

# Girl's Eastern States All Time Performances

July 18, 1994

| EVENT<br>Rank | 100 HH<br>Time | Name             | City, State       | Year | Round | Wind |
|---------------|----------------|------------------|-------------------|------|-------|------|
| 1             | 00:13.63       | Dawn Bowles      | Neptune,, NJ      | 1987 | Final |      |
| 2             | 00:13.74       | Dawn Bowles      | Neptune,, NJ      | 1987 | Semi  |      |
| 3             | 00:14.00       | Daria Smith      | Bronxville, NY    | 1992 | Semi  |      |
| 4             | 00:14.02       | Monifa Taylor    | Bronx,, NY        | 1986 | Final |      |
| 5             | 00:14.04       | Allison Williams | Brentwood, NY     | 1989 | Final |      |
| 6             | 00:14.07       | Ayo Atterberry   | New Rochelle, NY  | 1990 | Final |      |
| 7             | 00:14.12       | Daria Smith      | Bronxville, NY    | 1992 | Final |      |
| 8             | 00:14.13       | Desiree McQueen  | New York, NY      | 1994 | Final | 3.41 |
| 9             | 00:14.15       | Tichanda Daniels | LaGrangville, NY  | 1994 | Final | 3.41 |
| 10            | 00:14.18       | Dawn Bowles      | Neptune,, NJ      | 1986 | Final |      |
| 11            | 00:14.20       | Gail Gidens      | Metuchen,, NJ     | 1987 | Final |      |
| 12            | 00:14.24       | Lakeya Williams  | Jamaica, NY       | 1994 | Final | 3.41 |
| 13            | 00:14.27       | Desiree McQueen  | New York, NY      | 1994 | Trial | 3.69 |
| 14            | 00:14.30       | Kristen Thorne   | Silver Spring, MD | 1992 | Semi  |      |
| 15            | 00:14.32       | Andrea Melton    | Maplewood, NJ     | 1992 | Final |      |
| 16            | 00:14.34       | Dawn Bowles      | Neptune,, NJ      | 1986 | Semi  |      |
| 16            | 00:14.34       | Tamika Francis   | Malverne, NY      | 1989 | Final |      |
| 18            | 00:14.36       | Ayo Atterberry   | New Rochelle, NY  | 1990 | Trial |      |
| 19            | 00:14.40       | Stephanie Ross   | East Orange,, NJ  | 1986 | Final |      |
| 19            | 00:14.40       | Andrea Melton    | Maplewood, NJ     | 1992 | Semi  |      |
| 19            | 00:14.40       | Kali Coleman     | Maplewood, NJ     | 1992 | Semi  |      |
| 22            | 00:14.41       | Angie Vaughn     | Laurel, MD        | 1993 | Final |      |
| 23            | 00:14.42       | Monifa Taylor    | Bronx,, NY        | 1988 |       |      |
| 24            | 00:14.45       | Allison Williams | Brentwood, NY     | 1987 | Final |      |
| 24            | 00:14.45       | Ayo Atterberry   | New Rochelle, NY  | 1990 | Semi  |      |
| 24            | 00:14.45       | Hope Wright      | Maplewood, NJ     | 1986 | Final |      |
| 24            | 00:14.45       | Kristen Thome    | Potomac, MD       | 1991 | Final |      |
| 24            | 00:14.45       | Allison Williams | Brentwood,, NY    | 1989 | Semi  |      |
| 29            | 00:14.46       | Dawn Burrell     | Landsdown, PA     | 1990 | Final |      |
| 30            | 00:14.48       | Beth Webster     | Hockessin, DE     | 1986 | Semi  |      |
| 31            | 00:14.50       | Tichanda Daniels | LaGrangville, NY  | 1994 | Trial | 4.23 |
| 32            | 00:14.51       | Dawn Bowles      | Neptune,, NJ      | 1985 | Final |      |
| 33            | 00:14.52       | Hope Wright      | Maplewood,, NJ    | 1986 | Trial |      |
| 34            | 00:14.53       | Dawn Burrell     | Landsdown, PA     | 1990 | Trial |      |
| 35            | 00:14.54       | Zakimes Green    | Mt. Vernon,, NY   | 1986 | Semi  |      |
| 35            | 00:14.54       | Hope Wright      | Maplewood,, NJ    | 1986 | Semi  |      |
| 37            | 00:14.57       | Monifa Taylor    | Bronx,, NY        | 1986 | Semi  |      |
| 37            | 00:14.57       | Al-Nisa Tucker   | Newark, NJ        | 1990 | Final |      |
| 37            | 00:14.57       | Kali Coleman     | Maplewood, NJ     | 1992 | Final |      |
| 40            | 00:14.58       | Zakimes Green    | Mt. Vernon, NY    | 1986 | Trial |      |
| 41            | 00:14.59       | Dawn Burrell     | Landsdown, PA     | 1990 | Semi  |      |
| 41            | 00:14.59       | Stephanie Ross   | East Orange,, NJ  | 1986 | Semi  |      |
| 43            | 00:14.60       | Angie Vaughn     | Laurel, MD        | 1993 | Semi  |      |
| 44            | 00:14.61       | Stephanie Ross   | East Orange,, NJ  | 1987 | Final |      |
| 45            | 00:14.63       | Beth Webster     | Hockessin,, DE    | 1986 | Final |      |
| 45            | 00:14.63       | Stephanie Ross   | East Orange,, NJ  | 1986 | Trial |      |
| 45            | 00:14.63       | Kanya Grant      | Neptune, NJ       | 1994 | Trial | 4.23 |
| 46            | 00:14.71       | Karen Kelly      | Wallkill,, NY     | 1987 | Final |      |
| 47            | 00:14.72       | Al-Nisa Tucker   | Newark, NJ        | 1990 | Trial |      |
| 47            | 00:14.72       | Al-Nisa Tucker   | Newark, NJ        | 1990 | Semi  |      |
| 48            | 00:14.64       | Allison Williams | Brentwood,, NY    | 1987 | Semi  |      |
| 48            | 00:14.64       | Tiffany Ruth     | Maplewood,, NJ    | 1987 | Trial |      |
| 49            | 00:14.74       | Kristen Thorne   | Silver Spring, MD | 1992 | Final |      |
| 49            | 00:14.74       | Gail Gidens      | Metuchen,, NJ     | 1987 | Semi  |      |
| 50            | 00:14.70       | Daria Smith      | Bronxville, NY    | 1991 | Final |      |
| 50            | 00:14.70       | Johanna Culhane  | Medford, NY       | 1992 | Semi  |      |

| EVENT<br>Rank | 100 M<br>Time | Name                | City, State         | Year | Round | Wind |
|---------------|---------------|---------------------|---------------------|------|-------|------|
| 1             | 00:11.71      | Angie Johnson       | Nashua,, NH         | 1989 | Final |      |
| 2             | 00:11.76      | Lou Ann Williams    | Brooklyn,, NY       | 1989 | Final |      |
| 3             | 00:11.90      | Shelly Ann Wicker   | Uniondale, NY       | 1992 | Semi  |      |
| 4             | 00:11.94      | Tiffany Weatherford | Newark, NJ          | 1990 | Semi  |      |
| 5             | 00:11.97      | Connie Davison      | West Hempstead,, NY | 1989 | Final |      |
| 5             | 00:11.97      | Tiffany Weatherford | Newark, NJ          | 1990 | Final |      |
| 7             | 00:12.03      | Nicole Carmichael   | Paterson, NJ        | 1994 | Final | 1.65 |
| 7             | 00:12.03      | Dahia Smith         | Hyattsville, MD     | 1994 | Final | 1.65 |
| 9             | 00:12.04      | Lou Ann Williams    | Brooklyn, NY        | 1989 | Semi  |      |
| 10            | 00:12.12      | Dahia Smith         | Hyattsville, MD     | 1994 | Trial | 2.73 |
| 11            | 00:12.14      | Shelly Ann Wicker   | Uniondale, NY       | 1992 | Final |      |
| 12            | 00:12.17      | Angie Johnson       | Nashua,, NH         | 1989 | Semi  |      |
| 12            | 00:12.17      | Nicole Carmichael   | Paterson, NJ        | 1994 | Trial | 3.11 |

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July 18, 1994

|    |          |                    |                          |      |       |      |
|----|----------|--------------------|--------------------------|------|-------|------|
| 14 | 00:12.18 | Connie Davison     | West Hempstead,, NY      | 1989 | Semi  |      |
| 15 | 00:12.19 | Minnee Blamo       | Trenton, NJ              | 1992 | Final |      |
| 16 | 00:12.24 | Cathalina Staye    | Brooklyn,, NY            | 1989 | Final |      |
| 17 | 00:12.27 | Marissa Maggio     | Cornwall,, NY            | 1986 | Final |      |
| 18 | 00:12.28 | Lisa Palmari       | Woonsocket,, RI          | 1989 | Final |      |
| 19 | 00:12.30 | Minnee Blamo       | Trenton, NJ              | 1992 | Semi  |      |
| 20 | 00:12.31 | Christine Rose     | Washington Townshiip, NJ | 1991 | Semi  |      |
| 21 | 00:12.34 | Tiffany O'Neal     | Mullica,, NJ             | 1989 | Final |      |
| 21 | 00:12.34 | Marissa Maggio     | Cornwall,, NY            | 1987 | Semi  |      |
| 23 | 00:12.35 | Domonique Roberts  | Falmouth, MA             | 1991 | Semi  |      |
| 23 | 00:12.35 | Christine Rose     | Washington Townshiip, NJ | 1991 | Final |      |
| 25 | 00:12.36 | Lisa Palmari       | Woonsocket,, RI          | 1989 | Semi  |      |
| 26 | 00:12.37 | Cathalina Staye    | Brooklyn,, NY            | 1989 | Semi  |      |
| 26 | 00:12.37 | Jennifer Thomas    | Upper Marlboro, MD       | 1990 | Semi  |      |
| 28 | 00:12.38 | Tiffany Neal       | Mullica,, NJ             | 1989 | Semi  |      |
| 28 | 00:12.38 | Shelly Bremmer     | Brooklyn,, NY            | 1986 | Final |      |
| 28 | 00:12.38 | Dellrea Myers      | Erie, PA                 | 1990 | Semi  |      |
| 31 | 00:12.39 | Domonique Roberts  | Falmouth, MA             | 1991 | Final |      |
| 32 | 00:12.39 | Shenia Jennison    | Springfield Gardens, NY  | 1994 | Final | 1.65 |
| 33 | 00:12.41 | Jennifer Thomas    | Upper Marlboro, MD       | 1990 | Final |      |
| 34 | 00:12.43 | Kim Hargrove       | Willingboro, NJ          | 1994 | Trial | 3.11 |
| 35 | 00:12.44 | Deborah Gibson     | Albany, NY               | 1990 | Semi  |      |
| 36 | 00:12.45 | Kyran Agard        | Brooklyn,, NY            | 1988 |       |      |
| 37 | 00:12.46 | Talisa Lawson      | Roselle,, NJ             | 1985 | Final |      |
| 37 | 00:12.46 | Shenia Jennison    | Springfield Gardens, NY  | 1994 | Trial | 2.73 |
| 39 | 00:12.48 | Aisha Agee         | Belmar,, NJ              | 1988 |       |      |
| 40 | 00:12.50 | Kyran Agard        | Brooklyn,, NY            | 1988 |       |      |
| 40 | 00:12.50 | Geneva Pugh        | Philadelphia,, PA        | 1989 | Final |      |
| 42 | 00:12.51 | Tawana Shields     | Adelphi-Hyattsville,, MD | 1988 |       |      |
| 42 | 00:12.51 | Dellrea Myers      | Erie, PA                 | 1990 | Final |      |
| 42 | 00:12.51 | Kelly Morris       | Neptune, NJ              | 1994 | Final | 1.65 |
| 45 | 00:12.54 | Tawana Shields     | Adelphi-Hyattsville,, MD | 1988 |       |      |
| 45 | 00:12.54 | Robin Luster       | Flemington, NJ           | 1991 | Semi  |      |
| 47 | 00:12.55 | Katina Mack        | Monticello,, NY          | 1989 | Final |      |
| 48 | 00:12.57 | Shawn Coleman      | Canastota,, NY           | 1986 | Final |      |
| 49 | 00:12.58 | Marissa Maggio     | Cornwall,, NY            | 1986 | Semi  |      |
| 49 | 00:12.58 | Stacey-Ann Barrett | Springfield Gardens, NY  | 1994 | Final | 1.65 |

| EVENT | 200 M    |                   |                          |      |       |      |
|-------|----------|-------------------|--------------------------|------|-------|------|
| Rank  | Time     | Name              | City, State              | Year | Round | Wind |
| 1     | 00:24.58 | Connie Davison    | West Hempstead,, NY      | 1989 | Final |      |
| 2     | 00:24.81 | Connie Davison    | West Hempstead,, NY      | 1989 | Semi  |      |
| 3     | 00:24.88 | Falasha Spruiell  | Brooklyn, NY             | 1992 | Final |      |
| 3     | 00:24.88 | Gillian Osborne   | Westbury,, NY            | 1985 | Final |      |
| 5     | 00:25.03 | Falasha Spruiell  | Brooklyn, NY             | 1992 | Semi  |      |
| 6     | 00:25.04 | Marissa Maggio    | Cornwall,, NY            | 1987 | Final |      |
| 7     | 00:25.05 | Nicole Carmichael | Paterson, NJ             | 1994 | Final | 2.61 |
| 7     | 00:25.05 | Geneva Pugh       | Philadelphia, PA         | 1991 | Final |      |
| 9     | 00:25.18 | Cathalina Staye   | Brooklyn,, NY            | 1989 | Final |      |
| 10    | 00:25.26 | Tamyka McCord     | Brentwood,, NY           | 1989 | Semi  |      |
| 11    | 00:25.35 | Dahlia Smith      | Hyattsville, MD          | 1994 | Final | 2.61 |
| 12    | 00:25.39 | Julie Bonura      | Port Jefferson Sta., NY  | 1992 | Final |      |
| 12    | 00:25.39 | Arexil Long       | Tinton Falls,, NJ        | 1989 | Semi  |      |
| 14    | 00:25.40 | Katina Mack       | Monticello, NY           | 1989 | Final |      |
| 15    | 00:25.43 | Arexil Long       | Tinton Falls, NJ         | 1989 | Final |      |
| 16    | 00:25.44 | Karen Bonfield    | Huntington Sta.,, NY     | 1988 |       |      |
| 17    | 00:25.46 | Marie Keshavarz   | Colonia, NJ              | 1992 | Final |      |
| 17    | 00:25.46 | Stephanie Smith   | Erie,, PA                | 1988 |       |      |
| 19    | 00:25.47 | Keisha Caine      | Washington, DC           | 1990 | Final |      |
| 19    | 00:25.47 | Allison Poulin    | Durham,, NH              | 1988 |       |      |
| 21    | 00:25.52 | Gillian Osborne   | Westbury, NY             | 1985 | Semi  |      |
| 22    | 00:25.55 | Jennifer Thomas   | Upper Marlboro, MD       | 1990 | Final |      |
| 22    | 00:25.55 | Drexel Long       | Belmar, NJ               | 1988 |       |      |
| 24    | 00:25.57 | Nickey Martin     | Lakewood, NJ             | 1992 | Final |      |
| 25    | 00:25.58 | Tamyka McCord     | Brentwood,, NY           | 1989 | Final |      |
| 25    | 00:25.58 | Cathalina Staye   | Brooklyn,, NY            | 1989 | Semi  |      |
| 27    | 00:25.59 | Marie Keshavarz   | Colonia, NJ              | 1992 | Semi  |      |
| 28    | 00:25.60 | Julie Bonura      | Port Jefferson Sta., NY  | 1992 | Semi  |      |
| 29    | 00:25.61 | Erica Short       | Red Bank, NJ             | 1992 | Semi  |      |
| 30    | 00:25.62 | Tracie George     | Middle Island, NY        | 1992 | Final |      |
| 31    | 00:25.63 | Christine Rose    | Washington Townshiip, NJ | 1991 | Final |      |
| 32    | 00:25.64 | Tracie George     | Middle Island, NY        | 1991 | Final |      |
| 32    | 00:25.64 | Stephanie Smith   | Erie,, PA                | 1988 |       |      |
| 34    | 00:25.66 | Jennifer Thomas   | Upper Marlboro, MD       | 1990 | Semi  |      |
| 35    | 00:25.69 | Erica Short       | Red Bank, NJ             | 1992 | Final |      |

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July 18, 1994

|    |          |                  |                           |      |       |      |
|----|----------|------------------|---------------------------|------|-------|------|
| 36 | 00:25.70 | Tasha Capens     | Spring Valley, NY         | 1994 | Final | 2.61 |
| 37 | 00:25.71 | Karen Sinclair   | Brooklyn, NY              | 1990 | Final |      |
| 38 | 00:25.74 | Ayana Harris     | Kensington, MD            | 1988 |       |      |
| 38 | 00:25.74 | Terry Vann       | Rockville Centre, NY      | 1993 | Final | .    |
| 40 | 00:25.75 | Dellrea Myers    | Erie, PA                  | 1990 | Semi  |      |
| 41 | 00:25.79 | Tawana Shields   | Adelphi-Hyattsville H.S., | 1988 |       |      |
| 42 | 00:25.80 | Kim Mitchell     | Hillside, NJ              | 1988 |       |      |
| 43 | 00:25.81 | Leslie Westbrook | Tinton Falls, NJ          | 1992 | Semi  |      |
| 44 | 00:25.83 | Nadine Faustin   | New Hyde Park, NY         | 1992 | Final |      |
| 45 | 00:25.84 | Connie Pogue     | Albany, NY                | 1987 | Final |      |
| 46 | 00:25.88 | Nickey Martin    | Lakewood, NJ              | 1992 | Semi  |      |
| 47 | 00:25.94 | Rene Rutherford  | Trenton, NJ               | 1987 | Final |      |
| 47 | 00:25.94 | Karen Sinclair   | Brooklyn, NY              | 1990 | Semi  |      |
| 49 | 00:25.94 | Drexel Long      | Belmar, NJ                | 1988 |       |      |
| 50 | 00:25.95 | Ayana Coleman    | Maplewood, NJ             | 1994 | Final | 2.61 |

| EVENT<br>Rank | 3000 M<br>Time | Name                | City, State         | Year | Round | Wind |
|---------------|----------------|---------------------|---------------------|------|-------|------|
| 1             | 09:42.01       | Christine Constanti | Newton, NJ          | 1989 | Final |      |
| 2             | 09:49.23       | Christin Constantin | Newton, NJ          | 1988 | Final |      |
| 3             | 09:49.45       | Kathy Pitcher       | Bay Shore, NY       | 1986 | Final |      |
| 4             | 09:52.35       | Jeanne Peterson     | Uniondale, NY       | 1986 | Final |      |
| 5             | 09:52.65       | Ruth Filep          | Fairfield, CT       | 1986 | Final |      |
| 6             | 09:54.62       | Nnenna Lynch        | New York, NY        | 1988 |       |      |
| 7             | 09:56.50       | Nnenna Lynch        | New York, NY        | 1987 | Final |      |
| 8             | 09:57.01       | Francis Lord        | Wynnewood, PA       | 1990 | Final |      |
| 9             | 10:00.60       | Christine Gentile   | Babylon, NY         | 1987 | Final |      |
| 10            | 10:01.44       | Kris Kueffner       | New Hyde Park, NY   | 1986 | Final |      |
| 11            | 10:01.45       | Katie Toner         | Swampscott, MA      | 1986 | Final |      |
| 12            | 10:02.12       | Elizabeth Brenden   | Mamaroneck, NY      | 1985 | Final |      |
| 13            | 10:03.20       | Jeanne Peterson     | Massapequa, NY      | 1987 | Final |      |
| 14            | 10:04.51       | Nnenna Lynch        | New York, NY        | 1985 | Final |      |
| 15            | 10:05.07       | Jeanne Peterson     | Uniondale, NY       | 1985 | Final |      |
| 16            | 10:07.56       | Kristin Opdyke      | Chester, NJ         | 1989 | Final |      |
| 17            | 10:08.29       | Maureen Kane        | Elmira, NY          | 1991 | Final |      |
| 18            | 10:10.60       | Tracy Biber         | Springfield, NJ     | 1985 | Final |      |
| 19            | 10:11.48       | Kristen Hall        | Chester, NJ         | 1991 | Final |      |
| 20            | 10:11.77       | Kate Landau         | Grahamsville, NY    | 1991 | Final |      |
| 21            | 10:12.15       | Jen Thompson        | Durham, NH          | 1989 | Final |      |
| 22            | 10:12.67       | Kate Landau         | Grahamsville, NY    | 1990 | Final |      |
| 23            | 10:13.03       | Jenna Rogers        | Ridgewood, NJ       | 1993 | Final | .    |
| 24            | 10:13.62       | Karen Cannon        | Ridgewood, NY       | 1988 |       |      |
| 25            | 10:14.92       | Krista Dunbar       | Shorham, NY         | 1989 | Final |      |
| 26            | 10:14.97       | Anna DeRenzi        | Staten Island, NY   | 1990 | Final |      |
| 27            | 10:15.30       | Karen Peterson      | Massapequa, NY      | 1987 | Final |      |
| 28            | 10:15.71       | Kathy Moloughney    | Staten Island, NY   | 1988 |       |      |
| 29            | 10:17.71       | Stella Cenia        | Marlboro, NJ        | 1991 | Final |      |
| 30            | 10:18.53       | Kristen Beaney      | Locust Valley, NY   | 1989 | Final |      |
| 31            | 10:20.74       | Joyce Anderson      | Durham, NH          | 1986 | Final |      |
| 32            | 10:21.08       | Karen Labbadia      | Lake Ronkonkoma, NY | 1994 | Final | .    |
| 33            | 10:21.58       | Donna Perry         | Valley Stream, NY   | 1986 | Final |      |
| 34            | 10:23.49       | Jennifer Finnegan   | Sidney, NY          | 1989 | Final |      |
| 35            | 10:23.68       | Gabrielle Pohlmann  | Alexandria, VA      | 1987 | Final |      |
| 36            | 10:24.30       | Amy Kempf           | Paramus, NY         | 1987 | Final |      |
| 37            | 10:25.57       | Jen Norton          | East Islip, NY      | 1990 | Final |      |
| 38            | 10:25.90       | Vicky Dorety        | Delanson, NY        | 1988 |       |      |
| 39            | 10:26.47       | Danielle Safran     | Brentwood, NY       | 1993 | Final | .    |
| 40            | 10:27.10       | Jen Livingston      | Hicksville, NY      | 1988 |       |      |
| 41            | 10:28.13       | Brandee Boice       | Boiceville, NY      | 1991 | Final |      |
| 42            | 10:28.45       | Francis Lord        | Philadelphia, PA    | 1992 | Final |      |
| 43            | 10:28.80       | 498                 | So. Huntington, NY  | 1988 |       |      |

| EVENT<br>Rank | 3000 MW<br>Time | Name                | City, State          | Year | Round | Wind |
|---------------|-----------------|---------------------|----------------------|------|-------|------|
| 1             | 15:16.30        | Nora Comans         | St. James, NY        | 1987 | FINAL |      |
| 2             | 15:55.00        | Lori Seidel         | Paramus, NJ          | 1987 | FINAL |      |
| 3             | 16:01.70        | Maura McGee         | Sayville, NY         | 1989 | Final |      |
| 4             | 16:29.40        | Desiree Williams    | Brentwood, NY        | 1989 | Final |      |
| 5             | 16:08.00        | Tara Roche          | Huntington, NY       | 1990 | Final |      |
| 6             | 16:37.50        | Mary Ellen Fitzpatr | Sayville, NY         | 1988 |       |      |
| 7             | 16:42.90        | Jennifer Curry      | Miller Place, NY     | 1989 | Final |      |
| 7             | 16:59.90        | Desiree McCauley    | Brentwood, NY        | 1988 |       |      |
| 8             | 16:43.99        | Melissa Baker       | Shoreham, NY         | 1990 | Final |      |
| 8             | 17:03.00        | Rashida Wiggins     | Long Island City, NY | 1989 | Final |      |

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July 18, 1994

|    |          |                     |                       |      |       |
|----|----------|---------------------|-----------------------|------|-------|
| 9  | 16:55.34 | Debbie Iden         | Bayport, NY           | 1990 | Final |
| 9  | 17:17.90 | Nicola Gustafson    | Sayville,, NY         | 1988 |       |
| 10 | 17:22.20 | Sandy Greve         | Smithtown,, NY        | 1989 | Final |
| 11 | 17:22.56 | Debbie Scott        | Uniondale, NY         | 1990 | Final |
| 12 | 17:22.70 | Mauna McGee         | Sayville,, NY         | 1988 |       |
| 13 | 17:24.52 | Jenn Burnell        | Bayport, NY           | 1990 | Final |
| 14 | 17:40.60 | Jennifer Given      | Centereach,, NY       | 1989 | Final |
| 15 | 17:46.00 | Nichola Gustafson   | Sayville,, NY         | 1987 | FINAL |
| 16 | 17:49.20 | Jenn Burnell        | Bayport,, NY          | 1989 | Final |
| 17 | 17:50.50 | Kari Lyberg         | Smithtown,, NY        | 1989 | Final |
| 18 | 17:58.40 | Shurawl Bryan       | Washingtonville,, NY  | 1988 |       |
| 19 | 17:58.60 | Louise Filippelti   | Long Island City,, NY | 1989 | Final |
| 20 | 17:58.80 | Kim Krane           | Staten Island,, NY    | 1989 | Final |
| 21 | 18:01.90 | Kristina Griffin    | Huntington Sta.,, NY  | 1988 |       |
| 22 | 18:03.30 | Mary Ellen Fitzpatr | Sayville,, NY         | 1987 | FINAL |
| 23 | 18:06.66 | Karen Guerin        | Staten Island, NY     | 1990 | Final |
| 24 | 18:08.10 | Natalie Irwin       | Staten Island,, NY    | 1989 | Final |
| 25 | 18:16.70 | Kelly Nartowicz     | Centereach,, NY       | 1989 | Final |
| 26 | 18:18.40 | Eileen Fitzpatrick  | Sayville,, NY         | 1989 | Final |
| 27 | 18:30.30 | Debbie Scott        | Pelham, NY            | 1989 | Final |
| 28 | 18:50.50 | Kim Bassett         | Staten Island,, NY    | 1989 | Final |
| 29 | 18:52.09 | Eileen Wagner       | Staten Island, NY     | 1990 | Final |
| 30 | 18:56.60 | Natalie Irwin       | Staten Island,, NY    | 1988 |       |
| 31 | 19:03.20 | Keri Olive          | Staten Island,, NY    | 1989 | Final |
| 32 | 19:04.30 | Dini Nair           | Pelham,, NY           | 1989 | Final |
| 33 | 19:05.70 | Bethann Talty       | Somers, NY            | 1988 |       |
| 34 | 19:31.34 | Alyssa Klibaner     | Staten Island, NY     | 1990 | Final |
| 35 | 19:59.00 | Marlena Emmons      | Greenlawn,, NY        | 1987 | FINAL |

| EVENT | 400 IH   |                  |                      |      |       |      |
|-------|----------|------------------|----------------------|------|-------|------|
| Rank  | Time     | Name             | City, State          | Year | Round | Wind |
| 1     | 00:59.94 | Deidre Fleming   | Bronxville,, NY      | 1987 | Final |      |
| 2     | 01:01.06 | Donna Powell     | Trenton,, NJ         | 1985 | Final |      |
| 3     | 01:01.30 | Yvonne Prilo     | Trenton,, NJ         | 1988 |       |      |
| 4     | 01:01.32 | Yvonne Harrison  |                      | 1992 | Final |      |
| 4     | 01:01.32 | Deidre Fleming   | Bronxville,, NY      | 1986 | Final |      |
| 6     | 01:01.52 | Angela Lee       | Street, NJ           | 1993 | Final |      |
| 7     | 01:01.61 | Judith Owen      | Kensington,, MD      | 1988 |       |      |
| 8     | 01:01.77 | Donna Powell     | Trenton,, NJ         | 1986 | Final |      |
| 9     | 01:01.81 | Erika Pietrzak   | Cornwall,, NY        | 1988 |       |      |
| 10    | 01:01.87 | Shelie Turner    | Philadelphia, PA     | 1992 | Final |      |
| 11    | 01:02.08 | Indira Hamilton  | Seat Pleasant,, MD   | 1989 | Final |      |
| 12    | 01:02.21 | Donna Powell     | Trenton,, NJ         | 1985 | Semi  |      |
| 13    | 01:02.33 | Radhiya Teagle   | Philadelphia, PA     | 1991 | Final |      |
| 14    | 01:02.36 | Deidre Fleming   | Bronxville,, NY      | 1985 | Final |      |
| 15    | 01:02.77 | Deidre Fleming   | Bronxville,, NY      | 1986 | Semi  |      |
| 16    | 01:02.86 | Natwon Harp      | Newark, NJ           | 1990 | Semi  |      |
| 17    | 01:02.94 | Tonya Lee        | Mt. Holly,, NJ       | 1986 | Final |      |
| 18    | 01:02.95 | Donna Powell     | Trenton, NJ          | 1986 | Semi  |      |
| 19    | 01:03.04 | Kim Baumbach     | Hillsdale,, NJ       | 1987 | Final |      |
| 20    | 01:03.14 | Indira Hamilton  | Seat Pleasant,, MD   | 1989 | Semi  |      |
| 21    | 01:03.26 | Ann Bansemir     | Nutley,, NJ          | 1985 | Final |      |
| 22    | 01:03.33 | Rhea Moore       | Maplewood, NJ        | 1993 | Final |      |
| 23    | 01:03.39 | Nadia Mc Neil    | Lakewood, NJ         | 1991 | Final |      |
| 24    | 01:03.48 | Lynn Dabbiero    | Washingtonville,, NY | 1985 | Final |      |
| 25    | 01:03.50 | Deidre Fleming   | Bronxville,, NY      | 1985 | Semi  |      |
| 26    | 01:03.53 | Karen Skyers     | Mt. Vernon,, NY      | 1986 | Semi  |      |
| 27    | 01:03.55 | Natwon Harp      | Newark, NJ           | 1990 | Final |      |
| 28    | 01:03.57 | Tamica Burnett   | Philadelphia, PA     | 1993 | Final |      |
| 29    | 01:03.59 | Radniya Teagle   | Philadelphia, PA     | 1990 | Semi  |      |
| 30    | 01:03.64 | Felisha Harris   | Philadelphia,, PA    | 1989 | Final |      |
| 31    | 01:03.82 | Liz Ross         | Ridgewood,, NJ       | 1985 | Final |      |
| 32    | 01:03.89 | Janet Moore      | Durham, NH           | 1989 | Final |      |
| 33    | 01:03.91 | Quanda Buckner   | Philadelphia, PA     | 1993 | Final |      |
| 34    | 01:03.94 | Aisha Stevens    | Landover, MD         | 1994 | Final |      |
| 34    | 01:03.94 | Janet Moore      | Oyster River, NH     | 1988 |       |      |
| 36    | 01:04.01 | Laurie Varnum    | Washingtonville, NY  | 1991 | Final |      |
| 37    | 01:04.08 | Saki Holliman    | Syracuse,, NY        | 1988 |       |      |
| 38    | 01:04.09 | Radniya Teagle   | Philadelphia, PA     | 1990 | Final |      |
| 39    | 01:04.14 | Angie Duroger    | Shrewsbury,, MA      | 1989 | Final |      |
| 39    | 01:04.14 | Allison Williams | Brentwood,, NY       | 1988 |       |      |
| 41    | 01:04.22 | Laurie Varnum    | Washingtonville, NY  | 1990 | Final |      |
| 42    | 01:04.24 | Tonya Lee        | Mt. Holly,, NJ       | 1986 | Semi  |      |
| 43    | 01:04.28 | Karen Sinclair   | Brooklyn, NY         | 1990 | Semi  |      |
| 44    | 01:04.34 | Kim Burke        | Brooklyn,, NY        | 1989 | Semi  |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                  |               |      |       |  |
|----|----------|------------------|---------------|------|-------|--|
| 44 | 01:04.34 | Shelley Mitchell | Lakewood,, NJ | 1987 | Final |  |
| 44 | 01:04.34 | Yvonne Prilo     | Trenton,, NJ  | 1988 |       |  |

| EVENT<br>Rank | 400 M<br>Time | Name              | City, State        | Year | Round | Wind |
|---------------|---------------|-------------------|--------------------|------|-------|------|
| 1             | 00:53.21      | Stephanie Saleem  | Neptune,, NY       | 1985 | Final |      |
| 2             | 00:53.74      | Stephanie Saleem  | Neptune,, NJ       | 1987 | Final |      |
| 3             | 00:55.15      | Barbara Selkridge | New York,, NY      | 1988 |       |      |
| 4             | 00:55.35      | Stephanie Smith   | Erie,, PA          | 1988 |       |      |
| 4             | 00:55.35      | Toya Brown        | Philadelphia, PA   | 1993 | Final | .    |
| 4             | 00:55.35      | Trisha Carter     | Deer Park,, NY     | 1988 |       |      |
| 7             | 00:55.39      | Drexel Long       | Tinton Falls, NJ   | 1990 | Final |      |
| 8             | 00:55.51      | Chantel Marneffe  | Queens,, NY        | 1985 | Final |      |
| 9             | 00:55.54      | Leashia Rahr      | Syracuse, NY       | 1994 | Final | .    |
| 10            | 00:55.75      | Marcia Rush       | Philadelphia, PA   | 1990 | Final |      |
| 11            | 00:55.80      | Faye Haskins      | Belmar,, NJ        | 1988 |       |      |
| 12            | 00:55.84      | Stephanie Saleem  | Neptune,, NJ       | 1987 | Semi  |      |
| 13            | 00:55.93      | Valerie Bertrand  | Selden,, NY        | 1986 | Final |      |
| 14            | 00:55.94      | Toya Brown        | Philadelphia, PA   | 1993 | Semi  | .    |
| 14            | 00:55.94      | Stephanie Smith   | Erie,, PA          | 1988 |       |      |
| 16            | 00:56.08      | Kisha Blanton     | Neptune, NJ        | 1992 | Semi  |      |
| 17            | 00:56.13      | Beverly Pierre    | Brooklyn, NY       | 1992 | Final |      |
| 18            | 00:56.14      | Faye Haskins      | Belmar,, NJ        | 1988 |       |      |
| 18            | 00:56.14      | Kisha Blanton     | Neptune, NJ        | 1993 | Semi  | .    |
| 20            | 00:56.25      | Chantel Marneffe  | Queens,, NY        | 1985 | Semi  |      |
| 21            | 00:56.35      | Lakeya Smith      | Philadelphia, PA   | 1990 | Final |      |
| 22            | 00:56.37      | Tamyka McCord     | Brentwood,, NY     | 1989 | Final |      |
| 23            | 00:56.43      | Marcia Rush       | Philadelphia, PA   | 1991 | Final |      |
| 24            | 00:56.46      | Beverly Pierre    | Brooklyn, NY       | 1992 | Semi  |      |
| 25            | 00:56.53      | Kisha Blanton     | Neptune, NJ        | 1993 | Final | .    |
| 26            | 00:56.54      | Celeste Halliday  | Bloomfield,, CT    | 1985 | Final |      |
| 27            | 00:56.56      | Kisha Blanton     | Neptune, NJ        | 1992 | Final |      |
| 28            | 00:56.75      | Celeste Halliday  | Bloomfield,, CT    | 1985 | Semi  |      |
| 29            | 00:56.87      | Stephanie Saleem  | Neptune,, NY       | 1985 | Semi  |      |
| 30            | 00:56.88      | Andrea Fiske      | Shrewsbury,, MA    | 1989 | Final |      |
| 31            | 00:56.89      | Laketa Smith      | Philadelphia, PA   | 1991 | Final |      |
| 32            | 00:56.95      | Julie Young       | Seekonk,, MA       | 1988 |       |      |
| 33            | 00:56.96      | Abby Hunte        | Spring Valley,, NY | 1988 |       |      |
| 34            | 00:57.04      | Drexel Long       | Tinton Falls, NJ   | 1990 | Semi  |      |
| 35            | 00:57.06      | Leashia Rahr      | Syracuse, NY       | 1994 | Trial | .    |
| 36            | 00:57.07      | Marcia Rush       | Philadelphia, PA   | 1990 | Semi  |      |
| 37            | 00:57.14      | Trisha Carter     | Deer Park,, NY     | 1988 |       |      |
| 38            | 00:57.22      | Valerie Bertrand  | Selden,, NY        | 1986 | Semi  |      |
| 39            | 00:57.22      | Barbara Ingram    | Poughkeepsie,, NY  | 1985 | Semi  |      |
| 40            | 00:57.24      | Julie Young       | Seekonk,, MA       | 1988 |       |      |
| 40            | 00:57.24      | Monique Houston   | Elmont,, NY        | 1987 | Final |      |
| 42            | 00:57.26      | Erica Stanley     | New York City, NY  | 1990 | Final |      |
| 43            | 00:57.30      | Barbara Selkridge | New York,, NY      | 1986 | Final |      |
| 44            | 00:57.34      | Barbara Selkridge | New York,, NY      | 1988 |       |      |
| 45            | 00:57.40      | Yariella Reid     | Brooklyn,, NY      | 1989 | Final |      |
| 46            | 00:57.44      | Michelle Chamblis | New York City,, NY | 1989 | Final |      |
| 47            | 00:57.48      | Sandra Muirhead   | Brooklyn,, NY      | 1985 | Final |      |
| 48            | 00:57.51      | Teresa Diperna    | Princeton,, NJ     | 1985 | Semi  |      |

| EVENT<br>Rank | 800 M<br>Time | Name               | City, State         | Year | Round | Wind |
|---------------|---------------|--------------------|---------------------|------|-------|------|
| 1             | 02:08.37      | Shola Lynch        | Manhattan,, NY      | 1985 | Final |      |
| 2             | 02:10.40      | Shola Lynch        | New York, NY        | 1987 | Final |      |
| 3             | 02:10.87      | Rayna DeNiord      | Putney, VT          | 1994 | Final | .    |
| 4             | 02:11.01      | Gloria Azeke       | Brooklyn,, NY       | 1985 | Final |      |
| 5             | 02:11.39      | Jennifer Metz      | Hillsdale, NJ       | 1991 | Final |      |
| 6             | 02:11.40      | Kim Certain        | Melville,, NY       | 1986 | Final |      |
| 7             | 02:11.92      | Ruth Lockbaum      | Glassboro,, NJ      | 1985 | Final |      |
| 8             | 02:11.98      | Irene Ruopoli      | Westbury,, NY       | 1989 | Final |      |
| 9             | 02:12.80      | Irene Ruopoli      | Westbury, NY        | 1987 | Final |      |
| 10            | 02:12.86      | Tamika Coombs      | Hyattsville, MD     | 1994 | Final | .    |
| 11            | 02:12.98      | Aaronda Watson     | Brooklyn,, NY       | 1989 | Final |      |
| 12            | 02:13.12      | Karen Mcauliffe    | So. Huntington,, NY | 1988 |       |      |
| 13            | 02:13.30      | Jazman Jones       | Hackensack,, NJ     | 1986 | Final |      |
| 14            | 02:13.48      | Gaby Grebski       | Bronxville,, NY     | 1988 |       |      |
| 15            | 02:13.50      | Aishah Hasan       | Brooklyn,, NY       | 1987 | Final |      |
| 16            | 02:14.19      | Joetta Dweh        | Philadelphia, PA    | 1991 | Final |      |
| 17            | 02:14.42      | Rebecca Johnson    | Columbia,, NY       | 1989 | Final |      |
| 18            | 02:14.85      | Jennifer Schenberg | Kinnelon,, NJ       | 1989 | Final |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                    |                      |      |       |   |
|----|----------|--------------------|----------------------|------|-------|---|
| 19 | 02:14.85 | Rochelle Walling   | New York City, NY    | 1994 | Final | . |
| 20 | 02:14.87 | Heather Grimshaw   | Seekonk, MA          | 1988 |       |   |
| 21 | 02:14.98 | Joett Dweh         | Philadelphia, PA     | 1993 | Final | . |
| 22 | 02:15.05 | Kerry Moloughney   | Staten Island, NY    | 1988 |       |   |
| 23 | 02:15.26 | Mary Wallace       | Staten Island, NY    | 1991 | Final |   |
| 24 | 02:15.99 | Mary Revell        | Brooklyn, NY         | 1988 |       |   |
| 25 | 02:16.05 | Lisa Circelli      | New City, NY         | 1988 |       |   |
| 26 | 02:16.06 | Lauren Ruff        | Staten Island, NY    | 1992 | Final |   |
| 27 | 02:16.21 | Rochelle Walling   | New York City, NY    | 1993 | Final | . |
| 28 | 02:16.27 | Stephanie Galliani | Hicksville, NY       | 1985 | Final |   |
| 29 | 02:16.30 | Juliane Speights   | Fairfax, VA          | 1988 |       |   |
| 29 | 02:16.30 | Courtney Finn      | Staten Island, NY    | 1987 | Final |   |
| 31 | 02:16.41 | Liz Cotter         | Valley Stream, NY    | 1992 | Final |   |
| 32 | 02:16.50 | Charity Weissinger | Youngsville, PA      | 1986 | Final |   |
| 33 | 02:16.60 | Patti Zoda         | Nanuet, NY           | 1988 |       |   |
| 34 | 02:16.86 | Anna Bronk         | Horseheads, NY       | 1990 | Final |   |
| 35 | 02:17.00 | Nicole Turo        | New York, NY         | 1987 | Final |   |
| 36 | 02:17.06 | Melissa Lockman    | Bangor, ME           | 1991 | Final |   |
| 37 | 02:17.24 | Stephanie Hopkins  | Philadelphia, PA     | 1990 | Final |   |
| 38 | 02:17.25 | Lisa Morgan        | Maplewood, NJ        | 1985 | Final |   |
| 39 | 02:17.40 | Justina Doyle      | Flemington, NJ       | 1987 | Final |   |
| 40 | 02:17.49 | Hameda Jackson     | Trenton, NJ          | 1990 | Final |   |
| 41 | 02:17.70 | Carol Haux         | Conshohocken, PA     | 1987 | Final |   |
| 42 | 02:17.73 | Liane Sullivan     | Jersey City, NJ      | 1990 | Final |   |
| 43 | 02:17.74 | Suzanne Gould      | Cornwall, NY         | 1991 | Final |   |
| 44 | 02:17.88 | Naomi Sullivan     | Locust Valley, NY    | 1989 | Final |   |
| 45 | 02:17.94 | Toni Ann Angione   | Bergenfield, NJ      | 1985 | Final |   |
| 46 | 02:18.00 | Hazel Clark        | Maplewood, NJ        | 1994 | Final | . |
| 47 | 02:18.06 | Katie O'Brien      | Rockville Centre, NY | 1992 | Final |   |
| 48 | 02:18.17 | Kerry Moloughney   | Staten Island, NY    | 1990 | Final |   |
| 49 | 02:18.30 | Joanne Frankenberg | Centereach, NY       | 1990 | Final |   |
| 50 | 02:18.39 | Jennifer Kearney   | Bronxville, NY       | 1988 |       |   |

| EVENT | One Mile Run |                     |                     |      |       |      |
|-------|--------------|---------------------|---------------------|------|-------|------|
| Rank  | Time         | Name                | City, State         | Year | Round | Wind |
| 1     | 04:53.11     | Charlene Neptune    | Brooklyn, NY        | 1989 | Final |      |
| 2     | 04:56.29     | Jennifer Finnegan   | Sidney, NY          | 1989 | Final |      |
| 3     | 04:59.58     | Leanne Burke        | New York City, NY   | 1990 | Final |      |
| 4     | 05:00.05     | Jen Norton          | East Islip, NY      | 1990 | Final |      |
| 5     | 05:02.63     | Christine Engel     | Flanders, NJ        | 1990 | Final |      |
| 6     | 05:04.25     | Maria Mireles       | Fairfax, VA         | 1991 | Final |      |
| 7     | 05:05.03     | Caryn Landau        | Grahamsville, NY    | 1990 | Final |      |
| 8     | 05:05.70     | Jennifer Livingston | Hicksville, NY      | 1989 | Final |      |
| 9     | 05:06.14     | Tamara Henry        | Brooklyn, NY        | 1993 | Final | .    |
| 10    | 05:06.74     | Melissa Wyka        | Fairlawn, NJ        | 1990 | Final |      |
| 11    | 05:07.98     | Kelly Liljeblad     | West Islip, NY      | 1989 | Final |      |
| 12    | 05:08.65     | Tone Bratteng       | Staten Island, NY   | 1992 | Final |      |
| 13    | 05:08.75     | Mary Wallace        | Staten Island, NY   | 1990 | Final |      |
| 14    | 05:08.79     | Kristin Manivaring  | Somers, NY          | 1990 | Final |      |
| 14    | 05:08.79     | Jennifer Kunz       | Brooklyn, NY        | 1991 | Final |      |
| 16    | 05:09.93     | Christine Engel     | Flanders, NJ        | 1991 | Final |      |
| 17    | 05:09.99     | Marissa DeFreese    | Rahway, NJ          | 1994 | Final | .    |
| 18    | 05:10.11     | Melissa Phalon      | Washingtonville, NY | 1994 | Final | .    |
| 19    | 05:10.40     | Jonng Hagar         | Newton, MA          | 1989 | Final |      |
| 20    | 05:10.53     | Amy Lyman           | Northfield, MA      | 1991 | Final |      |
| 21    | 05:10.60     | Jennifer Kraus      | LaGrangeville, NY   | 1990 | Final |      |
| 22    | 05:10.82     | Eileen Fitzgerald   | Ridgewood, NJ       | 1991 | Final |      |
| 23    | 05:11.18     | Amy Lyman           | Northfield, MA      | 1992 | Final |      |
| 24    | 05:11.53     | Caryn Landau        | Grahamsville, NY    | 1989 | Final |      |
| 25    | 05:12.90     | Karen McAuliffe     | So. Huntington, NY  | 1989 | Final |      |
| 26    | 05:13.68     | Anne Klein          | LaGrangeville, NY   | 1992 | Final |      |
| 27    | 05:14.36     | Mary Pat Erickson   | Red Bank, NJ        | 1992 | Final |      |
| 27    | 05:14.36     | Tanya Sotillo       | Staten Island, NY   | 1994 | Final | .    |
| 29    | 05:14.40     | Tone Bratteng       | Staten Island, NY   | 1993 | Final | .    |
| 30    | 05:14.45     | Caryn Landau        | Grahamsville, NY    | 1991 | Final |      |
| 31    | 05:16.84     | Anne Klein          | LaGrangeville, NY   | 1991 | Final |      |
| 32    | 05:17.10     | Sharlene Agar       | Red Bank, NJ        | 1989 | Final |      |
| 33    | 05:17.20     | Martha Fairbanks    | Shrewsbury, MA      | 1989 | Final |      |
| 34    | 05:17.41     | Sheri Felenstein    | Nanuet, NY          | 1993 | Final | .    |
| 35    | 05:17.58     | Kariesa Jensen      | Marlboro, NJ        | 1993 | Final | .    |
| 36    | 05:18.24     | Melissa Wyka        | Fairlawn, NJ        | 1991 | Final | .    |
| 37    | 05:18.95     | Mandy Gotch         | Frederick, MD       | 1993 | Final | .    |
| 38    | 05:19.80     | Christina Asquith   | Ramsey, NJ          | 1991 | Final | .    |
| 39    | 05:20.90     | Dianne DeOlivira    | Toms River, NJ      | 1989 | Final |      |
| 40    | 05:21.21     | Lauren Ruff         | Staten Island, NY   | 1993 | Final | .    |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                   |                   |      |       |
|----|----------|-------------------|-------------------|------|-------|
| 41 | 05:21.31 | Jenny Kunz        | Brooklyn, NY      | 1992 | Final |
| 42 | 05:22.10 | Amy Russell       | Byfield, MA       | 1989 | Final |
| 43 | 05:22.84 | Erin Dolan        | Middle Island, NY | 1992 | Final |
| 44 | 05:22.94 | Erin Haugh        | Nanuet, NY        | 1994 | Final |
| 45 | 05:23.10 | Anna De Renzi     | Staten Island, NY | 1991 | Final |
| 46 | 05:23.60 | Kristin Hall      | Chester, NJ       | 1989 | Final |
| 47 | 05:24.70 | Andrea Wood       | Wallkill, NY      | 1989 | Final |
| 48 | 05:26.10 | Kris Engil        | Flanders, NJ      | 1989 | Final |
| 49 | 05:26.40 | Violet Blake      | Jamaica, NY       | 1994 | Final |
| 50 | 05:26.50 | Michelle Loschert | Glen Head, NY     | 1989 | Final |

# Girl's Eastern States All Time Performances

July 18, 1994

| EVENT Rank | Discus Distance | Name               | City, State             | Year | Round | Wind |
|------------|-----------------|--------------------|-------------------------|------|-------|------|
| 1          | 146'11.00"      | Brenna O'connor    | Cold Spring,, NY        | 1986 | Final |      |
| 2          | 139'01.00"      | Shari Zembek       | Binghamton, NY          | 1990 | Final |      |
| 3          | 139'01.00"      | Karen O'connor     | Hyde Park,, NY          | 1987 | Final |      |
| 4          | 136'01.00"      | Sue Pietearz       | Clifton,, NJ            | 1987 | Final |      |
| 5          | 134'01.00"      | Lisa Parak         | Vernon,, NJ             | 1987 | Final |      |
| 6          | 134'00.00"      | Kim Kessel         | Middle Island,, NY      | 1988 |       |      |
| 6          | 134'00.00"      | Lisa Parak         | Vernon,, NJ             | 1986 | Final |      |
| 8          | 132'05.00"      | Trisha Harris      | Marlboro, NJ            | 1993 |       |      |
| 9          | 132'04.00"      | Karen O'connor     | Hyde Park,, NY          | 1986 | Final |      |
| 10         | 131'11.00"      | Amanda Nixon       | Staten Island, NY       | 1990 | Final |      |
| 11         | 131'04.00"      | Jackie Frank       | Baldwin,, NY            | 1985 | Final |      |
| 12         | 131'00.00"      | Beth Crusius       | Hackensack, NJ          | 1994 |       |      |
| 13         | 130'90.00"      | Tara Hollowell     | Trenton, NJ             | 1994 |       |      |
| 14         | 130'10.00"      | Brenna O'connor    | Cold Spring,, NY        | 1985 | Final |      |
| 15         | 129'03.00"      | Nicole Sims        | Plainfield, NJ          | 1991 |       |      |
| 16         | 128'09.00"      | Nancy Van Dyke     | Midland Park,, NJ       | 1985 | Final |      |
| 17         | 127'11.00"      | Leilani Mcardle    | Lebanon Springs,, NY    | 1986 | Final |      |
| 18         | 127'01.00"      | Amanda Nixon       | Staten Island, NY       | 1991 |       |      |
| 19         | 126'03.00"      | Sharren Bates      | Montvale, NJ            | 1992 |       |      |
| 20         | 126'02.00"      | Mary Kinn          | Wappingers Falls,, NY   | 1989 | Final |      |
| 21         | 125'07.00"      | Liz Legault        | Hudson Falls,, NY       | 1988 |       |      |
| 22         | 125'06.00"      | Margaret McRobbie  | Syracuse, NY            | 1994 |       |      |
| 23         | 125'04.00"      | Alicea Conquest    | Middle Island, NY       | 1992 |       |      |
| 24         | 124'11.00"      | Kim Kessel         | Middle Island,, NY      | 1987 | Final |      |
| 25         | 124'09.00"      | Deb Stump          | Oley, PA                | 1990 | Final |      |
| 26         | 124'07.00"      | Margaret Mirecki   | Washingtonville,, NY    | 1989 | Final |      |
| 27         | 124'03.50"      | Phalicio Mason     | Willingboro, NJ         | 1994 |       |      |
| 28         | 124'00.00"      | Lisa Morris        | Trenton, NJ             | 1992 |       |      |
| 29         | 123'09.00"      | Sue Piekarz        | Clifton, NJ             | 1986 | Final |      |
| 30         | 123'03.00"      | Inga Denunzio      | Scarsdale, NY           | 1989 | Final |      |
| 31         | 122'01.00"      | Carrie Kimball     | Tinton Falls, NJ        | 1990 | Final |      |
| 32         | 121'09.00"      | Jennifer Lippin    | Red Bank,, NJ           | 1989 | Final |      |
| 33         | 121'08.00"      | Rachel Kavanagh    | Syracuse, NY            | 1991 |       |      |
| 34         | 119'06.00"      | Diane Urban        | Ocean City,, NJ         | 1985 | Final |      |
| 35         | 119'03.00"      | Tricia Lyons       | Bronxville, NY          | 1991 |       |      |
| 36         | 119'00.00"      | Trisha Harris      | Marlboro, NJ            | 1991 |       |      |
| 37         | 118'11.00"      | Christine Zambito  | Locust Valley,, NY      | 1987 | Final |      |
| 38         | 118'08.00"      | Dawn Bantum        | Hicksville,, NY         | 1986 | Final |      |
| 39         | 118'06.00"      | Tracie Marrow      | Huntington, NY          | 1990 | Final |      |
| 40         | 118'00.00"      | Carrie Kimball     | Tinton Falls,, NJ       | 1989 | Final |      |
| 41         | 117'09.00"      | Jen Dougherty      | Ramsey, NJ              | 1994 |       |      |
| 42         | 117'04.00"      | Vera Alleyne       | Roslyn,, NY             | 1988 |       |      |
| 43         | 116'11.00"      | Sharon Sfrisi      | Delran, NJ              | 1992 |       |      |
| 44         | 116'04.00"      | Aimee Savage       | St. James, NY           | 1992 |       |      |
| 45         | 116'01.00"      | Tricia Casey       | Burlington,, VT         | 1986 | Final |      |
| 46         | 116'00.00"      | Christine Williams | Trenton, NJ             | 1991 |       |      |
| 46         | 116'00.00"      | Lisa Acosta        | Brentwood,, NY          | 1987 | Final |      |
| 48         | 115'00.00"      | Patrice Felder     | Huntington Station,, NY | 1986 | Final |      |
| 49         | 114'07.00"      | Mary Kinn          | Wappingers Falls, NY    | 1990 | Final |      |
| 50         | 114'05.00"      | Brenda Start       | Montville, NJ           | 1993 |       |      |

| EVENT Rank | High Jump Distance | Name              | City, State          | Year | Round | Wind |
|------------|--------------------|-------------------|----------------------|------|-------|------|
| 1          | 006'00.00"         | Shelly Choppa     | Glens Falls,, NY     | 1988 |       |      |
| 2          | 005'09.00"         | Shelly Mitchell   | Lakewood,, NJ        | 1988 |       |      |
| 2          | 005'09.00"         | Melinda Case      | Smithtown,, NY       | 1985 | Final |      |
| 4          | 005'08.00"         | Dawn Case         | Smithtown,, NY       | 1987 | Final |      |
| 4          | 005'08.00"         | Paige Valderrama  | Staten Island,, NY   | 1985 | Final |      |
| 4          | 005'08.00"         | Stephanie Carter  | Lawrenceville,, NJ   | 1987 | Final |      |
| 4          | 005'08.00"         | Erin Halpin       | Cherry Hill,, NJ     | 1987 | Final |      |
| 8          | 005'07.00"         | Andrea Fiske      | Shrewsbury,, MA      | 1989 | Final |      |
| 9          | 005'06.00"         | Karolyn Hicks     | Fresh Meadows, NY    | 1993 |       |      |
| 9          | 005'06.00"         | Michele Dudzinski | Little Falls, NJ     | 1993 |       |      |
| 9          | 005'06.00"         | Stacy Grant       | Brooklyn, NY         | 1993 |       |      |
| 9          | 005'06.00"         | Michelle Herring  | Wappingers Falls, NY | 1993 |       |      |
| 9          | 005'06.00"         | Kate Doyle        | Fresh Meadows,, NY   | 1988 |       |      |
| 9          | 005'06.00"         | Kate Doyle        | Fresh Meadows,, NY   | 1988 |       |      |
| 9          | 005'06.00"         | Cheryl Fuller     | Troy, NY             | 1991 |       |      |
| 9          | 005'06.00"         | Alison Poulin     | Durham,, NH          | 1988 |       |      |
| 9          | 005'06.00"         | Dawn Case         | Smithtown,, NY       | 1986 | Final |      |
| 9          | 005'06.00"         | Dawn Case         | Smithtown,, NY       | 1986 | Final |      |
| 9          | 005'06.00"         | Shelly Mitchell   | Lakewood,, NJ        | 1987 | Final |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |            |                   |                     |      |       |
|----|------------|-------------------|---------------------|------|-------|
| 20 | 005'05.75" | Kate Doyle        | Fresh Meadows,, NY  | 1989 | Final |
| 21 | 005'05.00" | Winsom Bogie      | Lakewood, NJ        | 1991 |       |
| 21 | 005'05.00" | Kristi White      | Cranford, NJ        | 1991 |       |
| 21 | 005'05.00" | Karolyn Hicks     | Fresh Meadows, NY   | 1992 |       |
| 21 | 005'05.00" | Renee Paselski    | Ridgewood, NJ       | 1992 |       |
| 21 | 005'05.00" | Stacey Roth       | Quakertown, PA      | 1990 | Final |
| 21 | 005'05.00" | Cheryl Fuller     | Troy, NY            | 1990 | Final |
| 21 | 005'05.00" | Cristin Rothfuss  | Coventry,, RI       | 1985 | Final |
| 21 | 005'05.00" | Robin Dollson     | Trenton, NJ         | 1992 |       |
| 29 | 005'04.00" | Tiffany Evans     | Temple Hills, MD    | 1993 |       |
| 29 | 005'04.00" | Miranda Moleski   | Babylon, NY         | 1991 |       |
| 29 | 005'04.00" | Joann Solimino    | Pelham, NY          | 1990 | Final |
| 29 | 005'04.00" | Winsome Bogle     | Lakewood, NJ        | 1990 | Final |
| 29 | 005'04.00" | Pam Fielder       | Huntington, NY      | 1990 | Final |
| 29 | 005'04.00" | Diane Hutko       | Syracuse, NY        | 1990 | Final |
| 29 | 005'04.00" | Nicole Vickers    | Lake Ronkonkoma, NY | 1994 |       |
| 29 | 005'04.00" | Kelly Mieszkalski | Edison, NJ          | 1986 | Final |
| 29 | 005'04.00" | Taria Crenshaw    | Middle Island,, NY  | 1987 | Final |
| 29 | 005'04.00" | Kathy Carrigan    | Wayne,, NJ          | 1988 |       |
| 29 | 005'04.00" | Cristin Rothfuss  | Coventry,, RI       | 1986 | Final |
| 29 | 005'04.00" | Lisa Anello       | Middle Island, NY   | 1992 |       |
| 41 | 005'03.75" | Akara Elsbach     | Briarcliff,, NY     | 1989 | Final |
| 42 | 005'03.25" | Deidre Morris     | Fresh Meadows,, NY  | 1989 | Final |
| 42 | 005'03.25" | Karly Heiner      | Schenectady, NY     | 1989 | Final |
| 42 | 005'03.25" | Yolanda Laird     | Lakewood,, NJ       | 1989 | Final |

| EVENT Rank | Javelin Distance | Name                 | City, State            | Year | Round | Wind |
|------------|------------------|----------------------|------------------------|------|-------|------|
| 1          | 136'10.00"       | Kelli Fay            | Cumberland,, RI        | 1986 | Final |      |
| 2          | 133'09.00"       | Liz Griesback        | Cherry Hill,, NJ       | 1989 | Final |      |
| 3          | 133'03.00"       | Christine Mello      | Fairhaven,, MA         | 1986 | Final |      |
| 4          | 131'03.00"       | Margaret Mirecki     | Washingtonville,, NY   | 1987 | Final |      |
| 5          | 128'03.00"       | Carrie Kimball       | Tinton Falls, NJ       | 1990 | Final |      |
| 6          | 128'01.00"       | Cindy Herceg         | Holmdel,, NJ           | 1988 |       |      |
| 7          | 127'09.00"       | Tina Gennat          | Fairlawn, NJ           | 1993 |       |      |
| 8          | 127'01.00"       | Stephanie Van Cleaf  | Staten Island,, NY     | 1987 | Final |      |
| 9          | 127'00.00"       | Margaret Mirecki     | Washingtonville,, NY   | 1989 | Final |      |
| 10         | 126'09.00"       | Lisa Parak           | Vernon, NJ             | 1987 | Final |      |
| 11         | 124'02.00"       | Naomi Jackson        | Bedford,, NY           | 1989 | Final |      |
| 12         | 122'09.00"       | Chelsea Brown        | Lakewood,, NY          | 1987 | Final |      |
| 13         | 121'10.00"       | Martha Wittosch      | Warwick,, NY           | 1989 | Final |      |
| 14         | 120'02.00"       | Chris Rothfuss       | Coventry,, RI          | 1986 | Final |      |
| 15         | 119'03.00"       | Stacie Gado          | Hamburg, NJ            | 1993 |       |      |
| 16         | 118'10.00"       | Stephanie Van Cleaf  | Staten Island,, NY     | 1986 | Final |      |
| 17         | 118'04.00"       | Naomi Jackson        | Bedford, NY            | 1991 |       |      |
| 18         | 118'00.00"       | Carrie Kimball       | Tinton Falls, NJ       | 1989 | Final |      |
| 19         | 117'08.00"       | Jodie Phillips       | Montville, NJ          | 1990 | Final |      |
| 20         | 116'04.00"       | Kathryn Gallagher    | Kinnelon, NJ           | 1991 |       |      |
| 21         | 116'03.00"       | Tina Rasmussen       | Hopewell Jct., NY      | 1993 |       |      |
| 22         | 115'04.00"       | Janet Morris         | Swedesboro, NJ         | 1991 |       |      |
| 23         | 114'05.00"       | Martha Wittisch      | Warwick,, NY           | 1988 |       |      |
| 24         | 114'01.00"       | Janet Morris         | Swedesboro,, NJ        | 1989 | Final |      |
| 25         | 113'06.00"       | Roslyn Hurt          | Belmar, NJ             | 1987 | Final |      |
| 26         | 112'03.00"       | Margaret Mirecki     | Washingtonville,, NY   | 1988 |       |      |
| 27         | 112'02.00"       | Dawn Dale            | Lakewood, NJ           | 1992 |       |      |
| 28         | 111'09.00"       | Hellen Rebeck        | Trenton, NJ            | 1986 | Final |      |
| 29         | 111'00.00"       | Tammy Rayvich        | Ridgewood,, NJ         | 1988 |       |      |
| 30         | 110'10.00"       | Jeanette Dezan       | Monmouth Junction,, NJ | 1986 | Final |      |
| 31         | 110'09.00"       | Dennie Barth         | Ridgewood,, NJ         | 1987 | Final |      |
| 32         | 110'00.00"       | Chelsea Brown        | Lakewood,, NJ          | 1986 | Final |      |
| 33         | 109'11.00"       | Amy Titus            | Ridgewood, NJ          | 1990 | Final |      |
| 34         | 109'03.00"       | Danielle Galla       | Cliffside,, NJ         | 1989 | Final |      |
| 34         | 109'03.00"       | Chris Grasso         | Cumberland, RI         | 1990 | Final |      |
| 36         | 108'06.50"       | Jen Graf             | Metuchen, NJ           | 1994 |       |      |
| 37         | 108'03.00"       | Renee Cocks          | Staten Island,, NY     | 1988 |       |      |
| 38         | 108'02.00"       | Sharon Sfrisi        | Delran, NJ             | 1992 |       |      |
| 39         | 106'11.00"       | Maureen Gildersleeve | Rockaway,, NJ          | 1989 | Final |      |
| 40         | 106'10.50"       | Emily Hackett        | Flemington, NJ         | 1994 |       |      |
| 41         | 106'08.00"       | Christina Herold     | Washingtonville, NY    | 1991 |       |      |
| 42         | 106'02.00"       | Naomi Jackson        | Bedford, NY            | 1992 |       |      |
| 43         | 105'11.00"       | Candace Baumann      | Brentwood,, NY         | 1989 | Final |      |
| 44         | 105'00.00"       | Linda Hannan         | Fresh Meadows,, NY     | 1989 | Final |      |
| 45         | 103'09.00"       | Dawn Rice            | Merrick, NY            | 1991 |       |      |
| 46         | 103'07.00"       | Brenda Start         | Montville, NJ          | 1993 |       |      |
| 47         | 103'00.00"       | Jennifer Peaff       | Hackensack, NJ         | 1990 | Final |      |

# Girl's Eastern States All Time Performances

July 18, 1994

| 48         | 102'00.00"         | Dawn Daie           | Lakewood, NJ       | 1991 |       |      |
|------------|--------------------|---------------------|--------------------|------|-------|------|
| 49         | 099'05.50"         | Claire Blainey      | Ridgewood, NJ      | 1990 | Final |      |
| 50         | 097'08.00"         | Christine Ravelli   | Pennsauken, NJ     | 1991 |       |      |
| EVENT Rank | Long Jump Distance | Name                | City, State        | Year | Round | Wind |
| 1          | 019'11.75"         | Dawn Burrell        | Landsdown, PA      | 1990 | Final |      |
| 2          | 019'07.00"         | Ronda Ricketts      | Uniondale, NY      | 1989 | Final |      |
| 3          | 019'05.25"         | Tyra Moore          | Upper Marlboro, MD | 1991 |       |      |
| 4          | 019'05.00"         | Jen McDermott       | Ridgewood, NJ      | 1988 |       |      |
| 5          | 019'04.00"         | Linda Hayes         | Belmar, NJ         | 1985 | Final |      |
| 6          | 019'03.00"         | Linda Hayes         | Belmar, NJ         | 1987 | Final |      |
| 7          | 019'02.25"         | Tyra Moore          | Lionette, MD       | 1990 | Final |      |
| 8          | 019'02.00"         | Jen McDermott       | Ridgewood, NJ      | 1989 | Final |      |
| 9          | 019'01.50"         | Stephanie Pavao     | Wrantham, MA       | 1990 | Final |      |
| 10         | 019'00.25"         | Katina Mack         | Monticello, NY     | 1990 | Final |      |
| 11         | 019'00.25"         | Simone Brown        | Bronx, NY          | 1994 |       | 0.59 |
| 12         | 018'11.75"         | Megan Burke         | Glen Rock, NJ      | 1991 |       |      |
| 13         | 018'09.75"         | Endora Kight        | Brentwood, NY      | 1987 | Final |      |
| 13         | 018'09.75"         | Millicent Shabazz   | Radford, VA        | 1988 |       |      |
| 15         | 018'09.00"         | Gillian Osborne     | Westbury, NY       | 1985 | Final |      |
| 16         | 018'08.00"         | Annie Treherne      | Jamacia, NY        | 1987 | Final |      |
| 16         | 018'08.00"         | Sharline White      | West Nyack, NY     | 1992 |       |      |
| 18         | 018'06.75"         | Kristen Schiesswohl | Central Valley, NY | 1988 |       |      |
| 19         | 018'05.50"         | Joanne Gray         | Deer Park, NY      | 1985 | Final |      |
| 21         | 018'05.50"         | Margaret Rothkamp   | Oakland, NJ        | 1985 | Final |      |
| 21         | 018'04.75"         | Samantha Lincoln    | Erie, PA           | 1988 |       |      |
| 22         | 018'04.50"         | Enez Lawrence       | Kings Park, NY     | 1987 | Final |      |
| 23         | 018'04.25"         | Jen Schweizer       | Denville, NJ       | 1989 | Final |      |
| 24         | 018'03.25"         | Tara Watson         | New York City, NY  | 1990 | Final |      |
| 25         | 018'03.00"         | Tara Livingston     | Hempstead, NY      | 1992 |       |      |
| 26         | 018'02.75"         | Denise Petrucci     | Wallkill, NY       | 1987 | Final |      |
| 27         | 018'02.25"         | Andrea Melton       | Maplewood, NJ      | 1992 |       |      |
| 28         | 018'01.75"         | Megan Barnes        | Uniondale, NY      | 1993 |       | 5.62 |
| 29         | 018'01.50"         | Margaret Rothkamp   | Oakland, NJ        | 1986 | Final |      |
| 30         | 018'01.25"         | Naomi Stone         | Falmouth, MA       | 1991 |       |      |
| 31         | 018'00.50"         | Gamiliah Johnson    | New York City, NY  | 1992 |       |      |
| 32         | 018'00.00"         | Andrea Meltoli      | Maplewood, NJ      | 1991 |       |      |
| 32         | 018'00.00"         | Jennifer McDermott  | Ridgewood, NJ      | 1987 | Final |      |
| 34         | 017'11.50"         | Tesra Bester        | Philadelphia, PA   | 1988 |       |      |
| 34         | 017'11.50"         | Niambi Daniels      | Brentwood, NY      | 1990 | Final |      |
| 34         | 017'11.50"         | Tara Watson         | New York City, NY  | 1989 | Final |      |
| 37         | 017'10.75"         | Michaela Steiner    | Bergenfield, NJ    | 1987 | Final |      |
| 38         | 017'10.50"         | Angela Coleman      | Maplewood, NJ      | 1987 | Final |      |
| 39         | 017'09.75"         | Cindy Herceg        | Holmdel, NJ        | 1986 | Final |      |
| 40         | 017'08.75"         | Dawn Rice           | Merrick, NY        | 1990 | Final |      |
| 41         | 017'08.50"         | Marika Rausa        | Dix Hills, NY      | 1991 |       |      |
| 42         | 017'08.25"         | Lisa El             | Baldwin, NY        | 1993 |       | 3.67 |
| 43         | 017'08.00"         | Gail Fox            | Cumberland, RI     | 1989 | Final |      |
| 44         | 017'07.75"         | Candi Nichols       | Merrimack, NH      | 1986 | Final |      |
| 45         | 017'07.25"         | Nicole Mecir        | St. James, NY      | 1992 |       |      |
| 46         | 017'07.00"         | Michelle Barr       | Trenton, NJ        | 1987 | Final |      |
| 47         | 017'07.00"         | Tricia Douglas      | Brooklyn, NY       | 1989 | Final |      |
| 48         | 017'06.75"         | Niambi Daniels      | Brentwood, NY      | 1987 | Final |      |
| 49         | 017'06.50"         | Terry Scherme       | Central Valley, NY | 1992 |       |      |
| 50         | 017'06.25"         | Crystalle Andrews   | Queens, NY         | 1985 | Final |      |

| EVENT Rank | Shot Put Distance | Name               | City, State         | Year | Round | Wind |
|------------|-------------------|--------------------|---------------------|------|-------|------|
| 1          | 043'04.50"        | Karen O'connor     | Hyde Park, NY       | 1987 | Final |      |
| 2          | 042'10.00"        | Shari Zembeck      | Binghamton, NY      | 1990 | Final |      |
| 3          | 042'05.50"        | Karen O'connor     | Hyde Park, NY       | 1986 | Final |      |
| 4          | 042'04.75"        | Candi Shoemaker    | Brockton, MA        | 1990 | Final |      |
| 5          | 042'03.00"        | Kim Kessel         | Middle Island, NY   | 1988 |       |      |
| 6          | 042'02.00"        | Kim Kessel         | Middle Island, NY   | 1987 | Final |      |
| 7          | 041'07.75"        | Jeanmarie Kohl     | Orangeburg, NY      | 1986 | Final |      |
| 8          | 041'06.50"        | Melody Johnson     | North Attleboro, MA | 1986 | Final |      |
| 8          | 041'06.50"        | Deb Stump          | Oley, PA            | 1990 | Final |      |
| 8          | 041'06.50"        | Arden Williams     | Bronx, NY           | 1990 | Final |      |
| 11         | 041'05.00"        | Nicole Sims        | Plainfield, NJ      | 1991 |       |      |
| 12         | 041'03.75"        | Tricia Lyons       | Bronxville, NY      | 1991 |       |      |
| 13         | 041'02.75"        | Christine Williams | Trenton, NJ         | 1991 |       |      |
| 14         | 040'07.00"        | Audra Corson       | Belmar, NJ          | 1985 | Final |      |
| 15         | 040'03.25"        | Tara Hollowell     | Trenton, NJ         | 1994 |       |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |            |                   |                         |      |       |
|----|------------|-------------------|-------------------------|------|-------|
| 16 | 040'02.50" | Rachel Kavanagh   | Syracuse, NY            | 1991 |       |
| 17 | 040'01.50" | Inga DeNunzi      | Scarsdale, NY           | 1990 | Final |
| 18 | 040'01.25" | Chalandra Graham  | Elmira, NY              | 1987 | Final |
| 19 | 040'00.50" | Inga DeNunzio     | Scarsdale, NY           | 1989 | Final |
| 20 | 040'00.25" | Tricia Lyons      | Bronxville, NY          | 1990 | Final |
| 21 | 039'11.50" | Jennifer DeLuca   | West Islip, NY          | 1989 | Final |
| 22 | 039'08.50" | Vicki Rutigliano  | Staten Island, NY       | 1992 |       |
| 23 | 039'07.25" | Sherrie Harris    | Fairfield, CT           | 1985 | Final |
| 24 | 039'07.00" | Carrie Kimball    | Tinton Falls, NJ        | 1990 | Final |
| 25 | 039'06.75" | Lexia Calzaretta  | Wrentham, MA            | 1988 |       |
| 26 | 039'06.25" | Mary Kinn         | Wappingers Falls, NY    | 1988 |       |
| 27 | 039'03.75" | Sue Pietearz      | Clifton, NJ             | 1987 | Final |
| 28 | 039'00.50" | Kimmy Goode       | Belmar, NJ              | 1985 | Final |
| 29 | 038'11.50" | Mary Kinn         | Farmingville, NY        | 1989 | Final |
| 30 | 038'09.75" | Patrice Felder    | Huntington Station, NY  | 1986 | Final |
| 31 | 038'09.50" | Brenna O'connor   | Cold Spring, NY         | 1986 | Final |
| 31 | 038'09.50" | Lexia Calzaretta  | Wrentham, MA            | 1987 | Final |
| 33 | 038'08.50" | Robyn Lowe        | Passaic, NJ             | 1994 |       |
| 34 | 038'06.00" | Liz Legault       | Hudson Falls, NY        | 1988 |       |
| 34 | 038'06.00" | Janet Morris      | Swedesboro, NJ          | 1989 | Final |
| 36 | 038'05.00" | Phalicio Mason    | Willingboro, NJ         | 1994 |       |
| 36 | 038'05.00" | Erica Anderson    | Dix Hills, NY           | 1985 | Final |
| 38 | 038'04.75" | Rashida Daniels   | Brentwood, NY           | 1994 |       |
| 39 | 038'01.00" | Julie Tortolani   | Manhasset, NY           | 1986 | Final |
| 40 | 038'00.50" | Julia Whaley      | Hicksville, NY          | 1985 | Final |
| 41 | 037'10.75" | Anna Maly         | Port Jefferson Sta., NY | 1989 | Final |
| 42 | 037'08.50" | Lisa Acosta       | Brentwood, NY           | 1987 | Final |
| 43 | 037'06.75" | Vera Alleyne      | Roslyn, NY              | 1986 | Final |
| 44 | 037'06.50" | Brenna O'connor   | Cold Spring, NY         | 1985 | Final |
| 45 | 037'06.25" | Jen Dougherty     | Ramsey, NJ              | 1994 |       |
| 46 | 037'06.00" | Margaret McRobbie | Syracuse, NY            | 1994 |       |
| 47 | 037'03.25" | Kerrie Kimball    | Tinton Falls, NJ        | 1989 | Final |

| EVENT Rank | Triple Jump Distance | Name              | City, State         | Year | Round | Wind |
|------------|----------------------|-------------------|---------------------|------|-------|------|
| 1          | 041'03.75"           | Tyra Moore        | Upper Marlboro, MD  | 1991 |       |      |
| 2          | 040'04.25"           | Natasha Alleyne   | Westbury, NY        | 1987 | Final |      |
| 3          | 040'03.25"           | Eleena Zhelezov   | Needham, MA         | 1989 | Final |      |
| 4          | 039'08.00"           | Sharon Allen      | Paterson, NJ        | 1987 | Final |      |
| 4          | 039'08.00"           | Jen McDermott     | Ridgewood, NJ       | 1989 | Final |      |
| 6          | 039'06.75"           | Tyra Moore        | Lionette, MD        | 1990 | Final |      |
| 7          | 039'04.25"           | Margaret Rothkamp | Oakland, NJ         | 1986 | Final |      |
| 8          | 039'02.50"           | Dana Weeks        | Washingtonville, NY | 1989 | Final |      |
| 9          | 039'02.25"           | Jamila Codrington | Brooklyn, NY        | 1993 |       | 4.74 |
| 10         | 039'00.25"           | Suzanne Silvis    | Wantagh, NY         | 1989 | Final |      |
| 11         | 038'09.50"           | Dana Weeks        | Washingtonville, NY | 1990 | Final |      |
| 12         | 038'08.25"           | Nicole Dixon      | Fresh Meadows, NY   | 1991 |       |      |
| 13         | 038'08.00"           | Dana Weeks        | Washingtonville, NY | 1988 |       |      |
| 14         | 038'07.75"           | Sharline White    | West Nyack, NY      | 1992 |       |      |
| 15         | 038'06.75"           | Sue Silvis        | Wantagh, NY         | 1988 |       |      |
| 16         | 038'06.50"           | Jen McDermott     | Ridgewood, NJ       | 1988 |       |      |
| 17         | 038'05.75"           | Samantha Lincoln  | Erie, PA            | 1988 |       |      |
| 18         | 038'05.00"           | Suzzane Silvis    | Wantagh, NY         | 1987 | Final |      |
| 19         | 038'04.75"           | Lisa Barney       | Durham, NH          | 1989 | Final |      |
| 20         | 038'04.50"           | Dion Gardner      | Troy, NY            | 1991 |       |      |
| 21         | 038'03.00"           | Millicent Shabazz | Redford, VA         | 1988 |       |      |
| 22         | 038'02.50"           | Sharline White    | West Nyack, NY      | 1991 |       |      |
| 23         | 038'02.00"           | Najah Adams       | Brooklyn, NY        | 1993 |       | 4.20 |
| 24         | 038'00.25"           | Antonnikka Owens  | Syracuse, NY        | 1994 |       |      |
| 25         | 037'10.00"           | Diane Keller      | Hightstown, NJ      | 1987 | Final |      |
| 26         | 037'09.50"           | Megan Burke       | Glen Rock, NJ       | 1989 | Final |      |
| 27         | 037'09.25"           | Renata Braudy     | Briarcliff, NY      | 1988 |       |      |
| 28         | 037'08.50"           | Charlene White    | West Nyack, NY      | 1990 | Final |      |
| 29         | 037'06.50"           | Margaret Rothkamp | Oakland, NJ         | 1985 | Final |      |
| 30         | 037'06.00"           | Vanessa Toney     | Brooklyn, NY        | 1991 |       |      |
| 31         | 037'04.50"           | Ruth Greenfield   | Mt. Vernon, NY      | 1988 |       |      |
| 32         | 037'03.75"           | Tara Livingston   | Hempstead, NY       | 1992 |       |      |
| 33         | 037'02.50"           | Dion Gardner      | Troy, NY            | 1992 |       |      |
| 34         | 037'01.25"           | Beth Flynn        | Shrewsbury, MA      | 1989 | Final |      |
| 35         | 037'01.00"           | Diane Keller      | Hightstown, NJ      | 1986 | Final |      |
| 36         | 037'00.75"           | Lisa Barney       | Durham, NH          | 1988 |       |      |
| 37         | 037'00.50"           | Jessie Cadet      | Thiells, NY         | 1989 | Final |      |
| 38         | 037'00.00"           | Danisha Delaney   | Brentwood, NY       | 1993 |       | 1.42 |
| 38         | 037'00.00"           | Dana Weeks        | Washingtonville, NY | 1987 | Final |      |
| 38         | 037'00.00"           | Marika Rausa      | Dix Hills, NY       | 1991 |       |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |            |                 |                     |      |       |      |
|----|------------|-----------------|---------------------|------|-------|------|
| 41 | 036'11.25" | Karyl Whitman   | Hightstown,, NJ     | 1987 | Final |      |
| 41 | 036'11.25" | Kim Facey       | Queens, NY          | 1990 | Final |      |
| 43 | 036'10.00" | Rosemarie Bryan | Huntington Sta., NY | 1993 |       | 3.26 |
| 44 | 036'09.75" | Nadine Shields  | Mt. Vernon, NY      | 1990 | Final |      |
| 45 | 036'08.50" | Debbie Reid     | Laurel, MD          | 1994 |       | .    |
| 46 | 036'07.75" | Madhu Putta     | Latham, NY          | 1991 |       |      |
| 47 | 036'07.25" | Vanessa Toney   | Brooklyn, NY        | 1992 |       |      |
| 48 | 036'07.00" | Renata Brandy   | Briarcliff, NY      | 1990 | Final |      |
| 49 | 036'06.75" | Saki Holliman   | Syracuse,, NY       | 1988 |       |      |
| 49 | 036'06.75" | Teri Martin     | Hackensack, NJ      | 1991 |       |      |

# Girl's Eastern States All Time Performances

July 18, 1994

| EVENT | 4x100 M  |                        |                     |      |       |      |
|-------|----------|------------------------|---------------------|------|-------|------|
| Rank  | Time     | School                 | City, State         | Year | Round | Wind |
| 1     | 00:47.45 | Willingboro H.S.       | Willingboro, NJ     | 1994 | Final |      |
| 2     | 00:47.87 | Willingboro H.S.       | Willingboro, NJ     | 1994 | Trial |      |
| 3     | 00:48.04 | Uniondale H.S.         | Uniondale, NY       | 1989 |       |      |
| 4     | 00:48.08 | Penn Wood HS           | Lansdowne, PA       | 1990 | Final |      |
| 5     | 00:48.31 | Newark Science HS      | Newark, NJ          | 1990 | Final |      |
| 6     | 00:48.41 | Truman H.S.            | Bronx, NY           | 1988 |       |      |
| 7     | 00:48.56 | Uniondale H.S.         | Uniondale, NY       | 1989 |       |      |
| 8     | 00:48.57 | Mt. Vernon H.S.        | Mt. Vernon, NY      | 1988 |       |      |
| 9     | 00:48.58 | John Jay HS            | Brooklyn, NY        | 1990 | Semi  |      |
| 10    | 00:48.59 | Penn Wood HS           | Lansdowne, PA       | 1990 | Semi  |      |
| 11    | 00:48.67 | Newark HS              | Newark, NJ          | 1990 | Semi  |      |
| 12    | 00:48.74 | Central H.S.           | Trenton, NJ         | 1987 | Final |      |
| 13    | 00:48.99 | Trenton Central H.S.   | Trenton, NJ         | 1992 | Final |      |
| 14    | 00:49.01 | South Shore H.S.       | Brooklyn, NY        | 1985 | Final |      |
| 15    | 00:49.03 | Evander Childs HS      | Bronx, NY           | 1990 | Semi  |      |
| 16    | 00:49.03 | Neptune H.S.           | Neptune, NJ         | 1993 | Final |      |
| 17    | 00:49.04 | Mt. Vernon HS          | Mt. Vernon, NY      | 1990 | Semi  |      |
| 18    | 00:49.10 | Longwood H.S.          | Middle Island, NY   | 1991 | Final |      |
| 19    | 00:49.12 | John Jay HS            | Brooklyn, NY        | 1990 | Final |      |
| 20    | 00:49.20 | August Martin H.S.     | Queens, NY          | 1985 | Final |      |
| 20    | 00:49.20 | Trenton Central H.S.   | Trenton, NJ         | 1992 | Semi  |      |
| 20    | 00:49.20 | Neptune H.S.           | Neptune, NJ         | 1993 | Semi  |      |
| 23    | 00:49.31 | Mount Vernon H.S.      | Mount Vernon, NY    | 1989 |       |      |
| 24    | 00:49.44 | Tilden H.S.            | Brooklyn, NY        | 1987 | Final |      |
| 25    | 00:49.46 | Mount Vernon H.S.      | Mount Vernon, NY    | 1989 |       |      |
| 26    | 00:49.57 | John Jay H.S.          | Brooklyn, NY        | 1989 |       |      |
| 26    | 00:49.57 | South Shore H.S.       | Brooklyn, NY        | 1992 | Final |      |
| 28    | 00:49.72 | North Attleboro H.S.   | North Attleboro, MA | 1986 | Final |      |
| 28    | 00:49.72 | Neptune H.S.           | Neptune, NJ         | 1994 | Trial |      |
| 30    | 00:49.79 | Neptune H.S.           | Neptune, NJ         | 1985 | Final |      |
| 31    | 00:49.87 | Longwood H.S.          | Middle Island, NY   | 1991 | Semi  |      |
| 32    | 00:49.88 | Roselle Catholic H.S.  | Roselle, NJ         | 1985 | Final |      |
| 33    | 00:49.90 | Lenape H.S.            | Medford, NJ         | 1991 | Final |      |
| 34    | 00:49.94 | Evander Childs HS      | Bronx, NY           | 1990 | Final |      |
| 35    | 00:49.97 | South Shore H.S.       | Brooklyn, NY        | 1986 | Final |      |
| 36    | 00:50.03 | Walt Whitman H.S.      | Huntington Sta., NY | 1993 | Final |      |
| 37    | 00:50.10 | Hunterdon Central H.S. | Flemington, NJ      | 1991 | Final |      |
| 38    | 00:50.12 | Brooklyn Tech H.S.     | Brooklyn, NY        | 1992 | Final |      |
| 39    | 00:50.18 | Timberlane Regional HS | Plaistow, NH        | 1993 | Final |      |
| 40    | 00:50.23 | South Shore H.S.       | Brooklyn, NY        | 1991 | Semi  |      |
| 41    | 00:50.24 | South Shore H.S.       | Brooklyn, NY        | 1992 | Semi  |      |
| 42    | 00:50.25 | Falmouth HS            | Falmouth, MA        | 1991 | Semi  |      |
| 43    | 00:50.26 | John Jay H.S.          | Brooklyn, NY        | 1989 |       |      |
| 44    | 00:50.27 | St. Francis Prep       | Fresh Meadows, NY   | 1993 | Final |      |
| 45    | 00:50.31 | Timberlane Regional HS | Plaistow, NH        | 1993 | Semi  |      |
| 45    | 00:50.31 | Trenton Central H.S.   | Trenton, NJ         | 1994 | Final |      |
| 47    | 00:50.32 | Brooklyn Tech H.S.     | Brooklyn, NY        | 1992 | Semi  |      |
| 47    | 00:50.40 | South Shore H.S.       | Brooklyn, NY        | 1991 | Final |      |
| 47    | 00:50.40 | Midwood H.S.           | Brooklyn, NY        | 1992 | Semi  |      |
| 48    | 00:50.35 | Midwood H.S.           | Brooklyn, NY        | 1991 | Semi  |      |
| 49    | 00:50.41 | St. Francis Prep       | Fresh Meadows, NY   | 1993 | Semi  |      |
| 49    | 00:50.36 | Monmouth Regional H.S. | Tinton Falls, NJ    | 1989 |       |      |
| 50    | 00:50.37 | Hunterdon Central H.S. | Flemington, NJ      | 1991 | Semi  |      |
| 50    | 00:50.42 | Monticello H.S.        | Monticello, NY      | 1989 | Semi  |      |
| 50    | 00:50.42 | Walt Whitman H.S.      | Huntington Sta., NY | 1993 | Semi  |      |
| 50    | 00:50.42 | Monmouth Regional H.S. | Tinton Falls, NJ    | 1989 | Final |      |

| EVENT | 4x1600 M |                            |                      |      |       |      |
|-------|----------|----------------------------|----------------------|------|-------|------|
| Rank  | Time     | School                     | City, State          | Year | Round | Wind |
| 1     | 20:20.87 | Brighton H.S.              | Brighton, NY         | 1985 | Final |      |
| 2     | 21:00.19 | Massapequa H.S.            | Massapequa, NY       | 1985 | Final |      |
| 3     | 21:04.30 | Pearl River H.S.           | Pearl River, NY      | 1988 |       |      |
| 4     | 21:06.27 | Holmdel H.S.               | Holmdel, NY          | 1985 | Final |      |
| 5     | 21:20.10 | Pearl River H.S.           | Pearl River, NY      | 1987 | Final |      |
| 6     | 21:21.80 | North Rockland H.S.        | Thiells, NY          | 1988 |       |      |
| 7     | 21:22.70 | Monroe Woodbury H.S.       | Central Valley, NY   | 1988 |       |      |
| 8     | 21:23.70 | Pearl River HS             | Pearl River, NY      | 1989 | Final |      |
| 9     | 21:30.36 | Monroe Woodbury H.S.       | Central Valley, NY   | 1994 | Final |      |
| 10    | 21:36.85 | Monroe-Woodbury H.S.       | Central Valley, NY   | 1985 | Final |      |
| 11    | 21:38.60 | Tottenville H.S.           | Staten Island, NY    | 1993 | Final |      |
| 12    | 21:42.75 | St. Anthony's H.S.         | South Huntington, NY | 1986 | Final |      |
| 13    | 21:43.40 | Valley Stream Central H.S. | Valley Stream, NY    | 1992 | Final |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                            |                       |      |       |
|----|----------|----------------------------|-----------------------|------|-------|
| 14 | 21:43.40 | Warwick HS                 | Warwick, NY           | 1990 | Final |
| 15 | 21:43.48 | St. Anthony's H.S.         | So. Huntington, NY    | 1992 | Final |
| 16 | 21:45.60 | East H.S.                  | Toms River,, NJ       | 1985 | Final |
| 17 | 21:48.57 | Tottenville H.S.           | Staten Island,, NY    | 1986 | Final |
| 18 | 21:48.80 | Washingtonville H.S.       | Washingtonville, NY   | 1993 | Final |
| 19 | 21:53.87 | Shoreham-Wading River H.S. | Shoreham,, NY         | 1986 | Final |
| 20 | 21:54.14 | Warwick Valley H.S.        | Warwick, NY           | 1991 | Final |
| 21 | 21:55.20 | St. Anthony's H.S.         | South Huntington,, NY | 1987 | Final |
| 22 | 21:55.50 | Valley Stream Central H.S. | Valley Stream, NY     | 1993 | Final |
| 23 | 21:55.70 | Wayne Valley H.S.          | Wayne Valley,, NJ     | 1985 | Final |
| 24 | 21:58.40 | Clarkstown South HS        | West Nyack,, NY       | 1989 | Final |
| 25 | 22:00.10 | Clarkstown South H.S.      | West Nyack, NY        | 1988 |       |
| 26 | 22:04.30 | Monroe-Woodbury            | Central Valley,, NY   | 1986 | Final |
| 27 | 22:07.20 | Nanuet H.S.                | Nanuet, NY            | 1991 | Final |
| 28 | 22:10.00 | Ursuline School            | New Rochelle, NY      | 1993 | Final |
| 29 | 22:10.80 | Tottenville H.S.           | Staten Island,, NY    | 1987 | Final |
| 30 | 22:11.10 | Paramus H.S.               | Paramus,, NJ          | 1988 |       |
| 31 | 22:11.66 | New Bedford H.S.           | New Bedford, MA       | 1986 | Final |
| 32 | 22:13.49 | Niskayuna H.S.             | Niskayuna, NY         | 1991 | Final |
| 33 | 22:14.40 | Tottenville HS             | Staten Island, NY     | 1990 | Final |
| 34 | 22:14.70 | North Attleboro HS         | North Attleboro, MA   | 1990 | Final |
| 35 | 22:15.04 | Valley Stream Central H.S. | Valley Stream, NY     | 1991 | Final |
| 36 | 22:15.99 | Sachem H.S.                | Lake Ronkonkoma, NY   | 1992 | Final |
| 37 | 22:18.33 | Albertus Magnus H.S.       | Bardonia, NY          | 1992 | Final |
| 38 | 22:20.50 | Washingtonville H.S.       | Washingtonville,, NY  | 1985 | Final |
| 39 | 22:20.80 | Pearl River HS             | Pearl River, NY       | 1990 | Final |
| 40 | 22:20.99 | Nanuet H.S.                | Nanuet, NY            | 1992 | Final |
| 41 | 22:21.30 | Keene H.S.                 | Keene,, NH            | 1988 |       |
| 42 | 22:25.60 | Clarkstown So. HS          | NY                    | 1990 | Final |
| 43 | 22:25.90 | Averill Park HS            | Averill Park,, NY     | 1989 | Final |
| 44 | 22:30.30 | Notre Dame Academy         | Staten Island,, NY    | 1985 | Final |
| 45 | 22:31.70 | Sacrsdale HS               | Scarsdale, NY         | 1990 | Final |
| 46 | 22:33.30 | Roxbury HS                 | Roxbury, NJ           | 1990 | Final |
| 47 | 22:36.11 | St. Anthony's H.S.         | So. Huntington, NY    | 1991 | Final |
| 48 | 22:38.20 | Washingtonville H.S.       | Washingtonville,, NY  | 1986 | Final |
| 49 | 22:38.75 | St. Francis Prep           | Fresh Meadows, NY     | 1994 | Final |
| 50 | 22:39.70 | Averill Park H.S.          | Averill Park,, NY     | 1986 | Final |

| EVENT 4x200 M |          | School                 | City, State       | Year | Round | Wind |
|---------------|----------|------------------------|-------------------|------|-------|------|
| Rank          | Time     |                        |                   |      |       |      |
| 1             | 01:40.03 | Tilden HS              | Brooklyn, NY      | 1990 | Final |      |
| 2             | 01:40.20 | William Penn H.S.      | Philadelphia,, PA | 1988 |       |      |
| 3             | 01:40.57 | William Penn H.S.      | Philadelphia, PA  | 1991 | Final |      |
| 4             | 01:40.65 | Truman H.S.            | Bronx, NY         | 1988 |       |      |
| 5             | 01:40.78 | Tilden H.S.            | Brooklyn,, NY     | 1988 |       |      |
| 6             | 01:40.99 | Tilden H.S.            | Brooklyn,, NY     | 1988 |       |      |
| 7             | 01:41.20 | Willingboro H.S.       | Willingboro, NJ   | 1994 | Final |      |
| 8             | 01:41.43 | Albert Einstein H.S.   | Kensington,, MD   | 1988 |       |      |
| 9             | 01:41.60 | Tilden H.S.            | Brooklyn,, NY     | 1989 | Final |      |
| 10            | 01:41.80 | William Penn H.S.      | Philadelphia,, PA | 1988 |       |      |
| 11            | 01:41.99 | John Jay HS            | Brooklyn, NY      | 1990 | Final |      |
| 12            | 01:42.00 | Mt Vernon H.S.         | Mt Vernon,, NY    | 1988 |       |      |
| 13            | 01:42.07 | Uniondale H.S.         | Uniondale, NY     | 1992 | Final |      |
| 14            | 01:42.23 | Albert Einstein H.S.   | Kensington,, MD   | 1988 |       |      |
| 15            | 01:42.38 | Tilden HS              | Brooklyn, NY      | 1990 | Semi  |      |
| 16            | 01:42.40 | Mt Vernon H.S.         | Mt Vernon,, NY    | 1988 |       |      |
| 17            | 01:42.74 | John Jay HS            | Brooklyn, NY      | 1990 | Semi  |      |
| 18            | 01:42.80 | William Penn H.S.      | Philadelphia,, PA | 1989 | Final |      |
| 19            | 01:43.07 | Neptune H.S.           | Neptune, NJ       | 1991 | Semi  |      |
| 20            | 01:43.10 | Mount Vernon H.S.      | Mount Vernon,, NY | 1989 | Final |      |
| 21            | 01:43.18 | Evander Childs HS      | Bronx, NY         | 1990 | Semi  |      |
| 22            | 01:43.19 | Neptune H.S.           | Neptune, NJ       | 1991 | Final |      |
| 23            | 01:43.27 | South Shore H.S.       | Brooklyn,, NY     | 1986 | Final |      |
| 24            | 01:43.48 | William Penn H.S.      | Philadelphia, PA  | 1991 | Semi  |      |
| 25            | 01:43.59 | William Penn H.S.      | Philadelphia, PA  | 1993 | Final |      |
| 26            | 01:43.97 | Evander Childs HS      | Bronx, NY         | 1990 | Final |      |
| 27            | 01:44.00 | Brentwood H.S.         | Brentwood,, NY    | 1988 |       |      |
| 28            | 01:44.54 | South Shore H.S.       | Brooklyn,, NY     | 1986 | Semi  |      |
| 29            | 01:44.87 | Trenton H.S.           | Trenton,, NJ      | 1986 | Semi  |      |
| 30            | 01:44.92 | Neptune H.S.           | Neptune, NJ       | 1994 | Final |      |
| 31            | 01:45.17 | Mt. Vernon H.S.        | Mt. Vernon,, NY   | 1986 | Final |      |
| 32            | 01:45.21 | Hunterdon Central H.S. | Flemington, NJ    | 1991 | Semi  |      |
| 33            | 01:45.46 | Glen Rock H.S.         | Glen Rock, NJ     | 1994 | Final |      |
| 34            | 01:45.59 | Lakewood HS            | Lakewood, NJ      | 1990 | Final |      |
| 35            | 01:45.74 | Lakewood H.S.          | Lakewood,, NJ     | 1986 | Final |      |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                          |                      |      |       |  |
|----|----------|--------------------------|----------------------|------|-------|--|
| 36 | 01:45.76 | Truman H.S.              | Bronx,, NY           | 1988 |       |  |
| 37 | 01:45.90 | John Jay H.S.            | Brooklyn,, NY        | 1989 | Final |  |
| 38 | 01:46.08 | A. Phillip Randolph HS   | New York City, NY    | 1990 | Final |  |
| 39 | 01:46.15 | Lakewood H.S.            | Lakewood,, NJ        | 1986 | Semi  |  |
| 40 | 01:46.17 | Midwood H.S.             | Brooklyn, NY         | 1994 | Final |  |
| 40 | 01:46.17 | Mt. Vernon H.S.          | Mt. Vernon,, NY      | 1986 | Semi  |  |
| 42 | 01:46.23 | Hunterdon Central H.S.   | Flemington, NJ       | 1991 | Final |  |
| 43 | 01:46.26 | Manchester Memorial H.S. | Manchester, NH       | 1991 | Semi  |  |
| 44 | 01:46.30 | Clara Barton H.S.        | Brooklyn,, NY        | 1987 | Final |  |
| 45 | 01:46.31 | Trenton H.S.             | Trenton,, NJ         | 1986 | Final |  |
| 45 | 01:46.31 | Brentwood H.S.           | Brentwood,, NY       | 1986 | Final |  |
| 47 | 01:46.35 | Midwood H.S.             | Brooklyn, NY         | 1992 | Final |  |
| 47 | 01:46.72 | Lakewood H.S.            | Lakewood, NJ         | 1991 | Final |  |
| 48 | 01:46.50 | Washingtonville H.S.     | Washingtonville,, NY | 1989 | Final |  |
| 48 | 01:46.50 | Harry S. Truman H.S.     | Bronx, NY            | 1987 | Final |  |
| 48 | 01:46.74 | South Shore HS           | Brooklyn, NY         | 1990 | Final |  |
| 49 | 01:46.77 | Brentwood H.S.           | Brentwood,, NY       | 1986 | Semi  |  |
| 50 | 01:46.70 | Brentwood H.S.           | Brentwood,, NY       | 1988 |       |  |
| 50 | 01:46.81 | Lakewood H.S.            | Lakewood, NJ         | 1991 | Semi  |  |

| EVENT 4x400 M |          |                        |                      |      |       |      |
|---------------|----------|------------------------|----------------------|------|-------|------|
| Rank          | Time     | School                 | City, State          | Year | Round | Wind |
| 1             | 03:45.49 | William Penn H.S.      | Philadelphia,, PA    | 1988 |       |      |
| 2             | 03:48.65 | Tilden H.S.            | Brooklyn,, NY        | 1988 |       |      |
| 3             | 03:49.50 | William Penn H.S.      | Philadelphia, PA     | 1991 | Final |      |
| 4             | 03:51.14 | Tilden HS              | Brooklyn, NY         | 1990 | Final |      |
| 5             | 03:51.59 | Boys & Girls H.S.      | Brooklyn, NY         | 1992 | Final |      |
| 6             | 03:51.94 | St. John's Prep        | Queens, NY           | 1994 | Final |      |
| 7             | 03:52.75 | John Jay HS            | Brooklyn HS, NY      | 1990 | Final |      |
| 8             | 03:53.40 | Tilden H.S.            | Brooklyn,, NY        | 1987 | Final |      |
| 9             | 03:53.50 | Tilden H.S.            | Brooklyn,, NY        | 1989 | Final |      |
| 10            | 03:53.68 | Newfield H.S.          | Selden,, NY          | 1985 | Final |      |
| 11            | 03:54.98 | Harry S. Truman H.S.   | Bronx, NY            | 1985 | Final |      |
| 12            | 03:55.02 | Overbrook HS           | Philadelphia, PA     | 1993 | Final |      |
| 13            | 03:56.16 | Lakewood H.S.          | Lakewood,, NJ        | 1988 |       |      |
| 14            | 03:57.50 | Tilden H.S.            | Brooklyn, NY         | 1991 | Final |      |
| 15            | 03:57.77 | Neptune H.S.           | Neptune, NJ          | 1993 | Final |      |
| 16            | 03:58.44 | Willingboro H.S.       | Willingboro, NJ      | 1994 | Final |      |
| 17            | 03:58.72 | Tilden H.S.            | Brooklyn, NY         | 1986 | Final |      |
| 18            | 03:59.00 | Plainfield H.S.        | Plainfield, NJ       | 1987 | Final |      |
| 19            | 03:59.53 | Friends Academy        | Westbury,, NY        | 1986 | Final |      |
| 20            | 03:59.55 | Bishop Ford            | Brooklyn, NY         | 1994 | Final |      |
| 21            | 03:59.87 | Lakewood HS            | Lakewood, NJ         | 1990 | Final |      |
| 22            | 04:00.00 | Shrewsbury H.S.        | Shrewsbury,, MA      | 1989 | Final |      |
| 23            | 04:00.15 | Ridgewood H.S.         | Ridgewood,, NJ       | 1985 | Final |      |
| 24            | 04:00.63 | Cardinal Spellman HS   | Bronx, NY            | 1994 | Final |      |
| 25            | 04:00.90 | Monmouth Regional H.S. | Belmar,, NJ          | 1987 | Final |      |
| 26            | 04:00.97 | Freeport H.S.          | Freeport, NY         | 1992 | Final |      |
| 27            | 04:01.09 | Friends Academy        | Westbury,, NY        | 1986 | Semi  |      |
| 28            | 04:01.71 | Tilden H.S.            | Brooklyn,, NY        | 1986 | Semi  |      |
| 29            | 04:02.09 | Mount Vernon H.S.      | Mount Vernon,, NY    | 1989 | Semi  |      |
| 30            | 04:02.35 | Bay Shore H.S.         | Bay Shore,, NY       | 1985 | Final |      |
| 31            | 04:02.53 | Tilden H.S.            | Brooklyn,, NY        | 1989 | Semi  |      |
| 32            | 04:02.59 | South Shore H.S.       | Brooklyn, NY         | 1994 | Final |      |
| 33            | 04:03.18 | Washingtonville H.S.   | Washingtonville,, NY | 1985 | Final |      |
| 34            | 04:03.40 | Dewitt Clinton HS      | Bronx, NY            | 1991 | Final |      |
| 35            | 04:03.46 | Hackensack H.S.        | Hackensack, NJ       | 1992 | Final |      |
| 36            | 04:03.68 | Boys & Girls HS        | Brooklyn, NY         | 1990 | Final |      |
| 37            | 04:03.95 | Warwick Valley H.S.    | Warwick Valley,, NY  | 1986 | Semi  |      |
| 38            | 04:04.13 | Tilden H.S.            | Brooklyn, NY         | 1992 | Final |      |
| 39            | 04:04.20 | Brooklyn Tech H.S.     | Brooklyn, NY         | 1992 | Final |      |
| 40            | 04:04.48 | Boys & Girls H.S.      | Brooklyn,, NY        | 1986 | Final |      |
| 41            | 04:04.63 | Floral Park H.S.       | Floral Park,, NY     | 1985 | Final |      |
| 42            | 04:04.79 | Monroe Woodbury H.S.   | Central Valley, NY   | 1994 | Final |      |
| 43            | 04:04.90 | Seekonk H.S.           | Seekonk,, MA         | 1989 | Final |      |
| 44            | 04:05.00 | South Shore H.S.       | Brooklyn, NY         | 1993 | Final |      |
| 45            | 04:05.08 | Monroe Woodbury HS     | Central Valley, NY   | 1990 | Final |      |
| 46            | 04:05.10 | Shrewsbury H.S.        | Shrewsbury,, MA      | 1989 | Semi  |      |
| 47            | 04:05.15 | Dewitt Clinton HS      | Bronx, NY            | 1993 | Final |      |
| 48            | 04:05.16 | Seekonk H.S.           | Seekonk,, MA         | 1986 | Semi  |      |
| 49            | 04:05.28 | Seekonk H.S.           | Seekonk,, MA         | 1989 | Semi  |      |
| 50            | 04:05.30 | Seekonk H.S.           | Seekonk,, MA         | 1986 | Final |      |

| EVENT 4x800 M |      |        |             |      |       |      |
|---------------|------|--------|-------------|------|-------|------|
| Rank          | Time | School | City, State | Year | Round | Wind |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                        |                       |      |       |
|----|----------|------------------------|-----------------------|------|-------|
| 1  | 08:55.63 | Boys & Girls H.S.      | Brooklyn,, NY         | 1988 |       |
| 2  | 08:58.39 | Boys & Girls H.S.      | Brooklyn,, NY         | 1989 | Final |
| 3  | 09:10.60 | John F. Kennedy H.S.   | Somers, NY            | 1992 | Final |
| 4  | 09:15.73 | Tilden HS              | Brooklyn, NY          | 1990 | Final |
| 5  | 09:15.80 | Cardinal O' Hara H.S.  | Springfield,, PA      | 1987 | Final |
| 6  | 09:15.94 | Warwick Valley H.S.    | Warwick Valley,, NY   | 1985 | Final |
| 7  | 09:18.23 | Brooklyn Tech H.S.     | Brooklyn, NY          | 1992 | Final |
| 8  | 09:20.03 | Tilden H.S.            | Brooklyn, NY          | 1992 | Final |
| 9  | 09:22.71 | Manchester Central HS  | Manchester, NH        | 1994 | Final |
| 10 | 09:26.50 | Notre Dame Academy     | Staten Island,, NY    | 1986 | Final |
| 11 | 09:27.39 | St. Anthony's H.S.     | South Huntington,, NY | 1985 | Final |
| 12 | 09:27.99 | Warwick Valley H.S.    | Warwick, NY           | 1992 | Final |
| 13 | 09:29.66 | Harry S. Truman H.S.   | Bronx,, NY            | 1986 | Final |
| 14 | 09:30.83 | Tilden H.S.            | Brooklyn, NY          | 1991 | Final |
| 15 | 09:33.19 | Burnt Hills H.S.       | Burnt Hills, NY       | 1992 | Final |
| 16 | 09:33.53 | Washingtonville H.S.   | Washingtonville, NY   | 1992 | Final |
| 17 | 09:34.30 | Bishop Loughlin H.S.   | Brooklyn, NY          | 1994 | Final |
| 18 | 09:34.41 | Newfield H.S.          | Selden,, NY           | 1986 | Final |
| 19 | 09:34.78 | Washingtonville H.S.   | Washingtonville,, NY  | 1989 | Final |
| 20 | 09:37.87 | Sachem H.S.            | Lake Ronkonkoma,, NY  | 1988 |       |
| 21 | 09:38.58 | Columbia H.S.          | Maplewood,, NJ        | 1985 | Final |
| 22 | 09:41.69 | Connetquot H.S.        | Bohemia,, NY          | 1989 | Final |
| 23 | 09:42.31 | Cardinal Spellman HS   | Bronx, NY             | 1993 | Final |
| 24 | 09:42.40 | Holy Names H.S.        | Albany,, NY           | 1986 | Final |
| 25 | 09:44.30 | Clarkstown North H.S.  | New City, NY          | 1992 | Final |
| 26 | 09:44.45 | Brooklyn Tech HS       | Brooklyn, NY          | 1990 | Final |
| 27 | 09:44.71 | Wantagh H.S.           | Wantagh,, NY          | 1988 |       |
| 28 | 09:44.84 | Brooklyn Tech H.S.     | Brooklyn, NY          | 1991 | Final |
| 29 | 09:45.50 | Tottenville H.S.       | Staten Island,, NY    | 1987 | Final |
| 30 | 09:45.98 | South Shore HS         | Brooklyn, NY          | 1990 | Final |
| 31 | 09:46.07 | Cornwall HS            | Cornwall, NY          | 1990 | Final |
| 32 | 09:46.27 | Arlington H.S.         | LaGrangeville,, NY    | 1989 | Final |
| 33 | 09:46.50 | Washingtonville H.S.   | Washingtonville,, NY  | 1987 | Final |
| 34 | 09:47.14 | North Rockland HS      | Thiells, NY           | 1990 | Final |
| 35 | 09:47.46 | Hunterdon Central H.S. | Flemington, NJ        | 1994 | Final |
| 36 | 09:47.80 | Arlington H.S.         | LaGrangeville, NY     | 1987 | Final |
| 37 | 09:48.41 | Washingtonville H.S.   | Washingtonville, NY   | 1991 | Final |
| 38 | 09:48.90 | Bishop Loughlin HS     | Brooklyn, NY          | 1990 | Final |
| 39 | 09:49.06 | Burnt Hills H.S.       | Burnt Hills,, NY      | 1989 | Final |
| 40 | 09:50.73 | South Shore H.S.       | Brooklyn, NY          | 1993 | Final |
| 41 | 09:51.71 | Ursuline School        | New Rochelle, NY      | 1994 | Final |
| 42 | 09:52.68 | Shaker H.S.            | Latham, NY            | 1994 | Final |
| 43 | 09:53.82 | St. Joseph By The Sea  | Staten Island, NY     | 1991 | Final |
| 44 | 09:54.09 | Red Bank Catholic HS   | Red Bank, NJ          | 1990 | Final |
| 45 | 09:54.11 | Tottenville H.S.       | Staten Island, NY     | 1994 | Final |
| 46 | 09:54.21 | Holy Names Academy     | Albany, NY            | 1991 | Final |
| 47 | 09:54.57 | Henninger H.S.         | Syracuse, NY          | 1991 | Final |
| 48 | 09:56.04 | Arlington H.S.         | LaGrangeville,, NY    | 1986 | Final |
| 49 | 09:56.90 | St. Dominic Academy    | Jersey City, NJ       | 1992 | Final |
| 50 | 09:57.06 | Midwood H.S.           | Brooklyn, NY          | 1993 | Final |

| EVENT | Dist.    | Medley                 |                     |      |       |      |  |
|-------|----------|------------------------|---------------------|------|-------|------|--|
| Rank  | Time     | School                 | City, State         | Year | Round | Wind |  |
| 1     | 11:55.39 | Wantagh H.S.           | Wantagh,, NY        | 1985 | Final |      |  |
| 2     | 12:02.29 | Ridgewood H.S.         | Ridgewood,, NJ      | 1988 |       |      |  |
| 3     | 12:11.24 | Monroe-Woodbury H.S.   | Central Valley,, NY | 1985 | Final |      |  |
| 4     | 12:13.00 | Notre Dame Academy     | Staten Island,, NY  | 1989 | Final |      |  |
| 5     | 12:14.59 | Ridgewood H.S.         | Ridgewood, NJ       | 1994 | Final |      |  |
| 6     | 12:14.96 | Shaker H.S.            | Latham, NY          | 1992 | Final |      |  |
| 7     | 12:15.12 | Burnt Hills HS         | Burnt Hills, NY     | 1990 | Final |      |  |
| 8     | 12:17.11 | Bronxville HS          | Bronxville, NY      | 1990 | Final |      |  |
| 9     | 12:18.43 | Holmdel H.S.           | Holmdel,, NJ        | 1986 | Final |      |  |
| 10    | 12:18.50 | Fox Lane H.S.          | Bedford,, NY        | 1985 | Final |      |  |
| 11    | 12:19.34 | Cardinal O' Hara HS    | Springfield, PA     | 1990 | Final |      |  |
| 12    | 12:19.97 | Wayne Valley H.S.      | Wayne Valley,, NJ   | 1985 | Final |      |  |
| 13    | 12:20.65 | Notre Dame H.S.        | Lawrenceville,, NJ  | 1985 | Final |      |  |
| 14    | 12:21.75 | Monroe Woodbury H.S.   | Central Valley, NY  | 1993 | Final |      |  |
| 15    | 12:22.08 | Timberlane Regional HS | Plaistow, NH        | 1991 | Final |      |  |
| 16    | 12:22.83 | Wantagh H.S.           | Wantagh,, NY        | 1986 | Final |      |  |
| 17    | 12:23.69 | Wantagh H.S.           | Wantagh, NY         | 1994 | Final |      |  |
| 18    | 12:24.90 | Friends Academy        | Westbury, NY        | 1987 | Final |      |  |
| 19    | 12:26.55 | Shaker HS              | Latham, NY          | 1990 | Final |      |  |
| 20    | 12:28.09 | Bronxville H.S.        | Bronxville,, NY     | 1989 | Final |      |  |
| 21    | 12:28.55 | Tottenville H.S.       | Staten Island,, NY  | 1985 | Final |      |  |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                            |                      |      |       |
|----|----------|----------------------------|----------------------|------|-------|
| 22 | 12:28.60 | Wantagh H.S.               | Wantagh, NY          | 1993 | Final |
| 23 | 12:31.33 | Paul VI H.S.               | Haddenfield, NJ      | 1992 | Final |
| 24 | 12:32.57 | Shoreham Wading River H.S. | Shoreham,, NY        | 1988 |       |
| 25 | 12:33.04 | Warwick Valley H.S.        | Warwick, NY          | 1992 | Final |
| 26 | 12:33.14 | Cardinal Spellman HS       | Bronx, NY            | 1992 | Final |
| 27 | 12:33.16 | Shaker H.S.                | Latham, NY           | 1991 | Final |
| 28 | 12:33.86 | Washingtonville H.S.       | Washingtonville,, NY | 1989 | Final |
| 29 | 12:35.14 | Hunterdon Central H.S.     | Flemington, NJ       | 1994 | Final |
| 30 | 12:35.20 | Bishop Eustace HS          | Pennsauken, NJ       | 1994 | Final |
| 31 | 12:35.70 | Princeton H.S.             | Princeton, NJ        | 1987 | Final |
| 32 | 12:36.00 | Monroe-Woodbury H.S.       | Central Valley,, NY  | 1987 | Final |
| 33 | 12:36.09 | Shoreham-Wading River H.S. | Shoreham,, NY        | 1989 | Final |
| 34 | 12:36.39 | Morris Knolls H.S.         | Denville,, NJ        | 1989 | Final |
| 35 | 12:36.80 | Wantagh H.S.               | Wantagh, NY          | 1992 | Final |
| 36 | 12:37.39 | Notre Dame Academy         | Staten Island,, NY   | 1985 | Final |
| 37 | 12:37.96 | Warwick Valley HS          | Warwick, NY          | 1990 | Final |
| 38 | 12:38.58 | Tilden H.S.                | Brooklyn, NY         | 1991 | Final |
| 39 | 12:39.91 | Bronxville H.S.            | Bronxville, NY       | 1986 | Final |
| 40 | 12:40.58 | Washingtonville H.S.       | Washingtonville, NY  | 1991 | Final |
| 41 | 12:41.68 | Shaker H.S.                | Latham, NY           | 1993 | Final |
| 42 | 12:42.56 | St. Anthony's H.S.         | So. Huntington, NY   | 1994 | Final |
| 43 | 12:42.64 | Washingtonville H.S.       | Washingtonville,, NY | 1988 |       |
| 44 | 12:42.86 | Clearview Regional HS      | Mullica Hill, NJ     | 1990 | Final |
| 45 | 12:44.23 | Suffern H.S.               | Suffern, NY          | 1986 | Final |
| 46 | 12:45.42 | Ridgewood H.S.             | Ridgewood, NJ        | 1986 | Final |
| 47 | 12:47.86 | Notre Dame HS              | Lawrenceville, NJ    | 1990 | Final |
| 48 | 12:46.40 | Wayne Valley H.S.          | Wayne, NJ            | 1989 | Final |
| 49 | 12:49.18 | Tilden H.S.                | Brooklyn, NY         | 1992 | Final |
| 48 | 12:49.70 | Monroe-Woodbury H.S.       | Central Valley,, NY  | 1986 | Final |
| 49 | 12:47.60 | Tottenville H.S.           | Staten Island,, NY   | 1988 |       |
| 49 | 12:50.17 | Wayne Valley H.S.          | Wayne,, NJ           | 1988 |       |
| 50 | 12:50.82 | Hackensack H.S.            | Hackensack, NJ       | 1991 | Final |
| 50 | 12:47.82 | Warwick Valley H.S.        | Warwick, NY          | 1991 | Final |
| 50 | 12:50.41 | Monroe Woodbury H.S.       | Central Valley, NY   | 1991 | Final |

| EVENT | Mile     | Medley                  |                    |      |       |      |  |
|-------|----------|-------------------------|--------------------|------|-------|------|--|
| Rank  | Time     | School                  | City, State        | Year | Round | Wind |  |
| 1     | 03:59.96 | George Washington HS    | New York, NY       | 1994 | Final |      |  |
| 2     | 04:03.95 | Tilden H.S.             | Brooklyn,, NY      | 1988 |       |      |  |
| 3     | 04:04.45 | Tilden HS               | Brooklyn, NY       | 1990 | Final |      |  |
| 4     | 04:04.84 | Clara Barton HS         | Brooklyn, NY       | 1989 | Final |      |  |
| 5     | 04:05.60 | Bronxville H.S.         | Bronxville, NY     | 1991 | Final |      |  |
| 6     | 04:07.66 | Washington Irving H.S.  | New York City, NY  | 1992 | Final |      |  |
| 7     | 04:08.81 | Jamaica High School     | Jamaica, NY        | 1993 | Final |      |  |
| 8     | 04:09.43 | South Shore H.S.        | Brooklyn, NY       | 1993 | Final |      |  |
| 9     | 04:10.72 | Truman HS               | Bronx, NY          | 1990 | Final |      |  |
| 10    | 04:11.40 | Scott H.S.              | East Orange,, NJ   | 1988 |       |      |  |
| 11    | 04:11.68 | Shaker H.S.             | Latham, NY         | 1992 | Final |      |  |
| 12    | 04:12.10 | Midwood H.S.            | Brooklyn, NY       | 1993 | Final |      |  |
| 13    | 04:12.47 | Jamaica High School     | Jamaica, NY        | 1994 | Final |      |  |
| 14    | 04:12.90 | Falmouth HS             | Falmouth, MA       | 1991 | Final |      |  |
| 15    | 04:13.08 | Burnt Hills H.S.        | Burnt Hills, NY    | 1992 | Final |      |  |
| 16    | 04:13.70 | Columbia H.S.           | Maplewood, NJ      | 1994 | Final |      |  |
| 17    | 04:14.20 | St. Francis Prep        | Fresh Meadows,, NY | 1988 |       |      |  |
| 18    | 04:14.30 | Shaker H.S.             | Latham, NY         | 1991 | Final |      |  |
| 19    | 04:14.41 | Mt. Vernon H.S.         | Mt. Vernon,, NY    | 1988 |       |      |  |
| 20    | 04:14.98 | Shaker HS               | Latham, NY         | 1990 | Final |      |  |
| 21    | 04:15.57 | Notre Dame Academy      | Staten Island, NY  | 1990 | Final |      |  |
| 22    | 04:15.68 | Clarke H.S.             | Westbury,, NY      | 1988 |       |      |  |
| 23    | 04:15.93 | Seekonk H.S.            | Seekonk, MA        | 1988 |       |      |  |
| 24    | 04:16.00 | Notre Dame Academy      | Staten Island, NY  | 1991 | Final |      |  |
| 25    | 04:16.19 | Midwood H.S.            | Brooklyn, NY       | 1992 | Final |      |  |
| 26    | 04:16.27 | Trenton Central HS      | Trenton,, NJ       | 1989 | Final |      |  |
| 27    | 04:16.40 | Brooklyn Tech H.S.      | Brooklyn, NY       | 1991 | Final |      |  |
| 28    | 04:16.59 | Shaker H.S.             | Latham, NY         | 1993 | Final |      |  |
| 29    | 04:17.25 | Columbia H.S.           | Maplewood, NJ      | 1993 | Final |      |  |
| 30    | 04:17.38 | Glen Rock H.S.          | Glen Rock, NJ      | 1994 | Final |      |  |
| 31    | 04:17.50 | Brooklyn Tech H.S.      | Brooklyn, NY       | 1993 | Final |      |  |
| 32    | 04:17.61 | Bronxville H.S.         | Bronxville, NY     | 1993 | Final |      |  |
| 33    | 04:17.67 | Bishop Eustace HS       | Pennsauken, NJ     | 1994 | Final |      |  |
| 34    | 04:18.18 | Bronxville H.S.         | Bronxville, NY     | 1992 | Final |      |  |
| 35    | 04:18.61 | St. Dominic Academy     | Jersey City, NJ    | 1994 | Final |      |  |
| 36    | 04:19.40 | A. Philip Randolph H.S. | New York, NY       | 1991 | Final |      |  |
| 37    | 04:19.56 | Morris Knolls HS        | Danville, NJ       | 1989 | Final |      |  |
| 38    | 04:20.03 | Sacred Heart Academy    | Hempstead, NY      | 1992 | Final |      |  |

# Girl's Eastern States All Time Performances

July 18, 1994

|    |          |                      |                     |      |       |
|----|----------|----------------------|---------------------|------|-------|
| 39 | 04:20.08 | Dewitt Clinton HS    | Bronx, NY           | 1993 | Final |
| 40 | 04:20.10 | Holy Cross H.S.      | Delran, NJ          | 1991 | Final |
| 41 | 04:20.10 | Bay Shore H.S.       | Bay Shore, NY       | 1991 | Final |
| 42 | 04:20.60 | Wilton H.S.          | New Haven, CT       | 1988 |       |
| 43 | 04:21.21 | St. Dominics Academy | Jersey City, NJ     | 1990 | Final |
| 44 | 04:21.64 | South Shore H.S.     | Brooklyn, NY        | 1994 | Final |
| 45 | 04:21.80 | Monroe Woodbury H.S. | Central Valley, NY  | 1991 | Final |
| 46 | 04:22.50 | Clara Barton H.S.    | Brooklyn, NY        | 1988 |       |
| 47 | 04:22.62 | South Shore H.S.     | Brooklyn, NY        | 1992 | Final |
| 48 | 04:22.93 | Cardinal O' Hara HS  | Springfield, PA     | 1990 | Final |
| 49 | 04:23.02 | Harborfields         | Greenlawn, NY       | 1988 |       |
| 50 | 04:23.11 | Monroe Woodbury HS   | Central Valley,, NY | 1989 | Final |

# Girls' Eastern States Championship Records

July 19, 1994

| EVENT        | TIME       | NAME                                                                                    | CITY, STATE         | YEAR | ROUND | WIND |
|--------------|------------|-----------------------------------------------------------------------------------------|---------------------|------|-------|------|
| 100 HH       | 00:13.63   | Dawn Bowles                                                                             | Neptune,, NJ        | 1987 | Final |      |
| 100 M        | 00:11.71   | Angie Johnson                                                                           | Nashua,, NH         | 1989 | Final |      |
| 200 M        | 00:24.58   | Connie Davison                                                                          | West Hempstead,, NY | 1989 | Final |      |
| 3000 M       | 09:42.01   | Christine Constantin                                                                    | Newton,, NJ         | 1989 | Final |      |
| 3000 MW      | 15:16.30   | Nora Comans                                                                             | St. James,, NY      | 1987 | Final |      |
| 400 IH       | 00:59.94   | Deidre Fleming                                                                          | Bronxville,, NY     | 1987 | Final |      |
| 400 M        | 00:53.21   | Stephanie Saleem                                                                        | Neptune,, NY        | 1985 | Final |      |
| 800 M        | 02:08.37   | Shola Lynch                                                                             | Manhatten,, NY      | 1985 | Final |      |
| One Mile Run | 04:53.11   | Charlene Neptune                                                                        | Brooklyn,, NY       | 1989 | Final |      |
| 4x100 M      | 00:47.45   | Willingboro H.S.<br>Tiffany Butler, Sherron Lawson<br>Kim Hargrove, Kia Van Wright      | Willingboro, NJ     | 1994 | Final |      |
| 4x1600 M     | 20:20.87   | Brighton H.S.<br>Rachel Hosmer, Jody Dushay<br>Jenny Shaver, Stacy Prey                 | Brighton,, NY       | 1985 | Final |      |
| 4x200 M      | 01:40.03   | Tilden HS<br>Francis, Codrington<br>Gordon, Brown                                       | Brooklyn, NY        | 1990 | Final |      |
| 4x400 M      | 03:45.49   | William Penn H.S.<br>Lakeya Smith, Marcia Rush<br>Kim Washington, Camille Hendrix       | Philadelphia,, PA   | 1988 |       |      |
| 4x800 M      | 08:55.63   | Boys & Girls H.S.<br>Theresa Weeks, Denise Van Nooten<br>Sandra Burke, Sharon Moore     | Brooklyn,, NY       | 1988 |       |      |
| Dist. Medley | 11:55.39   | Wantagh H.S.<br>Teri Dillingham, Gina Wills<br>Jennifer Antes, Therese Devlin           | Wantagh,, NY        | 1985 | Final |      |
| Mile Medley  | 03:59.96   | George Washington HS<br>Ayanna Reece, Melenie Barrow<br>Igrean Maynard, Tamioka Grizzle | New York, NY        | 1994 | Final |      |
| Discus       | 146'11.00" | Brenna O'Connor                                                                         | Cold Spring,, NY    | 1986 | Final |      |
| High Jump    | 006'00.00" | Shelly Choppa                                                                           | Glens Falls,, NY    | 1988 |       |      |
| Javelin      | 136'10.00" | Kelli Fay                                                                               | Cumberland,, RI     | 1986 | Final |      |
| Long Jump    | 019'11.75" | Dawn Burrell                                                                            | Landsdown, PA       | 1990 | Final |      |
| Shot Put     | 043'04.50" | Karen O'Connor                                                                          | Hyde Park,, NY      | 1987 | Final |      |
| Triple Jump  | 041'03.75" | Tyra Moore                                                                              | Upper Marlboro, MD  | 1991 |       |      |

# Girl's Eastern States All Time Performances

July 21, 1994

| EVENT<br>Rank | 100 HH<br>Time | Name             | City, State       | Year | Round | Wind |
|---------------|----------------|------------------|-------------------|------|-------|------|
| 1             | 00:13.63       | Dawn Bowles      | Neptune, NJ       | 1987 | Final |      |
| 2             | 00:14.00       | Daria Smith      | Bronxville, NY    | 1992 | Semi  |      |
| 3             | 00:14.02       | Monifa Taylor    | Bronx, NY         | 1986 | Final |      |
| 4             | 00:14.04       | Allison Williams | Brentwood, NY     | 1989 | Final |      |
| 5             | 00:14.07       | Ayo Atterberry   | New Rochelle, NY  | 1990 | Final |      |
| 6             | 00:14.13       | Desiree McQueen  | New York, NY      | 1994 | Final | 3.41 |
| 7             | 00:14.15       | Tichanda Daniels | LaGrangville, NY  | 1994 | Final | 3.41 |
| 8             | 00:14.20       | Gail Gidens      | Metuchen, NJ      | 1987 | Final |      |
| 9             | 00:14.24       | Lakeya Williams  | Jamaica, NY       | 1994 | Final | 3.41 |
| 10            | 00:14.30       | Kristen Thorne   | Silver Spring, MD | 1992 | Semi  |      |

| EVENT<br>Rank | 100 M<br>Time | Name                | City, State        | Year | Round | Wind |
|---------------|---------------|---------------------|--------------------|------|-------|------|
| 1             | 00:11.71      | Angie Johnson       | Nashua, NH         | 1989 | Final |      |
| 2             | 00:11.76      | Lou Ann Williams    | Brooklyn, NY       | 1989 | Final |      |
| 3             | 00:11.90      | Shelly Ann Wicker   | Uniondale, NY      | 1992 | Semi  |      |
| 4             | 00:11.94      | Tiffany Weatherford | Newark, NJ         | 1990 | Semi  |      |
| 5             | 00:11.97      | Connie Davison      | West Hempstead, NY | 1989 | Final |      |
| 6             | 00:12.03      | Nicole Carmichael   | Paterson, NJ       | 1994 | Final | 1.65 |
| 6             | 00:12.03      | Dahia Smith         | Hyattsville, MD    | 1994 | Final | 1.65 |
| 8             | 00:12.19      | Minnée Blamo        | Trenton, NJ        | 1992 | Final |      |
| 9             | 00:12.24      | Cathalina Staye     | Brooklyn, NY       | 1989 | Final |      |
| 10            | 00:12.27      | Marissa Maggio      | Cornwall, NY       | 1986 | Final |      |

| EVENT<br>Rank | 200 M<br>Time | Name              | City, State             | Year | Round | Wind |
|---------------|---------------|-------------------|-------------------------|------|-------|------|
| 1             | 00:24.58      | Connie Davison    | West Hempstead, NY      | 1989 | Final |      |
| 2             | 00:24.88      | Falasha Spruiell  | Brooklyn, NY            | 1992 | Final |      |
| 2             | 00:24.88      | Gillian Osborne   | Westbury, NY            | 1985 | Final |      |
| 4             | 00:25.04      | Marissa Maggio    | Cornwall, NY            | 1987 | Final |      |
| 5             | 00:25.05      | Nicole Carmichael | Paterson, NJ            | 1994 | Final | 2.61 |
| 5             | 00:25.05      | Geneva Pugh       | Philadelphia, PA        | 1991 | Final |      |
| 7             | 00:25.18      | Cathalina Staye   | Brooklyn, NY            | 1989 | Semi  |      |
| 8             | 00:25.26      | Tamyka McCord     | Brentwood, NY           | 1989 | Semi  |      |
| 9             | 00:25.35      | Dahia Smith       | Hyattsville, MD         | 1994 | Final | 2.61 |
| 10            | 00:25.39      | Julie Bonura      | Port Jefferson Sta., NY | 1992 | Final |      |
| 10            | 00:25.39      | Arexil Long       | Tinton Falls, NJ        | 1989 | Semi  |      |

| EVENT<br>Rank | 3000 M<br>Time | Name                 | City, State       | Year | Round | Wind |
|---------------|----------------|----------------------|-------------------|------|-------|------|
| 1             | 09:42.01       | Christine Constantin | Newton, NJ        | 1989 | Final |      |
| 2             | 09:49.45       | Kathy Pitcher        | Bay Shore, NY     | 1986 | Final |      |
| 3             | 09:52.35       | Jeanne Peterson      | Uniondale, NY     | 1986 | Final |      |
| 4             | 09:52.65       | Ruth Filep           | Fairfield, CT     | 1986 | Final |      |
| 5             | 09:54.62       | Nnenna Lynch         | New York, NY      | 1988 |       |      |
| 6             | 09:57.01       | Francis Lord         | Wynnewood, PA     | 1990 | Final |      |
| 7             | 10:00.60       | Christine Gentile    | Babylon, NY       | 1987 | Final |      |
| 8             | 10:01.44       | Kris Kueffner        | New Hyde Park, NY | 1986 | Final |      |
| 9             | 10:01.45       | Katie Toner          | Swampscott, MA    | 1986 | Final |      |
| 10            | 10:02.12       | Elizabeth Brenden    | Mamaroneck, NY    | 1985 | Final |      |

| EVENT<br>Rank | 3000 MW<br>Time | Name                 | City, State      | Year | Round | Wind |
|---------------|-----------------|----------------------|------------------|------|-------|------|
| 1             | 15:16.30        | Nora Comans          | St. James, NY    | 1987 | FINAL |      |
| 2             | 15:55.00        | Lori Seidel          | Paramus, NJ      | 1987 | FINAL |      |
| 3             | 16:01.70        | Maura McGee          | Sayville, NY     | 1989 | Final |      |
| 4             | 16:08.00        | Tara Roche           | Huntington, NY   | 1990 | Final |      |
| 5             | 16:29.40        | Desiree Williams     | Brentwood, NY    | 1989 | Final |      |
| 6             | 16:37.50        | Mary Ellen Fitzpatri | Sayville, NY     | 1988 |       |      |
| 7             | 16:42.90        | Jennifer Curry       | Miller Place, NY | 1989 | Final |      |
| 8             | 16:43.99        | Melissa Baker        | Shoreham, NY     | 1990 | Final |      |
| 10            | 16:55.34        | Debbie Iden          | Bayport, NY      | 1990 | Final |      |

| EVENT<br>Rank | 400 IH<br>Time | Name           | City, State    | Year | Round | Wind |
|---------------|----------------|----------------|----------------|------|-------|------|
| 1             | 00:59.94       | Deidre Fleming | Bronxville, NY | 1987 | Final |      |
| 2             | 01:01.06       | Donna Powell   | Trenton, NJ    | 1985 | Final |      |
| 3             | 01:01.30       | Yvonne Prilo   | Trenton, NJ    | 1988 |       |      |

# Girl's Eastern States All Time Performances

July 21, 1994

|    |          |                 |                   |      |       |   |
|----|----------|-----------------|-------------------|------|-------|---|
| 4  | 01:01.32 | Yvonne Harrison | Bronx, NY         | 1992 | Final |   |
| 5  | 01:01.52 | Angela Lee      | Street, NJ        | 1993 | Final | . |
| 6  | 01:01.61 | Judith Owen     | Kensington, MD    | 1988 |       |   |
| 7  | 01:01.81 | Erika Pietrzak  | Cornwall, NY      | 1988 |       |   |
| 8  | 01:01.87 | Shelie Turner   | Philadelphia, PA  | 1992 | Final |   |
| 9  | 01:02.08 | Indira Hamilton | Seat Pleasant, MD | 1989 | Final |   |
| 10 | 01:02.33 | Radhiya Teagle  | Philadelphia, PA  | 1991 | Final |   |

| EVENT | 400 M    |                   |                  |      |       |      |
|-------|----------|-------------------|------------------|------|-------|------|
| Rank  | Time     | Name              | City, State      | Year | Round | Wind |
| 1     | 00:53.21 | Stephanie Saleem  | Neptune, NY      | 1985 | Final |      |
| 2     | 00:55.15 | Barbara Selkridge | New York, NY     | 1988 |       |      |
| 3     | 00:55.35 | Stephanie Smith   | Erie, PA         | 1988 |       |      |
| 3     | 00:55.35 | Toya Brown        | Philadelphia, PA | 1993 | Final | .    |
| 3     | 00:55.35 | Trisha Carter     | Deer Park, NY    | 1988 |       |      |
| 6     | 00:55.39 | Drexel Long       | Tinton Falls, NJ | 1990 | Final |      |
| 7     | 00:55.51 | Chantel Marneffe  | Queens, NY       | 1985 | Final |      |
| 8     | 00:55.54 | Leashia Rahr      | Syracuse, NY     | 1994 | Final | .    |
| 9     | 00:55.75 | Marcia Rush       | Philadelphia, PA | 1990 | Final |      |
| 10    | 00:55.80 | Faye Haskins      | Belmar, NJ       | 1988 |       |      |

| EVENT | 800 M    |                 |                    |      |       |      |
|-------|----------|-----------------|--------------------|------|-------|------|
| Rank  | Time     | Name            | City, State        | Year | Round | Wind |
| 1     | 02:08.37 | Shola Lynch     | Manhattan, NY      | 1985 | Final |      |
| 2     | 02:10.87 | Rayna DeNiord   | Putney, VT         | 1994 | Final | .    |
| 3     | 02:11.01 | Gloria Azeke    | Brooklyn, NY       | 1985 | Final |      |
| 4     | 02:11.39 | Jennifer Metz   | Hillsdale, NJ      | 1991 | Final |      |
| 5     | 02:11.40 | Kim Certain     | Melville, NY       | 1986 | Final |      |
| 6     | 02:11.92 | Ruth Lockbaum   | Glassboro, NJ      | 1985 | Final |      |
| 7     | 02:11.98 | Irene Ruopoli   | Westbury, NY       | 1989 | Final |      |
| 8     | 02:12.86 | Tamika Coombs   | Hyattsville, MD    | 1994 | Final | .    |
| 9     | 02:12.98 | Aaronda Watson  | Brooklyn, NY       | 1989 | Final |      |
| 10    | 02:13.12 | Karen Mcauliffe | So. Huntington, NY | 1988 |       |      |

| EVENT | One Mile | Run                 |                   |      |       |      |
|-------|----------|---------------------|-------------------|------|-------|------|
| Rank  | Time     | Name                | City, State       | Year | Round | Wind |
| 1     | 04:53.11 | Charlene Neptune    | Brooklyn, NY      | 1989 | Final |      |
| 2     | 04:56.29 | Jennifer Finnegan   | Sidney, NY        | 1989 | Final |      |
| 3     | 04:59.58 | Leanne Burke        | New York City, NY | 1990 | Final |      |
| 4     | 05:00.05 | Jen Norton          | East Islip, NY    | 1990 | Final |      |
| 5     | 05:02.63 | Christine Engel     | Flanders, NJ      | 1990 | Final |      |
| 6     | 05:04.25 | Maria Mireles       | Fairfax, VA       | 1991 | Final |      |
| 7     | 05:05.03 | Caryn Landau        | Grahamsville, NY  | 1990 | Final |      |
| 8     | 05:05.70 | Jennifer Livingston | Hicksville, NY    | 1989 | Final |      |
| 9     | 05:06.14 | Tamara Henry        | Brooklyn, NY      | 1993 | Final | .    |
| 10    | 05:06.74 | Melissa Wyka        | Fairlawn, NJ      | 1990 | Final |      |

# Girl's Eastern States Top Ten Performers

July 21, 1994

| EVENT Rank | Discus Distance | Name            | City, State       | Year | Round | Wind |
|------------|-----------------|-----------------|-------------------|------|-------|------|
| 1          | 146'11.00"      | Brenna O'Connor | Cold Spring, NY   | 1986 | Final |      |
| 2          | 139'01.00"      | Karen O'Connor  | Hyde Park, NY     | 1987 | Final |      |
| 2          | 139'01.00"      | Shari Zembeck   | Binghamton, NY    | 1990 | Final |      |
| 4          | 136'01.00"      | Sue Pietearz    | Clifton, NJ       | 1987 | Final |      |
| 5          | 134'01.00"      | Lisa Parak      | Vernon, NJ        | 1987 | Final |      |
| 6          | 134'00.00"      | Lisa Parak      | Vernon, NJ        | 1986 | Final |      |
| 6          | 134'00.00"      | Kim Kessel      | Middle Island, NY | 1988 |       |      |
| 8          | 132'05.00"      | Trisha Harris   | Marlboro, NJ      | 1993 |       |      |
| 9          | 131'11.00"      | Amanda Nixon    | Staten Island, NY | 1990 | Final |      |
| 10         | 131'04.00"      | Jackie Frank    | Baldwin, NY       | 1985 | Final |      |

| EVENT Rank | High Jump Distance | Name              | City, State          | Year | Round | Wind |
|------------|--------------------|-------------------|----------------------|------|-------|------|
| 1          | 006'00.00"         | Shelly Choppa     | Glens Falls, NY      | 1988 |       |      |
| 2          | 005'09.00"         | Melinda Case      | Smithtown, NY        | 1985 | Final |      |
| 2          | 005'09.00"         | Shelly Mitchell   | Lakewood, NJ         | 1988 |       |      |
| 4          | 005'08.00"         | Erin Halpin       | Cherry Hill, NJ      | 1987 | Final |      |
| 4          | 005'08.00"         | Stephanie Carter  | Lawrenceville, NJ    | 1987 | Final |      |
| 4          | 005'08.00"         | Paige Valderrama  | Staten Island, NY    | 1985 | Final |      |
| 4          | 005'08.00"         | Dawn Case         | Smithtown, NY        | 1987 | Final |      |
| 8          | 005'07.00"         | Andrea Fiske      | Shrewsbury, MA       | 1989 | Final |      |
| 9          | 005'06.00"         | Shelly Mitchell   | Lakewood, NJ         | 1987 | Final |      |
| 9          | 005'06.00"         | Alison Poulin     | Durham, NH           | 1988 |       |      |
| 9          | 005'06.00"         | Cheryl Fuller     | Troy, NY             | 1991 |       |      |
| 9          | 005'06.00"         | Kate Doyle        | Fresh Meadows, NY    | 1988 |       |      |
| 9          | 005'06.00"         | Michelle Herring  | Wappingers Falls, NY | 1993 |       |      |
| 9          | 005'06.00"         | Stacy Grant       | Brooklyn, NY         | 1993 |       |      |
| 9          | 005'06.00"         | Michele Dudzinski | Little Falls, NJ     | 1993 |       |      |
| 9          | 005'06.00"         | Karolyn Hicks     | Fresh Meadows, NY    | 1993 |       |      |

| EVENT Rank | Javelin Distance | Name                | City, State         | Year | Round | Wind |
|------------|------------------|---------------------|---------------------|------|-------|------|
| 1          | 136'10.00"       | Kelli Fay           | Cumberland, RI      | 1986 | Final |      |
| 2          | 133'09.00"       | Liz Griesback       | Cherry Hill, NJ     | 1989 | Final |      |
| 3          | 133'03.00"       | Christine Mello     | Fairhaven, MA       | 1986 | Final |      |
| 4          | 131'03.00"       | Margaret Mirecki    | Washingtonville, NY | 1987 | Final |      |
| 5          | 128'03.00"       | Carrie Kimball      | Tinton Falls, NJ    | 1990 | Final |      |
| 6          | 128'01.00"       | Cindy Herceg        | Holmdel, NJ         | 1988 |       |      |
| 7          | 127'09.00"       | Tina Gennat         | Fairlawn, NJ        | 1993 |       |      |
| 8          | 127'01.00"       | Stephanie Van Cleaf | Staten Island, NY   | 1987 | Final |      |
| 9          | 127'00.00"       | Margaret Mirecki    | Washingtonville, NY | 1989 | Final |      |
| 10         | 126'09.00"       | Lisa Parak          | Vernon, NJ          | 1987 | Final |      |

| EVENT Rank | Long Jump Distance | Name            | City, State        | Year | Round | Wind |
|------------|--------------------|-----------------|--------------------|------|-------|------|
| 1          | 019'11.75"         | Dawn Burrell    | Landsdown, PA      | 1990 | Final |      |
| 2          | 019'07.00"         | Ronda Ricketts  | Uniondale, NY      | 1989 | Final |      |
| 3          | 019'05.25"         | Tyra Moore      | Upper Marlboro, MD | 1991 |       |      |
| 4          | 019'05.00"         | Jen McDermott   | Ridgewood, NJ      | 1988 |       |      |
| 5          | 019'04.00"         | Linda Hayes     | Belmar, NJ         | 1985 | Final |      |
| 6          | 019'02.25"         | Tyra Moore      | Lionette, MD       | 1990 | Final |      |
| 7          | 019'02.00"         | Jen McDermott   | Ridgewood, NJ      | 1989 | Final |      |
| 8          | 019'01.50"         | Stephanie Pavao | Wrantham, MA       | 1990 | Final |      |
| 9          | 019'00.25"         | Katina Mack     | Monticello, NY     | 1990 | Final |      |
| 10         | 019'00.25"         | Simone Brown    | Bronx, NY          | 1994 |       | 0.59 |

| EVENT Rank | Shot Put Distance | Name            | City, State         | Year | Round | Wind |
|------------|-------------------|-----------------|---------------------|------|-------|------|
| 1          | 043'04.50"        | Karen O'Connor  | Hyde Park, NY       | 1987 | Final |      |
| 2          | 042'10.00"        | Shari Zembeck   | Binghamton, NY      | 1990 | Final |      |
| 3          | 042'04.75"        | Candi Shoemaker | Brockton, MA        | 1990 | Final |      |
| 4          | 042'03.00"        | Kim Kessel      | Middle Island, NY   | 1988 |       |      |
| 5          | 041'07.75"        | Jeanmarie Kohl  | Orangeburg, NY      | 1986 | Final |      |
| 6          | 041'06.50"        | Deb Stump       | Oley, PA            | 1990 | Final |      |
| 6          | 041'06.50"        | Melody Johnson  | North Attleboro, MA | 1986 | Final |      |
| 6          | 041'06.50"        | Arden Williams  | Bronx, NY           | 1990 | Final |      |
| 9          | 041'05.00"        | Nicole Sims     | Plainfield, NJ      | 1991 |       |      |
| 10         | 041'03.75"        | Tricia Lyons    | Bronxville, NY      | 1991 |       |      |

# Girl's Eastern States Top Ten Performers

July 21, 1994

| EVENT<br>Rank | Triple Jump<br>Distance | Name              | City, State         | Year | Round | Wind |
|---------------|-------------------------|-------------------|---------------------|------|-------|------|
| 1             | 041'03.75"              | Tyra Moore        | Upper Marlboro, MD  | 1991 |       |      |
| 2             | 040'04.25"              | Natasha Alleyne   | Westbury, NY        | 1987 | Final |      |
| 3             | 040'03.25"              | Eleena Zhelezov   | Needham, MA         | 1989 | Final |      |
| 4             | 039'08.00"              | Sharon Allen      | Paterson, NJ        | 1987 | Final |      |
| 4             | 039'08.00"              | Jen McDermott     | Ridgewood, NJ       | 1989 | Final |      |
| 6             | 039'06.75"              | Tyra Moore        | Lionette, MD        | 1990 | Final |      |
| 7             | 039'04.25"              | Margaret Rothkamp | Oakland, NJ         | 1986 | Final |      |
| 8             | 039'02.50"              | Dana Weeks        | Washingtonville, NY | 1989 | Final |      |
| 9             | 039'02.25"              | Jamila Codrington | Brooklyn, NY        | 1993 |       | 4.74 |
| 10            | 039'00.25"              | Suzanne Silvis    | Wantagh, NY         | 1989 | Final |      |

# Girl's Eastern States Top Ten Performers

July 21, 1994

| EVENT 4x100 M |          | School               | City, State     | Year | Round | Wind |
|---------------|----------|----------------------|-----------------|------|-------|------|
| Rank          | Time     |                      |                 |      |       |      |
| 1             | 00:47.45 | Willingboro H.S.     | Willingboro, NJ | 1994 | Final |      |
| 2             | 00:48.04 | Uniondale H.S.       | Uniondale, NY   | 1989 |       |      |
| 3             | 00:48.08 | Penn Wood HS         | Lansdowne, PA   | 1990 | Final |      |
| 4             | 00:48.31 | Newark Science HS    | Newark, NJ      | 1990 | Final |      |
| 5             | 00:48.41 | Truman H.S.          | Bronx, NY       | 1988 |       |      |
| 6             | 00:48.57 | Mt. Vernon H.S.      | Mt. Vernon, NY  | 1988 |       |      |
| 7             | 00:48.58 | John Jay HS          | Brooklyn, NY    | 1990 | Semi  |      |
| 8             | 00:48.67 | Newark HS            | Newark, NJ      | 1990 | Semi  |      |
| 9             | 00:48.74 | Central H.S.         | Trenton, NJ     | 1987 | Final |      |
| 10            | 00:48.99 | Trenton Central H.S. | Trenton, NJ     | 1992 | Final |      |

| EVENT 4x1600 M |          | School               | City, State          | Year | Round | Wind |
|----------------|----------|----------------------|----------------------|------|-------|------|
| Rank           | Time     |                      |                      |      |       |      |
| 1              | 20:20.87 | Brighton H.S.        | Brighton, NY         | 1985 | Final |      |
| 2              | 21:00.19 | Massapequa H.S.      | Massapequa, NY       | 1985 | Final |      |
| 3              | 21:04.30 | Pearl River H.S.     | Pearl River, NY      | 1988 |       |      |
| 4              | 21:06.27 | Holmdel H.S.         | Holmdel, NY          | 1985 | Final |      |
| 5              | 21:21.80 | North Rockland H.S.  | Thiells, NY          | 1988 |       |      |
| 6              | 21:22.70 | Monroe Woodbury H.S. | Central Valley, NY   | 1988 |       |      |
| 7              | 21:23.70 | Pearl River HS       | Pearl River, NY      | 1989 | Final |      |
| 8              | 21:36.85 | Monroe-Woodbury H.S. | Central Valley, NY   | 1985 | Final |      |
| 9              | 21:38.60 | Tottenville H.S.     | Staten Island, NY    | 1993 | Final |      |
| 10             | 21:42.75 | St. Anthony's H.S.   | South Huntington, NY | 1986 | Final |      |

| EVENT 4x200 M |          | School               | City, State      | Year | Round | Wind |
|---------------|----------|----------------------|------------------|------|-------|------|
| Rank          | Time     |                      |                  |      |       |      |
| 1             | 01:40.03 | Tilden HS            | Brooklyn, NY     | 1990 | Final |      |
| 2             | 01:40.20 | William Penn H.S.    | Philadelphia, PA | 1988 |       |      |
| 3             | 01:40.65 | Truman H.S.          | Bronx, NY        | 1988 |       |      |
| 4             | 01:40.78 | Tilden H.S.          | Brooklyn, NY     | 1988 |       |      |
| 5             | 01:41.20 | Willingboro H.S.     | Willingboro, NJ  | 1994 | Final |      |
| 6             | 01:41.43 | Albert Einstein H.S. | Kensington, MD   | 1988 |       |      |
| 7             | 01:41.99 | John Jay HS          | Brooklyn, NY     | 1990 | Final |      |
| 8             | 01:42.00 | Mt Vernon H.S.       | Mt Vernon, NY    | 1988 |       |      |
| 9             | 01:42.07 | Uniondale H.S.       | Uniondale, NY    | 1992 | Final |      |
| 10            | 01:43.07 | Neptune H.S.         | Neptune, NJ      | 1991 | Semi  |      |

| EVENT 4x400 M |          | School               | City, State      | Year | Round | Wind |
|---------------|----------|----------------------|------------------|------|-------|------|
| Rank          | Time     |                      |                  |      |       |      |
| 1             | 03:45.49 | William Penn H.S.    | Philadelphia, PA | 1988 |       |      |
| 2             | 03:48.65 | Tilden H.S.          | Brooklyn, NY     | 1988 |       |      |
| 3             | 03:51.14 | Tilden HS            | Brooklyn, NY     | 1990 | Final |      |
| 4             | 03:51.59 | Boys & Girls H.S.    | Brooklyn, NY     | 1992 | Final |      |
| 5             | 03:51.94 | St. John's Prep      | Queens, NY       | 1994 | Final |      |
| 6             | 03:52.75 | John Jay HS          | Brooklyn HS, NY  | 1990 | Final |      |
| 7             | 03:53.68 | Newfield H.S.        | Selden, NY       | 1985 | Final |      |
| 8             | 03:54.98 | Harry S. Truman H.S. | Bronx, NY        | 1985 | Final |      |
| 9             | 03:55.02 | Overbrook HS         | Philadelphia, PA | 1993 | Final |      |
| 10            | 03:56.16 | Lakewood H.S.        | Lakewood, NJ     | 1988 |       |      |

| EVENT 4x800 M |          | School                | City, State          | Year | Round | Wind |
|---------------|----------|-----------------------|----------------------|------|-------|------|
| Rank          | Time     |                       |                      |      |       |      |
| 1             | 08:55.63 | Boys & Girls H.S.     | Brooklyn, NY         | 1988 |       |      |
| 2             | 09:10.60 | John F. Kennedy H.S.  | Somers, NY           | 1992 | Final |      |
| 3             | 09:15.73 | Tilden HS             | Brooklyn, NY         | 1990 | Final |      |
| 4             | 09:15.80 | Cardinal O' Hara H.S. | Springfield, PA      | 1987 | Final |      |
| 5             | 09:15.94 | Warwick Valley H.S.   | Warwick Valley, NY   | 1985 | Final |      |
| 6             | 09:18.23 | Brooklyn Tech H.S.    | Brooklyn, NY         | 1992 | Final |      |
| 7             | 09:20.03 | Tilden H.S.           | Brooklyn, NY         | 1992 | Final |      |
| 8             | 09:22.71 | Manchester Central HS | Manchester, NH       | 1994 | Final |      |
| 9             | 09:26.50 | Notre Dame Academy    | Staten Island, NY    | 1986 | Final |      |
| 10            | 09:27.39 | St. Anthony's H.S.    | South Huntington, NY | 1985 | Final |      |

| EVENT Dist. Medley |          | School               | City, State        | Year | Round | Wind |
|--------------------|----------|----------------------|--------------------|------|-------|------|
| Rank               | Time     |                      |                    |      |       |      |
| 1                  | 11:55.39 | Wantagh H.S.         | Wantagh, NY        | 1985 | Final |      |
| 2                  | 12:02.29 | Ridgewood H.S.       | Ridgewood, NJ      | 1988 |       |      |
| 3                  | 12:11.24 | Monroe-Woodbury H.S. | Central Valley, NY | 1985 | Final |      |

# Girl's Eastern States Top Ten Performers

July 21, 1994

|    |          |                    |                   |      |       |
|----|----------|--------------------|-------------------|------|-------|
| 4  | 12:13.00 | Notre Dame Academy | Staten Island, NY | 1989 | Final |
| 5  | 12:14.96 | Shaker H.S.        | Latham, NY        | 1992 | Final |
| 6  | 12:15.12 | Burnt Hills HS     | Burnt Hills, NY   | 1990 | Final |
| 7  | 12:17.11 | Bronxville HS      | Bronxville, NY    | 1990 | Final |
| 8  | 12:18.43 | Holmdel H.S.       | Holmdel, NJ       | 1986 | Final |
| 9  | 12:18.50 | Fox Lane H.S.      | Bedford, NY       | 1985 | Final |
| 10 | 12:19.34 | Cardinal O'Hara HS | Springfield, PA   | 1990 | Final |

| EVENT Mile Medley |          |                        |                   |      |            |
|-------------------|----------|------------------------|-------------------|------|------------|
| Rank              | Time     | School                 | City, State       | Year | Round Wind |
| 1                 | 03:59.96 | George Washington HS   | New York, NY      | 1994 | Final      |
| 2                 | 04:03.95 | Tilden H.S.            | Brooklyn, NY      | 1988 |            |
| 3                 | 04:04.45 | Tilden HS              | Brooklyn, NY      | 1990 | Final      |
| 4                 | 04:04.84 | Clara Barton HS        | Brooklyn, NY      | 1989 | Final      |
| 5                 | 04:05.60 | Bronxville H.S.        | Bronxville, NY    | 1991 | Final      |
| 6                 | 04:07.66 | Washington Irving H.S. | New York City, NY | 1992 | Final      |
| 7                 | 04:08.81 | Jamaica High School    | Jamaica, NY       | 1993 | Final      |
| 8                 | 04:09.43 | South Shore H.S.       | Brooklyn, NY      | 1993 | Final      |
| 9                 | 04:10.72 | Truman HS              | Bronx, NY         | 1990 | Final      |
| 10                | 04:11.40 | Scott H.S.             | East Orange, NJ   | 1988 |            |