Cross-country: Girls Top 25 rankings for Oct. 12

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With two full weeks of action already completed, the cross-country season has already delivered its share of surprises and accomplishments.

Ridgewood is as good as advertised with newcomer Caroline Deiss giving the Maroons a solid sixth performer, and eases the absence of Camryn Wennersten, who chose to skip the season with COVID-19 concerns.

Lakeland has a trio up front as good as any in the state, and its pack of Faith Norrell, Kayla Bernhardt and Reaghan Lomascolo is getting better with each race.

IHA hasn't debuted yet but Northern Highlands and River Dell are closing in on the Blue Eagles. NV/Demarest made a big move from 12th preseason to No. 6 this week but the biggest moves come from Lyndhurst (25 to 12) and Park Ridge/Emerson (unranked to 13) and Hasbrouck Heights (23 to 14).

The final four batch meets of the Big North season are this week at Darlington and Oct. 17 brings the third of four invitationals at Garret Mountain, the Brett Taylor Invitational in memory of the late Hackensack captain who died of leukemia 28 years ago at the age of 28.

- 1. Ridgewood (1)
- 2. Lakeland (2)
- 3. IHA (3)
- 4. Northern Highlands (5)
- 5. River Dell (7)
- 6. NV/Demarest (12)
- 7. Mahwah (4)
- 8. Ramapo (8)
- 9. NV/Old Tappan (9)
- 10. Clifton (6)
- 11. Holy Angels (10)
- 12. Lyndhurst (25)
- 13. Rutherford (13)
- 14. Park Ridge/Emerson (NR)
- 15. Hasbrouck Heights (23)
- 16. Indian Hills (14)
- 17. Kinnelon (20)
- 18. Pascack Hills (21)
- 19. Leonia (17)
- 20. West Milford (19)
- 21. Glen Rock (18)
- 22. Passaic (24)
- 23. Bergen Tech (11)
- 24. Westwood (NR)
- 25. Cliffside Park (16)

Dropped out: Fair Lawn (15); Passaic Tech (22).

Preseason rankings in parentheses.

Notes



► The two-mile performances of AnnaMaria Tretola, Sarah Policano and Olivia Shattuck at the Hoka One One two mile challenge Tuesday all put them among the top 100 performers in Bergen County history in the event.

► Angelina Perez had has an incredible start to her season, but the Lakeland star is not the only one off to a flying start.

► Isabella Drezek of Hasbrouck Heights, won races at both the Season Opener and Back to the Mountain events after never winning a race before, taking more than 30 seconds off her Garret Mountain personal best at both meets.

Paul Schwartz covers high school track and field for NorthJersey.com. For full access to live scores, breaking news and analysis from our Varsity Aces team, <u>subscribe today</u>. To get breaking news directly to your inbox, <u>sign up for our newsletter</u> and <u>download our app</u>. Email: <u>schwartzp@northjersey.com</u> Twitter: <u>@northnjtrack</u>