

GIRLS

9-18
NBIL

INDIAN HILLS 15, PASC. HILLS 50

1. Tammy French (PH) 21:29.
2. Jen Pisanì (IH) 21:38.
3. Katie Lynch (IH) 22:33.
4. Kristin Neilson (IH) 22:40.
5. Sonja Neilson (IH) 23:34.

Course: Pascack Hills High School; Distance: 3.1 mi.
Team records: Indian Hills (1-1); Pascack Hills (1-1).

RAMAPO 17, WAYNE HILLS 47

1. Alayne Baldassare (R) 24:44.
2. Elaine Mazor (R) 24:44.
3. Heather Daugherty (R) 24:48.
4. Stephanie Millar (WH) 25:02.
5. Sue Martin (R) 25:30.

Course: Ramapo High School; Distance: 3.1 mi.
Team records: Ramapo (2-0, 2-0); Wayne Hills (0-2, 0-2).

NO. HIGH. 27, NV/DEMAREST 32

1. Jennie Meighan (NH) 20:51.
2. Nikki Henry (D) 21:11.
3. Patty McWhir (D) 22:25.
4. Jamie Siegrist (D) 22:38.
5. Tovah Oppenheimer (NH) 22:53.

Course: Demarest; Distance: 3.1 mi.
Team records: NV/Demarest (1-1); Northern Highlands (2-0).

RAMSEY 15, MAHWAH 50

1. Laura Montelth (R) 25:12.
2. Sarah Walton (R) 25:12.
3. Katie Collins (R) 26:17.
4. Kim Hewitt (R) 26:17.
5. Tracy Kirk (R) 26:17.
6. Erin Oliver (R) 26:17.

Course: Ramsey; Distance: 3.1 mi.
Team records: Ramsey (2-0); Mahwah (0-2).

PASC. VALLEY 23, NV/OLD TAPP. 32

1. Maryam Jowza (PV) 22:50.
2. Sara Finamore (PV) 23:13.
3. Andrea Mazzarino (OT) 23:15.
4. Rachel Harrison (PV) 23:51.
5. Laura Sirignano (OT) 23:59.

Course: Pascack Valley; Distance: 3.1 mi.
Team records: Pascack Valley (1-1); Old Tappan (1-1).

B-PSL

POMPTON LAKES 15, GLEN ROCK 50

1. Gingi Woodard (PL) 22:25.
2. Aja Carnosso (PL) 22:30.
3. Kathleen Burke (GR) 23:17.
4. Maggie Gunderman (PL) 24:35.
5. Erin Earley (PL) 24:55.

Course: Glen Rock; Distance: 3.1 mi.
Team records: Pompton Lakes (3-0); Glen Rock (0-1).

PASSAIC TECH 26, HAWTHORNE 31 MIDLAND PARK 22, PASSAIC TECH 33 MIDLAND PARK 25, HAWTHORNE 30

1. Tina Romic (Hawt) 20:14.
2. Allison Curran (MP) 20:32.
3. Melissa Londregn (Hawt) 22:03.
4. Kelly Baker (MP) 22:55.
5. Rachel Beneventi (MP) 22:58.

Course: Midland Park; Distance: 3.1 mi.
Team records: Midland Park (2-0); Hawthorne (0-2); Passaic Tech (1-1).

HOLY ANGELS 19, GARFIELD 42 GARFIELD 19, E. CHRISTIAN 43 HOLY ANGELS 19, E. CHRISTIAN 43

1. Eileen Lennon (HA) 22:10.
2. Patty Brill (G) 23:55.
3. Leah Steenstra (EC) 23:57.
4. Jenn Rooney (HA) 24:18.
5. Liz Halder (HA) 24:50.

Course: Goffle Brook Park; Distance: 3.1 mi.
Team records: Holy Angels (2-0); Eastern Christian (0-2); Garfield (1-1).

WALDWICK 15, SADDLE BROOK 50 WALDWICK 15, MANCHESTER 50

1. Karen Sudacki (SB) 22:36.
2. Allyson Stevens (W) 22:41.
3. Lucia Gervasio (SB) 22:55.
4. Suzanne Rulick (SB) 25:59.
5. Carolyn Noble (W) 26:33.

Course: Waldwick; Distance: 2.9 mi.
Team records: Waldwick (2-0); Manchester (1-1); Saddle Brook (0-3).

BCSL American

FORT LEE 17, RIVER DELL 44

1. Bridget Bogert (FL) 21:49.
2. Jocie Macer (FL) 22:45.
3. Anna Hristic (FL) 22:46.
4. Pam Becker (RD) 23:36.
5. Ari Gourmetsios (FL) 23:38.

Course: River Dell; Distance: 3.1 mi.
Team records: River Dell (0-1); Fort Lee (1-0).

BCSL National/Olympic

BECTON 26, CRESKILL 44

1. Tracy Evans (B) 22:51.
2. Carolyn Bettridge (C) 24:13.
3. Sandie Ruyne (B) 24:40.
4. Tammy Beresky (B) 24:44.
5. Christina Lopez (B) 25:35.

Course: West Hudson Park; Distance: 3.1 mi.
Team records: Becton (1-0); Creskill (0-1).

GIRLS CROSS-COUNTRY

9-19
NNJIL

PARAMUS 24, NUTLEY 31 PARAMUS 16, PARAMUS CATH. 39 NUTLEY 18, PARAMUS CATHOLIC 39

1. Karen Petouvis (P) 20:31.
2. Colleen Dougherty (N) 20:39.
3. Kelly Ortiz (P) 21:15.
4. Amy Barberia (N) 21:21.
5. Jennifer Stahl (P) 21:41.

Course: Paramus; Distance: 3 mi.
Team records: Paramus (2-0); Nutley (1-2); Paramus Catholic (0-2).

IHA 17, HACKENSACK 44

1. Kourtney Gallo (IHA) 20:17.
2. Michyo Kawaski (IHA) 20:21.
3. Dana Catanese (IHA) 20:32.
4. Crissy Martin (H) 20:41.
5. Alex Kenworthy (IHA) 21:51.

Course: at Hackensack; Distance: 3.25 mi.
Team records: IHA (1-0); Hackensack (0-1).

KENNEDY 17, CLIFTON 44

1. Sabrina Neeley (K) 21:52.
2. Maydeee Oquendo (K) 22:02.
3. Neriza Hufnagel (K) 22:10.
4. Talshanna Thomas (K) 22:55.
5. Allison Silverglad (C) 23:42.

Course: Garret; Distance: 3.1 mi.
Team records: Kennedy (1-0); Clifton (2-1).

KENNEDY 16, EASTSIDE 46

1. Sabrina Neeley (K) 21:52.
2. Maydeee Oquendo (K) 22:10.
3. Neriz Hufnagel (K) 22:55.
4. Talshanna Thomas (K) 23:07.
5. Kim Swaby (E) 23:07.

Course: Garret Mountain; Distance: 3.1 mi.
Team records: Kennedy (2-0); Eastside (0-2).

RIDGEWOOD 15, MONTCLAIR 50 RIDGEWOOD 15, PASSAIC 50 PASSAIC 15, MONTCLAIR 50

1. Amy Smith (R) 20:02.
2. Katie Cohn (R) 21:36.
3. Celeste Sedo (R) 21:38.
4. Geraldine Campbell (R) 21:40.
5. Beth Apse (R) 21:41.

Course: Brookdale Park; Distance: 3.1 mi.
Team records: Ridgewood (2-0); Passaic (1-1); Montclair (0-2).

Northern Hills

WEST MILFORD 27, MILLBURN 30 WEST MILFORD 22, DEPAUL 36 WEST MILFORD 27, CALDWELL 28 WEST MILFORD 23, PASS. VALLEY 33 WEST MILFORD 15, WEST SIDE 50

1. Julie Silverman (M) 20:50.
2. Eileen Conn (D) 21:35.
3. Aisha Alexander (PV) 22:10.
4. Lindsay Mann (C) 22:16.
5. Deborah Dryfus (M) 22:21.

Course: Delbarton; Distance: 3.1 mi.
Team records: West Milford (5-0); Caldwell (4-1); Passaic Valley (3-2); Millburn (2-3); Newark Westside (0-5).

BCSL National/Olympic

SECAUCUS 28, NEW MILFORD 29

1. Jen Belthoff (NM) 23:12.
2. Laura Cannito (NM) 23:20.
3. Gina Papa (S) 23:28.
4. Dana Murphy (S) 23:40.
5. Catherine Zengel (S) 23:49.

Course: Bergen County Park South; Distance: 3.2 mi.
Team records: Secaucus (1-0); New Milford (0-1).

GIRLS

9-20
NBIL

FAIR LAWN 19, BERGENFIELD 36

1. Sara Meroth (FL) 21:59.
2. Laraine Noceti (FL) 21:59.
3. Amy Wyka (FL) 21:59.
4. Angela Johardjian (B) 22:14.
5. Erin Ryder (B) 22:21.

Course: Fair Lawn; Distance: 3.1 mi.
Team records: Fair Lawn (1-1); Bergenfield (0-2).

BCSL American

DUMONT 25, RIDGEFIELD PARK 30

1. Helena Brady (D) 24:24.
2. Gina Monaco (RP) 24:45.
3. Tanja Basoli (RP) 25:04.
4. Mara Thomas (D) 26:19.
5. Maria Necrato (D) 27:41.

Course: at RP; Distance: 3.2 mi.
Team records: Dumont (1-2); Ridgefield Park (1-2).

QUEEN OF PEACE 19, CLIFF. PARK 36

1. Cheryl Joll (QP) 23:38.3.
2. Danielle Patesic (C) 23:28.7.
3. Lisa Carluccio (QP) 23:57.
4. Mary Stahley (QP) 24:14.
5. Amaris DeSoto (QP) 24:35.

Course: Bergen County Park; Distance: 3.1 mi.
Team records: Queen of Peace (2-1); Cliffside Park (0-2).

**FORT LEE 25, WESTWOOD 31
FORT LEE 18, RUTHERFORD 40
FORT LEE 19, TENAFLY 38
WESTWOOD 26, TENAFLY 30
WESTWOOD 23, RUTHERFORD 37
RUTHERFORD 27, TENAFLY 30**

1. Jessica Drew (W)	20:55.
2. Brigitte Bogert (FL)	20:56.
3. Josie Maceri (FL)	21:08.
4. Nikki Callahan (W)	21:18.
5. Mahasin Pegelise (R)	21:29.
6. Ana Hristic (FL)	21:34.
7. Wendy Amster (T)	21:58.
8. Kate Cosgriff (T)	21:59.
9. Ryann Lantz (W)	22:41.
10. Ari Gourmetsios (FL)	22:51.

Course: Darlington; **Distance:** 3.1 ml.
Team records: Fort Lee (5-0); Westwood (5-1); Rutherford (2-2); Tenafly (2-3).

RIVER DELL 19, ENGLEWOOD 36

1. Pam Becker (RD)	24:00.
2. C. Hooper (E)	25:23.
3. Christine Moore (RD)	27:17.
4. Emily Murphy (RD)	27:42.
5. Jennifer Louie (RD)	28:34.

Course: River Dell; **Distance:** 3.1 ml.
Team records: River Dell (1-1); Englewood (0-2).

BCSL National/Olympic

HARRISON 31, LEONIA 9

1. Colette Kochis (L)	24:50.
2. Elena Sullivan (L)	25:31.
3. Dealmelda Giselle (H)	25:55.
4. Faby Leira (H)	27:02.
5. Kathy Labra (H)	29:05.

Course: Overpeck Park; **Distance:** 3.1 ml.
Team records: Harrison (1-0); Leonia (0-1).

**CRESSKILL 27, N. ARLINGTON 28
CRESSKILL 20, BERGEN TECH 38**

1. Carolyn Bettridge (C)	23:31.
2. Kinga Turek (NA)	26:05.
3. Virginia Yun (NA)	26:07.
4. Elizabeth Keohane (BT)	26:08.
5. Brianna Arasin (NA)	26:09.

Course: Cresskill; **Distance:** 3.1 ml.
Team records: Cresskill (2-1).

**BECTON 15, LYNDHURST 50
PAL. PARK 20, BECTON 39
PAL. PARK 15, LYNDHURST 50**

1. Tracy Evans (B)	22:27.
2. Tina Govle (PP)	22:36.
3. Liz Ligouri (PP)	23:20.
4. Stephanie Paglione (PP)	23:23.
5. Betty Ann Sldoti (PP)	23:53.

Course: West Hudson Park; **Distance:** 3.2 ml.
Team records: Becton (2-1); Pallsades Park (2-0); Lyndhurst (0-2).

EMERSON 22, ST. MARY'S 32

1. Nancy Sinclair (SM)	25:53.
2. Robyn Masl (E)	26:23.
3. Christine Fiorentino (E)	26:36.
4. Nicole Blycay (SM)	27:55.
5. Vicki Thomas (E)	29:05.

Course: Emerson; **Distance:** 3.1 ml.
Team records: Emerson (1-0); St. Mary's (0-1).

**At NV/Demarest
Girls team scores**

NBIL meet

Ramsey 28, Northern Highlands 59, Fair Lawn 92, NV/Demarest 117, Indian Hills 120, Pascack Valley 158, Bergenfield 179, Ramapo 189, Pascack Hills 198, NV/Old Tappan, Mahwah and Wayne Hills incomplete.

1. Jennie Meighan (NH)	19:39.
2. Dana Satir (R)	20:04.
3. Casey Beckman (R)	20:41.
4. Jamie Siegrist (D)	20:42.
5. Sarah Walton (R)	20:57.
6. Sara Meroth (FL)	20:57.
7. Nicki Henry (D)	20:57.
8. Tracy Kirk (R)	21:00.
9. Amy Wyka (FL)	21:22.
10. Laura Monteith (R)	21:28.
11. Mandy Smeal (NH)	21:30.
12. Tovah Oppenheimer (NH)	21:44.
13. Jen Pisanl (IH)	21:52.
14. Patti McWhirr (D)	21:55.
15. Liz Kerr (NH)	21:56.

Distance: 3.1 ml.

Freshman girl — Meghan Campbell, Ramsey 15:09.
Freshman boy — Dan Churco, Ramsey 13:02.
Junior varsity girl — Vicki Ludwig, Ramsey 24:15.
Junior varsity boy — Andrew Kent, Ramapo 19:13.

NBIL

9-21

FAIR LAWN 23, PASCACK HILLS 34

1. Tammy French (PH)	21:33.
2. Sara Meredith (FL)	22:08.
3. Amy Wyka (FL)	22:31.
4. Lorraine Noceti (FL)	22:58.
5. Relko Takemasa (PH)	23:21.

Course: at Pascack Hills; **Distance:** 3.1 ml.
Team records: Fair Lawn (2-1); Pascack Hills (1-2).

BERGENFIELD 15, PASC. VALLEY 50

1. Andrea Christiana (B)	23:19.
2. Erin Ryder (B)	23:38.
3. Angela Johardjian (B)	24:12.
4. Jeani John (B)	24:32.
5. Christine Brunke (B)	25:31.

Course: Bergenfield; **Distance:** 3.1 ml.
Team records: Bergenfield (1-2).

RAMSEY 19, RAMAPO 38

1. Dana Satir (RS)	21:47.
2. Casey Beckmann (RS)	23:08.
3. Sarah Walton (RS)	23:09.
4. Alayne Baldassare (RP)	23:36.
5. Tracey Kirk (RS)	23:49.

Course: at Ramapo; **Distance:** 3.1 ml.
Team records: Ramsey (3-0); Ramapo (2-1).

INDIAN HILLS 15, NV/OLD TAPPAN 50

1. Jen Pisanl (IH)	21:58.
2. Kristen Neilson (IH)	22:22.
3. Katie Lynch (IH)	23:11.
4. Sonja Neilson (IH)	24:01.
5. Angela Luino (IH)	25:41.

Course: at Old Tappan; **Distance:** 3.1 ml.
Team records: Old Tappan (2-1); Indian Hills (1-2).

NO. HIGHLANDS 20, WAYNE HILLS 43

1. Stephanie Miller (WH)	25:17.
2. Mandy Smeal (NH)	25:24.
2. Tovah Oppenheimer (NH)	25:24.
2. Susan Coomber (NH)	25:24.
2. Liz Kerr (NH)	25:24.
2. Lauren Sartori (NH)	25:24.

Course: Northern Highlands; **Distance:** 3.1 ml.
Team records: Northern Highlands (3-0); Wayne Hills (1-2).

B-PSL

**GARFIELD 27, MIDLAND PARK 28
GARFIELD 15, WALDWICK 50
MIDLAND PARK 15, WALDWICK 50**

1. Allison Curran (MP)	21:06.
2. Patty Brill (G)	22:01.
3. Meghan O'Toole (G)	22:21.
4. Kelly Baker (MP)	22:37.
5. Rachel Beneventi (MP)	22:57.

Course: Midland Park; **Distance:** 3.1 ml.
Team records: Garfield (3-1); Midland Park (3-1); Waldwick (2-2).

**PASSAIC TECH 23, E. CHRISTIAN 38
PASSAIC TECH 15, MANCHESTER 50
E. CHRISTIAN 15, MANCHESTER 50**

1. Leah Steenstra (EC)	23:20.
2. Nicole Willis (PT)	24:35.
3. Leasie Griffith (PT)	25:11.
4. Falth Steensma (EC)	25:43.
5. Christine Francois (PT)	25:45.

Course: Passaic Tech; **Distance:** 3.1 ml.
Team records: Passaic Tech (3-1); Manchester (0-3); Eastern Christian (1-3).

**HOLY ANGELS 25, HAWTHORNE 35
HOLY ANGELS 15, SADDLE BROOK 50
HAWTHORNE 15 SADDLE BROOK 50**

1. Tina Romic (H)	22:22.
2. Melissa Londregan (H)	23:11.
3. Jennifer Knuth (HA)	23:37.
4. Jenn Rooney (HA)	23:46.
5. Kim Gonzalez (HA)	24:14.

Course: Gothic Brook; **Distance:** 3.1 ml.
Team records: Holy Angels (4-0); Hawthorne (2-2); Saddle Brook (0-4).

GIRLS

NNJIL

9-27

**PARAMUS 23, TEANECK 32
IHA 20, PARAMUS 35
IHA 18, TEANECK 38**

1. Courtney Gallo (IHA)	19:20.
2. Michyo Kawasaki (IHA)	19:26.
3. Dana Catanese (IHA)	19:40.
4. Karen Petouvis (P)	19:41.
5. Tara Quinn (T)	20:01.

Course: Teaneck; **Distance:** 3.1 ml.

HACKENSACK 18, PAR. CATH. 42

1. Chrissy Martin (H)	21:30.
2. Delcita Russell (H)	23:16.
3. Linn Simons (H)	23:41.
4. Lia Gulersen (PC)	23:44.
5. Latoya Thomas (H)	23:50.

Course: Darlington Park; **Distance:** 3.1 ml.
Team records: Paramus Catholic (0-3); Hackensack (1-1).

NBIL

INDIAN HILLS 28, RAMAPO 29

1. Kristin Neilson (IH)	22:59.
2. Heather Daugherty (R)	23:05.
3. Alayne Baldassari (R)	23:12.
4. Sonja Neilson (IH)	23:13.
5. Angela Luino (IH)	23:49.

Course: at Indian Hills; **Distance:** 2.9 ml.
Team records: Indian Hills (3-1); Ramapo (2-2).

NO. HIGH. 17, BERGENFIELD 38

1. Jen Meighan (NH)	23:26.
2. Tovah Oppenheimer (NH)	23:26.
3. Mandy Smeal (NH)	23:26.
4. Angela Johardjian (B)	23:49.
5. Liz Kerr (NH)	23:59.

Course: Bergenfield; **Distance:** 3.1 ml.
Team records: Northern Highlands (4-0); Bergenfield (1-3).

RAMSEY 20, WAYNE HILLS 42

1. Stephanie Millar (WH)	24:31.
2. Casey Beckman (R)	24:43.
3. Sara Wu (R)	24:43.
4. Erin Oliver (R)	25:17.
5. Kim Hewitt (R)	25:17.

Course: Wayne Hills; **Distance:** 3.1 ml.
Team records: Ramsey (4-0); Wayne Hills (0-4).

NV/DEMAREST 19, PASC. HILLS 39

1. Nicole Henry (NVD)	21:45.
2. Patti McWhirr (NVD)	22:13.
3. Jamie Siegrist (NVD)	22:19.
4. Tammy French (PH)	23:08.
5. Relko Takemasa (PH)	25:05.

Course: Demarest; **Distance:** 3.1 ml.
Team records: Pascack Hills (1-3); NV/Demarest (3-1).

FAIR LAWN 15, NV/OLD TAPPAN 50

1. Laraine Noceti (FL)	22:25.
2. Amy Wyka (FL)	22:25.
3. Sara Meroth (FL)	22:25.
4. Jill Munczinski (FL)	22:29.
5. Jackie Duca (FL)	22:32.

Course: at Fair Lawn; **Distance:** 3.1 ml.
Team records: Fair Lawn (3-1); NV/Old Tappan (1-3).

BCSL American

RUTHERFORD 16, CLIFF. PARK 39

1. Jessica Larson (R)	22:24.
2. Megan Vogel (R)	22:29.
3. Megan Doyle (R)	22:29.
4. Melissa Lockhead (R)	22:34.
5. Danielle Peticic (CP)	23:05.

Course: North Arlington Park; **Distance:** 3.1 ml.
Team records: Rutherford (3-2).

TENAFLY 24, RIDGEF. PK. 35
TENAFLY 18, ENGLEWOOD 44
RIDGEF. PK. 18, ENGLEWOOD 44

1. Wendy Amster (T) 22:07.
 2. Kate Cosgrif (T) 22:08.
 3. Lisa Dalto (RP) 22:39.
 4. Tanja Basioli (RP) 23:25.
 5. Gina Monaco (RP) 23:26.
Course: Darlington City Park; **Distance:** 3.1 ml.
Team records: Englewood (0-3).

FORT LEE 21, QUEEN OF PEACE 35

1. Josie Maceri (FL) 20:57.
 2. Brigitte Bogert (FL) 20:57.
 3. Cheryl Joll (QP) 22:05.
 4. Lauren Eid (FL) 22:09.
 5. Ari Gourometsios (FL) 22:35.
Course: Fort Lee; **Distance:** 3.1 ml.
Team records: Queen of Peace (2-2); Fort Lee (5-0).

WESTWOOD 17, RIVER DELL 46
RIVER DELL 26, DUMONT 29
WESTWOOD 17, DUMONT 46

1. Ryan Lance (WW) :22:44.
 2. Jessica Drew (WW) :22:44.
 3. Nicole Callahan (WW) :22:44.
 4. Helena Brady (D) :23:10.
 5. Pam Becker (RD) :23:37.
Course: River Dell; **Distance:** 3.1 ml.

BCSL National/Olympic

BERGEN TECH 15, ST. MARY'S 50
BERGEN TECH 15, RIDGEFIELD 50

1. Donna Magliato (RI) 23:43.
 2. Nancy Sinclair (SM) 25:41.
 3. Liz Keohane (BT) 25:52.
 4. Sheela Gupta (BT) 26:29.
 5. Robin Ruggiero (BT) 26:42.
Course: Saddle River Park; **Distance:** 3.1 ml.

BOGOTA 24, BECTON 31

1. Erica Cesario (Bo) 19:18.
 2. Kirsten LaFond (Bo) 19:19.
 3. Tracy Evans (Be) 20:15.
 4. Tracy Hunter (Bo) 21:11.
 5. Cristiana Lopez (Be) 21:12.
Course: North Arlington; **Distance:** 3.1 ml.

SECAUCUS 17, LYNDHURST 44

1. Gina Papa (S) 24:06.
 2. Dana Murphy (S) 24:08.
 3. Christine Zengel (S) 24:20.
 4. Kelly Settembrino (L) 25:38.
 5. Amy Fryczynski (S) 26:11.
Course: South Bergen Park; **Distance:** 3.2 ml.

PAL. PARK 15, LEONIA 50

1. Tina Guvic (PP) 22:36.
 2. Stephanie Paglione (PP) 23:39.
 3. Marva Mokanos (PP) 23:39.
 4. Liz Liguori (PP) 24:36.
 5. Mary Mirkovic (PP) 25:15.
Course: Overpeck Park, Leonia; **Distance:** 5000m.

GIRLS

Northern Hills

LAKELAND 25, W. MILFORD 30
LAKELAND 23, MILLBURN 33
LAKELAND 15, MADISON 48
LAKELAND 15, ORANGE 50
P. VALLEY 21, CLIFFORD SCOTT 38
MORRIS CATHOLIC 20, P. VALLEY 40

1. Julie Silverman (M) 20:11.
 2. Danielle Centurione (L) 20:51.
 3. Kathy Laumbach (WM) 21:38.
 4. Veronica Raggi (L) 21:58.
 5. Alex Reiter (WM) 21:58.
Course: Delbarton; **Distance:** 3.1 ml.
Team records: Lakeland (7-1); West Milford (8-1); Passaic Valley (4-4).

W. VALLEY 26, MORRIS CATH. 33
W. VALLEY 19, PASSAIC VALLEY 41
W. VALLEY 24, CALDWELL 33
W. VALLEY 15, CLIFFORD SCOTT 50

1. Lauren Avallone (MC) 19:34.
 2. Meredith Ruff (MC) 19:42.
 3. Sarah Park (WV) 20:27.
 4. Lindsey Mann (C) 20:50.
 5. Alisha Alexander (PV) 20:57.
Course: Delbarton; **Distance:** 3.1 ml.
Team records: Wayne Valley (7-0).

B-PSL

GARFIELD 19, PASSAIC TECH 41

1. Patty Brill (G) 22:22.
 2. Megan O'Toole (G) 22:46.
 3. Debbie Martina (G) 23:50.
 4. Christine Francois (PT) 24:37.
 5. Nicole Willis (PT) 24:42.
Course: Passaic Tech; **Distance:** 3.1 ml.
Team records: Garfield (4-1); Passaic Tech (4-2).

HOLY ANGELS 22, POMP. LAKES 35
HOLY ANGELS 26, MIDLAND PARK 33
POMP. LAKES 26, MIDLAND PARK 31

1. Allison Curran (MP) 21:51.
 2. Eileen Lennon (HA) 22:15.
 3. Aja Carnosso (PL) 22:22.
 4. Jennifer Knuth (HA) 22:52.
 5. Gingi Woodard (PL) 23:03.
Course: Garret Mountain; **Distance:** 3.1 ml.
Team records: Holy Angels (7-0); Midland Park (3-3); Pompton Lakes (4-1).

GLEN ROCK 15, SADDLE BROOK 50

1. Kathleen Burky (GR) 21:01.
 2. Karen Sudacki (SB) 21:15.
 3. SuAnn Rollick (SB) 22:53.
 4. Katie Van Langen (GR) 25:08.
 5. Beth Grady (GR) 25:48.
Course: Saddle Brook; **Distance:** 3 ml.
Team records: Glen Rock (1-1); Saddle Brook (0-4).

E. CHRISTIAN 23, WALDWICK 32

1. Leah Steenstra (EC) 24:17.
 2. Faith Steensma (EC) 27:12.
 3. Alyson Stevens (W) 28:00.
 4. Emily Geenen (EC) 28:59.
 5. Carolyn Noble (W) 29:32.
Course: Goffel Brook; **Distance:** 3.1 ml.
Team records: Eastern Christian (2-3); Waldwick (2-3).

NNJIL

RIDGEWOOD 22, KENNEDY 37

1. Amy Smith (R) 19:47.
 2. Stephanie Doyle (R) 20:11.
 3. Sabrina Nealy (K) 20:22.
 4. Maydee Oquendo (K) 20:29.
 5. Celeste Sedo (R) 20:35.
Course: Veteran's Field; **Distance:** 3.1 ml.
Team records: Ridgewood (4-0); Kennedy (3-1).

CLIFTON 15, BARRINGER 50
CLIFTON 15, MONTCLAIR 50
BARRINGER 15, MONTCLAIR 50

1. Allison Silverglad (C) 22:58.
 2. Jeongmin Jeon (C) 23:19.
 3. Ulana Farmiga (C) 25:18.
 4. Kristy Marquart (C) 25:24.
 5. Deirdre Pontes (C) 25:44.
Course: Brookdale; **Distance:** 3.1 ml.
Team records: Clifton (5-1); Barringer, (1-2); Montclair (0-3).

GIRLS

NBIL

FAIR LAWN 19, INDIAN HILLS 40

1. Amy Wyka (FL) 22:02.
 2. Lorraine Nocetti (FL) 23:18.
 3. Sara Meroth (FL) 23:18.
 4. Jill Muczinski (FL) 23:33.
 5. Kristin Neilson (IH) 23:49.
Course: Indian Hills; **Distance:** 2.9 ml.
Team records: Fair Lawn (4-1); Indian Hills (3-2).

RAMSEY 27, NV/DEMAREST 32

1. Dana Satir (R) 21:06.
 2. Nikki Henry (D) 21:39.
 3. Jamie Siegrist (D) 22:03.
 4. Patti McWhirr (D) 22:12.
 5. Casey Beckman (R) 22:59.
Course: Demarest; **Distance:** 3.1 ml.
Team records: Ramsey (5-0); NV/Demarest (3-2).

NO. HIGHLANDS 15, MAHWAH 50

1. Beth McCahill (M) 39:20.
 2. Jane Hodge (NH) 41:27.
 3. Marissa Schultz (NH) 41:27.
 4. Mary Schubert (NH) 41:27.
 5. Tara Gustafson (NH) 41:27.
Course: Mahwah; **Distance:** 3.3 ml.
Team records: Northern Highlands (5-0); Mahwah (0-5).

PASCACK VALLEY 24, RAMAPO 31

1. Sara Finamore (PV) 22:38.
 2. Maryam Jowza (PV) 22:46.
 3. Elaine Mazor (R) 22:55.
 4. Niki Schmidt (R) 23:06.
 5. Corrin Rossi (PV) 23:14.
Course: Pascack Valley; **Distance:** 5K.
Team records: Pascack Valley (3-2); Ramapo (2-3).

PASC. HILLS 15, NV/OLD TAPPAN 50

1. Tammy French (PH) 21:52.
 2. Andrea Mazzarino (OT) 22:18.
 3. Rieko Takemasa (PH) 23:31.
 4. Laura Sirignano (OT) 24:33.
 5. Caren Kang (OT) 24:37.
Course: Old Tappan; **Distance:** 3.1 ml.
Team records: Pascack Hills (2-3); NV/Old Tappan (1-4).

WAYNE HILLS 37, BERGENFIELD 18

1. Andrea Christiana (B) 23:32.
 2. Angela Johardjijan (B) 23:32.
 3. Erin Ryder (B) 23:46.
 4. Stephanie Millar (WH) 23:47.
 5. Jean John (B) 24:47.
Course: Wayne Hills; **Distance:** 3.1 ml.
Team records: Bergenfield (2-3); Wayne Hills (0-5).

B-PSL

GLEN ROCK 15, WALDWICK 50

1. Alexandria Kazinierczak (GR) 21:13.
 2. Kathleen Burke (GR) 22:16.
 3. Kristen Nazario (W) 25:52.
 4. Tara Grady (GR) 26:16.
 5. Katie Van Langen (GR) 26:35.
Course: Waldwick; **Distance:** 2.9 ml.
Team records: Glen Rock (2-1); Waldwick (2-4).

GARFIELD 15, HAWTHORNE 50

1. Melissa Londegren (H) 21:17.
 2. Patty Drill (G) 21:49.
 3. Meghan O'Toole (G) 24:32.
 4. Debra Martino (G) 24:41.
 5. Diane Stankiewicz (G) 24:41.
Course: Garfield; **Distance:** 2.95 ml.
Team records: Garfield (5-1); Hawthorne (2-4).

MIDLAND PK. 15, SADDLE BROOK 50
E. CHRISTIAN 15, SADDLE BROOK 50
MIDLAND PARK 20, E. CHRISTIAN 35

1. Allison Curran (MP) 21:31.
 2. Leah Steenstra (EC) 22:05.
 3. Kelly Baker (MP) 22:50.
 4. Rachel Beneventi (MP) 22:52.
 5. SuAnn Rollick (SB) 24:22.
Course: Midland Park; **Distance:** 3.1 ml.
Team records: Midland Park (5-2); E. Christian (3-4); Saddle Brook (0-7).

BCSL American

10-2

FORT LEE 15, ENGLEWOOD 50
FORT LEE 18, DUMONT 37
FORT LEE 15, CLIFFSIDE PK. 46
DUMONT 15, ENGLEWOOD 50
DUMONT 21, CLIFFSIDE PK. 40
CLIFFSIDE PK. 15, ENGLEWOOD 50

1. Bridget Bogart (FL) 21:13.
 2. Josie Maceri (FL) 22:01.
 3. Helena Brady (D) 22:39.
 4. Lauren Eid (FL) 23:42.
 5. Charlene Hooper (E) 23:46.
 6. Tina Yoon (FL) 23:52.
 7. Ari Gouonetsios (FL) 23:55.
 8. Danielle Patesic (CP) 23:56.
 9. Mary Thomas (D) 24:18.
 10. Holly Garrison (D) 24:45.
- Course: at D; Distance: 3.1 ml.
 Team records: Fort Lee (8-0); Dumont (3-5); Cliffside Park (1-6); Englewood (0-6).

RUTHERFORD 19, RIVER DELL 44
Q. OF PEACE 31, RIDGEFIELD PK. 40
RUTHERFORD 16, Q. OF PEACE 54
RUTHERFORD 25, RIDGEFIELD PK. 40
Q. OF PEACE 32, RIVER DELL 27
RIVER DELL 23, RIDGEFIELD PK. 38

1. Mahasin Pegelse (Rut) 23:14.
 2. Pam Becker (RD) 24:06.
 3. Jessica Larsen (Rut) 24:23.
 4. Megan Vogel (Rut) 24:24.
 5. Meghan Doyle (Rut) 24:25.
- Course: Ridgefield Park; Distance: 3.15 ml.
 Team records: Rutherford (6-2); Ridgefield Park (2-5).

Independent

POMP. LAKES 15, MANCHESTER 50
POMP. LAKES 15, PARSIPP. HILLS 50

1. Aja Carnossa (PL) 22:05.
 2. Maggie Gunderman (PL) 23:41.
 3. Stephanie Zechmeister (PL) 24:16.
 4. Courtney Wiley (PL) 25:06.
 5. Christine DeYoung (PL) 25:44.
- Course: Hirschfield Park; Distance: 3.1 ml.
 Team records: Pompton Lakes (6-1).

GIRLS

10-9

NBIL

BERGENFIELD 26, OLD TAPPAN 29
BERGENFIELD 15, MAHWAH 50
NV/OLD TAPPAN 15, MAHWAH 50

1. Andrea Mazzarino (OT) 23:37.
 2. Angel Johardjian (B) 24:06.
 3. Andrea Christiana (B) 24:12.
 4. Laura Sirignano (OT) 24:57.
 5. Ming Chang (OT) 25:16.
- Course: Bergenfield High School; Distance: 3.1 ml.
 Team records: Bergenfield (4-3); NV/Old Tappan (2-5); Mahwah (0-7).

NO. HIGH. 19, PASC. HILLS 43
NO. HIGH. 19, RAMAPO 39
RAMAPO 22, PASC. HILLS 38

1. Jen Meighan (NH) 20:12.
 2. Tammy French (PH) 21:05.
 3. Heather Daugherty (R) 21:32.
 4. Mandy Smeal (NH) 21:44.
 5. Tovah Oppenheimer (NH) 21:44.
- Course: Pascack Hills; Distance: 3.1 ml.
 Team records: Pascack Hills (2-5); No., Highlands (7-0); Ramapo (3-4).

PASC. VALLEY 26, IND. HILLS 31
RAMSEY 15, PASC. VALLEY 46
RAMSEY 17, INDIAN HILLS 42

1. Dana Satir (R) 21:30.
 1. Casey Beckman (R) 21:30.
 1. Tracy Kirk (R) 21:30.
 4. Jenn Pisani (IH) 21:53.
 5. Laura Monteith (R) 21:59.
- Course: at PV; Distance: 3.1 ml.
 Team records: Ramsey (7-0); Pascack Valley (4-3); Indian Hills (4-3).

FAIR LAWN 26, DEMAREST 31
FAIR LAWN 16, WAYNE HILLS 46
DEMAREST 20, WAYNE HILLS 38

1. Nicki Henry (D) 21:01.
 2. Amy Wyka (FL) 21:17.
 3. Sara Meroth (FL) 21:28.
 4. Jamie Siegrist (D) 21:32.
 5. Patti McWhirr (D) 21:54.
- Course: at D; Distance: 3.1 ml.
 Team records: Fair Lawn (6-1); NV/Demarest (4-3); Wayne Hills (0-7).

B-PSL

PASS. TECH 15, S. BROOK 50

1. SuAnn Rolick (SB) 20:55.
 2. Nicole Willis (PT) 20:58.
 3. Lucia Gervasio (SB) 20:58.
 4. Karen Sudacki (SB) 21:24.
 5. Rasheeda Maneul (PT) 22:53.
- Course: Saddle Brook; Distance: 2.9 ml.
 Team records: Passaic Tech (5-3).

GARFIELD 23, GLEN ROCK 38
GLEN ROCK 15, MANCHESTER 50
GARFIELD 15, MANCHESTER 50

1. Aleksandra Kozmierczak (GR) 19:55.
 2. Meghan O'Toole (G) 20:38.
 3. Patty Brill (G) 20:38.
 4. Kathleen Burke (GR) 21:49.
 5. Diane Stankiewicz (G) 23:00.
- Course: Manchester; Distance: 2.9 ml.
 Team records: Garfield (8-1); Glen Rock (2-2); Manchester (0-9).

HOLY ANGELS 15, WALDWICK 50

1. Eileen Lennon (HA) 20:36.
 2. Jennifer Kunuth (HA) 20:57.
 3. Kim Gonzalez (HA) 21:20.
 4. Rebecca Kennedy (HA) 23:05.
 5. Heather Miller (HA) 23:49.
- Course: Waldwick; Distance: 2.9 ml.
 Team records: Holy Angels (9-0); Waldwick (2-5).

GIRLS CROSS-COUNTRY**BCSL National/Olympic**

10-3

BERGEN TECH 24, EMERSON 32

1. Christine Florentino (E) 26:26.
 2. Elizabeth Keohane (BT) 26:37.
 3. Sheela Gupta (BT) 26:42.
 4. Robin Ruggiero (BT) 26:52.
 5. Victoria Thomas (E) 27:34.
- Course: Emerson; Distance: 3.1 ml.
 Team records: Emerson (1-3); Bergen Tech (3-2).

BECTON 23, SECAUCUS 34

1. Tracey Evans (B) 23:11.
 2. Christina Lopez (B) 24:09.
 3. Gina Papa (S) 24:44.
 4. Dana Murphy (S) 24:47.
 5. Hope Demblin (B) 24:58.
- Course: Overpeck Pk.; Distance: 3.1 ml.
 Team records: Becton (7-2); Secaucus (2-1).

PAL. PARK 15, NEW MILFORD 50

1. Gina Govic (PP) 21:07.
 2. Maria Mokbanos (PP) 21:34.
 3. Liz Liguori (PP) 22:20.
 4. Betty Ann Sidoti (PP) 22:39.
 5. Mary Merkovic (PP) 22:59.
- Course: Bergen South; Distance: 3.1 ml.
 Team records: Pal. Park (4-0); New Milford (0-4).

HARRISON 24, LYNDHURST 35

1. Giselle DeAlmeida (H) 24:36.
2. Trisha Clancy (L) 25:06.
3. Faby Leiva (H) 25:54.

4. Kelli Settembrino (L) 26:12.
 5. Kathy Labra (H) 26:21.
- Course: West Hudson Park; Distance: 3.1 ml.
 Team records: Harrison (5-0); Lyndhurst (0-5).

NNJIL

IHA 15, PARAMUS CATH. 50

1. Kourtney Gallo 20:22.
 2. Michiyo Kawaski 20:34.
 3. Alex Kenworthy 20:52.
 4. Daniel Reinert 21:23.
 5. Jen Tramonatozzi 21:38.
- Course: Darlington; Distance: 3.1 ml.
 Team records: IHA (4-0).

CLIFTON 21, PASSAIC 35
CLIFTON 15, BLOOMFIELD 50
PASSAIC 15, BLOOMFIELD 50

1. Allison Silverglad (C) 23:26.
 2. Jeongmin Jeon (C) 23:54.
 3. J. Castaneda (P) 24:23.
 4. Ulana Farmiga (C) 24:25.
 5. Kristy Marquart (C) 24:35.
- Course: Garret Mtn.; Distance: 3.1 ml.
 Team records: Clifton (7-1); Passaic (1-4); Bloomfield (0-6).

Independent

HOLY ANGELS 27, KENNEDY 50

1. Eileen Lennon (HA) 21:37.
 2. Neriza Hufnagel (K) 21:41.
 3. Maydee Oquendo (K) 22:06.
 4. Sabrina Nealy (K) 22:13.
 5. Jennifer Knuth (HA) 23:03.
- Course: Garret Mtn.; Distance: 3.1 ml.
 Team records: Holy Angels (8-0); Kennedy (3-2).

GIRLS CROSS-COUNTRY**BCSL American**

10-10

RUTHERFORD 19, DUMONT 44

1. Mahasin Pegelse (R) 21:43.
 2. Helena Brady (D) 22:02.
 3. Jessica Larsen (R) 23:05.
 4. Melissa Looheed (R) 23:06.
 5. Meghan Doyle (R) 23:06.
- Course: North Arlington Park; Distance: 3.0 ml.
 Team records: Rutherford (7-2); Dumont (3-6).

WESTWOOD 18, Q. OF PEACE 42
WESTWOOD 15, ENGLEWOOD 50
Q. OF PEACE 15, ENGLEWOOD 50

1. Nikki Callaghan (W) 22:13.
 2. Jessica Drew (W) 22:13.
 3. Ryan Lantz (W) 22:13.
 4. Charlene Hooper (E) 23:38.
 5. Mary Stahley (OP) 23:50.
- Course: Westwood; Distance: 3.1 ml.
 Team records: Westwood (8-1); Queen of Peace (4-5); Englewood (0-9).

TENAFLY 16, RIVER DELL 47
TENAFLY 17, CLIFFSIDE PARK 45
CLIFFSIDE PARK 22, RIVER DELL 36

1. Wendy Amster (T) 22:47.
 2. Kate Cosgriff (T) 22:47.
 3. Lindsay Culp (T) 23:41.
 4. Julie Maxfield (T) 24:45.
- Course: Tenafly High School; Distance: 3.1 ml.
 Team records: Tenafly (6-3); River Dell (4-5); Cliffside Park (2-7).

GIRLS CROSS-COUNTRY

BCSL National/Olympic

10-10

SECAUCUS 18, HARRISON 41 PALISADES PARK 15, HARRISON 60 PALISADES PARK 16, SECAUCUS 60.

1. Tina Govis (PP) 22:03.
 2. Stephanie Paglione (PP) 22:50.
 3. Maria Mokanos (PP) 23:00.
 4. Liz Liguori (PP) 23:35.
 5. Gina Papa (S) 23:57.
- Course: West Hudson Park; Distance: 3.1 ml.
Team records: Palisades Park (4-0); Secaucus (3-2), Harrison (4-2).

CRESSKILL 24, EMERSON 31 CRESSKILL 15, RIDGEFIELD 50 EMERSON 15, RIDGEFIELD 50

1. Donna Magliato (R) 22:28.
 2. Carolyn Bettridge (C) 23:17.
 3. Robyn Masi (E) 25:12.
 4. Jessica Krakower (C) 25:19.
 5. Christine Fiorentino (E) 25:58.
- Course: Cresskill; Distance: 3.1 ml.
Team records: Emerson (1-5); Cresskill (5-2).

BOGOTA 15, BERGEN TECH 50 BECTON 17, BERGEN TECH 40

1. Kirsten LaFond (Bo) 20:38.
 2. Erika Cesario (Bo) 20:38.
 3. Tracy Evans (Be) 21:37.
 4. Jole Polimedia (Bo) 22:11.
 5. Tracey Hunter (Bo) 22:43.
- Course: Saddle River; Distance: 3.1 ml.
Team records: Bogota (6-0); Becton (6-2); Bergen Tech (3-5).

NEW MILFORD, LEONIA, LYNDHURST-

1. Laura Cannito (NM) 23:01.
2. Jen Belthoff (NM) 23:01.
3. Jaime Wong (NM) 23:52.
4. Elena Sullivan (LE) 24:16.
5. Kelli Settembrino (LY) 24:47.

*None of the schools fielded a complete team.
Course: Bergen County Park; Distance: 3.1 ml.

B-PSL

POMPTON LAKES 22, HAWTHORNE 34 E. CHRISTIAN 27, HAWTHORNE 29 POMPTON LAKES 18, E. CHRISTIAN 37

1. Tina Romic (H) 20:42.
 2. Aja Carnosso (PL) 22:12.
 3. Courtney Riley (PL) 23:34.
 4. Leah Steenstra (EC) 23:40.
 5. Maggie Cundorma (PL) 24:03.
- Course: Hawthorne; Distance: 3.0 ml.
Team records: Pompton Lakes (6-1); Hawthorne (2-5), Eastern Christian (4-5).

NNJIL

PARAMUS 23, HACKENSACK 32

1. Kelly Ortiz (P) 19:21.
 2. Karen Petouvis (P) 19:22.
 3. Crissy Martin (H) 20:24.
 4. Jen Stahl (P) 21:04.
 5. Judy Lowe (H) 21:53.
- Course: Paramus; Distance: 3.0 ml.
Team records: Paramus (5-1); Hackensack (1-2).

TEANECK 19, PARAMUS CATHOLIC 36

1. Takeenya Bryant (T) 22:55.
 2. Justine Galloway (T) 23:04.
 3. Tara Quinn (T) 23:24.
 4. Lakisha Brewster (T) 23:41.
 5. Lia Galereno (PC) 24:03.
- Course: Darlington Park; Distance: 3.1 ml.
Team records: Paramus Catholic (1-5).

IHA 15, NUTLEY 59

1. Kourtney Gallo (IHA) 17:19.
 2. Dana Catanese (IHA) 17:20.
 3. Michiyo Kawasaki (IHA) 17:51.
 4. Alex Kenworthy (IHA) 18:31.
 5. Danielle Reinert (IHA) 18:48.
- Course: Nutley; Distance: 2.85 ml.
Team records: IHA (6-0); Nutley (3-3).

KENNEDY 15, PASSAIC 48 KENNEDY 15, BARRINGER 50

1. Neriza Hufnagel (K) 22:36.
 2. Sabrina Nealy (K) 22:36.
 3. Maydee Oquendo (K) 22:51.
 4. Taishanna Thomas (K) 23:06.
 5. Sylvia Nealy (K) 23:46.
- Course: Ranch Brook Park; Distance: 3.1 ml.
Team records: Kennedy (5-2); Passaic (4-3).

RIDGEWOOD 16, CLIFTON 45

1. Amy Smith (R) 20:39.
 2. Celeste Sedo (R) 22:49.
 3. Katie Cohn (R) 22:52.
 4. Beth Apstel (R) 22:53.
 5. Silverglad (C) 22:55.
- Course: Garret Mtn; Distance: 3.1 ml.
Team records: Ridgewood (5-0); Clifton.

CROSS-COUNTRY GIRLS

NBIL

IND. HILLS 17, W. HILLS 40 IND. HILLS 15, MAHWAH 50 W. HILLS 15, MAHWAH 50

1. Kristen Neilson (IH) 26:31.
 2. Katie Lynch (IH) 26:37.
 3. Stephanie Millar (IH) 26:47.
 4. Angela Luino (IH) 27:49.
 5. Michelle Brooks (WH) 28:08.
- Course: Mahwah; Distance: 3.3 ml.
Team records: Wayne Hills (3-6); Indian Hills (5-4); Mahwah (0-9).

RAMSEY 15, PASC. HILLS 46 RAMSEY 15, BERGENFIELD 50 PASC. HILLS 15, BERGENFIELD 50

1. Casey Beckmann (R) 21:48.
 2. Sarah Walton (R) 21:48.
 3. Dana Satir (R) 21:48.
 4. Laura Monteith (R) 22:05.
 5. Erin Oliver (R) 22:05.
- Course: Ramsey; Distance: 3.1 ml.
Team records: Ramsey (9-0); Bergenfield (5-4); Pascack Hills (3-6).

DEMAREST 27, RAMAPO 30 DEMAREST 30, OLD TAPPAN 50 RAMAPO 15, OLD TAPPAN 50

1. Nicky Henry (D) 20:46.
 2. Jaime Slegrist (D) 20:47.
 3. Patti McWhirr (D) 21:25.
 4. Andrea Mazzarino (OT) 21:42.
 5. Mikki Schilde (R) 22:55.
- Course: Old Tappan; Distance: 3.1 ml.
Team records: Demarest (6-3); Ramapo (4-5); Old Tappan (2-7).

NNJIL

KENNEDY 15, MONTCLAIR 50

1. Sabrina Nealy (K) 20:55.
 2. Noriza Hufnagel (K) 21:01.
 3. Luisa Marrs (K) 21:12.
 4. Maydee Oquendo (M) 22:46.
 5. Silvia Nealy (K) 23:18.
- Course: Van Saun Park; Distance: 3.1 ml.

KENNEDY 15, MONTCLAIR 50

1. Sabrina Nealy (K) 20:55.
 2. Neriza Hufnagel (K) 21:01.
 3. Luisa Maris (M) 21:12.
 4. Maydee Oquendo (K) 22:46.
 5. Sylvia Nealy (K) 23:18.
- Course: Van Saun Park; Distance: 3.1 ml.
Team records: Kennedy (6-2).

HACKENSACK 25, NUTLEY 30 NUTLEY 22, TEANECK 33 HACKENSACK 21, TEANECK 33

1. Chrissy Martin (H) 20:44.
 2. Colleen Dougherty (N) 21:34.
 3. Judy Low (H) 21:55.
 4. Takeenya Bryant (T) 21:56.
 5. Amy Barbera (N) 22:09.
- Course: Teaneck; Distance: 3.0 ml.

RIDGEWOOD 15, EASTSIDE 50 RIDGEWOOD 15, BARRINGER 50

1. Stephanie Doyle (R) 20:55.
 2. Amy Smith (R) 22:17.
 3. Kempolly Swapy (E) 22:22.
 4. Beth Apstel (R) 22:25.
 5. Katie Cohn (R) 22:38.
- Course: Veterans Field; Distance: 3.1 ml.
Team records: Ridgewood (7-0); Eastside (3-4); Barringer (0-5).

B-PSL

MID. PARK 15, MANCHESTER 50

1. Allison Curran (MP) 20:36.
 2. Kelly Baker (MP) 23:15.
 3. Rachel Beneventi (MP) 23:27.
 4. Christine Ackerson (MP) 24:51.
 5. Sarah Goodell (MP) 27:06.
- Course: Midland Park; Distance: 3.1 ml.
Team records: Manchester (0-10); Midland Park (6-3).

GARFIELD 15, S. BROOK 50

1. Pattie Brill (G) 21:36.
 1. Meghan O'Toole (G) 21:36.
 3. Debra Martino (G) 22:10.
 4. Karen Sudackl (SB) 23:34.
 5. Susan Rolick (SB) 23:40.
- Course: Garfield; Distance: 2.95 ml.
Team records: Garfield (9-1); Saddle Brook (0-10).

HAWTHORNE 25, GL. ROCK 30

1. Tina Romic (H) 21:09.
 2. Aleksandra Kavirnyezak (GR) 21:32.
 3. Melissa Londregan (H) 22:24.
 4. Kathleen Burke (GR) 23:47.
 5. Cressida Baccay (H) 25:54.
- Course: Hawthorne; Distance: 3.0 ml.
Team records: Glen Rock (3-3); Hawthorne (3-6).

POMP. LAKES 17, PASS. TECH 38 POMP. LAKES 18, WALDWICK 40 PASS. TECH 21, WALDWICK 40

1. Aja Carnosso (PL) 21:45.
 2. Courtney Riley (PL) 23:25.
 3. Allyson Stevens (W) 23:36.
 4. Maggie Gunderman (PL) 23:47.
 5. Leslie Griffiths (PT) 24:06.
- Course: Pompton Lakes; Distance: 3.1 ml.
Team records: Pompton Lakes (8-1); Passack Tech (6-3); Waldwick (2-6).

Northern Hills

DePAUL 27, WEST SIDE 33 DePAUL 21, ESSEX CATH. 37

1. Joe McCoy (D) 17:58.
 2. Jason Trinano (D) 19:35.
 3. Doug Wallis (D) 20:30.
 4. Miha Trividi (D) 20:32.
 5. Mike Zazzall (D) 21:06.
- Course: Delbarton; Distance: 3.1 ml.

MORRIS CATH. 26, W. MILFORD 31 W. MILFORD 28, MONTVILLE 29 W. MILFORD 20, PEQUANNOCK 35 W. MILFORD 15, CL. SCOTT 50

1. Lauren Avallone (MC) 19:25.
 2. Meredith Ruff (MC) 19:40.
 3. Rowen Spent (M) 20:02.
 4. Beth Sands (P) 20:16.
 5. Kathy Laumbach (WM) 21:08.
- Course: Delbarton; Distance: 3.1 ml.
Team records: Morris Cath. (15-2); W. Milford (12-3); Montville (19-5); Pequannock (3-12); Cl. Scott (0-15).

CROSS-COUNTRY

GIRLS

NBIL

NV/DEMAREST 15, BERGENFIELD 50 IND. HILLS 15, BERGENFIELD 50 NV/DEMAREST 21, IND. HILLS 34

1. Nicki Henry (D) 20:52.
2. Jamie Stegrist (D) 21:15.
3. Patti McWhirr (D) 22:07.
4. Kristin Neilson (IH) 22:20.
5. Jenn Pilsani (IH) 22:40.
Course: Indian Hills; **Distance:** 2.9 mi.
Team records: NV/Demarest (8-3); Indian Hills (6-5); Bergenfield (4-7).

FAIR LAWN 18, RAMAPO 37 FAIR LAWN 15, MAHWAH 15 RAMAPO 15, FAIR LAWN 50

1. Jill Munczinski (FL) 23:19.
2. Lorrain Noceti (FL) 23:19.
3. Amy Wyka (FL) 23:19.
4. Sarah Meroth (FL) 23:19.
5. Alayne Baldassare (R) 23:27.
Course: Ramapo; **Distance:** 3.1 mi.
Team records: Fair Lawn (9-2); Ramapo (5-6); Mahwah (0-11).

PASC. VALLEY 24, PASC. HILLS 32 PASC. HILLS 26, WAYNE HILLS 29 PASC. VALLEY 21, WAYNE HILLS 34

1. Stephanie Millar (WH) 22:05.
2. Tammy French (PH) 22:08.
3. Maryan Jowza (PV) 22:11.
4. Sara Finamore (PV) 22:15.
5. Reiko Takemas (PH) 22:35.
Course: Wayne Hills; **Distance:** 3.1 mi.
Team records: Pascack Hills (4-7); Wayne Hills (1-10); Pascack Valley (6-5).

RAMSEY 21, NO. HIGHLANDS 35 RAMSEY 15, NV/OLD TAPPAN 45 NO. HIGH. 15, NV/OLD TAPPAN 45

1. Jen Meighan (NH) 19:44.
2. Dana Satir (R) 20:36.
3. Casey Beckman (R) 21:22.
4. Tracy Kirk (R) 21:21.
5. Sara Walton (R) 21:30.
Course: Northern Highlands; **Distance:** 3.1 mi.
Team records: Ramsey (11-0); Northern Highlands (10-1); NV/Old Tappan (9-2).

B-PSL

HAWTHORNE 15, WALDWICK 50

1. Tina Romic (H) 20:35.
2. Melissa Londregan (H) 20:54.
3. Allyson Stevens (W) 24:37.
4. Cressida Baccay (H) 25:18.
5. Kelly Velasquez (H) 25:19.
Course: Goffle Brook Park; **Distance:** 3.0 mi.
Team records: Hawthorne (4-6); Waldwick (2-7).

HOLY ANGELS 19, GLEN ROCK 43 HOLY ANGELS 15, PASSAIC TECH 50 PASSAIC TECH 27, GLEN ROCK 29

1. Eileen Lennon (HA) 21:28.
2. Aleksandra Kazmierczak (GR) 21:53.
3. Jennifer Knuth (HA) 22:28.
4. Jennifer Rooney (HA) 22:56.
5. Kim Gonzalez (HA) 23:04.
Course: Garret Mountain; **Distance:** 3.1 mi.
Team records: Holy Angels (11-0); Passaic Tech (8-4); Glen Rock (3-5).

GARFIELD 25, POMPTON LAKES 30

1. Meghan O'Toole (G) 19:57.
2. Aja Carnosso (PL) 20:02.
3. Pattie Brill (G) 21:31.
4. Debra Martino (G) 21:56.
5. Gingi Woodard (PL) 22:34.
Course: Garfield; **Distance:** 2.95 mi.
Team records: Garfield (10-1); Pompton Lakes (8-2).

B-PSL

GLEN ROCK 25, EASTERN CHR. 31 MIDLAND PARK 23, GLEN ROCK 32

1. Allison Curran (MP) 20:31.
2. Aleksandra Kozmierczak (GR) 20:44.
3. Kathleen Burke (GR) 22:04.
4. Leah Steenstra (EC) 22:15.
5. Kelly Baker (MP) 22:19.
Course: Glen Rock; **Distance:** 3.1 mi.
Team records: Eastern Christian (4-6); Glen Rock (4-6); Midland Park (9-2).

GIRLS CROSS-COUNTRY

BCSL American

At Darlington

Team scores

Westway 49, Tenafly 62, Fort Lee 75, Rutherford 94, Dumont 140, Queen of Peace 154, Ridgely Park 198, River Dell 203, Cliffside Park 230, Englewood 249.

1. Nikki Callaghan (W) 20:11
2. Jessica Drew (W) 20:33
3. Brigitte Bogert (FL) 20:38
4. Mahasin pegelse (R) 20:49
5. Josie Maceri (FL) 20:54
6. Wendy Amster (T) 21:06
7. Kate Cosgriff (T) 21:09
8. Ryann Lantz (W) 21:19
9. Helena Brady (D) 21:49
10. Charlene Hooper (E) 22:15
11. Jana Zabinski (T) 22:21
12. Cheryl Joeli (QP) 22:23
13. Gina Monaco (RP) 22:25
14. Tanja Basloli (RP) 22:28
15. Lindsay Tulp (T) 22:34

JV girls team: Rutherford 15.

Freshman girls team: Fort Lee 68, River Dell 71, Rutherford 81.

BCSL National

At West Hudson Park

Team scores

Palisades Park 17, Secaucus 54, Harrison 56.

1. Tina Gdvic (PP) 21:41.
2. Stephanie Paglione (PP) 22:31.
3. Jen Belt-Noff (NM) 23:04.
4. Maria Mokanos (PP) 23:49.
5. Lu Liguori (PP) 23:56.
6. Christine Zengel (S) 23:58.
7. Giselle DeAlmeida (H) 24:01.
8. Betty Ann Sidoti (PP) 24:03.
9. Jessica Fernandez (PP) 24:10.
10. Gina Papa (S) 24:15.
11. Hanna Chiang (PP) 24:16.
12. Laura Canuito (NM) 24:31.
13. Elena Sullivan (L) 24:32.
14. Dana Murphy (S) 24:33.
15. Jaime Wong (NM) 25:15.

BCSL Olympic

Team scores

Bogota 22, Becton 53, Cresskill 77, Emerson 80.

1. Erica Asarco (Bo) 20:42.
2. Kristen LaFond (Bo) 20:44.
3. Nancy Sinclair (SM) 22:41.
4. Tracy Evans (B) 22:54.
5. Carolyn Bettridge (C) 23:43.
6. Jo Polimeda (Bo) 23:26.
7. Tracy Hunter (Bo) 23:32.
8. Robyn Masl (E) 23:46.
9. Alaina Schulz (Bo) 23:49.
10. Christina Lopez (Be) 24:03.
11. Dena Magliato (R) 24:11.
12. Virginia Yun (NA) 24:12.
13. Gen Kester (Bo) 24:15.
14. Elizabeth Koehane (BT) 24:24.
15. Almy Rojas (Bo) 24:46.

Junior varsity: 1, Palisades Park A 15, 2, Bogota 47, 3, Palisades Park B 74.

NHC Skyline

Team scores

Wayne Valley 37, West Milford 49, Lakeland 52, Passaic Valley 78, West Orange 130.

Individual results

1. Sarah Park (WV) 19:56.73.
2. Danielle Centurione (L) 20:07.19.
3. Alisha Alexander (PV) 20:26.27.
4. Mary Beth Sexton (WV) 20:52.74.
5. Cynthia Owens (WS) 20:58.89.
6. Kathy Laumbach (WM) 21:02.83.
7. Alex Reiher (WM) 21:04.32.
8. Lisa Martineilli (WM) 21:21.66.
9. Veronica Raggi (L) 21:28.00.
10. Kerri Cleveland (WV) 21:37.14.
11. Laura Crescenzo (L) 21:51.88.
12. Lauren Katz (WV) 21:55.60.
13. Danise Cavallaro (WV) 21:59.01.
14. Tricia Boyle (WM) 22:02.51.
15. Jen Minchin (PV) 22:04.22.

B-PSL Carpenter

Team scores

Midland Park (MP) 40, Pompton Lakes (PL) 44, Hawthorne (H) 63, Eastern Christian (EC) 85.

Individual results

1. Tina Romic (H) 21:54.
2. Allison Curran (MP) 22:19.
3. Melissa Landregan (H) 22:30.
4. Aja Carnosso (L) 22:48.
5. Kelly Baker (MP) 23:17.
6. Rachel Beneventi (MP) 23:20.
7. Leah Steensma (EC) 23:45.
8. Gingi Woodard (PL) 23:58.
9. Courtney Relly (PL) 24:15.
10. Christine Ackerson (MP) 24:53.
11. Maggie Gunderman (PL) 24:57.
12. Karen Sudacki (Saddle Brook) 25:14.
13. Stephanie Zechmeister (PL) 25:18.
14. Erin Earley (PL) 25:20.
15. Christine DeYoung (PL) 25:53.

B-PSL King

Team scores

Holy Angels (HA) 21, Garfield (G) 44, Passaic County Tech (PCT) 82, Glen Rock (GR) 92.

Individual results

1. Eileen Leannon (HA) 21:23.
2. Jennifer Knuth (HA) 22:07.
3. Meghan O'Toole (G) 22:07.
4. Aleksandra Kazmierczak (GR) 22:31.
5. Julie Clifford (HA) 22:40.
6. Kim Gonzalez (HA) 22:41.
7. Jenn Rooney (HA) 22:45.
8. Patty Brill (G) 23:38.
9. Debra Martino (G) 24:03.
10. Kathleen Burke (GR) 24:08.
11. Heather Miller (HA) 24:43.
12. Christine Francols (PCT) 25:16.
13. Rasheeda Manuel (PCT) 25:19.
14. Nicole Vitulli (G) 25:59.
15. Diane Stankiewicz (G) 26:22.

GIRLS CROSS COUNTRY

Independent

HOLY ANGELS 18, CLIFTON 39

1. Eileen Lennon (HA) 21:33.
2. Jenifer Knuth (HA) 21:44.
3. Julie Clifford (HA) 22:10.
4. Allison Silverglad (C) 22:30.
5. Kim Gonzalez (HA) 22:42.
Course: Garret Mountain; **Distance:** 3.1 mi.
Team records: Holy Angels (12-0); Clifton (7-2).

BECTON 25, PARSIPPANY 38

1. Tracy Evans (B) 22:44.
2. Donna Magliota (R) 23:32.
3. Christina Lopez (B) 23:47.
4. Michelle Ruggiero (P) 23:51.
5. Danielle Labeur (P) 24:00.
6. Hope Denvinski (B) 24:19.
Course: Garret Mountain; **Distance:** 3.1 mi.
Team records: Becton (8-2); Parsippany (5-5).

CROSS-COUNTRY

BOYS

NBIL

NV/DEMAREST 17, IND. HILLS 46 NV/DEMAREST 18, BERGENFIELD 45 BERGENFIELD 22, IND. HILLS 33

1. Cory Snyder (NVD) 17:22.
2. Brian Connelly (BVD) 17:57.
3. Mike Hasan (B) 18:01.
4. Craig Glammond (NVD) 18:15.
5. Rich Stellingwerf (IH) 18:26.

Course: Indian Hills; Distance: 2.9 mi.

Team records: NV/Demarest (11-0); Bergenfield (7-4); Indian Hills (0-11).

RAMAPO 23, MAHWAH 37 RAMAPO 18, FAIR LAWN 31 MAHWAH 26, FAIR LAWN 29

1. Andrew Knight (R) 18:01.
2. Mike Sikok (M) 18:10.
3. Stephen Calljone (M) 18:48.
4. Erik Knackmuhs (R) 19:05.
5. Ken Jackman (R) 19:05.

Course: Ramapo; Distance: 3.1 mi.

Team records: Ramapo (10-1); Mahwah (4-7); Fair Lawn (2-9).

PASC. HILLS 23, WAYNE HILLS 33 PASC. VALLEY 16, WAYNE HILLS 45 PASC. VALLEY 18, PASC. HILLS 42

1. Nick Mattus (PV) 18:11.
2. Joe Geraci (PV) 18:21.
3. James Yoo (PH) 18:32.
4. Scott Pfeifer (PV) 18:39.
5. Brian Johnston (PV) 18:53.

Course: Wayne Hills; Distance: 8.1 mi.

Team records: Pascack Hills (4-7); Wayne Hills (1-10); Pascack Valley (5-6).

NV/OLD TAPPAN 28, NO. HIGH. 28 NV/OLD TAPPAN 15, RAMSEY 45 NO. HIGHLANDS 15, RAMSEY 45

1. Mike Apa (OT) 17:53.
2. Shuji Nishida (NH) 18:10.
3. Paul Berberaian (OT) 18:13.
4. Steve Corsale (NH) 18:31.
5. Tim Melghan (NH) 18:38.

Course: Northern Highlands; Distance: 3.1 mi.

Team records: NV/Old Tappan (9-2); Northern Highlands (8-3); Ramsey (7-4).

B-PSL

PASS. TECH 22, DON BOSCO TECH 33 PASSAIC TECH 15, GLEN ROCK 50 DON BOSCO TECH 19, GLEN ROCK 36

1. Manuel Gaskin (PCT) 18:48.
2. Dan Stevenson (PCT) 19:18.
3. Diorys Turbides (DBT) 19:26.
4. Ryan Foote (DBT) 19:31.
5. Rob Ortiz (PCT) 19:44.

Course: Garret Mountain; Distance: 3.1 mi.

Team records: Passaic Tech (9-2); Don Bosco Tech (5-6); Glen Rock (2-6).

WALDWICK 15, HAWTHORNE 50

1. Pete Starte (W) 17:41.
2. Dan Spiles (W) 20:20.
3. Peter Greg (W) 20:23.
4. Ed Peng (W) 22:27.
5. V.J. Carasello (H) 22:55.

Course: Goffle Brook Park; Distance: 3.0 mi.

Team records: Waldwick (3-6); Hawthorne (0-10).

GARFIELD 17, POMPTON LAKES 46

1. Martin Tankiewicz (G) 16:47.
2. Artie Andreano (G) 16:57.
3. Dan Kolaso (G) 17:22.
4. Louls Duarte (L) 17:24.
5. Martin Lojtek (G) 17:52.

Course: Garfield; Distance: 2.95 mi.

Team records: Garfield (11-0); Pompton Lakes (8-4).

NNJIL championships

At Darlington Park PACIFIC DIVISION

Team scores:

Paramus Catholic 32, Don Bosco Prep 56, Hackensack 59, Paramus 84, Nutley 151, St. Joseph 173, Belleville 181.

Individual results

1. Noah Murphy, Paramus Catholic, 16:38; 2. Kurt Erler, Don Bosco Tech, 16:40; 3. Andrew Zagula, Paramus Catholic, 16:55; 4. Romeo Joseph, Hackensack, 17:14; 5. Thomas Baldwin, Hackensack, 17:17; 6. Rob Zagula, Paramus Catholic, 17:26; 7. Joe Pollseo, Don Bosco Prep, 17:31; 8. Jon Lay, Paramus, 17:35; 9. Kevin Colling, Paramus Catholic, 17:37; 10. Alejandro Pocanco, Hackensack, 17:41; 11. Hugh Sponseller, Hackensack, 17:43; 12. Jim Sheehy, Don Bosco Prep, 17:47; 13. John Milan, Paramus Catholic, 17:53; 14. Troy Williams, Nutley, 18:00; 15. Joe D'Angelo, Don Bosco Prep, 18:03.

ATLANTIC DIVISION

Team scores:

Ridgewood 24, Passaic 73, Bergen Catholic 76, Clifton 91, Bloomfield 142, Eastside 178, Kennedy 194, Montclair 203, Barringer 238.

Individual results

1. Kevin Gilman, Bergen Catholic, 16:27; 2. Neil Burt, Ridgewood, 16:34; 3. Mike Castagno, Ridgewood, 16:39; 4. Zuke Cohen, Ridgewood, 16:39; 5. Bernard Fraser, Passaic, 16:52; 6. Kevin Rogers, Ridgewood, 17:05; 7. Silbi Joseph, Clifton, 17:10; 8. Mehal Desal, Clifton, 17:26; 9. Dave Driever, Ridgewood, 17:27; 10. Chris Zuck, Bergen Catholic, 17:28; 11. Juan Martinez, Passaic, 17:29; 12. Matt Erszkowicz, Passaic, 17:30; 13. Mike Jones, Ridgewood, 17:32; 14. Chris Morris, Eastside, 17:38; 15. Tom Pietrykowski, Bloomfield, 17:39.

Small school junior varsity boys

Top three teams — Jefferson 31, Westwood 42, Palisades Park 49.

1. Marc Sebastien, Palisades Park 18:26.
2. Keith Weibrecht, Westwood 18:51.
3. Mike Dopf, Westwood 19:00.
4. Sandin Feuss, Jefferson 19:02.
5. Grant Kielczewski, Jefferson 19:06.
6. Ken Jenkins, Jefferson 19:08.
7. Greg Rocks, Jefferson 19:24.
8. Mike Bloodgood, Westwood 19:26.
9. Cole Kielczewski, Jefferson 19:28.
10. Scott Emmerling, Palisades Park 19:37.

Large school junior varsity boys

Top three teams — Ridgewood 24, Vernon 35, Morristown 115.

1. John Bingaman, Vernon 17:49.
2. Joe Fortunato, Ridgewood 17:52.
3. Ryan Genovese, Ridgewood 17:55.
4. Tim Mentone, Vernon 17:57.
5. Nate Ekman, Ridgewood 18:39.
6. Damian Plummer, Ridgewood 18:40.
7. Pete Hunsinger, Vernon 18:42.
8. Jason Van Yperen, Ridgewood 18:47.
9. Kendall Walker, Morristown 18:53.
10. Navid Sadri, Ridgewood 18:53.

Small school freshman boys

Top three teams — Garfield 49, St. Joseph Regional 54, Englewood 72.

1. Corey Kunz, St. Joseph Regional 9:14.
2. Hamill Eugenia, Cliffside Park 9:24.
3. Mike Stansfield, Garfield 9:25.
4. Peter Kim, Ridgefield 9:48.
5. Mike Montelth, Ramsey 9:49.
6. Anthony Davis, Englewood 9:54.
7. Timmy Panico, Garfield 9:55.
8. Matt Orignol, WR/HH 9:56.
9. Ian Martin, River Dell 9:58.
10. Brendan Hall, St. Joseph Regional 10:00.

Large school freshman boys

Top three teams — St. Peter's Prep 32, Hackensack 55, Ridgewood 66.

1. Sal Candela, St. Peter's Prep 8:55.
2. Thomas Baldwin, Hackensack 8:55.
3. Kian Messkoub, Morristown 9:19.
4. Kevin Cody, St. Peter's Prep 9:24.
5. Mike Martin, Ridgewood 9:27.
6. Greg Meluson, Fort Lee 9:30.
7. Clint Bransky, St. Peter's Prep 9:34.
8. Tim McDonough, Ridgewood 9:37.
9. Richie Chung, Ridgewood 9:40.
10. Mike LaGalante, Morristown 9:42.

Passaic Invitational

At Garret Mountain, West Paterson

GROUP 1 GIRLS

Team scores

Palisades Park 43, Bogota 50, Midland Park 58, Becton 71, Cresskill.

1. Allison Curran, Midland Park	20:55.
2. Erica Cesario, Bogota	21:24.
3. Melissa Londregan, Hawthorne	21:48.
4. Kristen LaFond, Bogota	22:07.
5. Tina Govic, Palisades Park	22:22.
6. Tracey Evans, Becton	22:35.
7. Kelly Baker, Midland Park	22:53.
8. Stephanie Paglione, Palisades Park	22:56.
9. Rachel Beneventi, Midland Park	23:13.
10. Betty Ann Sidoti, Palisades Park	23:19.

GROUP 2 GIRLS

Team scores

Voorhees 37, Ramsey 49, Mendham 84, Kittatinny 63, Dumont 168.

Individual scores

1. Dana Satir, Ramsey	20:31.
2. Stacey Hosler, Kittatinny	20:48.
3. Heather Norton, Mendham	21:03.
4. Kate Westbrook, Kittatinny	21:17.
5. Michelle Ottey, Voorhees	21:18.
6. Sarah Arvesen, Voorhees	21:30.
7. Jessica Alpaugh, Voorhees	21:36.
8. Sarah Walton, Ramsey	21:37.
9. Casey Beckman, Ramsey	21:47.

GROUP 3 GIRLS

Team scores

Mount Olive 25, Paramus 97, High Point 115, Fort Lee 117, Nutley 145.

Individual Scores

1. Kim Primavera, Mount Olive	19:35.
2. Karen Petouvis, Paramus	20:22.
3. Kelly Ortiz, Paramus	20:27.
4. Amala Merritt, Neptune	20:35.
5. Allsa Corea, Mount Olive	20:42.
6. Varinda Varbine, Mount Olive	21:00.
7. Jen Cannistra, Sparta	21:05.
8. Bridgitte Bogert, Fort Lee	21:07.
9. Becky Leiber, Sparta	21:14.
10. Laura Monchinski, Mount Olive	21:15.

GROUP 4 GIRLS

Team scores

Kennedy 53, Fair Lawn 74, Wayne Valley 91, Vernon 97, Hillsborough 107.

Individual Scores

1. Sarah Park, Wayne Valley	20:15.
2. Modyeah Ford, Irvington	21:18.
3. Maydee Oquendo, Kennedy	21:30.
4. Sabrina Nealy, Kennedy	21:35.
5. Amy Wyka, Fair Lawn	21:39.
6. Sara Meroth, Fair Lawn	21:55.
7. Alicia Roth, Hillsborough	21:59.
8. Nerlza Hufnagel, Kennedy	22:00.
9. Kathy Laumbach, West Milford	22:10.
10. Talshanna Thomas, Kennedy	22:12.

GROUP 1 BOYS

Team scores

Palisades Park 25, Blair 79, Emerson 85, Bogota 98, Becton 115.

1. Jaime Cortes, Palisades Park	16:41.
2. Jeff Clark, Bogota	16:59.
3. Scott Memtl, Cresskill	17:17.
4. Pete Startz, Waldwick	17:34.
5. Diego Gioffre, Palisades Park	17:35.
6. Hugo Juarez, Palisades Park	17:52.
7. Hoziafa Cassabhal, Emerson	18:00.
8. Mike Burkhoff, Waldwick	18:07.
9. Bobby Goers, Palisades Park	18:19.
10. Mike Byrnes, Palisades Park	18:24.

GROUP 2 BOYS

Team scores

Voorhees 31, Hopewell 36, Kittatinny 94, St. Benedict's 143, Dumont 156.

1. Bryan Powell, Hopewell	17:00.
2. Rafael Sanchez, St. Benedict's	17:03.
3. Jason Heller, Voorhees	17:04.
4. Will Vahlenten, Pompton Lakes	17:45.
5. Chris Martulas, Voorhees	17:51.
6. Jon Whitenight, Hopewell	17:56.
7. Matt Mannay, Hopewell	18:16.
8. Nick Mahen, Voorhees	18:20.
9. Bjorn Anderson, Kittatinny	18:21.
10. Sherwin Manansala, Dumont	18:26.

GROUP 3 BOYS

Team scores

Mount Olive 57, High Point 73, Passaic Valley 93, Paramus 93, Phillipsburg 132.

1. Bill Engel, Mount Olive	16:29.
2. Steve Slattery, Mount Olive	16:49.
3. Andrew Knight, Ramapo	17:21.
4. Martin Pankiwicz, Garfield	17:21.
5. Jay Smith, Mount Olive	17:32.
6. Dan Piccirillo, Passaic Valley	17:38.
7. Rosario Maceri, Fair Lawn	17:41.
8. J. Ciesluk, High Point	17:49.
9. Artie Andreano, Garfield	17:54.
10. Chris Vant, Phillipsburg	17:59.

GROUP 4 BOYS

Team scores

Morristown 56, Vernon 73, Passaic 73, Clifton 93, Middletown South 121.

1. Tom Delsordo, Morristown	18:36.
2. Bernard Fraser, Passaic	17:15.
3. Ritesh Lakham, West Orange	17:17.
4. Sibi Joseph, Clifton	17:23.
5. Mehul DeSal, Clifton	17:30.
6. Bill Kwasnlecho, Middletown South	17:38.
7. Matt Stewart, Vernon	17:45.
8. Matt Erszakowicz, Passaic	17:48.
9. Rich Carniero, Middletown South	17:49.
10. Keith Seminerio, Wayne Valley	17:51.

CROSS-COUNTRY

Maroon Invitational

At Garret Mountain, West Paterson

VARSITY BOYS 1

Team scores

Palisades Park 37, Becton 92, Saddle Brook 95, Bogota 106, Emerson 108, Morris Catholic 132, Secaucus 150, Cedar Grove 166.

1. Jamie Cortes, Palisades Park	16:58.
2. Jeff Clark, Bogota	17:28.
3. Anthony Gotay, Saddle Brook	17:55.
4. John Nesgoda, Pequannock	17:56.
5. Hoziafa Cassabhal, Emerson	18:06.
6. Hugo Juarez, Palisades Park	18:36.
7. Gilby Hawkins, Leonia	18:48.
8. Mike Byrnes, Palisades Park	18:50.
9. Chris Murphy, Saddle Brook	19:03.
10. Chris Namendorf, Secaucus	19:06.
11. Chris Puj, Saddle Brook	19:08.
12. Pete Japinski, Becton	19:08.
13. Bobby Goers, Palisades Park	19:11.
14. Tom Gourzls, Becton	19:16.
15. John Lolocono, Cedar Grove	19:17.
16. Jason Hom, Palisades Park	19:18.
17. Arda Altinchital, Bogota	19:22.
18. James Hopkins, Cedar Grove	19:29.
19. Chuck Bewalder, Morris Catholic	19:29.
20. Ken Fuerherm, Morris Catholic	19:31.

VARSITY BOYS 2

Team scores

Red Bank Catholic 24, Westwood 44, Haddon Heights 98, Spotswood 121, Walkkill Valley 134, Harrison 173, Dumont 184, Ridgefield Park 191, St. Joseph 224, Wood-Ridge/Hasbrouck Heights 230.

1. John Clark, RBC	16:37.
2. Rafael Sanchez, St. Benedict's	17:13.
3. Martin Kerrigan, RBC	17:25.
4. Jon Egbert, Haddon Heights	17:34.
5. Matt Caporaletti, Westwood	17:40.
6. Doug Campbell, RBC	17:54.
7. Luke Hedges, Westwood	17:57.
8. Andrew Tortora, Rutherford	17:57.
9. Alex Fowile, RBC	17:58.
10. David Gohlich, Westwood	18:02.
11. Derek Cunningham, RBC	18:03.
12. T.J. Shoblock, Spotswood	18:04.
13. Dan Fernandes, Rutherford	18:05.
14. Bjorn Anderson, Kittatinny	18:15.
15. Aaron Bergen, Haddon Heights	18:17.
16. Chris Tortora, Rutherford	18:33.
17. Peter Demarest, Westwood	18:33.
18. Matt Shauger, Kittatinny	18:47.
19. Nil Darko, St. Benedict's	18:49.
20. Kenny Bauernschmidt, Ridgefield Park	18:51.

VARSITY BOYS 3

Team scores

Pearl River 37, Steinert 85, Paramus 86, Passaic Valley 90, River Dell 140, Raritan 148, Hopatcong 160, Bergenfield 195, Tenafly 214, Parsippany Hills 276.

1. Joe Hartswell, Raritan	16:58.
2. Brian Fennell, Pearl River	17:21.
3. Henry Ridder, Pearl River	17:24.
4. Jeremy Battles, River Dell	17:25.
5. Brian Pansy, Pearl River	17:28.
6. Steve Zarodnana, Steinert	17:32.
7. Jason Conti, Steinert	17:35.
8. Dan Piccirillo, Passaic Valley	17:41.
9. Jon Lay, Paramus	17:56.
10. Mike Campbell, Pearl River	17:56.
11. Greg Whitescanner, Hopatcong	18:06.
12. Keith Lovas, Passaic Valley	18:09.
13. Will Blerach, Passaic Valley	18:09.
14. Rob Ortiz, Paramus	18:12.
15. Mike Hasan, Bergenfield	18:12.
16. Nick Risch, Paramus	18:20.
17. Brian Campbell, Pearl River	18:20.
18. Rob Albright, Steinert	18:21.
19. Jason Ben, Tenafly	18:24.
20. Frank Pearce, Raritan	18:29.

VARSITY BOYS 4

Team scores

Clarkstown North 62, Clarkstown South 84, Monroe-Woodbury 88, Tottenville 124, Middletown North 128, Passaic 160, St. Francis 203, Edison 224, Clifton 246, West Orange 305, Union 306, Hackensack 313, Passaic Tech 378, Union Hill 395, Kennedy 412, Perth Amboy 416, Ferris 419.

1. Brian McNight, Monroe-Woodbury	16:28.
2. Brendan Sullivan, Clarkstown South	16:42.
3. Rich Angellino, Edison	16:47.
4. Mike Morris, Clarkstown North	16:53.
5. Bernard Fraser, Passaic	16:56.
6. Ritesh Lakham, West Orange	17:01.
7. Patrick Kaiser, Middletown North	17:05.
8. Matt Diglio, Monroe-Woodbury	17:08.
9. Mike Iger, Clarkstown South	17:14.
10. James Farrant, Middletown North	17:14.
11. Brian McGillick, Clarkstown North	17:15.
12. Ross Levine, Tottenville	17:15.
13. Tom Dillon, Clarkstown North	17:15.
14. Patrick Driscoll, Clarkstown North	17:16.
15. Sibi Joseph, Clifton	17:18.
16. Shawn Williams, Tottenville	17:20.
17. Danny Mulrean, Clarkstown South	17:21.
18. Tom Fetter, Middletown North	17:22.

NORTH 1 at GARRET MT

10-28-1995

BOYS GROUP 1

10-28-1995

Team scores

Pallsades Park 34*, Saddle Brook 78*, Emerson 102*, Park Ridge 105*, Bogota 118*, Becton 145, Leonia 188, Ridgefield 222, Cresskill 253, Secaucus 254, Midland Park 257, North Arlington 277.

1. Peter Startz, Waldwick	17:09*
2. Jeff Clark, Bogota	17:21.
3. Jamie Cortes, Pallsades Park	17:37.
4. Hozailfa Cassabhal, Emerson	17:46.
5. Hugo Juarez, Pallsades Park	17:46.
6. Scott Mentl, Cresskill	17:54.*
7. Anthony Gotay, Saddle Brook	18:02.
8. Diego Gloffre, Pallsades Park	18:08.
9. Bobby Goers, Pallsades Park	18:13.
10. Gilby Hawkins, Leonia	18:15*.
11. David Kosoff, Park Ridge	18:30.
12. Doug Yarosz, Saddle Brook	18:50.
13. Mark Ledgerwood, Park Ridge	18:56.
14. Mike Byrnes, Pallsades Park	19:06.
15. Jason Hom, Pallsades Park	19:11.
16. Ron Gerhold, Emerson	19:21.
17. Chris Murphy, Saddle Brook	19:30.
18. Scott Lunin, Park Ridge	19:32.
19. Chris Psuj, Saddle Brook	19:35.
20. Yashar Darian, Emerson	19:39.
21. Kevin Nebbia, Ridgefield	19:40.
22. Steve Eckert, Becton	19:43.
23. Arda Altinchital, Bogota	19:45.
24. Demetri Elenis, Pallsades Park	19:48.
25. Pete Japinski, Becton	19:48.

BOYS GROUP 2

Team scores

Newton 31*, Westwood 81*, Kittatinny 107*, Wallkill Valley 164*, Rutherford 178*, Mahwah 188, Ramsey 199, New Milford 230, Pascack Hills 237, Dumont 238, Sussex Tech 265, Pompton Lakes 282, Harrison 310, Wood-Ridge/Hasrouck Heights 317, Glen Rock 388.

1. Ray Biersbach, Newton	16:51.
2. Leigh Parciak, Newton	17:26.
3. Willy Towle, Newton	17:39.
4. Matt Caporaletti, Westwood	17:50.
5. Bjorn Anderson, Kittatinny	17:53.
6. Russ Giancola, New Milford	17:53.*
7. Mike Sikok, Mahwah	17:59.*
8. Andrew Tortora, Rutherford	18:03.
9. Luke Vnenchak, Newton	18:11.
10. Chris Tortora, Rutherford	18:13.
11. Will Van Lenten, Pompton Lakes	18:18.
12. Dan Fernandez, Rutherford	18:18.
13. Dave Gohlch, Westwood	18:31.
14. Steve Calljone, Mahwah	18:32.
15. Luke Hedges, Westwood	18:37.
16. Luis Duarte, Lodi	18:41.
17. Randy Heckman, Newton	18:43.
18. Mike Vecchiarrelli, Wallkill Valley	18:49.
19. Nick Pignatello, Kittatinny	18:50.
20. Allen Rubel, Ramsey	18:53.
21. Matt Van Lenten, Pompton Lakes	18:57.
22. Dennis Canino, Dumont	18:59.
23. Andrew Giannotti, Westwood	19:12.
24. James Yoo, Pascack Hills	19:15.
25. Sam Sherman, Kittatinny	19:17.

BOYS GROUP 3

Team scores

NV/Demarest 84*, High Point 93*, Garfield 118*, Passaic Valley 145*, Paramus 155*, Northern High-

lands 193, Ramapo 212, NV/Old Tappan 212, River Dell 237, Tenafly 245, Pascack Valley 254, Bergenfield 298, Hopatcong 312, Snyder 317, Sparta 334, Lincoln 479, Lakeland 510, Indian Hills 563.

1. Andrew Knight, Ramapo	16:53.*
2. Cary Snyder, Demarest	17:12.
3. Isidro Pimentel, Snyder	17:13.*
4. Jeremy Battles, River Dell	17:25.*
5. Martin Pankiewicz, Garfield	17:45.
6. Jim Sielustz, High Point	17:46.
7. Dan Piccirillo, Passaic Valley	17:57.
8. Rosario Macerl, Fort Lee	17:58.*
9. Art Andreano, Garfield	17:59.
10. Mike Apa, Old Tappan	18:05.*
11. Ken Jackman, Ramapo	18:08.
12. Keith Lovas, Passaic Valley	18:13.
13. Brian Connelly, Demarest	18:14.
14. Craig Giammona, Demarest	18:17.
15. Dave Lawlor, High Point	18:18.
16. Brian Harms, Sparta	18:20.
17. Dan Kolasa, Garfield	18:25.
18. Jon Lay, Paramus	18:26.
19. Mike Hasan, Bergenfield	18:26.
20. Clint Coopersmith, High Point	18:27.
21. Tim Mahoney, High Point	18:29.
22. Chip Corwith, Northern Highlands	18:29.
23. Tim Muratore, Tenafly	18:30.
24. Steve Corsale, Northern Highlands	18:31.
25. Paul Berberlan, Old Tappan	18:40.

BOYS GROUP 4

Team scores

Ridgewood 34*, Kearny 81*, Passaic 106*, Clifton 130*, Vernon 135*, Memorial 158, North Bergen 166, Hackensack 176, Union Hill 259, Wayne Valley 267, Passaic Tech 365, West Milford 394, Ferris 396, Eastside 403, Bayonne 412, Fair Lawn 417, Kennedy 428, Dickinson 496, Emerson (UC) 509.

1. Roger Munoz, Kearny	16:57.
2. Dan Scarpellini, North Bergen	17:18.*
3. Miguel Frade, Kearny	17:27.
4. Neil Burt, Ridgewood	17:32.
5. Mike Cohen, Ridgewood	17:38.
6. Mike Castagno, Ridgewood	17:40.
7. Bernard Fraser, Passaic	17:43.
8. Wilmer Cardona, North Bergen	17:44.
9. Andrew Rodney, Ridgewood	17:53.
10. Eric Rogers, Ridgewood	17:58.
11. John O'Neil, Ridgewood	18:01.
12. Sibi Joseph, Clifton	18:02.
13. Mehul Desai, Clifton	18:10.
14. Dave Driever, Ridgewood	18:11.
15. Phil Aiello, Clifton	18:13.
16. Sergio Coelho, Kearny	18:14.
17. Angel Ventura, Memorial	18:15.
18. Matt Erzkowicz, Passaic	18:18.
19. Matt Stewart, Vernon	18:22.
20. Juan Hernandez, Memorial	18:23.
21. Pat Hunsinger, Vernon	18:25.
22. Romeo Joseph, Hackensack	18:27.
23. Joel Sanchez, Passaic	18:27.
24. Juan Martinez, Passaic	18:29.
25. Sean Licata, Vernon	18:30.

ATHLETE OF THE WEEK

**Cross-country
star making
a big splash**

By **RON FOX**
Staff Writer

Time has played a major role in many of Kevin Gilman's personal decisions. The Bergen Catholic senior from Park Ridge was once a swimmer, but is now a champion cross-country runner instead.

"At one time, I was swimming real well," says The Record's Athlete of the Week. "I did it all year-round [for the New Jersey Wave], but my swimming kind of leveled off. When your times stand still for a year, you begin to get sick of it."

And so Gilman, then a seventh-grader, began looking for another sport to fill the void. He limited his activity in his favorite sport, basketball, to the driveway variety after school with friends.

"I love sports and I enjoy watching any sport," says the fan of University of Kentucky basketball. Eventually, he drifted to track, where again, time was on his side. By junior year, the 5-foot-10, 130-pounder was Group 4 champion of the outdoor mile and two-mile in Bergen County.

But another turning point awaited him. His times in track made cross-country a logical choice as a fall sport. "I don't have football size, and I didn't want to get back into soccer, which I had played before," he says. "I liked soccer, but it was always *that other sport*."

On Saturday, Gilman repeated as Bergen County boys Group 4 champion, winning with ease. And, while his season is running on a par with last year's fine cross-country season, Gilman sees himself as much improved in the mental toughness area.

"I made the State Meet of Champions last year, but I didn't do much," he says. "I was sixth in Parochial A, but I wasn't into it [SMOC]. I used to get intimidated in the big races; they really totally threw me. But now I feel I can hold my own against anybody in the state."

Soon he recognized that his times dictated a change in strategy. When he recognized early in his career that he did not possess a great final kick, he made getting out to quick starts a priority. "Saturday, my father told me I was seven seconds ahead at every point of the race."

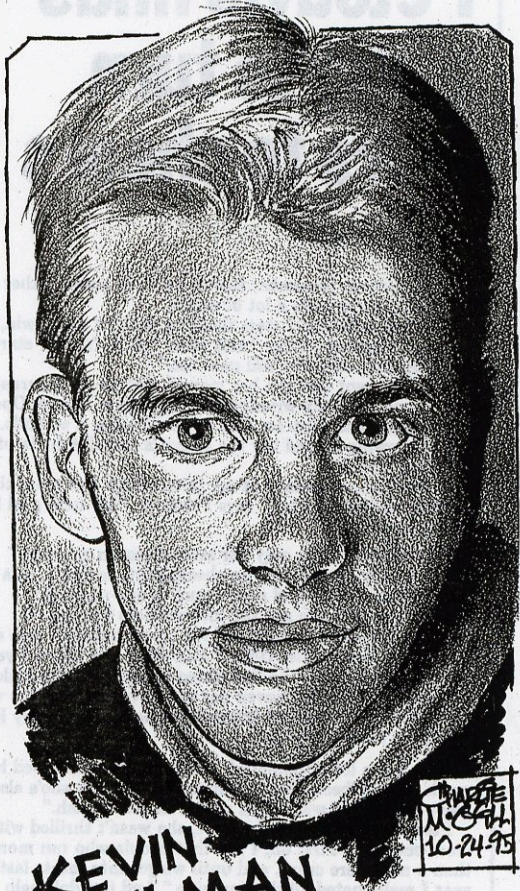
That was valuable information, but the source was not surprising. Robert and Elizabeth Gilman are at all their son's meets. They also have helped him zero in on his college selection. His top choices are Clemson, North Carolina State, Maryland, and UNC Wilmington. Gilman's older brother, Brian — formerly a second-team All-Bergen runner — is a junior at North Carolina (Chapel Hill).

"I like the warm weather, and we always vacation down there [at Myrtle Beach], so we got to take a look at the colleges down there," he says.

Business is a likely major for the solid student, although he is intrigued by the thought of doing some writing in the future because of the enjoyment he has derived from writing assignments in English class.

Last weekend was a difficult time for enjoying sports at Bergen Catholic. The football team, in its showdown with archrival St. Joseph Regional, lost soundly Sunday — the game had been rained out on Saturday. Dilman was among the stunned spectators.

"I never get to see their games because we're usually



**KEVIN
GILMAN
OF BERGEN
CATHOLIC**

CHRISTIE
McGILL
10-24-75

SPORT: CROSS-COUNTRY

CLASS: Senior AGE: 18

LATEST ACCOMPLISHMENT

For the second straight year, Gilman emerged as Bergen County Group 4 cross-country champion, finishing almost 100 yards ahead of his closest challenger Saturday. Five days earlier, he won the NNJIL Atlantic Division title.

BACKGROUND

A fan of virtually all sports, Gilman swam competitively and played soccer prior to high school; began running track as a freshman, and cross-country as a sophomore. In free athletic moments, he plays pickup basketball, his favorite sport.

QUOTE

On running workouts in traffic in Oradell: "When you've been running a long time, you get used to it. You automatically avoid the traffic."

running on Saturday," he says. "They'd lost two games in four years before that one, so it's weird."

Runners-up for Athlete of the Week are: **Ron Guirland** of Lyndhurst, **Jon Carroll** of Ramapo, and **Damion Sardina** of Ridgefield Park in football; and **Andrew Knight** of Ramapo in cross-country.

ATHLETE OF THE WEEK

Petouvis finds a way to turn fears to cheers

By **BOB KURLAND**
Staff Writer

For a nervous pessimist, Karen Petouvis causes other cross-country runners a lot of angst.

"When I'm behind I start thinking that I'll never win," says the Paramus junior. "And when I'm in front, I start worrying that someone will pass me."

Petouvis went through her mental routine on Saturday and wound up easily winning the Darlington Season Opener Invitational with a career best of 20 minutes, 4 seconds.

The showing earned her the season's initial Athlete of the Week honor.

"I was really surprised at my time, which was more than a minute below my best," says Petouvis. "My next goal is to get under 19."

Considering this is only her second season running cross-country — she gave up cheerleading to run it as a sophomore — her rapid ascendancy is eye-popping.

As a freshman she ran the intermediate hurdles. "I spoke to her about coming out for cross-country," says a now-happy coach, Jose Ortiz. "And when she did last year she ran JV races for the first three weeks. But you could see the raw talent, so we moved her to the varsity and she was good enough to make all-league [Northern New Jersey Inter-scholastic League Pacific]."

"She has a lot of potential, yet I'm a little surprised how much she has been able to achieve so fast. But she's also a great example of what hard work can accomplish."

Petouvis says that at the start, she wasn't thrilled with cross-country. "First off, I felt that people who ran more than a mile were crazy, and until we got into meets last year I really hated all that running." And it didn't help her that her friends questioned the wisdom of the 3.1-mile test. "They would ask me how I could have fun doing that."

But the more she got into it, the more she liked the sport. "Now I really enjoy distance running and do the 1,600 and 3,200 outdoors.

"Yet before a race I'm a nervous wreck and my teammates steer away from me."

She'll usually take her Walkman and go off to the side to listen to tapes. "Sometimes I like soft music but on Saturday I listened to the Rolling Stones."

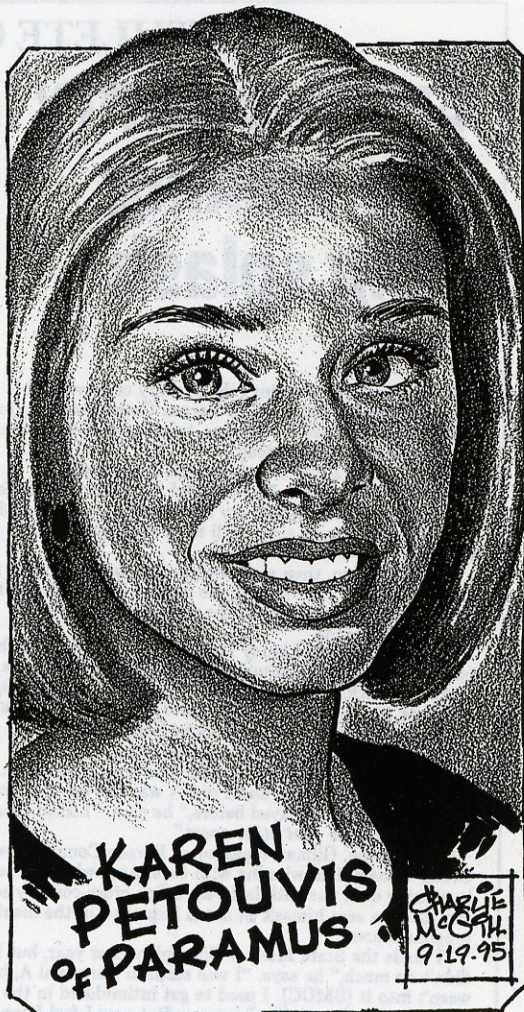
Running now dominates her life, as she competes in indoor track and in the spring runs the longer races.

"It leaves me little time to do anything else," she says. "I ran hard all summer and going to cross-country camp really helped me. So if you add up my time with studies and track, you'll see I'm just happy to find time on a Saturday night to hang out with my friends."

Studies do play an important role, as she takes such advanced classes as French and Physics. "I'm really not sure what I want to do in college," she says. "Maybe I'll study communications. And if I'm lucky, a scholarship would be nice."

When she joined the cross-country team it continued a family tradition, as her uncle, Steve, once ran for Paramus. "At times I talk to him about running," she says.

"She has a lot of talent, endurance and speed," says Or-



SPORT: CROSS-COUNTRY

CLASS: Junior **AGE:** 16

LATEST ACCOMPLISHMENT

Captured the season-opening Darlington Invitational cross-country meet in a personal-best time.

BACKGROUND

Started out as a hurdler, but the cross-country coach spotted her and persuaded her to come out for that team.

QUOTE

"I write things on my running shoes, such as, 'I've been here already,' which reminds me that I've won before and that I can do it again."

tiz. "So if she stays healthy and continues to work hard, I would say her potential in the sport is limitless."

Runners-up for Athlete of the Week are: **Caron Nelson** of Lodi and **Chris Leonard** of Glen Rock for football, and **Jamie Cortes** of Palisades Park for tennis.