

Cross-country summaries

Ridgewood Invitational

At Ridgewood

Boys Varsity A

TEAM SCORING

Burke 42, Dumont 101, Warwick Valley 104, Marlboro 123, O'Neill 142, Rutherford 167, Ridgefield 242, Bogota 283, Johnson 285, Albertus Magnus 286, Hoffman 308, Kinnelon 317.

1. Matt Goodman, Dumont	16:19.6
2. Tom O'Donnell, Burke	16:23
3. Brian Corcoran, Burke	16:28
4. Jason Young, Riverdale	16:33
5. Mike Duffy, Dumont	16:37
6. Ken McCown, O'Neill	16:38
7. Pat Coyne, Burke	16:41
8. John Donian, O'Neill	16:45
9. Chris Burger, Warwick Valley	16:51
10. John Payne, Montville	16:56
13. John Vance, DePaul	17:02
16. Mike Healy, Ridgefield	17:06
17. Paul Hessler, Glen Rock	17:07
20. Jeff Ascolese, Dumont	17:08
21. Tom Weber, Rutherford	17:11
26. Rich Filzigibbon, Dumont	17:23
27. Steve Pelisser, Rutherford	17:28
28. Karl Gannon, Bogota	17:28

Boys Varsity B

TEAM SCORING

Voorhees 89, Jefferson Twp. 102, Raritan 108, Long Branch 115, Vernon 147, Southern Lehigh 161, Matawan 165, St. John Vianney 186, Mohonasen 209, Mount Pleasant 274, Lawrenceville 282, Wayne Valley 282, Tenafly 292, Pascaack Valley 409.

1. Rich Falcone, Vernon	15:57
2. Greg Calhoun, Raritan	16:07
3. Kevin Bree, Jefferson	16:28
4. Dan Cruz, Jefferson	16:30
5. Eddie Evans, Long Branch	16:31
6. Steve Liona, Raritan	16:32
7. Jim Jackowski, Mohonasen	16:37
8. Joe Liona, Raritan	16:44
9. Jim Hendricks, Raritan	16:49
10. Mike Pierce, Voorhees	16:49
14. Tom Mizzone, Wayne Valley	16:53
20. Joe Hoffman, Wayne Valley	17:06
30. Tom Urmanowicz, Tenafly	17:27

Boys Varsity C

TEAM SCORING

Washingtonville 37, Eastside 79, North Hunterdon 126, Hunterdon Central 146, Clifton 160, St. Joseph Regional 163, Kennedy 213, Clarkstown South 230, South Shore 235, Madison Central 240, Monroe-Woodbury 247, Teaneck 254, White Plains 280.

1. Dave Entenmann, Washingtonville	15:46.9
2. Lawrence Brown, Kennedy	15:52
3. Steve Crumblish, Washingtonville	16:00
4. Tim Grein, Washingtonville	16:04
5. Howard Williamson, Teaneck	16:08
6. Todd Leutholtz, Hunterdon Central	16:09
7. Sean Henry, Clifton	16:12
8. Stafford Patterson, Eastside	16:27
9. Darren Wilson, Eastside	16:28
10. Monty Meeks, North Hunterdon	16:28
12. Jerry Aiello, St. Joseph Regional	16:37
14. John Jones, Eastside	16:39
15. Rich Harrington, St. Joseph Regional	16:41
23. Mark Muir, Eastside	17:00
25. Rich Flores, Eastside	17:05
29. Stan Murray, Eastside	17:11

Girls Varsity A

TEAM SCORING

Shoreham 23, Mater Dei 63, Lyndhurst 110, Warwick Valley 170, Horace Mann 188, Rutherford 190, Roselle Catholic 241.

1. Megan Holden, Shoreham	18:19.5
2. Trina Kothe, Shoreham	18:55
3. Jen Mc Nerney, Shoreham	18:58
4. Jodie McAndrews, Mater Dei	19:03
5. Robyn Helm, Lyndhurst	19:07
6. Rachel Shivers, Shoreham	19:21
7. Kathy Permakoff, O'Neill	19:22
8. Jen Narr, Rutherford	19:23
9. Denise Couturier, Warwick Valley	19:29
10. Reslie Caffrey, Mater Dei	19:32
12. Lynn Kirchoff, Kinnelon	20:05
18. Kay Min, Kinnelon	20:52
22. Maria Sferruzza, Lyndhurst	21:17
25. Elena Primerano, Lyndhurst	21:47
26. Missy Murphy, DePaul	21:52
27. Dawn Benedetto, Lyndhurst	21:56

Girls Varsity B

TEAM SCORING

Raritan 67, Red Bank Catholic 81, Wayne Valley 81, Voorhees 122, Mohonasen 167, Dumont 174, Englewood 273, St. John Vianney 287, Vernon 298, St. John Villa 364, Tenafly 379, Southern Lehigh 399, Moore Catholic 419.

1. Cathy Feeney, Wayne Valley	18:53
2. Terri Grivas, Dumont	19:05
3. Jen Mizzone, Wayne Valley	19:21
4. Catriona Logan, RBC	19:43
5. Kay Sullivan, Voorhees	19:52
6. Jane Cartwright, Mohonasen	19:55
7. Chris Lally, Pascaack Valley	19:57
8. Darci Voigt, Raritan	20:02
9. Colleen Kenney, Raritan	20:05
10. Carol Clancy, Raritan	20:20
11. Sharlene Millwood, Englewood	20:33
13. Denise Ahern, Ramsey	20:35
14. Adrienne Bolan, Wayne Valley	20:39
18. Rachel Williams, Englewood	20:42
23. Laura Garrigan, Wayne Valley	21:09
27. Jen Murphy, Dumont	21:21
28. Lisa Grimaldi, Dumont	21:22

Girls Varsity C

TEAM SCORING

Williamsport (Pa.) 56, Washingtonville 77, Hunterdon Central 80, Clifton 85, Madison Central 111, Ridgewood 130, Monroe-Woodbury 244, North Hunterdon 277, Eastside 319, Passaic Tech 331, Ramapo



338, Matawan 341, South Shore 365, Sayreville 440, Immaculate Heart Academy 495.

1. Cathy Paz, Clifton	18:33.8
2. Maryann Strothers, Williamsport	18:44
3. Justina Doyle, Hunterdon Central	18:48
4. Mary Bair, Williamsport	18:49
5. Sue Masten, Williamsport	18:51
6. Daria Sepulveda, Washingtonville	18:55
7. Chris Klimek, Clifton	18:57
8. Jackie Paz, Clifton	19:05
9. Robin Davis, Madison Central	19:05
10. Kim Wilcox, Hunterdon Central	19:10
12. Jenn Hughes, Ridgewood	19:13
13. Allyson Perre, Passaic Valley	19:17
19. Jean Hughes, Ridgewood	19:37
26. Lynne Collazo, Ridgewood	19:52
28. Pam Patby, Passaic Tech	20:05

GIRLS FRESHMAN A

Team winner - Saddle Brook 65.

Individual winner - Jen Quatrone, St. Peter's, 9:23.

GIRLS FRESHMAN B

Team winner - North Hunterdon 46.

Individual winner - Kathy Santer, Washingtonville, 9:29.8

BOYS FRESHMAN A

Team winner - Dumont 107.

Individual winner - Craig Spence, Montville, 8:06

BOYS FRESHMAN B

Team winner - Washingtonville 51.

Individual winner - Dave Pataky, Paramus Catholic, 7:57.9

GIRLS JUNIOR VARSITY

Team winner - Hunterdon Central 30.

Individual winner - Lisa Barbish, Hunterdon Central, 20:24.6

BOYS JUNIOR VARSITY A

Team winner - Warwick Valley 44.

Individual winner - Matt Bacon, Burke, 17:32.3

BOYS JUNIOR VARSITY B

Team winner - Voorhees 48.

Individual winner - Marc Lewis, Voorhees, 17:22.9

BOYS MEETS

Englewood 26, Queen of Peace 29

1. Dave Clancy (QP)	16:30
2. Robert Mitchell (E)	18:44
3. Robert Gooden (E)	18:45
4. Rick Matos (QP)	18:53
5. Misael Ulandy (E)	18:55

Course: County Park. Distance: 3.1 miles.

Team records: Englewood (3-4); Queen of Peace (0-6).

St. Benedict's 27, Eastern Christian 30

Eastern Christian 15, St. Mary's 48

St. Benedict's 15, St. Mary's 48

1. Jason Walker (SB)	20:22
2. Bill Rutherford (SB)	20:22
3. Ray Ortiz (EC)	20:53
4. Mark Borst (EC)	21:05
5. Ryan Jaarsma (EC)	21:13

Course: Eastern Christian. Distance: 3.2 miles.

Verona 21, Passaic Valley 29

Passaic Valley 27, Butler 28

Passaic Valley 16, Clifford Scott 41

Passaic Valley 15, Orange 50

1. Scott Smith (PV)	19:06
2. Pete Faraiola (V)	19:24
3. Tim Collins (V)	19:31
4. Craig Bernier (B)	19:48
5. Eric Ford (PV)	19:59

Course: Delbarton. Distance: 3.1 miles.

Team records: Passaic Valley (7-8).

GIRLS MEETS

Dwight-Englewood 23, Mt. St. Dominics 32

Villa Walsh 22, Dwight-Englewood 35

Villa Walsh 21, Mt. St. Dominics 40

1. Jennifer Sweeney (MD)	20:32
2. Moncia Shale (VW)	20:48
3. Michele Dorward (VW)	20:57
4. Liz Rusch (DE)	21:28
5. Karen Troy (VW)	21:47

Course: Verona Park. Distance: 2.8 miles.

Team records: Dwight-Englewood (3-3).

Englewood 15, Queen of Peace 50

1. Sharlene Millwood (E)	19:40
2. Rachel Williams (E)	19:54
3. Georgette Millwood (E)	21:28
4. Lytisha Williams (E)	21:51
5. Nycol Morris (E)	22:11

Course: County Park. Distance: 3.1 miles.

Team records: Englewood (4-3); Queen of Peace (0-6).

Eastern Christian 17, St. Mary's 46

1. Krista Postma (EC)	23:31
2. Sarah Koops (EC)	25:46
3. Debbie Minor (EC)	28:04
4. Carolee Vydro (SM)	28:30
5. Julie Frens (EC)	29:47

Course: Eastern Christian. Distance: 3.2 miles.

Team records: Eastern Christian (3-7).

Memorial 29, North Bergen 44, Queen of Peace 48

1. Maria Gonzalea (M)	15:22
4. Julia Seguel (M)	15:55
6. Norma Romero (M)	16:15

Course: West Hudson Park. Distance: 2 miles.

Team records:

Ridgewood's an inviting place to run

By Paul Schwartz

Correspondent

RIDGEWOOD — Jacob Brown, the Ridgewood girls cross-country coach and meet director, looks upon tomorrow's Ridgewood Invitational championship as a "low-key alternative to the New York [Eastern States] meet" held the same day.

Cross-country

But the Ridgewood meet, which has been run annually since 1973, except for 1975, has become a competitive and interesting day of cross-country as teams tune up before league, county, and state competition.

Teams from more than 80 New York, New Jersey, and Pennsylvania schools are expected to compete in six varsity and seven sub-varsity races at Veterans Field in Ridgewood, with the first varsity race set for 11:45 a.m.

"I talk about this being a low-key race, and then I look at the girls C race," Brown says with a laugh. "I'm trying to get a low-key type race and then I get a hot field like this. But it's a great place to watch a great race like this.

"I believe very strongly that courses like Garret Mountain, Holmdel, and Van Cortlandt Park do a great disservice to cross-country in the way they're laid out. We need interest, and instead of letting people see the race, we send them [runners] out in the

woods and tell them [spectators] to wait until they come back."

But the Ridgewood Invitational course is laid out so that 75 percent of the race can be seen with a minimum of effort. "The only thing we're missing is a good hill," says Brown.

The girls Varsity C race includes Ridgewood, defending state Group 4 champion Clifton, powerful Hunterdon Central, Raritan, Madison Central, and North Hunterdon's strong B team from New Jersey, as well as a talented squad from Williamsport, Pa.. The result may leave the solid Ramapo team in eighth place or lower. Individually, look for Cathy Paz of Clifton to try to become the fourth repeat race winner.

The girls Varsity B race is no easier. A strong Wayne Valley team will face Southern Lehigh (Pa.), Northern Highlands, Red Bank Catholic, and Dumont. Freshman phenom Cathy Feeney of Wayne Valley and rapidly improving Terri Grivas of Dumont are among the top individuals in that race.

The girls Varsity A race features defending champion Mater Dei, always strong Warwick Valley (N.Y.), and Horace Mann, a New York school that includes four Bergen County runners among its top seven. North Jersey hopefuls are Lyndhurst, Garfield, and Pasaic Tech. Robyn Heim of Lyndhurst and Jennifer Narr of Rutherford have a shot at an individual title.

The boys races are not as strong, with many of the top teams in North Jersey (including the Ridgewood boys varsity) running in the Eastern States Invitational at Van Cortlandt Park. But as usual, there are some interesting fields in these races as well.

Christian Brothers Academy will send its B team to Ridgewood, but this is no B team by normal standards. Last year's group won by 85 points for its fifth straight title, and this year's group is among the top five teams in the state. CBA

should win handily the boys Varsity C title over Eastside, Clifton, and St. Joseph Regional. Individually, Laurence Brown of Kennedy is the best local hope to win the race.

The Varsity B race looks wide open, with defending champ Jefferson Township contending against Long Branch, Wayne Valley, Vernon, and Raritan. Saddle Brook and Dumont hope to battle for the Varsity A title with Rumson-Fair Haven and Warwick Valley.

Dumont coach has a big day

By Paul Schwartz

Correspondent

RIDGEWOOD — Norm Fink has worked with numerous team and individual champions in more than 25 years as a cross-country coach at Dumont High School. But it's hard to believe the dean of Bergen County cross-country coaches has ever been happier than he was yesterday at the Ridgewood Invitational.

Cross-country

Fink saw his boys and girls teams run solid races. He also watched Matt Goodman and Terri Grivas come through with outstanding efforts to highlight a generally lethargic day for the few Bergen teams that competed in the meet, which has become an alternative to the older and more prestigious Eastern States Invitational at Van Cortlandt Park in New York.

Goodman became the first Dumont boy to win an invitational since Bob Dolan in 1973, capturing the A race in 16 minutes 19.6 seconds on the 5,000-meter course. Grivas, who didn't finish in the top 20 in the Bergen County Meet of Champions last year, finished second in the Girls B race behind Cathy Feeney of Wayne Valley.

Goodman appeared somewhat stunned by his victory. His effort, along with a fifth-place finish by Matt Duffy, carried the Huskies to a second-place finish behind Burke of New York in the B race.

"Last year was my first year in cross-country. And I did well, but not as well as this," said the junior, who ran the intermediate hurdles and the 800 meters for Dumont's track team last spring. "I never did this well before. It surprises me."

Goodman surprised a lot of people as he moved from fourth to first in the second half of the race and sprinted away from Duffy and two Burke runners in the stretch.

Grivas dueled with Feeney, the state's top freshman girl, and Wayne Valley's Jen Mizzone in the first half of the race, before losing ground to Feeney in the final 800 meters.

"I'm a little surprised I've done this well," Grivas said. "I ran all summer, but only about 25-30 miles a week, and I haven't done anything special. But I had a good track season last spring [highlighted by a fifth-place finish in the 3,200 meters at the Bergen Meet of Champions], and I guess I'm more confident."

Dumont was sixth in the tough Girls B race, and Pascack Valley's Chris Lally finished seventh in the individual competition.



Staff photo by Joe Giardelli

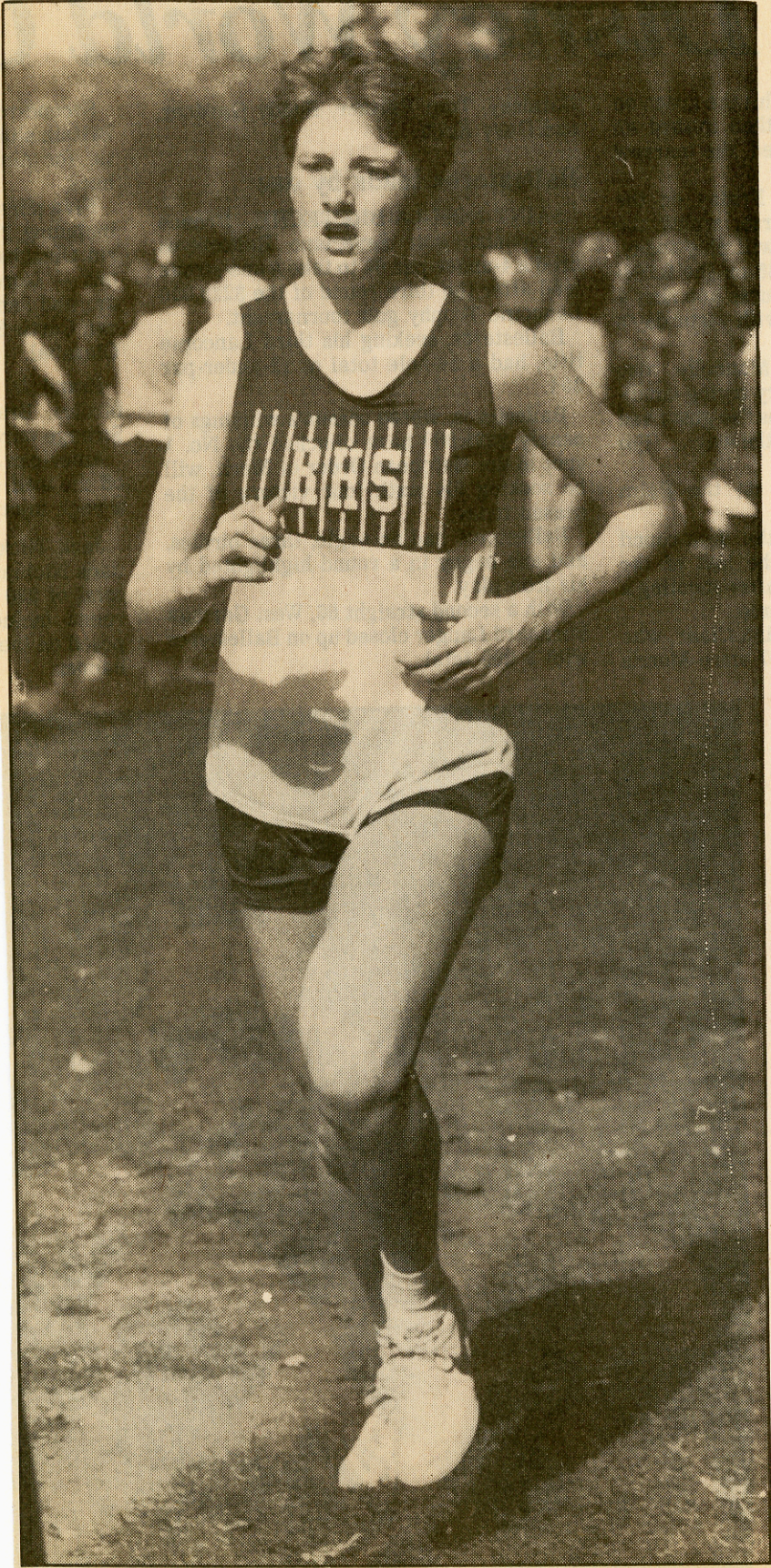
Robyn Heim of Lyndhurst crosses the finish line fifth in the Girls A race at the Ridgewood Invitational.

Other top performances included an outstanding team race by Lyndhurst in the Girls A race. The Golden Bears were third behind New York's No. 2 team, Shoreham-Wading River, and powerful South Jersey standout Mater Dei. Lyndhurst benefited from a strong race by steady Robyn Heim, who was fifth in 19:07. Lyndhurst's next four runners finished between 22nd and 31st.

Rutherford's Jennifer Narr, slowly recovering from an off-season injury was eighth.

Englewood's talented sophomores, led by Sharlene Millwood and Rachel Williams, who finished in the top 20, were seventh in the B race. Ridgewood finished sixth in the Girls C race behind top 20 finishes by Jen and Jean Hughes.

Jerry Aiello's 12th-place finish helped St. Joseph Regional finish sixth in the Boys C race. Howard Williamson of Teaneck ran a 16:08 to finish fifth in the same race, with the day's fastest time by a Bergen County runner.



Staff photo by Joe Giardelli

Jennifer Narr of Rutherford takes eighth place in the Girls A race at the Ridgewood Invitational cross-country meet.

RIDGEWOOD CROSS COUNTRY INVITATIONAL

PAST CHAMPIONS

Girls Division

		<u>Team</u>	<u>Individual</u>	
1973		Red Bank Catholic	Kathy Clancey	Bayley Ellard
1974		Red Bank Catholic	Janet Kronick	Franklin Twp.
1976		Saddle Brook	Joetta Clark	Columbia
1977		Red Bank Catholic	Maura Taylor	Red Bank Cath.
1978		Bergenfield	Barbara Remmers	Ridgewood
1979	"A"	Hunterdon Central	Lorrie Butterfield	H.C.H.S.
	"B"	Metuchen	Kathy Jones	Ramsey
1980	"A"	J.F. Kennedy Paterson	Pattie McCluskey	Dumont
	"B"	Ramsey	Kathy Jones	Ramsey
1981	"A"	Raritan	Patti Mileski	Ridgewood
	"B"	Metuchen	Colleen Murphy	DePaul
1982	"A"	Warwick Valley	Carol Parietti	Warwick Valley
	"B"	Raritan	Lisa Herman	Wayne Valley
	"C"	Ridgewood	Patti & Mary Ellen Mileski	Ridgewood
1983	"A"	Warwick Valley	Carol Parietti	Warwick Valley
	"B"	Wayne Valley	Missy Duchini	Wayne Valley
	"C"	J.F. Kennedy Paterson	Margaret Scutro	Ridgewood
1984	"A"	Warwick Rielly	Warwick
	"B"	Dumont	Toni Ann Angione	Bergenfield
	"C"	St. Anthony's	Margaret Scutro	Ridgewood
1985	"A"	Mater Dei	Sue Kozelnicky	So. Lehigh
	"B"	St. Anthony	Cathy Paz	Clifton

Boys Division

1977		Toms River North	Bob Santanello	T.R.N.
1978		Morris Catholic	John Gernert	Morris Catholic
1979	"A"	Westfield	Cliff Sheehan	Westfield
	"B"	Ramsey	Jack Marino	Ramsey
1980	"A"	Edison	Leon Finney	Eastside Paterson
	"B"	Eastside Newark	Frank Melo	Eastside Newark
1981	"A"	Christian Brothers Acad.	Jeff VanHorn	Wayne Valley
	"B"	Pascack Hills	Yves LeTennier	Manchester
1982	"A"	Warwick Valley	Chris Nippert	Warwick Valley
	"B"	Port Jefferson	Dave Fuhrman	Port Jefferson
	"C"	C.B.A. (Lincroft)	Paul Marabito	C.B.A.
1983	"A"	Warwick Valley	Andy Ball	Pequannock
	"B"	Vernon	Carphus Vilakezi	Pascack Hills
	"C"	C.B.A. (Lincroft)	John Trautmann	Monroe Woodbury
1984	"A"	Mater Dei Regan	Mater Dei
	"B"	Bishop Timmons Krafczyk	So. Lehigh
	"C"	C.B.A. Williams	Trenton
1985	"A"	Jefferson Twp. Burger	Warwick Valley
	"B"	C.B.A.	Frank Odeh	Holy Cross

TOP TIMES ON VETERAN'S FIELD 5,000 M COURSE
 (current course established 1981)

GIRLS

1.	Missy Duchini	Wayne Valley	18:14.2	1983
2.	Toni Ann Angine	Bergenfield	18:16.0	1984
3.	Patti Mileski	Ridgewood	18:20.5	1981
4.	Mary Ellen Mileski	Ridgewood	18:22.7	1982
5.	Jeanine Radice	St. Joe By the Sea	18:29.9	1983
6.	Carol Parietti	Warwick Valley	18:34.9	1983
7.	Laura LaMenna	Shaker	18:35.0	1982
8.	Margaret Scutro	Ridgewood	18:40.9	1984
9.	Tammi Reiss	Eldred	18:41.8	1983
10.	Lisa Herman	Wayne Valley	18:53.1	1982
11.	Lisa Benitex	N.F.A.	18:53.7	1983
12.	Jen Van Horn	Wayne Valley	18:57.3	1983
13.	Stacy Boyce	Monroe-Woodbury	18:57.5	1983
14.	Shirley Daniel	J.F.K. Paterson	18:57.8	1981
15.	Rose Coley	J.F.K. Paterson	18:59.1	1983
16.	Kim Bowman	Centereach	19:01.2	1983
17.	Sue Allen	Shaker	19:08.3	1983
18.	Rene Murphy	DePaul	19:08.8	1983
19.	Sharon Hoffman	Rocky Point	19:10.5	1982
20.	Sue Kozelnicky	So. Lehigh, Pa.	19:11.1	1985

BOYS

1.	Paul Marabito	C.B.A.	15:32.1	1982
2.	John Trautmann	Monroe-Woodbury	15:38.2	1983
3.	Jim Herdman	Hunterdon Central	15:39.4	1983
4.	Caiphus Vilakazi	Pascack Hills	15:39.6	1983
5.	Tony Williams	J.F.K. Paterson	15:40.5	1982
6.	Jeff Van Horn	Wayne Valley	15:47.2	1981
7.	Chris Nippert	Warwick Valley	15:50.6	1982
8.	Andy Ball	Pequannock	15:50.9	1983
9.	Dave Fuhrman	Port Jefferson	15:51.8	1982
10.	Rich Habbard	Hackensack	15:52.8	1982
11.	Rich Rizzuto	Lakewood	15:55.3	1982
12.	Bill Barrett	C.B.A.	15:57.2	1983
13.	Herbie Williams	Lakewood	15:58.0	1983
14.	--- Krafozyk	So. Lehigh, Pa.	15:59	1984
15.	Joe D'Costa	Dwight Morrow	16:02.2	1982
16.	Bob Deane	C.B.A.	16:02.5	1983
17.	Bill Flannery	Chaminade	16:04.1	1983
18.	Bill Golng	Chaminade	16:05.3	1983
19.	Dave Franklin	C.B.A.	16:09.0	1983
20.	--- Williams	Trenton	16:10.8	1984

Berntsen excels for Ridgewood

NEW YORK — Eric Berntsen ran one of the fastest times ever recorded by a Bergen County runner to help Ridgewood take a ninth-place finish at the Eastern States Cross-Country Championships yesterday at Van Cortlandt Park.

Cross-country

Berntsen was fourth in 12:46 for the 2½-mile course, the third fastest time of the day among all New Jersey runners as Ridgewood scored 211 points, seven points behind eighth-place Morristown.

“Eric ran just a terrific race,” said Ridgewood coach Larry Coyle. “He has run so well for us all year, and I think he is going to do very well in county and state competition. For someone who has run under 10 cross-country races, Kevin McCabe has been sensational for us. But we need better races out of some of our other people as the season goes along.”

McCabe, a sophomore, was 18th in 13:17. Chris Rae was 36th in 13:34. Subpar performances by Steve Powell and Paul Knapp, 76th and 77th, respectively, kept

Ridgewood from finishing even closer to race winner Christian Brothers Academy of Lincroft.

For the second time in three years, Ramsey took a race at the Easterns, capturing the D race over DeWitt Clinton of the Bronx, 123-132. The Rams, favored to win their second consecutive Bergen Group 3 title next weekend at Garret Mountain, got strong performances from Chris Meyers, who was eighth in 13:37; sophomore Pat Oelkers (23rd), and Matt Swanson (24th) in winning the race.

North Jersey runners took four of the first six slots in the C race. Union Hill's Cesar Gaudin stayed unbeaten, winning his fourth successive invitational race, in 12:52. Emerson's Chris Moore continued his superb running, finishing second in 13:06.

David Clayton of Wood-Ridge was fourth in 13:21, with Paramus Catholic junior John Lauria sixth

in 13:24. Marc Bednarz of Paramus Catholic was 22nd in 13:55, helping the Paladins take a seventh-place finish with 221 points. Fair Lawn was 14th with 317 points.