

WINTER TRACK 1987-88

ENTRIES FOR MERLI INVITATIONAL on December 19, 1987

High Jump: Jennifer Wrubel - 4'10" 1st Place

Shot Put: Patrick Rae - 45' 6" 3rd Place

Art Marston - 37' 2 3/4"

John Picarelli - 28' 9"

George Wing - 25'10"

Tammy Rayevich - 31' 7 1/2" 1st Place

Alfreda Eldridge - 29'11"

Frosh Shot: Russ Rayevich - 34'11" (8lb.) 3rd Place

400m: Eric Ellinghaus - 56.5

Matt Giffuni - 57.3

Ginny Figlar - 64.9 4th Place

Kerri Reilly - 64.5 3rd Place

Frosh 400: Liz Figlar - 72.7

Julie Chester - 74.5

Siobhan Crann - 86.2

Sheila Higgins - 87.9

Molly Vaughan - 83.9

Kirsten Cordts - 1:50.8

55m Hurdles: Lynn Degelmann - 9.4/9.6/ 9.5

Sheryl van der Schyff - 9.0/9.3/9.1 3rd Place

Amy Donnelly - 11.0/10.9

55m: Tim Geckeler - 6.8/6.8/6.9 5th Place

Craig Halyard - 6.8/6.7/6.8 2nd Place

Laura Pollaci - 8.1/8.1

Jennifer McDermott - 7.8/7.7

Frosh 55m: Racquel Mair - 8.3 5th Place

3200m: Tim O'Brien - 11:51.4

Sohail Husain - 11:59.5

Mark Tucker - 11:38.1

Jean Hughes - 11:50.3 1st Place

Heather Fitzgerald - 14:44

800m: Jeff Tucker - 2:44.5

Lynne Collazo - 2:37.7

Karen Cannon - 2:35.98 5th Place

Frosh 800: Stephanie Kane - 2:49.1 4th Place

88 - 1989 WINTER TRACK
1600m: Tom Stevenson - 5:12.3

Jennifer Hughes - 5:24.8 1st Place
Carolyn O'Brien - 5:53

Frosh 1600: Hoon Lee - 5:51

Eileen Moritz - 6:55.8

JV 4x440: (A) Bob Dougherty 60.4 (B) Andrew Higdon 72.0
Kevin Stevenson 67.7 Charles Blackford 63.5
Dave Clark 62.8 Oren Gordin 68.6
Jerome Chang 61.6 Tom Stevenson 64.1
4:12.6 4:28.2

(A) Laura Pollaci 76.4 (B) Liz Figlar 76.4
Jennifer Wrubel 70.1 Sara Giffuni 79.1
Karin Scully 78.3 Siobhan Crann 84.6
Jennifer McDermott 70.1 Raquel Mair 78.9
4:50.3 1st Place 5:18.9

4x440: Tim Geckeler 57.2
Eric Ellinghaus 59.8
Craig Halyard 57.9
Matt Giffuni 58.4
3:53.2

Lynn Degelmann 67.8
Amy Donnelly 73.2
Kerri Reilly 64.6
Ginny Figlar 64.8
4:30.3 1st Place

COMMENTS: In general, after only slightly over two weeks of practice, this was a very positive beginning for us. Our goal was to enter this first meet to gain experience and to set bench marks for future improvements. Though the Red Bank Regional indoor track is a slow and slippery 10 lap to the mile track, we did have some decent first meet times and performances.

Pat Rae threw a personal best 45'6" in the Shot Put for our outstanding performance of the day. Jennifer Hughes ran a strong 5:24.8 mile running away from the field, as did Jean Hughes in the two mile winning in a good early season time of 11:50.3. Tim Geckeler and Craig Halyard served notice in the sprints both scoring in an excellent field of top quality sprinters. Tammy Rayevich won the women's Shot Put and Jennifer Wrubel easliy won the women's High Jump. Other good first meet performances came from Raquel Mair, Karen Cannon, Kerri Reilly and Ginny Figlar.

NEXT:

Metropolitan Athletic Conference Meet at West Point - 12/26/87
Pearl River Holiday Meet at Rockland C.C. - 12/28/87
Brown University Interscholastic Relays at Brown - 12/28 & 29/87

REEBOK CHRISTMAS CLASSIC at West Point - 12/26/87

Distance Medley: Jean Hughes (1200) 3:55.1
Lynne Collazo (400) 66.8
Karen Cannon (800) 2:31.9
Jennifer Hughes (1600) 5:15.7
12:49.59 1st Place

200m: Laura Pollaci 29.4

Long Jump: Tim Geckeler 18' 1/2"

Jennifer McDermott 16'11 1/2" 1st Place
Jennifer Wrubel 14'10"

55m: Tim Geckeler 6.6/6.7/6.8 4th Place
TIES SCHOOL RECORD

400: Bob Dougherty 57.6

55mHurdles: Sheryl van der Schyff 9.0 3rd Place

Dave Clark 9.49

High Jump: Jennifer Wrubel 5'0" 4th Place

Shot Put: Patrick Rae 42' 9 1/4"
Art Marston 39' personal best

Tammy Rayevich 34' 9 1/4" season best
Alfreda Eldridge 31' 9 1/2" season best

COMMENTS: Though Tim Geckeler only tied the existing school record in the 55, it won't be long into this season when he will own the record. Our throwers continue to improve. Distance medley ran an especially good early season time and Jennifer McDermott's first place in the Long Jump is impressive.

BERGEN COUNTY DEVELOPMENT MEET at FDU - 1/6/87

Frosh 60: Raquel Mair 8.2/8.3

Novice 60: Charles Blackford 7.4
Jerome Chang 7.2
Seth Holton 7.1

Erika Hayflick 8.3/8.5
Ran Ku 8.8

Varsity 60: Tim Geckeler 6.9/6.8

Laura Pollaci 7.8
Karen Scully 8.5

Varsity 60 hurdles: Dave Clark 8.8
Craig Halyard 8.6

Sheryl van der Schyff 8.8/8.8/9.0 2nd Place
Lynn Degelmann 9.4/9.2/10.0 4th Place
Amy Donnelly DNF

Novice 60 hurdles: Tammy Rayevich 10.7/11.0

Novice 4x800: James P. Byrne 2:20.0
John Chidiac 2:20.1
Tom Stevenson 2:18.7
Mark Tucker 2:19.3
9:18.1 5th Place
Liz Figlar 2:45.4
Sara Giffuni 3:03.3
Amy Donnelly 2:46.7
Carolyn O'Brien 2:44.6
11:20.0 2nd Place

Varsity 400: Bob Dougherty 57.9
Eric Ellinghaus 55.5 3rd Place
Craig Halyard 55.8 5th Place
Lynne Collazo 63.2 1st Place tie
Kerri Reilly 63.2 1st Place tie

Novice 4xlap: Charles Blackford 25.5
 Jerome Chang 24.8
 Bob Dougherty 25.3
 Seth Holton 23.8
 1:39.2
 Erika Hayflick 29.8
 Ran Ku 31.2
 Karin Scully 30.1
 Jennifer Baumann 28.9
 1:59.9 5th Place

Varsity 800: Matt Giffuni 2:14.8
 Ginny Figlar 2:36.5 4th Place
 Lynn Degelmann 2:31.9 1st Place

Frosh 300: Kevin Stevenson 43.8
 Liz Figlar 50.6 2nd Place
 Racquel Mair 53.2

Novice 300: Andrew Higdon 51.2

Frosh 1600: Hoon Lee 5:35.4 3rd Place
 John Kang 6:29.8

Novice 1600: Sohail Husain 5:31.0
 Jeff Tucker 5:52.1
 Tim O'Brien 5:20.7

COMMENTS: This was the first ever track meet in FDU's new indoor facility.

Our team competed well amid the bedlam of this huge meet which included 32 Bergen County schools. Outstanding competitors were: Liz Figlar, Hoon Lee, Seth Holton, Lynn Degelmann, Sheryl van der Schyff, Kerri Reilly, and Liz Collazo.

NEXT MEET: RIDGEWOOD WINTER GAMES at FDU - 1/8/88 or
 DARTMOUTH RELAYS - 1/8/88

RIDGEWOOD WINTER GAMES at FDU - 1/8/87

3000m: Tom Stevenson 10:18.5 9th Place
Tim O'Brien 10:56

60m: Jerome Chang 7.0

Ran Ku 8.4

60m Hurdles: Dave Clark 8.0

800m: James P. Byrne 2:24
John Chidiac 2:17.8
Matt Giffuni 2:08.9 6th Place

Frosh. 1600: Hoon Lee 5:29.2

200m: Oren Gordin 28.9
Kevin Stevenson 27.4
Andrew Higdon 31.2
Jerome Chang 25.1
Hanoz Ganhdi 28.4

Maryann Tierney 32.5
Ran Ku 34.4
Karin Scully 32.3

4x800: Tom Stevenson 2:22.9
J.P. Byrne 2:15
Mark Tucker 2:17.2
John Chidiac 2:18.9
9:13.9 5th Place

400m: Bob Dougherty 58.0 10th Place

Sara Giffuni 76.8
Liz Figlar 71.0

1600m: Sohail Husain 5:27
Mark Tucker 5:22

Carolyn O'Brien 5:55.3 3rd Place

4x400: Eric Ellinghaus 55.7
Bob Dougherty 58.2
Dave Clark 56.8
Matt Giffuni 55.8
3:46.5 7th Place

Dartmouth Relays - 1/9/88

55m Hurdles:

Sheryl van der Schyff 9.0/8.91/8.83 4th Place
Ties SCHOOL RECORD

400M: Ginny Figlar 59.55 1st Place

Mile: Jennifer Hughes 5:19.4

4x400: Lynn Degelmann 63.2
Amy Donnelly 66.5
Sheryl van der Schyff 68.4
Laura Pollaci 66.3
4:24.4

4x800: Jennifer Hughes 2:25.9
Jean Hughes 2:23.5
Ginny Figlar 2:29.1
Lynne Collazo 2:23.2
9:41.7 1st Place
SCHOOL RECORD

Long Jump: Jennifer McDermott 17'9" 3rd Place
SCHOOL RECORD

Triple Jump: Jennifer Mc Dermott 37'5" 1st Place
SCHOOL RECORD

Shot Put: Tammy Rayevich 35'4" 4th Place
SCHOOL RECORD

High Jump: Jennifer Wrubel 5'0"

COMMENTS: Four new school records set and one record tied! Jennifer McDermott continues to set new records each time she jumps. Tammy Rayevich also continues to improve every time she competes, and her school record is sure to be bettered during the season. Our 4x800 relay beat a Canadian team with 19 year olds setting a new school record. Sheryl van der Schyff tied her own school record in the 55 m hurdles finishing fourth in a hotly contested final race in a great field of hurdlers.

Jen McDermott was runner-up in the voting for athlete of the meet.

(over)

TRACK

AT HANOVER, N.H.

DARTMOUTH INTERSCHOLASTIC MEET

Winners of Events

Boys' Division

55-Meter Dash — Randy Barrows, Rindge and Latin, 6.51 seconds.
400-Meter Dash — Greg Meeropol, Deerfield Academy, 49.73 seconds.
800-Meter Run — Brian Franklin, Chomedy, Montreal, 1 minutes 57.19 seconds.
1-Mile Run — Dennis Webster, Clarence, N.Y., 4 minutes 18.8 seconds.
2-Mile Run — Joel Bourgeois, Canada, 9 minutes 39.9 seconds.
55-Meter Hurdles — Trevor McAlmont, Montreal, 7.65 seconds.
1-Mile Relay — Clinton, Bronx, 3 minutes 28.6 seconds.
2-Mile Relay — Chomedy, Montreal, 8 minutes 2.2 seconds.
Pole Vault — Sebastian Sari, Montreal, 13 feet.
Long Jump — Ramon Neves, Rindge and Latin, 23 feet 3 inches (meet record).

Girls' Division

Shotput — Mike Theuerkauf, Demarest, N.J., 58 feet 2 1/4 inches.
High Jump — Marc Trembley, Montreal, 6 feet 7 inches.
Triple Jump — Greg DeGraza, Chelmsford, Mass.
55-Meter Dash — Tameka Hinton, Boston Latin, 7.29 seconds.
400-Meter Dash — Virginia Figlar, Ridgewood, N.J., 59.83 seconds.
800-Meter Run — Susan O'Callahan, Bronxville, N.Y., 2 minutes 23.31 seconds.
1-Mile Run — Heather Grimshaw, Seekonk, Mass., 5 minutes 4.4 seconds.
2-Mile Run — Cindy Davis, Darien, Conn., 10 minutes 51.8 seconds.
55-Meter Hurdles — Missy Silva, Seekonk, Mass., 8.67 seconds.
1-Mile Relay — Weaver, Hartford, Conn., 4 minutes 7.9 seconds.
2-Mile Relay — Ridgewood, 9 minutes 41.7 seconds.
High Jump — Patricia Duthilleul, Quebec, Canada, 5 feet 10 inches.
Long Jump — Alexia Cruz, Manchester, Conn., 18 feet 1/4 inch.
Shotput — Tresa Adesse, Fonda-Fultonville, N.Y., 39 feet 7 1/2 inches.
Triple Jump — Jen McDermott, Ridgewood, N.J., 37 feet 5 inches.

New York Times 1/10/88

match of the \$175,000 Showboat Invitational in Las Vegas, Nev. Monacelli's 216-189 victory over Roth, who is in the P.B.A. Hall of Fame, gave him his second tour championship, but his first in this country. His first P.B.A. crown came in the Japan Cup in September. Monacelli, who was seeded third, survived a 163 in his first game against Gip Lentine, then beat the second-seeded Mark Williams, 218-174, to face the top-seeded Roth. (AP)

Track and Field

Relay Victory for DeWitt Clinton: At the Dartmouth Interscholastic Indoor Track and Field meet yesterday in Hanover, N.H., DeWitt Clinton High School of the Bronx won the boys' mile relay in 3 minutes 28.6 seconds. **Ridgewood (N.J.) High School's girls team won three events:** Virginia Figlar was first in the 400-meter dash in 59.83 seconds, and ran lead leg on the winning two-mile relay (9 minutes 41.7 seconds). The other Ridgewood victory was in the triple jump, where Jen McDermott won with a jump of 37 feet 5 inches. Dennis Webster of Clarence, N.Y., took the boys' mile run in 4 minutes 18.8 seconds, and earned an invitation to the Millrose Schoolboy Mile at Madison Square Garden next month. Allison Smith of Clarence, N.Y., the leading schoolgirl indoor high jumper in the country last year with a jump of 6 feet, was upset by Patricia Duthilleul of Quebec. The Canadian cleared 5 feet 10 inches for the victory while Smith could only make 5-4, finishing fifth.

SPIKE SHOE TEAM CHAMPIONSHIP MEET - 1/13/88

55mHH: Dave Clark 8.7

Sheryl van der Schyff 8.7/8.8/8.6 2nd Place
SCHOOL RECORD

Lynn Degelmann 9.5/9.4
Jennifer Wrubel 10.8

50yds: Tim Geckeler 5.7/5.7/5.6 4th Place
Seth Holton 6.1
Jerome Chang 5.9

Racquel Mair 6.7/6.9
Jennifer McDermott 6.5/6.5/6.5
Laura Pollaci 6.6/6.7

2 Miles: Jennifer Hughes 11:11.3 1st Place
Carolyn O'Brien 13:02.7

4x800: J.P. Byrne 2:15.1
John Chidiac 2:15
Matt Giffuni 2:10.8
Tom Stevenson 2:13.9
8:54.9 6th Place

Ginny Figlar 2:25.0
Karen Cannon 2:36.8
Lynn Degelmann 2:41.0
Lynne Collazo 2:38.6
10:21.5

Heather Fitzgerald 2:55.6
Eileen Moritz 3:13.3
Sara Giffuni 2:25.3 (one lap short)
Liz Figlar 2:58.7
11:38.9 6th Place

600m: Eric Ellinghaus 1:32.9 5th Place

Amy Donnelly 1:51.3 5th Place
Karin Scully 2:06.2

1000m: Matt Giffuni 2:53.0 5th Place

Lynne Collazo 3:11.8 1st Place
Jean Hughes 3:12.5 2nd Place

300m: Tim Geckeler 38.3 6th Place
Seth Holton 40.1
Kevin Stevenson 42.2

Kerri Reilly 44.6 4th Place
Laura Pollaci 46.0
Jennifer Baumann 50.5

Mile: J.P. Byrne 5:10.5
Tim O'Brien 5:24.0

Jennifer Hughes 5:20.5 1st Place
Karen Cannon 5:41.8 4th Place
Jean Hughes 5:29.7 2nd Place

4x400: Tim Geckeler 56.6
Eric Ellinghaus 54.9
Matt Giffuni 57.4
Dave Clark 56.5
3:45.5 2nd Place

Lynne Collazo 64.6	Liz Figlar 72.7
Lynn Degelmann 67.5	Jennifer McDermott 64.4
Kerri Reilly 64.6	Amy Donnelly 68.4
Ginny Figlar 60.8	Laura Pollaci 67.4
4:17.5	4:32.9
<u>1st Place</u>	<u>3rd Place</u>

Shot Put: Patrick Rae 43' 4 1/4"
Art Marston 40' 3 1/4"
George Wing 29' 3"
Jeff Mitchell 31' 4"

Tammy Rayevich 33'11 1/2" 2nd Place
Alfreda Eldridge 27'6"

COMMENTS: We had an excellent night with many medal winners and lots of personal or seasonal bests. Our program is working with everyone continuing to improve even as we still are training right through these meets not resting or peaking yet. There are lots of good performances ahead.

Congratulations to Sheryl van der Schyff for a new school record in the 55m hurdles. Jennifer Hughes had a great night winning the 2 miles in a State best time and winning the Mile in a very fast mid-season time.

The men's team finished in 6th place and the women's team 1st. This was the third year in a row for the women's championship.

Next Competition: State Relay Championships, Sunday, 1/17/88

1988 NJSIAA BOYS AND GIRLS INDOOR STATE RELAY CHAMPIONSHIPS
 at Princeton University. January 17, 1988

DM: John Chidiac (880) 2:15.6
 Eric Ellinghaus (440) 55.0
 J.P. Byrne (1220) 3:41.4
 Tom Stevenson (mile) 5:07.8
 11:58.8

Lynne Collazo (880) 2:26.4
 Ginny Figlar (440) 59.4
 Jean Hughes (1220) 3:48.7
 Jen Hughes (mile) 5:12.8

12:27.2 1st Place

NEW ALL-GROUPS STATE RELAYS RECORD

4x220: Jen McDermott 27.2
 Laura Pollaci 28.9
 Amy Donnelly 30.6
 Kerri Reilly 28.8 1:55.5

4x60HH: Sheryl van der Schyff 8.3
 Lynn Degelmann 8.9
 Amy Donnelly 9.2
 Jen Wrubel 9.2

35.6 5th Place

4x880: Jean Hughes 2:28.7
 Ginny Figlar 2:25.9
 Jen Hughes 2:25.6
 Karen Cannon 2:34.4
 9:54.6

1st Place

SM: Craig Halyard (440) 54.8
 Tim Geckeler (220) 24.3
 Eric Ellinghaus (220) 24.6
 Matt Giffuni (880) 2:07.7
 3:51.3

Kerri Reilly (440) 63.6
 Jen McDermott (220) 27.9
 Laura Pollaci (220) 28.7
 Lynne Collazo (880) 2:23.7

4:24.0 1st Place

SCHOOL RECORD

4x440: Eric Ellinghaus 54.4
 Tim Geckeler 55.8
 Craig Halyard 54.2
 Dave Clark 56.8
 3:41.3

Kerri Reilly 64.8
 Lynn Degelmann 63.7
 Lynne Collazo 62.3
 Ginny Figlar 59.1
 4:09.9 1st Place

Shot Put: Patrick Rae 46' 10 1/2"
 Art Marston 40' 8" 87' 6 1/2"
 Tammy Rayevich 35' 11"
 Alfreda Eldridge 30' 4"
 66' 3" 1st Place

High Jump: Sheryl van der Schyff 4' 10"
 Jennifer Wrubel 5'
 9' 10" 1st Place

COMMENTS: The finest day for Ridgewood's women's indoor team ever! One new State Relays Record, one new School Record, and six first places out of eight events! This was a team win with everyone winning at least one medal.

CONGRATULATIONS! STATE RELAYS CHAMPIONS FOR THE SECOND YEAR.

GROUP 4 GIRLS

TEAMS: 1-Ridgewood 37. 2-Neptune and Trenton 12. 4-Toms River East 11. 5-Columbia 10. 6-Plainfield 9. 7-North Hunterdon 8. 8-Brick 7. 9-Cherokee, Hightstown, Passaic and Morristown 4. 13-Kearny and Hunterdon Central 2. 15-Pemberton and Lenape 1.

880-YARD RELAY: 1-Neptune (Dawn Bowles, Gwen Farrow, Sonya Brown and Carol Bacon) 1:50.2. 2-Trenton 1:50.8. 3-Columbia 1:51.0. 4-Plainfield 1:51.4. 5-North Hunterdon 1:52.5.

MILE RELAY: 1-Ridgewood (Kerri Reilly, Lynn Degelmann, Lynne Collazo and Ginny Figlar) 4:09.9. 2-Plainfield 4:18.5. 3-Columbia 4:22.4. 4-Trenton 4:23.7. 5-Pemberton 4:24.3.

TWO-MILE RELAY: 1-Ridgewood (Jean Hughes, Ginny Figlar, Jennifer Hughes and Karen Cannon) 9:54.7. 2-Brick 10:15.2. 3-Toms River East 10:16.4. 4-Kearny 10:19.6. 5-Hunterdon Central 10:27.3.

SPRINT MEDLEY: 1-Ridgewood (Kerri Reilly, Jennifer McDermott, Laura Pollair and Lynne Collazo) 4:24.0. 2-Columbia 4:28.6. 3-Cherokee 4:33.2. 4-Trenton 4:33.2. 5-Plainfield 4:34.0.

DISTANCE MEDLEY: 1-Ridgewood (Lynne Collazo, Ginny Figlar, Jean Hughes and Jennifer Hughes) 12:27.2 record; former record 12:41.9, Kearny, 1983. 2-Morristown 12:59.8. 3-Brick 13:06.6. 4-North Hunterdon 13:18.8. 5-Hunterdon Central 13:23.1.

SHUTTLE HURDLES: 1-Neptune (Gwen Farrow, Sonja Brown, Carol Bacon and Dawn Bowles) 33.2. 2-Trenton 33.9. 3-North Hunterdon 35.2. 4-Toms River East 35.4. 5-Ridgewood 35.6.

TEAM HIGH JUMP: 1-Ridgewood (Sheryl Vanderscheff and Jen Wrubel) 9-10. 2-Hightstown 9-6. 3-Toms River East 9-2. 4-North Hunterdon 9-0. 5-Cherokee 8-8.

TEAM SHOT PUT: 1-Ridgewood (Tammy Rayevich and Alfreda Eldridge) 66-3. 2-Passaic 65-11 1/2. 3-Toms River East 65-7 3/4. 4-Plainfield 64-0. 5-Lenape 62-6 1/2.

SUFFERN INVITATIONAL - at Rockland Community College
Monday, January 18, 1988

Boys Soph. 2 Miles: Sohail Husain 11:42.1
Boys Varsity 2 Miles: Tim O'Brien 12:08.6
Girls Frosh. 2 Miles: Eileen Moritz 15:20
Girls Soph. 2 Miles: Heather Fitzgerald 14:01.5
Boys Frosh. 600: Hoon Lee 1:32.5
Girls 600: Amy Donnelly 1:38.5
Boys Frosh. 300: Kevin Stevenson 38.7
Girls Frosh. 300: Racquel Mair 44.1
Girls Soph. 300: Ran Ku NT
Erika Hayflick 46.4

Triple Jump: Jerome Chang 37'4"
Jennifer McDermott 36'3" 1st Place

Long Jump: Jerome Chang 19' 1" Personal Best!
Jennifer McDermott 17'9 1/2" 2nd Place

SCHOOL RECORD

Frosh/Soph Shot Put: George Wing 31'1 1/2" Personal Best!
John Picarelli 30'3" Personal Best!
Jeff Mitchell 30'6"
Geoff Roth 19'11" Personal Best!

Varsity Shot Put: Patrick Rae 43'0"
Art Marston 40'8"

Alfreda Eldridge 32'0" 4th Place

YALE INTERSCHOLASTIC INVITATIONAL
Friday & Saturday, January 22 & 23, 1988

Friday:

4x200: Racquel Mair 30.0
Laura Pollaci 27.9
Amy Donnelly 29.4
Liz Figlar 30.4 1:57.7

Distance Medley: J.P. Byrne (1200) 3:31.2
Bob Dougherty (400) 57.2
John Chidiac (800) 2:14.1
Tom Stevenson(1600) 4:54.6 11:37.23

4x400: Jennifer McDermott 62.1
Amy Donnelly 65.2
Kerri Reilly 61.9
Ginny Figlar 59.4
4:08.6 2nd Place

Tim Geckeler 53.0
Dave Clark 56.2
Eric Ellinghaus 53.3
Craig Halyard 59.5 (dropped baton) 3:42.0

4x800: Jennifer Hughes 2:19.8
Karen Cannon 2:28.9
Lynn Degelmann 2:31.9
Jean Hughes 2:24.5
9:44.1 1st Place

John Chidiac 2:16.5
Matt Giffuni 2:08.4
J.P. Byrne 2:12.0
Tom Stevenson 2:16.0 8:52.8

Saturday:

55H: Sheryl van der Schyff 8.7/8.63/8.7
SCHOOL RECORD

55m: Tim Geckeler 6.4/6.7
SCHOOL RECORD

High Jump: Jennifer Wrubel 5'0"

Long Jump: Craig Halyard 23'1" 1st Place
SCHOOL RECORD

Jennifer McDermott 17'5 3/4" 4th Place
(over)

Championship Distance Medley: Karen Cannon (1200) 4:02.4
Lynn Degelmann (400) 62.3
Lynne Collazo (800) 2:18.5
Jean Hughes (1600) 5:18.1
1st Place 12:41.3

400: Ginny Figlar 58.62 3rd Place
Kerri Reilly 61.5

1000: Lynne Collazo 3:01.7

3000: Jennifer Hughes 10:03.12 2nd Place **SCHOOL RECORD**

COMMENTS: Sixteen medals, four new school records and twenty-four personal bests at the top indoor interscholastic meet in the United States! Our team continues to excel.

Craig Halyard had the outstanding performance for the men's team jumping an incredible 23'1" in the long jump bettering his own indoor record by 15" and besting an elite field of 36 long jumpers. In fact, Craig's first three jumps, 22'6"/23'1"/22'9", were all beyond his record. For the women's team Jennifer Hughes broke one of our best indoor school records in the 3000 meters running 10:03.12 bettering Patti Mileski's school record by over a second and running the second fastest time in the 3000 meters in the nation this season.

Ginny Figlar, Jennifer Hughes and Craig Halyard qualified for the National indoor championships with their performances this weekend.

Other excellent performances: Lynne Collazo 2:18.5, 800 leg in the Distance Medley; Sheryl van der Schyff 8.63, school record in the 55m hurdles, Tim Geckeler 53.0, lead-off leg in the 4x400 and 6.4, 55m winning his trial heat; J.P. Byrne two outstanding relay legs close together; Tom Stevenson 4:54.6, 1600 anchor on the Distance Medley.

BERGEN COUNTY RELAYS

Thursday, January 29, Shot Put and High Jump at Hackensack H.S.

Soph Shot: George Wing 30'11"
Jeff Mitchell 30' 1 1/2" 61' 1/2"

Varsity Shot: Patrick Rae 42' 2 1/4"
Art Marston 39'10 1/2" 82' 3/4" 5th Place
Tammy Rayevich 33' 8"
Alfreda Eldridge 29' 5 3/4" 1st Place

High Jump: Jennifer McDermott 4'10"
Sheryl van der Schyff 5' 9'10" 1st Place
TIES SCHOOL RECORD

Sunday, January 31, Running events at FDU

4x1600: Mark Tucker 5:18.3
John Chidiac 4:55.6
J.P. Byrne 4:54.2
Tom Stevenson 4:49.5 19:57.6 5th Place

4x50Hurdles: Amy Donnelly 7.4
Lynn Degelmann 7.4
Jennifer McDermott 8.0
Sheryl van der Schyff 6.8 29.6 2nd Place

4x200: Seth Holton 26.6 Kerri Reilly 28.8
Craig Halyard 24.0 Ginny Figlar 26.5
Jerome Chang 25.2 Laura Pollaci 29.8
Tim Geckeler 24.0 Jen McDermott 26.9
1:39.8 4th Place 1:52.0 1st Place
SCHOOL RECORD

Frosh 4x800: Hoon Lee 2:29.5
John Kang 2:47.9
Tomo Kato 2:50.2
Kevin Stevenson 2:21.2 10:27.8

Frosh/Soph 4x800: Liz Figlar 2:52.9
Jennifer Baumann 2:47.3
Sara Giffuni 3:09.9
Heather Fitzgerald 2:51.7 11:41.8 1st Place

Soph 4x800: John Chidiac 2:15.2
Mark Tucker 2:15.3
Tom Stevenson 2:15.1
J.P. Byrne 2:13.1 8:58.7 1st Place

4x800: Dave Clark	2:21.1	Amy Donnelly	2:38.6
Sohail Husain	2:27.5	Jennifer Hughes	2:26.0
Jeff Tucker	2:29.8	Carolyn O'Brien	2:46.4
Tim O'Brien	2:23.5	Lynne Collazo	2:30.0
	10:14.9		10:20.9 <u>1st Place</u>

Sprint Medley:	(400) Eric Ellinghaus	55.0	
	(200) Tim Geckeler	23.6	
	(200) Craig Halyard	23.4	
	(800) Matt Giffuni	2:05.4	3:47.8 <u>2nd Place</u>
	(400) Kerri Reilly	64.4	
	(200) Laura Pollaci	27.4	
	(200) Jen McDermott	28.9	
	(800) Ginny Figlar	2:27.6	4:27.4 <u>1st Place</u>

Distance Medley:	(1200) J.P. Byrne	3:35.2	
	(400) Bob Dougherty	55.8	
	(800) Mark Tucker	2:17.7	
	(1600) Tom Stevenson	4:53.4	11:44.0
	(1200) Jennifer Hughes	3:51.3	
	(400) Amy Donnelly	66.8	
	(800) Lynn Degelmann	2:34.4	
	(1600) Jean Hughes	5:28.3	
		13:00.8	<u>1st Place</u>

4x400: Tim Geckeler	53.6	Kerri Reilly	64.4
Matt Giffuni	55.0	Lynne Collazo	62.3
Eric Ellinghaus	53.2	Jean Hughes	65.0
Craig Halyard	53.2	Ginny Figlar	61.0
	3:35.0 <u>2nd Place</u>		4:12.7 <u>1st Place</u>

Soph 4x400: Jerome Chang	61.4
Sohail Husain	66.4
Seth Holton	59.9
John Chidiac	60.6
	4:08.3 <u>4th Place</u>

COMMENTS: The Women's team continues to dominate! Even on an off day for them, they won seven of eight events.

The Men's team had a very good day. Though the point score does not yet show our improvements, there have been significant breakthroughs and seasonal bests. Most significant has been the steady improvement of our sophomore distance runners Tom Stevenson, John Chidiac, J.P. Byrne, and Mark Tucker each of whom tripled in this meet running season best times and winning the Soph. 4x800. Junior Matt Giffuni anchored a super tough Sprint Medley composed of Senior Eric Ellinghaus and Juniors Tim Geckeler and Craig Halyard. Our 4x400 with the same runners also finished a close second to Hackensack in a season best time.

1988 NJSIAA BOYS WINTER TRACK STATE GROUP CHAMPIONSHIP
Sunday, February 7, 1988 - 2:00 p.m.

400:	Eric Ellinghaus	53.5	Personal Best
	Tim Geckeler	52.7	Personal Best
3200:	Tom Stevenson	10:34.0	Personal Best
55HH:	Dave Clark	9.0	
	Craig Halyard	9.1	
55:	Tim Geckeler	6.5/6.7	
	Craig Halyard	6.7/6.8	
800:	Matt Giffuni	2:09.2	
	John Chidiac	2:16.4	
1600:	J.P. Byrne	4:50.7	Personal Best
	Tom Stevenson	5:00.1	

VITALIS/OLYMPIC INVITATIONAL QUALIFIER

4x440: Kerri Reilly 60.8
 Lynn Degelmann 62.6
 Lynne Collazo 61.9
 Ginny Figlar 58.4

4:03.7 2nd Qualifier
SCHOOL RECORD



We will be running
 February 13, 1988 at the
 Byrne Arcade in the
 Vitalis/Olympic Invitational
 Meet.

Kenah's 4:04.5 downs Almeida in 1,500M run

Rich Kenah of Montclair Immaculate won the 1,500-meter run in 4:04.5 in the Princeton Relays Trials last night at Jadwin Gym in Princeton.

Kenah led the race from start to finish, winning by 10 meters from Art Almeida of Kearny, who ran 4:05.7. Rich Harrington of St. Joseph of Montvale earned the third qualifying berth for the 1,500-meter event in the Princeton Relays that will be held Jan. 31.

In the mile relay trials, Willingboro ran away with the race in 3:25.5, Mark Crawford, Rob Douglas, Roger Lawyer and Sean Scott leading the race from the gun to the tape. Vailsburg was second in 3:29.7 and both teams qualified for a tri-state race at the Princeton Relays.

The trials also served to qualify teams for the U.S. Olympic Invitational on Feb. 13 at the Meadowlands Arena. Willingboro will be in the interstate 1,600-meter relay with teams from New York, Pennsylvania and Washington, D.C.

A girls' mile relay qualifier last night for the U.S. Olympic Invitational was won by Monmouth Regional in 4:02.5. Dollie Hurt, Jennifer Heggie,

TRACK

Drexel Long and Faye Haskins were on the Monmouth team, with freshman Long putting her team in the lead with 59.4 third leg.

Newark East Side easily won the boys' two-mile relay trials for the Princeton Relays, finishing 50 yards ahead of Hanover Park in 8:10.7. Joel Araujo gave East Side an unbeatable lead with a 2:00.0 opening leg.

BOYS

1,500-METER RUN: 1-Rich Kenah, Montclair Immaculate 4:04.5. 2-Art Almeida, Kearny 4:05.7. 3-Rich Harrington, St. Joseph (Montvale) 4:09.1. 4-Troy Johnson, West Side 4:09.2. 5-Dennis Vasquez, North Bergen 4:15.7.

MILE RELAY: 1-Willingboro (Malik Crawford, Rob Douglas, Roger Lawyer and Sean Scott) 3:25.5. 2-Vailsburg 3:29.7. 3-West Side 3:31.1. 4-Seton Hall Prep 3:31.2. 5-Morristown 3:31.2.

TWO-MILE RELAY: 1-Newark East Side (Joel Araujo, Dorian Fenner, Pascal Clerigo and Jaime Zavala) 8:10.7. 2-Hanover Park 8:19.1. 3-Hunterdon Central 8:19.5. 4-Westfield 8:22.3. 5-Memorial (W.N.Y.) 8:22.7.

GIRLS

MILE RELAY: 1-Monmouth Regional (Dollie Hurt, Jennifer Heggie, Drexel Long and Faye Haskins) 4:02.5. 2-Ridgewood 4:03.7. 3-Lakewood 4:05.2. 4-Clifford Scott 4:05.5. 5-Newark Central 4:06.2.

1988 NJSIAA GIRLS WINTER TRACK STATE GROUP CHAMPIONSHIP
Sunday, February 14, 1988 - 3:30 p.m.

400:	Ginny Figlar	58.4/58.47	<u>1st Place</u>
	Lynn Degelmann	64.0	
3200:	Jennifer Hughes	11:16.42	<u>1st Place</u>
	Jean Hughes	11:40.96	<u>4th Place</u>
55HH:	Sheryl van der Schyff	9.0/8.6/8.8	
	Lynn Degelmann	9.4	
55:	Ginny Figlar	7.4/7.5	
	Laura Pollaci	7.7	
800:	Lynne Collazo	2:19.47	<u>1st Place</u>
	Jean Hughes	2:29.5	
1600:	Jennifer Hughes	5:30.9	
	Karen Cannon	5:19.9	<u>4th Place</u> Personal Best
Shot Put:	Tammy Rayevich	34'11 1/2"	<u>5th Place</u>
	Alfreda Eldridge	NM	
High Jump:	Sheryl van der Schyff	5'0"	<u>1st Place</u>

GROUP IV STATE CHAMPIONS

THE GOAL HAS BEEN ATTAINED!

Ridgewood girls take title

Ridgewood was the only team to repeat its victory in last month's state relays. The Bergen County school had won six of eight events in that meet but settled for just four victories yesterday. Jennifer Hughes opened the day for Ridgewood with an 11:16.42 effort for first place in the 3,200 meters. Sheryl VanderSchyff took the high jump at 5-0, Lynne Collazo the 800 in 2:19.47 and Virginia Figlar the 400 in 58.47.

PRINCETON — Ridgewood won four of eight events Sunday to easily capture the New Jersey State Interscholastic Athletic Association Group 4 girls track and field championship at Jadwin Gym. The Maroons scored a meet-high 29 points to easily defeat Neptune, which finished with 14.

Four other local athletes joined the Ridgewood quartet as winners in the four group meets, and 18 other athletes qualified to return for Monday's State Meet of Champions.

The Maroons' Ginny Figlar repeated her victory in the 400 meters, winning in 58.57 seconds, the day's fastest time in the event.

Lynne Collazo won the 800 meters in 2 minutes 19.47 seconds, the day's second-fastest time.

Jennifer Hughes captured the 3,200 in 11:16.42, the fastest time of the day in the event. Her sister, Jean, was fourth in the 3,200.

Sheryl VanderSchyff gave Ridgewood its fourth title of the day by clearing 5 feet in the high jump. Other Maroons who qualified for the Meet of Champions were Karen Cannon, who finished fourth in the 1,600, and Tammy Rayevich, who was fifth in the shot put.

BERGEN COUNTY CHAMPIONSHIPS - WINTER TRACK & FIELD 1988

Thursday, February 18, 1988

Shot Put: Art Marston 38' 4 1/2"
Pat Rae 42' 6 1/2"

Tammy Rayevich 36' 9 1/4" 2nd Place

Soph Shot: Jeff Mitchell 30' 1"
Geoff Roth 23' 1"

High Jump: Sheryl van der Schyff 5' tie for 3rd Place
Jennifer McDermott 4'8"

Saturday, February 20, 1988

60HH: Dave Clark 8.9
Craig Halyard DNF

Sheryl van der Schyff 8.8/9.0/8.7 1st Place
Amy Donnelly 10.1

50yds.: Tim Geckeler 5.8/5.9
Jerome Chang 6.0

Ginny Figlar 6.4/6.5/6.4 4th Place

SCHOOL RECORD

600m: Dave Clark 1:35.9
Matt Giffuni 1:29.6 2nd Place

Ginny Figlar 1:42.8 1st Place
Amy Donnelly 1:49.5 4th Place

Frosh 1600: Hoon Lee 5:21.1

Eileen Moritz 6:36.3 3rd Place

1000m: Lynne Collazo 3:05.1 1st Place

Soph 1600: Tom Stevenson 4:55.7 3rd Place

Jennifer Baumann 6:28.0

300m: Jennifer McDermott 44.3 4th Place
Laura Pollaci 46.3

Craig Halyard 37.2 3rd Place

1600: J.P. Byrne 4:53.3
Tim O'Brien 5:18.4

Jean Hughes 5:19.3 1st Place
Karen Cannon 5:32.6 4th Place

800m: Jennifer Hughes 2:26.7

Soph 300: Jerome Chang 41.0

4x400: Dave Clark 57.7
Matt Giffuni 55.1
Tim Geckeler 54.6
Craig Halyard 53.1 3:40.6 2nd Place

Jen McDermott 67.2
Amy Donnelly 68.9
Ginny Figlar 62.1
Lynne Collazo 62.7 4:20.9 2nd Place

NEXT:

STATE ALL GROUPS CHAMPIONSHIPS - Monday, February 22
RIDGEWOOD WINTER GAMES - Friday, February 26
EASTERN STATES CHAMPIONSHIPS (BOYS) - Monday, February 29
EASTERN STATES CHAMPIONSHIPS (GIRLS) - Saturday, March 5
NATIONAL CHAMPIONSHIPS - Sunday, March 13

NJSIAA TRACK & FIELD INDOOR CHAMPIONSHIPS at Princeton
Monday, February 22, 1988

400: Ginny Figlar 58.8 3rd Place

3200: Jennifer Hughes 11:31.2 4th Place
Jean Hughes 12:12.9

Shot Put: Tammy Rayevich 36' 8" 6th Place

800: Lynne Collazo 2:19.09 **STATE CHAMPION**

1600: Karen Cannon 5:20.3 6th Place

4x440: Kerri Reilly 62.2
Lynn Degelmann 64.5
Lynne Collazo 61.4
Ginny Figlar 59.9 4:08.0 3rd Place

This is our best showing ever in the State Meet of Champions
ever. Congratulations to Lynne Collazo for winning the State
Championship 800 meters.

RIDGEWOOD GAMES PART II - Friday, February 26, 1988
Rockland Community College

2 miles: Tim O'Brien 11:26.1

Frosh 600: Hoon Lee 1:30.1
Kevin Stevenson 1:29.2
Tomo Kato 1:47.6

Liz Figlar 1:39.8 2nd Place

Soph 600: John Chidiac 1:27.5
Mark Tucker 1:25.8

Sara Giffuni 1:52.3
Jen Baumann 1:45.8

Shot Put: Art Marston 36'11 1/2"

600: Matt Giffuni 1:19.6

Lynn Degelmann 1:35.6 4th Place
Amy Donnelly 1:37.8 6th Place
Ginny Figlar 1:29.8 1st Place

300: Eric Ellinghaus 33.8/34.5 10th Place
Bob Dougherty 35.9

Laura Pollaci 40.8/41.5 9th Place
Kerri Reilly 39.7/39.8 3rd Place

1000: Lynne Collazo 2:47.9 1st Place
Jen Hughes 2:53.7 3rd Place

Frosh mile: Hoon Lee 5:26.4
John Kang 6:10

Eileen Moritz 6:42

Soph Mile: J.P. Byrne 4:52.2 5th Place
Tom Stevenson 4:49.0 4th Place

- Heather Fitzgerald 6:14.8

Mile: Jean Hughes 5:31.0 2nd Place

Soph 4x440: Jerome Chang 59.4
Mark Tucker 57.2
John Chidiac 59.1
J. P. Byrne 59.3 3:55.0 4th Place

4x440: Tim Geckeler 54.0
 Eric Ellinghaus 51.8
 Matt Giffuni 54.1
 Craig Halyard 54.0 3:33.9 3rd Place

Kerri Reilly 62.0
 Amy Donnelly 66.7
 Laura Pollaci 65.5
 Lynn Degelmann 63.6 4:17.9 2nd Place

60: Tim Geckeler 6.6/6.6/6.6

Laura Pollaci 7.7

60HH: Craig Halyard 8.2

Amy Donnelly 10.0/10.5/10.6
 Lynne Degelmann 9.2/9.4/9.5

Shot: Tammy Rayevich 34' 2 1/2" 1st Place
 Alfreda Eldridge 31' 1 1/2" 3rd Place

Soph Shot: Jeff Mitchell 29' 1 1/2"
 Geoff Roth 23' 2"
 George Wing 31' 7"

Long Jump: Tim Geckeler 19' 4 3/4"
 Jerome Chang 18' 7 1/4"

Jennifer McDermott 17' 8 3/4" 1st Place

Triple Jump: Craig Halyard 46' 9" 1st Place
 Jerome Chang 38' 10" 8th Place

Jennifer McDermott 35' 9 1/2" 1st Place

This was our last full team meet of the season.

INDIVIDUAL CHAMPIONSHIPS:

*Boys' Eastern States Championships - Monday, 2/29/88 at Princeton University: Craig Halyard in the Long Jump.

*Girls' Eastern States Championships - Saturday, 3/5/88 at Harvard University: Ginny Figlar & Lynn Degelmann in the 600; Jennifer McDermott in the Long Jump; Tammy Rayevich in the Shot Put; Sheryl van der Schyff in the 60 hurdles; Lynne Collazo in the 1000; Karen Cannon in the mile; Jennifer Hughes in the 2 miles; Kerri Reilly, Laura Pollaci, Amy Donnelly & Jean Hughes running on relay teams.

*National Indoor Championships - Sunday. 3/13/88 at Yale University by invitation only. Jean Hughes, Jennifer Hughes, Ginny Figlar, Lynne Collazo, Jennifer McDermott, and Craig Halyard.

EASTERN STATES INDOOR TRACK & FIELD CHAMPIONSHIPS at Princeton University, ~~March~~ 29, 1988

Long Jump: Craig Halyard 22'11 1/2"/21'10"/
22'2"/21'7"/22'5"/22'6" 2nd Place

Craig was the event leader until the last jumps in the finals. This is Craig's first competition this season in the jumps where he did not win.

Craig has gaulified for the National Indoor Championships at Yale in both the Long Jump and Triple Jump on March 13th.

GIRLS EASTERN STATES INDOOR INTERSCHOLASTIC TRACK & FIELD
CHAMPIONSHIPS
AT HARVARD UNIVERSITY, MARCH 5 1988

60 Hurdles: Sheryl van der Schyff 8.94/9.0

Long Jump:

Jennifer McDermott 16'10 3/4" - F - 17'8"
Finals: 17'4 1/4"- 17' 4"- 17'11 3/4" 3rd Place
SCHOOL RECORD

4x440: Kerri Reilly 61.8
Amy Donnelly 64.3 Indoor Personal Best
Laura Pollaci 63.8 Personal Best
Jennifer McDermott 62.5
4:12.4

600yds: Ginny Figlar 1:24.58 2nd Place
SCHOOL RECORD

1000yds: Lynne Collazo 2:38.61 2nd Place

4x880: Ginny Figlar 2:23.1
Karen Cannon 2:28.9
Jean Hughes 2:22.2
Jennifer Hughes 2:24.6
9:38.8 4th Place
SCHOOL RECORD

Shot Put: Tammy Rayevich 34' 7 1/2" - 34' 6" - 35' 9"

ONE OF THE
GREAT RHS
TRACK STORIES

↓
Jennifer McDermott set a new school record in her final long jump, and then ran out of the pit to receive the baton as the anchor leg of our mile relay. Ginny Figlar had to run in the second heat of the 600 because of incorrect seed times, but still shattered a great school record held by Mary Ellen Mileski and finished second to the winner of the first heat by .28 of a second. Lynne Collazo's 1000 yards time is one of the fastest times this indoor season in the nation. Karen Cannon who was scheduled to run the open mile substituted for Lynne Collazo at the last minute on the two mile relay and helped Ginny Figlar, Jean Hughes and Jennifer Hughes set a new school record.

NATIONAL INTERSCHOLASTIC TRACK & FIELD CHAMPIONSHIPS
AT YALE UNIVERSITY
MARCH 13, 1988

Triple Jump:

Craig Halyard 47' 4 1/4" 7th Place
SCHOOL RECORD

Jennifer McDermott 37' 7 1/4" 7th Place
SCHOOL RECORD

Long Jump:

Craig Halyard 22'10 3/4"

Jennifer McDermott 17'10 3/4" **SCHOOL RECORD**

400 meters:

Virginia Figlar 58.23/58.53 7th Place

4x800: Virginia Figlar 2:25.6
Jennifer Hughes 2:22.4
Jean Hughes 2:18.9
Lynne Collazo 2:15.2
9:22.18 2nd Place
SCHOOL RECORD

This was a true National championship meet with 42 states represented. Three 7th places and one 2nd place is an impressive showing for our program.

Ridgewood stars rewarded for an outstanding season

By Paul Schwartz
Correspondent

The best girls teams during the 1987-88 winter track season were Ridgewood, the top indoor team in the state, and teams from the Northern Bergen Interscholastic League, North Jersey's best league.

It's no surprise, then, that every member of this year's All-Bergen County winter track team is from Ridgewood or an NBIL team.

The Maroons, Group 4 champions, captured nine of the 14 slots on the first team, as selected by the Bergen County Coaches Association. Ridgewood, a member of the Northern New Jersey Interscholastic League, also shared a 10th spot (high hurdles).

Ridgewood seniors Virginia Figlar and Jennifer Hughes and juniors Lynne Collazo and Jen McDermott each earned two spots on the team, and the Maroon relay team, which included Figlar and Collazo, also won honors.

Four NBIL athletes — seniors Sara Pieri of Ramapo, Chris Coche of Pascack Hills, and Stacey Price of Westwood and junior Chris Bella of Pascack Valley — earned first-team honors, and Beth Mayland of Northern Highlands and Ridgewood's Sheryl Vander Schyff split the high hurdles position.

Following is a look at the team's members:

SARA PIERI, Ramapo, 60-yard dash — The coaches displayed the respect they have for Pieri by naming her to the team despite her missing the Bergen County Indoor Track and Field Championships and the state Meet of Champions. The latter is sponsored by the New Jersey State Interscholastic Athletic Association.

Pieri won the 55-meter run at the Bergen County development meet, the 50 at the Spike Shoe Invitational, and the 60 at the Ridgewood Winter Games. She was also fifth in the 55 at the difficult Group 3 meet.

A defending medalist outdoors in the 100 meters, she is the best sprinter in the county.

Pieri is honorable mention in the 300.

BETH MAYLAND, Northern Highlands, 60-yard high hurdles — The senior won the Spike Shoe Christmas meet, the Bergen County development meet, and the Spike Shoe Invitational. And she finished second at the Bergen County meet.

She helped Highlands to a second-place finish in the shuttle hurdles at the Bergen A relays. Her best time was 8.6 seconds.

She's also the second team All-Bergen long jumper.

SHERYL VANDER SCHYFF, Ridgewood, 60-yard high hurdles — A victory at the Bergen County championships helped boost Vander Schyff into a share of the top spot.

She was second at the Spike Shoe Invitational and the Bergen development meet, and also helped Ridgewood finish fifth in the Group 4 shuttle-hurdles relay and second at the Bergen A relay.

Vander Schyff won the State Group 4 high jump championship and is second team All-Bergen in that event.

CHRIS COCHE, Pascack Hills, 300 meters — An improving runner who is perhaps the biggest surprise on the first team, Chris had a solid indoor season.

GIRLS TRACK

She finished third at the Spike Shoe meet and was fourth in the 400 at the Bergen development meet.

Coche sped to second at the Spike Shoe Invitational before winning the Bergen County championships with her best time, 43.4.

She is also honorable mention in the 400.

VIRGINIA FIGLAR, Ridgewood, 400 meters and 600 yards — Perhaps the county's most determined runner, Figlar had a spectacular season that was marred only by a bad start in the 400 at the state Meet of Champions, where she finished third after winning the event the previous year.

She ran legs on three state championship relay teams — the distance medley, mile, and two-mile — as Ridgewood captured the Group 4 title.

Figlar easily won the Group 4 400-meters and ran away with the Ridgewood Winter Games and Bergen County 600 titles. She also finished second in the 600 at the Girls Eastern States championships.

She is honorable mention in the 60.

LYNNE COLLAZO, Ridgewood, 800 meters and 1,000 yards — Free from the shadow of Jasmin Jones, the talented junior was clearly the best middle-distance runner in the state this season.

She was second in the 400 at the Bergen development meet early in the season, then ran legs on Ridgewood's distance and sprint-medley relays and ran the mile at the Group 4 state relays.

A victory at the Spike Shoe Invitational 1,000 followed before she easily captured the 800 at the state Group 4 meet.

An impressive 20-second win in the Bergen 1,000 followed, and a come-from-behind victory in the state 800 championship was one of the most dramatic of the year, as Collazo came from fourth place in the final two turns to win.

She then won the Ridgewood Winter Games 1,000 and finished second in the 800 at the Girls Easterns.

JENNIFER HUGHES, Ridgewood, 1,600 meters and 3,200 meters — Even though she came up short in the 3,200 at the state Meet of Champions, Hughes, one of the finest distance runners in Bergen County history, enjoyed a sensational season.

She had the stellar campaign despite suffering a hip injury late last summer.

Hughes had an impressive double at the Spike Shoe Invitational mile and two-mile runs and anchored the state championships in the two-mile and distance medley relays.

In the distance medley, Hughes took nearly 15 seconds off the meet record.

She then won the 3,200 at the state Group 4 meet and the Bergen 800 before slipping to fourth at the state Meet of Champions in the 3,200.

RIDGWOOD 1,600-meters relay — Figlar, Collazo, Lynn Degelmann, and Kerri Reilly peaked when they won the Group 4 relays championship, helping Ridgewood to its team title by an overwhelming margin.

The Maroons took first and third at the Spike Shoe Invitational and were second at the Bergen County

1988

ALL-BERGEN GIRLS TRACK



Lynn Degelmann
Ridgewood
1,600-meter relay



Beth Mayland
Northern Highlands
60 yard high hurdles



Sheryl Vander Schyff
Ridgewood
60 yard high hurdles



Chris Coche
Pascack Hills
300 yards



Virginia Figlar
Ridgewood
400, 600, 1,600-meter relay



Stacey Price
Westwood
Shot put



Lynne Collazo
Ridgewood
1,000, 800, 1,600-meter relay



Kerri Reilly
Ridgewood
1,600-meter relay



Jennifer Hughes
Ridgewood
1,600, 3,200 meters



Christine Bella
Pascack Valley
High jump



Jennifer McDermott
Ridgewood
Triple jump, long jump, 1,600 relay



Sara Pieri
Ramapo
60 meters

championships, despite the absence of Degelmann and Figlar.

Ridgewood followed with a third at the state Meet of Champions and took second at the Ridgewood Winter Games.

STACEY PRICE, Westwood, shot put — Up until the last throw of the final round of the state Meet of Champions, it looked as if Price was going to win the title.

But Shawn Walsh of Toms River East had the winter's best throw on her last attempt, and Price finished second with her season's best throw of 39 feet 6 inches.

That was her only loss of the winter. Price won the Christmas Spike Shoe and Spike Shoe Invitational and led Westwood to the Bergen B and state Group 2 Relays shot titles.

She also won the State Group 2 and Bergen County titles.

CHRISTINE BELLA, Pascack Valley, high jump — She cleared five feet to lead the Indians to a fifth-place finish in the high jump at the Group 3 relays, and she finished tied for third at the Bergen County championships.

Bella also took second at the Ridgewood Winter Games.

Bella jumped her season best of 5-2 to help her team finish third at the Bergen Relays B Division.

JENNIFER MCDERMOTT, Ridgewood, long jump and triple jump — The junior is a fitting successor to Bergen County jumpers such as Margaret Rottkamp of Indian Hills and Pascack Valley's Kim Baumbach.

She helped the Maroons to second place in the long jump at the Brown Relays and won the long and triple jumps at the Ridgewood Winter Games.

McDermott also scored well in the jumps when Ridgewood traveled to the Yale Invitational and the Eastern States Invitational.

Local athletes dominate all-stars

By Paul Schwartz
Correspondent

TRACK NOTES

Bergen and Passaic counties dominated the annual all-state indoor track team selected by New Jersey Track Magazine, taking eight of the 21 individual spots on the boys and girls first teams.

State champions Derrick Horner of Don Bosco (boys 55 meters), Mark DeAngelis of Tenafly (boys high jump), Mike Theuerkauf of Demarest (boys shot put), Lynne Collazo of Ridgewood (girls 800), and Cathy Feeney of Wayne Valley (girls 1600) lead the first team.

They are joined by triple-jumpers Craig Halvard and Jen McDermott of Ridgewood and girls 400-meter star Virginia Figlar of Ridgewood, who was third in the state finals, as first-team selections.

There were five area athletes on second team, Halvard (long jump), Tony Hayes of Hackensack (triple jump), Jennifer Hughes of Ridgewood (3,200), McDermott (long jump), and Joni Johns of Englewood (triple jump).

The third team includes Stan Finney of Hackensack (55), Mark Bednarz of Paramus Catholic (800), Hayes (long jump), Horner (triple jump), Jason Miller of Elmwood Park (shot put), and Stacey Price of Westwood (girls shot).

Ridgewood's two-mile and distance medley girls relay teams won first-team honors, and the Pascack Valley boys distance medley was second team.

Mike Glynn, Larry Covle, and Jacob Brown of Ridgewood are rapidly becoming the Don Kings of the area track scene. The trio of meet

directors who produce the autumn Ridgewood Invitational Cross-Country run and the Ridgewood Winter Games are providing track meets the first three weeks of the season in the spring.

Last Saturday, the Ridgewood Boys and Girls Relays were run simultaneously at Ridgewood and Bergen Community College.

The Bulldog Relays have gotten so large that yesterday's freshman and sophomore events were run at Paramus Catholic while the varsity events were running at BCC.

Glynn and company are gambling on a new meet next Saturday, the Bulldog Bergen County Invitational, also at BCC. This will be an individual meet, the first real chance area runners will have to test their skills in a major individual competition.

The Bulldog Invitational goes up against the always popular Rutherford-Lyndhurst Relays at Lyndhurst, which is expecting a record entry from Group 1 and 2 and Parochial B schools. But the directors are hopeful that the meet will attract enough support to continue.

● A sidelight of the Glynn and company meets is the presence of some outstanding former track stars as officials. Last Saturday, former Golden West shot-put champ Steve Adams, formerly of St. Joseph Regional, and former All-Bergen athlete, distance runner Gerry Clark of Paramus Catholic and Old Tappan, hurdler Brian Hart of PC, javelin thrower Ed Bauer of PC, and pole vaulter Tim Wilson

of Bergen Catholic officiated, along with former All-Bergen basketball star Jim Gaffney of PC.

Current Paramus Catholic star half-miler Mark Bednarz, and former Wood-Ridge star David Clayton, now at Rutgers, also helped out while recovering from illness or injuries that have kept them off the track.

● New Milford stretched its four-year dual-meet winning streak to 37 with a tight 71-69 win over Bergen Tech Thursday. Bergen Tech had gone undefeated in 11 meets last year and won the BCSL Olympic while New Milford won the BCSL National. New Milford also easily defeated Park Ridge, 105-35.

The win over Bergen Tech was anything but easy, however.

"They have some outstanding individuals back, and most of our outstanding athletes graduated; but we had an indoor program and they didn't, which evened things up," said New Milford coach Ray Harrison.

New Milford got help when Ruben Sosa and Chris Boyle went 1-2 in the 400, ending London Roballo's hopes for a sprint triple. But the meet was tied at 66 with a vaulter remaining from each team.

Bergen Tech's Kevin Whitefeet, the defending state vocational champion, cleared 10 feet on his first attempt, taking the lead from New Milford junior Steve McCarten, who made the height on his third attempt. Both vaulters cleared 10-6 on their second attempts, putting the competition back into a tie.

Then McCarten cleared a personal best 11 feet on his second attempt to win the meet for New Milford.