think we can all rise to the same occasion on the same day, but we do have a lot of depth."

There will be some stiff competition in the sprints for Mayo, however. Fort Lee's Diane Horowitz has been running well all year and also did well in Group 3 on Saturday, taking the 100 in 11.4 and placing second in the 200 in 26.3 Defending county champion Erin Erin Mallory is competing for Teaneck.

Teaneck looks strong in the sprints, the quarter mile and the relays, and Roe believes that if the highwaymen's point total gets high (into the 30s, the second-year team has a shot at winning the championship.

There are other teams to be reckoned with. Fort Lee doesn't have just Horowitz, but also an excellent distance runner in Kelly Neilan, who is competing in the two-mile run, and Pam Young in the discus, shot and javelin.

Ramsey looks strong in the distance events with half-miler Lisa Maloof and two-mile runner Colleen DeLia. However, its all-County sprinter Doreer Kris is not competing. Bergenfield, as usual, has a solid team and should earn points in many events.

Another school which finished well last year and should be close again today is Paramus Catholic, led by miller Michele Guido. The Donovan sisters, Mary and Ann, both placed in the high jump on Saturday and should be counted on for some points.

"I think it will come down to the end, with maybe five points deciding the championship — maybeb even three," says Roe. "It should be an interesting meet, at least."

Mayo paces Rutherford

Bulldogs earn Bergen crown

HACKENSACK — The program for the Bergen County girls track meet listed the team champion for each of the three years the meet had been held. And the team was the same for 1974, 1975 and 1976 — Ridgewood.

But Rutherford established itself yesterday as the new power in girls track in the County, collecting 33 points to Teaneck's 27 to win the championship. Ramsey finished a close third with 25 points, with Fort Lee, Hackensack and Ridgewood following.

The Bulldogs' Cindy Mayo assumed the role of high scorer that Becky Deetz had played for Ridgewood last year. The sprinter doubled in the 100 and 220, and also won the long jump with a leap of 16 feet, 7 inches.

Mayo nipped Fort Lee's Diane Horowitz in both sprints with an 11.5 in the 100 and a record 25.3 in the 220. The old record of 27.2 was set by Pascack Valley's Joann Starr in 1976.

In the beginning it looked as if Ramsey had a shot at the title. The Rams zipped off to a 19-3 advantage over Rutherford on Lesa Maloof's victory in the 880, a second in the mile, a second in the discus, and third and fourth places in the 440.

"I wasn't worried," said Rutherford coach John Parise. "None of the finals in Cindy's events had come up yet. She did a super, super job. In fact, the whole team rose to the occasion."

Rutherford collected points in many events, and also had another meet record as shot putter Laura Matthews tossed 38-6, breaking her 1976 record of 36-9. Sue Zak picked up points with a third in the discus and a fifth in the javelin, and Chris Elliott placed third in the javelin.

Ann Revechio of Cliffside Park set a record in the javelin, one of six set during the meet, with a throw of 98-6, two feet further than Pam Young's 1976 throw of 96-5. Michele Giudo of Paramus Catholic broke her own record in the mile with a 5:23.6 performance. Her old record was 5:27.6.

Taryn Carter of Hackensack shattered her own record in the 110 low hurdles, finishing first with a time of 15.1, more than a half-second off her old record of 15.7.

The two relays also saw records, with the Demarest 440 relay team of Terri Shea, Kathy Kraus, Mary Lee Haworth and Barbara Kreiger upsetting Teaneck with a 51.9 performance. Teaneck held the previous record of 52.3. Ramsey's mile team of Karen Kobza, Maloof, Kelly Collums and Deirdre Young also set a record, finishing the mile in 4:08.4. Cliffside Park held the former record of 4:11.8.



Staff photo by Steve Auchard

Jane King of Ridgefield finds a shoulder to lean on after the 880.

County girls meet track summaries

RUNNING EVENTS

100—1, Cindy Mayo, Rutherford, 11.5; 2, Diane Horowitz, Fort Lee, 11.5; 3, Erin Mallory, Teaneck, 11.9; 4, Donna Johnson, Teaneck, 11.9; 5, Terri Shea, Demarest, 11.9.

220—1, Cindy Mayo, Rutherford, 25.3 (Record, old record 27.2 by Joann Starr, Pascack Valley, 1976); 2, Diane Horowitz, Fort Lee, 25.8; 3, Pam Goullian, Cliffside Park, 26.1; 4, Debbie Leopold, Bergenfield, 27.0; 5, Erin Mallory, Teaneck, 27.7.

110 LH—1, Taryn Carter, Hackensack, 15.1 (Record, old record 15.7 by Carter, 1976); 2, Randi Tedona (Waldwick), 15.8; 3, Basset, Teaneck, 16.0; 4, Dawn Donovan, Cliffside Park, 16.1; 5, Darlyne Robinson, New Milford, 16.2.

440—1, Aleta Fisher, Passaic Valley, 59.3; 2, Lynn Goad, Bergenfield, 60.0; 3, Deidre Young, Ramsey, 61.0; 4, Karen Kobza, Ramsey, 61.4; 5, Barbara McHale, Fort Lee, 61.6.

880—1, Lesa Maloof, Ramsey, 2:25; 2, Linda Malarose, Old Tappan, 2:29.3; 3, Allyson Grunder, Ridgewood, 2:29.7; 4, Terri Malaspina, Bergenfield, 2:29.9; 5, Linda Monthoff, Fort Lee, 2:30.

MILE—1, Michelle Guido, Paramus Catholic, 5:23.6 (Record, old record 5:27.6 by Guido, 1976); 2, Colleen Delia, Ramsey, 5:27.9; 3, Jean Chodnicki, Saddle Brook, 5:28.7; 4, Christine MacDonnell, Westwood, 5:31.4; 5, Denise Murphy, Bogota, 5:38.2.

2 MILE—1, Kelly Neilan, Fort Lee, 12:05.3; 2, Lisa Shadler, Bergenfield, 12:16.8; 3, Megan Sexton, Paramus Catholic, 12:40.5; 4, Klara Grade, Ridgewood, 12:56.3; 5, Barbara Reinders, Becton, 13:03.4.

440 RELAY—1, Demarest (Terri Shea, Katie Kraus, Mary Lee Haworth, Barbara Kreiger), :51.9 (Record, old record 52.3 by Teaneck, 1976); 2, Teaneck, 51.9; 3, Englewood, 52.6; 4, Hackensack, 52.7; 5, Cliffside Park, 52.8.

MILE RELAY—1, Ramsey (Karen Kobza, Lesa Maloof, Kelly Collums, Deirdre Young), 4:08.4 (Record, old record 4:11.8 by Cliffside Park, 1976); 2, Teaneck, 4:10.5; 3, Hackensack, 4:16.5; 4, Old Tappan, 4:16.6; 5, Ridgewood, 4:17.1.

FIELD EVENTS

SHOT PUT—1, Laura Matthews, Rutherford, 38-6 (Record, old record 36-9 by Matthews 1976); 2, Karen Krivda, Cliffside Park, 33-2½; 3, Kim Schwickwerth, Old Tappan, 33-0; 4, Beth Williams, Teaneck, 34-10½; 5, Lisa Bauman, Bergenfield, 34-6½.

DISCUS—1, Kyra Threlfall, Demarest, 120-2; 2, Colette Kloetz, Ramsey, 116-2; 3, Sue Zak, Rutherford, 108-8½; 4, Felicia Lee, Teaneck, 107-6½; 5, Pam Young, Fort Lee, 104-5.

HIGH JUMP—1, Sharon Gervasoni, Teaneck, 5-1; 2, Cheryl Dunn, Old Tappan, 5-0; 3, Beth Granata, Ridgewood, 5-0; 4, Mary Donovan, Paramus Catholic, 4-11; 5, Ann Donovan, Paramus Catholic, 4-11.

LONG JUMP—1, Cindy Mayo, Rutherford, 16-7; 2, Deecy Porro, Ridgewood, 16-2½; 3, Pam Hunt, Hackensack, 15-11½; 4, Emboser, Rutherford, 15-8¼; 5, Laurie Miranda, Lyndhurst, 15-8¼.

TRIPLE JUMP—1, Deecy Porro, Ridgewood, 33-5½; 2, Leslie Wovtowitz, Fort Lee, 33-4½; 3, Laurie Miranda, Lyndhurst, 32-9½; 4, Jo Ann LiCata, Saddle Brook, 31-3½; 5, Chris Bond, Lyndhurst, 31-0.

JAVELIN—1, Ann Revechio, Cliffside Park, 98-9 (Record, old record 96-5 by Pam Young, Fort Lee, 1976); 2, Michelle Shelly, Ridgefield Park, 86-1½; 3, Chris Elliott, Rutherford, 86-0; 4, Paula Hunt, Hackensack, 82-4; 5, Sue Zak, Rutherford, 82-1½.

TEAM SCORING

Rutherford 33, Teaneck 27, Ramsey 25, Fort Lee 21, Hackensack 16, Ridgewood 15, Demarest, Old Tappan and Bergenfield 13; Paramus Catholic 12, Pascack Valley 6, Lyndhurst and Saddle Brook 5, Waldwick, Ridgefield Park and River Dell 4, Englewood 3, Westwood 2, Becton, Bogota and New Milford 1.

RIDGEWOOD vs. _____ vs. County Champs Date: 2 June

110 yard low hurdles	McBride 17.3	Deyo 18.5		
100 yard Dash	S. DAVIS 12.0 12.2	BURROWS 13.0		
1 Mile Run	JANET L. / MARGARET	spl	spl	spl
	1/4 85 / 86			
	1/2 ~~85~~ 255 / ~~85~~ 3:00			
	3/4 427 / 439			
	Fin. 557.8 / 6:20			
440 yard Dash	Avery 75.8	spl	spl	spl
	@220 34.5			
	@440			
440 Yard Relay	@110	@220	@330	@440 54.2
880 Yard Run	A. GRUNDER / J. Herste / S. Gambo	spl	spl	spl
	@220 ~~69.8~~			
	@440 69.8 / 78.0 / 85.0			
	@660			
	@880 2:29.7 / 2:40 / 2:55			
220 Yard Dash	Hardy D. 30.0	G. Burrows 30.1	M. Smith 29.4	
2Mile Run	Jamil Nicholson / Klara Grape / Anne Dorsett	spl	spl	spl
	@1/4 128 / 125 / 130			
	@1/2 258 / 255 / 3:09			
	@3/4 433 / 430 / 4:51			
	@mile 612 / 610 / 6:35			
	@1 1/4 802 / ~~9~~ 8:53 / 8:26			
	@1 1/2 / 9:35 / 10:17			
	@1 3/4 / 11:20 / 12:06			
	@2 / 12:56.5 / 13:43			
Mile Relay	Alicia Grunder / Anne Byers / Alison Hefele / Perro 63.1	spl	spl	spl
	@220			
	@440 65.5	2:10.8 65.3	3:14.0 63.2	4:17.1
Long Jump Att #1				
#2				
#3				
#4				

5'0"
4'9"

85'9"
16'2¼" - 33'5½"

Sand 29'7"
86'4"

Girls State Sectional Track Meet

Wayne Hills High School

May 28, 1977

9:00 AM

* ½ inch spikes will be allowed at Jackson High School

RIDGEWOOD VS Sectional Entry DATE 28 May 1977

Bus Leaves 7:45 am WEATHER _____

Meet at Wayne Hills High School TRACK CONDITIONS _____

EVENT	FIRST	SECOND	THIRD	RIDGEWOOD	OPP.	
110 yard hurdles	Granata 16.1	McBride 17.6	Dego 18.8			alternate
100 yard dash	Davis 12.4 12.2	Burrows 13.0	~~Nicholas~~			
1 mile run	Lombaerde 5:51.4	Vandermeys 6:22.5	Jones 6:46.4			
440 yard dash	~~Lorro~~					
440 yard relay	~~Nicholas~~, O'Donnell	Burrows, M.	Smith, Davis	54.2		Porro O'Donnell
880 yard run	Grunder 2:28.0	Hensy 2:35.2				
220 yard dash	Davis 29.0	M. Smith 30.5	O'Donnell 29.9			
2 mile run	Nicholson 15:20.0	Grape 13:07.5	Dorsett 13:59.5			
1 mile relay	Grunder 65.5	Byers, Hafele 67.3	Porro 65.4 63.5	4:21.7		Hensy O'Donnell
shot put	Miles	Fontaine 30'1"	Erickson 28'3¼"			
discus	Miles 87'1"	Deety	Erickson			
high jump	Granata 4'8"	Hoban 4'10"	Van Hoven 4'10"			B. Smith
long jump	Davis	Porro 14'2"	O'Rourke 13'6"			
JAV	Erickson	Maguire 77'10"	~~Lattey~~			
			FINAL SCORE			

OUR Big Meet
First 5 in each event
go to State Group meet.

Girl sectional summaries

Group 1

RUNNING EVENTS

2 MILE—1, Debbie Blades, Vernon, 12:43.5; 2, Irene Coleman, Bogota, 13:38.6; 3, Sylvana Scalise, Palisades Park, 13:52.8; 4, Rosemary Metcalfe, Secaucus, 14:21.2; 5, Madelyn Detitta, Bogota, 15:00.4.

110 LH—1, Linda Weiemenreder, Secaucus, 16.0; 3, Ellen Kosel, Park Ridge, 16.3.

880—1, Cathy Stone, Vernon, 2:22.3; 2, Ellen Turro, Midland Park, 2:27.2; 3, Tie between Kathy Meeney, Secaucus and Lorna Tonn, Secaucus, 2:30.5.

100—1, Mary Anne Huff, Newton, 12.1; 2, Laurie Jeffer, Midland Park, 12.1; 3, Diane Case, Franklin, 12.3; 4, Edna Schoenrock, Secaucus, 12.4; 5, Roxanne Springmeyer, Bogota, 12.7.

440—1, Eileen Hughes, 61.9; 4, Eartha Kuhzweiler, Hasbrouck Heights, 65.5; 5, Laura Green, Park Ridge, 66.5.

MILE—1, Denise Murphy, Bogota, 5:51.8; 2, Terri Denzau, Midland Park, 5:57.3; 3, Mary Jo Trusso, Secaucus, 6:05.7; 4, Jill Penrice, Secaucus, 6:12.6; 5, Joanne Nazzaro, Park Ridge, 6:13.6.

220—1, Diana Case, Franklin, 28.3; 2, Edna Schoenrock, Secaucus, 29.3; 3, Roxanne Springmeyer, Bogota, 29.4; 4, Delia McDarby, Park Ridge, 29.4; 5, Lori Springmeyer, Park Ridge, 30.0.

MILE RELAY—1, Vernon (Amy Krauss, Nancy Krauss, Paulette Melicharek, Nancy Henninger), 4:23.5; 2, Midland Park, 4:28.2; 3, Secaucus, 4:29.1; 5, Bogota, 4:33.5.

440 RELAY—1, Vernon, 52.6; 2, Newton, 52.6; 3, Midland Park, 53.9; 4, Franklin, 54.2; 5, Tie between Secaucus and Bogota, 54.8.

FIELD EVENTS

SHOT PUT—1, Laura Franco, Weehawken, 36-6½; 2, Margaret Thomson, Park Ridge, 32-4½; 3, Linda Diemer, Secaucus, 31-11½; 4, Lynn Callahan, Franklin, 31-9½.

HIGH JUMP—1, Kathy Wydner, Newton, 4-9; 2, Kathy Meeney, Secaucus, 4-8; 3, Connie Luis, Weehawken, 4-8; 4, Mary Ann Anderson, Secaucus, 4-8; 5, Diane Sweller, Franklin, 4-8.

JAVELIN—1, Betsy Hooey, Newton, 97-2½; 2, Lynn Callahan, Franklin, 86-8; 4, Dorothy Littell, Franklin, 81-3.

LONG JUMP—1, Kathy Wydner, Newton, 15-6; 4, Mary Ann Anderson, Secaucus, 14-10; 5, Michelle Sullivan, Midland Park, 14-7.

DISCUS—1, Noreen Velten, Palisades Park, 111-2¼; 2, Nora Thompson, Park Ridge, 99-0; 3, Laura Franco, Weehawken, 91-2½; 4, Linda Diemer, Secaucus, 88-4½; 5, Linda Herman, Bogota, 77-10½.

TEAM SCORES

Secaucus 40½, Vernon 40, Newton 34, Bogota 24½, Franklin 20, Midland Park 20, Park Ridge 15, Weehawken 12, Palisades Park 9, Kittatinny 7, Hasbrouck Heights 2.

Group 2

RUNNING EVENTS

2 MILE—1, Doreen Conklin, Hopatcong, 12:17.6; 2, Cathy Daly, Rutherford, 12:26.1; 3, LaVonne Kruse, Sparta, 12:47.8; 4, Donna Duggan, DePaul, 12:48.3; 5, Barbara Reinders, Becton, 13:03.8.

110 LH—1, Darlyne Robinson, New Milford, 15.4; 2, Holly Wehner, Rutherford, 15.4; 3, Sandy Giorda, Hawthorne, 15.6; 4, Randi Tedona, Waldwick, 16.0; 5, Kay Van Der Eems, Hawthorne, 16.4.

880—1, Holly Wehner, Rutherford, 2:26.6; 3, Terri Embser, Rutherford, 2:32.4; 4, Cheryl Schucal, Hawthorne, 2:35.4; 5, Claire Lang, Saddle Brook, 2:36.4.

100—1, Cindy Mayo, Rutherford, 11.4; 2, Lynn Prendergast, Hawthorne, 11.7.

440—1, Terry Dembeck, Hawthorne, 58.3; 2, Eileen Kosch, Hawthorne, 62.6; 4, Laurie Carter, Rutherford, 63.6; 5, Sandy Giorda, Hawthorne, 64.2.

MILE—1, Jean Chodnicki, Saddle Brook, 5:33.4; 2, Rose Dell Aquila, Manchester, 5:42.9; 5, Gail Slevin, DePaul, 6:10.4.

220—1, Cindy Mayo, Rutherford, 26.3; 3, Lisa Venturo, Manchester, 28.4; 5, Sue Buehler, Rutherford, 29.5.

MILE RELAY—1, Hawthorne (Eileen Kosch, Sandy Giorda, Terri Dembeck, Nancy Drew), 4:20.0; 2, Rutherford, 4:24.3.

440 RELAY—1, Hawthorne (Ilham Shucai, Eileen Kosch, Terri Dembeck, Lynn Prendergast), 51.5; 2, Rutherford, 52.0; 3, Waldwick, 52.6.

FIELD EVENTS

SHOT PUT—1, Dianne Garbe, Rutherford, 35-5¼; 2, Laura Mathews, Rutherford, 35-1½; 3, Mary Beth Mahlamann, DePaul, 34-3; 5, Denise Della Torre, Hawthorne, 30-7.

HIGH JUMP—1, Kay Van Der Eems, Hawthorne, 5-1; 2, Mary Selletti, Manchester, 5-0; 3, Heidi Van Wyckhouse, Hawthorne, 4-10.

JAVELIN—1, Sue Zak, Rutherford, 96-7; 2, Chris Elliott, Rutherford, 91-11; 5, Diane Papenberg, Rutherford, 90-1.

LONG JUMP—1, Lynn Prendergast, Hawthorne, 15-11½; 2, Cindy Mayo, Rutherford, 15-8; 5, Terry Embser, Rutherford, 15-3.

DISCUS—1, Sue Zak, Rutherford, 106-6¾; 2, Barbara Reinders, Becton, 101-8; 3, Lynn DeFlora, Hawthorne, 97-6¾; 4, Denise Della Torre, Hawthorne, 95-5½; 5, Lena Raber, Hawthorne, 85-9.

TEAM SCORES

Rutherford 72, Hawthorne 55, Sparta 20, High Point 16, Hopatcong 9, Manchester 9, Saddle Brook 7, New Milford 6, DePaul 6, Waldwick 5, Becton 5, Sussex Tech 5, Lenape Valley 5, Holy Family 1.

Group 3

RUNNING EVENTS

2 MILE—1, Lucy Sheldrick, Union Hill, 11.49.4; 2, Megan Sexton, Paramus Catholic, 12:41.6; 3, Sandy Newette, Northern Highlands, 13:04.7; 4, Angela Beharry, Union Hill, 13:16.9; 5, Jody Turton, Demarest, 13:23.6.

110 LH—1, Judy Davis, Lincoln, 15.5; 2, Josie Ramos, Hoboken, 15.5; 3, Dawn Donovan, Cliffside Park, 15.7; 4, Anne Boyes, Pascack Hills, 16.0; 5, Cheryl Morrison, Lincoln, 16.2.

880—1, Tina McMillan, Ferris, 2:22.2; 2, Lesa Maloof, Ramsey, 2:26.2; 3, Linda Richardson, Lincoln, 2:27.8; 4, Nancy Quinones, Hoboken, 2:29.3; 5, Linda Wolthoff, Fort Lee, 2:30.0.

100—1, Diane Horowitz, Fort Lee, 11.4; 2, Linda Pickering, Lincoln, 11.4; 3, Laurann Mastri, Northern Highlands, 11.9; 4, Mary Ann Shea, Demarest, 12.0; 5, Gwen White, Hoboken, 12.1.

440—1, Marion Davis, Lincoln, 58.1; 2, Ruth Ford, Lincoln, 58.8; 3, Aleta Fischer, Pascack Valley, 59.2; 4, Diedre Young, Ramsey, 61.5; 5, Barbara McHale, Fort Lee, 62.2.

MILE—1, Michelle Guido, Paramus Catholic, 5:23.5; 2, Kelly Neilan, Fort Lee, 5:24.3; 3, Cathy McDonnell, Westwood, 5:35.8; 4, Colleen DeLia, Ramsey, 5:46.4; 5, Colleen Dunn, Old Tappan, 5:47.3.

220—1, Linda Pickering, Lincoln, 26.2; 2, Diane Horowitz, Fort Lee, 26.3; 3, Joyce Morrison, Lincoln, 27.2; 4, Karen Kobza, Ramsey, 27.3; 5, Gwen White, Hoboken, 28.1.

MILE RELAY—1, Lincoln (Ruth Ford, Judy Davis, Marion Davis, Linda Richardson), 4:02.6; 2, Ramsey, 4:10.1; 3, Fort Lee, 4:10.7; 4, Cliffside Park, 4:15.2; 5, Hoboken, 4:16.5.

440 RELAY—1, Lincoln, 50.6; 2, Cliffside Park, 51.8; 3, Northern Highlands, 52.1; 4, tie between Hoboken and Demarest, 52.7.

FIELD EVENTS

SHOT PUT—1, Karen Krivda, Cliffside Park, 38-½; 2, Colette Kloetz, Ramsey, 35-11¼; 3, Dawn Anderson, West Milford, 35-11; 4, Kim Schwickrath, Old Tappan, 34-3; 5, Mary Ann Johnson, Old Tappan, 34-1¼.

DISCUS—1, Kyra Threlfell, Demarest, 120-3½; 2, Colette Kloetz, Ramsey, 119-11; 3, Pam Young, Fort Lee, 108-1; 4, Linda Clayton, Demarest, 105-3½; 5, Dawn Anderson, West Milford, 100.10.

JAVELIN—1, Dawn Anderson, West Milford, 122-10; 2, Ruth Somerville, West Milford, 108-1½; 3, Pam Young, Fort Lee, 107-3; Laura Diehl, West Milford, 98-9; 5, Kim Shelley, Ridgefield Park, 97-5½.

LONG JUMP—1, Stephanie Bembridge, Northern Highlands, 16-7; 2, Peggy Bonin, Northern Highlands, 15-10; 3, Michele Wright, Union Hill, 15-10; 4, Ann Boyes, Pascack Hills, 15-8; 5, Maria Perez, Emerson (UC), 14-4.

HIGH JUMP—1, Tina McMillan, Ferris, 5-1; 2, Mary Donovan, Paramus Catholic, 5-1; 3, Ann Guercio, Ridgefield Park, 5-0; 4, Ann Donovan, Paramus Catholic, 5-0; 5, Leslie Woytowicz, Fort Lee, 4-10.

TEAM SCORES

Lincoln 45, Fort Lee 26, Ramsey 22, Northern Highlands 19, West Milford 16, Paramus Catholic 16, Cliffside Park 15, Ferris 12, Union Hill 11, Hoboken 10½, Demarest 12½, Old Tappan 4, Ridgefield Park 4, Pascack Hills 4, Westwood 3, Pascack Valley 3, Emerson (UC) 1.

Group 4

RUNNING EVENTS

2-MILE—1, Lisa Shadler, Bergenfield, 12:33.0; 2, Michelle Perry, Kennedy, 12:43.8; 3, Lisa Tolan, Kearny, 12:50.6; 4, Marcia Rousseau, Eastside, 12:53.8; 5, Kiara Grape, Ridgewood, 13:07.5.

110 LH—1, Taryn Carter, Hackensack, 14.9; 2, Vicki Smith, Eastside, 15.3; Marie Soracco, North Bergen, 15.4; 4, Penny Bassett, Teaneck, 15.6; 5, Yvonne Ervin, Snyder, 15.6.

880—1, Pam Dehays, Kearny, 2:21.1; 2, Kim Meyer, Wayne Hills, 2:21.7; 3, Val Crenshaw, Wayne Valley, 2:27.1; 4, Jo-Anne Gouveia, Kearny, 2:27.3; 5, Alyson Grunder, Ridgewood, 2:28.0.

100—1, Connie Fletcher, Eastside, 11.6; 2, Karlene Ellington, Eastside, 11.6; 3, Alice Cook, Eastside, 11.9; 4, Sylvia Jackson, Snyder, 12.2; 5, Erin Mallory, Teaneck, 12.2.

440—1, Dawn Booth, Teaneck, 60.9; 2, Lynn Good, Bergenfield, 60.9; 3, Michelle Petzold, Wayne Valley, 61.8; 4, Carol Swann, Eastside, 61.9; 5, Tammy Adair, Indian Hills, 66.8.

220—1, Connie Fletcher, Eastside, 25.9; 2, Sylvia Bryant, Snyder, 26.6; 3, Debbie Leopold, Bergenfield, 26.8; 4, Karlene Ellington, Eastside, 27.2; 5, Vicki Smith, Eastside, 27.9.

MILE—1, Nina Zollo, Wayne Hills, 5:26.5; 2, Maureen Snyder, Teaneck, 5:39.8; 3, Joyce Barmore, Passaic Valley, 5:46.2; Leslie Chiocco, Memorial, 5:49.3; 5, Pat Greene, Bergenfield, 5:50.5.

MILE RELAY—1, Snyder, 4:10.0; 2, Teaneck, 4:13.5; 3, Hackensack, 4:16.6; 4, Eastside, 4:17.3; 5, Kennedy, 4:17.5.

440 RELAY—1, Eastside, 49.5; 2, Snyder, 51.1; 3, Teaneck, 52.3; 4, Bergenfield, 52.5; 5, Wayne Hills, 54.0.

FIELD EVENTS

DISCUS—1, Felicia Lee, Teaneck, 101-1; 2, Inez Ferguson, Eastside, 97-0; 3, Pat Klaube, North Bergen, 95-1; 4, Darcy Bauman, Bergenfield, 94-11; 5, Lisa DiBisegle, Memorial, 93-10½.

JAVELIN—1, Michelle Ziegler, Kearny, 105-5; 2, Paula Hunt, Hackensack, 104-9; 3, Lauren Connell, Wayne Valley, 93-1; 4, Lenni Maguire, Ridgewood, 77-10; 5, Ellen Lewis, Snyder, 72-2.

SHOT PUT—1, Pat Klaube, North Bergen, 35-10¼; 2, Anita Michelson, Memorial, 34-9¾; 3, Joanne Van Dalen, Wayne Valley, 34-7½; 4, Lisa DiBisegle, Memorial, 34-7; 5, Darcy Bowman, Wayne Hills, 34-2¾.

LONG JUMP—1, Gwen Huntley, Eastside, 15-10; 2, LaVerne Harrison, 15-10; 3, Marie Sorraco, North Bergen, 15-8; 4, Althea Davidson, Kennedy, 15-6; 5, Audrey Savage, Kennedy, 15-4.

HIGH JUMP—1, Althea Davidson, Kennedy, 5-1; 2, Jody Ciougoli, Memorial, 5-1; 3, Marie Sorracco, North Bergen, 5-1; 4, Paula Kaplan, Wayne Valley, 5-0; 5, Sharon Gervasoni, Teaneck, 5-0.

TEAM SCORES

Eastside 52, Teaneck 27, Bergenfield 19, North Bergen 18, Snyder 18, Kearny 17, Kennedy 14, Wayne Valley 14, Memorial 13, Hackensack 13, Wayne Hills 11, Ridgewood 4, Passaic Valley 3, Indian Hills 1.

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION
Route 130, P.O. Box 487 Robbinsville, N.J. 08691

1977 GIRLS TRACK AND FIELD CHAMPIONSHIPS

TO: THE ATHLETIC DIRECTOR AND GIRLS TRACK COACHES

The New Jersey State Interscholastic Athletic Association extends to you and your school a most cordial invitation to participate in the STATE TRACK PROGRAM FOR GIRLS. Attached are the instructions and entry blanks for your school. PLEASE HAVE YOUR COACH READ THE INSTRUCTIONS CAREFULLY.

DATE OF MEETS

SECTIONAL MEETS — 9:00 A.M. — SATURDAY, MAY 28, 1977

North I - Wayne Hills High School

Meet Director: Ms. Chris Murphy
Wayne Hills High School
Wayne, New Jersey 07470
School Phone: (201) 694-8600

North II - Cranford High School

Meet Director: Miss Kathy Luckey
Westfield Senior High School
Westfield, New Jersey 07090
School Phone: (201) 232-2020
Home Phone: (201) 583-3639

Central - South Plainfield High School

Meet Director: Miss Beth Dakelman
60 B Cedar Lane
Highland Park, New Jersey 08904
Home Phone: (201) 247-6679

South - Toms River High School South

Meet Director: Mrs. Betty Fontana
Jackson Memorial High School
Jackson, New Jersey 08527
School Phone: (201) 928-1400 Ext. 260
Home Phone: (201) 276-6064

QUALIFYING ROUNDS FOR STATE GROUP CHAMPIONSHIP MEETS - LONG JUMP AND HIGH JUMP ONLY

ALL GROUPS — 3:30 P.M. — TUESDAY, MAY 31, 1977

SITE: Jackson Memorial High School
Meet Director: Ms. Delphina Best
Jackson Memorial High School
Jackson, New Jersey 08527
School Phone: (201) 928-1400 Ext. 260

(over)

1977 GIRLS TRACK AND FIELD CHAMPIONSHIPS

SCHEDULE OF MEETS

Saturday, May 28, 1977	- 9:00 A.M.	-	State Sectionals
Tuesday, May 31, 1977	- 3:30 P.M.	-	Qualifying for Long Jump and High Jump
Saturday, June 4, 1977	- 9:00 A.M.	-	State Group Championships
Tuesday, June 7, 1977	- 3:30 P.M.	-	Qualifying for Long Jump and High Jump
Thursday, June 9, 1977	- 3:30 P.M.	-	State Championships

COACHES MEETINGS - ONE HALF HOUR BEFORE START OF EACH MEET

TIME SCHEDULE

State Sectionals - State Group Championships

Order of Track Events - 9:00 A.M.

Group I, II, III, IV	*110 yd. low hurdles	Trials; Semifinals
Group IV, III, II, I	*100 yd. dash	Trials; Semifinals
Group I, II	2 mile run	Finals
Group I, II, III, IV	440 yd. run	Trials
Group III, IV	2 mile run	Finals
Group I, II, III, IV	220 yd. dash	Trials

Break

Group I, II, III, IV	110 yd. low hurdles	Finals
Group I, II, III, IV	880 yd. run	Finals
Group I, II, III, IV	100 yd. dash	Finals
Group I, II, III, IV	440 yd. dash	Finals
Group I, II	mile run	Finals
Group I, II, III, IV	220 yd. dash	Finals
Group III, IV	mile run	Finals
Group I, II, III, IV	mile relay	Finals
Group I, II, III, IV	440 yd. relay	Finals

*WE WILL RUN QUALIFYING HEATS IN 100 YD. DASH AND 110 YD. LOW HURDLES AT THE SAME TIME.

Order of Field Events - 9:00 A.M.

Group I, II, III, IV	Shot Put
Group III, IV, I, II	Discus
Group II, III, IV, I	Javelin
Group I, II, III, IV	High Jump
Group III, IV, I, II	Long Jump

*THE TIME SCHEDULE IS A TENTATIVE ONE. WE CANNOT PREDICT THE EXACT TIME EACH EVENT WILL START AND FINISH. IT IS THE RESPONSIBILITY OF THE COMPETITOR AND COACH TO SEE THAT THE COMPETITOR REPORTS WHEN THE EVENT IS CALLED



1977 GIRLS TRACK AND FIELD
STATE GROUP CHAMPIONSHIPS
JACKSON MEMORIAL HIGH SCHOOL
SATURDAY, JUNE 4, 1977

Lean day in track for Bergen

PISCATAWAY — Miler Nina Zollo of Wayne Hills gave the Bergen-Passaic area its lone win in the New Jersey State Interscholastic Athletic Association Meet of Champions Friday by capturing her specialty in 5:05.

Zollo finished 4.3 seconds ahead of Nancy Seager of Roxbury.

The best finish by a Bergen athlete also was by a girl. Demarest's Kyra Threlfall finished second in the discus with a toss of 113 feet, 10 inches. Sharon Redvict of Monmouth, who doubled with wins in the discus and shot put, took the former with a flip of 124-7. Hawthorne's Terry Dembek also came home with a silver medal, taking a second in the 440 behind Hackettstown's Penny Fales. Dembek was clocked in 57.1, eight-tenths of a second behind Fales.

Bergen boys collected three third places, a fourth and a fifth. Demarest's Bob Celantano was third in the shot put with 57-8. Felix Lee of Highland Park won the event with a put of 62-10, with Passaic's Howie Horowitz fifth at 56-11.

Leonia weightman Frank Casella placed third in the discus with a 163-foot effort. Madison Central's Gary Williky did 175-1 to earn the gold medal. Also taking a third place was Bergen Tech distance ace Scott Sarnoski with a 9:21.4 two-mile. Sarnoski finished almost six full seconds behind winner Ron Gale of Christian Brothers Academy.

Don Jarvis of Indian Hills was fourth in the long jump with a leap of 22 feet. Kurt Stebbins of Sparta did 22-7½ to win. Mike Collins of Don Bosco was the only other Bergen boy to place, taking fifth in the javelin with a throw of 182-5, behind winner Ken Darwal of Sayreville (199-4).



Kyra Threlfall

Boys

MILE—1, Kevin Leonard, Parsippany, 4:16.2.
SHOT PUT—1, Felix Lee, Highland Park, 62-10; 3, Bob Celentano, Demarest, 57-8; 5, Howie Horowitz, Passaic, 56-11.
120 HH—1, Dav Still, Pennsauken, 13.8.
100—1, Tim White, Asbury Park, 10.0.
440—1, John Bailey, Monmouth, 48.6.
JAVELIN—1, Ken Darwal, Sayreville, 199-4; 5, Mike Collins, Don Bosco, 182-5.
DISCUS—1, Gary Williky, Madison Central, 175-1; 3, Frank Casella, Leonia, 163-0.
220—1, Tim White, Asbury Park, 21.9.
330 IH—1, Chris Person, Plainfield, 37.9.
880—1, Tavo Riverton, Pemberton, 1:55.
HIGH JUMP—1, Dan Monchek, Piscataway, 6-8.
TWO-MILE—1, Ron Gale, CBA, 9:15.7; 3, Scott Sarnoski, Bergen Tech, 9:21.4.
POLE VAULT—1, Vince Reilly, St. Joseph's (Metuchen), 15-½, meet record, old record 15-0 by Reilly in 1976.
LONG JUMP—1, Kurt Stebbins, Sparta, 22-7½; 4, Don Jarvis, Indian Hills, 22-0.

Girls

TWO-MILE—1, Mary Banks, Raritan, 11:08.3.
LONG JUMP—1, Julie Smithers, Lakewood, 18-5.
JAVELIN—1, Judy Madea, Monmouth, 137-6.
DISCUS—1, Sharon Redvict, Monmouth, 124-7; 2, Kyra Threlfall, Demarest, 113-10.
SHOT PUT—1, Sharon Redvict, Monmouth, 44-1.
100—1, Lori Lewis, Woodbury, 11.1.
440—1, Penny Fales, Hackettstown, 56.3; 2, Terry Dembek, Hawthorne, 57.1.
220—1, Lori Lewis, Woodbury, 25.1.
MILE—1, Nina Zollo, Wayne Hills, 5:05
880—1, Joetta Clark, Columbia, 2:12.6, meet record, old record 2:13.5 by Linda Richardson, Lincoln, in 1976.
110 LH—1, Julie Smithers, Lakewood, 14.1, meet record, old record 14.2 by Yvonne Smith, Monmouth, in 1975.
MILE RELAY—1, Columbia, 3:54.6.

24 HOUR RELAY RULES:

a. The relay must be run on a track.

b. Any group of runners may form a team, with a minimum of two and a maximum of 10 runners.

c. Before starting, each team must decide on the order its members will be running, and this order must be kept throughout the relay.

d. Each person must run exactly one mile each time it is her turn to run

e. Only the original runners may run. No substitutes!

f. If a runner drops out (either missing a turn or quitting during a mile), then she is out for good. But the team may continue. A team also may stop its relay, either for rest or waiting for a runner to show up.

g. Only completed individual miles count towards the team's total (except the partial mile at the end).

h. Each team must carry a baton at all times, and it must be handed off within a reasonable distance of the starting line

i. A non-competitor (not necessarily the same one at all times) always must be on hand recording mileage.

24 HOUR RELAY

Jamie Nicholson	6:40	6:16	6:26.1	6:22:56	36:1	6:27:9	6:36	6:27.9	6:32.46	6:31.6	6:53.8	
Alyson Grunder	6:11	6:16	6:38:8	6:46:7	6202	6:37:7	6:41	6:11.0	6:48.76	6:40.4	6:58.7	
Ann Dorsett	7:11:6	7:08	7:30:6	7:12:3	7:19:9	7:26:6	7:32	7:13.4	7:10.6	7:14.6	7:06.5	
Janet Lombaerde	6:58.9	6:37	6:41:6	6:50:8	6:48.6	7:00:3	7:01:5	7:10.5	7:06.9	7:22.5	7:21.8	
Deecy Porro	7:02:8	6:539	7:12:9	7:09:6	7:26:9	7:44:2	8:00.5	7:31.6	7:37	8:02	7:46.2	
Jeanne Hensz	6:549	6:48.8	6:58.46	6:53.1	7:06:4	7:18	7:30.9	7:52	7:43	8:36	8:42	
Klara Grape	6:32:8	6:40.9	6:39:56	6:46	6:48.7	6:34	6:37.6	6:43.1	6:47.7	6:50.1	6:41.5	
Margaret Vandermeys	6:46.1	6:56	6:55:2	6:56	6:58.9	6:56.2	7:05.4	7:00.9	7:07.4	7:16.9	7:10.7	

88 MILES

Jamie Nicholson	6:13	6:46.7	7,09	7:48.1	6:35.8	6:48.9	7:24.4	8:15.2	6:44.5	6:53.5	6:59.8	
Alyson Grunder	6:29.6	6:28.0	6:38.8	6:38.5	6:34.9	6:56.6	6:51.9	6:57.9	6:57.1	7:11.3	6.51.7	
Ann Dorsett	7:00.9	7:01.2	6:54.7	7:02.0	6:39.3	6:40.7	6:46.5	6:56.8	7:19.2	7:08.5	6:45.8	
Janet Lombaerde	7:14 (Sleeping)	7:21.5 10	7:23.4	7:13.8	6:55.0	7:08.4	7:24.8	7:22.3	7:21.0	7:25.3	7:12.6	
Deecy Porro	9:54	8:41.3	9:29.3	9:03.4 ?	8:54.2	9:04.1	8:10.7	8:58	8:20.7	9:09.2	10:23.1	
Jeanne Hensz	9:07.9	8:18 12	8:49.6	8:03	8:38.2	8:07.8	8:08.1	8:51.2	8:34.0	8:37.5	8:56.1	
Klara Grape	6:53.4	7:32	8 9:46.5	7:03.0	7:14.8	7:09.7	7:12.8	6:54.5	7:01.8	7:13.5	7:34.9	
Margaret Vandermeys	7:26.9	7:16	9:25.7	7:27.6	7:18.6	7:24.3	7:34.5	7:43.2	7:24.7	7:29.5	7:48.8	
						136	144	152	160	168	176	

24 HOUR RELAY

Jamie Dickerson	7:52	7:52.4	8:19.7	+147 yds		
Alyson Grander	6:48.5	7:15.5	7:24.2	25 miles	6:43.8	6:45.0
Ann Dorsett	7:20	6:53.0	7:16.3			
Janet Lombaerde	7:16.3	7:01.7	6:56.8			
Deecy Porro	~~[illegible]~~	—	—			
Jeanne Hensz	8:13.9	8:07.2				
Klara Grape	7:44.7	6:59.8	7:47.9			
Margaret Vandermeys	8:20.2	7:48.5	8:05.7			

183 149

197 miles 147 yards

24 HOUR RELAY

Colleen Speidel	6:40	6:56	6:36	6:53	6:54	6:57	6:41	7:45	7:15.5	7:14	7:51	
Engrid Lander	6:36	6:44.8	7:30.4	7:19.5	7:05.6	7:24.7	7:38	7:12	7:37.3	7:53	7:31	
Janet Schneidermann	8:24.5	8:51.9	8:57.5	9:10.5	8:25	8:53	9:24	9:25	9:03	9:32	9:44	
Lenni Maguire	7:47.6	7:33.5	7:37.8	8:05.4	7:40	8:16.4	8:07.4	8:03	8:26	8:30	8:51	
San Ong	7:01	6:53	8:31	7:07	7:03.8	7:21	7:25	7:24.5	7:37	7:51	7:48	
~~Mary~~ Lisa Erickson	8:47.4	8:50.5	9:32	9:33.8	9:22	9:47.2	10:20	9:24.5	9:31	10:19	11:01.5	
Mary O'Neill	7:08	7:09.4	6:57.7	7:04.2	7:09.2	~~6:51~~ 8:14	7:36.8	7:29.8	7:35	7:33	7:27	

Colleen Speidel	7:31.5	8:11.5	7:12	9:17	8:44.3	8:18.4	7:59	8:23	11:32	9:37	7:43	
Engrid Lander	7:38	8:23.5	8:48.5	8:45.6	8:43.6	9:02.2	8:51.5	↑ 10:42.0	11:31	9:42	9:23	
Janet Schneidermann	9:33	10:27	10:27.5	10:13	9:21	8:28.4	9:42.5	~~9:50~~ 11:56	10:05	10:23*		
Lenni Maguire	8:42	9:15	10:24.5	13:20	15:37.5	16:52	-					
San Ong	8:03	7:51	7:33.5	7:29	7:41	7:18	7:48	8:28	7:36	8:37		
Lisa Erickson	10:50	11:05.3	10:59	11:16	11:22.6	12:01	-					
Mary O'Neill	7:08.3	7:17	6:58.5	6:53.5	7:30	7:18.5	8:23	7:42	8:18	7:47		

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	Montclair	Fairlawn	Paramus	Teaneck	Hackensack	Bergenfield	Wayne Valley	Passaic Valley	Ramsey	North Bergen Relays	Union Hill	Memorial	Rutherford	Holmdel County Relays	Bernardsville	League Champs	County Champs	Sectionals	Groups	
Sue Davis		12¼	14¼	1	2½	9	12¼	10	10¼		1					¾				73½
Dee Doyle				1	1		1													3
Beth Granata	8	7¼	7¼	8	8	6	5		8					2X		6	3			68½
Alison Hefele					5		2¼	6¼								¼	¼			14
Lennie Maguire													⅔				2			2⅔
Jamie Nicholson	3	5	5	1	1			5					1½			2				23½
San Ong			1	3		1	3													8
Beth Smith	3	2¼																		5¼
Margaret Vandemay							1	3												4
Diane Bulwin																				
Anne Byers		2½	2½				1¼	4¼								¼	¼			11
E. Cleveland																				
Ann Dorsett	5	3	5	5	5	3	5	1	1				1½			1				35½
Klara Grape	1					1	3	3	5							3	2	1		19
Alyson Grunder	5	6¼	4¼	5	5	5	6¼	3	3		1		1½			4¼	3¼	1		53¾
Maureen Laffey		1						1					⅔							2⅔
Mary McBride	1	1				1			1											4
Karen Smith		2¼	2¼		1			1						¼						6¾
Pam Van Hoven	1	2¼				5	3		5					2						18¼
Gina Burrows		1¼	1¼				2¼		1¼							¾				6¾
Missy Deety	5					1	1													7
Pam Deyo		3	1																	4
Lisa Eriksson	2	3	1		1								⅔							7⅔
Cathy Fontaine						3	1	3												7
Jane Henry								6¼												6¼
Trisha Hoban		2¼		1	3	3	1		1					2						13¼
Janet Lombaerde	1	3	3	3	3	3	5	1	1				1½							24½
Chris Melchers							1¼	1	1¼							¾				4¼
Sarah Miles	1	3	1	3	4	1		10	3							4				30
Mary O'Neill	1	1	3	1			1													7
Chris O'Rourke														2						2
Dacey Porro	6	11¼	11¼			4	4¼	4¼	6		1			2¼		4¼	10¼			64¾
Michelle Smith		2¼	4¼				1¼		1¼		1			2¼		¾				13
Julie Roach				½	½															1
	43	75	74	32½	40	46	61	65	48		4	8		13		28	19	4	560.5	553.
Julie Jones								1												1
Carrie O'Donnell														¼						¼

To Elaine - 6/1

GIRLS TRACK + FIELD LETTER WINNERS

(28)

Seniors: Sue Davis ✓ *
Dee Doyle ✓
Beth Granata ✓ *
Alison Hefele ✓ *
Lennie Maguire ✓
Jamie Nicholson ✓ *
San Ong ✓ *
Beth Smith ✓ *
Margaret Vandermeys ✓ ~~*~~

9 ~~10~~ stars
19 ~~18~~ Letters

Juniors: Ann Byers
Ann Dorsett *
Klara Grape
Alyson Grunder *
Karen Smith
Pam VanHoven *

Sophomores: Gina Burrows ✓
Missy Deety ✓
Lisa ~~Erickson~~ Erickson
Cathy Fontaine
Trisha Hoban
Janet Lombaerde
Carrie O'Donnell ✓
Chris Melchers ✓
Sarah Miles ✓
Mary O'Neill ✓
Chris O'Rourke ✓
Deecy Porro
Michelle Smith



TARYN CARTER
Hackensack



CYNTHIA MAYO
Rutherford



ALETA FISCHER
Pascack Valley



MICHELE GUIDO
Paramus Catholic



KELLEY NEILAN
Fort Lee



LAURA MATTHEWS
Rutherford



KYRA THRELFALL
Demarest

1977



SHARON GERVASONI
Teaneck



STEPHANIE BEMBRIDGE
Northern Highlands

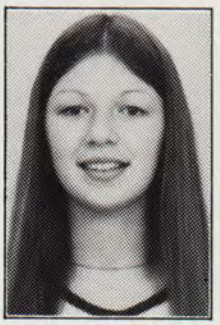
All-Bergen Girls Track



DEECY PORRO
Ridgewood



TERRI SHEA



MARY LEE HOWARTH



KATIE KRAUS

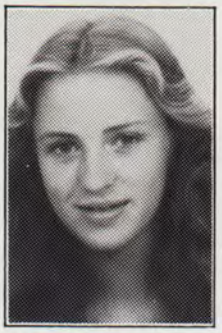


BARBARA KRIEGER

Demarest



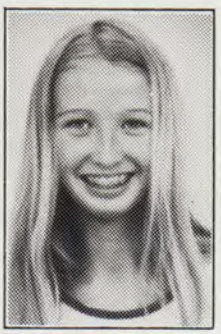
ANNIE REVIECCIO
Cliffside Park



KAREN KOBZA



LESA MALOOF



KELLEY COLLUMS



DEIRDRE YOUNG

Ramsey

Frosh makes all-County

Bembridge is top long jumper

By Jenny Kellner
Staff Writer

Youth again is evident on this year's all-Bergen girls track team as selected by the Bergen County Women's Coaches Association. This is most apparent in the long jump, where Stephanie Bembridge was the first-team selection.

The Northern Highlands freshman was undefeated in eight dual meets, and leaped 17 feet, 7½ inches to set a Northern Bergen Interscholastic League record. She averaged 17-1 and won the Group 3 sectional at 16-9½ performance. She also took fourth in the State group championships at 16-9.

Bembridge also high jumps (4-11), runs the 440 (61.4) and anchors the mile relay team, which has done a 4:18.

The first-team members and their coaches will be honored at The Record's Spring Sports Award banquet at the Cottage Inn in Lodi.

Here is a closer look at the rest of the team:

TARYN CARTER—The Hackensack senior qualified for the National AAU track and field championships, which began yesterday in California, having turned in a 14.2 in the 110-low hurdles. She broke her own County meet record by .6 seconds last week with a 15.1 performance. This is her second year on the all-County team.

CYNTHIA MAYO—The sprinter from Rutherford moves up from honorable mention to take all-County in the 100 and 220. She led the Bulldogs to their first County championship, scoring 18 points in winning the 100, 220 and long jump. She has run 11.4 in the 100 several times this season. She set a County record in the 220 with a 25.3 at the County championships, almost two seconds faster than the old record.

ALETA FISCHER—The quarter-miler from Pascack Valley, a unanimous choice on the all-County team, won the County meet in 59.3. Her best performance came in the State Group championships when she placed second with a 58.5.

LESA MALOOF—The sophomore half-miler from Ramsey has never been beaten in Bergen County, although she finished second in the sectional meet (2:26) and fourth (2:24) in the State Group meet. In the County Meet of Champions she turned in a 2:20. She won the County championships in 2:25. Her best time this year (2:19) came in a two-mile relay.

MICHELE GUIDO—Another repeater, the junior from Paramus Catholic still holds the County record for the mile, a 5:13.4, as a sophomore. This year she ran a 5:19.4 to take second in the State Group 3 meet after easily winning the County championship with a 5:23.6. She was a unanimous choice and still is undefeated in Bergen County.

KELLY NEILAN—The Fort Lee distance runner was primarily a miler until switching to the two-mile towards the end of the season. She ran the event three times, winning all three times. Her best time is 11:53. She won the Bergen County meet in 12:05.5.

DEMAREST 440 RELAY TEAM—Terri Shea, Mary Lee Howarth, Katie Kraus and Barbara Krieger recorded one of the major upsets of the season when they nipped Teaneck in the County championships and set a County record of 51.9 in doing so. The girls lost only twice during the regular season. They finished second in the Rutherford Relays with a 52.3, and were second behind Teaneck in the County Relays.

RAMSEY MILE RELAY TEAM—Karen Kobza, Lesa Maloof, Kelly Collums and Deirdre Young hold the County meet record for the mile of 4:08.5. Their best performance was a 4:04.5 in the Bergen-Passaic Scholastic League Relays. They finished fifth in the State Group 3 meet with a 4:08.7.

LAURA MATTHEWS—The senior shot-putter from Rutherford was sidelined for a month after tearing ligaments in her ankle in the middle of the season. But in her return, she threw 36-7 in the County Relays. In her next meet, she won the BCSL-National-Olympic title with a throw of 38 feet, and then set a County meet record of 38-6. She hasn't thrown under 35 feet this season, and is another repeater on the all-County team.

KYRA THRELFALL—The Demarest senior, in her first year of competition, lost just once in the discus when she finished second in the State Group 3 meet. She holds the school record of 122-4½, the best throw in Bergen County this year. She is the NBIL and County champion in the discus, and made all-league honorable mention as a shot putter.

SHARON GERVASONI—The junior high jumper, who was honorable mention behind Becky Deetz as a sophomore, has jumped 5-3. She won the Englewood Memorial with a leap of 5-0, and in the NNJIL meet jumped the same height to place second behind Paula Kaplan of Wayne Valley, her only loss of the year. She won the County championships with a jump of 5-1.

DEECY PORRO—The triple jump is not one of the more popular events in Bergen County in girls track — few schools have triple jumpers. But that didn't stop Porro from turning in a 33-5½ during the County championships, her first triple jump in varsity competition. Primarily a long jumper and quarter miler, the sophomore has turned in a 16-2½ in the long jump.

ANNIE REVIECCIO—The javelin also is a rather new event in the County, but Revieccio won the County meet with a record throw of 98-9. The Cliffside Park senior is one of the most consistent javelin throwers in the County. She averaged more than 90 feet.

All-Bergen girls track

First team

Name	School	Event	Name	School
TARYN CARTER	Hackensack	110 LH	HOLLY WEHNER	Rutherford
CYNTHIA MAYO	Rutherford	100	DIANE HOROWITZ	Fort Lee
CYNTHIA MAYO	Rutherford	220	DIANE HOROWITZ	Fort Lee
ALETA FISCHER	Pascack Valley	440	LYNN GOOD	Bergenfield
LESA MALOOF	Ramsey	880	HOLLY WEHNER	Rutherford
MICHELE GUIDO	Paramus Cath.	MILE	COLLEEN DELIA	Ramsey
KELLEY NEILAN	Fort Lee	2 MILE	LISA SHADLER	Bergenfield
DEMAREST (Terri Shea, Mary Lee Howarth, Katie Kraus, Barbara Krieger)		440 RELAY	TEANECK (Erin Mallory, Penny Bassett, Karen Johnson, Sharon Trumpet)	
RAMSEY (Karen Kobza, Lesa Maloof, Kelly Collums, Deidre Young)		MILE RELAY	TEANECK (Dawn Booth, Beverly Cable, Antoinette Busch, Sharon Gervasoni)	
LAURA MATTHEWS	Rutherford	SHOT PUT	BETH KRIVDA	Cliffside Park
KYRA THRELFALL	Demarest	DISCUS	COLLETTE KLOETZ	Ramsey
SHARON GERVASONI	Teaneck	HIGH JUMP	MARY DONOVAN	Paramus Cath.
STEPHANIE BEMBRIDGE	N. High	LONG JUMP	CYNTHIA MAYO	Rutherford
DEECY PORRO	Ridgewood	TRIPLE JUMP	LESLIE WOYTOWITZ	Fort Lee
ANNIE REVIECCIO	Cliffside Park	JAVELIN	PAM YOUNG	Fort Lee

Honorable mention

110 LH—Dawn Donovan, Cliffside Park; Darlyne Robinson, New Milford; Randi Tedone, Waldwick.
100—Debbie Leopold, Bergenfield, Erin Mallory, Teaneck; Terri Shea, Demarest.
220—Pam Goulian, Cliffside Park; Debbie Leopold, Bergenfield; Terri Shea, Demarest.
440—Pam Goulian, Cliffside Park; Karen Kobza, Ramsey; Deidre Young, Ramsey.
880—Alyson Grunder, Ridgewood; Linda Malmrose, Old Tappan; Ellen Turro, Midland Park.
MILE—Jean Chodnicki, Saddle Brook; Christine MacDonnell, Westwood; Denise Murphy, Bogota; Kelley Neilan, Fort Lee.
2 MILE—Cathy Daly, Rutherford; Karla Grape, Ridgewood; Megan Sexton, Paramus Catholic.
SHOT PUT—Darcy Bauman, Bergenfield; Diane Garbe, Rutherford; Mary Ann Johnson, Old Tappan; Kim Schwickwrath, Old Tappan; Elizabeth Williams, Teaneck.
DISCUS—Noreen Velten, Palisades Park; Sue Zak, Rutherford.
JAVELIN—Chris Elliot, Rutherford; Paula Hunt, Hackensack; Michelle Shelley, Ridgefield Park; Sue Zak, Rutherford.
HIGH JUMP—Anne Donovan, Paramus Catholic; Cheryl Dunn, Old Tappan; Beth Granata, Ridgewood; Anna Guercio, Ridgefield Park; Bonnie Patiro, Becton.
LONG JUMP—Ann Boyes, Pascack Hills; Doreen Kris, Ramsey; Deecy Porro, Ridgewood.
TRIPLE JUMP—Laurie Miranda, Lyndhurst; Jo Ann LiCata, Saddle Brook; Chris Bond, Lyndhurst.
440 RELAY—Bergenfield, Cliffside Park, Rutherford.
MILE RELAY—Cliffside Park, Fort Lee, Old Tappan.

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD

BEST PERFORMANCES 1977

110 Hurdles

16.1 Beth Granata
17.3 Mary McBride
18.5 Pam Deyo
20.7 Chris DeMayo

100 Yard Dash

11.8 Sue Davis
12.2 Julie Roach
12.9 Ginna Burrows
13.3 Chris Melchers
13.8 Liz Avery
13.8 Megan Healy
13.8 Nancy Goldhammer
14.0 Chris O'Rourke
15.0 Sue Cleves

220 yard dash

28.0 Sue Davis
28.8 Michelle Smith
29.6 Ginna Burrows
29.9 Carrie O'Donnell
30.2 Deecy Porro
30.8 Julie Roach
31.0 Chris Melchers
31.2 Liz Avery
31.6 Ginny Weiler
31.8 Chris O'Rourke
32.4 Megan Healy
34.9 Karen Smith
36.3 Sue Gambacini
36.5 Sue Cleaves

440 yard dash

64.0 Deecy Porro
66.0 Ann Byers
66.5 Alison Hefele
71.6 Karen Smith
72.4 Ginny Weiler
74.0 Liz Avery
75.0 Carrie O'Donnell
75.0 Mary McBride
76.4 Sue Gambacini
77.0 Erica Cleveland

mile relay (440 split)

63.1 Deecy Porro
63.2 Alison Hefele
65.3 Ann Byers
65.5 Alyson Grunder
68.6 Sue Davis
71.8 Karen Smith
74.3 Klara Grape

880 yard run

2:25.3 Alyson Grunder
2:35.2 Joanne Hoss
2:43.5 Dee Doyle
2:44.0 Klara Grape
2:46.3 Sue Gambacini
2:56.2 Margaret Vandermeys
2:56.3 Janet Schneiderman
2:56.9 Karen Smith
3:00.0 Julie Jones
3:06.0 Alex Gerliczy

1 mile run

5:39.0 Alyson Grunder
5:51.2 Janet Lombaerde
5:52.0 Jamie Nicholson (5:51.0 relay)
6:03.0 Ann Dorsett
6:03.5 Klara Grape
6:16.0 Margaret Vandermeys
6:16.0 San Ong
6:20.0 Julie Jones
6:41 Mary O'Neill
6:43.8 Dee Doyle
6:52.4 Alex Gerliczy

2 mile run

12:39.0 Klara Grape
13:05.9 Ann Dorsett
13:31 Jamie Nicholson
13:47 Janet Lombaerde
13:54.0 San Ong
14:00.7 Mary O'Neill
12:57 ALYSON GRUNDER

BEST PERFORMANCES 1977

shot put #(8#)

32'5"	Sarah Miles
30'1"	Cathy Fontaine
29'10"	Lisa Erickson
25'4 1/4"	Missy Deetz
25'10"	Maureen Laffey
19'7 1/2"	Valerie Moore
19' 7"	Lenni Maguire

discus (1 kg)

87' 1"	Sarah Miles
84' 1"	Missy Deetz
80' 7"	Lisa Erickson
77' 8 1/2"	Maureen Laffey
74' 5"	Diane Bulwin
67' 7"	Britta Cleveland
59'5"	Carrie O'Donnell
41' 9"	Valerie Moore

Javelin

94' 9 1/2"	Lisa Erickson
85' 9"	Lenni Maguire
65' 7"	Maureen Laffey
51' 1 1/2"	Diane Bulwin

LEADING SCORERS

Sue Davis 73 1/2
Beth Granata 68 1/2
Deecy Porro 64 3/4
Alyson Grunder 53 3/4
Ann Dorsett 35 1/2
Sarah Miles 30
Janet Lombaerde 24 1/2
Jamie Nicholson 23 1/2
Klara Grape 19
Pam VanHoven 18 1/4
Alison Hefele 14

High Jump

5' 1/4"	Beth Granata
4'10 1/4"	Behth Smith
4'10 1/4"	Tricia Hoban
4'10"	Pam VanHöven

Long Jump

16' 2 1/4"	Deecy Porro
15' 6 1/2"	Michelle Smith
15' 1"	Sue Davis
14' 7 1/2"	Chris O'Rourke
12'10 1/2"	Megan Mealy
12' 9"	Julie Roach
11' 5"	Liz Avery

Triple Jump

33' 5 1/2"	Deecy Porro

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD

ALL TIME TOP TEN

100 Yard Dash

11.8	Sue Davis	1977
12.0	Mary Cooper	1975
12.2	Sheila Judge	1972
12.2	Julie Roach	1977
12.3	Mary Hiller	1973
12.5	Fran Whelan	1973
12.5	Gabrella Stauber	1975
12.6	Teri Davis	1974
12.7	Kim Puglisi	1975&76
12.8	Sheryl Ottens	1975
12.8	Liz Potter	1976

220 Yard Dash

27.9	Kandie Latham	1975
28.0	Mary Hiller	1973
28.0	Sue Davis	1976&77
28.1	Becky Deetz	1976
28.6	Sheila Judge	1972
28.6	Cathie DeYoe	1973
28.8	Teri Davis	1974
28.8	Michelle Smith	1977
28.9	Joan DeHaven	1973
28.9	Sheryl Ottens	1975

440 Yard Dash

59.5	Kandie Latham	1974
61.2	Becky Deetz	1976
61.7	Jane Green	1973
63.1	Mickie McLaughlin	1975
64.0	Vickie Wagner	1973
64.0	Deecy Porro	1977
64.3	Cyndi Hansen	1974
65.9	Alyson Grunder	1976
66.1	Marybeth Fileti	1973
66.4	Alison Hefele	1976

110 Hurdles

16.1	Becky Deetz	1975
16.1	Beth Granata	1977
16.8	Mary Sayers	1974
17.3	Mary McBride	1977
17.8	Renee DuFlon	1975
17.9	Alison Hefele	1975
18.5	Pam Deyo	1977
18.6	Lisa Passarelli	1976
19.5	Dee Doyle	1975
19.6	Gabrella Stauber	1975

880 Yard Run

2:17.7	Kandie Latham	1975
2:20.8	Jane Green	1974
2:23.1	Alyson Grunder	1976
2:25.4	Cyndi Hansen	1974
2:31.0	Cathie DeYoe	1975
2:34.9	Erica d'Elia	1973
2:35.2	Jeanne Hensz	1977
2:36.8	Nancy Reed	1974
2:37.1	Ann Green	1976
2:39.0	Barbara Lange	1975

One Mile Run

5:36.1	Nancy Reed	1975
5:39.0	Alyson Grunder	1977
5:39.3	Jane Green	1974
5:40.5	Jamie Nicholson	1976
5:43.0	Erica d'Elia	1973
5:43.9	Jean Leach	1975
5:47.0	Julia Iezzoni	1975
5:51.0	Trish Sefcik	1975
5:51.2	Janet Lombaerde	1977
5:54.5	Margaret Vandermeys	1975

Two Mile Run

12:08.2	Nancy Reed	1975
12:38.0	Julia Ieaaoni	1975
12:39.0	Klara Grape	1977
12:46.3	Jamie Nicholson	1976
12:54.0	Lucy Calderwood	1975
12:55.9	Jan Nicholson	1976
13:05.9	Ann Dorsett	1977
13:47	Janet Lombaerde	1977
13:53.0	Mary Sefcik	1974
13:54.0	San Ong	1977
12:57.0	ALYSON GRUNDER	1977



ALL TIME TOP TEN

High Jump

5'	9"	Becky Deetz 1975&76
5'	3 1/2"	Beth Granata 1975
5'	2"	Mary Sayers 1974
5'	2"	Renee DuFlon 1975
4'	11"	Beth Smith 1975
4'	10 1/4"	Tricia Hoban 1977
4'	10"	Pam VanHoven 1977
4'	8 1/2"	Patrice Donovan 1973
4'	8"	Sue Kennedy 1976
4'	6"	Sue Leahy 1972
4'	6"	Joan DeHaven 1973

Long Jump

17'	5"	Becky Deetz 1976
16'	2 1/4"	Sue Davis 1976
16'	2 1/4"	Deecy Porro 1977
16'	1"	Ann Green 1976
15'	9 3/4"	Sheryl Ottens 1975
15'	6 1/2"	Michelle Smith 1977
15'	5 1/2"	Mary Sayers 1974
15'	2 12"	Lisa Bychowsky 1976
15'	2"	Cathie DeYoe 1973
14'	9"	Mary Cooper 1975

Triple Jump

35'	2 1/4"	Becky Deetz 1976
33'	5 1/2"	Deecy Porro 1977
32'	9 1/2"	Hillary Nocka 1976
29'	9 3/4"	Beth Granata 1976

Notable Relay Splits

440	59.1	Kandie Latham 1974
	60.7	Jane Green 1974
	61.3	Becky Deetz 1976
	62.8	Cathie DeYoe 1974
	63.1	Deecy Porro 1977
	63.2	Alyson Grunder 1976
	63.2	Alison Hefele 1977
880	2:19.3	Jane Green 1974
	2:21.0	Kandie Latham 1974
	2:34.5	Julia Iezzoni 1975
mile	5:44.8	Julia Iezzoni 1975

Shot Put

36'	9 1/4"	Jennifer Baringer 1975
36'	3"	Martha LaMarre 1976
34'	5 1/2	Renee DuFlon 1975
32'	9"	Becky Deetz 1976
32'	5"	Sarah Miles 1977
30'	7"	Nancy Fenn 1975
30'	1"	Cathy Fontaine 1977
29'	10"	Lisa Erickson 1977
27'	7 1/2"	Diane Bulwin 1976
27'	5"	Barb Jones 1973

Discus

103'	1"	Cathie Deyoe 1975
98'	2"	Martha LaMarre 1976
96'	1"	Renee DuFlon 1975
95'	4"	Linda Russell 1975
88'	7 3/4"	Sue Holsten 1973
87'	1"	Sarah Miles 1977
84'	1"	Missy Deetz 1977
80'	7"	Mary Hiller 1973
80'	7"	Lisa Erickson 1977
80'	1/2"	Diane Bulwin 1976

Javelin

102'	1"	Jennifer Baringer 75
94'	9 1/2"	Lisa Erickson 1977
85'	9"	Lenni Maguire 1977
74'	10 1/4"	Martha LaMarre 1976
66'	3"	Diane Bulwin 1976
65'	7"	Maureen Laffey 1977
60'	1"	Jeanette Stemley 75
59'	7"	Linda Russell 1975

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

EVENT	Record	Performer	Date	Place
100 yard dash	11.8	Sue Davis	1977	Ridgewood
220 Yard dash	27.9	Kandie Latham	1975	Ridgewood
440 yard dash	59.5	Kandie Latham	1974	Albany, N.Y.
880 yard run	2:17.7	Kandie Latham	1975	Rutgers
1 mile run	5:36.1	Nancy Reed	1975	Ridgewood
2 mile run	12:08.2	Nancy Reed	1975	Wayne Hills H.S.
110 yard hurdles	16.1	Becky Deetz Beth Granata	1975 1977	Wayne Hills H.S.
Shot Put - 8 lb	36'9¼"	Jennifer Baringer	1975	Ridgewood
Discus - 1 kg	103' 1"	Cathie DeYoe	1975	Ridgewood
Javelin	102' 1"	Jennifer Baringer	1975	Montclair H.S.
High Jump	5' 9"	Becky Deetz	1975	Holmdale H.S.
Long Jump	17' 5"	Becky Deetz	1976	Hackensack H.S.
Triple Jump	35' 2¼"	Becky Deetz	1976	Hackensack H.S.
4X110 yard relay	53.7	Stauber/Ottens Puglisi/Davis	1975	Monmouth College
4X220 yard relay	1:54.6	Stauber/Ottens Puglisi/Davis	1975	Monmouth College
4X440 yard relay	4:11.0	McLaughlin/Cooper DeYoe/Latham	1975	Monmouth College
4X880 yard relay	9:46.3	Latham/Reed Hansen/Green	1974	Monmouth College
4X1 Mile relay	23:12.5	Leach/Sefcik Iezzoni/ Reed	1975	Monmouth College
4X2 mile relay	55:27.6	Dorsett/Campbell Ong/Jan Nicholson	1976	Red Bank N.J.
Sprint Medley Relay (220-110-110-440)	1:56.5	Hiller/Whelan DeYoe/Latham	1973	Ocean Twp. H.S.
Sprint Medley Relay (440-220-220-880)	4:34.0	Porro/M. Smith Davis/Grunder	1977	North Hudson County Park

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RECORDS

Event	Record	Performer	Date	Place
DistanceMedley Relay (880-440-220-1mile)	10:40.1	Hansen/Sayers Cooper/Green	1974	Holmdale H.S.
Distance Medley Relay (880-440-3/4-mile)	13:28.3	Latham/McLaughlin Leach/Reed	1975	Holmdale H.S.
4X110 Hurdles	68.7	Hefele/Duflon Granata/Deetz	1975	Monmouth College
3X110 Hurdles	55.3	McBride/Doyle Granata	1976	Rutherford
Shot Put Relay	97' 7"	LaMarre/Duflon Baringer	1975	Monmouth College
Discus Relay	279'1½"	Russell/DuFlon DeYoe	1975	Monmouth College
Javelin Relay	245' 4"	Laffey/Maguire Erickson	1977	Rutherford
High Jump Relay	15'7½"	DuFlon/Granata Deetz	1975	Monmouth College
Long Jump Relay	45'8¾"	O'Rourke/m. Smith Porro	1977	Paramus Catholic H.S.

OTHER RHS SCHOOL BESTS

Marathon	3hours 58:08	Alyson Grunder	1976	Maryland
1 mile walk	10:07.4	Ann Dorsett	1976	Nutley, N.J.
Pentathlon	3453	Becky Deetz	1975	Summitt, N.J.

RHS ALUMNI RECORDS (that I know about)

220	29.0	Kandie Latham	1976
440	59.5	Kandie Latham	1976
880	2:23	Jane Green	1976
1 mile	5:23	Jane Green	1976

Co-Chairmen

Location

Food

Treasurer

Invitations & Tickets

Decorations

Publicity

Charms

Betty Jo Dorsett
Audrey Rielle
Isabel Silva
Ann Pfiel
Phyllis Schneiderman
Alexandra Vandermeys
Iris Landon
Jean & Fred Laufer
Betty Jo Dorsett

FOURTH ANNUAL RIDGEWOOD HIGH SCHOOL

GIRLS' SPORTS BANQUET

**** PROGRAM ****

Welcome..... David Marsh
Director of Health & Physical Education for Ridgewood Schools

Invocation and Remarks.....John McCutcheon
Principal - R.H.S.

**** DINNER ****

Introduction of Speaker, Herbert Bennett.....David Marsh
Introduction of Honored Guests.....David Marsh
Introduction of Coaches and Presentation of Teams.....David Marsh

Cross Country	Jacob Brown
Field Hockey	Nancy Philip
Tennis	Debbie Paul
Volleyball	Kathleen Batterson
Basketball	Dick Bennett
Bowling	Ron Gubala
Gymnastics	Tony Napier
Softball	Debbie Paul
Track & Field	Jacob Brown

Closing Remarks.....Betty-Jo Dorsett
Audrey Rielle
Co-Chairmen,
Banquet

RIDGEWOOD HIGH SCHOOL
GIRLS TEAMS

FIELD HOCKEY
Coach Nancy Philip

Seniors
Deidre Cannon
Elizabeth Mange
Roberta Sappington
Tricia Sefick
Neva Strom

Juniors
Ria Gropp
Heidi Hanson
Nancy Jamroz
Liz Orbe
Donna Resetar

Sophmores
Lisa Bristow
Francesca Chapman
Susan Cleaves
Doris Heffernan
Pam Messineo
Valerie Shulock
Monica Ramge
Kim Ryder
Anne Thomann

Freshman
Deidre Waldron

GYMNASTICS
Coach Tony Napier
Asst. Coach Robert Moran

Sophmores
Sally Daniel
Jocelyn Farr
Kettie O'Donnell
Julie Patterson
Janet Schneiderman
Michelle Smith

Freshman
Lucia Cancelmo
Patti Capasso
Celia Cattani
Terry Keller
Betsy Lansdell
Lynn McDonnell
Peggy Quinn

CROSS COUNTRY
Coach Jacob Brown

Seniors
Debbie Armbruster
Dee Doyle
Laura Lauffer
Lennie Maguire
Jamie Nicholson
San Ong
Margaret Vandermeys

Juniors
Ann Dorsett
Klara Grape
Alyson Grunder
Julie Jones
Jenny Weiler

Sophmores
Heidi Kelly
Janet Lombaerde
Mary O'Neill
Chris O'Rourke

Freshman
Alex Chisholm
Engrid Lander
Colleen Speidel

TRACK AND FIELD

Coach Jacob Brown

Asst. Coach Charles Khoury

Sophmores

Liz Avery
Gina Burrows
~~Sue Cleaves~~
Britta Cleveland
~~Sue Crumley~~
Missy Deetz
Chris DeMayo
Pam Deyo
Lisa Erikson
Cathy Fontaine
Sue Gambaccini
Alex Gerliczy
Megan Healy
Jeanne Hensz
Trisha Hobar
Janet Lombaerde
~~Mary Lynch~~
Chris Melchers
Sarah Miles
Valerie Moore
Carrie O'Donnell
Mary O'Neill
Chris O'Rourke
Deecy Porao
~~Julie Roach~~
Janet Schneiderman
Michelle Smith
Jill Krause

Juniors

Diane Bulwin
Anne Byers
Erika Cleveland
Ann Dorsett
Jenny Gilroy
Nancy Goldhamer
Klara Grape
Alyson Grunder
Julie Jones
Maureen Laffey
Mary McBride
Lisa Passarelli
Karen Smith
Pam Van Hoven
Ginny Weiler

Seniors

Sue Davis
Dee Doyle
Beth Granata
Alison Hefele
Lennie Maguire
Jamie Nicholson
San Ong
Beth Smith
Margaret Vandermeys

**** PATRONS ****

Mr. & Mrs. James Quinn
Mr. & Mrs. Bob Davis & Family
Mr. & Mrs. Patrick Doyle
Mr. & Mrs. Bruce Byers
Mr. & Mrs. Noel M. Porro
Bobby Knapp Ski Shop, Inc.
Carol Jones
Barbara Jones
Susan Pfeiffer
Becca Pfeiffer
Sara Pfeiffer
Mr. & Mrs. Robert Stroker
Mr. & Mrs. Rene Silva
Dr. & Mrs. A. H. Schneiderman
Mr. & Mrs. William Mc Bride
Mr. & Mrs. J. J. Dorset
Mr. & Mrs. P. G. Avery
Mr. & Mrs. J. C. Burrows
Mr. & Mrs. J. Wellington
Mr. Arthur J. Messineo, Jr.
Mrs. Natalie Messineo
Pam Messineo
Lauren Messineo
Artie Messineo, III
Douglas Messineo
Mr. & Mrs. G. J. Vandermeys
Father Pat Donohue
Hal & Sally Smith
Audrey & Charlie Rielle
Mr. & Mrs. John Van Hoven
Mr. & Mrs. F. V. Capasso
Dr. & Mrs. W. H. Bristow, Jr.
Mr. & Mrs. Louis Auger
Mr. & Mrs. John T. Perkins
Lois & Paul Grunder
Iris Langdon
Mr. & Mrs. Edmund Cancelmo
Becky, Missy & Sally Deetz
V. Lyons
Mr. & Mrs. Richard Hersperger
Mrs. William Pfeil
Mr. & Mrs. Charles Lombaerde
Mr. & Mrs. Philip Weiler
Mr. & Mrs. A. S. Thompson
The F. Lauffer Family

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RIDGEWOOD
HIGH SCHOOL
MAROONS