

Big North Frosh/Novice Championships
Rockland Community College
January 3, 2022

NOVICE GIRLS EVENTS

Novice Girls 55 Meter Dash

Place	Name	Team	Time
1	Eileen Wynne	IHA	8.2
2	Sophia Ditchfield-Ag	IHA	8.2
3	Carson Bielen	IHA	8.3
4	Chineme Oriaku	PCTI	8.3
5	Yarrienne Gonzalez	PCTI	8.7
6	Candy Guareaux	Cliffside Park	8.8

Novice Girls 55 Meter Hurdles

Place	Name	Team	Time
1	Isabella Fernandes	Paramus	10.4
2	Jenna Ghiosay	IHA	10.6
3	Kathryn Kriz	Ramsey	11.2
4	Erin Shepler	IHA	11.2
5	Olivia Raia	IHA	11.2
6	Ryleigh Thompson	Wayne Hills	11.3

Novice Girls 3200 Meter Run

Place	Name	Team	Time
1	Hana Weisinger	Paramus	13:25.9
2	Emily Wansch	IHA	13:54.8
3	Reagan Scarpelli	IHA	14:16.3
4	Arden Mclaughlin	IHA	14:24.8
5	Johanna Murphy	IHA	15:14.0
6			

Novice Girls 400 Meter Run

Place	Name	Team	Time
1	Mauras Hesler	IHA	1:09.6
2	Brooke Chesney	Indian Hills	1:11.4
3	Alexa Weber	Mahwah	1:11.8
4	Rachel Lyons	IHA	1:12.2
5	Anastasia Gresko	Pascack Hills	1:13.6

6	Alexandra Asterita	Mahwah	1:15.7
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Novice Girls 3200 Meter Relay

Place	Team	Time
1	Mahwah	12:20.3

Novice Girls 1600 Meter Run

Place	Name	Team	Time
1	Alyssa Maybeck	Indian Hills	05:58.3
2	Pilar Guido	Paramus	06:07.4
3	Kayla O'Neil	Indian Hills	06:14.2
4	Emily Wunsc	IHA	06:27.5
5	Reagan Scarpelli	IHA	06:27.6
6	Megan Mok	Paramus	06:37.3

Novice Girls 200 Meter Dash

Place	Name	Team	Time
1	Maura Hesler	IHA	30.3
2	Eileen Wynne	IHA	30.6
3	Isabella Fernandes	Paramus	30.8
4	Sophia Ditchfield-Ag	IHA	30.9
5	Nadia Hajal	Mahwah	31.3
6	Ashlyn Seager	PCTI	31.4

Novice Girls 800 Meter Run

Place	Name	Team	Time
1	Alyssa Maybeck	Indian Hills	02:44.9
2	Noelle Haskell	IHA	02:49.5
3	Kayla O'Neil	Indian Hills	02:50.5
4	Emma Almquist	Mahwah	02:55.7
5	Brenna Buckley	Mahwah	02:57.7
6	Kat Chambers	Ramsey	03:03.3

Novice Girls 1600 Meter Relay

Place	Team	Time
1	Paramus	04:47.2

2	PCTI	05:08.5
3	Mahwah	05:38.5
4	Wayne Valley	05:39.5

Novice Girls Pole Vault

Place	Name	Team	Height
1	Ashley Acosta	Paramus	7-0
2	Olivia Sciano	Mahwah	7-0
3	Kathryn Kriz	Ramsey	6-6

Novice Girls High Jum

Place	Name	Team	Height
1	Ashleigh Gorman	Ramsey	4-6
2	Abby Tom	Ramsey	4-3
3	Carson Bielen	IHA	4-3

Novice Girls Long Jum

Place	Name	Team	Distance
1	Carson Bieln	IHA	13-11
2	Olivia Raia	IHA	13-8
3	Renee Mercado	Fair Lawn	13-3
4	Sammy Raia	IHA	13-2
5	Ashleigh Gorman	Ramsey	13-1
6	Bridget Heffernan	Ramsey	12-6.5

Novice Girls Triple Jump

Place	Name	Team	Distance
1	Nike Matthews	IHA	33-3.25
2	Casey Roberts	IHA	29-2.5
3	Olivia Raia	IHA	29-2
4	Kathryn Kriz	Ramsey	28-7.5
5	Brooke Chesne	Indian Hills	27-8.5
6	Ashlyn Seager	PCTI	27-5.5

Novice Girls Shot Put

Place	Name	Team	Distance
1	Izzy Grzybowski	PCTI	29-10
2	Sophia Joyce	Fair Lawn	27-1.25
3	Kate Haury	Paramus	24-9.5
4	Abby Tom	Ramsey	23-6.5
5	Sofia Del Grosso	Indian Hills	23-5.25
6	Catherine Goldstein	IHA	23-1

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FROSH GIRLS EVENTS

Frosh Girls 55 Meter Dash

Place	Name	Team	Time
1	Jordan Myers	Paramus	7.9
2	Alyssa Chan	Wayne Hills	8.2
3	Haley Kempf	Paramus	8.3
4	Keira Ciochetti	Wayne Valley	8.3
5	Sofia Moino	PCTI	8.6
6	Sarah Leopre	Fair Lawn	8.7

Frosh Girls 55 Meter Hurdles

Place	Name	Team	Time
1	Payton D	Wayne Hills	10.6
2	Sierra Tofts	IHA	11.2
3	Caeli O'Hara	Ramsey	11.4
4	Julia Petrie	IHA	11.4
5	Sarah Zekrikhanfi	Cliffside Park	11.6
6	Emily Fosdick	Ramsey	12.2

Frosh Girls 400 Meter Run

Place	Name	Team	Time
1	Kate Marie Monaco	Ramsey	1:10.1
2	Athena Giatis	Wayne Valley	1:11.5
3	Ainsley Phillips	Wayne Valley	1:12.4
4	Gia Pierro	PCTI	1:15.0
5	Annabelle Mikhail	Wayne Valley	1:15.2
6	Samantha Giangarra	Cliffside Park	1:16.3

Frosh Girls 3200 Meter Relay

Place	Team	Time
1	No Entries	

Frosh Girls 1600 Meter Run

Place	Name	Team	Time
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1	Hannah Hoffman	Mahwah	06:12.1
2	Morgan Hayes	Fair Lawn	06:31.3
3	Sophia Lee	Paramus	06:32.4
4	Emma McSorely	Wayne Valley	06:34.3
5	Bradyn Chesla	Fair Lawn	07:05.6
6	Stephanie Lack	Cliffside Park	07:20.8

Frosh Girls 200 Meter Dash

Place	Name	Team	Time
1	Jordan Myers	Paramus	28.4
2	Katelyn Mikros	IHA	29.7
3	Alyssa Chan	Wayne Hills	29.9
4	Rylee Smith	IHA	30.1
5	Sarah Zekrikhanfri	Cliffside Park	30.3
6	Alise Pauksena	Wayne Hills	30.5

Frosh Girls 800 Meter Run

Place	Name	Team	Time
1	Ainsley Phillips	Wayne Valley	02:49.6
2	Alexa Cheruin	Mahwah	02:50.0
3	Kaelyn Brisby	Mahwah	02:51.3
4	Sophia Prins	IHA	02:51.5
5	Alisah Morris	IHA	02:58.9
6	Hailey Jablonsky	Mahwah	03:01.7

Frosh Girls 1600 Meter Relay

Place	Team	Time
1	Ramsey	04:57.7
2	Mahwah	04:59.4
3	Paramus	05:10.9
4	Wayne Valley	05:13.0
5	PCTI	05:16.7
6	PCTI 'B'	05:37.0

Frosh Girls Pole Vault

Place	Name	Team	Height
1	Adrianna Graziano	Ramsey	6-0

Frosh Girls High Jump

Place	Name	Team	Distance
1	Katelyn Mikrok	IHA	4-3
2	Samantha Minnetia	IHA	4-0
3	Abigail McNamera	Wayne Valley	4-0
4	Natalia Kull	Ramsey	3-9
4	Madeline Montalba	PCTI	3-9

Frosh Girls Long Jump

Place	Name	Team	Distance
1	Kaetlyn Mikros	IHA	14-0
2	Sofia Moino	PCTI	13-4.5
3	Riley Smith	IHA	12-11.5
4	Alayna Antonucci	PCTI	12-9
5	Abigail McNamara	Wayne Valley	12-2
6	Lily P.	West Milford	12-2

Frosh Girls Triple Jump

Place	Name	Team	Distance
1	Athena Giotis	Wayne Valley	28-1.75
2	Kate Monaco	Ramsey	27-0.5
3	Haley Temme	Fair Lawn	26-9.5
4	Allison McNutt	Wayne Valley	23-9.5
5	Abigail McNamera	Wayne Valley	21-2.25

Frosh Girls Shot Put

Place	Name	Team	Distance
1	Helena Thompson	PCTI	22-8
2	Delia Mannion	Ramsey	21-9.25
3	Celine Reina	Fair Lawn	20-4
4	Madison Aquino	Cliffside Park	20-0
5	Yazmin Lecca	Fair Lawn	19-5.25
6	Kayla Wolfsohn	Wayne Valley	18-8

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BOYS EVENTS

Novice

Novice Boys 55 Meter Dash

Place	Name	Team	Time
1	Ryan Dormelas	SJR	7
2	Grant Goehrig	Ramsey	7.1
3	Jonah Capers	PCTI	7.2
4	Michael Vargas	PCTI	7.4
5	Ryan Fernandes	Paramus	7.6
6	Jair Stewart	Eastside	7.8

Novice Boys 55 Meter Hurdles

Place	Name	Team	Time
1	Jordan Lawton	PCTI	8.9
2	Michael Vargas	PCTI	9.5
3	Nick Grieco	Ramsey	9.6
4	Raymond Hennessy	Paramus	9.6
5	Carson Deas	Ramsey	9.8
6	Jack Adler	Ramsey	10.5

Novice Boys 3200 Meter Run

Place	Name	Team	Time
1	Bryce Teto	Paramus	11:20.3
2	Ethan Russ	Wayne Hills	11:51.7
3	Darwin Ruiz	Cliffside Park	11:56.3
4	Tom Mendoza	SJR	12:58.6

Novice Boys 400 Meter Run

Place	Name	Team	Time
1	Luke McGurr	Ramsey	59.3
2	Jordan Lawton	PCTI	59.4
3	Lucas Chung	Ramsey	59.8
4	Alan Koskowski	Wayne Valley	1:00.1
5	Sahil Shah	Paramus	1:00.3

6	Junor Butto	Eastside	1:00.6
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Novice Boys 3200 Meter Relay

Place	Team	Time
1	No Entries	

Novice Boys 1600 Meter Run

Place	Name	Team	Time
1	Bryce Teto	Paramus	05:21.0
2	Raj Modi	Paramus	05:21.4
3	Mike McCormick	Indian Hills	05:26.2
4	Joshua Topielski	Wayne Hills	05:28.9
5	Vivek Limye	Wayne Hills	05:31.6
6	Kosei Fukanaga	Paramus	05:35.6

Novice Boys 200 Meter Dash

Place	Name	Team	Time
1	Ryan Dormelasw	SJR	25.7
2	Luke McGurr	Ramsey	25.8
3	Nolan Duffy	Mahwah	25.9
4	Arah Ahmadi	Paramus	26
5	Jack Rubis	Wayne Valley	26.2
6	Grant Goehrig	Ramsey	26.3

Novice Boys 800 Meter Run

Place	Name	Team	Time
1	Ryan Stanford	Mahwah	02:25.4
2	Mike McCormick	Indian Hills	02:28.8
3	Amir Abraham	PCTI	02:33.3
4	Kobe Haas	Ramsey	02:34.6
5	Chris Cafalan	Cliffside Park	02:35.1
6	Logan Kayal	Mahwah	02:35.5

Novice Boys 1600 Meter Relay

Place	Team	Time
1	Wayne Valley	04:03.0

2	Ramsey	04:04.4
3	Paramus	04:08.1
4	Paramus 'B'	04:08.2
5	Ramsey 'B'	04:08.8
6	PCTI	04:22.7

Novice Boys Pole Vault

Place	Name	Team	Height
1	Samuel Steinhart	Fair Lawn	9-6

Novice Boys High Jump

Place	Name	Team	Height
1	David Jendyi	PCTI	5-6
2	Brian Caraballo	PCTI	5-4
3	Jeff Lux	Ramsey	5-0
4	Samuel Steinhart	Fair Lawn	5-0
5	Christian Mercado	Wayne Valley	5-0
6	Jair Stewart	Eastside	5-0

Novice Boys Long Jump

Place	Name	Team	Distance
1	Victor Echavarria	PCTI	17-2.75
2	Christian Mercado	Wayne Valley	16-7.75
3	Owen Zearfaus	Indian Hills	16-6
4	Carson Deas	Ramsey	16-4.5
5	Danny Mack	Ramsey	16-4
6	David Jendayi	PCTI	16-2

Novice Boys Triple Jump

Place	Name	Team	Distance
1	Christian Mercado	Wayne Valley	34-3.25
2	Carson Deas	Ramsey	33-1.25
3	Tom Wuensch	Indian Hills	31-7.25
4	Nicdas Joramillo	Cliffside Park	31-7
5	Joe Fitzmaurice	Indian Hills	31-3.75

Novice Boys Shot Put

Place	Name	Team	Distance
1	Martin Shey	Paramus	36-2
2	Jonathon Martinez	Ramsey	35-0.5
3	Richard G.	West Milford	33-8
4	Jack Capeless	SJR	31-5.25
5	Tom Wuensch	Indian Hills	31-5
6	Zackary Daudelin	Wayne Valley	31-1.25

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BOYS EVENTS

Frosh

Frosh Boys 55 Meter Dash

Place	Name	Team	Time
1	Dominic Currie	Fair Lawn	7.4
2	Jordan Moss	PCTI	7.5
3	Josh Jones	PCTI	7.5
4	Anthony Francis	Fair Lawn	7.7
5	Zackery Argueta	Fair Lawn	7.9
6	David Hajal	Mahwah	8

Frosh Boys 55 Meter Hurdles

Place	Name	Team	Time
1	Esmeidy Ortiz	PCTI	10.7
2	Tyler M	West Milford	11.5
3	Josh Jones	PCTI	12.7

Frosh Boys 400 Meter Run

Place	Name	Team	Time
1	Harit Gahananth	Pascack Hills	1:02.2
2	Daniel Gomez	Cliffside Park	1:05.7
3	Lia Bottcher	PCTI	1:09.7
4	Jomar Perez	PCTI	1:11.5
5	Luis Quero	Eastside	1:14.1
6	Antonio Trezzo	Wayne Valley	1:14.4

Frosh Boys 3200 Meter Relay

Place	Team	Time
1	No Entries	

Frosh Boys 1600 Meter Run

Place	Name	Team	Time
1	Justin Vitale	Indian Hills	05:27.1
2	Nick Pardiso	Indian Hills	05:27.4
3	Jonathan Grandusky	Ramsey	05:29.8
4	Alex Michelman	Fair Lawn	05:53.7
5	Alex Avedian	Pascack Hills	05:54.9
6	Chase Amin	Fair Lawn	05:56.5

Frosh Boys 200 Meter Dash

Place	Name	Team	Time
1	Dominic Currie	Fair Lawn	26.2
2	Josh Jones	PCTI	26.3
3	Jordan Moss	PCTI	26.9
4	Anthony Francis	Fair Lawn	27.3
5	Ben Mendoza	PCTI	27.7
6	Harit Guhananth	Pascack Hills	27.9

Frosh Boys 800 Meter Run

Place	Name	Team	Time
1	Nick Paradiso	Indian Hills	02:30.8
2	Yuval Fefer	Fair Lawn	02:31.0
3	Justin Vitale	Indian Hills	02:31.7
4	Jonathan Grandusky	Ramsey	02:38.2
5	Matt Paradiso	Indian Hills	02:44.0
6	Alex Michelman	Fair Lawn	02:44.8

Frosh Boys 1600 Meter Relay

Place	Team	Time
1	Fair Lawn	04:18.1
2	PCTI	04:21.6
3	Indian Hills	04:29.4

Frosh Boys Pole Vault

Place	Name	Team	Height
1	No Entries		

Frosh Boys High Jump

Place	Name	Team	Height
1	Tyler M.	West Milford	5-0
2	Chase Amin	Fair Lawn	4-3
3	Yuval Fefer	Fair Lawn	4-0
3	Anthony Fraancis	Fair Lawn	4-0

Frosh Boys Long Jump

Place	Name	Team	Distance
1	Luke Festa	Indian Hills	15-1
2	Daniel Gomez	Cliffside Park	14-3.5
3	Tyler M.	West Mildford	14-3
4	Jack Farber	PCTI	14-1.75
5	Matthew Lazo	Cliffside Park	14-1
6	Daniel Jimenez	Fair Lawn	11-7

Frosh Boys Triple Jump

Place	Name	Team	Distance
1	Yuval Fefer	Fair Lawn	33-7.75
2	Tyler M.	West Milford	32-11.75

Frosh Boys Shot Put

Place	Name	Team	Distance
1	Caeden Doyle	Ramsey	25-7.5
2	Roberto Stigliano Jr.	SJR	24-2.5
3	Nick Hayeck	Wayne Valley	23-7.25
4	Cooper Paige	SJR	22-10
5	Alex Perez	PCTI	22-1.5
6	Brady Hunt	Mahwah	21-6.5