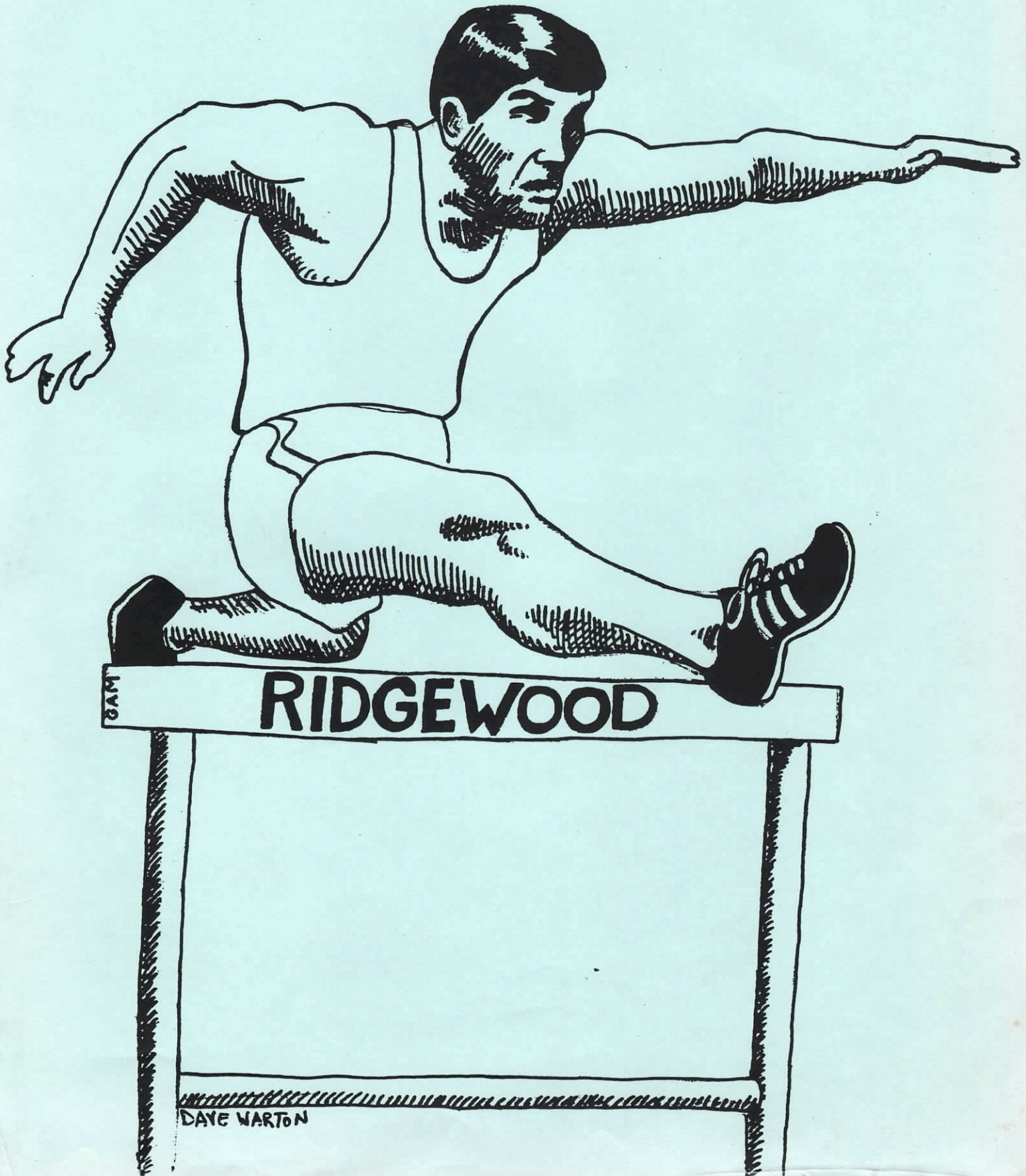


TRACK & FIELD 1998



1998 Team Roster

SENIORS

1. Cangialosi Matt
2. Kumagai Tats
3. Murdock J.D.
4. O'Neill John
5. Plummer Damian
6. Robinson Steve
7. Rodney Andrew
8. Sieper Sean
9. Thomas Dusty
10. VanYperen Jason
11. Warton Dave
12. Zuccala Brian

JUNIORS

1. Becker, James
2. Castellanos Ed
3. Chung Rich
4. Chung Yeon
5. Cohen Andrew
6. Gerbino Vincent
7. Grieco, Matt
8. Iozzio Owen
9. Martin Mike
10. McBride Mike
11. McDonagh Tim
12. Mongon Mike
13. Oros Dan
14. Raeburn Matt
15. Reis Mike
16. Rodgers Chris
17. Simpadian Roy
18. Spino Steve
19. Widmer Ron
20. Zurla TJ

SOPHS

1. Brill, Jeff
2. Cooper, Dan
3. Dolgin Andrew
4. Forenca Brad
5. Georgotas Peter
6. Kauke Josh
7. Keesing Dan
8. Kim Bryan
9. Lee Edison
10. Ma Andy
11. Malluk Ryan
12. Malluk Randy
13. Mann Renny
14. Mulhern Dave
15. Potter James
16. Ricciardi Ben
17. Ross John
18. Saginario John
19. Samoulas Steve
20. Savakis James
21. Sedo Joe
22. Selhorn Matt
23. Vassallo Dan
24. Zuck Brandon

FROSH

1. Bankos Jared
2. Borgman Ned
3. Davies Rick
4. Frelander Adam
5. Fung Yiktat
6. Hundgen Mike
7. Mang Ryan
8. Ressequeie Chris
9. Sahling Dan
10. Sokolik Doug
11. Vanderwert Jeff

Coaches:

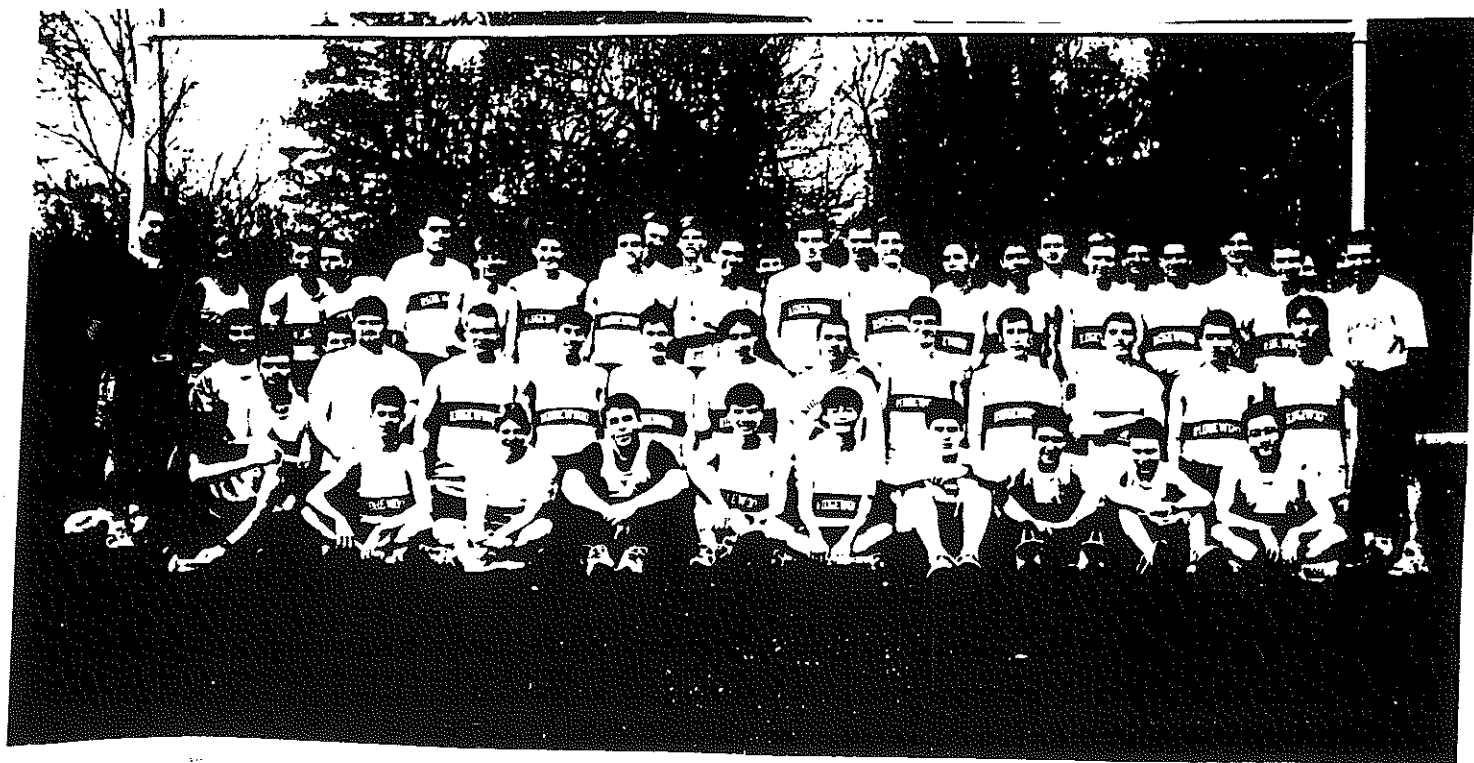
Mike Mullin
Jim Grasso
Paul Higgins
Torre Watson

1998 Team Record and Accomplishments

Dual Meets:

RIDGEWOOD- 94	vs.	Bergen Catholic- 37
RIDGEWOOD- 118.5	vs.	Barringer- 11.5
RIDGEWOOD- 94	vs.	Kennedy- 37
RIDGEWOOD- 108	vs.	Bloomfield- 23
RIDGEWOOD- 98	vs.	Clifton- 33
RIDGEWOOD- 91	vs.	Passaic- 40
RIDGEWOOD- 91	vs.	Montclair- 38
RIDGEWOOD- 111	vs.	Eastside- 20

Dual Meet Record.....	8 wins, 0 loses (8-0)
Ridgewood Relays.....	3RD Place (72 pts)
Englewood Relays.....	2ND Place (51 pts)
County Group IV Relays.....	2ND Place (95 pts)
NNJIL League Meet.....	1ST Place (148 pts)
County Group IV Meet.....	2ND Place (132 pts)
State Sectionals.....	2ND Place (89 pts)

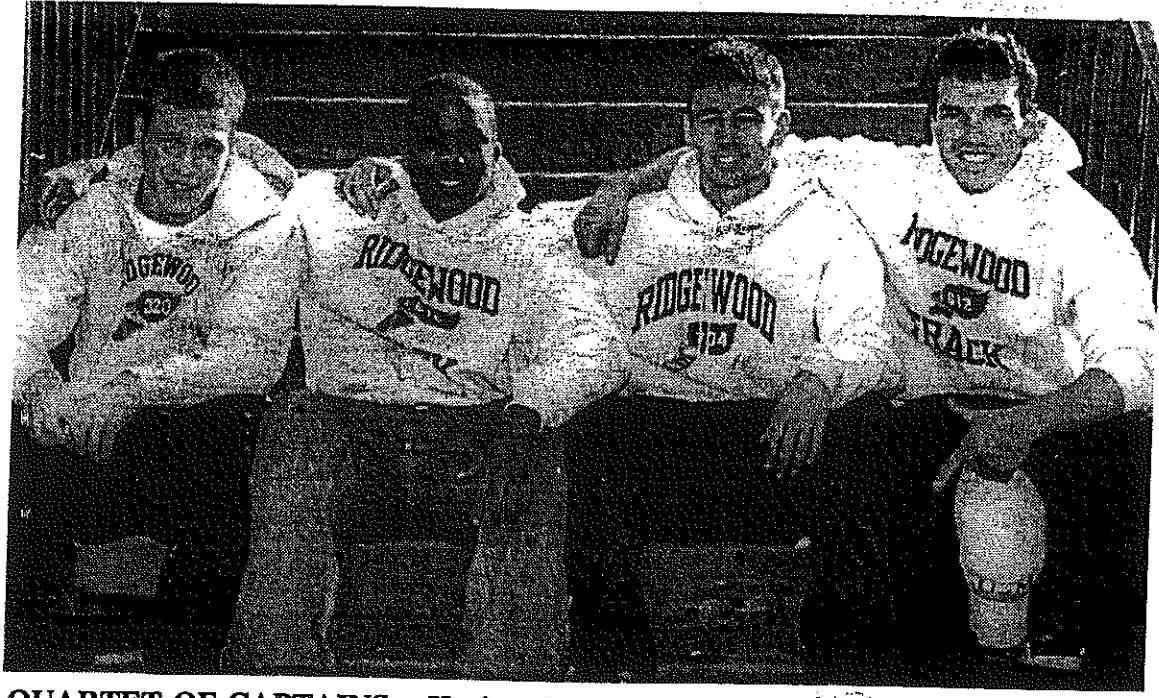


Point Totals for 1998

<u>Rank</u>	<u>Name</u>	<u>(Grade)</u>	<u>Duals</u>	<u>Championship</u>	<u>Total</u>
1.	Dusty Thomas	(12)	125.00	109.00	234.00
2.	Dave Warton	(12)	89.00	111.00	200.00
3.	Steve Robinson	(12)	101.00	82.00	183.00
4.	John O'Neill	(12)	82.25	80.00	162.25
5.	J.D. Murdock	(12)	65.00	86.00	151.00
6.	Andrew Dolgin	(10)	70.50	63.00	133.50
7.	Brian Zuccala	(12)	42.00	68.00	110.00
8.	Josh Kauke	(10)	40.75	61.00	101.75
9.	Dan Cooper	(10)	36.50	42.00	78.50
10.	Chris Rodgers	(11)	29.00	44.00	73.00
11.	Damian Plummer	(12)	16.75	42.00	58.75
12.	Tim McDonagh	(11)	34.00	24.00	58.00
13.	Jason Van Yperen	(12)	20.00	6.00	26.00
13.	John Roth	(10)	5.00	21.00	26.00
15.	Mike Martin	(11)	9.00	16.00	25.00
16.	Sean Sieper	(12)	11.00	13.00	24.00
17.	Matt Cangialosi	(12)	6.00	0.00	6.00
18.	TJ Zurla	(11)	1.00	5.00	6.00
19.	Tats Kumagai	(12)	2.00	0.00	2.00

TOP 25 ALL TIME ONE SEASON POINT LEADERS

1.	Dusty Thomas (98)	234.00
2.	Dave Warton (98)	200.00
3.	John Parisi (83)	199.25
4.	Bob Keino (93)	189.25
5.	Jim Davis (95)	186.00
6.	Steve Robinson (98)	183.00
7.	Bob Keino (94)	181.50
8.	Tim Geckler (89)	174.50
9.	John O'Neill (98)	162.25
10.	Craig Halyard (87)	156.50
11.	J.D. Murdock (98)	151.00
12.	Doug Schultz (87)	146.75
13.	Craig Halyard (88)	144.50
14.	Tim Kelley (82)	144.00
15.	Matt Krever (91)	142.50
16.	John Parisi (81)	141.00
17.	Ted Winfield (97)	140.00
18.	Fletcher Rosenbach (95)	138.00
19.	Andrew Dolgin (98)	133.00
20.	Doug Pierson (88)	132.75
21.	John O'Neill (97)	130.75
22.	John Parisi (80)	130.75
23.	Tom Hughes (81)	130.00
24.	Bob Keino (92)	129.00
25.	Tim Geckler (88)	128.00



QUARTET OF CAPTAINS— Keying the Maroon boys track and field contingent this year will be the team's four senior captains: J.D. Murdock, Dusty Thomas, John O'Neill and Dave Warton. (Photos by W.L. Bill Allen, Jr.)

Ridgewood Boys on Track for Another Successful Season

By W. L. Bill Allen, Jr.
Gazette Sports Editor

"I think there's a good possibility that we can win the league again, but, remember, we are competing against some very good schools," cautions Ridgewood High School's head boys track and field coach, Mike Mullin, of his team's chances for success this season.

Last year, the Maroons went 8-0 in the league loop and won their first NNJL/Atlantic Division Championship since 1989 and compiled the club's first perfect season in 22 years.

This season, the locals appear to be on track to accomplish a similar feat, as the Maroons began their slate of conference contests by bashing Bergen Catholic, 94-37, and baffling Barringer, 119.5-11.5, on Tuesday, April 7, in Ridgewood.

Prior to that outing, Ridgewood had opened the season by hosting the Ridgewood Relays on Saturday, April 4.

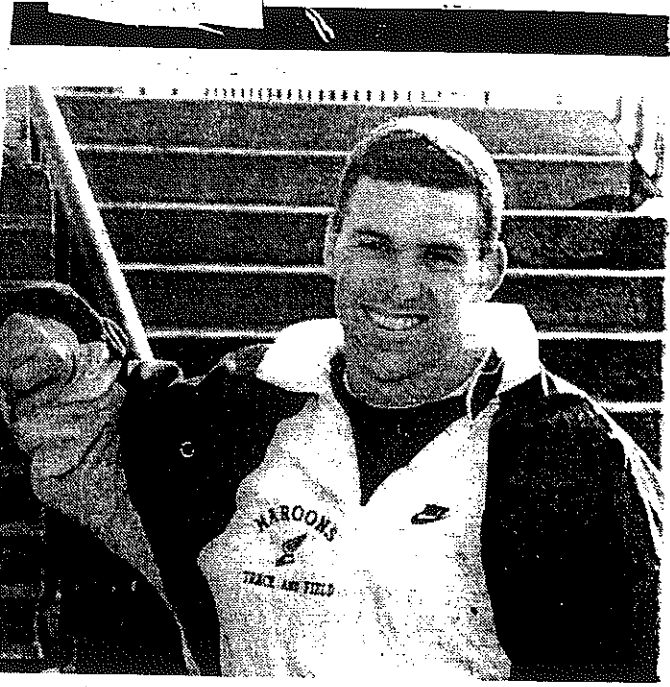
The Maroon boys finished third in the 12-team large schools division, with Meland's 88 points taking the title, followed by Union with 76 and Ridgewood with 72.

"I'm happy with it, but I guess we could've won if I hadn't held some kids out who have some slight injuries," analyzes Mullin, adding, "All in all, though, it was a good first meet."

boys track team is captained by a quartet of 12th-graders: J.D. Murdock, John O'Neill, Dusty Thomas and Dave Warton. Murdock competes in all three weight events, while O'Neill participates in the 800-, 1600-, and 3200-meter runs. Thomas does the 100-, 200- and 400-meter sprints, as well as the long jump, and Warton pole vaults and hurdles.

Others who should consistently score team points this year include Steve Robinson, a senior who high jumps, hurdles and triple jumps, Damian Plummer, a 12th-grade distance runner, and two sophomores: Andrew Dolgin, who competes in the 200-, 400-, and 800-meter runs, and the 4X400-meter relay, and Josh Kauke, who runs in the 1600-meter relay and also the 800- and the 1600.

Next up for the Maroons will be the Englewood Relays at Winton White Stadium on Saturday, April 11, followed by a tri-meet with Bloomfield and Paterson-Kennedy on Tuesday, the 14th, in Ridgewood and then the two-day Bergen County Relay Meet, an event which will open at Don Bosco Prep on Friday, the 17th, and conclude at Tenafly High on Saturday, April 18.



MULLING IT OVER— Ridgewood High's head boys track coach Mike Mullin (above), now in his third year at the Maroon club's controls, thinks his team has a good chance to repeat as NNJL champion.

Demarest and Fort Lee Scrimmage Sat. March 28

***** RESULTS *****

400IH: Dave Warton- 60.9, Steve Robinson- 61.4,
Chris Rodgers- 61.7, John Roth- 72.3,
Kurt Makse- 79.5, Tats Kumagai- 67.7

100m: Dusty Thomas- 11.1, Yeon Chung- 12.1,
Vinny Gerbino- 15.3, Ryan Malluk- 15.1, Dave Mulhern- 15.7,
Matt Selhorn- 13.9, Brandon Zuck- 14.3,
Adam Freelander- 13.8, Yiktat Fung- 14.0, Ryan Mang- 13.6.

Distance Medley: 1200-400-800-1600 (messed up)

Team 1: Damian Plummer, Dan Cooper, Sean Sieper, John O'Neill
2:14.5 4:52

Team 2: Jason Van, M. Cangialosi, M. Martin, Ron Widmer
2:22.0 5:13.0

Team 3: Andrew Cohen, Matt Grieco, Mike Reis, Dan Oros
5:34.5

400m: Andrew Dolgin- 53.7, Rich Chung- 60.5

110 HH: Steve Robinson- 15.7, Dave Warton- 17.3,
Chris Rodgers- 18.9, John Roth- 21.4,
Kurt Makse- 22.1, Tats Kumagai- 19.9

800m: Novice: Matt Raeburn- 2:32, Mike Reis- 2:36,
Dan Keesing- 2:38, Joe Sedo- 2:42.

Frosh: Chris Ressequeie- 2:49

200m: Dusty Thomas- 22.9, Dan Cooper- 25.0, Yeon Chung- 25.1,
Ryan Malluk- 32.4, Dave Mulhern- 31.9, Matt Selhorn- 38.7,
Brandon Zuck- 30.1, Vinny Gerbino- 34.1, Matt Grieco- 30.1,
Rick Davies- 31.9, Adam Freelander- 29.2, Rich Chung- 26.6,
Yiktat Fung- 29.1, Ryan Mang- 29.1.

4 x 800m:

Team 1: Mike Martin, Sean Seiper, Damian Plummer, John O'Neill
9:05.5 2:20.3 2:23.4 2:07.0 2:13.4

Team 2: Andrew Cohen, Jason Van Y, Ron Widmer, Dan Oros
9:56.6 2:35.2 2:21.5 2:29.9 2:30.1

4 x 400m:

Team 1: Andrew Dolgin, Damian Plummer, John O'Neill, D. Thomas
3:42.1 56.5 56.3 54.7 54.6

Team 2: Dan Keesing, Tats Kumagai, Matt Raeburn, Matt Cangiolosi
4:23.5 68.9 65.1 67.7 61.8

Frosh: Rick Davies, A. Freelander, Yiktat Fung, Ryan Mang
4:38.4 78.0 64.9 66.5 68.9

Field:

Shot: Brian Zuccala- 45'2", Ed Castellanos- 28'6",
Owen Iozzio- 28'10", Mike Mongon- 24'7",
Roy Simpadian- 31'2", TJ. Zurla- 36'10",
Frank Lockwood- 40'2", Jared Bankos- 25'0",
Dan Sahling- 28'1", Doug Sokolik- 27'2"
Mike McBride- 22'1"

Disc: Brian Zuccala- 128'10", Ed Castellanos- 69'2",
Owen Iozzio- 80'4", Mike Mongon- 62'9",
Roy Simpadian- 90'5", TJ. Zurla- 84'6",
Frank Lockwood- 97'8", Jared Bankos- 57'4",
Dan Sahling- 73'8", Doug Sokolik- 65'4"
Mike McBride- 63'10"

Jav: Brian Zuccala- 153'7", Roy Simpadian- 98'10",

Long Jump: Andrew Dolgin- 18'3", Yeon Chung- 16'8",
Matt Grieco- 14'5"

Triple Jump: Andrew Dolgin- 38'2", Dave Warton- 36'3",
Chris Rodgers- 33'4", Yeon Chung- 35'10",

High Jump: Steve Robinson- 5'8", Brandon Reese- 6'0",
John Roth- 5'4", Dave Mulhern- NH

Pole Vault: Dave Warton- 11'0", Dan Cooper- 9'0",
Chris Rodgers- 10'0",

Comments:

A good scrimmage. It was nice to see how a meet will be run and what it takes to set it up. We have one week to prepare and be ready for B.C. You should know what you need work on to improve.

Ridgewood Relays Sat. 4/4/98

***** RESUTLS *****

4 x 1600m:

Team 1: Damian Plummer, Tim McDonagh, Josh Kauke, John O'Neill
19:19 (1ST) 4:51.2 4:56.7 4:40.8 4:49.6

Team 2: Dan Oros, Ron Widmer, Jeff Brill, Andrew Cohen
21:21 5:26 5:07 5:29 5:19

4 x 110 HH:

Dave Warton, John Roth, Chris Rodgers, Steve Robinson
1:10.6 (4TH) Don't have times, yet.

4 x 800m:

S. Seiper, Mike Martin, Jason Van Yperen, Tim McDonagh
9:07.6 (4TH) 2:09.8 2:19.3 2:14.0 2:24.0

4 x 200m:

Chris Rodgers, Dan Cooper, Andrew Dolgin, Dusty Thomas
NA NA 25.8 NA

Frosh/Soph 4 x 800m:

Sophs: Jeff Brill, Ned Borgman, Ben Ricciardi, Joe Sedo
10:43.3 2:28.3 2:55 2:39.5 2:40

Distance Medley: (1200-400-800-1600)

Team 1: Josh Kauke, Dusty Thomas, Damian Plummer, John O'Neill
11:15.8 (2ND) 3:28.8 54.1 2:07.8 4:45.1

Team 2: Jason Van, Matt Cangiolosi, Mike Martin, Tim McDonagh
12:10 (5TH) 3:44 59.0 2:18.8 5:05.5

Team 3: Ron Widmer, Matt Grieco, Sean Sieper, Dan Oros
12:33 3:50 63.0 2:20 5:20.0

3 x 400IH:

Dave Warton, Steve Robinson, Chris Rodgers
3:02.8 (2ND) 59.3 61.2 62.3

Soph 4 x 400m:

Team 1: Jon Roth, Brandon Zuck, Matt Selhorn, Adam Frelander
4:37.8 69.9 69.7 69.6 68.5

Team 2: Ben Ricciardi, Dan Vassallo, Andy Ma, Ryan Mang
4:53.0 72.0 74.2 65.0 64.0

Team 3: Brad Forenca, J. Saginario, Dave Mulhern, Peter Georgotas
4:52.8 72.0 70.5 80.1 71.8

Varsity 4 x 400m:

A. Dolgin, Damian Plummer, John O'Neill, Dusty Thomas
3:36.2 (1ST) 54.2 55.5 53.9 52.3

Field Events: (3 person relays)

Long Jump:

47'4" Andrew Dolgin, Dan Cooper, Matt Grieco
18' 15'11" 13'4"

Triple Jump:

111'4" (2ND) Andrew Dolgin, Dave Warton, Steve Robinson
36'8" 36'11 1/2" 37'6"

High Jump:

16'9" (3RD) Steve Robinson, Brandon Reese, Jon Roth
5'9" 5'6" 5'6"

Pole Vault:

28' (1ST) Dave Warton, Dan Cooper, Chris Rodgers
10' 9' 9'

Shot Put:

Team 1: J.D. Murdock, TJ Zurla, Frank Lockwood
129' 47'3 1/2" 36'11 1/2" 34'10"

Team 2: Mike Mongon, Owen Iozzio, Edison Lee
80' 23'11 1/2" 27'1" 29'5"

Disc: Results not received.

Team 1: J.D. Murdock, TJ Zurla, Frank Lockwood

Team 2: Edison Lee, Mike Mongon, Owen Iozzio

Jav:

320' J.D. Murdock, TJ. Zurla, Frank Lockwood
151'1" 84'5" 84'2"

Comments:

We came in 3rd out of 18 teams with 72 pts. Lakeland won it with 88 and Union came in 2nd with 76. It was a very nice first meet, especially on the track. We scored in every event in which we ran. We have some big meets coming up, especially Tue. vs. BC and Barringer. Good beginning to your season.

RIDGEWOOD VS. Bergen Catholic 4/7/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	BC
LJ	D. Thomas (R) 20'5"	A. Dolgin (R) 19'2"	A. Drabick (BC) 19'0"	8	1
400IH	S. Robinson (R) 58.8	D. Warton (R) 58.9	C. Rodgers (R) 60.9	9	0
100	D. Thomas (R) 11.2	Tomaino (BC) 11.5	noname (BC) 11.6	5	4
1600	J. O'Neill (R) 4:41.4	J. Kauke (R) 4:41.5	D. Plummer (R) 4:44.3	9	0
400	D. Thomas (R) 51.9	A. Dolgin (R) 54.0	Tomaino (BC) 54.6	8	1
110HH	S. Robinson (R) 16.2	D. Warton (R) 17.0	A. Drabick (BC)	8	1
800	J. O'Neill (R) 2:04.5	J. Kauke (R) 2:05.2	J. Burke (BC) 2:06.3	8	1
200	D. Thomas (R) 23.8	Seanlan (BC) 24.1	Tomaino (BC) 24.2	5	4
3200	T. McDonagh (R) 10:22.8	blonde kid (BC) 10:31	J. VanYperen (R) 10:35.6	6	3
SHOT	J. Fischer (BC) 49'10"	J.D. Murdock (R) 48'2 1/2"	B. Zuccala (R) 45'2 1/4"	4	5
DISCUS	J. Fischer (BC) 156'3"	P. Koob (BC) 144'6"	B. Zuccala (R) 134'10"	1	8
HJ	S. Robinson (R) 6'0"	A. Drabick (BC) 6'0"	B. Reese (R) 6'0"	6	3
PV	Miller (BC) 10'6"	C. Rodgers (R) 10'6"	D. Cooper (R) 9'6"	4	5
TJ	A. Dolgin (R) 38'3"	D. Warton (R) 38'2 1/2"	S. Robinson (R) 37'11.5"	9	0
4X400	Ridgewood 3:38.0			5	0

TOTALS: RHS 94 BC 37

Meet Highlights:

A tremendous win! You destroyed B.C. and that hasn't happened in a while. Awesome meets from Dusty with 4 wins, Steve Robinson with 3 wins and a 3rd, John O'Neill with 2 wins. It was nice to see everyone giving their all. A great team win! Congrats you are 2-0.

RIDGEWOOD VS. Barringer 4/7/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Barr
LJ	D. Thomas (R) 20'5"	A. Dolgin (R) 19'2"	Boone (B) 18'4"	8	1
400IH	S. Robinson (R) 58.8	D. Warton (R) 58.9	C. Rodgers (R) 60.9	9	0
100	D. Thomas (R) 11.2	Dasane (B) 11.5	Cooper (R) Booker (B)	5.5	3.5
1600	J. O'Neill (R) 4:41.4	J. Kauke (R) 4:41.5	D. Plummer (R) 4:44.3	9	0
400	D. Thomas (R) 51.9	Boone (B) 53.0	A. Dolgin (R) 54.0	6	3
110HH	S. Robinson (R) 16.2	D. Warton (R) 17.0	C. Rodgers (R) 18.2	9	0
800	J. O'Neill (R) 2:04.5	J. Kauke (R) 2:05.2	D. Plummer (R) 2:06.5	9	0
200	D. Thomas (R) 23.5	Asberry (B) 23.7	Williams (B) 23.8	5	4
3200	T. McDonagh (R) 10:22.8	J. VanYperen (R) 10:35.6	M. Martin (R) 10:45	9	0
SHOT	J.D. Murdock (R) 48'2 1/2"	B. Zuccala (R) 45'2 1/4"	F. Lockwood (R) 38'6 1/4"	9	0
DISCUS	B. Zuccala (R) 134'10"	J.D. Murdock (R) 134'3"	F. Lockwood (R) 108'7"	9	0
HJ	S. Robinson (R) 6'0"	B. Reese (R) 6'0"	J. Roth (R) 5'4"	9	0
PV	C. Rodgers (R) 10'6"	D. Cooper (R) 9'6"	none	8	0
TJ	A. Dolgin (R) 38'3"	D. Warton (R) 38'2 1/2"	S. Robinson (R) 37'11.5"	9	0
4X400	Ridgewood 3:38.0			5	0

RHS Barr
Totals: 118.5 11.5

Meet Highlights:

You are far superior to this team. You have a good start to your season. Super job by Brian Zuccala for a 1st and a 2nd, same with J.D. Murdock. Also Andrew Dolgin for 4 places, Damian for 3 places, and Frank Lockwood with 2 places. The 4 x 400m did an excellent job and was a great finish to the meet. Super!

Bergen Catholic and Barringer Tue. April 7, 1998

***** RESUTLS *****

400IH: Dave Warton- 58.9, Steve Robinson- 58.8
Chris Rodgers- 60.9, John Roth- 72.0,
Tats Kumagai- 66.9, Jeff Vanderwent- 74.3,
Ned Borgman- 82.8

100m: Dusty Thomas- 11.2, Dan Cooper- 12.1,
Matt Cangiolosi- 12.5, Vinny Gerbino- 15.3,
Matt Selhorn- 13.7, Brandon Zuck- 15.6,
Steve Spino- 13.4, Brad Forenca- 14.3,
Andy Ma- 13.4, John Saginario- 17.9, Dan Vassallo- 14.8,
Rick Davies- 14.5, Adam Freeland- 14.1,
Yiktat Fung- 13.8, Ryan Mang- 13.3

1600m: John O'Neill- 4:41.4, Josh Kauke- 4:41.5,
Damian Plummer- 4:44.3, Sean Sieper- 5:03,
Jeff Brill- 5:23, Matt Raeburn- 5:42,
Mike Reis- 5:22, Dan Keesing- 6:03,
Ben Ricciardi- 5:39, Chris Resseque- 6:34,

400m: Dusty Thomas- 51.9, Andrew Dolgin- 54.0, Rich Chung- 58.7

110 HH: Steve Robinson- 16.2, Dave Warton- 17.0,
Chris Rodgers- 18.2, John Roth- 19.5,
Tats Kumagai- 19.5,

800m: John O'Neill- 2:04.5, Josh Kauke- 2:05.2,
Damian Plummer- 2:06.5, Sean Sieper- 2:25,
Jeff Brill- 2:25, Matt Raeburn- 2:36.3,
Mike Reis- 2:27, Dan Keesing- 2:42.8,
Ben Ricciardi- 2:42.0, James Savakis- 2:43,
Ned Borgman- 3:06.

200m: Dusty Thomas- 23.5, Dan Cooper- 24.4,
Matt Cangiolosi- 24.9, Matt Selhorn- 27.4,
Vinny Gerbino- 30.1, Matt Grieco- 27.6,
Rick Davies- 31.4, Rich Chung- 25.5, Steve Spino- 27.2,
Brad Forenca- 29.4, Bryan Kim- 27.9, Andy Ma- 27.6,
Adam Freeland- 29.5, Yiktat Fung- 28.2,
Ryan Mang- 27.6, Jeff Vanderwent- 29.3

3200m: Tim McDonagh- 10:22.8, Mike Martin- 10:45.0,
Ron Widmer- 10:49.0, Dan Oros- 11:17.5,
Jason Van Yperen- 10:33.3, Andrew Cohen- 11:44.6,
Joe Sedo- 12:52.9.

4 x 400m: D. Plummer, Chris Rodgers, Josh Kauke, Andrew Dolgin
3:38.0 56.8 55.3 52.9 52.6

Field:

Shot: J.D. Murdock- 48'2 1/2", Brian Zuccala- 45'2 1/4",
Frank Lockwood- 38'6 1/4", TJ Zurla- 36'5 1/2",
Ed Castellanos- 29'1", Randy Malluk- 20'8",
Owen Iozzio- 26'4", Mike Mongon- 23'10",
Mike McBride- 21'8 1/2", Edison Lee- 33'3",
James Becker- 23'10", Renny Mann- 27'3",
Jared Bankos- 26'10", Dan Sahling- 26'3",
Doug Sokolik- 31'3"

Disc: J.D. Murdock- 134'6", Brian Zuccala- 134'10",
TJ. Zurla- 89'2", Frank Lockwood- 108'7",
Ed Castellanos- 77'1", James Becker- 51'0",
Owen Iozzio- 72'10", Mike Mongon- 60'8",
Edison Lee- 62'9", Renny Mann- 71'10",
Randy Malluk- 49'0", Mike McBride- 67'8",
Jared Bankos- 58'6", Dan Sahling- 68'7",
Doug Sokolik- 74'3",

Long Jump: Dusty Thomas- 20'5", Andrew Dolgin- 19'2",
Dan Cooper- 17'2 1/2", Matt Grieco- 13'8",

Triple Jump: Andrew Dolgin- 38'3", Dave Warton- 38'2 1/2",
Steve Robinson- 37'11 1/2"

High Jump: Steve Robinson- 6'0", Brandon Reese- 6'0",
John Roth- 5'4", Andy Ma- NH

Pole Vault: Dave Warton- NH, Dan Cooper- 9'6",
Chris Rodgers- 10'6"

Girls meets

100M (13.5) — Devon Hudson, Hackensack, 13.1; Brittany Saunders, Fort Lee, 13.2; Roan Moore, Nutley, 13.2; Lizzie Vogedbach, Ridgewood, 13.2; Seetha Maney Panda, Clifton, 13.3; Burianda Thomas, Clifton, 13.3; Meel Charles, Westwood, 13.3; Keyana Pompey, Hackensack, 13.4; Lauren Sanelli, River Dell, 13.4; Courtney Cubicciotti, IHA, 13.5.

200M (27.8) — Denay Caldwell, Eastside, 26.5; Petel-Gay Barnett, Eastside, 26.7; Thomas, Clifton, 26.8; Cubicciotti, IHA, 27.8.

400M (64.0) — K. Johnson, Teaneck, 60.0; Patengia, Eastside, 61.5; Shauna Koenig, Hackensack, 61.9; Celeste Sedo, Ridgewood, 62.8; Erin Engelhardt, IHA, 63.1; Barnett, Eastside, 63.4; Brittany Saunders, Fort Lee, 63.5; Jennifer Lee, IHA, 63.8.

800M (2:30) — Mary D'Ariano, IHA, 2:25.7.

1,600M (5:50) — Jena Asadorian, Westwood, 5:23.9; D'Ariano, IHA, 5:27.3; Josie Maceri, Fort Lee, 5:33.7; Beth Androski, Hackensack, 5:36.4; Gialre McGuire, Hackensack, 5:43.3; Helena Brady, Dumont, 5:47.

3,200M (12:45) — Josie Maceri, Fort Lee, 11:58; Jena Asadorian, Westwood, 12:15.

100M LH (17.5) — Caldwell, Eastside, 15.1; Melissa Dutch, Clifton, 15.9; Moore, Nutley, 15.9; Erin Pride, Eastside, 16.8; Mary Jones, Hackensack, 16.9; Carla Colucci, Emerson, 17.2; Drina Harrison, Hackensack, 17.3.

400M IH (72.0) — Caldwell, Eastside, 63.1; Natalie Popowicz, Clifton, 63.1; Meg McDermott, Ridgewood, 69.3; Michele Calabro, IHA, 69.8; Jill Reasier, Hackensack, 70.6; Karen Hoogland, Ridgewood, 71.2; N. Brown, Teaneck, 71.4.

1 mile or 1,600M relay (4:30) — Teaneck, 4:12.5; Westwood (Nicole Stinson, Ellen Romito, Amy Chen, Emily Drew), 4:28.6.

Long jump (15-0) — Thomas, Clifton, 16-2; Helena Lamothe, Ridgewood, 16-1; Hudson, Hackensack, 16-0; Keisha Jones, Eastside, 15-4½; Keisha Bennett, Eastside, 15-½.

Triple jump (31-0) — Hudson, Hackensack, 33-5½; Lauren Sherry, River Dell, 31-7¼; Meghan McCauley, Emerson, 31-4¼; Bukola Akinfaderin, Leonia, 31-2¼; Amy Chen, Westwood, 31-2; Lamothe, Ridgewood, 32-2¼; Shenee Clarke, Ridgely Park, 31-9¼.

High jump (4-10) — Popowicz, Clifton, 5-0; Melissa Barone, River Dell, 4-10; Jones, Hackensack, 4-10; Mahasin Pegelise, Rutherford, 4-10; Meghan Wicks, IHA, 4-10.

Javelin (95 feet) — Janet Luce, Westwood, 112-4; Lenore Collins, Ridgely Park, 99.5.

Shot put (30 feet) — Jean Marie Bellotti, Rutherford, 32-8; Randy Pointer, Eastside, 32-4¼; Betty Nicholas, Westwood, 30-7¼; Deinisha Brown, Hackensack, 30-5¼.

Discus (90 feet) — Charles, Teaneck, 91-4.

Boys meets

100M (11.5) — Mike Jackson, Hackensack, 10.9; Ryan Cook, Montclair, 11.03; Brown, Montclair, 11.04; Andrae McCormick, Clifton, 11.1; Sterling Wynn, Hackensack, 11.2; Kawesi Darby, Hackensack, 11.2; Krzysztof Augustynowicz, 11.2; Dusty Thomas, Ridgewood, 11.2; Bernie Hayes, St. Joseph, 11.2; Ricky Cook, Montclair, 11.28; Kiyon Harley, Paramus Catholic, 11.3; Anthony DeProspero, Paramus Catholic, 11.3; Boyde, Passaic, 11.3; Johnson, Kennedy, 11.48; Johnson, Passaic, 11.49; Tomaino, Bergen Catholic, 11.5; Dasame, Barringer, 11.5; Tony Yamyasaki, Clifton, 11.5.

200M (23.8) — Cook, Montclair, 22.3; Darby, Hackensack, 22.6; Joe Haro, Clifton,

22.7; Jackson, Hackensack, 22.9; Kiy Harley, Paramus Catholic, 23.0; McCormick, Clifton, 23.0; Wynn, Hackensack, 23.0; Johnson, Kennedy, 23.0; Andriannotti, Westwood, 23.3; Tom Mont Dumont, 23.4; Dusty Thomas, Ridgewood, 23.5; Anderson, Passaic, 23.5; William Barringer, 23.7; P.J. Lefort, Dumont, 23.8; Bernie Hayes, St. Joseph, 23.7; Aabu Barringer, 23.8; Ed Unay, Don Bosco Prep, 23.4; Sheldon, Teaneck, 23.8.

400M (53.5) — Haro, Clifton, 50.8; N. Brown, Montclair, 51.68; Dusty Thomas, Ridgewood, 51.9; Joe Vaivasquez, Paramus, 52.1; Yamyasaki, Clifton, 52.1; Boone, Barringer, 53.0; Thomas Baldwin, Hackensack, 53.2; Gary Booker, Montclair, 53.2; Bart Blchafaki, Paramus Catholic, 53.3; Chris McKinley, Don Bosco Prep, 53.1; Sheldon, Teaneck, 53.4; Joe Cron, Don Bosco, 53.4; Paul, Teaneck, 52.0.

800M (2:05) — Baldwin, Hackensack, 2:01.4; Rick Lehmsbeck, Don Bosco Prep, 2:00.7; Dan Contreras, Don Bosco Prep, 2:00.7; Joe Santonacita, Don Bosco Prep, 2:03.3; Bones, Montclair, 2:04.0.

1,600M (4:40) — Neilish Patel, Passaic, 4:38; Cory Kunz, St. Joseph, 4:40.

110M HH (16.2) — Marc Fulco, Paramus Catholic, 15.2; Bugg, Kennedy, 15.37; Daves, Kennedy, 15.68; Keith Johnson, Paramus Catholic, 15.7; Neal Okar, Westwood, 15.8; Ernie Svolto, St. Joseph, 15.9; Chris Stowers, Hackensack, 15.9; Steve Robinson, Ridgewood, 16.2.

400M IH (66.0) — Sean McQuillen, Montclair, 56.7; Stowers, Hackensack, 57.2; M. Fulson, Paramus Catholic, 58.1; Steve Robinson, Ridgewood, 58.8; Dave Whart, Ridgewood, 58.9; Brian Kearns, Lyndhurst, 59.8; J.R. Ranone, Becton, 59.8; Dan Burns, River Dell, 59.5.

1 mile or 1,600M relay (3:42) — Montclair (Brown, Booker, Bowens, China), 3:33; Clifton (Amar Abassi, Mike Sanchez, Pontes, Tony Yamyasaki), 3:41; Ridgewood (Andrew Dolgan, Chris Rodgers, Dan Plummer, Josh Kauke), 3:38; Bergen Catholic, 3:38.2; Teaneck, 3:33.1; Don Bosco, 3:36.3; Don Bosco B, 3:41.0.

Long jump (19-8) — Neil Okar, Westwood, 21-1½; Johnson, Kennedy, 18; Mike Jackson, Hackensack, 20; Dusty Thomas, Ridgewood, 20-5; James Myles, Hackensack, 20-1; Alvin Elliot, Teaneck, 19-7¼.

Triple jump (39-8) — Neil Okar, Westwood, 44-6¼; Randy Clarke, Hackensack, 41-4; Bryan Sheldon, Westwood, 40¾; Bernie Hayes, St. Joseph, 40; Stowers, Hackensack, 40-3; Brown, Teaneck, 40-0.

High jump (5-10) — Eumir Rahr, Hackensack, 6-8; Myles, Hackensack, 6-8; Keith Johnson, Paramus Catholic, 6-0; Steve Robinson, Ridgewood, 6-0; Adam Drabick, Bergen Catholic, 6-0; Brant Reese, Ridgewood, 6-0; Gareth Hedderley, Westwood, 5-10; Jay Wan Anderson, Passaic, 5-10; Johnson, Kennedy, 5-10.

Pole vault (11-0) — Ken Duddy, Dumont, 12-6; Roman Duffy, 12-0; Claudio Morelli, Lyndhurst, 12-0; Ken Scheider, Don Bosco Prep, 12-6; Joe Poliseo, Don Bosco Prep, 11-6; Gareth Hedges, Westwood, 11-6; Mike Graziel, River Dell, 11-0.

Discus (135 feet) — Jim Fischer, Bergen Catholic, 156-3; Jasmin Cami, Fort Lee, 144-11¼; Paul Koob, Bergen Catholic, 138-6; Bryan Sheldon, Westwood, 138-9.

Shot put (45 feet) — Jim Fischer, Bergen Catholic, 49-10; Steve Dance, River Dell, 49-9; Bryant Robinson, Hackensack, 48-6; Bryan Sheldon, Westwood, 48-4¼; Murdock, Ridgewood, 48-2¼; Cuervo, Bloomfield, 47-7¼; Kevin Sampson, Westwood, 45-11; Brian Zuccala, Ridgewood, 45-2¼; Terrence Faber, Clifton, 45-2¼.

Javelin (160 feet) — Jim Hayes, Montclair, 181-5.

Englewood Relays Sat. 4/11/98

***** RESULTS *****

4 x 1600m:

Team 1: Damian Plummer, Tim McDonagh, Josh Kauke, John O'Neill
19:16.0 (2ND) 4:43.8 4:54.8 4:59.2 4:39.2

Team 2: Dan Oros, Ron Widmer, Mike Reis, Andrew Cohen
21:31.6 5:05.5 5:17.2 5:37 5:31.9

4 x 110 HH:

Var: Dave Warton, John Roth, Chris Rodgers, Steve Robinson
69.6 (6TH) 17.4 18.7 17.6 15.8

4 x 800m:

Var: Damian Plummer, Mike Martin, Jason Van Yperen, Ron Widmer
9:05.4 2:08 2:18.3 2:17.0 2:22.0

Nov 1: Ben Ricciardi, Jeff Brill, Matt Raeburn, Mike Reis
10:08.0 2:35 2:25 2:34 2:33

Nov 2: Joe Sedo, Chris Ressequeie, Dan Keesing, Ned Borgman
11:34.6 2:47 3:03 2:41 3:03

4 x 200m:

Var: Dan Cooper, Chris Rodgers, Andrew Dolgin, Dusty Thomas
1:36.6 24.9 25.5 23.9 22.6

Nov 1: Matt Cangiolosi, Rich Chung, Matt Selhorn, Steve Spino
DQ

Frosh 1: Chris Ressequeie, Rick Davies, Yiktat Fung, Ryan Mang
2:03.4 32.8 29.9 31.5 29.4

Distance Medley: (1200-400-800-1600)

Team 1: Damian Plummer, D. Thomas, Josh Kauke, John O'Neill
11:06.7 (5TH) 3:23.9 50.7 2:06.4 4:47.0

Team 2: Jason Van, Matt Cangiolosi, Mike Martin, Tim McDonagh
11:55.0 3:36.5 59.0 2:18.0 5:01

Team 3: Ron Widmer, Dan Cooper, Andrew Cohen, Dan Oros
12:27.5 3:48.3 57.4 2:25.2 5:16.7

3 x 400IH:

Varsity: Dave Warton, Steve Robinson, Chris Rodgers
3:00.1 (2ND) 58.6 60.2 61.3

Novice: Tats Kumagai, Jon Roth, Dan Vassallo
3:33 66.8 68.7 78.6

4 x 400m:

Nov 1: Tats Kumagai, Rich Chung, Jeff Brill, M. Reis
4:04.5 60.5 59.2 62.9 64.0

Nov 2: Ben Ricciardi, Brad Forenca, Bryan Kim, Dave Mulhern
4:45.2 69.0 70.2 66.0 83.0

Varsity 4 x 400m:

Andrew Dolgin, Josh Kauke, John O'Neill, Dusty Thomas
3:32.6 (4TH) 54.0 52.3 52.7 53.1

Field Events: (2 person relays)

Long Jump:

Var: Dusty Thomas, Andrew Dolgin,
18'9" F 18'9"

Triple Jump:

Var: Steve Robinson, Dave Warton
78'3 1/2" (6TH) 35'4" 37'11 1/2"

High Jump:

Var: Steve Robinson, Brandon Reese
11'6" (4TH) 5'9" 5'9"

Pole Vault:

Var 1: Dave Warton, Chris Rodgers
22'0" (2ND) 12'0" 10'0"

Var 2: Dan Cooper, Andrew Dolgin
10'6" 10'6" NH

Shot Put:

Var: J.D. Murdock, Brian Zuccala,
90'3" (2ND) 46'2 3/4" 44'1/2"

Nov 1: Edison Lee, TJ Zurla
75'2" 34'5" 39'11"

Nov 2: James Becker, Owen Iozzio
51'0" 23'1" 27'11"

Nov 3: Ed Castellanos, Renny Mann
55'10" 28'9" 27'1"

Nov 4: Mike McBride, Randy Malluk
44'3" 23'0" 21'3"

Frosh 1: Doug Sokolik, Jarad Bankos
59'8" 33'10" 25'10"

Disc:

Var 1: J.D. Murdock, Brian Zuccala
271'5" (2ND) 135'7" 135'9"

Nov 1: TJ Zurla, Edison Lee
155' 81'6" 76'5"

Nov 2: Ed Castellanos, Renny Mann
143' 81'6" 63'4 1/2"

Nov 3: James Becker, Owen Iozzio
120' 48'11" 76'7"

Nov 4: Mike McBride, Randy Malluk
125' 68'0" 57'11"

Frosh 1: Doug Sokolik, Dan Sahling
153' 74'0" 78'11"

Jav:

Var 1: J.D. Murdock, Brian Zuccala
253'10" (2ND) 150'6" 153'4"

Var 2: Roy Simpadian
93'

Comments:

We came in 2nd out of 25 schools with 51 pts. Hackensack won it with 81. I thought it was a good meet for us. Not great, but good. Alot of people were competing and doing it well. We have to have better performances for next weekends county relays. You are a very good team so let's be ready for a good week!

TRACK

Englewood Relays

At Winton White Stadium, Englewood

BOYS TEAM SCORES

Hackensack 82, Ridgewood 51, Lakeland 47, Christian Brothers Academy 38, Plainfield 37, Highland Regional 36, St. Joseph 25, Bergen Catholic 23, Garfield 22, South Brunswick 20, River Dell 20, North Hunterdon 16, Newark Central 14, Wood-Ridge 12, Fort Lee 9, Ramapo 7, Englewood 6, Pascack Hills 4, Cresskill 3, Paramus 2, Wayne Valley 2, Indian Hills 2, Newark Science 2.

400M — 1. Plainfield (Virgo, White, Morton, Davis), 42.7; 2. Hackensack, 43.4; 3. Newark Central, 44.8; 4. South Brunswick, 44.7; 5. Highland, 45.1; 6. St. Joseph, 46.1.

800M — 1. Plainfield (Virgo, White, Morton, Davis), 1:29.6; 2. Newark Central, 1:32.2; 3. Hackensack, 1:32.8; 4. South Brunswick, 1:34.7; 5. Passaic Tech, 1:35.0; 6. Bergen Catholic, 1:35.4.

1,600M — 1. Highland (Rhea, Kiroler, Santiago, Tyson), 3:26.5

2. Hackensack, 3:27.9; 3. CBA, 3:30.1; 4. Ridgewood, 3:32.1; 5. Newark Science, 3:35.7; 6. Bergen Catholic, 3:38.3.

3,200M — North Hunterdon (Rourke, York, Johnson, Sisco), 8:14.9; 2. Garfield, 8:31.5; 3. CBA, 8:32.3; 4. Lakeland, 8:36.3; 5. Hackensack, 8:39.4; 6. Plainfield, 8:39.8.

6,400 — 1. Lakeland (Kurt Troy, Tim Fonseca, Craig Catonese, Keith Horbutuck), 18:59.0; 2. Ridgewood, 19:17.8; 3. St. Joseph, 19:18.9; 4. Hackensack, 19:19.4; 5. CBA, 19:26.8; 6. South Brunswick, 19:34.0.

440M hurdles — 1. CBA (Pfleger, Moriarty, Panza, Kosika), 1:02.9; 2. Highland, 1:04.9; 3. Hackensack, 1:05.7; 4. River Dell, 1:06.5; 5. Lakeland, 1:09.3; 6. Ridgewood, 1:09.5.

3x400 Int. hurdles — 1. River Dell (Brian Burns, Jeff Robinson, David Burns), 2:58.1; 2. Ridgewood, 3:01.1; 3. CBA, 3:01.4; 4. Hackensack, 3:02.5; 5. Lakeland, 3:03.2; 6. Garfield, 3:08.3.

Sprint medley — 1. Plainfield (White, Virgo, Davis, Morton), 3:33.0; 2. Hackensack, 3:42.8; 3. Ramapo, 3:43.4; 4. River Dell, 3:44.9; 5. Wayne Valley, 3:46.5; 6. Paramus, 3:46.8.

Distance medley — 1. Highland (Rhea, Sontro, Kinster, Miller), 10:40.7; 2. CBA, 10:48.8; 3. North Hunterdon, 10:57.8; 4. Hackensack, 11:01.6; 5. Ridgewood, 11:08.9; 6. Lakeland, 11:18.7.

High jump — 1. Hackensack (Eumir Rahman) 12-3; 2. Garfield, 12-0; 3. Plainfield, 11-9; 4. Ridgewood, 11-6; TIES. CBA, 11-0; 5. Fort Lee, 11-0; 5. Indian Hills, 11-0; 5. Hackensack, 11-0.

Long jump — 1. Hackensack (John Myles, Michael Jackson), 39-5½; 2. Lakeland, 37-10½; 3. Highland, 37-4; 4. South Brunswick, 37-3; 5. Englewood, 36-8; 6. Bergen Catholic, 36-6.

Triple jump — 1. St. Joseph (Ernie Svalito, Bernie Hayes), 81-10½; 2. Garfield, 78-8; 3. Hackensack, 78-11; 4. Englewood, 74-2½; 5. Indian Hills, 73-8½; 6. Ridgewood, 73-8.

Shot put — 1. Bergen Catholic A (Paul Koob, Jim Fischer), 90-7½; 2. Ridgewood, 90-3½; 3. Hackensack A, 89-6; 4. Pascack Hills, 89-1½; 5. Wood-Ridge, 87-10; 6. Fort Lee, 87-3½.

Discus — 1. Bergen Catholic A (Paul Koob, Jim Fischer), 297-5; 2. Ridgewood, 271-4; 3. Fort Lee, 256-7½; 4. Wood-Ridge, 250-8; 5. River Dell, 248-4½; 6. Ramapo, 246-11½.

Javelin — 1. Lakeland A (Endre Racz, Arden Clerch), 355-7; 2. Ridgewood, 303-10; 3. Wood-Ridge, 298-5; 4. Lakeland B, 295-4; 5. Fort Lee, 289-4; 6. Paramus, 284-9.

Pole vault — 1. Lakeland (Endre Racz, Bob Lozzi), 22-6; 2. tie bet. Ridgewood and South Brunswick, 22-0; 4. tie bet. Cresskill and CBA, 21-0; 6. tie among West Milford, Garfield, and Ramapo, 20-6.

Ridgewood Relays

At Ridgewood

LARGE-SCHOOL BOYS TEAM SCORING

Lakeland 88, Union 76, Ridgewood 72, Garfield, 35, Shaker (N.Y.) 31, CBA-Lincroft 27½, Cranford 26, Middletown No. 26, PCT 21, Paramus Catholic 19, Passaic Valley 18, Irvington 16, Hudson Catholic 9, Orange 8, East Orange 6, Fair Lawn 5½, Jefferson 3.

400 — 1. Union (Figuera Wadley, Terrell Jackson, Paul DeFrancisco, Kwasi Jones), 45.2; 2. Shaker, 46.6; 3. Orange, 46.7; 4. E. Orange, 46.7; 5. Paramus Catholic, 46.9.

800 — 1. Union (Wadley, Jackson, DeFrancisco, Jones), 1:35.1; 2. Paramus Catholic, 1:36.3; 3. Passaic County Tech, 1:36.5; 4. Shaker 1:36.8; 5. E. Orange, 1:37.7.

1,600 — 1. Ridgewood (Andrew Dolgin, Damien Plummer, John O'Neill, Dusty Thomas), 3:36.1; 2. Lakeland, 3:36.7; 3. Middletown No., 3:37.1; 4. PCT 3:37.7; 5. Garfield, 3:39.9.

3,200 — 1. Lakeland (Kurt Troy, Craig Catonese, Keith Horbutuck, Brian Williams), 8:30.7; 2. Garfield, 8:37.9; 3. Union, 8:53.5; 4. Ridgewood 9:07.8; 5. CBA, 9:21.7.

6,400 — 1. Ridgewood (Plummer, Tim McDonagh, Josh Kavka, O'Neill), 19:18.7; 2. Cranford, 19:22.0; 3. CBA, 19:24.4; 4. Shaker, 19:27.9; 5. Lakeland, 19:38.2.

Sprint medley — 1. Middletown No., 3:45.8; 2. Irvington, 3:47.4; 3. Passaic Valley, 3:49.9; 5. Union, 3:54.2.

Distance medley — 1. Cranford (Kevin Holmes, Kevin Fontana, Eric Montgomery, Tim Styler), 11:07.9; 2. Ridgewood, 11:15.9; 3. Middletown No., 11:19.9; 4. Lakeland, 11:36.6; 5. Shaker, 11:39.0.

400-meter hurdles — 1. Lakeland (Brian Williams, Steve Verba, Benito Van Dunk, Brendan King), 67.6; 2. Irvington, 67.9; 3. CBA, 69.0; 4. Ridgewood, 70.8; 5. PCT, 71.1.

3x400 hurdles — 1. Lakeland (Williams, Van Dunk, King), 2:59.6; 2. Ridgewood, 3:02.7; 3. Paramus Catholic, 3:07.3; 4. Union, 3:07.9; 5. Garfield, 3:09.3.

Shot put — 1. Union (Nygjem Calhoun, John Chua, Jason Lewis), 129-10½; 2. Lakeland A, 127-3; 3. Hudson Catholic, 121-11; 4. Ridgewood 119-5; 5. Cranford, 113-10.

Discus — 1. Lakeland A (Josh Van Dunk, Kevin Miceli, John Biango) 361-3; 2. Union, 338-4; 3. Cranford, 336-10; 4. Lakeland B, 328-8; 5. Fairlawn, 322-6.

Javelin — 1. Lakeland A (Ende Racz, Kevin Miceli, Arden Clerch), 478-1; 2. Union, 404-4; 3. Passaic Valley, 394-1; 4. Lakeland B, 362-8; 5. Middletown No., 361-3.

High jump — 1. CBA A (Musich, Vacca, Stephan), 17-3; 2. Union, 16-9; 3. Ridgewood, 16-9; 4. PCT, 15-9; 5. Jefferson 10-6.

Long jump — 1. Union (Figuera Wadley, Kwasi Jones, Paul DeFrancisco), 57-1; 2. Lakeland, 56-10½; 3. Garfield, 53-5; 4. PCT, 51-11½; 5. Passaic Valley 51-9.

Triple jump — 1. Garfield (Labecki, Stilmovsk, Stansfield), 112-3; 2. Ridgewood, 111-3½; 3. Shaker, 104-3½.

Pole vault — 1. Ridgewood (Dave Warton, Dan Cooper, Chris Rogers), 28; 2. Lakeland, 21; 3. Garfield, 19-6; 4. Passaic Valley, 11; 5. Fairlawn, 10; 5. CBA 10.

RIDGEWOOD VS. Kennedy 4/14/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Kenn
LJ	T. Johnson (K) 21'0"	D. Thomas (R) 20'4 1/2"	A. Dolgin (R) 18'2"	4	5
400IH	D. Warton (R) 59.2	Buggs (K) 60.5	C. Rodgers (R) 60.7	6	3
100	D. Thomas (R) 11.2	T. Johnson (K) 11.4	D. Cooper (R) 11.9	6	3
1600	S. Sieper (R) 4:52.2	M. Martin (R) 4:54.0	T. McDonagh (R) 4:55.6	9	0
400	J. O'Neill (R) 52.3	A. Dolgin (R) 52.8	Charles (K) 53.1	8	1
110HH	Buggs (K) 15.5	S. Robinson (R) 15.7	Dawes (K) 16.2	3	6
800	J. Kauke (R) 2:08.7	J. O'Neill (R) 2:11.3	M. Martin (R) 2:12.6	9	0
200	D. Thomas (R) 23.0	T. Johnson (K) 23.1	McClam (K) 24.7	5	4
3200	J. VanYperen (R) 10:30.1	T. McDonagh (R) 10:41.6	D. Oros (R) 10:55.2	9	0
SHOT	J.D. Murdock (R) 48'3 1/2"	B. Zuccala (R) 45'1"	D. Cook (K) 44'2"	8	1
DISCUS	J.D. Murdock (R) 146'1"	B. Zuccala (R) 137'6"	D. Cook (K) 132'0"	8	1
HJ	A. Jefferson (K) 5'6"	S. Robinson (R) 5'6"	J. Roth (R) 5'6"	4	5
PV	D. Cooper (R) 10'6"	C. Rodgers (R) 10'6"	D. Warton (R) 10'0"	9	0
TJ	T. Johnson (K) 42'10"	A. Charles (K) 39'4"	D. Warton (R) 38'9 1/2"	1	8
4X400	Ridgewood 3:41.0			5	0

Totals: RHS KENN
 94 37

Meet Highlights:

Winning 2 meets is the best highlight! We have won at least 12 dual meets in a row now. Tremendous effort by Dusty Thomas, 3 1sts and a 2nd, J.D. Murdock for 2 firsts, Dave Warton for a 1st and 3 places and Josh Kauke for a first and 3 places. Keep up the great effort. We'll need it for the county relays this weekend.

RIDGEWOOD VS. Bloomfield 4/14/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Blmf
LJ	D. Thomas (R) 20'4 1/2"	A. Dolgin (R) 18'2"	Ive (B) 17'4"	8	1
400IH	D. Warton (R) 59.2	C. Rodgers (R) 60.7	S. Robinson (R) 65.7	9	0
100	D. Thomas (R) 11.2	D. Cooper (R) 11.9	Brookes (B) 12.0	8	1
1600	S. Sieper (R) 4:52.2	M. Martin (R) 4:54.0	T. McDonagh (R) 4:55.5	9	0
400	J. O'Neill (R) 52.3	A. Dolgin (R) 52.8	Smith (B) 55.2	8	1
110HH	S. Robinson (R) 15.7	D. Warton (R) 16.6	C. Rodgers (R) 17.9	9	0
800	J. Kauke (R) 2:08.7	J. O'Neill (R) 2:11.3	M. Martin (R) 2:12.6	9	0
200	D. Thomas (R) 23.0	D. Cooper (R) 24.7	Lunchmeat (B) 25.1	8	1
3200	J. VanYperen (R) 10:30.1	T. McDonagh (R) 10:41.6	Snowshoes (B) 10:45.2	8	1
SHOT	J.D. Murdock (R) 48'3 1/2"	M. Curtis (B) 46'6"	B. Zuccala (R) 45'1"	6	3
DISCUS	M. Curtis (B) 158'5"	J.D. Murdock (R) 146'1"	B. Zuccala (R) 137'6"	4	5
HJ	M. Curtis (B) 5'6"	S. Robinson (R) 5'6"	J. Roth (R) 5'6"	4	5
PV	D. Cooper (R) 10'6"	C. Rodgers (R) 10'6"	D. Warton (R) 10'0"	9	0
TJ	Kodare (B) 39'1"	D. Warton (R) 38'9 1/2"	A. Dolgin (R) 37'4"	4	5
4X400	Ridgewood			5	0

RHS BLMF
Totals: 108 23

Meet Highligts:

A dominating performance. Awesome efforts by Dan Cooper for a 1st and 2 2nd's, Sean Sieper for a nice first, Mike Martin for 2 good places, Jason Van for his 1st in the 3200m, Tim McDonagh for his 2 places, Chris Rodgers for 2 2nd's, and Andrew Dolgin for 4 solid places. It was a nice team win. Let's keep them coming! Congrats!

Kennedy and Bloomfield

Tue. April 14, 1998

***** RESULTS *****

- 400IH: Dave Warton- 59.2, Steve Robinson- 65.7,
Chris Rodgers- 60.7, John Roth- 75.2,
Tats Kumagai- 68.0, Ned Borgman- 80.1,
Dan Vasello- 83.1
- 100m: Dusty Thomas- 11.2, Dan Cooper- 11.9, M. Cangiolosi- 12.3,
Matt Selhorn- 13.3, Steve Spino- 13.4,
Bryan Kim- 13.7, Andy Ma- 12.9, Dan Vassallo- 15.3,
Adam Freelander- 14.7, Yiktat Fung- 14.6,
Ryan Mang- Fell
- 1600m: Josh Kauke- 4:56, Tim McDonagh- 4:55.6,
Jason Van- 4:59.6, Mike Martin- 4:54.8,
Dan Oros- 5:01,, Andrew Cohen- 5:17.7,
Sean Sieper- 4:52.4, Matt Raeburn- 5:46.0,
Ron Widmer- 5:02, Mike Reis- 5:39,
Dan Keesing- 5:57, Ben Ricciardi- 5:41,
- 400m: John O'Neill- 52.3, Andrew Dolgin- 52.8, Rich Chung- 59.3
- 110 HH: Steve Robinson- 15.7, Dave Warton- 16.6
Chris Rodgers- 17.9, John Roth- 18.3,
Tats Kumagai- 19.8, N. Borgman- 23.6
- 800m: John O'Neill- 2:11.3, Josh Kauke- 2:08.7,
M. Martin- 2:12.6, Matt Raeburn- 2:38.1,
Mike Reis- 2:27.6, Dan Keesing- 2:40,
Ben Ricciardi- 2:41, James Savakis- 2:54.3
- 200m: Dusty Thomas- 23.0, Dan Cooper- 24.9,
Matt Cangiolosi- 25.3, Matt Selhorn- 27.5,
Rich Chung- 26.7, Steve Spino- 28.0,
Bryan Kim- 27.5, Andy Ma- 27.5, Dan Vassallo- 33.9,
Adam Freelander- 28.5, Yiktat Fung- 28.1,
Ryan Mang- 28.5, Tats Kumagai- 26.1
- 3200m: Tim McDonagh- 10:41.2, Ron Widmer- 10:55.4
Dan Oros- 10:55.2, Jason Van Yperen- 10:30.8,
Andrew Cohen- 11:46.5, Sean Sieper- 12:04.6
- 4 x 400m: Dusty Thomas, John O'Neill, Josh Kauke, Andrew Dolgin
3:41.1 53.8 55.5 55.5 56.3

Field:

Shot: J.D. Murdock- 48'3 1/2", Brian Zuccala- 45'1",
Frank Lockwood- 38'11 1/2", TJ Zurla- 38'7",
Ed Castellanos- 28'7", Mike McBride- 20'9",
Edison Lee- 32'2", Renny Mann- 27'0",
Jared Bankos- 26'4", Dan Sahling- 30'4",
Doug Sokolik- 34'3"

Disc: J.D. Murdock- 146'1", Brian Zuccala- 137'6",
TJ. Zurla- 98'10", Frank Lockwood- 98'2",
Ed Castellanos- 72'4", Mike Mongon- 65'3",
Edison Lee- 73'2", Renny Mann- 71'7",
Mike McBride- 72'3", Jared Bankos- 63'8",
Dan Sahling- 81'3", Doug Sokolik- 70'4",

Long Jump: Dusty Thomas- 20'4 1/2", Andrew Dolgin- 18'2",
Dan Cooper- 16'5", Andy Ma- 15'5"

Triple Jump: Andrew Dolgin- 37'8", Dave Warton- 38'9 1/2",
Andy Ma- 33'4 1/2", Steve Robinson- 36'3",
Chris Rodgers- 33'5"

High Jump: Steve Robinson- 5'6", John Roth- 5'6"

Pole Vault: Dave Warton- 10'0", Dan Cooper- 10'6",
Chris Rodgers- 10'6"

***** RESULTS

County Relays

Fri/Sat April 17,18, 1998

Friday's Events:

Long Jump: Dusty Thomas, Andrew Dolgin, Dan Cooper
38'6 1/2" (4TH-TIE) F 19'5 1/2" 18'1"

Discus: J.D. Murdock, Brian Zuccala, Frank Lockwood
387'3" (2ND) 151'5" 137'0" 98'6"

Pole Vault: Dave Warton, Chris Rodgers, Dan Cooper
32'6" (1ST-TIE) 11'6" 10' 11'

4 x 200m: Dan Cooper, J.D. Murdock, Andrew Dolgin, Dusty Thomas
DQ 24.7 24.4 23.4 21.8

3 x 400IH: Dave Warton, Steve Robinson, Chris Rodgers
3:00.7 (2ND) 58.0 59.5 63.2

4 x 1600m: Damian Plummer, Tim McDonagh, Josh Kauke, John O'Neill
19:06.1 (3RD) 4:41.8 4:58.5 4:46.1 4:41.0

Saturday's Events:

High Jump: Steve Robinson, John Roth, Josh Kauke
11'2" (2ND-TIE) 6'0" 5'4" NH

Shot Put: J.D. Murdock, Brian Zuccala, TJ Zurla
132'5 1/2" (2ND) 46'1/4" 47'4 1/4" 39'1"

Triple Jump: Andrew Dolgin, Steve Robinson, Dave Warton
116'8" (1ST) 39'8" 38'5" 38'4"

Javelin: J.D. Murdock, Brian Zuccala, Frank Lockwood
442'8" (1ST) 181'6" 159'0" 102'2"

***** NEW SCHOOL RECORD FOR THE JAV RELAY!!

4 x 110HH: Dave Warton, Chris Rodgers, John Roth, Steve Robinson
1:08.2 (2ND) 16.0 17.8 18.2 15.9

4 x 100m: Steve Spino, Rich Chung, Andy Ma, Matt Cangiolosi,
49.5 12.9 12.4 12.8 13.0

Distance Medley: J. Kauke, Mike Martin, Sean Seiper, John O'Neill
10:58.2 (2ND) 3:18.8 57.3 2:07.2 4:34.9

Sprint Medley: Dusty Thomas, Dan Cooper, Rich Chung, Josh Kauke
3:41.7 (3RD) 50.4 24.2 26.4 2:00.3

4 x 800: Damian Plummer, Sean Sieper, Mike Martin, John O'Neill
8:31.0 (3RD) 2:05.3 2:12.2 2:12.7 2:01.1

4 x 400m: Andrew Dolgin, Chris Rodgers, D. Plummer, Dusty Thomas
3:43.0 54.1 60.4 55.2 54.0

FINAL SCORES:

1. Hackensack- 132
2. RIDGEWOOD- 95
2. Don Bosco- 95
4. Bergen Catholic- 70
5. Teanack- 38
6. Paramus- 24
7. Fair Lawn- 24

Comments:

Definitely some highs and lows in this meet. We should have been second outright and you know that, but the bottom line is you still got 2nd and Hackensack (who got 1st) is a better team right now. Many awesome performances highlighted by J.D. winning the field event athlete of the meet, quite an accomplishment. Also, the Jav relay setting a school record. You competed hard and are a terrific team. Let's keep up that hard work and competitive spirit. Big meet Tues. vs. undefeated Clifton and 2-2 Passaic.

RIDGEWOOD VS. Clifton 4/21/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Clft
LJ	D. Thomas (R) 18'7"	A. Pietrowski (C) 18'2"	A. Dolgin (R) 17'6 1/2"	6	3
400IH	S. Robinson (R) 59.3	C. Rodgers (R) 61.1	D. Warton (R) 61.4	9	0
100	D. Thomas (R) 10.9	A. McCormick (C) 11.0	J. Haro (C) 11.1	5	4
1600	J. O'Neill (R) 4:34.0	D. Plummer (R) 4:48.2	S. Sieper (R) 4:48.4	9	0
400	J. Haro (C) 49.4	J. Kauke (R) 51.5	Yamasaki (C) 52.1	3	6
110HH	S. Robinson (R) 15.5	A. Pietrowski (C) 15.6	D. Warton (R) 16.6	6	3
800	J. O'Neill (R) 2:03.0	J. Kauke (R) 2:07.0	D. Plummer (R) 2:09	9	0
200	D. Thomas (R) 22.1	A. McCormick (C) 22.6	Yamasaki (C) 23.8	5	4
3200	T. McDonagh (R) 10:33.0	J. VanYperen (R) 10:42.0	D. Oros (R) 10:48.0	9	0
SHOT	J.D. Murdock (R) 48'1 1/2"	T. Fabor (C) 47'7"	B. Zuccala (R) 46'4 1/2"	6	3
DISCUS	J.D. Murdock (R) 143'7"	B. Zuccala (R) 140'11"	TJ Zurla (R) 103'0"	9	0
HJ	S. Robinson (R) 5'6"	J. Roth (R) 5'2"	M. Reilly (C) 5'0"	8	1
PV	D. Warton (R) 11'0"	S. Gibson (C) 10'6"	D. Cooper (R) 10'6"	6	3
TJ	S. Robinson (R) 37'7"	A. Dolgin (R) 36'9 1/2"	Pietrowski (C) 34'4 1/2"	8	1
4X400	Clifton 3:28.0			0	5

TOTALS: RHS CLIF
 98 33

Meet Highlights:

You destroyed an undefeated team. I think we are starting to see how good we really are. Some individuals are doing fantastic. Key performances were from Steve Robinson with 4 wins, Dusty Thomas with 3 wins beating some fine athletes, John O'Neill with 2 wins, and J.D. Murdock with 2 wins. You guys really stepped up and met the challenges that faced you! Congratulations.

RIDGEWOOD VS. Passaic 4/21/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Pass
LJ	J. Anderson (P) 18'10 1/4	D. Thomas (R) 18'7"	Speedy (P) 17'7"	3	6
400IH	S. Robinson (R) 59.4	C. Rodgers (R) 61.1	D. Warton (R) 61.4	9	0
100	D. Thomas (R) 10.9	R. Johnson (P) 11.4	D. Cooper (R) 11.5	6	3
1600	J. O'Neill (R) 4:34.0	N. Patel (P) 4:35.0	D. Plummer (R) 4:48.2	6	3
400	J. Kauke (R) 51.5	A. Dolgin (R) 53.6	R. Gomez (P) 53.7	8	1
110HH	S. Robinson (R) 15.5	D. Warton (R) 16.6	Smith (P) 19.6	8	1
800	J. O'Neill (R) 2:03.0	N. Patel (P) 2:04.0	J. Kauke (R) 2:07.6	6	3
200	D. Thomas (R) 22.1	R. Johnson (P) 22.7	M Cangiolosi (R) 25.0	6	3
3200	N. Patel (P) 10:25.0	T. McDonagh (R) 10:33.0	J. VanYperen (R) 10:42.0	4	5
SHOT	J.D. Murdock (R) 48'1 1/2"	B. Zuccala (R) 46'4 1/2"	R. Alfaro (P) 43'0"	8	1
DISCUS	J.D. Murdock (R) 143'7"	B. Zuccala (R) 140'11"	M. Wyche (P) 118'4"	8	1
HJ	J. Anderson (P) 5'10"	B. Bohanan (P) 5'8"	S. Robinson (R) 5'6"	1	8
PV	D. Warton (R) 11'0"	D. Cooper (R) 10'6"	C. Rodgers (R) 9'6"	9	0
TJ	J. Mora (P) 39'2"	S. Robinson (R) 37'7"	A. Dolgin (R) 36'9 1/2"	4	5
4X400	Ridgewood 3:34.0			5	0

TOTALS: RHS PASS
 91 40

Meet Highlights:

Just a great all around meet. Again, nice job by the guys getting 1st's. The people getting 2nd's and 3rd's are making us a quality dual meet team. Nice work there by Dan Cooper, Chris Rodgers, Damian Plummer, Andrew Dolgin, Josh Kauke, Brian Zuccala, Tim McDonagh, and Jason VanYperen. All frosh novice... you continue to get better as well. Nice job and keep up the great work ethic.

Clifton and Passaic Tue. April 21, 1998

***** RESULTS *****

400IH: Dave Warton- 61.4, Steve Robinson- 59.4,
Chris Rodgers- 61.1, John Roth- 68.6,
Tats Kumagai- 68.0, Jeff Vanderwert- 75.0,
Ned Borgman- 78.4, Dan Vassallo- 77.8

100m: Dusty Thomas- 10.9, Dan Cooper- 11.5,
Matt Cangiolosi- 12.7, Vinny Gerbino- 14.9,
Matt Selhorn- 13.6, Steve Spino- 13.4,
Brad Forenca- 14.7, Matt Grieco- 13.4,
Andy Ma- 14.9, John Saginario- 16.1,
Yiktat Fung- 13.8, Ryan Mang- 13.8

1600m: John O'Neill- 4:34.0, Damian Plummer- 4:48.3,
Mike Martin- 4:52.5, Sean Sieper- 4:48.3,
Jeff Brill- 5:31, Matt Raeburn- 5:49.5,
Mike Reis- 5:36, Ben Ricciardi- 5:42.6

400m: Andrew Dolgin- 53.6, Josh Kauke- 51.5, Rich Chung- 59.5

110 HH: Steve Robinson- 15.5, Dave Warton- 16.6
Chris Rodgers- DNF, John Roth- 17.6,
Tats Kumagai- 19.1, Jeff Vanderwert- 22.2
Ned Borgman- 23.1, Dan Vassallo- 23.3

800m: John O'Neill- 2:03.0, Josh Kauke- 2:06.7,
Damian Plummer- 2:09, Sean Sieper- 2:21.3,
Jeff Brill- 2:28.4, Matt Raeburn- 2:41.3,
Mike Reis- 2:26.5, Ben Ricciardi- 2:36.2

200m: Dusty Thomas- 22.1, Matt Selhorn- 28.3,
Vinny Gerbino- 31.5, Matt Grieco- 28.3,
Rich Chung- 26.8, Steve Spino- 27.3,
Brad Forenca- 29.6, Matt Cangiolosi- 25.0,
John Saginario- 32.5, Dan Vassallo- 30.3,
Yiktat Fung- 28.5, Ryan Mang- 28.6,
Jeff Vanderwert- 30.4, Tats Kumagai- 25.8

3200m: Tim McDonagh- 10:33, Mike Martin- 11:12,
Ron Widmer- 11:02, Dan Oros- 10:48,
Jason Van Yperen- 10:42.8, Andrew Cohen- 11:28.7,
Andrew Rodney- 11:02.7, Joe Sedo- 12:48

4 x 400m: Dave Warton, John O'Neill, Josh Kauke, Damian Plummer
3:34.0 53.1 51.7 52.0 55.7

Field:

Shot: J.D. Murdock- 48'1 1/2", Brian Zuccala- 46'4 1/2",
Frank Lockwood- 41'1", TJ Zurla- 40'0", Randy Malluk
Owen Iozzio- 29'0", Mike McBride- 23'2",
Roy Simpadian- 32'0", Edison Lee- 33'10",
Renny Mann- 30'7 1/4", Jared Bankos- 26'9 1/2",
Dan Sahling- 32'1 1/2", Doug Sokolik- 33'7 1/2",

Disc: J.D. Murdock- 143'7", Brian Zuccala- 140'11",
TJ. Zurla- 103'9", Frank Lockwood- 100'3", James Becker,
Owen Iozzio- 79'2", Edison Lee- 81'5",
Roy Simpadian- 78'11", Renny Mann- 63'7",
Randy Malluk- 59'11", Mike McBride- 72'5",
Jared Bankos- 63'3", Dan Sahling- 81'7",
Doug Sokolik- 82'4",

Long Jump: Dusty Thomas- 18'6", Andrew Dolgin- 17'6 1/2",
Dan Cooper- 17'1", Matt Grieco- 14'5"

Triple Jump: Andrew Dolgin- 36'9 1/2", Chris Rodgers- 33'2"
Steve Robinson- 37'7"

High Jump: Steve Robinson- 5'6", John Roth- 5'2"

Pole Vault: Dave Warton- 11'0", Dan Cooper- 10'6",
Chris Rodgers- 9'6"

Girls, boys win for Ridgewood

By RYAN JONES
Correspondent

PASSAIC — Coaches sometimes find themselves reaching a bit in the hopes of motivating their teams. Jacob Brown had no such trouble Tuesday afternoon. With his Ridgewood girls track team set to face Clifton and host Passaic under a flawless spring sky, the motivation was hard to miss.

"I said to our team, 'Clifton's the Passaic County relay champs, and Passaic was No. 2,'" Brown said of the Mustangs and Indians, who went 1-2 at their County meet last weekend. "We won the Bergen meet, so it was sort of like this battle of titans."

As it turned out, all that convincing may have been unnecessary. Starting slow against their opponents' talented sprinters, the Maroons rallied behind the strength and depth of their distance runners to sweep the tri-meet. The Bergen County relay champs dominated their counterparts from Passaic County, beating Clifton, 75-47, and topping Passaic, 73-49.

"I tried to use [Clifton's] relay win as a sign that, hey, this is a pretty big meet," Brown said. "The kids responded beautifully."

Celeste Sedo led the unbeaten Maroons with a victory in the 3,200 and second-place finishes in the 400 and 800. Also winning for Ridgewood were Meg McDermott in the 800, Gwen Stamper in the high jump, and Helena Lemothe in the triple jump.

"I was encouraged, because we had done well in Counties," said Lemothe, a junior who won the triple with a leap of 32-1. "We knew this was going to be a tough meet, but I always kind of look at

TRACK

the paper and compare, and I figured we could take it."

The Ridgewood boys had even less trouble, recording a 98-33 victory over Clifton and a 91-40 decision over Passaic. The Maroons were led by a quartet of double winners: Dusty Thomas in the 100 and 200; John O'Neill in the 800 and 1,600; Steve Robinson in the hurdles; and J.D. Murdock in the shot put and discus.

Ridgewood boys coach Mike Mullin also got a victory from Dave Warton in the pole vault to complete the rout.

Left to vie for County bragging rights, the Indians and Mustangs battled to a disputed finish in the boys meet. Clifton came away with a 67-66 victory, but only after Passaic's Jawan Anderson was disqualified from two events for wearing spikes.

Before a single race was run, Passaic officials who ran the tri-meet made it clear that no spiked shoes would be allowed on their track. Only after the meet was completed did the home officials confirm that one of their own runners had worn spikes, an infraction that knocked Anderson from top-three finishes in the 200 and the long jump. For the Indians, those DQs turned a win over the rival Mustangs into a one-point loss.

"I hate for it to come down to this, particularly when the meet's over," said Passaic boys coach Dennys Falcon, who joined Clifton boys coach John Pontes after the meet in an amicable, 20-minute huddle to determine the winner.

On the girls side, the Indians left no margin for error, following double wins by



JAMES W. ANNESS/STAFF PHOTOGRAPHER

Dusty Thomas of Ridgewood reaching back for added distance in the long jump. Thomas led the Maroons to NNJIL victories over Clifton and Passaic with wins in the 100- and 200-meter dashes.

Alexandra Medrano in the sprints and LaBelle Hillgrove in the throws for a 67-55 win.

■ Track Bests on S-11

TRACK BESTS OF DAY

Boys meets

100M (11.5) — Thomas, Ridgewood, 10.9; McCormick, Clifton, 11.0; Joe Haro, Clifton, 11.1; Mike Jackson, Hackensack, 11.1; Sterling, Hackensack, 11.1; Stefan Dell'obuono, Lakeland, 11.4; Wynn, Hackensack, 11.4; Johnson, Passaic, 11.4; Bernie Hayes, St. Joseph, 11.4; Dan Cooper, Ridgewood, 11.5; Neal Okarter, Westwood, 11.5; Rich Scanton, Bergen Catholic, 11.5; Anthony Wolfsohn, Don Bosco Prep, 11.5; R. Walker, Englewood, 11.5; Ofori Koram, Ridgfield Park, 11.5; Bob Lozzi, Lakeland, 11.5; Alvin Elliot, Teaneck, 11.5.

200M (23.8) — Thomas, Ridgewood, 22.1; McCormick, Clifton, 22.6; Johnson, Passaic, 22.89; Darby, Hackensack, 22.8; Hayes, St. Joseph, 23.0; Mike Bertly, Teaneck, 23.2; Shawn McQuillan, Nutley, 23.2; Wynn, Hackensack, 23.3; Tom Montuori, Dumont, 23.5; Jackson, Hackensack, 23.5; Mario Pozo, Don Bosco, 23.6; Scanton, 23.6; Pitts, Tenafly, 23.6; Wolfsohn, Don Bosco, 23.7; Howard Smith, Teaneck, 23.7; Tim Hlavacek, Don Bosco, 23.8.

400M (53.5) — Joe Haro, Clifton, 49.9; Joshua Kauke, Ridgewood, 51.5; Paul Cheteyan, Teaneck, 51.8; Yamasakml, Clifton, 52.1; Darby, Hackensack, 52.2; Pozo, Don Bosco, 52.4; Sheldon Smith, Teaneck, 52.5; Joe Cronin, Don Bosco, 52.8; Chris Andreano, Bergen Catholic, 53.3; Michael Cantore, Teaneck, 53.3.

800M (2:05) — Rick Lehmbek, Don Bosco, 2:01.4; Cory Kunz, St. Joseph, 2:02.3; O'Neil, Ridgewood, 2:03; Keith Horbatuck, Lakeland, 2:03; Joe Santonacita, Don Bosco, 2:03.4; Kurt Troy, Lakeland, 2:03.7; Patel, Passaic, 2:04; John Morash, Don Bosco, 2:04.6; Bob Burke, Bergen Catholic, 2:05.

1,600M (4:40) — Thomas Baldwin, Hackensack, 4:25.8; Dan Contreras, Don Bosco, 4:30.3; O'Neil, Ridgewood, 4:34; Patel, Passaic, 4:35; Andres Cordero, Passaic Valley, 4:36; Lehmbek, Don Bosco, 4:37; Horbatuck, 4:37; Greg Holz, Bergen Catholic, 4:37.5.

3,200M (10:05) — Baldwin, Hackensack, 9:44.8; Contreras, Don Bosco, 9:49.2.

110M HH (16.2) — Brendan King, Lakeland, 14.8; Robinson, Ridgewood, 15.2; Hlavacek, Don Bosco, 15.4; Benny Van Dunk, Lakeland, 15.4; Stowers, Hackensack, 15.6; Piotrowski, Clifton, 15.6; Jord, River Dell, 15.7; Holye, Englewood, 15.9; Neal Okarter, Westwood, 16.1; Robinson, River Dell, 16.2.

400M IH (60.0) — King, 56.8; Don Platvoet, Passaic Valley, 57.2; McQuillan, 57.6; Stowers, Hackensack, 57.8; Hlavacek, Don Bosco, 58.2; Bob Miller, Bergen Catholic, 59.2.

1 mile or 1,600M relay (3:42) — Hackensack, 3:31; Don Bosco (Pozo, Cronin, Lehmbek, Matt Strout), 3:32.6; Westwood (Doug Salvi, Mike Dopf, Matt Caporaletti, Andrew Giannotti), 3:34.1; Lakeland (Lozzi, King, Van Dunk, Dell'obuono) 3:38; Bergen Catholic (Andreano, D'izza, Burke, Cataldo) 3:38.5; Teaneck (Brown, Cheteyan, Bertly, Lewis), 3:42.

Long jump (19-6) — Neal Okarter, Westwood, 21-1; Van Dunk, 20-11; Andrew Drabick, Bergen Catholic, 20-10; Garreth Hedgas, Westwood, 20-3¼; Bertly, 19-11.

Triple jump (39-8) — Neal Okarter, Westwood, 46-¼; Bernie Hayes, St. Joseph, 41-¼; Bryan Sheldon, Westwood, 40-10-¾; Nsima Brown, Teaneck, 40-6; Smith, 40-¼.

High jump (5-10) — Drabick, 6-2; Jeff Cosgrave, Bergen Catholic, 5-10; John Myles, Hackensack, 6-0; Rahman, Hackensack, 6-0; Glastie, Hackensack, 5-10; Russell Anderson, Don Bosco, 5-10; Anderson, Passaic, 5-10; Platvoet, Passaic Valley, 5-10.

Pole vault (11-0) — Ken Duffy, Dumont, 12-0; Garrett Hedgas, Westwood, 11-0; Miller, 11-0; Ken Schelder, Don Bosco, 11-0; Warton, Ridgewood, 11-0; Ende Racz, Lakeland, 11-0; Ryan Pleaniarski, Passaic Valley, 11-0.

Discus (135 feet) — Jim Fischer, Bergen Catholic, 155-5; Paul Koob, Bergen Catholic, 153-8; Dance, River Dell, 143-8; Murdock, Ridgewood, 143-7; Zuccala, Ridgewood, 140-11.

Javelin (180 feet) — Arden Clerich, Lakeland, 165-1; Racz, 164-10.

Shot put (45 feet) — Dance, River Dell, 52-9; Fischer, 49-8; Murdock, Ridgewood, 49-1¼; Fabor, Clifton, 47-7; Beebe, Hackensack, 47-0; Balsamo, River Dell, 46-5; Bryan Sheldon, Westwood, 46-4¼; Zuccala, Ridgewood, 46-4¼; Loeffler, Hackensack, 46-0; Jones, Hackensack, 45-8¼; Kevin Sampson, Westwood, 45-3; Kevin Miceli, Lakeland, 45-0.

Girls meets

100M (13.5) — Carlene Cummings, Englewood, 12.3; Courtney Cubicciotti, IHA, 12.7; Finelli, River Dell, 12.8; Medrano, Passaic, 12.8; Mary Jones, Hackensack, 12.9; Shanti Marshall, Teaneck, 13.1; Meel Charles, Westwood, 13.2; Helena Mothe, Ridgewood, 13.2; Lizzie Vogelbach, Ridgewood, 13.2; Kul, River Dell, 13.3; Hudson, Hackensack, 13.4; Jaelita Reams, Teaneck, 13.4; Alessia Cirilli, Hasbrouck Hts., 13.4; Cherise Logan, Teaneck, 13.5; Jessica Hanson, Dumont, 13.5.

200M (27.6) — Cubicciotti, IHA, 25.6; Medrano, Passaic, 26.3; Shanti Marshall, Teaneck, 27.1; Thomas, Hackensack, 27.6.

400M (84.0) — Kelly Johnston, Teaneck, 60.5; Koenig, Hackensack, 61.3; Gorham, Passaic, 61.4; Celeste Sedo, Ridgewood, 62.2; Erin Engelhardt, IHA, 63.2; Lee, IHA, 63.4; Leslie Bruno, Ridgewood, 63.8.

800M (2:30) — Janelle McCallum, Teaneck, 2:24.9; McDermott, Ridgewood, 2:25.4; Sedo, Ridgewood, 2:25.6; Williams, Passaic, 2:26.4; Jenica Asodorian, Westwood, 2:28.8; Ressler, Hackensack, 2:29.

1,600M (5:50) — Mary Dariano, IHA, 5:23; Androski, Hackensack, 5:25.9; Williams, Passaic, 5:33; Uli Bromme, Tenafly, 5:36.3; Tara O'Neil, Ridgewood, 5:37; Janelle McCallum, Teaneck, 5:39.7; Quatrano, Hackensack, 5:41.9; C. Dougherty, Nutley, 5:43.5; Helena Brady, Dumont, 5:43.7; Cosgrove, Tenafly, 5:45.3; Lisa Nepil, Ridgfield Park, 5:47; Monica Schiefen, Ridgewood, 5:48; Justine Galloway, Teaneck, 5:48.9.

3,200M (12:45) — Beth Androski, Hackensack, 11:48; Dariano, IHA, 12:13; Alex Kenworthy, IHA, 12:15.1; Bromme, Tenafly, 12:15.1; Justine Galloway, Westwood, 12:37; Monica Guinein, Ridgewood, 12:43; O'Neil, Ridgewood, 12:44.

100M LH (17.5) — Rowan Moore, Nutley, 16.0; Dutch, Clifton, 16.4; Alessia Cirilli, Hasbrouck Hts., 16.7; Nicole Brown, Teaneck, 16.8; Ana Law, Ridgewood, 17.3; Harrison, Hackensack, 17.4; Karen Hoogland, Ridgewood, 17.5.

400M IH (72.0) — Meg McDermott, Ridgewood, 67.8; Jill Ressler, Hackensack, 69.3; Nicole Brown, Teaneck, 71.3; Jen Lee, IHA, 71.6; Harrison, Hackensack, 72.0.

1 mile or 1,600M relay (4:30) — Passaic, 4:10.0; Ridgewood, 4:10.3; Hackensack, 4:18; IHA, 4:24.9; Westwood (Stinson, Drew, Asodorian, Chen) 4:25.5.

Long jump (15-0) — Carlene Cummings, Englewood, 17-5; Charnie Carter, Lyndhurst, 15-4¼; Thomas, Clifton 15-3¼; Shenee Clarke, Ridgfield Park, 15-3; Erika Jungblut, Teaneck, 15-2; Amy Chen, Westwood, 15-2.

Triple jump (31-0) — Carlene Cummings, Englewood, 39-8¼; Erika Jungblut, Teaneck, 35-2; Carter, 35-1¼; Adriana DiNardo, Hasbrouck Hts., 32-4¼; Shenee Clarke, Ridgfield Park, 32-3¼; Nicola Florio, Hasbrouck Hts., 32-1¼; Lamothe, Ridgewood, 32-1; Chen, 31-2; Shenny, River Dell, 31-7; Stephanie Pillari, Westwood, 31-1.

High jump (4-10) — Mary Jones, Hackensack, 4-10.

Discus (90 feet) — Kristen Guilmes, Ridgfield Park, 100-0; Melissa Ayvis, Wood-Ridge, 101-6¼; Lauren Gmitka, Hasbrouck Hts., 99-2; Michelle Wilson, Ridgewood, 92-9; Irving, Passaic, 92-8; Narissa Charles, Teaneck, 91-1; Betty Nicholas, Westwood, 90-8.

Javelin (95 feet) — Janet Lucco, Westwood 110-6; Leonora Colon, Ridgfield Park, 100-5; Kristen Guilme, Ridgfield Park, 96-7.

Shot put (30 feet) — Hillgrove, Passaic, 40-1; Ayvis, 32-9¼; Kim Grein, Ridgfield Park, 32-½; Brenda Arroyo, Ridgfield Park, 31-10¼; Leonora Colon, Ridgfield Park, 30-9; Nicholas, 30-7; Val Carabetta, Dumont, 30-7. Hopple, Englewood, 30-5.

***** RESULTS

PENN RELAYS

Fri. 4/24, Sat. 4/25

Friday's Events:

4 x 100m: Dan Cooper, Dave Warton, Steve Robinson, Dusty Thomas
45.9 11.9 11.5 11.5 10.9

Javelin: J.D. Murdock- 187'7" (8TH) *** NEW SCHOOL RECORD!

Saturday's Events:

4 x 400m: John O'Neill, Andrew Dolgin, Josh Kauke, Dusty Thomas
3:30.01 53.8 54.1 51.6 50.9
**** WON HEAT! 1ST TIME EVER AT PENN!

Don Bosco, Ridgewood win

By PAUL SCHWARTZ
Correspondent

PHILADELPHIA — It's probably been 20 years since Don Bosco Prep won a plaque signifying a victory in a heat of the Penn Relays 1,600 relay. And Ridgewood's boys aren't sure they've ever won one.

But Saturday at the 104th renewal of the country's biggest and most famous track meet, both Bergen County schools added one of the distinctive Penn Relays plaques to their trophy cases.

Ridgewood used a wonderful 50.9 anchor 400 split by Dusty Thomas to come from fourth place to overtake Central High School of Maryland, and Cornwall, N.Y., to win in 3:30.07, while Don Bosco ran a balanced team with splits between 52.1 and 52.4 seconds to defeat Averill Park, N.Y., in 3:28.91.

"I didn't know we had won a plaque until we got our medals, and it's awesome," said Don Bosco's Rick Lehmebeck, the only senior and the third leg on a team that included juniors Mario Pozo, Tim Hlavacek, and Joe Cronin. "The 800 is my event and we didn't run very well yesterday [Friday] in the 4 by 800 relay, but this

TRACK

made things a lot better. It's exciting to run here and win."

The Ironmen struggled in the Bergen County Jack Yockers Relays last weekend.

"We were down a few people going into the counties, and those that ran gave 110 percent, but it wasn't enough," said head coach John Nepolitan.

Pozo, usually a sprinter, got the Ironmen into good position in the 12-team field, which also included teams from Maryland and the District of Columbia. Hlavacek, better known as a hurdler, grabbed the lead at the second exchange and passed off to Lehmebeck who extended the lead before handing off to Cronin.

"We've been playing around with the lineup and this turned out to be the best one," said Nepolitan.

In fact, Cronin was never headed in winning by 20 meters.

Ridgewood's win was different. Miler John O'Neill got the Maroons off well in their 14-team race, which included nine New York schools and others from Maryland and Virginia, keeping the Maroons

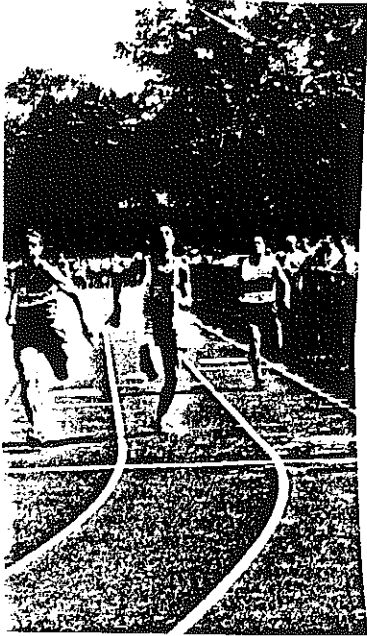
out of trouble. Sophomore Josh Kauke and soph Andrew Dolgin helped the Maroons into fourth, before Thomas got the baton.

Hackensack recorded the area's top time in placing third in their 1,600 heat, running 3:27.45, and earning medals.

Other local teams, their times and places:

Clifton (3:30.99, third), Teaneck (3:32.69, 8th), Bergen Catholic (3:33.68, 12th), Cresskill (3:35.80, seventh), Westwood (3:35.98, ninth, despite Andrew Giannotti's 49.5 anchor), Paramus Catholic (3:36.10, eighth), Old Tappan (3:36.56, fourth), Lyndhurst (3:37.46, fourth), Fair Lawn (3:37.64, seventh), Passaic Valley (3:37.66, 10th), Ramsey (3:37.98, fifth) and Hasbrouck Heights (3:51.58, 12th).

NOTES — Englewood's Carlene Cummings, who set a Bergen County, New Jersey, Penn Relays, and Franklin Field high school record by leaping 42 feet 2¾ inches was named the Individual High School girls MVP Saturday. Westwood's Neal Okarter finished 19¾ inches out of the finals in leaping 45 feet, eight inches to take 11th in the high school boys triple jump.



RIDGEWOOD VS. Montclair 4/28/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	Mont
LJ	D. Thomas (R) 20'0"	A. Dolgin (R) 19'0"	Bowens (M) 18'3 1/2	8	1
400IH	D. Warton (R) 57.6	S. Robinson (R) 59.7	C. Carey (M) 63.4	8	1
100	B. Cook (M) 11.2	D. Thomas (R) 11.2	O. Brown (M) 11.2	3	6
1600	J. O'Neill (R) 4:36.2	J. Kauke (R) 4:36.8	G. Brown (M) 4:39.6	8	1
400	D. Tyree (M) 49.6	A. Dolgin (R) 52.9	M. Cangiolosi (R) 57.7	4	5
110HH	D. Warton (R) 15.7	S. Robinson (R) 15.8	Prez (M) 17.6	8	1
800	J. O'Neill (R) 2:01.6	D. Bowen (M) 2:02.1	D. Plummer (R) 2:08.5	6	3
200	B. Cooke (M) 22.3	O. Brown (M) 22.6	D. Thomas (R) 22.7	1	8
3200	G. Brown (M) 10:13.3	T. McDonagh (R) 10:29.1	J. VanYperen (R) 10:47.1	4	5
SHOT	B. Zuccala (R) 48'2"	J.D. Murdock (R) 47'2"	G. Stanley (M) 44'2"	8	1
DISCUS	J.D. Murdock (R) 137'2"	G. Stanley (M) 131'	B. Zuccala (R) 127'2"	6	3
HJ	S. Robinson (R) 5'10"	Martin (M) 5'10"	O'Neill (R) 5'6"	6	3
PV	D. Warton (R) 12'0"	D. Cooper (R) 10'		8	0
TJ	A. Dolgin (R) 37'3"	D. Warton (R) 36'0"		8	0
4X400	Ridgewood 3:37.5			5	0

TOTALS: RHS MONT
 91 38

Comments:

You ran the table! A perfect 8-0 in our dual meets. Awesome job. That makes us 23-1 in the past 3 years, pretty nice! Tremendous meet from Dave Warton with great break throughs in both hurdles and the pole vault (even though 13' was his 4th jump). Also great efforts by John O'Neill with his 2 1st's and a 3rd in the HJ, and Andrew Dolgin for a 1st and 2 2nd's. Congratulations to all!

RIDGEWOOD VS. Eastside 4/28/98

Event	FIRST PLACE	SECOND PLACE	THIRD PLACE	RHS	East
LJ	D. Thomas (R) 20'	A. Dolgin (R) 19'	S. Williams (E) 18'3"	8	1
400IH	D. Warton (R) 57.6	S. Robinson (R) 59.7	T. Kumagai (R) 63.8	9	0
100	D. Thomas (R) 11.2	D. Cooper (R) 12.0	S. Williams (E) 12.2	8	1
1600	J. O'Neill (R) 4:36.2	J. Kauke (R) 4:36.6	D. Plummer (R) 4:46.5	9	0
400	A. Dolgin (R) 52.9	D. Fray (E) 53.9	M.Cangiolosi (R) 57.7	6	3
110HH	D. Warton (R) 15.7	S. Robinson (R) 15.8	T. Kumagai (R) 18.9	9	0
800	J. O'Neill (R) 2:01.6	D. Plummer (R) 2:08.5	Gilbert (E) 2:14.2	8	1
200	D. Thomas (R) 22.7	D. Cooper (R) 24.5	S. Williams (E) 24.5	8	1
3200	T. McDonagh (R) 10:29.1	D. Tonkins (E) 10:29.4	J. VanYperen (R) 10:47	6	3
SHOT	B. Zuccala (R) 48'2"	J.D. Murdock (R) 47'2"	TJ. Zurla (R) 38'10"	9	0
DISCUS	J.D. Murdock (R) 137'2"	B. Zuccala (R) 127'2"	Smells (E) 110'	8	1
HJ	Williams (E) 5'10"	S. Robinson (R) 5'10"	J. O'Neill (R) 5'6"	4	5
PV	D. Warton (R) 12'0"	Wilkini (E) 10'0"	D. Cooper (R) 10'0"	6	3
TJ	A. Dolgin (R) 37'3"	D. Warton (R) 36'0"	Wheatley (E) 35'3 1/2	8	1
4X400	Ridgewood 3:37.5			5	0

TOTALS: RHS 111 EAST 20

Comments:

Another domination. You are a strong dual meet team. Great efforts by Dusty Thomas with 3 1st's, by J.D., Brian and TJ in the throws, and from Tats Kumagai and Matt Cangiolosi for getting some good 3rd places. We now have to start preparing for the championship part of the season.

Montclair and Eastside Tue. April 28, 1998

***** RESULTS *****

- 400IH: Dave Warton- 57.6, Steve Robinson- 59.7,
Tats Kumagai- 63.9
- 100m: Dusty Thomas- 11.2, Dan Cooper- 12.0,
Matt Cangiolosi- 12.5, Peter Georgotas- 15.0,
Bryan Kim- 13.5, Yiktat Fung- 13.9, Y. Chung- 12.2
- 1600m: John O'Neill- 4:36.2, Damian Plummer- 4:46.5,
Mike Martin- 5:08.0, Josh Kauke- 4:36.6,
Jeff Brill- 5:30, Jason Van Yperen- 4:59.1,
Tim McDonagh- 4:54.0, Mike Reis- 5:35, Dan Keesing- 5:54,
Ron Widmer- 5:02, Ben Ricciardi- 5:36,
Joe Sedo- 6:08
- 400m: Andrew Dolgin- 52.9, Matt Cangiolosi- 57.7
- 110 HH: Steve Robinson-15.8, Dave Warton- 15.7,
Tats Kumagai- 18.9
- 800m: John O'Neill- 2:01.7, Damian Plummer- 2:08.5,
Jeff Brill- 2:29.5, Mike Reis- 2:28.8,
Dan Keesing- 2:42, Ben Ricciardi- 2:37.0,
Mike Martin- 2:17.2
- 200m: Dusty Thomas- 22.7, Dan Cooper- 24.5,
Matt Cangiolosi- 25.8, Y. Chung- 25.0, Bryan Kim- 27.6,
Adam Freeland- 28.9, Yiktat Fung- 27.9,
- 3200m: Tim McDonagh- 10:29, Ron Widmer- 10:52, A. Rodney- 11:07,
J. Van Yperen- 10:47, Andrew Cohen- 11:50,
- 4 x 400m: John O'Neill, Andrew Dolgin, Josh Kauke, Dusty Thomas
3:37.5 54.2 53.8 56.6 53.0
- Shot: J.D. Murdock- 47'2", Brian Zuccala- 48'2",
TJ Zurla- 38'10", Ed Castellanos- 30'3",
Mike McBride- 24'10", Edison Lee- 34'9",
Dan Sahling- 30'1 1/2", Doug Sokolik- 33'2",
- Disc: J.D. Murdock, Brian Zuccala, TJ. Zurla,
Ed Castellanos- 83'7", Edison Lee- 82'7",
Mike McBride- 74'10", Dan Sahling- 85'6",
Doug Sokolik- 76'7",
- Long Jump: Dusty Thomas- 20', Andrew Dolgin- 19',
Dan Cooper- 14'5",
- Triple Jump: Andrew Dolgin- 37'3", Dave Warton- 36',
- High Jump: Steve Robinson- 5'10", John O'Neill- 5'6"
- Pole Vault: Dave Warton- 12', Dan Cooper- 10'

DUAL-MEET TRACK BESTS

Boys

1998 SEASON

100 METERS — Chris Charles, Park Ridge, 10.8; Mike Jackson, Hackensack, 10.9; Dusty Thomas, Ridgewood, 10.9; Tom Patterson, Manchester, 11.0; Andrae McCormick, Clifton, 11.0; Bernie Hayes, St. Joseph Regional, 11.0.

200 METERS — Dusty Thomas, Ridgewood, 22.1; Klyon Harley, Paramus Catholic, 22.2; Kewest Darby, Hackensack, 22.8; Andrae McCormick, Clifton, 22.6; Joe Haro, Clifton, 22.7; Rob Milanese, Ramapo, 22.7; Noah Meler, Indian Hills, 22.7; Andy Escobar, Indian Hills, 22.7; Rashon Johnson, Passaic, 22.7; Andrew Giannotti, Westwood, 22.7.

400 METERS — Joe Haro, Clifton, 49.9; Andrew Giannotti, Westwood, 50.5; Joe Mendel, Wayne Hills, 50.5; Keith Van Goor, Midland Park, 50.8; Paul Cheyeyan, Teaneck, 51.4.

800 METERS — Rick Lehmbeck, Don Bosco, 1:59.5; Brian Burns, River Dell, 2:00.0; Dan Contreras, Don Bosco, 2:00.7; Tom Baldwin, Hackensack, 2:01.0; Matt Caporaletti, Westwood, 2:01.5.

1,600 METERS — Tom Baldwin, Hackensack, 4:25.8; Cary Snyder, NV/Demarest, 4:28.6; Matt Caporaletti, Westwood, 4:29.7; Dan Contreras, Don Bosco, 4:30.3; Russ Giancola, New Milford, 4:31.0.

3,200 METERS — Tom Baldwin, Hackensack, 9:44.2; Dan Contreras, Don Bosco, 9:48.0; Nilesh Patel, Passaic, 9:58.0; Jeff Clark, Bogota, 9:58.0; Eamon O'Brien, Paramus, 10:04.6.

110-METER HURDLES — Guy Rose, Wayne Hills, 14.2; Brendan King, Lakeland, 14.6; Marc Fulsom, Paramus Catholic, 15.0; Steve Robinson, Ridgewood, 15.2; Neil Okarter, Westwood, 15.2; Jude Guy, Fair Lawn, 15.2.

400-METER HURDLES — Guy Rose, Wayne Hills, 55.4; Marc Fulsom, Paramus Catholic, 56.1; Don Platvoet, Passaic Valley, 56.5; Scott Wallace, Wayne Valley, 56.7; Brendan King, Lakeland, 56.8.

SHOT PUT — Adam Scholze, Ramapo, 54-10; Steve Dance, River Dell, 52-9; Ken Edmundson, Demarest, 52-1; Murphy, Bergen Tech, 51-1; Frank Kozi-broda, Wood-Ridge, 51-1.

DISCUS — Jim Fischer, Bergen Catholic, 170-3; Adam Scholze, Ramapo, 157-5; Paul Koob, Bergen Catholic, 153-6; Cook, Kennedy, 147-8; Jasmin Cami, Fort Lee, 147-5.

JAVELIN — Jim Hayes, Hawthorne, 181-5; Arden Clerch, Lakeland, 177-4; Matt Conneil, Westwood, 175-2; Ron Phillips, Wood-Ridge, 172-4; Dan Snyder, Rutherford, 172-2.

HIGH JUMP — Eumir Rahman, Hackensack, 6-8; Guy Rose, Wayne Hills, 6-4; Myes, Hackensack, 6-4; Keith Johnson, Paramus Catholic, 6-4; Mike Stanfield, Garfield, 6-4.

LONG JUMP — Benny Van Dunk, Lakeland, 21-8; Sheldon Russell, Bergen Tech, 21-4; Neil Okarter, Westwood, 21-3¼; Keith Johnson, Paramus Catholic, 21-0; Gareth Hedges, Westwood, 21-0.

TRIPLE JUMP — Neil Okarter, Westwood, 48-¼; Sheldon Russell, Bergen Tech, 43-7; Paul Berberian, Old Tappan, 42-8; Chris Charles, Park Ridge, 42-7; Mike Stanfield, Garfield, 42-3¼.

POLE VAULT — Ken Duffy, Dumont, 12-6; Ken Scheider, Don Bosco, 12-6; Dave Ritchey, Old Tappan, 12-6; Claudio Morella, Lyndhurst, 12-6; Bob Miller,

Bergen Catholic, 12-6.

1,600-METER RELAY — Paramus Catholic, 3:29.5; Hackensack, 3:30.4; Don Bosco, 3:30.4; Westwood, 3:32.0; Teaneck, 3:33.1.

Girls

1998 SEASON

100 METERS — Carlene Cummings, Englewood, 12.3; Amanda Von Rudenbourg, West Milford, 12.5; Janna Kohout, Glen Rock, 12.6; Mary Lualien, West Milford, 12.7; Courtney Cubicciotti, IHA, 12.7.

200 METERS — Courtney Cubicciotti, IHA, 25.6; Alexandra Medrano, Passaic, 26.3; Denay Caldwell, Eastside, 26.5; Dara Seidman, Ramsey, 26.5; Petal Gay-Barnett, Eastside, 26.7.

400 METERS — Kelley Johnson, Teaneck, 60.0; Sabrina Naaly, Kennedy, 60.9; Lauren Sherry, River Dell, 60.9; Kennisha Reid, Passaic Tech, 61.1; Shauna Koenig, Hackensack, 61.3; Emily Drew, Westwood, 61.3.

800 METERS — Meg McDermott, Ridgewood, 2:23.3; Janelle McCallum, Teaneck, 2:24.9; Mary D'Ariano, IHA, 2:25.0; Celeste Sedo, Ridgewood, 2:25.8; Amy Giacabone, IHA, 2:25.9.

1,600 METERS — Kelly Behan, Ridgewood, 5:14.3; Mary D'Ariano, IHA, 5:23.0; Jenica Asadorian, Westwood, 5:23.9; Beth Androski, Hackensack, 5:25.9; Tracy Kirk, Ramsey, 5:29.0.

3,200 METERS — Jenica Asadorian, Westwood, 11:44.2; Beth Androski, Hackensack, 11:49.0; Josie Maceri, Fort Lee, 11:58.0; Mary D'Ariano, IHA, 12:13.0; Alex Kenworth, IHA, 12:18.4.

100-METER HURDLES — Jamie Lilien, Pascack Valley, 14.6; Denay Caldwell, Eastside, 15.1; Beth Packman, Pascack Hills, 15.6; Gingi Woodward, Pompton Lakes, 15.7; Melissa Dutch, Clifton, 15.9.

400-METER HURDLES — Denay Caldwell, Eastside, 63.1; Natalie Popowicz, Clifton, 63.1; Van Way, Passaic Valley, 66.4; Mahasin Pegelise, Rutherford, 66.7; Heather Morabito, Lakeland, 66.8.

SHOT PUT — Labelle Hillgrove, Passaic, 42-1; Jennifer Flinchum, Demarest, 38-4; Najran Stephens, Cliffside Park, 35-2; Jean Marie Bellotti, Rutherford, 34-6; Marisa Christoudias, Ramsey, 34-3¼.

DISCUS — Labelle Hillgrove, Passaic, 121-0; Jennifer Flinchum, Demarest, 109-3; Kristen Guilmes, Ridgely Park, 108-11; Ayorkor Koney, Garfield, 107-7; Melissa Ayvas, Wood-Ridge, 106-7.

JAVELIN — Marissa Sarubbi, Cliffside Park, 118-3; Ann Woetzel, Paramus Catholic, 115-10; Jennifer Austin, Garfield, 114-6; Janet Luce, Westwood, 112-4; Jackie Babbini, Cliffside Park, 110-2.

HIGH JUMP — Amanda Witt, Holy Angels, 5-4; Suzanne Nelson, Hawthorne, 5-4; Cheryl Burdick, Ramsey, 5-4; Ann Woetzel, Paramus Catholic, 5-2; Jamie Lilien, Pascack Valley, 5-2.

LONG JUMP — Carlene Cummings, Englewood, 17-9¼; Gingi Woodward, Pompton Lakes, 16-8; Bur-londa Thomas, Clifton, 16-2; Helena LaMothe, Ridgewood, 16-1; Nicole Parkinson, Bergen Tech, 16-0¼.

TRIPLE JUMP — Carlene Cummings, Englewood, 40-1; Erika Jungblut, Teaneck, 38-2; Charmie Carter, Lyndhurst, 35-1¼; Helena LaMothe, Ridgewood, 34-0; Karin Boman, NV/Demarest, 33-8.

1,600-METER RELAY — Passaic, 4:10.0; Ridgewood, 4:10.3; Eastside, 4:12.4; Teaneck, 4:12.5; Westwood, 4:17.1.

***** RESULTS Bernard's Invitational Sat. May 2nd

Events:

100m: Dusty Thomas- 11.1/11.0/11.1 (2ND)

200m: Dusty Thomas- 22.2/22.7 (1ST), Dan Cooper- 24.5

400m: Andrew Dolgin- 52.8

800m: Damian Plummer- 2:06.1

1600m: John O'Neill- 4:28.9 (2ND), Josh Kauke- 4:47.4

3200m: Tim McDonagh- 10:37.5 (5TH)

110 HH: Steve Robinson- 15.8

400 IH: Dave Warton- 56.9 (4TH), Steve Robinson- 60.7

Shot Put: J.D. Murdock- 47', Brian Zuccala- 47'3"

Discus: J.D. Murdock- 141'4" (5TH), Brian Zuccala- 139'6" (6TH)

Javelin: J.D. Murdock- 194'3" (1ST), Brian Zuccala- 168'2" (3RD)
** NEW SCHOOL RECORD FOR JD.

High Jump: Steve Robinson- 5'8" (5TH)

Long Jump: Andrew Dolgin- 18'6 1/2"

Pole Vault: Dave Warton- 12'0", Dan Cooper- 10'6"

4 x 400m: John O'Neill, Andrew Dolgin, Josh Kauke, Dusty Thomas
3:27.2 (DQ) 53.4 51.7 52.1 49.9

Comments:

Special congratulations to Dusty and J.D for winning watches for their first place finishes. Tough break for the 4 x 400 which won but was DQ'd. A very nice and fun meet to watch! Next weekend is the league's... Let's be focused!

TRACK

Bernards Invitational

At Bernardsville

BOYS

100 — 1, Andrae McCormick, Clifton, 10.9; 2, Dusty Thomas, Ridgewood, 11.1; 3, James Peterson, Ewing, 11.2; 4, Rob Milanesi, Ramapo, 11.3; 5, Greg Toal, Ramapo, 11.3.

200 — 1, Dusty Thomas, Ridgewood, 22.7; 2, Patrick O'Rourke, Voorhees, 22.9; 3, Calvin Look, South Brunswick, 22.9; 4, James Alston, Hamilton West, 23.2; 5, James Peterson, Ewing, 23.2.

400 — 1, Joe Mendel, Wayne Hills, 50.4; 2, Paul Cheteyan, Teaneck, 51.1; 3, Maurice Love, Howell, 51.2; 4, Tony Yamasaki, Clifton, 51.6; 5, Kyle Vinson, Hillsborough, 52.0; 6, John Winters, Ramapo, 52.4.

800 — 1, Ricky Gibson, Ridge, 1:54.4; 2, Justin Murray, Pingry, 1:56.4; 3, Lou Palms, Bernards, 1:59.8; 4, Travis Graham, South Brunswick, 2:00.2; 5, Aaron Scheinman, Glen Rock, 2:01.8.

1,600 — 1, Matt Kulken, Glen Rock, 4:24.0; 2, John O'Neil, Ridgewood, 4:25.8; 3, Halder Santos, Clark, 4:26.8; 4, Andrew Gruel, Pingry, 4:29.8; 5, Jose Neves, Bound Brook, 4:31.0.

3,200 — 1, Nick Ricco, Voorhees, 10:00.5; 2, Eric Proi, Kinnelon, 10:02.8; 3, Steve Sanabria, J.P. Stevens, 10:08.8; 4, Ken Jackman, Ramapo, 10:16.9; 5, Tim McDonagh, Ridgewood, 10:37.1.

110 HH — 1, Guy Rose, Wayne Hills, 14.1; 2, Blair Woodward, Scotch Plains, 14.8; 3, Calvin Look, South Brunswick, 14.7; 4, Steven Flynn, Delaware Valley, 15.2; 5, Andy Plotrowski, Clifton, 15.8.

400 IH — 1, Guy Rose, Wayne Hills, 55.4; 2, Gordon Roberts, Bernards, 56.8; 3, Greg Steenberge, Somerville, 58.8; 4, Dave Warton, Ridgewood, 58.9; 5, Jude Guy, Fair Lawn, 57.8.

Shot put — 1, Terrance Glover, Hamilton West, 54-7; 2, Adam Schoize, Ramapo, 52-6; 3, Pat Daugherty, Ridge, 49-3½; 4, James Jenkins, Hillsborough, 48-4; 5, Mark McDonough, Ridge, 47-3½.

Discus — 1, Terrance Glover, Hamilton West, 183-10; 2, Pat Daugherty, Ridge, 159-0; 3, Mike Curtis, Bloomfield, 158-0; 4, Adam Schoize, Ramapo, 157-11; 5, J.D. Murdock, Ridgewood, 141-4.

Javelin — 1, J.D. Murdock, Ridgewood, 194-3; 2, Steve Miller, Somerville, 181-10; 3, Brian Zuccala, Ridgewood, 168-2; 4, Steve Wolf, Immaculate, 167-2; 5, Vic Holmlund, Bound Brook, 167-0.

High jump — 1, Karl Jennings, Scotch Plains-Fanwood, 6-4; 2, Dave Mendez, Hillsborough, 6-0; 3, Guy Rose, Wayne Hills, 5-10; 4, Halder Santos, Clark, 5-10; 5, tie between Brian Kowalczyk, Bound Brook and Steve Robinson, Ridgewood, 5-8.

Long jump — 1, Blair Woodward, Scotch Plains, 21-11½; 2, Tyrone Johnson, Kennedy, 21-2¾; 3, Roberto Brenes, Kinnelon, 20-4¾; 4, Don Platvoet, Passaic Valley, 20-3; 5, Adam Bowser, Scotch Plains, 20-2¾; 6, Stephen Taylor, DePaul, 19-7½.

Pole vault — 1, Frank Dumbreski, Hunterdon Central, 14-6; 2, Chris Gates, New Providence, 14-6; 3, tie between Eric Moskal, Hillsborough, and Phil Jones, Livingston, 12-6; 5, Rob Campora, Livingston, 12-6.

400 relay — 1, Voorhees, 43.9; 2, Steinert, 44.8; 3, Bridgewater-Raritan, 45.2; 4, tie between Snyder and Livingston, 46.1.

1,600 relay — 1, Hamilton East, 3:28.1; 2, Teaneck, 3:29.2; 3, Snyder, 3:30.0; 4, Hillsborough, 3:30.6; 5, Ridge, 3:32.8. (Ridgewood won in 3:27.2 but was disqualified.)

GIRLS

100 — 1, Sikira Bakus, Princeton, 12.3; 2, Denise Scott, St. Mary's (JC), 12.5; 3, Yaruby Brenes, Kinnelon, 12.8; 4, Kirsten Zelaznik, Voorhees, 13.1; 5, Mia Francis, Union, 13.4.

200 — 1, Sikira Bakus, Princeton, 25.2; 2, Denise Scott, St. Mary's, 25.4; 3, Yaruby Brenes, Kinnelon, 25.8; 4, Jasmeen Horns, J.P. Stevens, 27.0; 5, Melissa Bolko, Monroe Twp., 27.1.

400 — 1, Mia Campo, St. Mary's (JC), 55.6; 2, Sherry White, Newark Science, 60.1; 3, Sarah Rhodes, Voorhees, 60.2; 4, Peta-Gayle Barnett, Eastside, 60.8; 5, Melanie Rhoden, Ewing, 61.1.

800 — 1, Faith Murray, Trenton, 2:19.7; 2, Tracy Della Torre, Glen Rock, 2:20.8; 3, Janelle McCollum, Teaneck, 2:21.3; 4, Glaindouché Figaro, Snyder, 2:22.5; 5, Christina...

Park, 27.0; 4, Latoya Thomas, Hackensack, 27.3; 5, Irene Laldenrost, Park Ridge, 27.8; 6, Thatcher DeCosta, Englewood, 28.0.

400 — 1, Sylvia Neely, Kennedy, 59.0; 2, Vicki Byrne, Saddle Brook, 61.9; 3, Cassie McLaughlin, Ramsey, 62; 4, Chrissy McDonnell, Ramsey, 62.8; 5, Virginia Yun, North Arlington, 63.1; 6, Erin Englehardt, IHA, 63.7.

800 — 1, Chrissy McDonnell, Ramsey, 2:25.1; 2, Mary D'Ariano, IHA, 2:25.3; 3, Amy Giacobone, IHA, 2:26.2; 4, Erika Papaccoli, Paramus, 2:32.0; 5, Claire McGuire, Hackensack, 2:33.5; 6, Michelle Devlin, Bergenfield, 2:35.4.

1,600 — 1, Beth Androski, Hackensack, 5:19.8; 2, Shauna Koenig, Hackensack, 5:22.8; 3, Mary D'Ariano, IHA, 5:22.9; 4, Marguila Hannibal, Bergenfield, 5:27.0; 5, Tracy Kirk, Ramsey, 5:29.0; 6, Melissa Conway, Ramsey, 5:34.3.

3,200 — 1, Tracy Kirk, Ramsey, 11:42; 2, Alisha Alexander, Passaic Valley, 11:49.8; 3, Sabrina Neely, Kennedy, 12:00.1; 4, Megan Campbell, Ramsey, 12:15.2; 5, Jaipa Patel, Memorial, 12:22.7; 6, Julie Corbett, Kearny, 12:27.6.

100 HH — 1, Laura Orrico, Ramapo, 16.3; 2, Jen Uvardi, High Point, 17.1; 3, Sharon Stewart, North Arlington, 17.1; 4, Mary Jones, Hackensack, 17.3; 5, Jen Monan, Wayne Hills, 17.6; 6, Renee Blauvelt, Hasbrouck Heights, 17.9.

400 IH — 1, Michele Calabro, IHA, 67.8; 2, Vicki Byrne, Saddle Brook, 68.2; 3, Laura Orrico, Ramapo, 69.1; 4, Julia Cheringal, NV/Old Tappan, 69.2; 5, Nicole Florio, Hasbrouck Heights, 69.5; 6, Sylvia Neely, Kennedy, 70.6.

Shot put — 1, Anne Martin, Wayne Hills, 33-1½; 2, Najran Stephens, Cliffside Park, 32-6; 3, Camille Hulko, Saddle Brook, 32-5½; 4, Sus Wertalik, Wayne Hills, 31-7½; 5, Renee Wilson, Hasbrouck Heights, 30-9¼; 6, Lauren Plakadio, North Arlington, 30-4.

Discus — 1, Najran Stephens, Cliffside Park, 96-7; 2, Leslie Graham, Kennedy, 95-0; 3, Karl Olson, Bergenfield, 93-11; 4, Colleen Kelley, Paramus Catholic, 93-5; 5, Lauren Gmitter, Hasbrouck Heights, 93-2; 6, Erika Dumicic, Cliffside Park, 91-9.

Javelin — 1, Marissa Sarubbi, Cliffside Park, 105-7; 2, Amy Hansen, Holy Family, 104-0; 3, Daniela Vidiera, North Arlington, 101-1; 4, Jackie Babbini, Cliffside Park, 97-5; 5, Krystal Buczynski, Paramus Catholic, 93-3; 6, Kristin Howley, Holy Family, 91-11.

High jump — 1, Sue Nelson, Hawthorn, 5-0; 2, Bobbie Ann Brandan, High Point, 5-0; 3, Bridget Atkinson, Hackensack, 4-10; 4, Mary Jones, Hackensack, 4-8; 5, Kristyn Scorsone, Kearny, 4-6; tie between Aykrimah Arrick, Passaic Valley and Latoya Thomas, Hackensack, 4-6.

Long jump — 1, Carlene Cummings, Englewood, 16-1; 2, Dara Seldman, Ramsey, 16-10; 3, Devon Hudson, Hackensack, 16-1; 4, Alessia Cirilli, Hasbrouck Heights, 15-11; 5, Elena Valoncia, IHA, 15-10¼; 6, Courtneou Cubicciotti, IHA, 15-9.

Triple jump — 1, Carlene Cummings, Englewood, 40-4; 2, Laandra Sinefitch, Kennedy, 39-8; 3, Devon Hudson, Hackensack, 33-5¾; 4, Laura Orrico, Ramapo, 33-2; 5, Lynn Irwin, Bergenfield, 32-3; 6, Adrianna Dineo, Hasbrouck Heights, 32-3.

1,600 relay — 1, Hackensack, April Quattrone, Ressler, Latoya Thomas, Shauna Koenig, 4:10; 2, Hasbrouck Heights, 4:28.4; 3, Paramus, 4:37; 4, North Arlington, 4:50.6.

BOYS A TEAM SCORING

Hackensack 118, Paramus Catholic 43, Memorial 38, West Milford 34, Wayne Valley 32, Paramus and Indian Hills 30, Bayonne 28, North Bergen 20, St. Joseph Regional 19, Passaic 11, Kennedy 14, High Point 8, Wayne Hills and Fair Lawn 6, Eastside and Bergenfield 4, Kearny 2.

100 — 1, Kawaii Darby, Hackensack, 10.9; 2, Michael Jackson, Hackensack, 11.0; 3, Bryant Shurn, Bayonne, 11.3; 4, Jamjan Caroli, Paramus Catholic, 11.4; 5, Noah Meier, Indian Hills, 11.4.

200 — 1, Kawaii Darby, Hackensack, 22.2; 2, Bryant Shurn, Bayonne, 22.5; 3, Addy Escobar, Indian Hills, 22.8; 4, Michael Jackson, Hackensack, 22.7; 5, Joe Velazquez, Paramus, 23.1; 6, Weston Thomas Bayonne, 23.5.

400 — 1, Joe Velazquez, Paramus, 50.1; 2, Sterling Wynn, Hackensack, 51.3; 3, Alan Fakhouri, Wayne Valley, 51.4; 4, Ariel Acosta, Bergenfield, 51.8; 5, Damian Frey, Eastside, 52.1; 6, Bryant Shurn, Bayonne, 52.5.

800 — 1, Javian Quintana, Paramus, 2:00.0; 2,...

Senior JD Murdock breaks the school's javelin record

by Brooke Fricke

Senior J.D. Murdock broke the high school's 184.11 ft javelin record (established in 1974) at the Bernardsville Invitational Meet on May 3 with a distance of 194.3 ft.

Murdock said that ever since his freshman year when he was on varsity, he was inspired to break school records after his javelin relay team beat the javelin relay record. According to coach Mr. Mike Mullin, Murdock has been strong in the shot-put, discus, and the javelin all four years he has been on varsity. Mullin added, "JD is a great contributor to our success as a team."

Murdock is not content with achieving this record. He hopes to "get ranked nationally in the javelin" and he wants to "focus on the shot and the discus and try to break these records as well."

Murdock is confident that he has a good chance of breaking these records because he is only two feet away in the shot put and four feet away in the discus.

**Previous Javelin Record-
184.11 ft. - 1974 at the Bernardsville Invitational**

**J.D. Murdoch sets new record with a throw of
194.3 ft**

Mullin commented "it is a hard goal to achieve but with his determination, JD has a good possibility of breaking these records."

As far as college next year, Murdock will be attending the University of Virginia, where he will participate in the track program.

Although he is not being offered scholarship money for his freshman year, there is a possibility that he could receive a

scholarship within the next four years depending on how well he performs during his next season.

Mullin also commented that he thinks JD will adjust well to college track because "he is very enthusiastic about the sport."

Rose and Hillgrove earn double gold at Bernards

By **PAUL SCHWARTZ**
Correspondent

BERNARDSVILLE — With championship season about to commence, some of Bergen and Passaic's best journeyed down Route 287 to one of the top invitational meets in the state Saturday and showed they're ready to run for titles.

Area athletes won 11 gold medals and recorded nine second-place finishes in the 24th annual Bernards Invitational.

Juniors Guy Rose of Wayne Hills and Labelle Hillgrove of Passaic each won a pair of golds against the prestigious field and stamped themselves as contenders for State championships later this spring.

Ridgewood's J.D. Murdoch and Dusty Thomas also won titles and continued their fine spring improvement in the javelin and sprints respectively.

Other golds were won by Andrae McCormick of Clifton, Joe Mendel of Wayne Hills, Matt Kuiken of Glen Rock, Celeste Sedo of Ridgewood, and Jenn Austin of Garfield.

Rose's overpowering hurdles double of 14.1 and 55.4 was perhaps the top effort of the day.

"I have a lot more confidence in both races, because I've been working hard in practice and I know I've gotten better," said Rose, who was clocked in 13.9 in his semifinal race. "I'm taking seven steps to the first hurdle now instead of eight and it's made a big difference. I'm looking forward to the rest of the season."

Rose's classmate, Mendel, easily improved on his best open time, running

TRACK

50.4 seconds to run away from fellow junior Paul Cheteyan of Teaneck in the 400.

"We've got a super class and we're going to surprise a lot of people at our league meet [the NBIL Division 1] on Thursday and at next week's Counties. We had some problems early in the year, but they're all behind us now."

Murdoch continued to add six or seven feet to his javelin throw each time he throws. The Virginia-bound Murdoch, who has competed in all three weight disciplines for four years, was fifth in the discus as well, but really impressed with a toss of 194-3, 6½ feet better than his eighth-place throw at Penn Relays a week ago and 13 feet better than he threw at the Bergen County Jack Yockers Relays when he earned the field event MVP on April 18.

"There are two major reasons that I'm throwing so much better lately," said Murdoch, "I'm much more relaxed now that I've gotten into school and I have a great training partner in Brian Zuccala, who missed last year with an injury. I'm getting my javelin up in the air better and it's flying better."

Zuccala was third with a personal-best toss of 168-2.

Thomas and McCormick are building a friendly but growing rivalry in the sprints. McCormick, one of the nation's top sprinters indoors, edged Thomas at the wire in 10.9 in the 100-meter dash when

Thomas misjudged the finish line, but the Maroons sprinter won the 200 in 22.7 as McCormick skipped the race. Thomas then had a 49.1 400 anchor on Ridgewood's winning relay nullified by a controversial disqualification.

"It's a real good rivalry," said Thomas. "And it really started when I beat him in the dual meet early in the season. I know how good he is so that started to give me confidence and I've been running well ever since."

"It's good for me to run against Dusty and in a race like this," said McCormick. "It gives me the push I'll need to get into the 10.7s and 10.8s later in the spring. I know he thinks I beat him today because he dipped at the wrong line, but we'll see each other Saturday in the leagues [NNJL Atlantic]."

Kuiken figured to be a contender for Group 2 distance honors and helped state his case by racing through a 62-second final 400 en route to an impressive 4:24.0 win in the 1,600.

"I'm looking to go 4:18 or better by the end of the year," said Kuiken, one of the surprises of last year's spring season. "Indoors I didn't compete much but I've been pointing for this season all year."

Hillgrove continued to build her weight résumé, winning the shot by nearly four feet at 41-0 and the discus by five feet at 124-7, while Garfield soph Austin won her second straight javelin title with a throw of 116-2. Sedo struggled with her concentration but ran 11:32.0 to win the 3,200 easily.

County Seat Meet Sat. May 2nd

***** RESULTS *****

1600m:

Novice: Mike Reis- 5:26.5, Ron Widmer- 4:59.8,
Joe Sedo- 5:53.9, Dan Keesing- 5:47

4 x 200m:

Novice: T. Kumagai, M. Cangiolosi, A. Freeland, Y. Fung
1:47.5 25.4 27.0 27.2 28.0

400 IH:

Novice: Tats Kumagai- 65.3 (6TH)

4 x 400m:

Novice: M. Cangiolosi, M. Reis, Y. Fung, D. Keesing
4:05.7 57.5 61.9 61.3 65.0

3200m:

Varsity: Jason Van Yperen- 10:32.2, Ron Widmer- 11:15.1

110 HH:

Novice: Tats Kumagai- 18.3/18.2

100m:

Novice: M. Cangiolosi- 11.9

Frosh: A. Freeland- 12.7, Y. Fung- 13.0

Field Events:

Shot:

Frosh: Dan Sahling- 31'8"

Novice: T.J. Zurla- 37'6", Edison Lee- 32'2"

Disc:

Novice: T.J. Zurla- 102'5", Edison Lee- 32'2"

Frosh: Dan Sahling- 88'4"

Frosh NNJIL Championships

Wed. 5/6/98

***** RESULTS *****

400m IH:

Ned Borgman- 79.6, Jeff Vanderwert- 71.9

100m:

Yiktat Fung- 14.1, Adam Freeland- 13.5, Rick Davies- 14.6

1600m

Chris Resseque- 6:18.0

400m:

Ryan Mao- 67.5, Neil Chisholm- 71.6

110 HH:

Ned Borgman- 22.5, Jeff Vanderwert- 21.7

800m:

Chris Resseque- 2:43.9

200m:

Yiktat Fung- 28.3, Adam Freeland- 28.9, Rick Davies- 29.4

4 x 400m:

Yiktat Fung, Adam Freeland, Jeff Vanderwert, Ryan Mao
4:26.8 66.0 65.5 68.5 66.9

Field Events:

Shot Put:

Doug Sokolik- 32'5 1/2", Jared Bankos- 26'7"

Discus:

Doug Sokolik- 89'4" (4th), Jared Bankos- 64'10"

Javelin:

Jarad Bankus- 64'10"

Long Jump:

Adam Freeland- 13'2", Jeff Vanderwert- 12'6"

Triple Jump:

Yiktat Fung- 33'2 1/2", Ryan Mao- 26'4"

High Jump:

Neil Chisholm- NH

Comments:

Nice effort Frosh. You gave it your all. Keep up the hard work!

NNJIL Championships

Sat. May 9th, 1998

***** Results *****

110 HH:

Steve Robinson- 15.5/15.83 (2ND), Dave Warton- 16.3/16.20 (4TH),
John Roth- 17.9

100m:

Dusty Thomas- 11.1/11.15 (2ND), Dan Cooper- 11.6/11.9 (6TH),
Yeon Chung- 12.1

3200m:

John O'Neill- 10:80.35 (1ST), Tim McDonagh- 10:23.52 (5TH),
Jason Van Yperen- 10:48.0

400m:

Andrew Dolgin- 53.35 (6TH)

800m:

John O'Neill- 2:11.13 (6TH), Josh Kauke- 1:58.19 (1ST),
Damian Plummer- 2:08.60 (4TH)

200m:

Dusty Thomas- 22.3/22.45 (2ND), Dan Cooper- 24.5,
Yeon Chung- 25.1

400 IH:

Dave Warton- 59.07 (1ST), Steve Robinson- 63.3,
Chris Rodgers- 62.72 (5TH)

1600m:

John O'Neill- 4:47.07 (2ND), Josh Kauke- 4:47.98 (3RD),
Damian Plummer- 5:02.3

Long Jump:

Dusty Thomas- 19'3" (4TH), Andrew Dolgin- 19'5" (3RD),
Dan Cooper- 16'5"

4 x 400m

Josh Kauke, Andrew Dolgin, Dave Warton, Dusty Thomas
3:38.74 (3RD) 55.2 53.9 55.2 54.0

Field:

High Jump:

Steve Robinson- 5'6 (tie 5TH), John Roth- NH

Discus:

J.D. Murdock- 119'0", Brian Zuccala- 144'3" (4TH),
TJ Zurula- 101'3"

Shot Put:

J.D. Murdock- 50'10" (1ST), Brian Zuccala- 47'9 1/2" (6TH),
TJ. Zurula- 38'8"

Triple Jump:

Andrew Dolgin- 41'4" (4TH), Dave Warton- 40'8" (6TH),
Steve Robinson- 37'6"

Pole Vault:

Dan Cooper- 11'6" (2ND), Chris Rodgers- NH

Javelin:

J.D. Murdock- 185'3" (1ST), Brian Zuccala- 157'0" (2ND)

RESULTS:

RIDGEWOOD- 148
Bergen Catholic- 96
Montclair- 84
Clifton- 66
Kennedy- 41
Bloomfield- 23
Passaic- 18
Eastside- 14
Barringer- 4

Comments:

A great meet! You are undefeated league champs for the 2nd year in a row. Quite an accomplishment! We scored a ton of points and dominated the meet from start to finish. Special congrats to all those who finished 1st or 2nd in an event because that makes you 1st or 2nd team all league. Again, congrats and keep up the tremendous work!

TRACK

NNJIL meet

At Clifton Stadium

ATLANTIC BOYS SCORING

Ridgewood 148, Bergen Catholic 98, Montclair 84, Clifton 68, Kennedy 41, Bloomfield 23, Passaic 18, Eastside 14, Barringer 4.

Triple jump — 1. Tyrone Johnson, Kennedy, 43-10; 2. Henri St. Alby, Montclair, 41-10; 3. Ravi Kodara, Bloomfield, 41-7.5; 4. Andrew Dolgin, Ridgewood, 41-4; 5. Frank Bugge, Kennedy, 41-3; 6. Dave Warton, Ridgewood, 40-8.5.

Shot put — 1. J.D. Murdock, Ridgewood, 50-10; 2. Terrence Faber, Clifton, 49-10; 3. Maurice Hargrove, Montclair, 49-9.5; 4. George Stanley, Montclair, 49-6.5; 5. Jim Fischer, Bergen Catholic, 49-1.5; 6. Brian Zuccala, Ridgewood, 47-9.5.

Pole vault — 1. Bob Miller, Bergen Catholic, 12-6; 2. Dan Cooper, Ridgewood, 11-8; 3. Damian Dawes, Kennedy, 11-0; 4. Keith Goren, Bloomfield, 10-6; 5. Nouredin Hamsi, Clifton, 9-0.

Javelin — 1. J.D. Murdock, Ridgewood, 185-3; 2. Brian Zuccala, Ridgewood, 157-0; 3. Keith Stoute, Montclair, 133-1; 4. Jeff Coagrave, Bergen Catholic, 129-2; 5. Terah Johnson, Montclair, 122-1.

Discus — 1. Michael Curtis, Bloomfield, 165-0; 2. Jim Fischer, Bergen Catholic, 184-9; 3. Paul Koob, Bergen Catholic, 152-4; 4. Brian Zuccala, Ridgewood, 144-3; 5. Mike Gergorowicz, Montclair, 139-6; 6. George Stanley, Montclair, 136-8.

ATLANTIC GIRLS SCORING

Eastside 94.5, Montclair 89, Ridgewood 85.5, Passaic 61, Clifton 54, Kennedy 38, Bloomfield 9.

High jump — 1. Erin Pride, Eastside, 4-10; 2. Natalie Popowicz, Clifton, 4-8; 3. Amanda Fetterly, Bloomfield, 4-8; 4. Melissa Dutch, Clifton, 4-8; 5. Gwen Stamper, Ridgewood, 4-8; 6. Teelia Lowery, Eastside, 4-8.

Triple jump — 1. Nyla Wormley, Montclair, 34-5.5; 2. Helena Lamothe, Ridgewood, 33-7; 3. Yacaila Garcia, Passaic, 32-9; 4. Lasandra Singleton, Kennedy, 32-4.5; 5. Eileen Mell, Ridgewood, 32-2; 6. Kerryann Thompson, Eastside, 31-8.

Discus — 1. Labelle Hillgrove, Passaic, 128-9; 2. Ellen Dock, Montclair, 106-0; 3. Heien Dock, Montclair, 106-0; 4. Michele Wilson, Ridgewood, 100-0; 5. Melissa Irving, Passaic, 98-9; 6. Villa Surtel, Kennedy, 94-7.

Javelin — 1. Jessica Gregg, Ridgewood, 90-5; 2. Jill Zajac, Clifton, 85-5; 3. Peta-Gaye Barnett, Eastside, 83-10; 4. Michele Wilson, Ridgewood, 78-10; 5. Eileen Mell, Ridgewood, 78-7; 6. Teelia Lowery, Eastside, 62-5.

PACIFIC BOYS SCORING

Hackensack 191, Don Bosco Prep 108, St. Joseph 72, Teaneck 35, Paramus 33, Paramus Catholic 31, Nutley 20, Belleville 4.

Discus — 1. Vincent Parrella, Nutley, 134-10.5; 2. Nick Zwicker, Teaneck, 132-5.5; 3. Eric Beebe, Hackensack, 131-9.5; 4. Russell Anderson, Don Bosco Prep, 128-2.5; 5. Julio Baromet, St. Joseph, 121-1; 6. Edgar Purio, St. Joseph, 119-11.

Pole vault — 1. Ken Scheider, Don Bosco Prep, 12-6; 2. Randy James, Hackensack, 11-6; 3. John Dillon, Paramus Catholic, 11-0; 4. Joe Piffao, Don Bosco Prep, 10-0; 5. Dave Gibson, Hackensack, 9-5.

Shot put — 1. Eric Beebe, Hackensack, 49-0.75; 2. Van Jones, Hackensack, 46-11; 3. Julio Baromet, St. Joseph, 45-1; 4. Nunzio Palozzato, Paramus, 44-8; 5. Andrew Schutman, Don Bosco Prep, 43-4; 6. Pat Magge, Hackensack, 42-8.5.

Solid wins for Hackensack, Ridgewood

By RYAN JONES
Correspondent

CLIFTON — Bergen County teams dominated three of the four team races, but it was the Eastside girls, winning in most unlikely fashion, who provided the final drama Tuesday at the Northern New Jersey Interscholastic League track and field championships.

Eleven days after it began, the NNJIL meet ended with Hackensack posting lopsided victories in both the Pacific boys and girls competitions. The Comets boys posted 191 points to 108 for runner-up Don Bosco Prep, and the girls scored 144 points to outdistance second-place Teaneck's 116.

In the Atlantic, the depth and talent of the Ridgewood boys made for another lopsided outcome, a 148-96 win over runner-up Bergen Catholic.

"The lead we had helped, so we really

didn't get too pumped up, and it actually might have helped us," Ridgewood boys coach Mike Mullin said, explaining the Maroons' resiliency in the face of the twice-rain-delayed, week-and-a-half-long meet. "I don't think it affected us in a negative way."

The Ridgewood girls had had their eyes on a similar result when the meet began May 8, but a four-event disqualification left Eastside and Montclair to battle for the Atlantic title. And in a team race that came down to the final event, the Ghosts found themselves unchallenged at the end.

Only eight girls were entered in the Atlantic javelin — three from Eastside, none from Montclair. Going into that last event, the Mounties held an 89-87.5 lead,

NNJIL TRACK

but without an entrant in the javelin, they couldn't add to the slim margin. Needing just two points for the team title, the Ghosts got seven from Peta-Gaye Barnett and Teelia Lowery, who finished third and sixth, respectively.

"This was blood, sweat, and guts here," Eastside girls coach Natalie Jordan said. "This was probably the most rewarding one. In the past, we haven't had javelin throwers, and we relied on our jumpers to carry us. This year, we had some javelin throwers."

The Ridgewood girls rallied from the disappointment of last week's disqualifications to finish third with 85.5 points.

In the Atlantic boys race, J.D. Murdock won two of Tuesday's five events to pad Ridgewood's lead. Murdock dominated as expected in the javelin, then overcame a season-long slump in the shot put to complete his double win.

In the day's other events, Bob Miller of

Bergen Catholic won the pole vault. Tyrone Johnson of Kennedy took gold in the triple jump, and Bloomfield's Mike Curtis took the discus.

Though their Pacific lead was never in jeopardy, the Hackensack boys got a 1-2 finish from Eric Beebe and Van Jones in the shot put Tuesday to cushion their lead. Ken Scheider of Don Bosco Prep won the pole vault and Nutley's Vincent Parrella took the discus.

Hackensack's Bridgetta Atkinson and ed to the Comets' margin in the Pacific girls race with a win the high jump. Kristie Buczynski of Paramus Catholic was a bright spot for the Paladins, easily outdistancing the field for a victory in the javelin. Michelle Jablonski boosted Belleville's final total in winning the shot put.

Summaries on S-11

Hackensack rolls up points

By JIM DRISCOLL
Correspondent

CLIFTON — What a positive negative splits were for Thomas Baldwin of Hackensack.

What are negative splits? Simply put, that's when a runner completes the second half of a race in less time than the first.

Baldwin did it twice Saturday, first in winning the 1,600 and again in the 3,200 to help Hackensack to a commanding lead in the Northern New Jersey Interscholastic League Pacific Division track championships. The Comets, with 123 points, lead Don Bosco Prep (79) and St. Joseph (42) after 10 events. The remaining six events will be contested 4 p.m. Monday at Clifton Stadium.

"I just try to keep with the pack at the beginning of a race, not to take the lead," Baldwin said of his strategy. "Then I just try to explode the last two laps, use my finishing kick."

Baldwin won the 1,600 in 4:31.39, going out in approximately 2:22 and returning in 2:10. Then, in his first competitive 3,200 of the season, Baldwin ran a 9:39.7 with a 5:01/4:38 split.

"This is unusual at this level," Hackensack coach Ed Church said of Baldwin's negative splits, which also indicate room for improvement. "Thomas wasn't running real hard, though, not as hard as we think he can. Our philosophy is to run hard enough to win, and he did that."

There were other standouts among the Hackensack boys.

Junior sprinter Michael Jackson had a great day, winning the 100 in 11.24 and the long jump in 19 feet, 2 inches. Another junior, Kawesi Darby, won the 200 in 22.48, and

NNJIL BOYS

Ibrahim Malcom finished fourth in the 400, his first time on the track since an injury in March.

"Michael spent last year in the shadow of Cooper Rego as the No. 2 kid in Bergen County," Church said of Jackson, who injured a foot ligament in December and still isn't completely healthy. "He's in a comeback mode right now, he's probably only 80 percent. We're expecting him to run around a 10.5 in good weather."

The weather was no problem for Baldwin.

"Didn't bother me at all because I ran cross-country this year," he said. "It's always really muddy and wet, so I got used to it, and adjusted to running in the rain. If it was hot and sunny, my times would probably be a lot faster, but I'm still happy."

Darby would have picked up another gold medal in the 400 if not for sophomore Joe Velasquez of Paramus. Velasquez, just a sophomore, ran a 50.64 to Darby's 51.06.

Ridgewood's big lead in the Atlantic division was built on three gold medals. Josh Kauke ran a 1:58.19 to win the 800, John O'Neill won the 3,200 and Dave Warton won gold in the 400 IH.

Don Bosco Prep was paced by Rick Lehmbeck and Tim Hlavacek. Lehmbeck beat Javian Quintana of Paramus to win the 800, and Hlavacek finished ahead of Anthony Glaspie of Hackensack to take the 110 high hurdles.

Nutley's Sean McQuillen won the 400 intermediate hurdles, while Hackensack won the 1,600 relay.

Atlantic boys

After 10 of 16 events

TEAM STANDINGS

Ridgewood 99, Clifton 61, Bergen Catholic 54, Montclair 51, Kennedy 19, Eastside 13, Passaic 8, Barringer 4, Bloomfield 1.

100 — 1, Andrae McCormick, Clifton, 11.00; 2, Dusty Thomas, Ridgewood, 11.15; 3, Rich Cook, Montclair, 11.46; 4, O'Neill Brown, Montclair, 11.52; 5, Tim Boyde, Passaic, 11.79; 6, Dan Cooper, Ridgewood, 11.92.

200 — 1, Joe Haro, Clifton, 22.34; 2, Dusty Thomas, Ridgewood, 22.45; 3, David Tyres, Montclair, 22.85; 4, Tony Yamasaki, Clifton, 23.06; 5, Henry Williams, Barringer, 23.88; 6, John D'Izola, Bergen Cath., 23.90.

400 — 1, Joe Haro, Clifton, 49.94; 2, David Tyres, Montclair, 51.24; 3, Bob Miller, Bergen Cath., 51.57; 4, Tony Yamasaki, Clifton, 51.60; 5, Ammar Abasi, Clifton, 53.33; 6, Andrew Dolgin, Ridgewood, 53.35.

800 — 1, Josh Kauke, Ridgewood, 1:58.19; 2, Dan Bowens, Montclair, 1:59.13; 3, Bob Burke, Bergen Cath., 2:06.70; 4, Damien Plummer, Ridgewood, 2:08.60; 5, Sai Cataldo, Bergen Cath., 2:10.82; 6, John O'Neill, Ridgewood, 2:11.13.

1,600 — 1, Greg Holz, Bergen Cath., 4:43.09; 2, John O'Neill, Ridgewood, 4:47.07; 3, Josh Kauke, Ridgewood, 4:47.98; 4, Terrance Gilberts, Eastside, 4:49.56; 5, Gillary Brown, Montclair, 4:49.94; 6, Jose Vargas, Bloomfield, 4:52.12.

3,200 — 1, John O'Neill, Ridgewood, 10:08.35; 2, Owen Tonkins, Eastside, 10:10.10; 3, Nilesh Patel, Passaic, 10:10.89; 4, Gillary Brown, Montclair, 10:19.08; 5, Tim McDonagh, Ridgewood, 10:23.52; 6, Greg Holz, Bergen Cath., 10:39.88.

110 IH — 1, Frank Bugge, Kennedy, 15.60; 2, Steve Robinson, Ridgewood, 15.63; 3, Andy Piotrowski, Clifton, 16.14; 4, Dave Warton, Ridgewood, 16.20; 5, Shawn Delos Reyes, Bergen Cath., 16.50; 6, Damien Dawes, Kennedy, 17.05.

400 IH — 1, Dave Warton, Ridgewood, 0:59.07; 2, Bob Miller, Bergen Cath., 1:00.98; 3, Mike Goodman, Clifton, 1:01.13; 4, Andrew Drabick, Bergen Cath., 1:02.59; 5, Chris Rodgers, Ridgewood, 1:02.72; 6, Anibal Fuentes, Clifton, 1:02.98.

Long Jump — 1, Andrew Drabick, Bergen Cath., 19-10; 2, Tyrone Johnson, Kennedy, 19-6 1/2; 3, Andrew Dolgin, Ridgewood, 19-5; 4, Dusty Thomas, Ridgewood, 19-3; 5, O'Neill Brown, Montclair, 19-1 1/2; 6, Dan Bowens, Montclair, 18-6.

1,600 relay — 1, Montclair, 3:30.44; 2, Clifton, 3:30.52; 3, Ridgewood, 3:38.74; 4, Bergen Cath., 3:40.07; 5, Barringer, 3:53.34; 6, Eastside, 4:04.23.

By JIM DRISCOLL

Correspondent

CLIFTON — No one's ever been selected to the all-prom team.

That was the message last week from Clifton boys' track coach John Pontes as the Mustangs prepared for two special events: Friday night's senior prom and Saturday's Northern New Jersey Interscholastic League track championships.

"Just by our seniors being here, I'm happy," Pontes said after the boys ended Saturday's 10 events in second place with 61 points, 38 behind Atlantic Division leader Ridgewood. The meet's remaining six events, postponed by rain, will be completed 4 p.m. Monday at Clifton Stadium.

"The kids made it back from the prom and were into it," Pontes said. "And some of them came with no sleep whatsoever."

Many of the Mustangs attended the prom at The Skylands in Randolph. Andrae McCormick was among them.

"We had a real good time," McCormick said, "danced and danced and danced — I guess you could say I boogied myself to sleep."

McCormick certainly needed at least a little shut-eye for what awaited Saturday — round three of his battle in the 100-meter dash with another standout, Dusty Thomas of Ridgewood.

The runners split the first two meetings, with each attaching an asterisk to their loss. After Thomas won the first race, McCormick blamed a shoulder injury. When McCormick narrowly won the second, Thomas cited a mistake made at the finish line, an early dip for the tape.

But don't call it a rivalry.

"Me and Dusty, we're cool, we're close, we talk," McCormick said. "But on the track today I had to prove it to myself that I could do it. I was starting to question myself."

Eleven seconds after the gun, McCormick had the answer he was looking for when he hit the tape .15 seconds ahead of Thomas.

McCormick indicated that a new technique he learned last week helped him get out of the blocks quicker.

"I think Andrae had his best start of the outdoor season today," Pontes said. "In Dusty's defense, he had already competed in the long jump, and that might have taken the edge off him. But they're going to meet again in the sectional and that should be great."

Clifton's Joe Haro had a great day in the rain as well, winning the 200 and 400. "Joe's just phenomenal," Pontes said.



ED HILL/STAFF PHOTOGRAPHER

Clifton's Andrae McCormick capturing the 100-meter dash at the NNJIL meet.

The weather, however, wasn't. That it wasn't beach weather — no reason to head for the shore in the rain — actually helped the Mustangs' cause.

"Being this type of day," Pontes pointed out, "there's nowhere else to go, really, but a track meet."

As happy as Pontes was with the boys effort, Clifton girls coach Lou Fraulo was disappointed with his teams' fifth-place standing.

"I think they lost focus as to where they are in the County," he said. "I think they're a better team than they showed."

They'll get another chance Monday.

■ Summaries on Page S-20

***** County Group IV Meet Wed, Fri, Sat 5/13, 15, 16/98
***** RESULTS *****

Long Jump:

Dusty Thomas- 21'5 1/2" (2ND), Andrew Dolgin- 20'10 1/4" (3RD),
Dan Cooper- 17'3"

Javelin:

J.D. Murdock- 198'8" (1ST) ** NEW SCHOOL RECORD,
Brian Zuccala- 168'5" (3RD)

Discus:

J.D. Murdock- 145'8" (3RD), Brian Zuccala- 129'0" (6TH),
TJ Zurla- 99'5"

Triple Jump:

Andrew Dolgin- 42'5 1/2" (2ND), Dave Warton- 38'6",
Chris Rodgers- 34'

High Jump:

Steve Robinson- 5'10" (6TH), John Roth- 5'6"

200m:

Dusty Thomas- 22.1/22.2 (2ND), Dan Cooper- 24.3, Yeon Chung- 24.9

400m IH:

Dave Warton- 55.8 (1ST), Steve Robinson- 58.6 (6TH),
Chris Rodgers- 60.5

3200m:

John O'Neill- 10:03.1 (3RD), Tim McDonagh- 10:51.1,
Jason VanYperen- 10:46.3

110 HH:

Steve Robinson- 15.5 (2ND), Dave Warton- 15.7 (3RD),
John Roth- 17.9

100m:

Dusty Thomas- 10.9/10.8 (2ND) ** TIES SCHOOL RECORD,
Dan Cooper- 11.6/12.0 (6TH), Yeon Chung- 12.6

800m:

John O'Neill- 2:09.3, Josh Kauke- 1:57.6 (2ND),
Damian Plummer- 2:02.9

400m:

Dusty Thomas- 50.2 (3RD), Andrew Dolgin- 52.9,

1600m:

John O'Neill- 5:07, Mike Martin- 4:55

4 x 400m:

A. Dolgin, Steve Robinson, Damain Plummer, Chris Rodgers
3:38.7 (4TH) 52.9 56.1 54.2 55.1

Pole Vault:

Dave Warton- 12'0" (2ND), Dan Cooper- 11'6" (3RD),
Chris Rodgers- 10'6"

Shot Put:

J.D. Murdock- 46'11 1/2" (5TH), Brian Zuccala- 47'6 3/4" (4TH),
TJ Zuria- 39'8"

TEAM RESULTS:

1. Hackensack- 154
2. RIDGEWOOD- 132
3. Don Bosco- 81
4. Bergen Catholic- 61
5. Fair Lawn- 30
6. Teanack- 29
7. Paramus- 21

Comments:

You did well against a great Hackensack team. It was close right up to the end of the meet. Special congrats to Dusty Thomas and J.D. Murdock for their school records in the 100m and the Jav. We had many personal bests in this meet and that's great. You are an excellent team! Let's be ready for the state sectionals on Friday and Saturday.

BOYS GROUP 4

Team scoring

Hackensack 154, Ridgewood 132, Don Bosco 81,
Bergen Catholic 61, Fair Lawn 30, Teanack 29,
Paramus 21.

100 — 1, Kawesi Darby, Hackensack, 10.8; 2, Dusty Thomas, Ridgewood, 10.8; 3, Sterling Wynn, Hackensack, 10.9; 4, Mike Jackson, Hackensack, 11.0; 5, Jude Guy, Fair Lawn, 11.8; 6, Dan Cooper, Ridgewood, 12.0.

400 — 1, Joe Velazquez, Paramus, 49.4; 2, Kawesi Darby, Hackensack, 49.5; 3, Dusty Thomas, Ridgewood, 50.2; 4, Paul Cheteyan, Teanack, 51.1; 5, Bob Miller, Bergen Catholic, 51.3; 6, Joe Cronin, Don Bosco Prep, 51.8.

800 — 1, Rick Lehmbek, Don Bosco Prep, 1:57.3; 2, Josh Kauke, Ridgewood, 1:57.8; 3, Javian Quintana, Paramus, 2:01.2; 4, Marquise Singletary, Hackensack, 2:01.8; 5, Nick Arnell, Don Bosco Prep, 2:02.0; 6, John Morash, Don Bosco Prep, 2:02.3.

1,600 — 1, Thomas Baldwin, Hackensack, 4:24.0; 2, Joe Santonacita, Don Bosco Prep, 4:34.4; 3, Joe Poliseo, Don Bosco Prep, 4:38.4; 4, Brad Henry, Don Bosco Prep, 4:40.1; 5, Frank Browne, Hackensack, 4:41.0; 6, Greg Holz, Bergen Catholic, 4:41.3.

110 MH — 1, Chris Stowers, Hackensack, 15.4; 2, Steve Robinson, Ridgewood, 15.5; 3, Dave Warton, Ridgewood, 15.7; 4, Shawn Delos Reyes, Bergen Catholic, 15.7; 5, Jude Guy, Fair Lawn, 15.7; 6, Naima Brown, Teanack, 16.1.

Shot put — 1, Jim Fischer, Bergen Catholic, 52-5/8; 2, Bryant Robinson, Hackensack, 49-2/8; 3, Eric Beebe, Hackensack, 48-1; 4, Brian Zuccala, Ridgewood, 47-8/8; J.D. Murdock, Ridgewood, 48-11/8; 6, Nunzio Palazzotto, Paramus, 46-1/8.

Pole vault — 1, Bob Miller, Bergen Catholic, 12-8; 2, Dave Warton, Ridgewood, 12-0; 3, Dan Cooper, Ridgewood, 11-8; 4, Ite, Ken Scheider, Don Bosco Prep, Randy James, Hackensack, 11-0; 6, Joe Poliseo, Don Bosco Prep, 10-6.

1,800 relay — 1, Don Bosco Prep (Mario Pozo, Ed Unay, Rick Lehmbek, Joe Cronin), 3:26.1; 2, Teanack, 3:28.5; 3, Bergen Catholic, 3:28.4; 4, Ridgewood, 3:38.7; no fifth and sixth place finishes.

GIRLS GROUP 3

GROUP 4 BOYS

Team scoring

Hackensack 84, Ridgewood 71, Don Bosco 34, Bergen Catholic 33, Teanack 16, Fair Lawn 6, Paramus 4.

200 — 1, Kawesi Darby, Hackensack, 22.1; 2, Dusty Thomas, Ridgewood, 22.2; 3, Sterling Wynn, Hackensack, 22.4; 4, Joe Velazquez, Paramus, 22.9; 5, Mario Pozo, Don Bosco, 23.2; 6, Mike Jackson, Hackensack, 23.3.

3,200 — 1, Thomas Baldwin, Hackensack, 9:28.7; 2, Dan Contreras, Don Bosco, 9:35.5; 3, John O'Neill, Ridgewood, 10:03.1; 4, Brad Henry, Don Bosco, 10:05.4; 5, Greg Holz, Bergen Catholic, 10:08.4; 6, Joe Poliseo, Don Bosco, 10:09.9.

400 IH — 1, Dave Warton, Ridgewood, 55.8; 2, Chris Stowers, Hackensack, 55.9; 3, Jude Guy, Fair Lawn, 56.4; Ryan Donahue, Don Bosco, 58.0; 5, Bob Miller, Bergen Catholic, 58.4; 6, Steve Robinson, Ridgewood, 58.6.

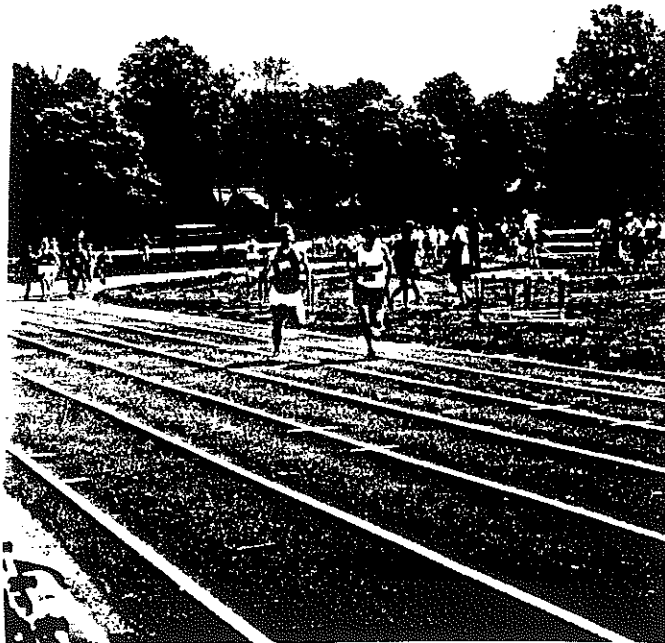
Discus — 1, Jim Fischer, Bergen Catholic, 159-11; 2, Paul Koeb, Bergen Catholic, 145-8; 3, J.D. Murdock, Ridgewood, 145-8; 4, Bryant Robinson, Hackensack, 145-1; 5, Russ Anderson, Don Bosco, 131-5; 6, Brian Zuccala, Ridgewood, 129-0.

Javelin — 1, J.D. Murdock, Ridgewood, 198-8; 2, Geoff Snow, Don Bosco, 170-5; 3, Brian Zuccala, Ridgewood, 168-5; 4, Eric Beebe, Hackensack, 147-8; 5, Jordan Wright, Don Bosco, 142-10; 6, Dan Sabo, Don Bosco, 141-9.

High jump — 1, Eumir Rahman, Hackensack, 6-8; 2, Andrew Drabick, Bergen Catholic, 6-2; 3, John Myles, Hackensack, 6-0; 4, Anthony Glaspie, Hackensack, 6-0; 5, Russ Anderson, Don Bosco, 6-0; 6, Steve Robinson, Ridgewood, 5-10.

Long jump — 1, Mike Jackson, Hackensack, 21-9/8; 2, Dusty Thomas, Ridgewood, 21-5/8; 3, Andrew Dolgin, Ridgewood, 20-10/8; 4, Eumir Rahman, Hackensack, 20-8/8; 5, Andrew Drabick, Bergen Catholic, 20-5/8; 6, John Myles, Hackensack, 20-4/8.

Triple jump — 1, Naima Brown, Teanack, 42-7; 2, Andrew Dolgin, Ridgewood, 42-5/8; 3, Sheldon Smith, Teanack, 42-4; 4, Chris Stowers, Hackensack, 42-0/8; 5, Randy Clarke, Hackensack, 41-3/8; 6, Greg Holz, Bergen Catholic, 39-8.



BERGEN TRACK AND FIELD

Rahman jumps tall

By PAUL SCHWARTZ
Correspondent

HACKENSACK — The running events hadn't even started Friday at the large schools division of the Bergen group track championships when a meet record was in jeopardy.

Hackensack senior Eumir Rahman easily won the Group 4 high jump title when he cleared 6 feet 4 inches. He then jumped 6-6 and cleared personal bests of 6-7 and 6-8 before taking the bar to 6-9, which would have tied the meet record set by Teaneck's Michael Bradley in 1993.

Rahman barely missed on his second and third attempts, settling for the best leap in the area this year while leading Hackensack to an 84-71 lead over Ridgewood halfway through the championships, which conclude today starting at 9 a.m. at Englewood.

The Comets and Ridgewood also are locked in a battle for the Group 4 girls title with Ridgewood leading, 58-45,

than a few seconds between jumps. "The more time I waste between jumps the more energy I'm wasting."

After a good clearance at 6-7, Rahman seemed to jump even better at 6-8 and just brushed the bar at 6-9. "I'm going to make that height and I think if I can I might be able to jump seven feet before the season is over."

Ridgewood won a pair of girls Group 4 events, with Celeste Sedo easily winning the 3,200 and Meg McDermott winning the intermediate hurdles. But Maroon coach Jacob Brown was more thrilled with his weight team's performance and a surprise fourth from Lizzie Vogelsbach in the 200.

"We outscored Hackensack, 21-6, in the shot and javelin," Brown said. "We're pretty even in [today's] events so I'm excited about our chances to win."

Old Tappan's lead in the Group 3 boys was fashioned by a 1-2 finish in the pole vault, led by Dave Ritchies' 13-foot clearance, seconds in the 200 and long

after seven of 15 events. Teaneck and Immaculate Heart Academy are tied with 41 points.

Northern Valley at Old Tappan leads the Group 3 boys meet over Paramus Catholic, 40-38, with three other teams within 20 points, and Northern Valley at Demarest scored 35 points in its first five events to open a 17-point lead over Cliffside Park in what should be an easy repeat win in girls Group 3.

Hackensack's boys won four of the eight events Friday, with Michael Jackson leaping a county-leading 21-9½ to win the long jump, Kawesi Darby running 22.1 in the 200, and Thomas Baldwin running an area-leading 9:28.7 in the 3,200, but it was Rahman's effort that drew attention.

"Jumping with other guys like Johnny Myles and Anthony Glaspie, who are my teammates, really gets me going," said Rahman, who rarely waits more

jump, and a third in the high jump. "This is a great group of kids that keep getting better," said OT coach Bob Goidell. "We might have even gotten more but we pulled Paul [Berberia] out of the high jump after he cleared 10 to try and win the long jump."

Chris Siebold won the intermediate and Jenn Flichum led a 1-3 finish in the shot as Demarest opened an early lead in Group 3. The Norsewomen scored 1 each of the five events.

Top performances by other athletes included Adam Scholze's 163-7 toss for Ramapo in the Group 3 discus, Day Warton's 55.8 win for Ridgewood in Group 4 intermediates, and teammate J.D. Murdock's 198-8 toss in the javelin

Freshman Courtney Cubicciotti of IHA sizzled to a 25.1 win in the Group 4 200 while Hackensack's Devon Hudson won the Group 4 long and triple jumps to become the only large school double winner.

Spark returns for Della Torre

By **PAUL SCHWARTZ**

Correspondent

Most of the attention at last week's Bergen and Passaic County track championships rested on the 10 team champions, including first-time winners Lakeland (Passaic boys) and Hasbrouck Heights (Bergen Group 1 girls).

But there were many other good stories in the four days of action at Clifton, Glen Rock, Hackensack, and Englewood.

Tracy Della Torre's story was not so dramatic, but inspiring.

After an outstanding sophomore season, which included two wins in the 800 and 1,600 State Group 1 races to help Glen Rock win the team title, Della Torre struggled through the cross-country and winter track seasons.

"I had to tell myself to get it back," said Della Torre. "I couldn't get into it until spring. I was killing myself but no one would let me quit because they knew I could still run."

Finally when the spring season started, Della Torre began to show signs of our old spark and her performance in the Group 2 County meet on Friday and Saturday proved it.

A magnificent duel with Ramsey's Tracy Kirk in Friday's 3,200-meter run ended with a Della Torre victory and she won the 800 Saturday before taking second in the 1,600.

"I like it better when I'm the underdog, or when I'm coming from behind in a relay," said Della Torre. "It's nice to get back to running again."

Dumont's Tom Montouri con-

TRACK

tinues to surprise in a season of excellent local sprinters. He easily won the Bergen Group 2 100- and 200-meter titles to remain unbeaten.

"I'm going to Providence next year and I wasn't planning on running there, but things have gone so well this season I'd like to try and walk on," said Montouri, who ran a personal-best 22.3 in his 200 race and 11.0 in the 100. "I stayed in shape this year by playing football and basketball and it's great to have a running partner like P.J. Lefort (fourth in the Group 2 100 and third in the 200). He keeps me going every day."

Five group records were set and three others tied in the Bergen meet.

J.D. Murdock of Ridgewood threw the javelin 198 feet, 8 inches in Group 4 to break a 15-year-old mark set by Rich Hauck of Don Bosco.

Paramus Catholic took nearly four seconds off the boys Group 3 1,600-meter relay record by running 3:22.7.

Montouri tied the Group 2 200-meter record, while Jacek Kwitkowski of Wallington ran 22.2 to set the Group 1 200 mark.

Carlene Cummings of Englewood tied her record in Group 2 girls 100 by running 11.9 and broke her own record in the 110 hurdles by running 14.5 and the long jump by jumping 18-5½. Cheryl Burdick of Ramsey tied her own record by high jumping 5-4.

The Passaic County girls 3,200-

By PAUL SCHWARTZ

Correspondent

ENGLEWOOD — Paramus Catholic is not a very deep team. Just four boys combined for 68 of the 73 points scored by individuals in Saturday's Red Littler Bergen County Group 3 track and field championships.

The Paladins aren't even very balanced, scoring just 14 points in the field.

But the Paladins are very, very good and they are the 1998 Group 3 boys champions following an 83-63 win over River Dell, with St. Joseph Regional, Ramapo, and first-day leader Northern Valley at Old Tappan all scoring at least 57 points.

"I go with what many coaches have said over the years," said PC coach Ron Sparagoski. "You take your thoroughbreds and you go with them. I'm really fortunate to have those thoroughbreds and I'm really happy for them."

Bart Bichalski was part of the winning relay, which ran a sizzling 3 minutes 22.7 seconds on a sizzling 87-degree day. Mike Ventura was fourth in the javelin and Matt Marovich sixth in the 3200. But the four thoroughbreds for PC this weekend were:

● Kiyon Harley — winner of both the 100- and 200-meter races and runner of the second leg on the relay, good for 22½ points.

● Marc Fulson — winner of the high hurdles, second in the intermediates, and the third leg on the relay, 20½ points.

● Johnjan Carela — fourth in the 200, winner of the 400, and anchor on the relay, 16½ points.

● Keith Johnson — winner of the high jump and third in the high hurdles, 16 points.

"We had other kids who ran as freshmen and did as well or better than these kids," said Sparagoski. "But these kids stayed with it, worked hard, and deserve their reward."

Double wins by sophomore Brian Burns of River Dell [800, intermediates], Cary Snyder of Northern Valley at Demarest [1,600, 3,200], and Adam Scholze of Ramapo [shot, discus] also stood out at the Group 3 meet.

Hackensack had seven wins and only missed scoring in the relay when the Comets were disqualified en route to a 154-132 win over Ridgewood for their second straight Group 4 win and eighth in 11 years.

Kawesi Darby won the 100 in an area-best 10.8, took the 200, and ran second in 49.5 in the 400 and Thomas Baldwin won the 1,600 and 3,200 without a struggle to lead the Comets to victory. Eumir Rahman (high jump), Michael Jackson (long jump), and Chris Stowers (high hurdles)

BERGEN TRACK

also won for Hackensack.

"We had a big day from Stowers, and the jumpers and sprinters came through like they always do," said acting coach Darren Ressler, subbing for Ed Church, who was at his son's college graduation in Kansas. "And Thomas Baldwin was Thomas Baldwin, which is becoming something special. We got great races from Marquise Singletary in the 800 and Frank Browne in the 1,600, and that also helped."

Jim Fischer of Bergen Catholic doubled in the shot and discus and J.D. Murdock of Ridgewood continued his steady improvement in the javelin, tossing 198-8, the best in New Jersey this year.

Cresskill rebounded from a disappointing league meet to win the Group 1 title with 88 points and Westwood was the Group 2 champion with 116 points.

Ridgewood girls win

ENGLEWOOD — The only Gene Littler Bergen County group championship track and field meet that came down to the final event Saturday was the Group 4 girls meet, and that race came down to the third leg and Ridgewood freshman Catherine Zuccaro.

The Maroons, rallying from a disqualification last weekend which will probably cost them the NNJIL Atlantic Division team title, had a 112-108 lead over second-place Teaneck going into the 1,600 relay.

Teaneck was expected to win the race, and it did. Ridgewood's chances of beating Hackensack for second place seemed slim. The Comets had Shauna Koenig ready for the anchor leg. Zuccaro took the stick just a step ahead of the Comets for her 400 leg.

Approximately 63 seconds later, she handed anchor Lizzie Vogelsbach a five-second lead and the Maroons went on to finish second in the race en route to their first team title since 1994.

Courtney Cubicciotti of Immaculate Heart swept the 100 and 200, and Sedo was Ridgewood's only double winner in the 1,600 and 3,200.

Northern Valley at Demarest, by contrast, had the easiest with a 107-58 win over second-place Pascack Valley, with Jenn Flinchum tripling in the weights, Chris Siebold winning the intermediates, and Karin Boman winning the high hurdles.

Hasbrouck Heights, with 120 points, romped to the Group 1 title and Ramsey outdistanced Rutherford, 103-80, for the Group 2 crown.

■ Summaries on S-18

Frosh/Soph Relays Mon. May 18, 1998

***** RESULTS *****

4 x 400IH:

Frosh:

Ned Borgman- 79.8, Jeff Vanderwert- 75.2, Rick Davies- 85.3

Sprint Medley:

Frosh:

4:41.1 (4TH) Y. Fung, Adam Freeland, Ryan Mao, Chris Ressequeie
65.7 28.2 29.0 2:37

4 x 800m:

Soph:

10:51.6 (4TH) Dan Keesing, Ben Riccardi, C. Ressequeie, Joe Sedo
2:38.2 2:35.5 3:03.8 2:34.0

High Hurdle Relay:

Frosh:

1:29.8 Ned Borgman, Jeff Vanderwert, Rick Davies, Jared Bankus
21.6 21.4 22.8 24.0

4 x 200m:

1:39.5 (2ND) Dan Cooper, Andy Ma, John Roth, Andrew Dolgin
24.6 26.6 24.7 23.2

2:03.0 Dave Mulhern, Matt Selhorn, John Saginario, P. Georgotas
32.2 28.1 32.7 30.1

4 x 400m:

Frosh:

4:23.8 (6TH) Jeff Vanderwert, Ryan Mao, Yiktat Fung, Adam Freeland
65.5 68.5 63.7 65.8

Shot:

Soph:

66'9 1/2" (6TH) Edison Lee- 37'0", Renny Mann- 29'9 1/2"

Frosh:

68'9" (4TH) Doug Sokolik- 36'1", Dan Sahling- 32'8"

Disc:

154'1" Edison Lee- 85'10", Renny Mann- 67'3"

Frosh:

178'0" (4TH) Doug Sokolik- 87'5", Dan Sahling- 89'7"

Jav:

Frosh:

Jared Bankus- 98'2", Dan Sahling- 71'0"

Pole Vault:

Sophs:

Dan Cooper- 12'0", Andrew Dolgin- 9'0"
21'0" (1ST)

High Jump:

Sophs:

John Roth- 5'4", Dan Cooper- 4'8"
10'0" (3rd)

Long Jump:

Soph:

Dan Cooper- 16'9", Andrew Dolgin- 18'6"
36'3" (1ST)

Frosh:

Adam Freeland, Jeff Vanderwert
24'6" 12'3" 12'3"

Triple Jump:

Frosh:

Yiktak Fung- 30'0", Ryan Mao- 27'9 1/2"
57'9 1/2" (5TH)

Comments:

A nice meet. We had a total of 11 places which is good. I didn't see the overall results, but I'm sure the sophs did pretty well. Congratulations on a good season to those of you who finished up. Some nice results today!

Frosh Counties

Wed. 5/20/98

***** RESULTS *****

400IH:

Ned Borgman- 78.8

100m:

Rick Davies- 14.7, Adam Freeland- 13.8,
Yiktat Fung- 13.7, Ryan Mao- 13.7

110 HH:

Ned Borgman- 22.3

800m:

Chris Ressequie- 2:44.5

200m:

Rick Davies- 30.5, Adam Freeland- 26.9,
Yiktat Fung- 27.6, Ryan Mao- 27.9

Field:

Shot:

Dan Sahling- 33'4 1/2", Doug Sokolik- 33'1 1/2",
Jarad Bankos- 25'3", Neil Chisholm- 23'4"

Disc:

Dan Sahling- 95'3", Doug Sokolik- 88'10"

Jav:

Jarad Bankus- 91'2"

High Jump:

Neil Chisholm- 4'8"

Long Jump:

Adam Freeland- 13'1 1/2"

Triple Jump:

Yiktat Fung- 30'6", Ryan Mao- 28'3"



THE RECORD'S POLLS

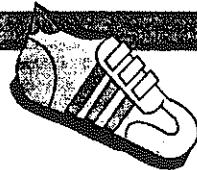
BOYS TRACK

BERGEN GROUP 1-2

- Westwood** — Despite the loss of superstar Andrew Giannotti, the Cardinals easily won their third BCSL American title in four years.
 - Glen Rock** — The Panthers had little trouble winning their sixth straight B-PSL divisional title, and might take a run at Westwood in Group 2.
 - Ramsey** — Ramsey was a surprise winner in the NBIL Division 2 meet and the young Rams might contend in the County Group 2 meet.
 - New Milford** — The Green Knights came from 18 points behind to edge Creskill for their first BCSL Olympic title.
 - Lyndhurst** — The Golden Bears easily won their first BCSL National title in 13 years.
- Also receiving votes — Creskill, Pascack Hills, Midland Park.

BERGEN GROUP 3-4

- Hackensack** — The Comets took control of the oft-delayed NNJIL Pacific Division meet and look to repeat in Group 4.
 - Ridgewood** — Ridgewood all but clinched the NNJIL Atlantic title.
 - Don Bosco** — The Ironmen will battle for second place in Group 4.
 - Paramus Catholic** — The Paladins haven't won a group title since 1981, but should contend for the Group 3 title this year.
 - Ramapo** — It's been 29 years since the Green Raiders finished in the top three of the Bergen group meet, but they might even win Group 3 this time.
- Also receiving votes — St. Joseph, River Dell, Bergen Catholic, Garfield, Indian Hills, NV/Old Tappan, NV/Demarest.



THE RECORD'S POLLS

GIRLS TRACK

BERGEN GROUP 1-2

- Rutherford** — The Bulldogs remain undefeated this spring, off an impressive 19-point win over Westwood in the BCSL American.
 - Ramsey** — The NBIL 2 champs for the sixth straight time, Ramsey hopes to retain its Group 2 title against Rutherford.
 - Glen Rock** — The Panthers have won five straight group titles in Group 1 and 2, but a sixth straight win would be an upset.
 - Westwood** — The Cardinals gave Rutherford a great run, but came up short in the BCSL American.
 - Hasbrouck Heights** — The Aviators easily won the BCSL National title and are heavily favored to win their first-ever Group 1 title.
- Also receiving votes — Pascack Hills, New Milford, Ridgfield Park.

BERGEN GROUP 3-4

- Hackensack** — Hackensack retained its NNJIL Pacific title and shoots for a fourth straight Bergen Group 4 title this weekend.
 - Ridgewood** — The Maroons were stunned by the unfortunate disqualification that might cost them the NNJIL Atlantic title.
 - Immaculate Heart Academy** — IHA has never finished in the top three in the Bergen Group 4 meet, but could win its first title this weekend.
 - NV/Demarest** — The Norsewomen shoot for a third straight Bergen Group 3 title.
 - Garfield** — The Bollermakers easily won the B-PSL King Division and shoot for their first Bergen title since 1991.
- Also receiving votes — Teaneck, Cliffside Park, NV/Old Tappan.

***** RESULTS *****

Fri./Sat. May 22,23, 1998

FRIDAY'S EVENTS

400IH:

Dave Warton- 56.8 (2ND), Steve Robinson- 59.2,
Chris Rodgers- 60.6

100m:

Dusty Thomas- 10.9 (5TH), Dan Cooper- 11.6, Yeon Chung- 12.1

3200m:

Tim McDonagh- 10:32, Jason VanYperen- 10:50

400m:

Andrew Dolgin- 52.7

Discus:

J.D. Murdock- 142'2" (3RD), Brian Zuccala- 137'11" (4TH),
TJ Zurla- 109'5"

High Jump:

Steve Robinson- 5'8", John Roth- NH

SATURDAY'S EVENTS

110HH:

Steve Robinson- 15.5 (5TH), Dave Warton- 16.1, John Roth- 17.1

1600m:

John O'Neill- 4:28.3 (2ND), Tim McDonagh- 4:58.0

200m:

Dusty Thomas- 22.8 (4TH), Yeon Chung- 25.1

800m:

Josh Kauke- 2:17.0, Damian Plummer- 2:04.0

4 x 400m:

Dave Warton, John O'Neill, Andrew Dolgin, Dusty Thomas
3:30.9 (4TH) 52.3 53.6 52.2 52.7

Shot Put:

J.D. Murdock- 50'3 1/2" (2ND), Brian Zuccala- 46'8",
TJ Zurla- NM

Javelin:

J.D. Murdock- 170'9" (1ST), Brian Zuccala- 164'5" (2ND),
Roy Simpadian- 116'0"

Long Jump:

Dusty Thomas- 20'4" (3RD), Andrew Dolgin 18'6", Yeon Chung- 16'

Pole Vault:

Pole Vault:

Dave Warton- 12'6" (1ST), Dan Cooper- 12'0" (2ND),
Chris Rodgers- 10'0"

RESULTS:

1. Hackensack- 115
2. RIDGEWOOD- 89
3. Clifton- 38
4. Wayne Hills- 34
5. Vernon- 33
6. Kennedy- 32
7. Memorial- 26
8. Bayonne- 24
9. West Milford- 18.5
10. Teaneck- 16
11. Paramus- 12
12. Passaic- 8.5
13. North Bergen- 8
14. Kearny- 7
15. Eastside- 2
16. Fair Lawn- 1
17. Passaic Cnty Tech- 1

Highlights:

Coming in 2nd out of these 17 teams was great. We were beaten again by a better Hackensack team, but we are clearly the 2nd best team in the county and the area! Special congrats to those of you placing in the top 6. You qualify for the state group IV meet next Fri/Sat. Nice job by a great team!

GROUP 4

TEAMS: 1-Hackensack 115, 2-Ridgewood 89, 3-Clifton 38, 4-Wayne Hills 34, 5-Vernon Township 33, 6-Paterson Kennedy 32, 7-Memorial (W.N.Y.) 26, 8-Bayonne 24, 9-West Milford 18½, 10-Teaneck 16, 11-Paramus 12, 12-Passaic 8½, 13-North Bergen 8, 14-Kearny 7, 15-Paterson Eastside 2, 16-Fair Lawn and Passaic Co. Tech 1.

400-METER DASH: 1-Kawesi Darby, Hackensack 10.6, 2-Andrae McCormick, Clifton 10.7, 3-Michael Jackson, Hackensack 10.8, 4-Sterling Wynn, Hackensack, 10.8, 5-Dusty Thomas, Ridgewood 10.9, 6-Bryant Shurn, Bayonne, 11.1.

200-METER DASH: 1-Joe Haro, Clifton 22.3, 2-Kawesi Darby, Hackensack 22.4, 3-Michael Jackson, Hackensack 22.6, 4-Dusty Thomas, Ridgewood 22.8, 5-Bryant Shurn, Becton 22.9, 6-Sterling Wynn, Hackensack 22.9.

400-METER RUN: 1-Joe Mendel, Wayne Hills 49.9, 2-Joe Haro, Clifton 50.2, 3-Kawesi Darby, Hackensack 50.4, 4-Tim Washington, West Milford 50.8, 5-Joe Velazquez, Paramus 50.8, 6-Alquan Fletcher, Passaic County Tech 51.7.

800-METER RUN: 1-Javian Quintana, Paramus 2:00.8, 2-Keith Cravotta, Vernon Township 2:02.0, 3-Keith Severino, Kearny 2:02.7, 4-Christian Mercado, Vernon Township 2:03.6, 5-Manny Alonso, Memorial (W.N.Y.) 2:04.0, 6-Damian Plummer, Ridgewood 2:04.7.

1,600-METER RUN: 1-Thomas Baldwin, Hackensack 4:20.7, 2-John O'Neil, Ridgewood 4:28.3, 3-Keith Cravotta, Vernon Township 4:28.5, 4-Nilesh Patel, Passaic 4:32.1, 5-John Warren, Vernon Township 4:32.4, 6-Keith Severino, Kearny 4:39.2.

3,200-METER RUN: 1-Thomas Baldwin, Hackensack 9:34.2, 2-Aurelio Saladrigas, Memorial (W.N.Y.) 9:36.3, 3-Keith Cravotta, Vernon Township, 9:52.7, 4-Nilesh Patel, Passaic 9:54.3, 5-Owen Tonkine, Paterson Eastside 10:05.4, 6-John Warren, Vernon Township, 10:09.6.

110-METER HIGH HURDLES: 1-Guy Rose, Wayne Hills 14.2, 2-Frank Buggs, Paterson Kennedy 15.1, 3-Andy Piotrowski, Clifton 15.3, 4-Damien Dawes, Paterson Kennedy 15.4, 5-Steve Robinson, Ridgewood 15.5, 6-Chris Stowers, Hackensack 15.6.

400-METER INTERMEDIATE HURDLES: 1-Guy Rose, Wayne Hills 58.0, 2-Warton Dave, Ridgewood 56.8, 3-Chris Stowers, Hackensack 58.0, 4-John Cassetta, Hackensack 58.1, 5-Jeff Coletti, Wayne Hills 58.3, 6-Matt Stewart, Vernon Township 58.6.

HIGH JUMP: 1-Eumir Rahman, Hackensack 6-4, 2-John Myles, Hackensack, 6-0, 3-Jonathon Robinson, Memorial (W.N.Y.) 5-10, 4-Manny Alonso, Memorial (W.N.Y.) 5-10, 5-Anthony Gaspie, Hackensack 5-10, 6-Brian Bohannon, Passaic and B.C. Hibbert, West Milford (tie) 5-8.

POLE VAULT: 1-Dave Warton, Ridgewood 12-6, 2-Dan Cooper, Ridgewood 12-0, 3-Joel Kraus, West Milford 12-0, 4-Justin Klepper, Vernon Township 11-0, 5-Damina Dawes, Paterson Kennedy 11-0, 6-Dave Serrano, West Milford 10-6.

LONG JUMP: 1-Tyrone Johnson, Paterson Kennedy 21-10, 2-Shor Lin, North Bergen 20-5, 3-Dusty Thomas, Ridgewood 20-4, 4-Alvin Elliot, Teaneck 20-2, 5-Mike Bertly, Teaneck 19-8½, 6-Keston Thomas, Bayonne 19-8.

SHOT PUT: 1-Kevin DiGiorgio, Bayonne 65-7½, 2-J.D. Murdock, Ridgewood 59-3½, 3-Eric Beebe, Hackensack 49-11½, 4-Van Jones, Hackensack 49-5½, 5-Jimmy Loeffler, Hackensack 47-7½, 6-Kurth Schwarz, Fair Lawn 47-0.

DISCUS: 1-Kevin DiGiorgio, Bayonne 172-6, 2-Darius Cook, Paterson Kennedy 142-9, 3-J.D. Murdock, Ridgewood 142-2, 4-Brian Zuccala, Ridgewood 137-11, 5-Jeff Yura, Wayne Hills 137-2, 6-Eric Beebe, Hackensack, 133-9.

JAVELIN: 1-J.D. Murdock, Ridgewood 170-9, 2-Brian Zuccala, Ridgewood 164-5, 3-Jonathan Robinson, Memorial (W.N.Y.) 154-8, 4-Derek Toews, West Milford 147-2, 5-Eric Beebe, Hackensack 140-1, 6-Mike Greenwald, West Milford 138-0.

1,600-METER RELAY: 1-Teaneck (Mike Cantone, Sheldon Smith, Howard Smith and Paul Cheteyn) 3:25.6, 2-Hackensack, 3:26.6, 3-Clifton, 3:29.3, 4-Ridgewood, 3:30.9, 5-West Milford 3:32.7, 6-Vernon Township, 3:33.5.

Track star Dusty Thomas is sprinting his way to success

by Mark Pedalini



by S. Flaherty

Dusty Thomas, senior, has worked hard this year and has dedicated his time to improving his skills in track and field. He is tearing up the track of late in the 100-meter, 200-meter, 400-meter, long jump and as an anchor on the 4 x 400-meter relay. The dual meet season ended with Thomas losing to only two people, both not in the county. He also holds the fastest 200-meter time this year in the county of 22.1 seconds, and tied for first in the 100 meter with a time of 10.9 seconds.

In addition to performing well in the dual meets, Thomas anchored the winning 4 x 400-meter relay team at Penn Relays. He also won the 200-meter and came in second in the 100 meter at the Bernard's Invitational after misjudging the finish line.

Thomas has changed Ridgewood High Schools track and field record books as well this year. He has destroyed a 15-year-old record of single season points leader, held by John Parise, in 1983, and also has broken the 100 meter record.

"I've always loved track and field. It's you against five others in every race, picking one winner. You can't rely on anybody else to help you up, and there's little if any room for mistake," Thomas said.

Along with running spring track and field, he started as wide receiver in football and also ran winter indoor track, and contributed pro-

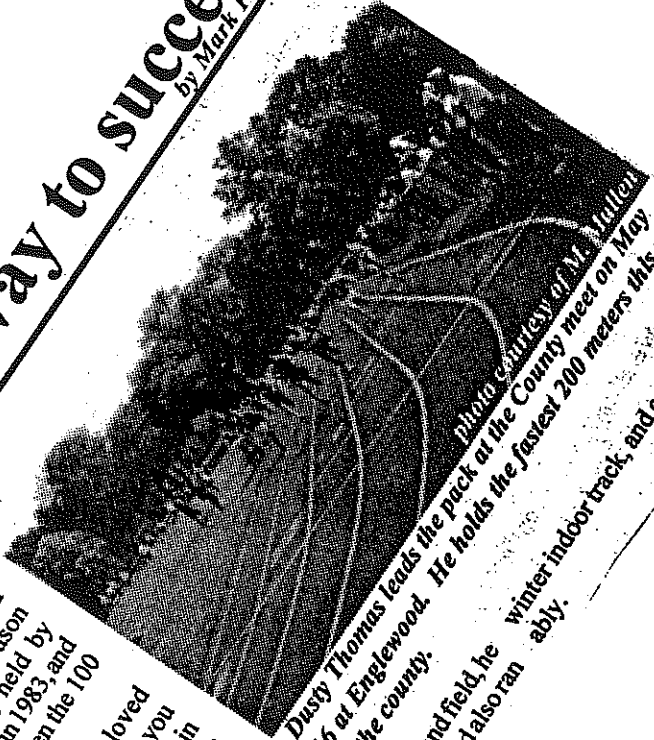


Photo courtesy of M. Hillen
Dusty Thomas leads the pack at the County meet on May 16 at Englewood. He holds the fastest 200 meters this year in the county.

***** RESULTS County Meet of Champs Tue. May 26, 1998

Events:

100m:

Dusty Thomas- 10.99/11.12 (4TH)

200m:

Dusty Thomas- 22.15 (1ST)

400m:

Andrew Dolgin- 52.33

800m:

Damian Plummer- 2:04.8

1600m:

John O'Neill- 4:35.6

110HH:

Steve Robinson- 15.32/15.30 (2ND)

400IH:

Dave Warton- 56.44 (3RD)

Triple Jump:

Andrew Dolgin- 42'5"

Long Jump:

Dusty Thomas- 21'4" (1ST), Andrew Dolgin- 19'6"

Pole Vault:

Dave Warton- 13'0" (1ST), Dan Cooper- 11'6" (6TH)

Jav:

J.D. Murdock- 193'8" (1ST), Brian Zuccala- 159'0"

4 x 400m: Andrew Dolgin, Dave Warton, John O'Neill, Dusty Thomas,
3:25.50 (3RD) 51.7 50.5 51.5 51.6

Comments:

My favorite meet of the year so far. You guys were tremendous! To have 4 winners (Dusty LJ and 200m, Dave PV, J.D. Jav) was just awesome. You and Hacky were the only teams to do that. Also we competed hard in every event. You made a terrific statement about Ridgewood track and field in this meet! I loved watching every event, highlighted by a tremendous 4 x 400m... inspiring. Get psyched for state Group IV this weekend.

BERGEN MEET OF CHAMPIONS RESULTS

AT HACKENBACK

FINALS

BOYS

100 — 1, Michael Jackson, Hackensack, 11.0; 2, Kewani Darby, Hackensack, 11.09; 3, Sterling Wynn, Hackensack, 11.12; 4, Dusty Thomas, Ridgewood, 11.13; 5, Damian Lawrence, Wallington, 11.27; 6, Tom Montouri, Dumont, 11.34.

200 — 1, Dusty Thomas, Ridgewood, 22.18; 2, Will Arzenis, NV/Old Tappan, 22.72; 3, Bryan Fenkert, Midland Park, 22.77; 4, Tom Montouri, Dumont, 22.82; 5, Noah Maier, Indian Hills, 22.85; 6, Damian Lawrence, Wallington, 22.87.

400 — 1, Jacok Kwiatkowski, Wallington, 49.87; 2, Joe Velasquez, Paramus, 49.90; 3, Paul Chateyan, Teaneck, 50.88; 4, John Carela, Paramus Catholic, 50.88; 5, John Winters, Ramapo, 51.17; 6, Matt Duques, Tenafly, 51.23.

800 — 1, Rick Lehbeck, Don Bosco Prep, 1:57.37; 2, Brian Burns, River Dell, 1:58.26; 3, Ron Gerhold, Emerson, 1:58.78; 4, Scott McKim, No. Highlands, 1:59.89; 5, Joe Apa, NV/Old Tappan, 1:59.78; 6, Matt Caporaletti, Westwood, 1:59.78.

1,600 — 1, Cary Snyder, NV/Demarest, 4:19.72; 2, Corey Kun, St. Joseph, 4:21.83; 3, Russ Giancola, New Milford, 4:26.5; 4, Will Eison, Saddle River Day, 4:26.98; 5, Matt Kulken, Glen Rock, 4:27.8; 6, Gilby Hawkins, Leonia, 4:27.28.

3,200 — 1, Thomas Baldwin, Hackensack, 9:36.18; 2, Dan Contreras, Don Bosco Pre, 9:40.22; 3, Josh Vanderwiele, Midland Park, 9:49.93; 4, Tim Muratore, Tenafly, 9:52.44; 5, Craig Glammona, NV/Demarest, 9:53.09; 6, Joe Pollaco, Don Bosco Prep, 10:01.43.

1600 relay — 1, Hackensack (Michael Jackson, Larooy Brooke, Stalling Wynn, Kewani Darby), 3:23.84; 2, Paramus Catholic, 3:23.78; 3, Ridgewood, 3:35.50; 4, Don Bosco Prep, 3:26.04; 5, Bergen Catholic, 3:28.39; 6, Wallington, 3:28.84.

110 HH — 1, Marc Fulson, Paramus Catholic, 14.72; 2, Steve Robinson, Ridgewood, 15.30; 3, Brian Jo, River Dell, 15.41; 4, Keith Johnson, Paramus Catholic, 15.48; 5, Chris Stowers, Hackensack, 15.80; 6, Dave Panther, Pascoack Valley, 15.75.

400 IH — 1, Chris Stowers, Hackensack, 55.59; 2, Dave Burns, River Dell, 56.17; 3, Dave Warton, Ridgewood, 56.24; 4, Joe Hwang, Cresskill, 57.28; 5, Jude Guy, Fair Lawn, 57.52; 6, Dan Churco, Ramapo, 57.58.

High Jump — 1, Eumir Rahman, Hackensack, 6-8; 2, Bryan Sheldon, Westwood, 6-2; 3, Ricardo Walker, Englewood, 6-2; 4, Jeff Emery, Ramsey, 6-2; 5, Andres Sline, Park Ridge, 6-2; 6, Andrew Drabick, Bergen Catholic, 6-2.

Long Jump — 1, Dusty Thomas, Ridgewood, 21-4; 2, Ricardo Walker, Englewood; 3, Gareth Hedges, Westwood; 4, Michael Jackson, Hackensack, 20-7; 5, Sheldon Russell, Bergen Tech, 20-8; 6, Andrew Drabick, Bergen Catholic, 20-8.

Triple Jump — 1, Paul Barbarian, NV/Old Tappan, 44-9; 2, Bernie Hayes, St. Joseph Regional, 44-4; 3, Naima Brown, Teaneck, 43-2; 4, Sheldon Smith, Teaneck, 42-11; 5, Pat McManus, St. Joseph, 42-10; 6, Sheldon Russell, Bergen Tech, 42-7.

Pole Vault — 1, Dave Warton, Ridgewood, 13-0; 2, Bob Miller, Bergen Catholic, 12-6; 3, Claudio Morsetta, Lyndhurst, 12-6; 4, (tie) Carlo Nastasi, Emerson, and Dave Richey, NV/Old Tappan, 12-0; 5, (tie) Adam Mutohler, NV/Old Tappan, and Dan Cooper, Ridgewood, Ridgewood, 11-8.

Shot Put — 1, Adam Schotze, Ramapo, 55-8; 2, Ken Edmondson, NV/Demarest, 53-4; 3, Eric Beebe, Hackensack, 51-7; 4, Jim Fischer, Bergen Catholic, 50-8; 5, Matt Elkas, Ramsey, 50-5; 6, Brian Marshall, No. Arlington, 49-11.

Discus — 1, Jim Fischer, Bergen Catholic, 159-9; 2, Paul Koob, Bergen Catholic, 151-11; 3, Andrew Romano, Glen Rock, 149-8; 4, Jasmin Cami, Fort Lee, 148-8; 5, Matt Winer, Pascoack Hills, 137-11; 6, Mike Murphy, New Milford, 137-0.

Javelin — 1, J.D. Murdoch, Ridgewood, 193-8; 2, Chinua Laud, Leonia, 190-1; 3, Chris Villoslada, Leonia, 174-10; 4, Jason Zarrenar, Cresskill, 171-11; 5, Ryan Mulkeen, Glen Rock, 170-0; 6, John Thielko, Glen Rock, 169-7.

GIRLS

100 — 1, Carlene Cummings, Englewood, 11.89; 2, Courtney Cubicciotti, IHA, 12.15; 3, Lauren Fanelli, River Dell, 12.58; 4, Jaletta Reame, Teaneck, 12.98; 5, Mary Jones, Hackensack, 12.97; 6, Missy Charles, Westwood, 13.04.

200 — 1, Courtney Cubicciotti, IHA, 24.99; 2, Dara Seidman, Ramsey, 26.01; 3, Shante Marshall, Teaneck, 26.24; 4, Natasha D'Souza, Bergenfield, 26.32; 5, Genevieve Palmieri, Rutherford, 26.86; 6, Nicole Parkinson, Bergen Tech, 26.86.

400 — 1, Kelly Johnson, Teaneck, 1:00.43; 2, Jen O'Brien, Pascoack Valley, 1:00.45; 3, Keneasha Braithwaite, Fair Lawn, 1:00.99; 4, Lizzie Vogelbach, Ridgewood, 1:01.51; 5, Danielle Sepuvedes, NV/Old Tappan, 1:01.64; 6, Emily Drew, Westwood, 1:01.85.

800 — 1, Julie Clifford, Holy Angels, 2:16.49; 2, Shauna Koenig, Hackensack, 2:18.10; 3, Meg McDermott, Ridgewood, 2:18.45; 4, Tracy DellaTorre, Glen Rock, 2:21.33; 5, Chrissy McDonnell, Ramsey, 2:22.51; 6, Amy Giacobone, IHA, 2:23.29.

1,600 — 1, Celeste Sado, Ridgewood, 5:10.79; 2, Mary D'Ariano, IHA, 5:20.0; 3, Jenica Asadorian,

Westwood, 5:25.18; 4, Claire McGuire, Hackensack, 5:29.29; 5, April Quatrano, Hackensack, 5:31.84; 6, Audrey Holst, Indian Hills, 5:31.85.

3,200 — 1, Tracy Kirk, Ramsey, 11:20.54; 2, Beth Androski, Hackensack, 11:21.99; 3, Melissa Conway, Ramsey, 11:38.21; 4, Meghan O'Toole, Garfield, 11:41.94; 5, Lauren Stroger, NV/Demarest, 11:44.28; 6, Josie Maceri, Fort Lee, 11:54.10.

1600 relay — 1, Teaneck (Kelley Johnson, Erika Jungblut, Nicole Brown, Janelle McCollum), 4:05.08; 2, Ridgewood, 4:08.81; 3, NV/Demarest, 4:07.38; 4, Rutherford, 4:08.18; 5, NV/Old Tappan, 4:09.03; 6, Ramsey, 4:09.19.

100 HH — 1, Beth Packman, Pascoack Hills, 15.29; 2, Angela Talucci, Indian Hills, 15.61; 3, Karin Boman, NV/Demarest, 15.64; 4, Alessia Grilli, Hasbrouck Heights, 16.11; 5, Michele Calabro, IHA, 16.27; 6, Laura Orriolo, Ramapo, 16.28.

400 IH — 1, Mahasin Pegales, Rutherford, 1:03.39; 2, Beth Packman, Pascoack Hills, 1:05.2; 3, Christine Siebold, NV/Demarest, 1:05.3; 4, Jackie Babbini, Cliffside Park, 1:08.7; 5, Vicki Byrne, Saddle Brook, 1:07.18; 6, Colleen McCorry, Glen Rock, 1:07.8.

High Jump — 1, Cheryl Burdick, 5-9; 2, Jamie Lillen, Pascoack Valley, 5-4; 3, Bridgette Atkinson, Hackensack, 5-2; 4, Lauran Donahue, Westwood, 5-2; 5, Amanda Witt, Holy Angels, 5-0; 6, Nicole Brown, Teaneck, 5-0.

Long Jump — 1, Carlene Cummings, Englewood, 17-11; 2, Charnie Carter, Lyndhurst, 16-9; 3, Beth Packman, Pascoack Hills, 16-4; 4, Courtney Cubicciotti, Immaculate, IHA, 15-9; 5, Devon Hudson, Hackensack, 15-7; 6, Elena Valoncia, IHA, 15-3.

Triple Jump — 1, Carlene Cummings, Englewood, 40-10; 2, Charnie Carter, Lyndhurst, 39-9; 3, Erika Jungblut, Teaneck, 35-11; 4, Devon Hudson, Hackensack, 35-8; 5, Sheneae Clarke, Ridgefield Park, 34-3; 6, Cessy Espinosa, Rutherford, 34-4.

Shot Put — 1, Jenn Flinchum, NV/Demarest, 39-4; 2, Lila Lee, NV/Demarest, 34-9; 3, Jean Marie Bellotti, Rutherford, 34-4; 4, Eml Ryan, Fair Lawn, 33-10; 5, Renee Wilson, Hasbrouck Heights, 32-2; 6, Colleen Kellay, Paramus Catholic, 32-1.

Discus — 1, Jenn Flinchum, NV/Demarest, 112-7; 2, Kristian Guimes, Ridgefield Park, 105-6; 3, Melissa Ayvas, Wood-Ridge, 103-10; 4, Rachel Goldstein, NV/Old Tappan, 103-5; 5, Najran Stephens, Cliffside Park, 97-7; 6, Lauren Gmliter, Hasbrouck Heights, 95-11.

Javelin — 1, Jen Austin, Garfield, 127-11; 2, Jackie Babbini, Cliffside Park, 114-10; 3, Jenn Huber, Beeton, 108-10; 4, Janet Luce, Westwood, 107-8; 5, Crystal Buczynski, Paramus Catholic, 104-5; 6, Marissa Sarubbi, Cliffside Park, 104-2.

State Group IV Meet Fri/Sat May 29, 30, 1998
***** Bus leaves Saturday at 7:45am

Friday's Event:

400IH:

Dave Warton- 57.2

Saturday's Events:

110 HH:

Steve Robinson- 16.1

1600m:

John O'Neill- 4:37.0

200m:

Dusty Thomas- 22.2

800m:

Damian Plummer- 2:05.0

4 x 400m: Andrew Dolgin, Dave Warton, John O'Neill, Dusty Thomas
3:29.7 53.5 52.8 53.5 50.0

Javelin:

J.D. Murdock- 185'0" (2ND)

Long Jump:

Dusty Thomas- 19'10"

Pole Vault:

Dave Warton- NH, Dan Cooper- NH

Javelin:

J.D. Murdock- No Mark

STATE MEET OF CHAMPIONS**AT SOUTH PLAINFIELD****BOYS**

100 — 1, Tim Athill, Pleasantville, 10.88; 2, Kishwayne Virgo, Plainfield, 10.74; 3, Andrae McCormick, Clifton, 10.79; 4, Cameron Atkinson, West Deptford, 10.85; 5, Karif Hyder, Immaculate Conception, 10.87; 6, Jason Roach, Manchester Township, 10.88.

200 — 1, Anthony Davis, Plainfield, 21.53; 2, Ali Lee, Woodbridge, 21.88; 3, Chariz Hester, Toms River South, 21.83; 4, Cameron Atkinson, West Deptford, 21.98; 5, Kishwayne Virgo, Plainfield, 22.10; 6, Tim Athill, Pleasantville, 22.38.

400 — 1, Rob Gary, Lenape, 47.85; 2, Chariz Hester, Toms River South, 48.55; 3, Hakim Johnson, Elizabeth, 48.78; 4, Karif Hyder, Immaculate Conception, 49.32; 5, Nick Brown, Bridgeton, 50.06; 6, Omar Wheeler, Arts, 50.25.

800 — 1, Joe Lewis, Pleasantville, 1:33.82; 2, Ryan Smith, Morristown, 1:54.39; 3, Jamal Nibbett, Immaculate Conception, 1:55.43; 4, Ricky Gibson, Ridge, 1:56.32; 5, Eric Motzenbecker, Wall, 1:56.38; 6, Aaron Boucher, Cherokes, 1:56.64.

1,600 — 1, Ian Hahn, Manchester Township, 4:17.84; 2, Nate Sisoo, North Hunterdon, 4:18.54; 3, Ryan Smith, Morristown, 4:18.75; 4, Thomas Baldwin, Hackensack, 4:22.47; 5, Feder Estelus, Elizabeth, 4:22.79; 6, Jeff Storch, Cherokes, 4:23.68.

3,200 — 1, Murad Campbell, Overbrook, 9:07.10; 2, Steve Slattery, Mount Olive, 9:17.31; 3, Tim Styler, Cranford, 9:21.95; 4, Cary Snyder, Northern Valley at Demarest, 9:23.49; 5, Todd Henderson, Notre Dame, 9:27.80; 6, Rob Dobson, Mater Dei, 9:28.61.

110 HH — 1, Todd Mathews, Notre Dame, 13.52; 2, Iuy Rose, Wayne Hills, 13.89; 3, Danyne Brown, Camden, 14.13; 4, Calvin Look, South Brunswick, 14.18; 5, Ari Jennings, Scotch Plains, 14.29; 6, Aaron Biddle, ordentown, 14.37.

400 IH — 1, Marqueth Tard, Trenton Central, 53.25; 2, Chris Brunt, Christian Brothers, 53.30; 3, Joe Lewis, Pleasantville, 54.87; 4, Danyne Brown, Camden, 53; 5, Andy McCarthy, Allentown, 54.57; 6, Damon es, Highland, 54.73.

1,600 relay — 1, Plainfield, 3:18.37; 2, Montclair, 1:19; 3, Trenton Central, 3:21.33; 4, Egg Harbor Township, 3:22.75; 5, Metuchen, 3:23.28; 6, Bridgeport, 3:24.85.

Long Jump — 1, Robert Jordan, Millville, 22-10; 2, Blair Woodward, Scotch Plains, 22-4½; 3, Kevin Hester, Manchester Township, 22-4½; 4, Louis Smith, Burlington, 22-4½; 5, MacArthur Busch, Salem, 22-3; 6, Tim Carlock, Burlington, 21-11½.

High Jump — 1, Robert Jordan, Millville, 7-0; 2, Kevin Hester, Manchester Township, 6-10; 3, Raffael Craig, Millville, 6-8; 4, Blair Woodward, Scotch Plains, 6-8; 5, Karl Jennings, Scotch Plains, 6-8; 6, Vinny Echavarria, Holmdel, 6-8.

Discus — 1, Terrence Glover, Hamilton West, 185-11; 2, Howard Clark, Pennsauken, 180-3; 3, Kevin DiGiorgio, Bayonne, 177-8; 4, Jim Flecher, Bergen Catholic, 167-11; 5, Mike Curtis, Bloomfield, 165-5; 6, Jon Kalnas, Paulsboro, 163-3.

Javelin — 1, Nick Serpio, Verona, 198-8; 2, Erik Dara, Holy Cross, 195-7; 3, Joe Carollo, Parsippany, 187-3; 4, Josh Cullen, Phillipaburg, 186-6; 5, Mo Taylor, Mainland, 181-11; 6, Joe Trivellini, Vineland, 179-6.

Shot put — 1, Kevin DiGiorgio, Bayonne, 67-8¾; 2, Jon Kalnas, Paulsboro, 62-11½; 3, Keith Rzewski, St. Joseph Metuchen, 60-3¼; 4, Howard Clark, Pennsauken, 58-11¼; 5, Terrence Glover, Hamilton West, 58-10; 6, Shane Vergare, Matawan, 54-4¼.

Pole vault — 1, Chris Gates, New Providence, 16-0; 2, Rob Campora, Governor Livingston, 14-6; 2, Aaron Pedrick, Williamstown, 14-6; 4, Eric Relessek, Vineland, 14-0; 5, Al Gannin, Manchester Township, 14-0; 6, Tom Barden, Central, 14-0.

GIRLS

100 — 1, Melissa Barber, Montclair, 11.67; 2, Alisha Morgan, Schalick, 11.77; 3, Amandi Rhett, Moorestown, 11.80; 4, Melissa Harris, Neptune, 11.95; 5, Kylene Binas, Highland, 12.01; 6, Chantel Coppedge, Montclair, 12.22.

200 — 1, Mikela Barber, Montclair, 24.00; 2, Melissa Barber, Montclair, 24.01; 3, Alisha Morgan, Schalick, 24.47; 4, Laia Mortimore, Atlantic City, 24.50; 5, Amandi Rhett, Moorestown, 24.87; 6, Sikira Backus, Princeton, 24.95.

400 — 1, Mikela Barber, Montclair, 54.81; 2, Katrina Sze, Buena Regional, 55.03; 3, Nadia Davy, Bridgeton, 56.02; 4, Kendra Brown, Willingboro, 57.11; 5, Megan Winchell, Red Bank Catholic, 57.18; 6, Nicol Corsey, Deptford, 57.34.

800 — 1, Lauren McHale, Ocean City, 2:12.77; 2, Keneleha Campbell, Lakewood, 2:14.92; 3, Dara Crocker, Columbia, 2:15.30; 4, Julie Clifford, Holy Angels, 2:16.59; 5, Natalie Popowicz, Clifton, 2:17.83.

1,600 — 1, Lindsey Gallo, Howell, 5:04.38; 2, Kristen Haughey, North Hunterdon, 5:04.81; 3, Cheryl Bauer, Morris Hills, 5:05.71; 4, Susie Cook, Haddonfield, 5:08.83; 5, Jessica Thomas, Point Pleasant, 5:13.88; 6, Pam Meadors, Ocean Township, 5:14.48.

3,200 — 1, Erin Donohue, Haddonfield, 10:43.71; 2, Cate Guiney, Middletown South, 10:53.73; 3, Cheryl Bauer, Morris Hills, 11:05.55; 4, Celeste Bede, Ridgewood, 11:12.22; 5, Lindsey Gallo, Howell, 11:14.82; 6, Pam Meadors, Ocean Township, 11:15.84.

100 HH — 1, Sherese Price, Pleasantville, 13.85; 2, Lakeema Lewis, Plainfield, 14.05; 3, Kiera Underwood, Linden, 14.33; 4, Carlene Cummings, Englewood, 14.57; 5, Amber Williams, Roxbury, 14.80; 6, Erica DiStefano, Notre Dame, 14.85.

400 LH — 1, Natalie Deffenbaugh, Columbia, 1:02.33; 2, Laura Gincel, West Windsor, 1:03.89; 3, Danielle Hobson, West Orange, 1:03.99; 4, Verrick Smith, Woodrow Wilson, 1:04.35; 5, Madee Ashton, Washington Township, 1:04.69; 6, Mahasin Pegelias, Rutherford, 1:04.98.

1,600 relay — 1, Willingboro, 3:53.48; 2, Washington Township, 3:56.78; 3, Red Bank Catholic, 3:58.26; 4, Middletown South, 3:58.83; 5, Buena Regional, 3:59.59; 6, Edgewood, 3:59.81.

Long Jump — 1, Carlene Cummings, Englewood, 16-6; 2, Bridgette Ingram, Columbia, 17-8; 3, Frances Bundy, Pleasantville, 17-3¼; 4, Shonda Burroughs, Vineland, 17-2¼; 5, Shahrah Marshall, Oakcrest, 17-0; 6, Meghan Kober, Watchung Hills, 16-8¼.

High Jump — 1, Cheryl Burdick, Ramsey, 5-8; 2, Jan Barcelons, Monclair Donvoan, 5-6; 3, Charlene Davis, West Windsor, 5-6; 4, Kristin Composto, Kennedy, 5-8; 5, Bridgette Ingram, Columbia, 5-4; 6, Dieder Muller, Notre Dame, 5-4.

Discus — 1, Melinda Boykin, Bridgeton, 134-10; 2, Liz Scherer, Middletown South, 133-10; 3, Krystal Pasley, Edison, 131-8; 4, Sarah Herakes, West Morris, 128-11; 5, Jenn Filinohum, Northern Valley at Demarest, 128-2; 6, Shanelle Gilliard, Lakewood, 128-4.

Javelin — 1, Lynlee Phillips, Shawnee, 142-0; 2, Vicki McArdie, Absegami, 136-1; 3, Jen Austin, Garfield, 131-5; 4, Cyndy Wilks, Bridgeton, 129-8; 5, Julie Slebert-Johnson, Holmdel, 129-1; 6, Brooke Derham, Haddonfield, 126-10.

Shot put — 1, Sarah Cullen, Red Bank, 43-6¼; 2, Melinda Boykin, Bridgeton, 43-1¼; 3, Dana Hall, Absegami, 42-8; 4, Angie Rosamilla, Parsippany Hills, 42-8¼; 5, LaBette Hillgrove, Passaic, 40-11¼; 6, Nicole Moore, Bridgeton, 40-9¼.

THE RECORD'S FINAL POLLS

BOYS TRACK

BERGEN GROUP 1-2

- 1. Westwood** — The Cardinals suffered the loss of their two biggest stars, Neal Okarter and Andrew Giannotti, but still dominated in winning the BCSL American, Bergen 2, and Section 2 titles.
- 2. Glen Rock** — Only one championship, the B-PSL Carpenter Division, as usual, but solid second-place finishes in Group 2 Bergen and sectional action boost the Panthers to second place. Next year when GR returns to Group 1, it becomes a potential contender for State honors.
- 3. Cresskill** — Wins in the sectional and Bergen Group 1 championships overcame the disappointment of a 1½-point loss to New Milford in the BCSL Olympic meet. Joe Hwang and James Lee qualified for the State Meet of Champs.
- 4. Lyndhurst** — Maybe the Golden Bears didn't have the talent of Wallington, which helped the Panthers in the bigger meets, but its 56-point win in the BCSL National meet and solid thirds in the Group 1 Bergen and sectional meets boost them above Wallington.
- 5. Wallington** — The Panthers were an impressive second in the Bergen Group 1 meet, and repeated in the sectional meet before Damien Lawrence and Jacek Kwiatkowski led them to a sixth -in State Group 1.

Also receiving votes: New Milford, Wallington.

BERGEN GROUP 3-4

- 1. Hackensack** — The Comets dominated the NNJIL Pacific, Bergen 4, and Sectional 4 meets, with one of their finest all-around teams. The Comets qualified in six events at the SMOC, led by 1,600 medalist Thomas Baldwin.
- 2. Ridgewood** — Ridgewood won the NNJIL Atlantic title and was a very solid second in the Group 4 Bergen and sectional championships. J.D. Murdock just missed out on a Group 4 State javelin championship.
- 3. Paramus Catholic** — The Paladins completed a terrific year, which included the Group 3 Bergen Relays and individual titles, and a solid fifth in the Parochial A championship. Marc Fulson had a fine year in the hurdles and the relay won the Parochial A title.
- 4. Don Bosco** — The Ironmen staggered to the finish line with some disciplinary problems, but qualified three individuals and a relay team for the SMOC.
- 5. Bergen Catholic** — Not a deep team, but Jim Fischer finished fourth in the SMOC discus, and the Crusaders were fourth in the State Parochial A standings.

Also receiving votes: Northern Valley/Old Tappan, Ramapo, River Dell.

PASSAIC/E. MORRIS

- 1. Lakeland** — After sweeping the Passaic and Northern Hills Skyline titles, the Lancers completed one of the finest seasons in Passaic County history by scoring 82 points in nine events on the second day to win their first Group 3 sectional title. Then the Lancers were fifth in the Group 3 State meet.
- 2. Clifton** — The Mustangs were a solid second in the Passaic meet and were fourth in the NNJIL Atlantic before finishing third in the Group 4 sectionals. Andrae McCormick set a Passaic record in placing third in the SMOC 100 to cap his high school career.
- 3. Passaic Tech** — The Bulldogs took third in the Passaic Relays, won the B-PSL King meet, and finished eighth in the Passaic meet.
- 4. Passaic** — The Indians were sixth in the Passaic Relays, seventh in the NNJIL Atlantic, and fourth in the Passaic County meet.
- 5. Wayne Hills** — Guy Rose led the Patriots into third place in the County and fourth in the sectionals and NBIL 1 meets.

Also receiving votes: Kennedy, Passaic Valley, Wayne Valley, West Milford.

