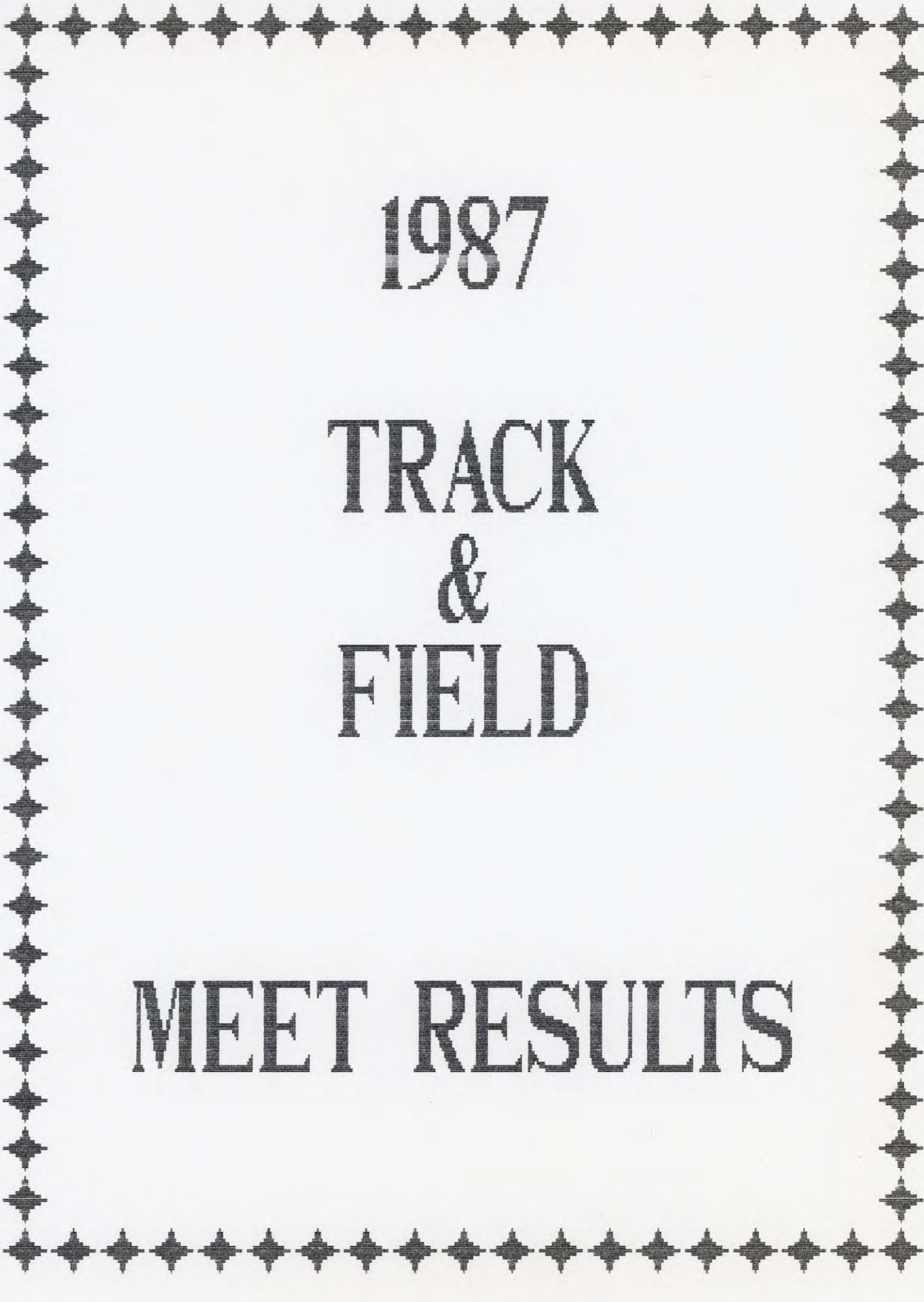




1987

TRACK
&
FIELD

MEET RESULTS

DUAL MEETS SWINS

RHS 97 IHA 25
 RHS 91 P.C. 31
 RHS 93 HACKENSACK 29
 RHS 107 PARAMUS 15
 RHS 65 TEANECK 57

COACHES: JACOB BROWN
 DON PATTERSON
 KEN SIELVOGEL
 MARY McGLONE

CAPTAINS: NORINE D'ARCY
 SHIELA VAUGHAN
 PAM PARKER

CHAMPIONSHIPS7 WINS

RIDGEWOOD RELAYS 51.3 pts 1ST
 BULLDOGS RELAYS 42 pts 1ST
 BERGEN COUNTY RELAYS 53 pts 1ST
 PENN RELAYS (4x800 4TH IN FINAL)
 NJSIL CHAMPS 87 pts 1ST
 NEW JERSEY RELAYS (D.M. 1ST PLACE)
 BERGEN GROUP IV CHAMPS 105 pts 1ST
 RIDGEWOOD RELAYS II 73 pts 1ST
 STATE SECTIONAL CHAMPS 55 1/2 pts 1ST
 BERGEN MEET OF CHAMPIONS (5 CHAMPIONS)
 STATE GROUP IV 21 pts 3RD
 STATE MEET OF CHAMPS
 EASTERN STATES CHAMPS



Girls
 track
 begins

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Report: scheudle

date	day	meet	place	comments
Apr 4 87	saturday	Ridoewood Relays	Ridoewood H.S.	
Apr 6 87	Monday	Paramus Catholic	Ridoewood	1st dual meet
Apr 11 87	Saturday	Bulldog Relays	Bergen C.C.	
Apr 13 87	Monday	Immaculate Heart	Ridoewood	
Apr 16 87	Thursday	County Relays		
Apr 18 87	Saturday	County Relays		
Apr 20 87	Monday	????		voluntary
Apr 23 87	Thursday	Penn Relays	Philadelphia	
Apr 27 87	Monday	Hackensack	Ridoewood	
May 5 87	Tuesday	New Jersey Relays	Plainfield	Top varsity onl
May 5 87	Tuesday	Paramus	Paramus	
May 9 87	Saturday	NNJIL Champs		
May 11 87	Monday	Teaneck	Ridoewood	5:30pm for pare
May 12 87	Tuesday	Ridoewood Frosh Relays	Bergen C.C.	
May 15 87	Friday	Bergen Group Champs	Ridoewood	
May 16 87	Saturday	Bergen Group Champs		
May 18 87	Monday	Ridoewood Relays II	Bergen C. C.	
May 23 87	Saturday	State Sectional Champs	Hackensack	
May 26 87	Tuesday???	Bergen Meet of Champs	Tenafly	
May 29 87	Friday	State Group Champs		
May 30 87	Saturday	State Group Champs		
Jun 3 87	Wednesday	State Champs		
Jun 9 87	Tuesday	Eastern Champs	Uniondale, L.I.	

Rules For Saturday Meets:

- ① BE ON TIME. Time is Posted WITH MEET LINE UP
- ② EQUIPMENT: Team UNIFORM, sweat suit and other clothes (Jacket, Tights + long underwear) you need to keep warm. Shoes Warmup + Racing BE READY FOR ANY WEATHER
- ③ If you can't make the Bus CALL Mr Brown
- ④ EAT Breakfast so there is 4 hours before your first event.
- ⑤ must stay with the team. May Leave only with a parent.

Rules For Meets After School:

- ① BE ON TIME NO 9TH PERIODS
3:00 on BUS FOR AWAY MEETS
3:15 on Field for Home Meets
- ② SAME AS SATURDAY
- ③ MUST BE IN SCHOOL AT LEAST $\frac{1}{2}$ THE DAY.
- ④ EAT A NORMAL LUNCH
- ⑤ must stay till the end of the meet especially home meets.

Maroon girls tough in track again

RIDGEWOOD — Coach Jacob Brown apparently has another girls track powerhouse at Ridgewood High.

Despite the torrential rains last Saturday, the Lady Maroons won five of 10 events in the Ridgewood Invitational Relays to runaway with its third large-school title in the five-year history of the meet.

Eight veterans are back from last year's undefeated squad and all had a hand in the rout at Paramus Catholic's track. In all, eight runners won two events each as Ridgewood compiled 51.3 to handily outdistance runner-up Red Bank Catholic, which had 24.

Senior Norine D'Arcy, the team's top distance runner, logged a 2:25 split on the lead-off leg of the winning 4x800 relay team; junior Jennifer Hughes posted a 5:22 for 1,600 meters in anchoring the victorious 6,400-meter unit; and Ginny Figlar clocked a

2:21 for the 800-meter leg of the winning sprint medley relay.

Jacobs credits these "mid-season-form" splits to a "fine indoor track season" by all three girls. Their efforts earned them All-Suburban honors for the winter campaign.

D'Arcy also ran the lead-off leg for the 6,400 team. Veteran Lynne Collazo, a sophomore 800-meter specialist, ran legs for both the 3,200-meter and distance medley winning teams; junior letter earner Lynn Degelman for the sprint medley and intermediate hurdles units; and sophomore veteran Jean Hughes for the 6,400 and 3,200 relay teams.

Senior returnee Sheila Vaughn and junior Amy Donnelly were the other members of the winning hurdles team.

Jennifer McDermott, a sophomore longer jumper, is the other veteran back. —**ROBERTS**



NORINE D'ARCY



JENNIFER HUGHES



LYNNE COLLAZO

Maroon girls' slate

APRIL 4, Ridgewood Relays (Large school champions); 11, Bulldog Relays at Bergen Community College; 13, IMMACULATE HEART; 16-18, Bergen County Relays; 23, Penn Relays in Philadelphia; 27, HACKENSACK.

MAY 5, New Jersey Relays at Plainfield (top varsity only); 5, at Paramus; 9, NNJIL Championships; 11, TEANECK; 12, Ridgewood Frosh Relays at Bergen Community College; 15-16, Bergen Group Championships at Ridgewood; 18, Ridgewood Relays II at Bergen Community College; 23, State sectional meet at Hackensack; 26, Bergen Meet of Champions at Tenafly (tentative); 29-30, State group championships.

JUNE 3, State championships; 9, Eastern championships at Uniondale, L.I.

(CAPS indicate home dual meets.)



SHEILA VAUGHN



JENNIFER McDERMOTT



GINNY FIGLAR

State Quality Running For Girls Track

by Eric Berntsen

The girls track team, coached by Mr. Jacob Brown, is perhaps one of the best teams ever assembled here at RHS. According to Mr. Brown, "We have a more balanced team than last year and depth in every area. I am confident that we will do better in a global sense [on the state level] than last year, but we will still be involved in a dogfight with Teaneck, a perennial local foe." Mr. Brown is not, by any means, comparing this year's team to a pushover team last year. "Last year, we were undefeated in our dual meets and won the league meet, making us League Champs. We were also County Relay Champs and finished

second to Teaneck in the County Meet of Champs."

The team is anchored by a solid nucleus of distance runners. Senior Norine D'Arcy leads the way, followed by juniors Jen Hughes and Karen Cannon, and sophomores Jean Hughes and Lynne Collazo. "The distances are the strength of our team," said Mr. Brown. "They're just running awesome in practice right now."

The team is also strong in the sprinting department. "We have one of the better sprinters in the state in Ginny Figlar. Lynn Degelmann, Sheila Vaughan and newcomer Keri Riley are going to help a great deal."

The high, triple, and long jumps are comprised of a group of underclassmen: sophomore Jen McDermott, junior Sheryl Vanderschiff,

and Jen Wrubel. A duet of underclassmen share the bill for the shot-put, discus, and javelin. Mr. Brown said, "The weights are an area we need to see action from this season. Tammy Rayevich and Alfreda Eldridge are seasoned veterans, but there's a new kid on the block that can help out in several areas."

That "new kid" is senior Deanie Barth, a softball player turned sprinter and thrower. "Deanie is a good athlete," said Mr. Brown. "She can help us a great deal in the short sprints [100m and 200m] and in the shot, discus, and javelin."

The girls track team seems to have both the talent and the depth in each event to be not only a formidable opponent to other county teams, but teams throughout the state as well.



The Record's track polls

GIRLS

BERGEN GROUP 3-4

	Pts.
1. Ridgewood (8) _____	40
2. Teaneck _____	32
3. Pascack Valley _____	24
4. Hackensack _____	12
5. Cliffside Park _____	8

Also-rans: Old Tappan 4.

BERGEN GROUP 1-2

1. Westwood (8) _____	40
2. New Milford _____	32
3. Saddle Brook _____	14
4. Midland Park _____	12
5. Garfield _____	9

Also-rans: Dumont 8, Mahwah 3, Rutherford 2.

PASSAIC

1. Wayne Valley (8) _____	40
2. Eastside _____	31
3. Clifton _____	20
4. Passaic Tech _____	19
5. Passaic _____	8

Also-rans: Kennedy 2.

TIME TRIALS

3/23/87

1200 meter Run

1. Jennifer Hughes 3:55
2. Noire D'Arey 3:56
3. Jean Hughes 4:01
4. Ginny Fyler 4:15
5. Karen Cannon 4:25
6. Janet Titus 4:38
7. Kate McDermott 4:43
8. Beth Gilmartin
9. Pam Parker 4:52
10. Allison Brennan 4:58
11. Patricia Montegani 5:13
12. Sara Giffuni 5:13
13. Sheelyn Marker 5:19
14. Eleanor Williams 5:25
15. Fiona Buell 5:25
16. Ann Williams 5:26

300 m DASH

Heat 1

1. LYNN DEGELMAN 45.1
2. SHIELA VAUGHAN
~~DOREEN DELORENZO~~ 45.4
3. KERRI REILLY 46.5
4. AMY DONNELLY 46.9

Heat #2

1. LAURA POLLACI 47.2
2. MICHELLE COMPTON 47.5
3. STEPHANIE DELORELIO 48.6
4. SUSAN SPENGLER 49.0

Heat #3

1. ANNA NAKASONE 51.0
2. KATHLEEN GILL 53.4
3. BETH FISCHER 55.7
4. MOIRA BAEIOTIS 1:04.5

Heat #4

1. JENNIFER McDERMOTT 48.9
2. JENNIFER WREBEL 50.9
3. CAROLYN O'BRIEN 51.9
4. JENN AHERNE 55.2

Day of reign for Ridgewood and Westwood

By John Mayer
Correspondent

PARAMUS — Being stuck in torrential rains didn't make for many happy people at yesterday's Ridgewood Relays. But there were at least two smiles when the day had finally finished at Paramus Catholic High School.

GIRLS TRACK

Ridgewood coach Jacob Brown proudly watched his team easily win its third large-school title in the meet's five-year history, and rookie coach Jeff Weiss was more than pleased to see his Westwood squad retain its small-school championship.

Ridgewood was thoroughly impressive, winning five of the 10 events and a share of a sixth on its way to 51.3 points. Red Bank Catholic was a distant second with 24, and Trenton Central took third as about half of the expected 30 teams showed up.

"I was very pleased," Brown said. "Despite the time of year and the weather, we were hitting splits that I wouldn't have expected us to be reaching until late May. There's no question that it's the result of a fine indoor track season."

Brown made specific mention of three runners. Senior Norine D'Arcy posted a 2:25 split on the first leg of the victorious 4 x 800 relay. Junior Jen Hughes ran a 5:22 in anchoring the winning 4 x 1,600 event. Junior Ginny Figlar

went 2:21 in running the 800-meter leg of the sprint medley relay.

Trenton Central won all three of the sprint relays, with Ridgewood twice taking second. The high jump, the only field event, ended in a three-way tie between Ridgewood, Monroe-Woodbury, and South Shore. In all, Ridgewood had eight runners win two events each.

WESTWOOD'S victory was centered on a smaller nucleus, yet the Cardinals were able to win six of the 10 events, finishing with 41 points. Shoreham Wading River took second with 24 points, and 22 points earned Fonda a third-place finish.

Leading the Cardinals were juniors Maureen Gradley and Maggie Rodgers, who were each part of three victorious relays. Juniors Mary Sok, Stacey Price, Laura Gavigan, and Christine Brown each won two events.

"We don't have a great deal of depth, but the people we do have are quality, experienced runners who didn't let the weather bother them," Weiss said. "I thought we would fare very well, and it certainly is a great way to start the season."

Three of the teams Weiss said he was expected trouble from — Pascack Valley, New Milford, and Midland Park — were among about half of the scheduled 30 teams that stayed home.

Pequannock captured the high jump, which was held in the Paramus Catholic gymnasium. Linda Mann and Sue Lynch each



Staff photo by Robert S. Townsend
Cresskill freshman Amy Giannantonio takes off on her sprint medley leg in the rain-plagued Ridgewood Invitational meet.

cleared 5 feet, and Lori Mulqueen went 4-9 for the Panthers.

"I was pretty confident we would take this event," Pequannock coach Rich Mullins said. "The same three girls have combined to win the high-jump relay here the past two years, and it's a shame that the rest of the horizontal jumps were canceled because I'm sure Linda, Sue, and Lori would have fared well."

The only other field event of the day was the shot put, and that was just for the small schools because water had engulfed the ring by the afternoon session. Westwood won the event, with Stacey Price making a toss of 31-7 in leading the team of three to a combined toss of 87-9.

Track summaries

Ridgewood Girls Relays

At Paramus Catholic H.S.

Large school division

TEAM SCORES

Ridgewood 51.3; Red Bank Catholic 24; Trenton Central 22; Weequahic 10; Shaker 8; Monroe-Woodbury 7.3; South Shore 7.3; Heighstown 5; Midwood 5; Raritan 5; Franklin 4; Irvington 3; Fair Lawn 1.

Intermediate hurdles — 1. Ridgewood (Degelmann, Donnelly, Spangler), 3:52.6; 2. Red Bank Catholic, 3:53.8; 3. Irvington, 4:08.0; 4. Shaker, 4:09.4; 5. Ridgewood B, 4:12.9.

6,400 meters — 1. Ridgewood (D'Arcy, Cannon, Jean Hughes, Jen Hughes), 22:04.7; 2. Monroe Woodbury, 23:13.2; 3. Raritan, 24:42.0; 4. Shaker, 25:40.7; 5. Red Bank Catholic, 27:01.0.

High jump — 1. tue among Ridgewood (Vaughan, Wrebel, Vanderschiff), 14-0; Monroe Woodbury, 14-0; and South Shore, 14-0; 4. Heighstown, 13-9.

400 meters — 1. Trenton Central (Rutherford, Adams, Buck, Priolo), 1:49.1; 2. Weequahic, 1:54.2; 3. 3,200 meters — 1. Ridgewood (D'Arcy, Jen Hughes, Jean Hughes, Collazo), 10:02.0; 2. Red Bank Catholic, 10:32.3; 3. Milwood, 11:10.3; 4. Ridgewood B, 11:16.3; 5. Red Bank Catholic B, 11:17.0.

800 meters — 1. Trenton Central (Rutherford, Adams, Buck, Priolo), 1:49.1; 2. Weequahic, 1:54.2; 3. South Shore A, 1:56.5; 4. Midwood, 1:58.1; 5. South Shore B, 1:58.6.

Sprint medley — 1. Ridgewood (Vaughan, Reilly, Degelmann, Figlar), 4:27.3; 2. Trenton Central, 4:34.0; 3. Shaker, 5:05.0; Red Bank Catholic, 5:07.2; Fair Lawn, 5:12.4.

Distance medley — 1. Ridgewood (Titus, Collazo, Donnelly, Cannon), 13:31.7; 2. Red Bank Catholic, 13:37.0; 3. Heighstown, 13:54.7; 4. Franklin, 13:58.4; 5. Shaker, 14:11.0.

1,600 meters — 1. Trenton Central (Baker, Stokes, Rutherford, Francis), 4:13.8; 2. Ridgewood, 4:15.2; 3. Weequahic, 4:30.8; 4. Red Bank Catholic, 4:35.2; 5. Raritan, 4:39.7.

400-meter shuttle hurdles — 1. Red Bank Catholic (Stamos, Debbs, Corcoran, Sarn), 72.4; 2. Ridgewood, 77.8; 3. Ridgewood B, 95.8.

Small school Division

TEAM SCORES

Westwood 41; Shoram Wading River 24; Fonda 22; Cornwall 14; Roselle 10; Asbury Park 10; Pequannock 8; DePaul 6; Central Newark 6; Nanuet 6; Glen Ridge 6; Cresskill 2; Caldwell 2; Paterson Catholic 1.

High jump — 1. Pequannock (Mann, Lynch, Mulqueen), 14-9; 2. Shoram Wading River, 13-6; 3. Cornwall, 9-3; 4. Roselle, 8-9; 5. DePaul, 8-3.

400-meter shuttle hurdles — 1. Westwood (Price, Grady, Rodgers, Brown), 73.5; 2. Roselle, 77.0; 3. Shoram Wading River, 77.4; 4. Pequannock, 77.9; 5. Paterson Catholic, 81-8.

Shot put — 1. Westwood (Price, Saner, Pickens), 87-9; 2. Fonda, 86-11; 3. Asbury Park, 76-7; 4. Caldwell, 74-5; 5. Cresskill, 73-7.

1,400 meters — 1. Westwood (Sok, Wagner, Grady, Garth), 4:37.2; 2. Cornwall, 4:43.9; 3. Fonda, 4:59.9; 4. Nanuet, 5:09.3; 5. Cresskill, 5:14.7.

Intermediate hurdles — 1. Westwood (Brown, Rodgers, Gavigan), 4:10.9.

Distance medley relay — 1. Shoram Wading River (McNerney, Holden, Kothe, Holden), 13:32.2; 2. Fonda, 14:05; 3. Shoram Wading River B, 14:42; 4. Glen Ridge, 15:18.

400 meters — 1. Central Newark (Smith, Jones, Davis, Harris), 52.8; 2. Westwood, 53.7; 3. Asbury Park, 54.3; 4. Fonda, 55.0; 5. Roselle, 55.4.

3,200 meters — 1. Fonda (Papa, Friers, Nane, Kessler), 10:36.1; 2. Nanuet, 11:02.6; 3. Cornwall, 11:17.9; 4. DePaul, 11:37.9; 5. Westwood, 12:04.9.

800 meters — 1. Westwood (Garth, Sok, Wallace, Grady), 1:54.9; 2. Asbury Park, 2:00.4; 3. Fonda, 2:02.1.

Sprint medley — 1. Westwood (Rodgers, Gavigan, Crouse, Mahle), 5:13.1; 2. Glen Ridge, 5:13.2; 3. Roselle, 5:24.

6,400 meters — 1. Shoram Wading River (McNerney, Kothe, Aleskowitch, Holden), 22:25.8; 2. Cornwall, 24:28.6; 3. DePaul, 25:00.6; 4. Shoram Wading River B, 26:02.7.

Ridgewood boys Relays

Large school Division

Trenton Central 28, Mount Vernon 24, Don Bosco 23, Bergen Catholic 20, Monroe-Woodbury 15, St.



Joseph's 10, Franklin 10, Cardinal Hayes 7, Weequahic 4, Palisades Park 3, McClary 2, Fair Lawn 2, Ridgewood 1.5, Nutley 1, South Shore .5.

Sprint medley — 1. Mount Vernon (Powell, Reynolds, Townsend, Tyndle), 3:48.6; 2. Franklin, 3:50.9; 3. Don Bosco, 4:01.3; 4. Monroe-Woodbury, 4:29.9.

400 meters — 1. Trenton Central (Lawrence, Lim, Moore, Irving), 45.3; 2. Mount Vernon, 45.5; 3. Cardinal Hayes, 45.7; 4. Franklin, 45.9; 5. Don Bosco, 46.3.

800 meters — 1. Trenton Central (Lawrence, Lim, Moore, Irving), 1:33.8; 2. Cardinal Hayes A, 1:34.9; 3. Don Bosco, 1:35.7; 4. Franklin, 1:36.5; 5. Weequahic, 1:36.8.

1,600 meters — 1. Mount Vernon (Powell, Reynolds, Townsend, Tyndle), 3:28.7; 2. Trenton Central, 3:30.9; 3. Weequahic, 3:33.8; 4. Franklin, 3:37.8; 5. McClary, 3:39.0.

3,200M meters — 1. Trenton Central (Lawrence, Lim, Moore, Irving), 8:26.4; 2. Mount Vernon, 8:31.4; 3. Palisades Park, 8:38.7; 4. Don Bosco, 8:48.2; 5. Nutley, 8:51.4.

6,400 meters — 1. Monroe-Woodbury (Benzi, Boelpe, Aglerford, Goodwin), 19:10.4; 2. McClary, 19:18.2; 3. Bergen Catholic, 19:52.3; 4. Fair Lawn, 20:01.7; 5. McClary B, 20:34.8.

Distance medley — 1. Trenton Central (Lawrence, Lim, Moore, Irving), 11:10.3; 2. St. Joseph's, 11:17.9; 3. Bergen Catholic, 11:23.6; 4. Don Bosco, 11:32.4; 5. Monroe-Woodbury, 11:46.0.

400 meters — 1. Bergen Catholic (Sonzogni, Micitsch, Ghelli, Lange), 68.0; 2. Don Bosco, 70.5; 3. McClary, 77.5; 4. Don Bosco, 79.1.

Intermediate hurdles relay — 1. Bergen Catholic (Lange, Sonzogni, Hall), 3:13.6; 2. Don Bosco, 3:22.0; 3. St. Joseph's, 3:28.7; 4. Don Bosco B, 3:32.2; 5. Ridgewood, 3:34.2.

High jump — Monroe-Woodbury (Williams, Ludwig, Green), 16-11; 2. Mount Vernon, 16-6; 3. St. Joseph, 16-0; 4. Bergen Catholic; 5. Ridgewood.

Small school Division

Demarest 39, Manchester Township 30.5, New Providence 18, Vailsburg 12, Cornwall 12, Monticello 9.5, Roselle 8, Eldridge 7, Caldwell 6, Central Newark 4, Horace Mann 4, Lasalle 3, Westwood 3, Walkkill Valley 3, Cresskill 2, Pequannock 1, Paterson Catholic 1.

Sprint medley — 1. New Providence (Anderson, Meritt, Abrams, Dentz), 4:00.3; 2. Manchester 4:03; 3. Westwood, 4:06; 4. Vailsburg, 4:07; 5. Walkkill Valley, 4:09.

400 meters — 1. Demarest (Paris, Bisontis, Rivera, Brown), 46.0; 2. Vailsburg, 46.8; 3. New Providence, 47.5; 4. Central Newark, 48.2; 5. Cresskill, 48.6.

800 meters — 1. Demarest (Paris, Bisontis, Rivera, Brown), 1:39.1; 2. Roselle, 1:40.4; 3. Vailsburg, 1:40.4; 4. Central Newark, 1:47.9; 5. Lasalle.

3,200M meters — 1. Demarest (G. Goldsmith, C. Kim, J. Kim, Ishigami), 8:51.7; 2. Horace Mann, 9:04.3; 3. Eldridge, 9:13.7; 4. Manchester Twp., 9:21.6; 5. Paterson Catholic, 9:59.4.

6,400 meters — 1. Demarest (Grady, J. Kim, G. Goldsmith, K. Goldsmith), 19:48.5; 2. Caldwell, 20:05.0; 3. Cornwall, 20:07.2; 4. Manchester Twp., 20:26.9; 5. Cresskill, 21:38.0.

Mile relay — 1. New Providence (Barrinque, Merritt, Santurilus, Abrams), 3:40.5; 2. Roselle, 3:46; 3. Vailsburg, 3:50.1; 4. Walkkill Valley, 3:51.3; 5. Demarest, 3:52.8.

Distance medley — 1. Caldwell (Halpin, Skoog, Gould, DiMarzo), 12:11.0; 2. Eldridge, 12:22.1; 3. New Providence, 12:27; 4. Demarest, 12:32.5; 5. Manchester Twp., 12:37.3.

400-meter hurdles — 1. Manchester Twp. (Donaldson, Poppel, Duneson, Whiteman), 69.5; 2. Demarest, 73.9; 3. Monticello, 85.0.

Intermediate hurdles — 1. Manchester Twp. (Whiteman, Poppel, Donaldson), 3:19.2; 2. Demarest, 3:22.9; 3. Monticello, 4:00.3.

High jump — 1. Manchester Twp., 17-3; 2. Monticello, 10-9.

Shot put — 1. Demarest (Theuerkauf, Brilakis, Wiese), 128-2 1/2; 2. Manchester, 127-1; 2. Monticello, 127-1; 4. Caldwell, 127-1/2; 5. Pequannock, 118-8.

RIDGEWOOD RELAYS RESULTS **PARAMUS CATHOLIC HIGH SCHOOL-4/4/87**

3 X 400 LOW HURDLES-TEAM (A)

L. DEGELMANN	1:15.80
A. DONNELLY	1:20.40
S. SPANGLER	1:16.37

TEAM (B)

O'BRIEN	1:25.60
K. REILLY	1:19.86
T. COCHRAN	1:27.50

4 X 1600

TEAM (A)

N. DARCY	5:25.7
K. CANNON	5:35.0
JEAN HUGHES	5:34.9
JENN HUGHES	5:20.0

FINAL TIME 22:04.0

TEAM (B)

K. WHEELER	7:21.2
S. MARKER	7:08.0
S. GIFFUNI	6:57.7
H. FITZGERALD	6:26.0

FINAL TIME 27:54.0

4 X 100

TEAM (A)

L. DEGELMANN
J. MCDERMOTT
S. VAUGHAN
G. FIGLAR

FINAL TIME 52.54

TEAM B

M. COMPTON
KANE
D. BARTH
L. POLLACI

FINAL TIME 58.40

4 X 800

TEAM (A)

N. DARCY	2:25.0
JEAN HUGHES	2:30.8
JENN HUGHES	2:33.0
LYNN COLLAZO	2:31.0

FINAL TIME 10:02.0

TEAM (B)

T. COCHRAN	2:47.0
J. TITUS	2:50.6
P. PARKER	2:43.4
K. MCDERMOTT	2:52.5
FINAL TIME	11:16.0

4 X 200

A. DONNELLY	27.4
D. BARTH	34.4
KANE	28.7
L. POLLACI	29.6

FINAL TIME 2:01.10

SPRINT MEDLEY

S. VAUGHAN	26.8 (200)
K. REILLY	28.2 (200)
L. DEGELMANN	64.7 (400)
G. FIGLAR	2:21.0 (800)

FINAL TIME 4:28.65

DISTANCE MEDLEY

TEAM (A)

N. TITUS	4:11.4 (1200)
A. DONNELLY	66.6 (400)
K. CANNON	2:36.2 (800)
L. COLLAZO	5:35.64 (1600)

FINAL TIME 13:34.21

TEAM (B)

P. PARKER	4:35.80 (1200)
K. MCDERMOTT	66.20 (400)
H. FITZGERALD	2:57.2 (800)
JANET TITUS	6:18.80 (1600)

FINAL TIME 14:56.2

4 X 400

N. DARCY	66.4
S. VAUGHAN	63.6
L. COLLAZO	61.5
G. FIGLAR	62.5

FINAL TIME 4:14.0

4 X 100 HURDLES

TEAM (A)

T. RAYEVICH	20.9
O'BRIEN	19.6
K. REILLY	19.9
VD. SCHYFF	17.0

FINAL TIME 1:16.9

TEAM (B)

M. COMPTON	22.1
L. POLLACI	31.5
K. GILL	21.0
J. MCDERMOTT	20.2

FINAL TIME 1:34.8

Ridgewood survives surprises

By Joe Sexton
Correspondent

PARAMUS — Abandoned by his boss, who left town for an early vacation, assistant coach Dave Ascietto was left to oversee the Pascack Valley girls track team at the Bulldog Relays at Bergen Community College. All in all, he said, he could have done without the confusion, although he was prepared to live with the final, established order.

"I think this is going to get us ready for the teeth of our schedule," said Ascietto, whose team finished third yesterday overall in the girls meet. "We scored in eight of the 15 relays. I'll take that."

As expected, Ridgewood took the title, but not easily. The Maroons barely beat Tottenville of Staten Island, 42-40. With the outcome dependent on the final 4 X 400 re-

lay, Ridgewood got an outstanding final leg from Ginny Figlar, who turned in a 59.4 performance to seal the win.

GIRLS TRACK

The Maroons, who last week won the Ridgewood Relays for the third time in five years, scored in almost every event. Coach Jacob Brown was especially encouraged by the showing by his sprinters, including Lynne Collazo, Jean Hughes, and Noreen D'Arcy.

But it was Pascack Valley's effort that impressed several coaches at the meet. The Indians, who have in recent years labored without success to finish above .500, kept Ascietto busy picking up medals.

Kim Baumbach was the key to getting Pascack Valley past many

of its opponents yesterday. The senior anchored the two-mile relay team that finished a surprising third and got off several important jumps to help the Indians take the triple and long jumps.

Pascack Valley's inspired effort earned it a slight advantage over rival Old Tappan, which finished with 28 points, one behind the Indians.

"They are a very good team in big meets," Old Tappan coach Therese Smith said of the Indians.

Smith was pleased by the shot put relay effort turned in by Jeanine DeSocio and Cindi Rupp, both of whom threw over 30 feet for the first time to give the Golden Knights a second-place finish.

Bergenfield, which took second in the 110 shuttle hurdles, also captured the shot put, helping gain a sixth-place finish overall.

High school track summaries

Bulldog Girls Relays

At Bergen CC, Paramus
TEAM SCORES

Ridgewood 42, Tottenville (N.Y.) 40, Pascack Valley 29, Old Tappan 28, Shabazz 17, Bergenfield 17, St. Francis (N.Y.) 15, Indian Hills 9.

400 — 1, Shabazz (Sharon Smith, Tiffany Chavis, Jessica Garrett, Domica Lindsey), 54.8; 2, Ridgewood, 55.0; 3, St. Agnes, 55.2; 4, Bergenfield, 55.4; 5, Palisades Park, 56.5.

800 — 1, Shabazz (Tiffany Chavis, Jessica Garrett, Yosheico Jenkins, Domica Lindsey), 1:49.5; 2, Ridgewood, 1:53.0; 3, Old Tappan, 1:54.0; 4, Pascack Valley, 1:54.4; 5, Transit Tech, 1:55.3.

1,600 — 1, Ridgewood (Lynne Collazo, Jean Hughes, Norine D'Arcy, Ginny Figlar), 4:06.7; 2, Shabazz, 4:11.4; 3, Pascack Valley, 4:13.5; 4, Bergenfield, 4:38.0; 5, Eastside, 4:55.4.

3,200 — 1, Tottenville, 9:47.0; 2, Ridgewood, 10:01.7; 3, Pascack Valley, 10:02.5; 4, Old Tappan, 10:28.4; 5, Shabazz, 10:31.9.

6,400 — 1, Ridgewood (Nanci Titus, Jen Hughes, Lynne Collazo, Norine D'Arcy), 21:43.9; 2, Paramus, 23:10.3; 3, Tottenville, 23:32.0; 4, Ramsey, 24:20.5; 5, No. Rockland, 25:31.7.

Distance medley — 1, Tottenville, 12:41.6; 2, Ridgewood, 12:47.7; 3, Paramus, 13:27.6; 4, No. Rockland,

13:57.7; 5, Old Tappan, 14:06.1.

Sprint medley — Tottenville (Beth Mullins, Michelle Nemiroff, Jenny Spry, Sheri Lerner), 4:18.9; 2, Pascack Valley, 4:26.9; 3, Old Tappan, 4:31.1; 4, Pascack Hills, 4:41.9; 5, Moore, 4:43.1.

Shuttle hurdles — 1, Old Tappan (Cori Frankel, Cathi Sompel, Jen Krokus, Jean Krokus), 1:12.2; 2, Bergenfield, 1:12.8; 3, Ridgewood, 1:16.0; 4, Immaculate Heart Academy, 1:18.2; 5, Pascack Valley, 1:25.2.

2 X 400 IH — 1, Tottenville, 3:33.2; 2, Bergenfield, 3:40.5; 3, IHA, 4:06.9; 4, Tottenville B, 4:17.2.

High jump — 1, St. Francis (Morris, Irving), 9-9; 2, Ridgewood, 9-3; 3, Demarest, 9-3; 4, Tottenville, 9-3; 5, Old Tappan 9-0.

Long jump — 1, Pascack Valley (Kim Baumbach, Chris Bella), 30-4½; 2, Old Tappan, 29-11¾; 3, Demarest, 28-10½; 4, St. Agnes, 27-8½; 5, Moore, 27-2½.

Triple jump — 1, Pascack Valley (Baumbach, Bella), 65-1¼; 2, St. Francis, 62-2¾; 3, St. Francis B, 62-1; 4, Old Tappan, 62; 5, Demarest, 59-10½.

Shot put — 1, Bergenfield, 70-0; 2, Old Tappan, 62-7; 3, Indian Hills, 58-9; 4, Ridgewood, 58-4½; 5, Tottenville, 58-1½.

Discus — 1, Indian Hills (Pegan Sooter, Linda Lang), 174-6; 2, Walkill Valley, 172-5; 3, Ridgewood, 167-11; 4, Old Tappan, 165-6; 5, Tottenville, 160-7.

Javelin — 1, Tottenville, 186½; 2, Pascack Valley, 174-11½; 3, Ridgewood, 174-1; 4, St. Francis, 155-9½; 5, No. Rockland, 147-8.



Pascack Valley's Sara Hill takes a handoff from Lisa Clark in the 800-meter relay. The Indians were fourth in the event.

Brown's return lifts Highlands

Ramsey wins team crown

By Joe Sexton
Correspondent

PARAMUS — Minutes after completing his second mile of the day, Jeff Brown stood on the infield of the Bergen Community College track late yesterday afternoon, sweat pouring off his face, his chest heaving. He did not, however, appear to be in pain. Asked about his condition, the Northern Highlands distance runner smiled quickly, saying he was satisfied that he was breathing at all.

"I'm lucky," said Brown, who has twice undergone extensive surgery in the last year to repair his sinuses. "I always believed I would run again some day, but I had some questions about this season."

Brown answered some of those questions yesterday, running the mile in 4 minutes 24 seconds to help the Highlanders break a 25-

year-old school record in the four-mile relay at the Bulldog Relays. His second mile, run in 4:36, was good enough to carry the Highlands distance medley relay team to a second-place finish.

Ramsey, without an outright victory in any event, captured team honors, with 24½ points.

BOYS TRACK

The Rams received solid performances from John Collins in the pole vault, and Lee Oelkers and Matt Fialkof in the jumps. Two Ramsey field events competitors, Andy Pero and Tom Eilers, placed in the shot put, discus, and javelin competition.

Brown, however, was the star of the meet.

"He looked just terrific," said Northern Highlands coach Bob Hillenbrand, whose team tied for third behind Ramsey and Christian Brothers Academy of Albany, N.Y. "It's quite a story."

The story began last year when Brown, who ran a 4:20 mile — the second-fastest in the state — fin-

ished a workout complaining of headaches. Soon he could not move his head at all, and after an examination, doctors operated.

"Getting back in shape has been hell," said the senior. "Every step you took, you wanted to quit. I still don't have the conditioning to run two really good races in a day."

And his teammates didn't have the heart to commit themselves to the indoor and cross-country season this winter without Brown.

"When I left, they didn't practice, didn't want to," said Brown, who will attend William & Mary next fall on a track scholarship. "I don't think they thought they could win without me."

Other local teams turning in strong performances were Don Bosco and Bergen Catholic.

Don Bosco received a surprising first-place finish in the long jump as Derrick Horner and Rob Moseley combined to jump 39 feet 11½ inches. The Ironmen, though, were hurt later in the meet by the loss of Horner, who pulled a muscle in the sprints.

Bergen Catholic, which sent a

small contingent to the meet, received a personal best performance from senior John Wohner in the pole vault. Wohner, who cleared 13 feet, combined with Gerry Maron to vault 25-6 and win the event.

IN OTHER BOYS MEETS, Saddle Brook took first place at the Rutherford-Lyndhurst Relays, topping New Milford, 48½-31½. Vic Van Dyke, Tony Primavera, Nick Joannidis, and Tony Bolognini won the 4 X 800 relay in 8:55.8. In the mile relay, Joannidis and Bolognini teamed with Carl Hans and Rick Wisse to run away with the event in 19:52.9. Chi Chen and Scott Zotollo captured another event for the Falcons when they combined for a distance of 39-2½ in the long jump.

At the Nanuet (N.Y.) Relays, Bergen Catholic finished fourth. The Crusaders captured the 3 X 400 hurdles when Mike Lange, Chris Sonzogni, and Andy Hacker finished in 2:58.8. Jim Smith and Kevin Twomey combined to take third in the discus and fifth in the shot put.

Bulldog Boys Relays

At Bergen CC, Paramus
TEAM SCORES

Ramsey 24½, CBA-Albany 21, N. Highlands 19, Shabazz-Newark 19, Lawrence 18½, Don Bosco 12, Indian Hills 12, Paramus Catholic 11, Teaneck 10, Bergen Catholic 10, Walkill Valley 10, St. Francis 10.

400 — 1, Cardinal Hayes (Frazier, Farrell, Ferguson, Rice), 44.6; 2, Weequahic, 44.8; 3, Shabazz 45.0; 4, Lawrence 45.2; 5, Eastside 45.5.

800 — 1, Cardinal Hayes (Frazier, Farrell, Ferguson, Rice), 1:32.2; 2, Lawrence 1:32.5; 3, Weequahic, 1:32.8; Englewood 1:35.8; Ramsey 1:36.1.

1,600 — 1, Shabazz (Seymour Gifford, Donnell Dinkins, Derek Clifton, Lewis Crawford), 3:27.5; 2, Weequahic, 3:31.6; 3, N. Highlands, 3:32.5; 4, CBA, 3:33.4; 5, Newark East Side, 3:34.1.

3,200 — 1, East Side (Carlos Martins, Carlos Gafauha, Paul Jacob, Joel Abruaiu), 8:05.4; 2, Shabazz, 8:22.5; 3, Old Tappan, 8:22.8; 4, Transit Tech, 8:23.0; 5, Palisades Park, 8:27.4.

6,400 — 1, Northern Highlands (Will Repole, Jeff Brown, Eric Mayer, Mark Child), 18:31.5; 2, Ramsey, 18:51.5; 3, No. Rockland, 18:56.0; 4, Paramus Catholic, 19:31.6; 5, Don Bosco, 19:48.0.

Distance medley — 1, Totenville (Rich Taffel, David Whitehouse, Bruce LaFeir, Kevin Kyvelos), 10:42.5; 2, No. Highlands, 10:55.6; 3, Paramus Catholic, 11:03.1; 4, Ramsey, 11:16.6; No. Rockland, 11:25.7.

Sprint medley — 1, Eastside (Tony Figueroa, Paul Sousa, Julio Rivera, Joel Abruaiu), 3:39.0; 2, Transit Tech, 3:41.0; 3, Old Tappan, 3:42.5; 4, No. Highlands, 3:44.0; 5, CBA, 3:45.7.

Shuttle hurdles — 1, Shabazz (Kenneth Douglas, Donnell Dinkins, Amos Branch, Al West), 1:04.8; 2, Lawrence, 1:06.6; 3, St. Francis, 1:06.9; 4, Don Bosco, 1:08.0; 5, Old Tappan, 1:08.5.

3 x 400 IH — 1, CBA (Alex Riley, Jon Mallory, Cory Johnson), 3:01.3; 2, Teaneck, 3:05.8; 3, Indian Hills, 3:10.2; 4, Totenville, 3:13.2; 5, Bergenfield, 3:14.0.

High jump — 1, Lawrence (Mike Watson, Dan London), 11-9; 2, No. Highlands 11-0; 3, Lawrence B, 10-9; 4, Ramsey 10-9; 5, Don Bosco, 10-9.

Long jump — 1, Don Bosco (Derrick Horner, Rob Moselev), 39-11; 2, Englewood, 38-11¾; 3, Ramsey, 38-5½; 4, Eastside, 38-4¾; 5, Walkill Valley, 37-7¼.

Triple jump — 1, Paramus Catholic, 82-7½; 2, Teaneck, 77-2½; 3, St. Francis, 75-5¼; 4, Ramsey, 74-1; 5, Don Bosco, 72-4½.

Pole vault — 1, Bergen Catholic (John Wohner, Gerry Maron), 25-6; 2, Ramsey, 23; 3, Walkill Valley, 22-6; 4, Bergen Catholic B, 21-6; 5, Indian Hills, 21.

Shot put — 1, CBA (Larry Stone, Matt Kieley), 108-4½; 2, Indian Hills, 105-3½; 3, Ramsey, 95-9; 4, Teaneck, 88-6½; 5, No. Rockland, 87-1.

Discus — 1, CBA (Larry Stone, Matt Kieley), 258-4; 2, Indian Hills, 244-2; 3, Pascack Hills, 243-2; 4, Ramsey, 237-1; 5, No. Rockland, 233-4.

Javelin — 1, Walkill Valley (Jim Marion, Chris O'Neill), 292-9¾; 2, St. Francis, 284-2; 3, Ramsey, 282-11¾; 4, Bergen Catholic, 278-1; 5, Don Bosco, 278¼.

4 X 1 MILE RELAY

N. TITUS 5.36.8
 L. COLLAZO 5.39.0
 JENN HUGHES 5.07.4
 N. DARCY 5.20.3
 PLACE: 1 FINAL TIME: 21.43.0

4 X 100 METER HURDLES

T. RAYEVICH 21.2
 WRUBEL 21.1
 T. COCHRAN 18.5
 L. DEGELMANN 16.7
 PLACE : 3 FINAL TIME: 1.16.10

4 X 100 METER RELAY

L. POLLACI 13.7
 K. REILLY 12.8
 D. BARTH 13.6
 M. COMPTON 14.7
 PLACE : 2 FINAL TIME: 54.8

4 X 800

JEAN HUGHES 2.22.0
 K. CANNON 2.33.9
 N. TITUS 2.35.6
 JENN HUGHES 2.28.9
 PLACE: 2 FINAL TIME: 10.00.3

"B" TEAM-4 X 800

T. COCHRAN 2.43.1
 K. WHEELER 3.13.8
 S. MARKER 3.00.7
 F. BUELL 3.07.0
 FINAL TIME : 12.02.6

4 X 200

L. DEGELMANN 27.3
 K. REILLY 28.1
 A. KANE 30.8
 G. FIGLAR 26.6
 PLACE: 2 FINAL TIME: 1.52.8

SPRINT MEDLEY

L. POLLACI 28.6
 K. REILLY 27.8
 K. MCDERMOTT 69.0
 K. CANNON 2.40.5
 PLACE: 6 FINAL TIME: 4.45.92

DISTANCE MEDLEY

JENN HUGHES 4.05.71
 L. COLLAZO 61.8
 G. FIGLAR 2.24.9
 N. DARCY 5.15.4
 PLACE: 2 FINAL TIME: 12.47.5

"B" TEAM-DISTANCE MEDLEY

N. TITUS 4.10.64
 K. MCDERMOTT 5.17.7
 P. PARKER 7.59.7
 J. TITUS D.N.F.
 NO FINAL TIME

FROSH 4 X 800

H. FITZGERALD 2.43.2
 S. GIFFUNI 3.01.9
 P. MONTEGARI 3.05.9
 T. KHIEU 2.58.0
 PLACE: 3 FINAL TIME: 11.49.7

"B" TEAM-FROSH 4 X 800

L. KENDUCK 3.25.9
 A. WILLIAMS 3.15.9
 E. WILLIAMS 3.27.1
 TANYA 3.10.3
 PLACE: 4 FINAL TIME: 13.17.5

4 X 400

L. COLLAZO 60.8
 JEAN HUGHES 63.7
 N. DARCY 62.8
 G. FIGLAR 59.4
 PLACE: 1 FINAL TIME: 4.06.7

BULLDOG RELAYS FIELD RESULTS:

SHOT "A" RAYEVICK 31' 7 1/2"

PALLONE 26' 9"

58' 4 1/2" 4th place

"B" MONTEGARI 19' 0"

RIZIK 23' 8 1/2"

42' 8 1/2"

"C" CALLAHAN 18' 10 1/2"

BONILLA 17' 6 1/2"

36' 5"

DISCUS

"A" RAYEVICH 84' 11"

PALLONE 83' 0" 167' 11" 3rd place

"B" RIZIK 51' 6"

MONTEGARI 61' 3" 112' 9"

"C" CALLAGHAN 48' 9"

BONILLA 47' 0" 95' 9"

JAVELIN

"A" RAYEVICH 87' 8 1/2"

BARTH 86' 4 1/2" 174' 1"

"B" MONTEGARI 55' 4"

PALLONE 68' 9" 124

"C" CALLAGHAN 63' 11 1/2"

BONILLA 36' 8" 100' 7 1/2"

HIGH JUMP

Wunder Schyff 4' 6"

Wrubel 4' 9"

9' 3" (3WAY TIE
FOR 3rd)

LONG JUMP

BARTH 13' 3 1/4"

WRUBEL 13' 9 1/4"

27' 1/4"

TRIPLE JUMP

WRUBEL -

RIDGEWOOD vs IMMACULATE HEART ACADEMY WEATHER CLOUDY + COLD

DATE APRIL 13TH

TRACK CONDITIONS ALL WEATHER

* EVENT	* FIRST PLACE	* SECOND PLACE	* THIRD PLACE	* RHS	* I.H.A. *
* Long Jump	* JENN WRUBEL	* LYNN VILLOPETO	* LOFTUS	* 5	* 4
	* R 14'3"	* IHA 13'3/4	* IHA 12'9"		
* 400 meter Hurdles	* AMY DONNELLY	* LYNN VILLOPETO	* CAROLYN O'BRIEN	* 6	* 3
	* RHS 72.6	* IHA 74.6	* RHS 75.1		
* 100 meter Dash	* KERRI REILLY	* JENNIFER CAMP	* DEENIE BARTH	* 6	* 3
	* RHS 14.3	* IHA 14.7	* RHS 14.7		
* 1600 meter Run	* JANET TITUS	* GABRIELLA LAFOND	* SHEELYN MARKER	* 6	* 3
	* RHS 6:05.5	* IHA 6:09.2	* RHS 6:43.4		
* 400 meter Dash	* KERRI REILLY	* LAURA POLLACCI	* SUE SPENGLER	* 9	* 0
	* RHS 65.8	* RHS 66.8	* RHS 69.0		
* 100 meter Hurdles	* LYNN VILLOPETO	* AMY DONNELLY	* TAMMY RAYEVICH	* 4	* 5
	* IHA 18.7	* RHS 19.2	* RHS 19.4		
* 800 meter Run	* KATE McDERMOTT	* PAM PARKER	* THERESA ROONEY	* 8	* 1
	* RHS 2:48.5	* RHS 2:50.8	* IHA 2:53.0		
* 200 meter Dash	* LAURA POLLACCI	* AMY DONNELLY	* MICHELE COMPTON	* 9	* 0
	* RHS 28.9	* RHS 29.3	* RHS 30.1		
* 3200 meter Run	* Nanci Titus	* LYNN DESELMANN	* GABRIELLA LAFOND	* 8	* 1
	* RHS 12:12.4	* RHS 13:30.1	* IHA 13:39.7		
* Triple Jump	* JENN WRUBEL	* DEENIE BARTH	* TAMMY RAYEVICH	* 9	* 0
	* RHS 29'9"	* RHS 29'8"	* RHS 27'5 1/2"		
* 4X400 m. Relay	* RIDGEWOOD	* 4:34.7	* I.H.A.	* 5	* 0
	* COCHRAN 69.0 TITUS 68.6				
	* COMPTON 68.4 POLLACCI 68.9				
* Shot Put	* TAMMY RAYEVICH	* ALFREDA ELDRIDGE	* MADRS	* 8	* 1
	* RHS 31'5"	* RHS 29' 1/2"	* IHA 28'2 1/2"		
* Discus	* LOUISE PALLONE	* ALFREDA ELDRIDGE	* JENNIFER CAMP	* 8	* 1
	* RHS 80'1 1/2"	* RHS 75'11"	* IHA 73'3"		
* High Jump	* JENN WRUBEL	* LYNN VILLOPETO	* LYNN COLLARO	* 6	* 3
	* RHS 4'8"	* IHA 4'6"	* RHS 4'4"		
FINAL SCORE				* 97	* 25

COMMENTS:

We did a great job on a cold day against an improving IHA Team. Many of our athletes won or scored for the first time. Jenn Wrubel won three events! Nanci Titus and Kerri Reilly had the performances of the day.

Warming up is our area that needs improvement. Many did not run enough for warmup + many took their sweats off too soon on such a cold Day.

RIDGEWOOD vs I.H.A.

NON-SCORING PERFORMANCES

* EVENT *				
*Long *				*
* Jump *				*
* *				*
400 meter				*
* Hurdles*	COCHRAN	77.3		*
* *				*
100 meter	(DQ) <u>UNIFORM</u>			*
* Dash *	CALLAGHAN	15.8		*
* *				*
1600meter				*
* Run *	WINTHER	7:07.1	E. Williams	7:33.3
* *				*
400 meter				*
* Dash *				*
* *				*
100 meter				*
* Hurdles*	O'BRIEN	19.9		*
* *				*
800 meter			MONTEGARI - DNF	<u>TRIPPED</u>
* Run *	GIFFUNI	3:05.3	KHIEU - 3:07.6	KENDUCK - 3:22.0
* *				*
200 meter				*
* Dash *	GUENTHER	35.8	AHERN - 38.2	(fall)
* *				*
3200meter				*
* Run *	WHEELER	14:25.9	A. Williams	15:50.6
* *				*
*Triple *				*
* Jump *				*
* *				*
*4X400 m. *				*
* Relay *				*
* *				*
*Shot *				*
* Put *	PALLONE	26' 7½"	RIZIK	22' 4"
* *			CALLAGHAN	21' 4"
* *				*
*Discus *				*
* *	RAYEVICH	69' 11"	RIZIK	62' 6"
* *			MONTEGARI	54' 9½"
* *				*
*High *				*
* Jump *				*
* *				*

COMMENTS:

RIDGEWOOD vs PARAMUS CATHOLIC WEATHER - SUNNY WARM NOT A CLOUD
IN THE SKY
DATE 4/14/87 TRACK CONDITIONS

* EVENT	* FIRST PLACE	* SECOND PLACE	* THIRD PLACE	* RHS	* P.C.	*
* Long	* KELLY JACOB	* JEN WRUBEL	* HEIDI CRUZ	*	*	*
* Jump	* P.C. 15'	* R 14'2"	* P.C. 12'7"	* 3	* 6	*
* 400 meter	* LYNN DEGELMANN	* SUE SPENGLER	* AMY DONNELLY	*	*	*
* Hurdles	* R 69.8	* R 74.6	* R 75.2	* 9	* 0	*
* 100 meter	* KERRI REILLY	* LAURA POLLACI	* MICHELLE COMPTON	*	*	*
* Dash	* R 13.8	* R 13.8	* R 14.2	* 9	* 0	*
* 1600 meter	* KATE McDERMOTT	* DONNA CLARK	* PAM PARKER	*	*	*
* Run	* R 6:11.4	* P.C. 6:11.8	* R 6:20.7	* 6	* 3	*
* 400 meter	* Nanci Titus	* JANET TITUS	* CARMEL GERASHTY	*	*	*
* Dash	* R 67.8	* R 70.7	* P.C. 73.9	* 8	* 1	*
* 100 meter	* LYNN DEGELMANN	* TAMARA LOCHRAN	* AMY DONNELLY	*	*	*
* Hurdles	* R 17.1	* R 18.7	* R 18.9	* 9	* 0	*
* 800 meter	* KELLY JACOB	* Nanci Titus	* PAM PARKER	*	*	*
* Run	* P.C. 2:38.9	* R 2:39.1	* R 2:56.2	* 4	* 5	*
* 200 meter	* KERRI REILLY	* MICHELLE COMPTON	* DEANIE BARTH	*	*	*
* Dash	* R 29.0	* R 29.4	* R 29.5	* 9	* 0	*
* 3200 meter	* JANET TITUS	* SHEELYN MARKER	* MEGUMO MITSUZAMI	*	*	*
* Run	* R 13:05.3	* R 14:30.1	* P.C. 14:36.9	* 8	* 1	*
* Triple	* DEANIE BARTH	* KELLY JACOB	* HEIDI CRUZ	*	*	*
* Jump	* R 30'6"	* P.C. 29'8"	* P.C. 27'5 1/2"	* 5	* 4	*
* 4X400 m.	* RIDGEWOOD 4:37.0	* PARAMUS CATHOLIC	*	*	*	*
* Relay	* REILLY-67.8	* COMPTON 70.6	* 5:09.5	* 5	* 0	*
	* O'BRIEN-70.8	* DONNELLY 67.9	*	*	*	*
* Shot	* FLORENCE BARREAU	* JOANN RIZIK	* TRICIA CALLAGHAN	*	*	*
* Put	* P.C. 30'4 1/2"	* R 23'5 1/4"	* R 21'1 1/4"	* 4	* 5	*
* Discus	* FLORENCE BARREAU	* MAUREEN MONTESARI	* JOANN RIZIK	*	*	*
	* P.C. 81'9"	* R 66'2 1/2"	* R 59'7"	* 4	* 5	*
* High	* JEN WRUBEL	* LYNNE COLLAZO	* F. BARREAU	*	*	*
* Jump	* R 4'8"	* R 4'8"	* P.C. 4'4"	* 8	* 1	*
				FINAL		
				SCORE	* 91	* 31

COMMENTS:

RACE OF THE DAY: KATE McDERMOTT'S
WIN IN THE 1600.

FIELD EVENT OF THE DAY: BARTH'S WIN &
LYNNE COLLAZO'S IMPROVEMENT IN THE HIGH JUMP

RIDGEWOOD vs PARAMUS CATHOLIC

NON-SCORING PERFORMANCES

* EVENT *			
*Long *			*
* Jump *			*
* *			*
400 meter			*
* Hurdles*	O'BRIEN	74.8	*
* *			*
100 meter			*
* Dash *	BARTH	14.0	*
* *			*
1600meter	KHIEU - 6:59.8	MONTESARI - 7:03.9	*
* Run *	GIFFUNI - 7:00.6	KENDUCK - 7:20.6	*
* *			*
400 meter			*
* Dash *			*
* *			*
100 meter			*
* Hurdles*	O'BRIEN 19.4	WRUBEL 21.3	*
* *			*
800 meter			*
* Run *	WHEELER 3:06.4	WINTHER 3:08.7	A.WILLIAMS 3:13.0*
* *			*
200 meter			*
* Dash *	FISCHER - 33.0		*
* *			*
3200meter			*
* Run *	E. WILLIAMS	16:27.4	*
* *			*
*Triple *			*
* Jump *	WRUBEL	26'6"	*
* *			*
*4X400 m. *			*
* Relay *			*
* *			*
*Shot *	M. MONTESARI - 20' 1 1/2"		*
* Put *	C. BONILLA - 16' 0"		*
* *			*
*Discus *	CALLAGHAN - 48' 3"		*
* *			*
* *	BONILLA - 40' 11"		*
* *			*
*High *			*
* Jump *	POLLACI	4'0"	*
* *			*

COMMENTS:

Westwood girls are favored

By Paul Schwartz
Correspondent

Although early-season relays don't always indicate who'll win at the Jack Yockers Bergen County Relays, it's unlikely that a dark horse will emerge at this weekend's annual event.

TRACK

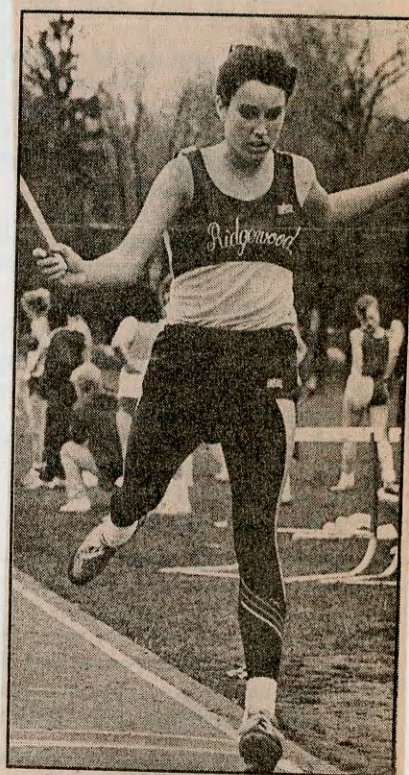
By that standard, Westwood's and Ridgewood's girls should be heavily favored in the 1-2 and 3-4 championships, respectively, as should Saddle Brook's boys in Group 1-2. But strange things can happen in the two-day meet, which begins this afternoon with the small schools at the New Milford track and the large schools at Hackensack, both at 3:30 p.m. The meet concludes Saturday at 8 a.m. in Hackensack.

In the girls 1-2 meet, Westwood's sprint and weights power looks too strong for the rest of the division, and the Cardinals should handily repeat last year's win.

In 3-4, Ridgewood, off consecutive wins in the Ridgewood and Bulldog Relays, should ride its distance power and all-around excellence to its sixth consecutive win, perhaps with a score approaching last year's record 53 points. But a fine Teaneck team, which finished second at the High Point relays, will challenge. If Teaneck can beat Pascack Valley's jumpers and can get some help in the sprints, the Highwaywomen could win its first title since 1980.

Saddle Brook, heavily favored in last year's 1-2 event, failed to show in time for the shuttle hurdles last year and ended up losing to Waldwick. This year, the Falcons should win. Look for New Milford, Rutherford, Mahwah, and Waldwick to contend.

In 3-4, Ramsey won last week's Bulldog Relays and Demarest the small-school Ridgewood Relays, but look for the champion here to come from Bergen Catholic, Ridgewood, and defending champ Hackensack.



Staff photos by Klaus-Peter Steitz
*Ginny Figlar anchors
Ridgewood to victory in the
Group 3-4 mile relay.*

Collazo paces Ridgewood; Westwood wins Group 1-2

By Joe Sexton
Correspondent

TENAFLY — The last time Jasmin Jones sat on Lynn Collazo's shoulder, the Ridgewood sophomore crumbled, barely managing to collect enough of herself to finish the race. Yesterday, there were 200 yards to go in the sprint medley at the Jack Yockers Bergen County Relays when the Hackensack star again appeared on Collazo's shoulder.

This time, she simply got dusted off.

GIRLS TRACK

"I knew she was coming," Collazo said of Jones, who had caught and then buried her on the final leg of the sprint medley at the county indoor relays last February. "But I didn't want to let myself be chased by her. I really didn't want to think about her at all."

So she blocked her out and then closed the door. Running the 800-meter anchor leg for the Maroons, Collazo turned in a personal best when she outran Jones down the stretch. The win helped spark Ridgewood to its sixth straight girls team title for large schools, 53-43 over Teaneck, which finished second for the third straight year. Pascack Valley took third, seven points behind the Highwaywomen.

Westwood got strong field performances from Stacey Price and Debbie Pickens and standout track times from Aquansa Garth and Mary Sok to win the team championship for small schools. The Cardinals outscored New Milford 49½-44½. Saddle Brook was 15 points back for third.

Jones, who nonetheless ran a 2:11 800 and a 4:56 mile during the day, was given the Jacob Brown Award as the outstanding track performer.

"We knew Jasmin was going to catch Lynn," Ridgewood coach Jacob Brown said of his emerging

sophomore. "I just told Lynn to try and stay with her, not to concede. Frankly, I didn't think Lynn would hold her off."

After the race, Collazo made no attempt to hold back her emotions, calling her sub 2:18 performance the race of her life.

Teaneck lost all chance to be a serious threat to Ridgewood when its shuttle hurdles team was disqualified.

"When you start the day like that, it kind of shakes you," Teaneck coach Cheryl Miller-Porter said.

The Ridgewood squad was always steady, sometimes spectacular throughout the day, setting three meet records in the distance events. Collazo, Jean Hughes, Jennifer Hughes, and Norine D'Arcy finished the 3,200 in 9:37.9. In the 6,400, the Hughes sisters teamed with Karen Cannon and Nanci Titus to win in 21:37.8. Collazo and D'Arcy later combined with Ginny Figlar and Lynn Degelmann to win the 1,600 in 4:02.7.

Teaneck's Becky Miller, Ann Wellington, and Cheryl Cole together threw the discus 267 feet 2 inches to capture that event. The Highwaywomen also finished first in the 400-meter relay when Missy Hicks, Toya Williams, Shonna Clay, and Pam Birchett turned in a time of 52 seconds.

Senior Kim Baumbach, named the winner of the Dick Hitt Award as the outstanding field events performer, led Pascack Valley to a victory in the long jump, combining with Chris Bella and Lauren Traphagen to leap 43-10½. The Indians also took the javelin when Diane Drago, Kathleen Applin, and Lori Mererg threw a combined 252-4.

Garth, Sok, and Keirsten Wallace led Westwood to victories in all three sprint events, setting meet records in the 400 and 1,600.

Lisa and Lynn Petrolia and Kim Taylor paced New Milford, teaming to win the long jump (41-7½) and shuttle hurdles (1:11.1).

Group 3-4 girls

TEAM SCORING

Ridgewood 53, Teaneck 42, Pascack Valley 36,

Bergenfield 25½, Cliffside Park 18½, Old Tappan 18, Indian Hills 10, Paramus and Tenafly 9, Hackensack 8, Ramapo 6, Queen of Peace and Ramsey 2, Pascack Hills 1.

400 — 1, Teaneck (Missy Hicks, Toya Williams, Shonna Clay, Pam Birchett), 51.6; 2, Ridgewood, 54.0; 3, Pascack Valley, 54.4; 4, Ramapo, 54.5; 5, Queen of Peace, 55.5.

1,600 — 1, Ridgewood (Lynn Degelmann, Lynne Collazo, Norine D'Arcy, Ginny Figlar), 4:02.7 (record, old record 4:04.9 by Ridgewood, 1986); 2, Teaneck, 4:08.6; 3, Pascack Valley, 4:13.4; 4, Tenafly, 4:14.9; 5, Bergenfield, 4:16.3.

3,200 — 1, Ridgewood (Lynne Collazo, Jean Hughes, Jennifer Hughes, Norine D'Arcy), 9:37.9 (record, old record 9:37.9 by Ridgewood, 1982); 2, Pascack Valley, 9:49.9; 3, Teaneck, 10:06.2; 4, Paramus, 10:36.9; 5, Pascack Hills, 10:38.3.

6,400 — 1, Ridgewood (Nanci Titus, Karen Cannon, Jean Hughes, Jennifer Hughes), 21:37.8 (record, old record, 22:06.9 by Ridgewood, 1982); 2, Paramus, 23:08.7; 3, Old Tappan, 23:46.3; 4, Ramsey, 23:56.5; 5, Bergenfield, 24:29.8.

Sprint medley — 1, Ridgewood (Kerri Reilly, Dennie Barth, Laura Pollaci, Lynne Collazo), 4:18.6; 2, Hackensack, 4:19.8; 3, Old Tappan, 4:29.0; 4, Ramapo, 4:32.7; 5, Tenafly, 4:33.8.

Shuttle hurdles — 1, Bergenfield (Michaela Steiner, Eva Nordberg, Michelle King, Lisa Grube), 1:10.5; 2, Indian Hills, 1:10.8; 3, Cliffside Park, 1:11.5; 4, Ridgewood, 1:11.5; 5, Old Tappan, 1:13.9.

Discus — 1, Teaneck (Becky Miller, Anne Wellington, Sheryl Cole), 267-2; 2, Old Tappan, 254-6; 3, Ridgewood, 239-8; 4, Cliffside Park, 237-7; 5, Pascack Valley, 231-8.

Javelin — 1, Pascack Valley (Kathleen Applin, Lori Meberg, Diane Drago), 252-4; 2, Tenafly, 240-11; 3, Ridgewood, 232-7; 4, Cliffside Park, 226-2; 5, Queen of Peace, 204-2.

Long jump — 1, Pascack Valley (Chris Bella, Lauren Traphagen, Kim Baumbach), 43-10½; 2, tie between Bergenfield and Cliffside Park, 40-11¼; 4, Teaneck, 40-9½; 5, Ridgewood, 39-9½.

PENN RELAYS RESULTS

THURSDAY, APRIL 23

4 X 100 METER RELAY

KERI REILLY
DEANIE BARTH
LAURA POLLACI
LYNN DEGELMANN



5TH IN HEAT

4 X 800 METER RELAY

GINNY FIGLAR	2.22.4
JENN HUGHES	2.19.7
NORRINE DARCY	2.17.8
LYNN COLLAZO	2.15.5
<u>TOTAL TIME</u>	<u>9.15.3</u>

1ST IN HEAT/6TH ON THE DAY

4 X 400

KERI REILLY	63.1
LAURA POLLACI	64.3
JEAN HUGHES	61.3
LYNN DEGELMANN	61.7
<u>TOTAL TIME</u>	<u>4.10.3</u>

FRIDAY, APRIL 24

CHAMPIONSHIP OF AMERICA-4 X 800 METER RELAY

GINNY FIGLAR	2.20.0
JENN HUGHES	2.20.7
NORRINE DARCY	2.19.1
LYNN COLLAZO	2.15.7

4TH IN CHAMPIONSHIP FINAL / TOP TEAM IN NEW JERSEY

RIDGEWOOD vs HACKENSACK

WEATHER Sunny, Breezy + Warm

DATE April 27, 1987

TRACK CONDITIONS Good

* EVENT *	* FIRST PLACE (3) *	* SECOND PLACE (3) *	* THIRD PLACE (1) *	* RHS#1 *	* Hacky *
* Long *	Jen Wrubel	Kerri Reilly	Vicki Zona	*	*
* Jump *	(R) 15'2 3/4	(R) 13'10 1/4	(H) 13'6	8	1
* 400 meter *	Lynn	Sue Spengler	Erica Ballinger	*	*
* Hurdles *	Degelman 70.1	(R) 73.5	(H) 74.6	8	1
* 100 meter *	Ginny Figlar	Kerri Reilly	Deenie Barth	*	*
* Dash *	(R) 12.6	(R) 13.7	(C) 14.2	9	0
* 1600 meter *	Jasmine Jones	Janet Titus	Nina Albanese	*	*
* Run *	(H) 5:55.1	(R) 6:00.1	(H) 6:08.5	3	6
* 400 meter *	Ginny Figlar	Sheila Vaughn	Amy Donnelly	*	*
* Dash *	(R) 58.7	(R) 65.7	(R) 66.0	9	0
* 100 meter *	Sheryl	Lynn Degelman	Erica Ballinger	*	*
* Hurdles *	(R) 16.3	(R) 16.8	(H) 18.6	8	1
* 800 meter *	Nora Titus	Sue Spengler	Kiri Ruz	*	*
* Run *	(R) 2:26.9	(R) 2:32.6	(H) 2:36.6	8	1
* 200 meter *	Ginny Figlar	Laura Pollacci	Kerri Reilly	*	*
* Dash *	(R) 27.3	(R) 28.1	(R) 28.5	9	0
* 3200 meter *	Jasmine Jones	Narine D'Arcy	Jen Hughes	*	*
* Run *	(H) 11:09.3	(R) 11:20.7	(R) 11:38.2	4	5
* Triple *	Jen Wrubel	Erica Ballinger	Amy Donnelly	*	*
* Jump *	(R) 31'10 1/4	(H) 29'9 1/2	(R) 29'5 1/2	6	3
* 4X400 m. *	Pollacci, Titus, Degelman, Reilly	HACKENSACK		*	*
* Relay *	Ridgewood 4:25.5		4:45.1	5	0
* Shot *	O'Reilly	Tammy Royerich	Alfreda Eldridge	*	*
* Put *	(H) 33'7	(R) 32'1 1/2	(R) 29'5	4	5
* Discus *	O'Reilly	Tammy Royerich	Louise Pallone	*	*
* *	(H) 111'6 1/2	(R) 83'9	77'4 1/2	4	5
* High *	Jen Wrubel	Sheila Vaughn	Theresa Gordon	*	*
* Jump *	(R) 4'8	(R) 4'8	4'4	8	1

COMMENTS:

TRIPLE WINNERS

Wrubel - LJ, TJ, HJ
Figlar - 100, 400, 200

FINAL SCORE

93 * 29 * 33
29

RIDGEWOOD vs HACKENSACK

NON-SCORING PERFORMANCES

* EVENT *				
*Long *	MICHELLE COMPTON	11' 9 1/4"		*
* Jump *				*
* *				*
400 meter	DONNELLY	1:16.2		*
* Hurdles*				*
* *				*
100 meter	JENNIFER HUGHES	14.5	MICHELLE COMPTON	14.2
* Dash *	NORINE D'ARCY	15.4		*
* *	LYNNE COLLAZO	13.7		*
1600meter	KATE McDERMOTT	6:19.9	FIONA BUELL	7:15.2
* Run *	PATRICIA MONTEGARI	7:10.9	THIA TANYA WINTHER	7:08.4
* *				*
400 meter				*
* Dash *				*
* *				*
100 meter	O'BRIEN	19.2		*
* Hurdles*				*
* *				*
800 meter	PARKER	2:58	COCHRAN	2:46.3
* Run *			A. WILLIAMS	3:03
* *	KHIEU	2:56	FUFFONI	3:02
			E. WILLIAMS	3:20.9
200 meter				*
* Dash *	COMPTON	29'7"		*
* *	AHEARN	33'2"		*
3200meter				*
* Run *	JEAN HUGHES	11:48		*
* *	LYNNE COLLAZO	12:41.1		*
*Triple *				*
* Jump *				*
* *				*
*4X400 m. *	POLLACI	66.2	DEGELMANN	64.9
* Relay *	N. TITUS	70.9	REILLY	63.7
* *				*
*Shot *	RIZIK	23'8"	PALLONE	27'9"
* Put *	HOERNER	27'11 1/2		*
* *				*
*Discus *	RIZIK	61'11"	BONILIA	52'10"
* *	MONTEGARI	60'7 1/2"		*
* *				*
*High *	BETH FISCHER	(NA)		*
* Jump *	LAURA POLLACI	4'2"		*
* *				*

COMMENTS:

NEW JERSEY RELAYS AT PLAINFIELD H.S.
TUESDAY, MAY 5, 1987

SPRINT MEDLEY

LYNN DEGELMANN(**200**)-29.1

KERI REILLY (**200**)-26.1

GINNIE FIGLAR (**400**)-60.1

LYNNE COLLAZO (**800**)-2.14.5

OVERALL TIME:4.09.7
PLACE:3

OFFICIAL
4:10.5

NEW SCHOOL +
COUNTY RECORD !

DISTANCE MEDLEY

JEAN HUGHES (**800**)-2.19.1

LYNN DEGELMANN(**400**)-60.8

JENN HUGHES (**1200**)-3.44.4

NORINNE DARCY (**1600**)-5.10.5

OVERALL TIME:-12.15.0
PLACE:-1*

WATCHES FOR
THIS VICTORY !

WEATHER-COLD. CLOUDY. LIGHT RAIN

646-4000 411 487-5900

RIDGEWOOD vs Paramus

WEATHER overcast, cool, drizzly

DATE 5/6/87

TRACK CONDITIONS

* EVENT	* FIRST PLACE	* SECOND PLACE	* THIRD PLACE	* RHS	* Paramus*
* Long	* Mc Dermott *	* WRUBEL	* BOIS	*	*
* Jump	* 15'9" (R)	* 14'10" (R)	* 13'1 1/2" (R)	* 9	*
* 400 meter	* Degelman (R)	* spengler (R)	* O'Brien (R)	*	*
* Hurdles	* 66.7 *	* 75.5	* 75.6	* 9	*
* 100 meter	* Figlar (R)	* McDermott (R)	* Reilly (R)	*	*
* Dash	* 13.3 *	* 13.5	* 13.7	* 9	*
* 1600 meter	* Cannon (R)	* King (P)	* Seidel (P)	*	*
* Run	* 5:28.2 *	* 5:38.8	* 5:56.7	* 5	* 4
* 400 meter	* Figlar (R)	* Reilly (R)	* Pollaci (R)	*	*
* Dash	* 59.5	* 62.3	* 65.2	* 9	*
* 100 meter	* Sheryl Vanduse	* Lynn Degelman	* Jenn Slaves	*	*
* Hurdles	* 16.6 (R) *	* 16.9 (R) *	* 17.5 (P)	* 8	* 1
* 800 meter	* AMY KEMP	* KATE McDERMOTT	* TAMARA COCHRAN	*	*
* Run	* 2:26.9 (P) *	* 2:44.7 (R)	* 2:44.8 (R)	* 4	* 5
* 200 meter	* Ginny Figlar	* SHELIAN VAUGHN	* MICHELLE COMATON	*	*
* Dash	* 27.6 (R) *	* 28.6 (R)	* 29.3 (R)	* 9	* 0
* 3200 meter	* K. CANWON	* JINNET TITUS	* Laurie Seidel	*	*
* Run	* 12:06.3 (R) *	* 12:20.7 (R) *	* 12:45.8 (P)	* 8	* 1
* Triple	* WRUBEL *	* BOYCE *	* BARTH	*	*
* Jump	* 31'7" (R) *	* 31'3 1/4" (R) *	* 30'7" (R)	* 9	* 0
* 4X400 m.	* [Ridgewood]	* Paramus		*	*
* Relay	* Pollaci, Spengler, McDermott			*	*
* 1600	* Deelman *	* 4:23.1	* 4:52.1	* 5	*
* Shot	* ELDRIGE	* RAYEVICH	* MENVILLE	*	*
* Put	* 30' 8 1/4" (R)	* 30' 1/2" (R)	* 29' 2 1/4" (R)	* 8	* 1
* Discus	* RAYEVICH TAMMY	* MENVILLE	* ELDRIGE	*	*
*	* 95' 3 1/2" (R) *	* 84' 7" (P)	* 83' 5 1/2" (R)	* 6	* 3
* High	* wrubel	* vanderSchuyt	* VAUGHN	*	*
* Jump	* 4'8" (R)	* 4'8" (R)	* 4'8" (R)	* 9	* 0
				FINAL	*
				SCORE	* 107 * 15 *

COMMENTS:

FIGLARS THREE WINS, ELDRIDGE'S FIRST
 VARSITY WON and JENNIFER McDERMOTT
 RETURN TO ACTION HIGHLIGHTED THIS
 MEET.

RIDGEWOOD vs PARAMUS

NON-SCORING PERFORMANCES

* EVENT *					
*Long *					
* Jump *					
* *					
400 meter					
* Hurdles*					
* *					
100 meter	VAUGHAN 13.9	AHERNE 15.5			
* Dash *		FISCHER 16.3			
* *	BARTH 14.3				
1600meter	FITZGERALD - 6:19.2	MARKER 6:48			
* Run *		P. MONTEGARI 6:54.3			
* *	GIFFUNI - 6:54.6	KENDUCK 7:17.5			
400 meter					
* Dash *					
* *					
100 meter	CAROLYN O'BRIEN 19.9				
* Hurdles*					
* *					
800 meter	Pam PARKER 2:48.7	KHIEU - 3:03.7			
* Run *		ANN WILLIAMS 3:15.4			
* *	LIZ GUNETTER 3:00.7				
200 meter					
* Dash *					
* *	DECONGELIO 29.9				
3200meter					
* Run *	FIONA BUELL - 13:34.8				
* *					
*Triple *					
* Jump *					
* *					
*4X400 m. *					
* Relay *	POLLACI (64.3) - SPENGLER (67.7) - ^{KATE} McDERMOTT 70.8 - DEGELMANU - 60.6				
* *					
*Shot *	LOUISE LOUISE 27'8 1/4"	MAUREEN 20' 1/4"	TRICIA - 19'3 1/2"		
* Put *	MARGOT 25'11 1/4"	BETH 23'2 1/4"	CECILIA - 17'7 1/2"		
* *	JOANN 24'6 1/2"	AMY 18' 1/2"			
*Discus *	LOUISE - 79'18"	MAUREEN - 62'	TRICIA 57'7 1/2"		
* *	MARGOT - 67'38"	AMY 55'3 1/2"	CECILIA 46'3"		
* *	JOANN - 71'24"	BETH 56'11 1/2"			
*High *					
* Jump *					
* *					

COMMENTS:

Ridgewood sweeps to twin victories

By Paul Schwartz

Correspondent

MONTCLAIR — There was a role reversal behind Ridgewood's two team victories at the Northern New Jersey Interscholastic League Bergen division meet yesterday at Woodman Field.

The boys, with a star-laden lineup of seniors, got some fine performances from their stars, but also got some outstanding work from sophomores Craig Halyard and Kevin McCabe and junior Eric Ellinghaus to edge Hackensack, 69-66.

NNJIL TRACK

The girls, with a mostly underclass lineup, needed an inspiring performance from senior Norine D'Arcy to edge Teaneck, 87-83, for their first league meet title in four years.

And Hackensack's Jasmin Jones set a county record in the 400, just missed a second record in the 3,200, and won her specialty, the 800, in the third fastest time in the United States this season.

Ridgewood's boys came out of Friday's first half of the meet trailing Hackensack 36-28, but Maroon coach Dick Van Yperen was confident that his team could come back and win.

"If we just continued to do what we had done Friday, I thought we would win," said Van Yperen. "And we continued to score well."

A 1-3-4 finish in the 800, keyed by Chris Rae's meet-record 1:54.5 (sixth all-time in Bergen), and a 1-2-3 finish in the 1,600, with Rae, 3,200 winner Eric Berntsen, and McCabe running under 4:29, were the primary elements in the win. But Van Yperen saw even more good signs.

"It has been a struggle to get these kids to think team, because the natural choice in track is to go for the individual performances," Van Yperen said. "But the way we ran the mile (1,600) was a team race, with every one helping each other out. And that was the way we dealt with this day."

Halyard, who won the triple



Staff photo by Joe Giardelli

Teaneck's Ken Green is well on his way to victory in the NNJIL 110 high hurdles. Bergen Catholic's Bob Ghelli center, was third.

jump with a leap of 45-5½ (fifth-longest ever) Friday, came back to win the long jump at 21-5 to clinch the meet in the day's final event. Doug Shultz won the 400 intermediates and took a second and a fourth. Ellinghaus had a surprise fifth in the 400 to help the Maroons to the win. Berntsen's 9:21.6 in the 3,200 set the second meet record.

Ridgewood's girls win came as a surprise to Jacob Brown, who thought that Teaneck might be too strong for the Maroons.

"But we had a mistake-free meet," said Brown, "And when Norine won that 1,600 for us after running as well as she did yesterday [Friday], it inspired us."

D'Arcy won the 1,600 yesterday in 5:08.0, running down Amy Kempf of Paramus in the final straightaway. She had also finished third in the 3,200 in 10:58.6 Friday, in a race in which the first

four finishers moved into the Bergen top 10. She helped Ridgewood outscore Teaneck, 26-1, in the three distance events, overcoming Teaneck's 34-13 advantage in the sprints and high hurdles.

"This sets us up for what we can do as a team," said Brown. "Had we lost badly, we might have just concentrated on some individual goals."

Jones took 0.6 off her own 400 county record in defeating Ginny Figlar of Ridgewood in 56.2. She also won the 800 in 2:11.8, less than 1½ seconds from the national high school lead and had won the 3,200 in 10:36.5 Friday, only two seconds from the county record.

Teaneck was paced by Pam Birchett, who won the long and triple jumps, the latter with a jump of 36-2½, seventh longest in county history. Teaneck took seven first places to just three for Ridgewood.

NNJIL Bergen

TEAM SCORING

Ridgewood 87, Teaneck 83, Hackensack 31, Paramus 13, Immaculate Heart Academy 7, Paramus Catholic 2.

100 - 1, Shonna Clay, Teaneck, 12.7; 2, Missy Hicks, Teaneck, 12.9; 3, Ginny Figlar, Ridgewood, 13.0; 4, Pam Birchett, Teaneck, 13.2; 5, Kerri Reilly, Ridgewood, 13.9.

200 - 1, Missy Hicks, Teaneck, 26.3; 2, Shonna Clay, Teaneck, 26.4; 3, Ginny Figlar, Ridgewood, 26.5; 4, Pam Birchett, Teaneck, 27.0; 5, Kerri Reilly, Ridgewood, 27.8.

400 - 1, Jasmin Jones, Hackensack, 56.2 (Bergen County record, old record, 56.8 by Jones, 1986); 2, Ginny Figlar, Ridgewood, 57.1; 3, Lynn Degelmann, Ridgewood, 60.1; 4, Lauren Singleton, Teaneck, 60.5; 5, Lynne Collazo, Ridgewood, 60.5.

800 - 1, Jasmin Jones, Hackensack, 2:11.8; 2, Lynne Collazo, Ridgewood, 2:16.5; 3, Norine D'Arcy, Ridgewood, 2:18.1; 4, Jean Hughes, Ridgewood, 2:18.7; 5, Stephanie Giddens, Teaneck, 2:25.0.

1,600 - 1, Norine D'Arcy, Ridgewood, 5:08.0; 2, Amy Kempf, Paramus, 5:08.4; 3, Jennifer Hughes, Ridgewood, 5:24.6; 4, Nanci Titus, Ridgewood, 5:30.5; 5, Rebecca King, Paramus, 5:43.6.

3,200 - 1, Jasmin Jones, Hackensack, 10:36.5; 2, Amy Kempf, Paramus, 10:51.1; 3, Norine D'Arcy, Ridgewood, 10:58.6; 4, Jennifer Hughes, Ridgewood, 11:16.4; 5, Karen Cannon, Ridgewood, 11:41.5.

100 HH - 1, Debbie McDonald, Teaneck, 15.6; 2, Shonna Clay, Teaneck, 15.7; 3, Sheryl Vander Schyff, Ridgewood, 16.5; 4, Amy Donnelly, Ridgewood, 19.3; 5, Jenni Goldberg, Paramus, 19.3.

400 IH - 1, Lynn Degelmann, Ridgewood, 65.8; 2, Lynn Vilopoto, IHA, 71.2; 3, Amy Donnelly, Ridgewood, 72.3; 4, Trenace Mickens, Teaneck, 72.3; 5, Sue Spengler, Ridgewood, 72.7.

1,600 relay - 1, Ridgewood (Kerri Reilly, Jean Hughes, Lynne Collazo, Lynn Degelmann), 4:02.5; 2, Teaneck, 4:03.4; 3, Hackensack, 4:40.9; 4, Paramus, 4:43.1.

High jump - 1, Lauren Singleton, Teaneck, 5-4; 2, Debbie McDonald, Teaneck, 5-3; 3, Sheryl Vander Schyff, Ridgewood, 5-0; 4, Shiela Vaughn, Ridgewood, 4-11; 5, Lynn Vilopoto, IHA, 4-11.

Long jump - 1, Pam Birchett, Teaneck, 17-3 1/2; 2, Jen McDermott, Ridgewood, 16-9 1/2; 3, Jen Wrubel, Ridgewood, 16-1/2; 4, Lynn Vilopoto, Immaculate Heart Academy, 15-10; 5, Kelly Jacob, Paramus Catholic, 15-8.

Triple jump - 1, Pam Birchett, Teaneck, 36-2 1/2; 2, Donna Gooden, Teaneck, 34-10 1/4; 3, Jen McDermott, Ridgewood, 34-6 1/2; 4, Jen Wrubel, Ridgewood, 31-11; 5, Kelly Jacob, Paramus Catholic, 31-9 1/2.

Shot put - 1, Alana O'Reilly, Hackensack, 36-3 1/2; 2, Anne Wellington, Teaneck, 34-2 1/4; 3, Tammy Rayevich, Ridgewood, 32-2 3/4; 4, Alfreda Elridge, Ridgewood, 31-8; 5, Sheryl Cole, Teaneck, 30-2 3/4.

Discus - 1, Anne Wellington, Teaneck, 118-7 1/2; 2, Alana O'Reilly, Hackensack, 107-8; 3, Sheryl Cole, Teaneck, 103-8; 4, Tammy Rayevich, Ridgewood, 100-4; 5, Annica Lin, Paramus, 90-5.

Results

LEAGUE MEET

on The Track at 2:15

FRIDAY

400 Hurdles	65.5	72.3	73.2
	Donnelman	Donnelly	Spengler
200 Meters	26.5	27.9	28.7
	Figlar	Reilly	Vaughan
3200 meters	10:58.6	JENNIFER HUGHES	11:41.0
	D'Arcy	CANNON	
DISCUS	100'4"	Eldridge	Pallone
	32'2 3/4"		
SHOT	34'6 1/2"	Eldridge	Pallone
		31'	29'
TRIPLE JUMP	Mc Dermott	Wrubel	Boyce
HIGH JUMP	5'0"	4'11"	4'11"
	van der Schyff	Wrubel	Vaughan

SAT

Bud at 7:30

100 Hurdles	16.7	16.5	18.8
	van der Schyff	Donnelly	Spengler
100	13.9	13.9	13.9
	Figlar	Reilly	Vaughan
400	57.1	60.5	60.1
	Figlar	Collazo	Degelman
800	2:16.5	2:17.7	2:18.1
	Collazo	Hughes	D'Arcy
1600	5:08.0	5:08.4	5:24.6
	D'Arcy	Hughes	N. Titus
Long Jump	15'9 1/2"	16'3"	16'6"
	Mc Dermott	Wrubel	Boyce
4 x 400	16'9"	16'1"	16'4 1/2"
	Reilly	Jean Hughes	Collazo
	61.5	61.0	59.6
			60.0

RIDGEWOOD vs TEANECK

WEATHER SUNNY MILD

DATE MAY 11TH 1987

TRACK CONDITIONS ALL WEATHER (RIDGEWOOD)

* EVENT	* FIRST PLACE	* SECOND PLACE	* THIRD PLACE	* RHS	* TEANECK
* Long Jump	* Pam Birchett * 16'5 1/2" T	* Jen McDermott * 16'3 3/4 R	* Ginny Figlar * 14'1"	* 4	* 5
* 400 meter Hurdles	* Lynn Beigelmann * (R) 67.5	* Trenee Mckens * (T) 1:11.6	* Sue Spengler * (R) 1:12.4	* 6	* 3
* 100 meter Dash	* Shonna Clay * (T) 12.5	* Missy Hicks * (T) 12.6	* Ginny Figlar * 12.6 (R)	* 1	* 8
* 1600 meter Run	* Jen Hughes * (R) 5:23.3	* Nanci Titus * (R) 5:32.8	* Karen Cannon * (R) 5:34.0	* 9	* 0
* 400 meter Dash	* Ginny Figlar * (R) 58.4	* Lynn Beigelmann * (R) 60.4	* Lauren Singleton * (T) 61.0	* 8	* 1
* 100 meter Hurdles	* Debbie McDonald * (T) 15.4	* Sheryl Vanderschiff * (R) 15.7	* Shonna Clay * (T) 15.8	* 3	* 6
* 800 meter Run	* Jean Hughes * (R) 2:19.6	* Norine Dury * (R) 2:19.9	* Patricia Carter * (T) 2:26.6	* 8	* 1
* 200 meter Dash	* Missy Hicks * (T) 26.5	* Pam Birchett * (T) 26.7	* Shonna Clay * (T) 27.5	* 0	* 9
* 3200 meter Run	* Karen Cannon * (R) 12:43.4	* Nanci Titus * 12:43.7	* Jennifer Hughes * 12:44.3	* 9	* 0
* Triple Jump	* Donna Goosen * 35'1 1/4" T	* Pam Birchett * 34'6 1/4" T	* Jennifer McDermott * 32'11 1/2" R	* 1	* 8
* 4X400 m. Relay	* TEANECK * 4:03.8	* RIDGEWOOD * 4:06.4		* 0	* 5
* Shot Put	* Tammy Rayevich * (R) 31'10"	* Alfreda Eldridge * (R) 29'5"	* Louise Pallone * (R) 28'8"	* 9	* 0
* Discus	* Alfreda Eldridge * (R) 96'11"	* Cheryl Cole * (T) 91'1 1/2"	* Tammy Rayevich * (R) 91'	* 6	* 3
* High Jump	* Lauren Singleton * 5'2"	* Debbie McDonald * 5'2"	* Sheryl Vanderschiff * 5'0"	* 1	* 8
FINAL SCORE				* 65	* 57

COMMENTS: ANOTHER RIDGEWOOD - TEANECK
BARN BURNER!

THE THROWERS MADE THE DIFFERENCE!

* EVENT *						
* Long *	BOYCE	14' 1/4"				
* Jump *						
* 400 meter *	DONNELLY	73.2				
* Hurdles *						
* 100 meter *	REILLY	13.2	BARTH	DE CONZELIO	14.2	
* Dash *	McDERMOTT	13.6	COMPTON			
* 1600 meter *	JANET TITUS	5:50.7				
* Run *						
* 400 meter *	COLLAZO	61.5				
* Dash *						
* 100 meter *	DONNELLY	19.6				
* Hurdles *	COCHRAN	18.3				
* 800 meter *	JENNIFER HUGHES	2:32.7	PARKER	2:44	GUENTHER	2:58
* Run *	SUE SPENGLER	2:27.8	MARKER	3:01	COCHRAN	2:52
					McDERMOTT	2:41.6
* 200 meter *	FIŞLAZ		BARTH			
* Dash *	VAUGHAN		COMPTON	28.7		
	POLLACI		AMERNE			
* 3200 meter *						
* Run *	PAM PARKER	14:16.8				
* Triple *						
* Jump *	PAULA BOYCE	30' 9"				
* 4X400 m. *						
* Relay *	REILLY	62.1	HUGHES	62.1	COLLAZO	59.8
					DARCY	61.8
* Shot *	RIZIK	25' 2"	CALLAHAN	20' 8"		
* Put *	MONTAGARI	20' 5"	SMITH	17' 9 3/4"		
			GOLBIEWSKI	22' 6 1/4"		
* Discus *	RIZIK	62' 9"	PALLONE	84' 7"	CALLAGHAN	50' 2 1/2"
	MONTAGARI	63' 8"	GOLBIEWSKI	66' 2 1/2"	SMITH	49' 5"
* High *						
* Jump *	McDERMOTT	4' 4"				
	VAUGHAN	4' 10"				

COMMENTS:

FINAL LEAGUE STANDINGS

- ① RIDGEWOOD
- ② TEANECK
- ③ HACKENSACK
- ④ I.H.A.
- ⑤ PARAMUS
- ⑥ P.C.

ALL LEAGUE HONORS

<u>EVENT</u>	<u>FIRST TEAM</u>	<u>SECOND TEAM</u>
100	CLAY T	HICKS T
200	HICKS T	CLAY T
400	JONES H	FIGLAR R
800	JONES H	COLLAZO R
1600	D'ARCY R	KEMPF P
3200	JONES H	KEMPF P
100 H.	MCDONALD T	CLAY T
400 I.H.	DEGELMANN R	VILLOPOTO IHA
RELAY	RIDGEWOOD	TEANECK
H.J.	SINGLETON T	MCDONALD T
T.J.	BIRCHETT T	GOODEN T
L.J.	BIRCHETT T	MCDERMOTT R
SHOT	O'REILLY H	WELLINGTON T
DISC	WELLINGTON T	O'REILLY H

FROSH RELAYS AT BERGEN COMMUNITY COLLEGE

TUE MAY 12TH 1987

SPRINT MEDLEY

PATRICIA MONTEGARI	34		
SARAH GIFFUNI	35		
ANN WILLIAMS	83.7		
HEATHER FITZGERALD	2:50.7	5:23.4	5 TH place

4X800 meter Relay

TAMMY KHIEW	3:02		
LISA KENDUCK	3:34		
ELEANOR WILLIAMS	3:30		
ANN WILLIAMS	3:37	13:43	1 ST

DISTANCE MEDLEY RELAY

HEATHER FITZGERALD	4:52.5		
TAMMY KHIEW	74.7		
SARAH GIFFUNI	3:12.1		
PATRICIA MONTEGARI	6:53.0	16:12.2	1 ST

Group 4

TEAM SCORING

Ridgewood 105, Teaneck 80, Hackensack 36, Paramus 13, Fair Lawn 3, Paramus Catholic 2.
100 — 1, Shonna Clay, Teaneck, 12.8; 2, Pam Birchett, Teaneck, 13.1; 3, Jen McDermott, Ridgewood, 13.2; 4, Kerri Reilly, Ridgewood, 13.9; 5, Tova Williams, Teaneck, 13.9.

200 — 1, Shonna Clay, Teaneck, 25.8; 2, Ginny Figlar, Ridgewood, 26.4; 3, Pam Birchett, Teaneck, 26.7; 4, Debbie McDonald, Teaneck, 27.0; 5, Kerri Reilly, Ridgewood, 27.7.

400 — 1, Ginny Figlar, Ridgewood, 58.2; 2, Lynn Degelmann, Ridgewood, 60.0; 3, Lauren Singleton, Teaneck, 60.0; 4, Matilda Miranda, Teaneck, 65.9; 5, Chaney, Paramus, 72.3.

800 — 1, Jasmin Jones, Hackensack, 2:11.0 (group and meet record, old group and meet record, 2:17.7 by Patty Mileski, Ridgewood, 1982); 2, Norine D'Arcy, Ridgewood, 2:18.0; 3, Lynne Collazo, Ridgewood, 2:19.8; 4, Jean Hughes, Ridgewood, 2:20.4; 5, Stephanie Giddens, Teaneck, 2:24.2.

1,600 — 1, Jasmin Jones, Hackensack, 4:59.3 (group and meet record, old group and meet record, 5:01.6 by Margaret Scutro, Ridgewood, 1985); 2, Amy Kempf, Paramus, 5:08.4; 3, Jean Hughes, Ridgewood, 5:15.1; 4, Karen Cannon, Ridgewood, 5:26; 5, Nanci Titus, Ridgewood, 5:26.

3,200 — 1, Jasmin Jones, Hackensack, 10:40.3 (group and meet record, old group and meet record, 10:40.6 by Jones, 1986); 2, Amy Kempf, Paramus, 10:53.8; 3, Jennifer Hughes, Ridgewood, 11:25.4; 4, Karen Cannon, Ridgewood, 11:40.0; 5, Nanci Titus, Ridgewood, 11:41.9.

100 HH — 1, Debbie McDonald, Teaneck, 15.6; 2, Shonna Clay, Teaneck, 15.9; 3, Sheryl Vanderschiff, Ridgewood, 16.1; 4, Rachel Schlesinger, Fair Lawn, 17.0; 5, Trenace Mickens, Teaneck, 17.4.

400 HH — 1, Lynn Degelmann, Ridgewood, 65.8; 2, Amy Donnelly, Ridgewood, 72.9; 3, Jen Powell, Teaneck, 73.2; 4, Sue Spengler, Ridgewood, 74.7; 5, Trenace Mickens, Teaneck, 75.8.

1,600 relay — 1, Ridgewood (Lynn Degelmann, Norine D'Arcy, Lynne Collazo, Ginny Figlar), 4:03.9; 2, Teaneck, 4:11.2; 3, Hackensack, 4:33.9; 4, Paramus, 4:50.

Shot put — 1, Alana O'Reilly, Hackensack, 33-10 1/2; 2, Tammy Rayevich, Ridgewood, 32-1/4; 3, Sheryl Cole, Teaneck, 31-5; 4, Alfreda Elridge, Ridgewood, 31-1/4; 5, Louise Pallone, Ridgewood, 28-7.

Discus — 1, Alana O'Reilly, Hackensack, 111-3; 2, Cheryl Cole, Teaneck, 107-9; 3, Alfreda Elridge, Ridgewood, 102-2; 4, Tammy Rayevich, Ridgewood, 99-7; 5, Annica Lin, Paramus, 93-9.

Javelin — 1, Deanie Barth, Ridgewood, 102-4; 2, Tammy Rayevich, Ridgewood, 97-4; 3, Alana O'Reilly, Hackensack, 88-11; 4, Maureen Montegari, Ridgewood, 80-1; 5, Jennifer Slavin, Paramus, 76-4.

Triple jump — 1, Pam Birchett, Teaneck, 35-5 3/4; 2, Donna Gooden, Teaneck, 35-1; 3, Jen McDermott, Ridgewood, 34-1/4; 4, Debbie McDonald, Teaneck, 32-8 1/4; 5, Boyce, Ridgewood, 32-7 1/2.

Long jump — 1, Jen McDermott, Ridgewood, 16-6; 2, Pam Birchett, Teaneck, 15-8 3/4; 3, Jen Wrubel, Ridgewood, 15-1 1/4; 4, Kelly Jacob, Paramus Catholic, 14-8 1/2; 5, Paula Boyce, Ridgewood, 13-9 1/2.

High jump — 1, Lauren Singleton, Teaneck, 5-2; 2, Debbie McDonald, Teaneck, 5-0; 3, Ridgewood, ; 4, Ridgewood, ; 5, Fair Lawn, .

Ridgewood picked up at least three points in every event to dominate Group 4 against an injury-riddled Teaneck team that was without sprinter Missy Hicks and weight specialist Anne Wellington. The Maroons rolled behind victories by Ginny Figlar in the quarter-mile, Lynn Degelmann in the intermediate hurdles, Jen McDermott in the long jump, and Sherry Barth in the javelin. The relay team also contributed a triumph.

The key to Ridgewood's easy victory was the distance events, in which the Maroons blitzed Teaneck 21-0 despite three meet-record performances by Jasmin Jones of Hackensack.

Jones took the 800 (2:11.0), 1,600 (4:59), and 3,200 (10:40.3) to join Baumbach and Petrolia as the day's only triple-winners.

Shonna Clay of Teaneck joined Freeman, Sara Pieri of Ramapo (Group 3), and Jennifer Whilby of Bogota (Group 1) as sprint double winners. Midland Park's Janice Meyer was the only runner other than Baumbach to double in the hurdles.

BERGEN GROUP IV CHAMPIONSHIP

Now Scoring Performances:

100: SHEILA VANSHAN 14.0

200: SHEILA VANSHAN 27.9

400: REILLY DQ IN FINAL 64.2 in TRIAL

100 HURDLES: AMY DONNELLY 18.9

RELAY SPLITS: DEGELMANN - 63.7

D'ARCY - 61.6

COLLAZO - 60.6

FIGLAR - 58.0

DISCUS: PALLONE - 84.' 7"

TRIPLE JUMP: JEN WRUBEL - 31' 1/4"

HIGH JUMP: VANDER SCHYFF - 3rd

VANSHAN - 4th

WRUBEL - No Score

ALL RUNNER MUST ~~Run~~ Run to B.C.C.
 THROWERS MAY Ride the Bus

Ridgewood Relay II

3X400 Hurdles - ^{66.2} Degelmann - ~~O'Brien~~ ^{SPENGLER 73.4} - ^{73.5} O'Brien ^{2ND} 3:34.1

Sprint Medley - "A" McDERMOTT - WRUBEL - REILLY - FIGLAR ^{2ND} 4:34.1
 "B" Compton - DeLongelio - Donnelly - Nanci Titus ^{4TH} 4:41.8

4X800 - "A" Janet Titus - COCHRAN - K. McDERMOTT - CANNON ^{2ND} 10:49.5
 "B" FITZGERALD - GIFFUNI - KHIEW - MONTEGARI ^{6TH} 12:10.1
 "C" WINTHER - WILLIAMS - WILLIAMS - KENDUCK ^{7TH NO TIME}

4X100 m Hurdles - Degelmann - O'Brien - Spengler - van der Schyff ^{3rd} 72.9

4X200 - "A" D'Arcy - HUGHES - HUGHES - COLLAZO ^{4TH} 1:55.9
 "B" POLLACI - DONNELLY - DeLONGELIO - VANGHAN ^{5TH} 1:56.6

Distance Medley - "A" ⁸⁰⁰ MARKER, ⁴⁰⁰ BUELL, ¹²⁰⁰ Nanci Titus, ¹⁶⁰⁰ CANNON ^{2ND} 14:24.9
 "B" PARKER, REILLY, SPENGLER, J. TITUS ^{1ST} 14:12.8

4X400 - "A" D'Arcy - HUGHES - HUGHES - COLLAZO ^{1ST} 4:17.9
 "B" Pollaci - Donnelly - DeLongelio - Vanghan ^{4TH} 4:31.1

2 PERSON TEAMS

Long Jump	^{15'9 1/4"} McDermott + Wrubel ^{1ST} 29'11 1/2"	^{13'3/4"} Boyce + Figlar ^{4TH} 27'1"
High Jump	^{5'0"} VANGHAN + van der Schyff ^{1ST} 10'2"	^{5'0"} WRUBEL + COLLAZO ^{2ND} 9'8"
DISCUS	^{105'4"} Rayenrich + Eldridge ^{1ST} 92'11"	^{62'8"} Pallone + Ryzik ^{5TH} 52'2"
SHOT	^{3rd} 60'9 1/2"	^{5TH} 52'2"
JAVELIN	^{85'} Rayenrich + Barth ^{2ND} 91' 1/2"	^{70'10"} Montegari + Pallone ^{ELDRIDGE 55'10"}

TEAM SCORES:

1. R.H.S. 73

2. BERGENFIELD 39

3. PASCACK HILLS 17

A HERNE + GUENTHER + FISCHER

See Mr Brown

STATE SECTIONAL CHAMPIONS

HACKENSACK MAY 23rd, 1987

NON SCORING PERFORMANCES:

100: JENNIFER McDERMOTT 13.2

200: LAURA POLLACI 28.3

400 HURDLES:

SUE SPENGLER 71.4

AMY DONNELLY 73.9

800: Nanci Titus 2:29.8

SHOT:

ALFREDA ELDRIDGE 32'1 1/2"

LOUISE PALLONE 30'10 1/2"

DISCUS:

TAMMY RAYEVICH 94'7"

ALFREDA ELDRIDGE 97'10 1/2"

LOUISE PALLONE 72'8"

JAVELIN:

TAMMY RAYEVICH 98'11"

MAUREEN MONTEGARI 75'7"

H.J.:

SHEILA VAUGHAN 5'0"

LONG JUMP:

JENN WRUBEL 15' 1/2"

GROUP 4

TEAMS: 1-Ridgewood 55 1/2. 2-Teaneck 50 1/2. 3-Hackensack and Passaic 20. 5-Paterson Eastside 16. 6-Clifton 13. 7-Paterson Kennedy 11. 8-West Milford and Passaic Tech 10. 10-Paramus 8. 11-Kearny 5. 12-Lakeland 3. 13-Snyder and Passaic Valley 1.

100-METER DASH: 1-Shonna Clay, Teaneck 12.6. 2-Debbie Barrett, Paterson Kennedy 12.7. 3-Pamela Birchett, Teaneck 13.0. 4-Teresa Mayes, Passaic Tech 13.0. 5-Barbara Williams, Passaic Tech 13.8.

200-METER DASH: 1-Shonna Clay, Teaneck 26.2. 2-Debbie Barrett, Paterson Kennedy 26.4. 3-Deb McDonald, Teaneck 26.5. 4-Barbara Williams, Passaic Tech 26.8. 5-Teresa Mayes, Passaic Tech 27.9.

400-METER RUN: 1-Ginny Figler, Ridgewood 58.1. 2-Lauren Singleton, Teaneck 60.1. 3-Danielle Pritchett, Passaic 61.0. 4-Matilda Miranda, Teaneck 62.6. 5-Kerri Reilly, Ridgewood 63.3.

800-METER RUN: 1-Jasmin Jones, Hackensack 2:15.3. 2-Lynn Collazo, Ridgewood 2:18.6. 3-Jean Hughes, Ridgewood 2:20.9. 4-Stefanie Giddens, Teaneck 2:24.4. 5-Tara Young, Kearny 2:24.8.

1,600-METER RUN: 1-Jasmin Jones, Hackensack 4:59.9. 2-Norine D'Arcy, Ridgewood 5:10.6. 3-Jennifer Hughes, Ridgewood 5:12.9. 4-Amy Kempf, Paramus 5:14.3. 5-Karen Cannon, Ridgewood 5:25.9.

3,200-METER RUN: 1-Amy Kempf, Paramus 10:56.0. 2-Norine D'Arcy, Ridgewood 11:03.7. 3-Liz Duarte, Kearny 11:06.0. 4-Jennifer Hughes, Ridgewood 11:20.9. 5-Uloopi Desai, Kearny 11:36.5.

100-METER HURDLES: 1-Deborah McDonald, Teaneck 14.7. 2-Sharon Allen, Paterson Eastside 15.3. 3-Sheryl Vander Schuff, Ridgewood 15.9. 4-Shonna Clay, Teaneck 16.0. 5-Tina Carpio, Passaic Valley 16.8.

400-METER HURDLES: 1-Sharon Allen, Paterson Eastside 64.3. 2-Lynn Dellelmann, Ridgewood 64.5. 3-Maria Topczij, Passaic 68.5. 4-Jen Powell, Teaneck 70.8. 5-Jeanne Faasse, West Milford 71.3.

HIGH JUMP: 1-Lauren Singleton, Teaneck 5-4. 2-Deb McDonald, Teaneck, and Jen Wrubel, Ridgewood 5-0. 4-Gwen Manning, Passaic Tech 5-0. 5-Sheryl Vander Schuff, Ridgewood 4-10.

LONG JUMP: 1-Sharon Allen, Paterson Eastside 17-5. 2-Jen McDermott, Ridgewood 17-3. 3-Debbie Barrett, Paterson Kennedy 16-8 1/2. 4-Shirley Noble, Passaic Tech 16-3. 5-Pam Birchett, Teaneck 15-4 1/2.

SHOT PUT: 1-Sue Piekarz, Clifton 39-3/4 record; former record 37-11 1/4, Helen Vira, North Bergen, 1980. 2-Alana O'Reilly, Hackensack 34-4 1/2. 3-Dionne Wade, Passaic 33-7 1/4. 4-Tammy Rayevich, Ridgewood 33-6 1/2. 5-Kimyada Slappy, Passaic 32-10.

DISCUS: 1-Sue Piekarz, Clifton 138-0 record; former record 122-7, Heather Hamilton, Passaic, 1983. 2-Dionne Wade, Passaic 117-4. 3-Tomika Mathis, Passaic 115-0. 4-Ala O'Reilly, Hackensack 112-11. 5-Chris Piekarz, Clifton 111-11 1/2.

JAVELIN: 1-Jane Murphy, West Milford 114-7. 2-Diane Barth, Ridgewood 114-0. 3-Katie Krol, West Milford 111-8. 4-Tina Dhont, Lakeland 102-7. 5-Jackie Earl, Lakeland 100-0.

1,600-METER RELAY: 1-Ridgewood, (Lynn Degelmann, Jean Hughes, Lynn Collazo and Virginia Figlar) 4:05.4. 2-Teaneck 4:11.3. 3-Passaic Tech 4:21. 4-Hackensack 4:28.8. 5-Snyder 4:31.7.

Ridgewood, NM run off with titles

By Bob Zeitlinger

Correspondent

HACKENSACK — Like the eternal chicken-egg question, the debate has long raged in northern New Jersey: Who has the better girls track team? Ridgewood or Teaneck?

After yesterday's near-record display of 55½ points, the Maroons get the nod. Ridgewood defeated defending champion Teaneck for its fourth New Jersey State Interscholastic Athletic Association North Jersey Section 1, Group 4 championship in five years.

The Highwaymen finished with 50½ points, and Passaic and Hackensack tied for a distant third with 20 points apiece.

GIRLS TRACK

New Milford edged Midland Park, 44-39, for the Group 1 title, its third straight, in another close event.

"It always comes down to us and Teaneck," Ridgewood coach Jacob Brown said. "It looked like a county meet out there, we were both scoring so many points. I had envisioned a lot lower score, but maybe we and Teaneck are better than we thought."

Eastside, considered to have an outside shot at the title along with Passaic, totaled just 16 points — all by Sharon Allen.

Ridgewood fell half a point short of tying the sectional record for most points scored by a team, 56, set by Teaneck in 1979 — and did so with only one individual winner. Ginny Figlar ran a 58.1 400-meter run to edge Teaneck's Lauren Singleton, and the Maroons' 1,600-meter relay team outraced the Highwaymen by more than six seconds to capture top honors.

Teaneck, competing without top sprinter Missy Hicks and discus/-shot putter Anne Wellington, won four events, including a double by Shonna Clay in the 100 and 200.

The Maroons led by 10 points entering the final event, the high jump, and would have been tied by Teaneck if they hadn't placed a jumper and if the Highwaywomen had finished 1-2.

Teaneck did its part, taking first and second, but Ridgewood's Jen Wrubel had other ideas. She jumped 5-0 to tie Deb McDonald for second place.

Norine D'Arcy also picked up crucial points for the Maroons, taking seconds in the 3,200- and 1,600-meter runs. Jennifer Hughes added a third in the 1,600.

Bergen Girls Meet Of Champions

At Tenafly Jr. High School

100 — 1, Neretta Freeman, Garfield, 12.5; 2, Sara Pieri, Ramapo, 12.5; 3, Dina Castronova, Old Tappan, 12.5; 4, Aquansa Garth, Westwood, 12.7; 5, Pam Birchett, Teaneck, 12.8.

200 — 1, Shonna Clay, Teaneck, 25.5; 2, Neretta Freeman, Garfield, 25.8; 3, Sara Pieri, Ramapo, 25.8; 4, Margret Macalister, Demarest, 26.2; 5, Danielle Nese, Rutherford, 27.6.

400 — 1, Ginny Figlar, Ridgewood, 57.7; 2, Sharlene Millwood, Englewood, 59.2; 3, Mary Sok, Westwood, 59.4; 4, Chris Bernich, Pascack Hills, 59.9; 5, Chris Coche, Pascack Hills, 60.4.

800 — 1, Jasmin Jones, Hackensack, 2:09.9; 2, Jean Hughes, Ridgewood, 2:17.0; 3, Lynn Collazo, Ridgewood, 2:18.1; 4, Chris Lally, Pascack Valley, 2:19.3; 5, Dee Keough, Mahwah, 2:23.1.

1 Mile — 1, Norine D'Arcy, Ridgewood, 5:06.8; 2, Amy Kempf, Paramus, 5:13.4; 3, Jen Narr, Rutherford, 5:15.9; 4, Nancy Titus, Ridgewood, 5:18.9; 5, Stacey Looney, Ramapo, 5:21.9.

3,200 — 1, Jen Hughes, Ridgewood, 10:56.4; 2, Terri Grivas, Dumont, 11:13.1; 3, Alicia St. John, Ramapo, 11:40.1; 4, Rebecca King, Paramus, 11:44.7; 5, Karen Cannon, Ridgewood, 12:09.

100 HH — 1, Kim Baumbach, Pascack Valley, 15.0; 2, Debbie McDonald, Teaneck, 15.2; 3, Dina DeFrancesco, Saddle Brook, 15.8; 4, Sheryl Vander Schyff, Ridgewood, 15.8; 5, Beth Mayland, No. Highlands, 16.1.

400 IH — 1, Lynn Degelman, Ridgewood, 63.7; 2, Michelle King, Bergenfield, 66.6; 3, Melinda McGuire, Dumont, 66.7; 4, Janice Grube, Bergenfield, 67.2; 5, Janice Meyer, Midland Park, 67.4.

1 Mile relay — 1, Ridgewood (Lynn Degelman, Jean Hughes, Lynn Collazo, Ginny Figlar), 4:06.2; 2, Teaneck, 4:07.6; 3, Pascack Hills, 4:09.1; 4, Old Tappan, 4:09.5; 5, Westwood, 4:10.8.

High jump — 1, Dawn Reis, Lodi, 5-2; 2, Lauren Singleton, Teaneck, 5-2; 3, Debbie McDonald, Teaneck, 5-0; 4, Janice Meyer, Midland Park, 5-0; 5, Jen Wrubel, Ridgewood, 5-0.



Long jump — 1, Kim Baumbach, Pascack Valley, 17-4½; 2, Aquansa Garth, Westwood, 17-3½; 3, Jen McDermott, Ridgewood, 16-10½; 4, Dina Castronova, Old Tappan, 16-9¾; 5, Carmel Reiss, Demarest, 16-6¾.

Triple jump — 1, Kim Baumbach, Pascack Valley, 36-1¼; 2, Donna Gooden, Teaneck, 35-9¾; 3, Lynn Petrolia, New Milford, 35-9¾; 4, Pam Birchett, Teaneck, 35-6½; 5, Jen McDermott, Ridgewood, 35½.

Shot put — 1, Kirstine Christensen, Rutherford, 41-5¾; 2, Stacey Price, Westwood, 40-1; 3, Alana O'Reilly, Hackensack, 35-5¾; 4, Darlene Saner, Westwood, 35½; 5, Tammy Ravevich, Ridgewood, 34-10.

Discus — 1, Kirstine Christensen, Rutherford, 114-5; 2, Lisa Mahle, Westwood, 111-5; 3, Linda Lang, Indian Hills, 110-4; 4, Alana O'Reilly, Hackensack, 106-8; 5, Debbie Pickens, Westwood, 103-5.

Javelin — 1, Elena Primerano, Lyndhurst, 124-5; 2, Sue Esposito, New Milford, 118-0; 3, Stacey Price, Westwood, 114-7; 4, Karen Schaeffer, Wallington, 112-0; 5, Deanie Barth, Ridgewood, 107-3.

Invitational triple jump — 1, Sharon Allen, Eastside, 37-7½; 2, Diane Keller, Highstown, 37¾; 3, Kim Baumbach, Pascack Valley, 36-1¼; 4, Donna Gooden, Teaneck, 35-9¾; 5, Lynn Petrolia, New Milford, 35-9¾.

Non Scoring Performances

100: JENNIFER McDERMOTT 13.0

DISCUS: RAVEVICH, ELDRIDGE

JAVELIN: RAVEVICH -103'11"

HIGH JUMP - vander Schyff - 5'0"
Varghan 4'10"

LONG JUMP - WRUBEL - 15'10½"

GREAT DAY FOR RIDGEWOOD TRACK+FIELD. 4 INDIVIDUAL WINNERS, A RELAY WIN, 14 INVITED ATHLETES AND 11 OF THEM GOT MEDALS. PERFORMAN of Year WAS 5:18.9
By Nanci Titus

Christensen triumphs at girls meet

By Joe Sexton
Correspondent

TENAFLY — A specialist in the shot put and discus, Kirstine Christensen usually competes in the shadow of the track stars, her achievements buried in the next day's sports sections.

"Nobody besides the field events people even know who I am," said the accomplished senior. "I've often thought about quitting."

TRACK

To the dismay of her Bergen County rivals, Christensen has never followed through on such thoughts. Instead, she keeps piling up victories. Yesterday, Christensen — who has not been beaten in the shot put in two years — won the shot put and discus events at the ninth annual Bergen County Girls Meet of Champions at Tenafly Junior High School.

"After a while, you ask yourself, Why do it, why put in the time?" said Christensen, who is the defending state outdoor champion and current state indoor champion in the shot put. "You end up doing it for yourself. I'd rather be behind the stage in the theater, but I wouldn't mind some notice for what I do at these meets."

What she did yesterday was throw the shot more than 40 feet five times, including her winning toss of 41 feet, 5½ inches. After fouling several times in the discus and down to her final throw, she produced the winning effort of 114-5.

In the same meet, Jasmin Jones of Hackensack turned in the fastest 800-meter time in the country this year, completing the two laps in 2 minutes, 9.9 seconds.

"I'm impressed with the time, but I was hoping for better," said Jones, who ran alone for much of the final lap. "I got too relaxed on the final straight. Maybe if there was somebody with me, I could have gone faster."

Kim Baumbach had enough trouble figuring out where to go next. Shutting back and forth between the jump pit and the track, the Pascack Valley sen-



Staff photo by Carmine Galasso
Kim Baumbach of Pascack Valley, left, edges Debbie McDonald of Teaneck for first in the 100-meter hurdles.

ior won, in hectic fashion, the long jump (17-4½), the triple jump (36-1¼), and the 100-meter high hurdles (15.0). Already the premier 400-meter intermediate hurdler, Baumbach is positioned to be named all-county in four events.

"I guess I'd be disappointed if I didn't win four," said Baumbach, who competed despite a bad cold. "I've been looking forward to it all year."

Shonna Clay of Teaneck was so looking forward to the finals of the 100 meters that she jumped the gun and was disqualified as Neretta Freeman raced to narrow win over Sara Pieri.

of Ramapo in 12.5 seconds. However, Clay bounced back to edge Freeman in the 200.

"I was so psyched up from the trials," said Clay, who turned in a personal best of 12.4 in the preliminaries. "My foot just anticipated. I concentrated a lot more in the 200. I think I was the last one out of the start."

Ridgewood's Jen Hughes was the first across the finish line in the 3,200, slicing 20 seconds off her personal best to win in a meet-record time of 10:56.4. The elite band of Ridgewood runners took four other events, as Ginny Figlar captured the 400 in 57.7. Lynn Dezel-

mann won the intermediate hurdles in 63.7, Norine D'Arcy claimed the mile in 5:06.8, and four Maroons teamed to take the mile relay in 4:06.2.

Dawn Reis of Lodi was victorious in the high jump, clearing 5-2. Elena Priemerano won the javelin with a personal best throw of 124-5.

CHRIS RAE of Ridgewood captured the Eastern States Championship in the 1,600 meters Monday at St. John's University. The senior distance runner cut three seconds off his previous best to win in 4:13.6, the fastest time in the state this year.

TRACK + FIELD

ALL - BERGEN COUNTY

400 - FIGUER 1ST

800 - COLAZZO 2ND

HUGHES 3RD

1600 - D'ARCY 2ND

3200 - HUGHES 2ND

400 H - DEGERMANN 2ND

4 x 400 - LYNN D JANE H. 1ST
LYNNE C GINNY F.

LONG JUMP - MC DERMOTT 2ND

HON. MENTION

200 - FIGUER

400 - COLAZZO, DEGERMANN

800 - D'ARCY

1600 - CANNON, HUGHES, HUGHES, TITUS

3200 - CANNON, D'ARCY, TITUS

100 Hurd - VANDER SCHYFF

SP - RAYEVICH

D - RAYEVICH, ELDRIDGE

JAV - BARTH

LONG - WRUBER

TRIPLE - MC DERMOTT

HIGH - WRUBER

VANDER SCHYFF

STATE GROUP CHAMPIONSHIP

SOUTH PLAINFIELD

MAY 29+30

Group 4

TEAM SCORING

Neptune 34, Trenton 23, Ridgewood 21, Hackensack 12, Montclair 11, Eastside, Hunterdon Central and Clifton 9, Phillipsburg and Plainfield 7, Southern, Millville and Cherry Hill East 6, Shawnee and Hightstown 5, J.P. Stevens, Madison Central, Paramus, Teaneck and East Orange 4, Columbia, Kearny, Brick Twp., Lenape, Camden, Kennedy and Morris-town 3, Cherokee, Southern Reg., Perth Amboy and Marlboro 2, West Milford 1.

800 - 1, Jasmin Jones, Hackensack, 2:08.2 (Bergen County record, old record, 2:08.9 by Jones, 1986); 2, Chris Danks, Shawnee, 2:14.6; 3, Justina Doyle, Hunterdon Central, 2:16.1; 4, Lynne Collazo, Ridgewood, 2:16.1; 5, Yvette Stotus, Madison, 2:18.5.

3,200 - 1, Norine D'Arcy, Ridgewood, 11:04.9; 2, Amy Kempf, Paramus, 11:11.3; 3, Liz Duarte, Kearny, 11:16.1; 4, Mary Hoernlein, Brick, 11:23.9; 5, Lisa Syvertson, Shawnee, 11:24.8.

400 IH - 1, Stephanie Saleem, Neptune, 61.3; 2, Michelle Barr, Trenton Central, 63.6; 3, Sharon Allen, Eastside, 64.3; 4, Robin Davis, Madison Central, 66.0; 5, Lynn Degelmann, Ridgewood, 66.3.

Shot put - 1, Rachel Swift, Phillipsburg, 40-4; 2, Tricia Jones, Plainfield, 39-7; 3, Sue Plekarz, Clifton, 38-3/4; 4, Shaun Walsh, Trenton, 38-2; 5, Stacy Hinson, Lenape, 37-11.

Javelin - 1, Charity Smead, Southern, 137-5; 2, Daria Dragan, Hunterdon, 126-5; 3, Geri Riley, Millville, 124-10; 4, Kathy Patterson, Lenape, 119-5; 5, Jane Murphy, West Milford, 119-2.

High jump - 1, Erin Halpin, Cherry Hill East, 5-8; 2, Kelly Mieszkalski, Stevens, 5-4; 3, Karen Way, South Reg., 5-2; 4, Daine Kellen, Hightstown, 5-2; 5, Laura Singleton, Teaneck, 5-2.

100 - 1, Dawn Bowles, Neptune, 11.9; 2, Jennifer West, Montclair, 12.0; 3, Rachel Williams, Camden, 12.3; 4, Shonna Clay, Teaneck, 12.6; 5, Renee Rutherford, Trenton Central, 12.6.

200 - 1, Stephanie Saleem, Neptune, 24.2; 2, Dawn Bowles, Neptune, 24.7; 3, Jennifer West, Montclair, 25.3; 4, Debbie Barrett, Kennedy, 25.6; 5, Renee Rutherford, Trenton Central, 26.2.

400 - 1, Stephanie Saleem, Neptune, 57.1; 2, Ginny Figlar, Ridgewood, 57.6; 3, Cheryl Baker, Trenton Central, 57.8; 4, Monica Oikowski, Cherokee, 58.2; 5, Tonya Buck, Trenton Central, 58.9.

1,600 - 1, Jasmin Jones, Hackensack, 4:55.5; 2, Norine D'Arcy, Ridgewood, 5:05.6; 3, Elaine Doherty, Morrisstown, 5:06.6; 4, Justina Doyle, Hunterdon Central, 5:09.0; 5, Mary Hoernlein, Brick Township, 5:14.4.

1,600 relay - 1, Trenton Central, (Tonya Buck, Renee Rutherford, Cheryl Baker, Michele Barr), 3:56.3; 2, Ridgewood, 4:02.3; 3, Plainfield, 4:02.4; 4, Montclair, 4:05.1; 5, Madison Central, 4:05.5.

100 LH - 1, Dawn Bowles, Neptune, 13.9; 2, Stephanie Ross, East Orange, 14.4; 3, Tiffany Ruth, Columbia; 14.4; 4, Carol Jones, Montclair, 14.4; 5, Shemika Adams, Trenton Central, 15.0.

Discus - 1, Sue Plekarz, Clifton, 131-6; 2, Stacey Hinson, Lenape, 129-7; 3, Geri Riley, Millville, 123-0; 4, Connie Peak, Perth Amboy, 119-1; 5, Rachel Swift, Phillipsburg, 116-11.

Long jump - 1, Sharon Allen, Eastside, 17-11 1/4; 2, Michelle Barr, Trenton Central, 17-3 3/4; 3, Karyl Whitman, Hightstown, 17-3; 4, Lorelei Boggs, Marlboro, 17-2 1/4; 5, Debbie Barrett, Kennedy, 17-1 1/2.

FRIDAY:

SHOT - RAYEVICH 36' 2 3/4"

JAVELIN - BARTH 118' 4"

800 - COLLAZO 2:16.1

HUGHES - 2:19

3200 - D'ARCY - 11:04.9

HUGHES - 11:41.2

HIGH JUMP - WRUBEL 5' 2"

vanden SCHYFF 5' 0"

400 HURDLES - DEGELMANN 66.3

SATURDAY:

400 - FIGLAR 57.5 and 57.6

REILLY 63.5

100 HURDLES - vanden SCHYFF 15.8

1600 - D'ARCY - 5:05.6

HUGHES - 5:19.1

CANNON - 5:30.3

4X400 Relay DEGELMANN - 62.8

HUGHES - 60.5

COLLAZO - 59.4

FIGLAR - 58.6

SMOC

June 3, 1987

RHS Results

Not Posted

Lost??

EASTERNS

JUNE 9, 1987

1500 meter	NORINE D'ARCY	4:46.0	7 TH place
	JEAN HUGHES	4:46.9	8 TH place

JAVELIN	DEANIE BARTH	110' 9"	6 TH place
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LONG JUMP	JENNIFER McDERMOTT	18' 0"	6 TH place
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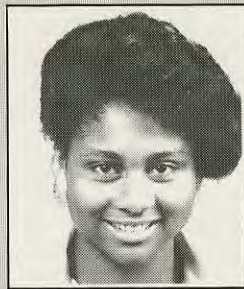
TRIPLE JUMP	JENNIFER McDERMOTT	36' 1"	N ^O RALE
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COMMENTS:

JENNIFER McDERMOTT BROKE RIDGEWOOD'S 2ND OLDEST SCHOOL RECORD. BECKY DEETZ LONG JUMPED 17' 5" IN 1976! JENNIFER HAD A GREAT SERIES WITH 4 JUMPS OVER THE OLD RECORD. (17' 11" - 18' 0" - 17' 5 $\frac{3}{4}$ " - 17' 8 $\frac{1}{2}$ "). JENNIFER HAD A PERSONAL BEST IN THE TRIPLE JUMP WHICH WAS ONLY 2 $\frac{1}{2}$ " OFF THE SCHOOL RECORD. DEANIE BARTH HAD HER BEST SERIES IN THE JAVELIN WITH 5 THROWS OVER 100'. JEAN HUGHES RAN HER BEST 1500 AND NORINE D'ARCY CLOSED OUT A GREAT CAREER WITH A 7TH PLACE IN EASTERNS.



Neretta Freeman
Garfield
100 meters



Shonna Clay
Teaneck
200 meters



Ginny Figlar
Ridgewood
400 meters



Jasmin Jones
Hackensack
800, 1,600 meters

1987

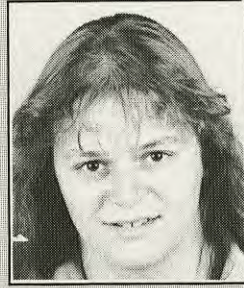
ALL-BERGEN GIRLS TRACK



Amy Kempf
Paramus
3,200 meters



Kim Baumbach
Pascack Valley
100 HH, 400 IH,
triple jump, long jump



Kirstine Christensen
Rutherford
Shot put, discus



Anne Wellington
Teaneck
Discus



Sue Esposito
New Milford
Javelin



Elena Primerano
Lyndhurst
Javelin



Lynn Petrolia
New Milford
Triple jump



Lauren Singleton
Teaneck
High jump



(Jean Hughes, Lynne Collazo, Ginny Figlar, Lynn Degelmann)
Ridgewood
1,600 relay

RIDGEWOOD HIGH SCHOOL INDIVIDUAL GIRL'S TRACK AND FIELD RECORDS

EVENT	RECORD	PERFORMER	DATE	PLACE
100 METER DASH	12.6	Ginny Fiolar	1987	Ridgewood, NJ
200 METER DASH	26.2	Marci Capitani	1985	Ridgewood, NJ
400 METER DASH	57.1	Ginny Fiolar	1987	Montclair, NJ
800 METER RUN	2:10.9	Margaret Scutro	1985	Tenafly, NJ
1500 METER RUN	4:26.25	Margaret Scutro	1985	Uniondale, NY
1600 METER RUN	4:46.4	Margaret Scutro	1985	S. Plainfield
3000 METER RUN	10:04.1	Patti Mileski	1983	New Haven, CT
3200 METER RUN	10:34.5	Patti Mileski	1983	S. Plainfield
100 METER HURDLES	15.7	Sheryl van der Schyff	1987	Ridgewood, NJ
400 METER HURDLES	63.7	Lynne Degelmann	1987	Tenafly, NJ
SHOT PUT	38' 6 3/4''	Lisa Glidewell	1980	Tenafly, NJ
JAVELIN	118' 4''	Deanie Barth	1987	S. Plainfield
DISCUS	117' 7''	Lisa Glidewell	1980	Tenafly, NJ
TRIPLE JUMP	36' 3 1/2''	Kathy Granata	1983	Hackensack
HIGH JUMP	5' 9''	Becky Deetz	1975	Holmdale, NJ
LONG JUMP	18'	Jennifer McDermott	1987	Uniondale, NY
PENTATHOLON	3453	Becky Deetz	1975	Summitt, NJ
1 MILE WALK	9:49.3	Anja Kannengieser	1983	Hackensack, NJ
MARATHON	3 Hr 32 Min	Klara Grape	1977	Shore Marathon

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD ALL TIME TOP TEN

100 METER DASH

12.6	Ginny Fiolar	1987
12.7	Marci Capitani	1984&5
12.8	Judy Davis	1980
12.8	Trish Fogarty	1981
13.0	Cathy Vickery	1982
13.2	Lisa Bagnaturo	1981
13.2	Jeanne McGuire	1985
13.2	Jennifer McDermott	1987
13.4	Lynne Degelmann	1985
13.4	Alexandra Eidenschenk	1985

200 METER DASH

26.2	Marci Capitani	1985
26.4	Ginny Fiolar	1987
26.6*	Judy Davis	1979
26.6	Lisa Bagnaturo	1981
27.2	Mary Ellen Mileski	1983
27.4	Trish Fogarty	1981
27.4	Karen Haass	1981
27.4	Lynne Degelman	1985
27.5	Cathy Vickery	1982
27.6	Stephanie Semprevivo	1982

400 METER DASH

57.1	Ginny Fiolar	1987
57.7	Marci Capitani	1984
58.7	Judy Davis	1979
59.3	Margaret Scutro	1984
59.5*	Kandie Latham	1974
59.9	Liz Ross	1985
60.0	Lynne Degelmann	1987
60.3	Patti Mileski	1983
60.5	Lynn Collazo	1987
61.1	Mary Ellen Mileski	1983

400 m. RELAY SPLITS

58.0	Marci Capitani	1985
58.0	Margaret Scutro	1984
58.2	Ginny Fiolar	1986
58.9	Mary Ellen Mileski	1983
59.1*	Kandie Latham	1974
59.5	Lynn Degelman	1985
59.6	Liz Ross	1985
59.6	Patti Mileski	1983
59.6	Lynn Collazo	1987
59.8	Jeanne McGuire	1985

800 METER RUN

2:10.9	Margaret Scutro	1985
2:12.1	Patti Mileski	1982
2:13.9	Mary Ellen Mileski	1983
2:16.1	Lynn Collazo	1987
2:17.0	Jean Hughes	1987
2:17.7*	Kandie Latham	1975
2:18.0	Norine D'Arcy	1987
2:19.2	Beth Pringle	1982
2:20.8*	Jane Green	1974
2:21.8	Carol Dickstein	1981

1500 METER RUN

4:26.25	Margaret Scutro	1985
4:44.8	Mary Ellen Mileski	1983
4:44.9	Patti Mileski	1981
4:45.1	Norine D'Arcy	1985
4:46.9	Jean Hughes	1987
4:47.2	Carol Dickstein	1981
4:54.4	Kathy Duffy	1980
5:06.4	Colleen Wright	1981
5:09.4	Beth Pringle	1981
5:10.6	Chris McKenna	1980

1600 METER RUN

4:46.4	Margaret Scutro	1985
4:54.8*	Patti Mileski	1983
5:01.2*	Mary Ellen Mileski	1980
5:05.5	Beth Pringle	1983
5:05.6	Norine D'Arcy	1987
5:12.9	Jennifer Hughes	1987
5:15.1	Jean Hughes	1987
5:18.9	Nanci Titus	1987
5:20.0i	Karen Cannon	1986
5:23.1*	Anja Kannengieser	1982

3000 METER RUN

10:04.1	Patti Mileski	1983
10:04.7	Carol Dickstein	1981
10:13.9	Mary Ellen Mileski	1982
10:22.8	Beth Pringle	1982
10:26.6i	Norine D'Arcy	1986
10:28.2	Kathy Duffy	1981
10:39.3	Colleen Wright	1982
11:34.2i	Karen O'Brien	1985
11:45.0	Sally Rielle	1981
11:59.7	Cris Speranza	1980

3200 METER RUN

10:34.5	Patti Mileski	1983
10:40.2	Margaret Scutro	1985
10:56.4	Jennifer Hughes	1987
10:58.6	Norine D'Arcy	1987
11:13.6	Beth Pringle	1983
11:18.0	Colleen Wright	1981
11:19.5	Mary Ellen Mileski	1983
11:30.1*	Kathy Duffy	1979
11:36.8i*	Jean Hughes	1987
11:40.0	Karen Cannon	1987

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD ALL TIME TOP TEN

100 METER HURDLES

15.7	Sheryl van der Schyff	1987
16.1	Jeanne McGuire	1985
16.5	Liz Ross	1984&85
16.6	Monica Richter	1982
17.4	Sally Tarvin	1984
17.4	Christina Velez	1986
17.6	Julianne Babbitt	1983
17.6	Charolette LeSane	1981
17.9	Lisa Guerriero	1981
18.0	Wendy Hawthorne	1984

400 METER HURDLES

63.7	Lynn Deegemann	1987
63.82	Liz Ross	1985
66.6	Jeanne McGuire	1985
67.4	Christina Velez	1986
67.5	Lisa Waters	1984&85
69.3	Patti Mileski	1981
70.0	Kirsten Kannengieser	1983
70.1	Sally Tarvin	1983
70.2	Julianne Babbitt	1983
71.0	Sue Spengler	1986

SHOT PUT

38' 6 3/4"	Lisa Glidewell	1980
36' 2 3/4"	Tammy Rayevich	1987
33' 4"	Jessica Berg	1983
32' 7"	Janet Sauerman	1980
32' 6 1/2"	Ellen Barkenbush	1986
32' 1 1/2"	Alfreda Eldridge	1987
30' 10 1/2"	Louise Pallone	1987
29' 5"	Lisa Cangemi	1984
28' 8 1/2"	Claudia O'Rourke	1981
28' 6"	Karen Prickett	1983

JAVELIN

118' 4"	Deanie Barth	1987
116'	Marci Capitani	1985
110'	Kim Slawek	1979
105' 6"	Claudia O'Rourke	1981
103' 11"	Tammy Rayevich	1987
102' 1"	Jennifer Baringer	1975
101' 10"	Mary Ellen Mileski	1982
99' 5"	Jessica Berg	1984
94' 9"	Lisa Erickson	1977
91' 6"	Linda Sigilito	1986

DISCUS

117' 7"	Lisa Glidewell	1980
115' 6"	Janet Sauerman	1980
107'	Ellen Barkenbush	1986
105' 6"	Courtney Moody	1984
105' 4"	Tammy Rayevich	1987
103' 1"	Cathie DeYoe	1975
102' 9"	Sarah Miles	1979
102' 2"	Alfreda Eldridge	1987
98' 2"	Martha LaMarre	1976
97' 11"	Claudia O'Rourke	1981

TRIPLE JUMP

36' 3 1/2"	Kathy Granata	1983
36' 1"	Jennifer McDermott	1987
35' 2 1/4"	Becky Deetz	1976
34' 11 1/2"	Deecy Porro	1978
33' 10 1/2"	Wendy Hawthorne	1984
33' 8 3/4"	Monica Richter	1982
33' 6"	Leigh Mackall	1985
33' 4 1/2"	Ingrid Pessa	1979
33' 2"	Sheryl van der Schyff	1986
32' 9 1/2"	Hillary Nocka	1976

HIGH JUMP

5' 9"	Becky Deetz	1975&76
5' 4"	Kathy Granata	1982
5' 3 1/2"	Beth Granata	1975
5' 2"	Mary Sayers	1974
5' 2"	Renee DuFlon	1975
5' 2"	Sharon Roeske	1981
5' 2"	Monica Richter	1982
5' 2"	Wendy Hawthorne	1984
5' 2"	Sheryl vanderSchyff	1987
5' 2"	Jen Wrubel	1987

LONG JUMP

18'	Jennifer McDermott	1987
17' 5"	Becky Deetz	1976
16' 5"	Kathy Granata	1983
16' 2 1/4"	Sue Davis	1976
16' 2 1/4"	Deecy Porro	1977
16' 2 "	Michelle Smith	1979
16' 1 1/2"	Jen Wrubel	1987
16' 1 "	Ann Green	1976
15' 11 "	Chris O'Rourke	1979
15' 10 1/4"	Wendy Hawthorne	1984

RIDGEWOOD HIGH SCHOOL GIRL'S TRACK AND FIELD RELAY RECORDS

EVENT	RECORD	PERFORMERS	DATE&PLACE
<u>TRACK RELAYS</u>			
4 X 100 METER RELAY	50.4	McGuire/Ross/Waters/Capitani	1985 Bernardsville, NJ
4 X 200 METER RELAY	1:47.82	McGuire/Ross/Waters/Capitani	1985 Brick Twp. NJ
4 X 400 METER RELAY	3:58.8	Ross/McGuire/Capitani/Scutro	1984 Tenafly, NJ
4 X 800 METER RELAY	9:10.3	M.Mileski/Scutro/Pringle/P.Mileski	1983 Philadelphia, PA
4 X 1 MILE RELAY	20:34.4	Scutro/Pringle/M.Mileski/P.Mileski	1983 Bergen C. C.
SPRINT MEDLEY	4:10.5	Degelmann,Reilly,Fiolar,Collazo	1987 Plainfield, NJ
DISTANCE MEDLEY	11:59.1 i	Pringle/Scutro/M.Mileski/P.Mileski	1983 Princeton, NJ
4 X 100 M HURDLES	68.6	Ross/Waters/Mackall/McGuire	1985 Bergen C.C.
3 X 400 M HURDLES	3:24.0	McGuire/Waters/Ross	1985 Hackensack H.S.
<u>3 PERSON FIELD RELAYS</u>			
SHOT PUT RELAY 8#	106' 9 1/2''	Glidewell/Sauerman/Slawek	1979 Rutherford, NJ
DISCUS RELAY	305' 2''	Glidewell/Miles/Sauerman	1980 New Milford, NJ
JAVELIN RELAY	272' 8''	Capitani/Barkenbush/Sigilito	1985 Bergen C.C.
HIGH JUMP RELAY	15' 7 1/2''	DuFlon/Granata/Deetz	1975 Monmouth College
LONG JUMP RELAY	47' 1/2''	Porro/Smith/O'Rourke	1979 New Milford HS
TRIPLE JUMP RELAY	97' 7''	MacGregor/Porro/Pessa	1979 New Milford HS
<u>2 PERSON FIELD RELAYS</u>			
SHOT PUT RELAY 4KG	63' 6''	Barkenbush/Rayevich	1986 Bergen C.C.
DISCUS RELAY	198' 3''	Rayevich/Eldridge	1987 Bergen C.C.
JAVELIN RELAY	177' 2''	Prickett/Capitani	1983 Bergen C.C.
HIGH JUMP RELAY	10'	Richter/Roeske	1981 Paramus Catholic HS
LONG JUMP RELAY	30' 3 1/2'' i	Granata/Hawthorne	1983 Rockland C.C.
TRIPLE JUMP RELAY	65' 11'' i	Granata/Hawthorne	1983 Rockland C.C.



1987 Track & Field

Front Row:

Louise Pallone?, ?, ?, ?, ?, Janet Titus.

Second Row:

Coach Ken Spieglovial, Jen McDermott, Scheryl VanderScafe, Nanci Titus, Deni Barth, Shiela Vaughn, Pam Parker, Norine D'Arcy, ? , Amy Donnelly, Tammy Rayevich, Liz Guenther, Coach Jacob Brown.

Third Row:

?, ?, ?, ?, Alfreda Eldridge, ?, ?, ?, ?.

Forth Row:

Coach Don Paterson, ?, Kate Mc Dermott, Carolyn O'Brien, ?, ?, Jen Hughes, Stephanie DeCongelio, Lynn Degelman, Lynne Collazo, Karen Cannon, Karri Reilly, Ginny Figlar?, Sheelyn Marker, Coach ?

