

Ridgewood Winter Games at RCC
 Rockland Community College
 January 12th 2023
 Suffern, NY

Frosh

Girls Frosh 55 Meter Dash

Place	Name	Team	Time
1	Gabriella Kapln	Mahwah	8.2
2	A. Abella	River Dell	8.4
3	Ashley Asterita	Mahwah	8.3
4	Riley Bosticco	Mahwah	8.3
5	Riley Finning	Ridgewood	8.3

Girls Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	Julia Kalata	Midland Park	10.3
2	A. McConnell	Monroe-Woodbury	10.3
3	E. Chiose	Monroe-Woodbury	10.9
4	Avril Crowe	Mahwah	11.0
5	Sarah Scanlon	Ridgewood	11.1

Girls Frosh 200 Meter Dash

Place	Name	Team	Time
1	Anna Steines	Ramsey	29.2
2	Maddy Romero	IHA	29.4
3	Zeynep Yildiz	Fair Lawn	30.0
4	Lindsey Zadow	Ridgewood	30.1
5	Riley Finning	Ridgewood	30.1

Girls Frosh 400 Meter Dash

Place	Name	Team	Time
1	Maddy Romero	IHA	1:07.4
2	Zeynep Yildiz	Fair Lawn	1:07.7
3	Emmy Bender	Ramsey	1:08.4
4	Catherine Twilliger	Ridgewood	1:08.8
5	A. Meija	Monroe-Woodbury	1:09.9

Girls Frosh 1600 Meter Run

Place	Name	Team	Time
1	Micah Dalelio	Sussex Tech	6:19.1
2	Ana Michel	Bogota	6:23.2
3	Fergie Onate Avila	Bogota	6:23.7
4	Julia Jablonska	Garfield	6:31.4
5	Alisha Bunagan	Ramsey	6:31.6

Girls Frosh Shot Put

Place	Name	Team	Mark
1	Riley Butler	Midland Park	34-0.5
2	S. Niderberger	Monroe-Woodbury	27-1
3	S. Hache-Rose	Monroe-Woodbury	23-3
4	Blake Weiner	Fair Lawn	21-5.5
5	Elena	Mahwah	20-8

Girls Frosh High Jump

Place	Name	Team	Mark
1	Dylan Nizza	Mahwah	4-3
2			
3			
4			
5			

Girls Frosh Long Jump

Place	Name	Team	Mark
1	Laila Abardak	IHA	14-9
2	Molly Quinn	IHA	13-9
3	E. Chiose	Monroe-Woodbury	13-8
4	Dylan Nizza	Mahwah	13-6
5	Kate O'Sullivan	IHA	13-5

Girls Frosh Triple Jump

Place	Name	Team	Mark
1	Laila Abardak	IHA	30-6
2	Molly Quinn	IHA	29-9
3	H. Yihm	River Dell	27-11.5
4	Ellie Daniels	IHA	23-8.25
5	Jacqueline Ortega	Garfield	23-7.75

Girls Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Ridgewood	Scanlon, Finning, Zadow, Twilliger	04:51.5
2	Mahwah		04:56.4
3	Becton		05:01.2
4	Ridgewood		05:04.5
5	Eastside		05:07.3
6	Mahwah 'B'		05:07.7

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GIRLS EVENTS

Varsity

Girls 55 Meter Dash

Place	Name	Team	Time
1	Piper Portacio	Immaculate Conception	7.7
2	Destiny Lawrence	Spring Valley	7.8
3	Dina Zakaria	Manchester Regional	7.9
4	Aya Schwartz	John Jay	8.1
5	Aranha Antunas	North Arlington	8.2

Girls 55 Meter Hurdles

Place	Name	Team	Time
1	Emma Keating	Pompton Lakes	8.9
2	Destiny Lawrence	Spring Valley	9.6
3	Aranha Antunes	North Arlington	10.5
4	Emma Manzi	Mahwah	11.1
5	Azana Vulaj	Westlake	11.3

Girls 200 Meter Dash

Place	Name	Team	Time
1	Kylie Castillo	Ridgefield	27.6
2	Piper Portacio	Immaculate Conception	28.9
3	A. D'Avilar	Monroe-Woodbury	29.7
4	Dina Zakaria	Manchester Regional	29.9
5	L. Weeks	Monroe-Woodbury	30.0

Girls 400 Meter Dash

Place	Name	Team	Time
1	Kylie Castillo	Ridgefield	1:05.1
2	Piper Portacio	Immaculate Conception	1:10.6
3	L. Weeks	Monroe-Woodbury	1:11.2
4	Bella Pollizzi	Pompton Lakes	1:14.8
5	K. Hughes	Monroe-Woodbury	1:15.7

Girls 800 Meter Run

Place	Name	Team	Time
1	Brenna Sullivan	North Arlington	2:39.7
2	Isabel Michel	Bogota	2:41.2
3	Kourtney Bergen	Indian Hills	2:50.2
4	Nicole Muniz	Immaculate Conception	2:51.1
5	Brynn Eitner	IHA	2:51.3

Girls 1600 Meter Run

Place	Name	Team	Time
1	Isabel Michel	Bogota	6:12.5
2	Margaret Winter	John Jay	6:22.6
3	Mika Tam Padong	Becton	6:28.5
4	Segall Sanchez	Becton	6:44.0
5			

Girls 3200 Meter Run

Place	Name	Team	Time
1	Leanne Fernandez	Monroe-Woodbury	12:29.6
2	Reagan Scarpelli	IHA	13:20.1
3	Hannah Hoffman	Mahwah	13:38.3
4	Gabriella Borello	Westlake	14:14.4
5			

Girls Shot Put

Place	Name	Team	Mark
1	Arianna Exarchakis	Monroe-Woodbury	33-11
2	Dallana Rojas	North Arlington	31-0.5
3	Sophia Joyce	Fair Lawn	30-11
4	Laurynn Teixeira	North Arlington	29-11
5	Pairs Higgs	Eastside	29-6.75

Girls High Jump

Place	Name	Team	Mark
1	Sofia Ruggiero	Westlake	4-6
2	Zana Vulaj	Westlake	4-6
3	Alex Rossi	Ramsey	4-6
4			
5			

Girls Pole Vault

Place	Name	Team	Mark
1	Emma Keating	Pompton Lakes	12-6
2	Adrianna Graziano	Ramsey	8-6
3	Lauren Hochegger	Ridgewood	8-6
4	Erika Schilasi	Ridgewood	8-0
5	Tiya Shah	Ramsey	7-6
5	Lucie Crosly	Ridgewood	7-6

Girls Long Jump

Place	Name	Team	Mark
1	Giselandra Clerge	Spring Valley	17-1.5
2	Brenna Sullivan	North Arlington	15-5
3	Star Saybe Mejia	Garfield	14-10
4	Sofia Ruggiero	Westlake	14-9
5	Riley Smith	IHA	14-8

Girls Triple Jump

Place	Name	Team	Mark
1	Giselandra Clerge	Spring Valley	31-0.25
2	Star Saybe Mejia	Garfield	28-11
3	Aya Schwartz	John Jay	28-10.5
4	Brenna Sullivan	North Arlington	28-10.5
5	Sophia Inoa	Fair Lawn	27-4.75

Girls 4x400 Meter Relay

Place	Team	Names	Time
1	Becton	Maidanski, Tallalson, Tampador	4:53.3
2	Manchester Regional		5:08.9
3			
4			
5			

Girls 4x800 Meter Relay

Place	Team	Names	Time
1	Becton	Majdanski, Tallahson, Sanchez	11:43.7
2	Monroe-Woodbury		12:10.7
3	Garfield		12:38.3
4	Fair Lawn		13:59.3
5			

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Novice

Girls Novice 55 Meter Dash

Place	Name	Team	Time
1	Alexa Hermonns	Midland Park	8.0
2	Shasha-Kay Bonfield	Eastside	8.1
3	Kate Murphy	Ridgewood	8.2
4	N. Clay	Monroe Woodbury	8.3
5	T. Cooper	Monroe Woodbury	8.3

Girls Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Rylee Smith	IHA	10.0
2	Annabella Martino	IHA	10.1
3	Anya Bajraktari	Ridgewood	10.9
4	Alex Rossi	Ramsey	10.9
5	Kaitlin Lai	Ridgewood	11.1

Girls Novice 200 Meter Dash

Place	Name	Team	Time
1	Destiny Lawrence	Spring Valley	28.3
2	Bella Martino	IHA	28.7
3	Carly Mangiaracina	John Jay	29.6
4	Sasha-Kay Bonefield	Eastside	30.2
4	Alexa Hermanns	Midland Park	30.2

Girls Novice 400 Meter Dash

Place	Name	Team	Time
1	Alexa DiSalvo	Westlake	1:10.7
2	R. Bingham	Monroe-Woodbury	1:11.1
3	Alyssa Ramirez	Bogota	1:12.2
4	Ava Borntrager	Becton	1:12.7
5	Ava Muniz	Immaculate Conception	1:13.4

Girls Novice 1600 Meter Run

Place	Name	Team	Time
1	Gabriella Borello	Westlake	6:32.6
2	Ashley Miranda	North Arlington	6:40.3
3	Sarah Fiyazuddeen	Monroe-Woodbury	6:44.4
4	Kendra Contreras	Monroe-Woodbury	6:44.8
5	Cristen Dorney	Monroe-Woodbury	6:45.2

Girls Novice Shot Put

Place	Name	Team	Mark
1	Celina Reina	Fair Lawn	29-1.5
2	Abigail Bartelloniq	River Dell	27-9.5
3	Rebecca Yurgelonis	Ridgewood	26-10.25
4	Farly	River Dell	26-9.5
5	Ivette Cole	Manchester Regional	25-6

Girls High Jump

Place	Name	Team	Mark
1	Gabriella Dyer	Fair Lawn	4-3
2			
3			
4			
5			

Girls Novice 4x400 Meter Relay

Place	Team	Names	Time
1	Ridgewood	LaBien, Murphy, Monte, Bajrau	4:43.0
2	Becton		5:13.1
3	Eastside		5:13.7
4			
5			

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Boys EVENTS

Varsity

Boys 55 Meter Dash

Place	Name	Team	Time
1	Elijah Carroll	Eastside	6.8
2	N'Khylie Jackson	Manchester Regional	6.8
3	Andrew Sutherland	Spring Valley	6.8
4	Logan B.	Don Bosco	6.9
5	Brian Rauchbach	Sussex Tech	6.9

Boys 55 Meter Hurdles

Place	Name	Team	Time
1	Samprit Bajracharya	Becton	9.1
2	Jackson Kellner	Mahwah	10.2
3	Casper Wojcik	Garfield	11.2
4			
5			

Boys 200 Meter Dash

Place	Name	Team	Time
1	Elijah Carroll	Eastside	23.8
2	N'Khylie Jackson	Manchester Regional	24.3
3	Anthony Francis	Fair Lawn	25.2
4	Dominic Currie	Fair Lawn	25.3
5	Carl Auguste	Spring Valley	25.4

Boys 400 Meter Dash

Place	Name	Team	Time
1	Andrew Armstrong	Pompton Lakes	55.8
2	Elijah Carroll	Eastside	56.8
3	Brendan K.	Don Bosco	57.4
4	Vaughn Holderith	Sussex Tech	57.5
5	Eli DaLello	Sussex Tech	57.7

Boys 800 Meter Run

Place	Name	Team	Time
1	Sieven Longo	Becton	2:12.5
2	Andrew Armstrong	Pompton Lakes	2:13.8
3	Brendan K.	Don Bosco	2:19.9
4	Aidan Soukas	Fair Lawn	2:21.3
5	Jacob Babitsky	Fair Lawn	2:21.5

Boys 1600 Meter Run

Place	Name	Team	Time
1	Jack Schmick	Sussex Tech	5:03.5
2	Thomas Maleski	North Arlington	5:20.4
3	Bryan Sosa	Manchester Regional	5:29.9
4	Logan Kayal	Mahwah	5:31.3
5	Chase Amin	Fair Lawn	5:50.2

Boys 3200 Meter Run

Place	Name	Team	Time
1	Jack Schmick	Sussex Tech	10:57.8
2	Aidan Hangen	Becton	11:19.7
3	Tyran Haag	Monroe-Woodbury	11:26.0
4	Chase Amin	Fair Lawn	11:41.2
5	N. Wirth	Pompton Lakes	11:48.3

Boys Shot Put

Place	Name	Team	Mark
1	Aakash Yariagadda	Monroe-Woodbury	45-0.5
2	Anthony D.	Mahwah	44-1.5
3	Damitrius	Mahwah	41-11.5
4	Jake Douma	Midland Park	40-7
5	Ryan Iacovone	River Dell	34-3.25

Boys High Jump

Place	Name	Team	Mark
1	Samar Harrison	Eastside	5-6
2	Jaydon Gilkes	Becton	5-6
3	Elijah Rowe	Manchester Regional	5-6
4	Jeremy Kim	Fair Lawn	5-0
5	D. Hester	Mahwah	4-6

Boys Pole Vault

Place	Name	Team	Mark
1			
2			
3			
4			
5			

Boys Long Jump

Place	Name	Team	Mark
1	Messiah McCuln	Eastside	19-7
2	Samar Harrison	Eastside	19-3
3	E. Suede	River Dell	18-2.5
4	Ryan Pascual	Fair Lawn	17-5.5
5	Aidan Malonado	Becton	16-7

Boys Triple Jump

Place	Name	Team	Mark
1	Ryan Pascual	Fair Lawn	38-1.75
2	Roosevelt Labrande	Spring Valley	36-3
3	K. Hart	River Dell	36-0.5
4	Jack Bussanich	Ramsey	35-7.5
5	Daniel Castellano	Westlake	35-7.25

Boys 4x400 Meter Relay

Place	Team	Names	Time
1	Becton	Bajracharya, La, Soumphold, Lo	3:52.8
2	Manchester Regional		3:56.5
3	Ridgefield		4:11.5
4			
5			

Boys 4x800 Meter Relay

Place	Team	Names	Time
1	Garfield	Stypulkowski, Gilkes, Trujillo, Sc	10:19.5
2	Fair Lawn		11:01.3
3			
4			
5			

Ridgewood Winter Games at RCC**Rockland Community College**

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Novice**Boys Novice 55 Meter Dash**

Place	Name	Team	Time
1	DeMarco Haye	Manchester Regional	7.0
2	Steven Van den Bosch	Ridgewood	7.1
3	Steven Ramirez	Manchester Regional	7.2
4	Marckenson Jeanty	Spring Valley	7.3
5	Jaydon Gilkes	Becton	7.3

Boys Novice 55 Meter Hurdles

Place	Name	Team	Time
1	Francis Gamil	Ramsey	9.8
2	Nick Esposito	Midland Park	9.8
3	Nigel Addo	Monroe-Woodbury	10.1
4	Sebastian Nunez	Manchester Regional	10.9
5	J. Euancho	River Dell	10.9

Boys Novice 200 Meter Dash

Place	Name	Team	Time
1	Jayden Mackenzie	Eastside	24.9
2	Sebastian Nunez	Manchester Regional	25.1
3	DeMarco Haye	Manchester Regional	25.7
4	Philip L.	Don Bosco	25.8
5	Marckenson Jeanty	Spring Valley	25.9

Boys Novice 400 Meter Dash

Place	Name	Team	Time
1	Jayden McKenzie	Eastside	58.4
2	Joemar Hiciano	Eastside	58.8
3	Sebastian Nunez	Manchester Regional	59.2
4	Simon Del Rio	Monroe-Woodbury	1:00.2
5	Joshua Friedman	Bogota	01:00.5

Boys Novice 1600 Meter Run

Place	Name	Team	Time
1	Jonathan Granduky	Ramsey	5:12.5
2	Aiden Hansen	Becton	5:12.7
3	Jakub Stypulkowski	Garfield	5:20.5
4	Aaron Gilkes	Garfield	5:20.7
5	James Roche	JFK Catholic	5:21.8

Boys Novice Shot Put

Place	Name	Team	Mark
1	Steven Sciaino	Mahwah	40-1.5
2	Malakai Ottey	Becton	35-5.5
3	Luke Westlake	River Dell	35-1
4	Caeden Doyle	Ramsey	35-0.75
5	Sampson House	Manchester Regional	34-10.75

Boys Novice High Jump

Place	Name	Team	Mark
1	Messiah McCullan	Eastside	5-0
2	Chase Amin	Fair Lawn	4-9
3			
4			
5			

Boys Novice 4x400 Meter Relay

Place	Team	Names	Time
1	Ridgewood	Luzerillo, Van Den Bosch, Jones,	3:56.5
2	Fair Lawn		4:00.4
3	River Dell		4:03.9
4	Fair Lawn		4:06.2
5	Eastside		4:06.7

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Frosh**Boys Frosh 55 Meter Dash**

Place	Name	Team	Time
1	Bryan Bandolon	Pompton Lakes	6.9
2	Z. Yoon	River Dell	6.9
3	L. Loshiavo	River Dell	7.4
4	C. Lanza	River Dell	7.4
5	Gavin Tabor	Becton	7.4

Boys Frosh 55 Meter Hurdles

Place	Name	Team	Time
1	J. Kim	River Dell	10.1
2	Ralph Caprio	Midland Park	10.5
3	CJ Dong	River Dell	10.8
4	Mark P.	Ridgewood	10.8
5	Joshua Hazel	Monroe-Woodbury	11.4

Boys Frosh 200 Meter Dash

Place	Name	Team	Time
1	L. Loshiavo	River Dell	26.0
2	Bryan Bandolon	Pompton Lakes	26.2
3	Isiah Ortega	Manchester Regional	26.6
4	Gavin Tabor	Becton	27.3
5	Francis S.	Don Bosco	27.4

Boys Frosh 400 Meter Run

Place	Name	Team	Time
1	Noah Zehavi	Monroe-Woodbury	58.8
2	Nathan Bello	Becton	59.5
3	Jeremy	Ridgefield	1:02.3
4	Nick Lencsak	Mahwah	1:04.1
5	Bryan Govea	Eastside	1:04.7

Boys Frosh 1600 Meter Run

Place	Name	Team	Time
1	Siddharth Ranganathan	Monroe-Woodbury	5:12.9
2	Alexander Brown	Ridgewood	5:20.1
3	John Mancuso	Monroe-Woodbury	5:21.7
4	Joshua Yanez	Fair Lawn	5:22.4
5	Tim Belmont	Monroe-Woodbury	5:22.5

Boys Frosh Shot Put

Place	Name	Team	Mark
1	Tyler Gastman	River Dell	32-0.25
2	Gabe Molkenthin	Sussex Tech	30-0.75
3	Gael Okudzeto	Ridgefield	29-2.75
4	William Vesey	River Dell	27-8.5
5	John McElroy	River Dell	26-7.75

Boys Frosh High Jump

Place	Name	Team	Mark
1	Ralph Caprio	Midland Park	5-0
2	D. Marucci	River Dell	5-0
3	J. Evancho	River Dell	4-9
4			
5			

Boys Frosh Long Jump

Place	Name	Team	Mark
1	Simon Cheremisin	Fair Lawn	17-6
2	A. Yun	River Dell	16-5
3	G. Norr	River Dell	16-0.5
4	C. Lanza	River Dell	15-5.5
5	J. Na	River Dell	15-1.5

Boys Frosh Triple Jump

Place	Name	Team	Mark
1	Simon Cheremisin	Fair Lawn	36-10.75
2	G. Norr	River Dell	34-10.5
3	J. Kim	River Dell	34-1.75
4	J. Na	River Dell	33-4
5	Marcus Bradford	Garfield	33-0.5

Boys Frosh Pole Vault

Place	Name	Team	Mark
1			
2			
3			
4			
5			

Boys Frosh 4x400 Meter Relay

Place	Team	Names	Time
1	Monroe-Woodbury	Zehavi, Robbins, Tenemille, Mallam	4:07.1
2	River Dell		4:14.4
3	Eastside		4:17.7
4	River Dell 'B'		4:23.5
5	River Dell 'C'		4:29.6