

## Wayne Hills Relays

### BOYS TEAM SCORING

NV/Demarest, 116; West Milford, 40; Passaic, 39; Glen Rock, 28; Garfield, 27.5; Indian Hills, 27; Wayne Valley, 25; Clifton, 22; Fort Lee, 22; Morristown, 22; Wayne Hills, 20; Mt. Olive, 19; Lakeland, 18.5; Passaic Valley, 13; Vernon, 13; Morris Knolls, 10; Passaic Valley, 9; Passaic Tech, 9; Parsippany, 8; Nutley, 6; DePaul, 1; Eastside, 1; High Point, 0; Randolph, 0; Westwood, 0.

**Shot put** — 1, NV/Demarest (Mike Sheenan, Flinchum, Pandich), 137-7/2; 2, Passaic, 133-7; 3, Lakeland, 131-0; 4, Vernon, 128-4/2; 5, Fort Lee, 126-0; 6, DePaul, 125-7.

**Discus** — 1, NV/Demarest (Hofmann, Pandich, Anselm), 386-2; 2, Morristown, 368-5; 3, Glen Rock, 366-8; 4, Lakeland, 343-5; 5, Mt. Olive, 341-9; 6, Fort Lee, 335-7.

**High jump** — 1, Passaic (Chiffon Allen, Tyshan Bradshaw), 12-0; 2, tie between NV/Demarest and Garfield, 11-10; 4, tie between Indian Hills, and West Milford, 11-6; 6, Eastside, 11-4.

**Long jump** — 1, Passaic (Valdez, Smith, Allen), 59-5/2; 2, NV/Demarest, 57-4; 3, Indian Hills, 56-7; 4, Wayne Valley, 55-7; 5, Passaic Tech, 55-3/2; 6, Passaic Valley, 54-8/4.

**Pole vault** — 1, tie between NV/Demarest (Rubinstein, Uetani), and Mt. Olive (Kaufhold, Townsley), 24-0; 3, Indian Hills, 23-6; 4, West Milford, 23-0; 5, Vernon, 21-0; 6, tie between Garfield and Lakeland, 20-6.

**Triple jump** — 1, Indian Hills (Caputo, Kerl, Kwerdis), 112-6/4; 2, Passaic, 111-5/4; 3, Passaic Tech, 111-4/4; 4, NV/Demarest, 109-5; 5, Fort Lee, 109-1; 6, Wayne Hills, 106-5/2.

**Javelin** — 1, Glen Rock (DiSalvo, Hanley, Schwartz), 522-6; 2, NV/Demarest, 467-1/2; 3, West Milford, 439-1; 4, Vernon, 410-7/2; 5, Morristown, 408-1; 6, Passaic Valley, 405-9.

**Shuttle HH** — 1, NV/Demarest (Heath Ostrowski, Jose Alvarado, Greg Lewis, Brian Frazer), 1:05.3; 2, Lakeland, 1:06.3; 3, Wayne Valley, 1:07.3; 4, Garfield, 1:08.6; 5, Indian Hills, 1:09.2; 6, Wayne Hills, 1:09.9.

**3 X 400 IH** — 1, NV/Demarest (Alvarado, Ryofa Uetani, Ostrowski), 2:58.7; 2, Glen Rock, 3:06.2; 3, Wayne Valley, 3:06.2; 4, Mt. Olive, 3:08.2; 5, Clifton, 3:09.0; 6, West Milford, 3:11.2.

**400** — 1, NV/Demarest (Brian Frazer, Neil Concepcion, Mike Alanas, Dave Edmundson), 44.8; 2, Morristown, 45.0; 3, West Milford, 46.0; 4, Garfield, 46.5; 5, Passaic Valley, 46.6.

**800** — 1, NV/Demarest (Ostrowski, Concepcion, Alanas, Edmundson), 1:34.0; 2, Wayne Valley, 1:34.6; 3, Passaic Valley, 1:35.9; 4, Garfield, 1:37.0; 5, Passaic, 1:37.1; 6, Passaic Tech, 1:37.8.

**1,600** — 1, West Milford (Scott Pohlman, Hans Peter Niederirasser, Jermaine Washington, Tony Sessa), 3:29.7; 2, Garfield, 3:31.0; 3, Fort Lee, 3:32.1; 4, Glen Rock, 3:32.8; 5, Morristown, 3:33.5; 6, Vernon, 3:36.2.

**3,200** — 1, Fort Lee (Juan Barahona, Henock Assefa, Michael Khu, Demba Mane), 8:27.2; 2, Morris Knolls, 8:37.4; 3, Nutley, 8:47.2; 4, NV/Demarest, 8:51.3; 5, Parsippany, 8:53.0; 6, Vernon, 8:57.2.

**6,400** — 1, Wayne Hills (Doug Carlier, Dan Mogolesko, Tim Franklin, Ken Werner), 19:00.0; 2, NV/Demarest, 19:22.4; 3, Passaic Valley, 19:37.6; 4, Mt. Olive, 19:40.2; 5, West Milford, 19:42.45; 6, Vernon, 19:50.0.

**Sprint medley** — 1, Clifton (Todd Kaminsky, Andy Mikolajczyk, Jason Sell, Brian Torres), 3:41.4; 2, West Milford, 3:43.1; 3, Passaic Valley, 3:45.3; 4, NV/Demarest, 3:47.6; 5, Morristown, 3:50.7; 6, Fort Lee, 3:51.0.

**Distance medley** — 1, Clifton (Andy St. Clair, Jason Sell, Dan Telofski, Brian Torres), 11:07.8; 2, Wayne Hills, 11:11.0; 3, Passaic Valley, 11:23.7; 4, NV/Demarest, 11:40.1; 5, Morris Knolls, 11:40.1; 6, Wayne Valley, 11:47.4.

### GIRLS TEAM SCORING

Wayne Valley, 74; Glen Rock, 52; Nutley, 42; Vernon, 42; Randolph, 40; Mt. Olive, 31; Eastside, 28; Westwood, 27; Passaic Valley, 24; Passaic, 20; Parsippany, 18; West Milford, 17; Clifton, 14; Indian Hills, 12; Passaic Valley, 11; Wayne Hills, 6; Lakeland, 5; Kittatinny, 2; NV/Demarest, 0; Fort Lee, 0; Garfield, 0; High Point, 0; Morris Knolls, 0; Morristown, 0; Passaic Tech, 0.

**Shot put** — 1, Passaic (Leon, Starr, Lowe), 105-1; 2, Randolph, 85-3/2; 3, Westwood, 84-6/2; 4, Wayne Valley, 81-10; 5, tie between Passaic Valley and Nutley, 78-0.

**Discus** — 1, Passaic (Leon, Starr, Lowe), 299-5; 2, Randolph, 285-5; 3, Passaic Valley, 256-0; 4, Nutley, 253-1; 5, West Milford, 250-10; 6, Westwood, 240-5.

**High jump** — 1, Nutley (Erin Buck, Melissa Branigan), 9-8; 2, Passaic Valley, 9-6; 3, Parsippany, 9-6; 4, Glen Rock, 9-2; 5, tie between Vernon, Indian Hills, and West Milford, 9-0.

**Long jump** — 1, Indian Hills (Jester, Hoagland, Murphy), 43-9/4; 2, Passaic Valley, 42-4/2; 3, Nutley, 41-6; 4, Westwood, 40-10; 5, Mt. Olive, 40-9/2; 6, Wayne Valley, 40-5.

**Triple jump** — 1, Eastside (Wallace, McIntosh, Thomas), 94-11/2; 2, Glen Rock, 94-1; 3, Westwood, 93-8/2; 4, Passaic Valley, 89-4; 5, Clifton, 85-6/2; 5, Nutley, 85-6/4.

**Javelin** — 1, Glen Rock (Wenthe, Sheppard, Miller), 259-5; 2, Vernon, 235-11; 3, Wayne Valley, 222-9; 4, Parsippany, 218-7/2; 5, Passaic Valley, 210-3; 6, Nutley, 208-4/2.

**Shuttle hurdles** — 1, Nutley (Erin Buck, Erin Landrigan, Kristy Olmsted, Melissa Branigan), 1:10.0; 2, West Milford, 1:13.1; 3, Wayne Hills, 1:13.5; 4, Lakeland, 1:13.8; 5, Clifton, 1:13.9; 6, Wayne Valley, 1:14.0.

**3 X 400 IH** — 1, Glen Rock (Sabrina Luciano, Michelle Stein, Ashley Marquard), 3:27.0; 2, Wayne Valley, 3:29.6; 3, Clifton, 3:40.3; 4, Vernon, 3:41.4; 5, Eastside, 3:44.0; 6, Passaic Valley, 3:47.2.

**400** — 1, Glen Rock (Melissa Bochiaro, Michelle Stein, Krislen Ferry, Michele Saline), 51.3; 2, Parsippany, 52.4; 3, Randolph, 52.5; 4, Eastside, 53.8; 5, Mt. Olive, 53.9; 6, Nutley, 57.0.

**800** — 1, Glen Rock (Melissa Bochiaro, Michelle Stein, Sabrina Luciano, Michele Saline), 1:48.9; 2, Eastside, 1:56.2; 3, Wayne Valley, 1:56.3; 4, Mt. Olive, 1:57.4; 5, Clifton, 1:59.2; 6, Vernon, 1:54.0.

**1,600** — 1, Wayne Valley (Chris Grandstand, Sarah Park, Maya Dowdell, Jen Roy), 4:12.3; 2, Randolph, 4:13.7; 3, Vernon, 4:22.6; 4, Eastside, 4:26.2; 5, Nutley, 4:27.0; 6, Mt. Olive, 4:29.5.

**3,200** — 1, Wayne Valley (Sarah Park, Dana Ostro, Beth Crenshaw, Jen Prigaro), 10:21.8; 2, Vernon, 10:28.2; 3, Mt. Olive, 10:49.1; 4, West Milford, 10:53.1; 5, Passaic Valley, 10:57.5; 6, Kittatinny, 11:28.8.

**6,400** — 1, Wayne Valley (Sue Mizzone, Park, Crenshaw, Amy Mizzone), 22:48.0; 2, Mt. Olive, 23:00.6; 3, Westwood, 24:03.8; 4, Vernon, 24:26.5; 5, West Milford, 24:32.13; 6, Lakeland, 25:13.0.

**Sprint medley** — 1, Randolph (Sara Doran, Lauren Walters, Janice Smorra, Suzie Hutchins), 4:22.6; 2, Wayne Valley, 4:26.2; 3, Nutley, 4:26.3; 4, Vernon, 4:32.5; 5, Passaic Valley, 4:40.7; 6, Indian Hills, 4:42.7.

**Distance medley** — 1, Wayne Valley (Beth Crenshaw, All DiPasqua, Sue Mizzone, Amy Mizzone), 13:38.1; 2, Mt. Olive, 13:46.6; 3, Vernon, 13:55.6; 4, Westwood, 14:08.7; 5, Clifton, 14:21.0; 6, Kittatinny, 14:22.0.

**Track & Field Results**  
**Reported in: The Record**  
**Scanned by: Jacob Brown**