

## 2017 Ridgewood Spring Track Competition Schedule

4/1	Sat.	Pawlowski Relays	Ridgewood	V, JV, F
4/3	Mon.	Hackensack	Ridgewood	V, JV, F
4/7-8	Fri./Sat.	Arcadia Invitational	Arcadia California	Selected V
4/8	Sat.	Comet Relays	Hackensack	V, JV, F
4/10	Mon.	Indian Hills	Indian Hills	V, JV, F
4/13?	Thur.	River Dell/? Frosh/Novice	Ridgewood?	JV, F
4/17	Mon.	Northern Highlands	Northern Highlands	V, JV, F
4/19-21-22	Wed./Fri./Sat.	BC Relays	Ridgewood; River Dell	V
4/24	Mon.	Paramus and Ramapo	Ridgewood	V, JV, F
4/27-28-29	Thurs./Fri./Sat.	Penn Relays	Philadelphia, Pa	Selected V
5/4	Thur.	Big North League Champs	Ridgewood	Selected V
5/8	Mon.	Big North Frosh/Novice	Ridgewood	JV, F
5/12-13	Fri./Sat.	BC Championships	Old Tappan	V
5/16	Tues.	Novice Champs	Hackensack	JV
5/18	Thurs.	BC Frosh Girls Champs	Ridgewood	F
5/19	Fri.	BC Meet of Champions	Hackensack	Selected V
5/22?	Mon.	East Coast Relays	Randolph	Selected V
5/23	Tues.	North Jersey Soph Champs	Ramsey	Sophs
5/24	Wed.	BC Boys Frosh Champs	Ramsey	F
5/26-27	Fri./Sat.	State Sectional Champs	Randolph	Selected V
6/2-3	Fri./Sat.	State Group Champs	Egg Harbor	Qualified V
6/10	Sat.	SMOC	Northern Burlington	Qualified V
6/16-17-18	Fri./Sat./Sun.	New Balance Nationals	Greensboro, NC	Selected V