

Boys Preseason Top 20 New Jersey XC Team Rankings 2024

[NJ XC State Rankings](#)

[Robert Kellert](#)

Sep 02, 2024



We now look towards the 2024 cross-country season, important months ahead with even more important summer miles behind. Everyone on the NJ MileSplit team wishes the athletes and coaches the best of luck this fall. We're excited to roll out our preseason rankings featuring talented squads from around the state.

As you read through, please note these are not meant to be end-of-season predictions, this is simply a starting point.

An entire summer's worth of work has been put in since we last saw returners, plus newcomers and transfers will undoubtedly shake things up. There will be movement and teams will rise and fall on these lists as they compete weekly.

These rankings were brought together through a discussion between Robert Kellert and Jim Lambert. Pat Montferrat will also join the conversation for the remainder of this season.



Boys Top 20 - Preseason




September 2nd, 2024

Quick Notes: No. 1 ranked CBA has seen a bit of a resurgence in recent years and that momentum looks to continue this fall led by senior [Joe Barrett](#). During their August 30th [summer time trial on the 2-mile Holmdel Park course](#) the team averaged 10:21.2 breaking their course record, a potential sign of great things to come.




No. 4 ranked Cherokee will be adding a rising star to their already strong squad, freshman [Jack Tindall](#) will join his brother, senior, [Liam Tindall](#) this fall.




No. 17 ranked Delbarton School adds freshman [Will Van Etten](#) to its pack. A freshman who could make an immediate impact, Van Etten won the last two NJ Middle School State Championships.




Rank	Team	PRESEASON NOTES
1	 Christian Brothers Academy	Returning Holmdel: Average Time: 16:07.60 Total Time: 1:20:38.00 1-5 Split: 1:08.00 2023 MOCs: 1st 2023 Groups: 1st NPA
2	 Ridgewood HS	Returning Holmdel: Average Time: 16:37.73 Total Time: 1:23:08.63 1-5 Split: 1:20.63 2023 MOCs: 3rd 2023 Groups: 2nd Group 4




Rank	Team	PRESEASON NOTES
3	 Haddonfield Memorial HS	Returning Holmdel: Average Time: 16:51.40 Total Time: 1:24:17.00 1-5 Split: 1:06.00 2023 MOCs: 7th 2023 Groups: 1st Group 2
4	 Cherokee HS	Returning Holmdel: Average Time: 17:08.40 Total Time: 1:25:42.00 1-5 Split: 1:37.00 2023 MOCs: 9th 2023 Groups: 3rd Group 4
5	 Cherry Hill East HS	Returning Holmdel: Average Time: 16:55.20 Total Time: 1:24:36.00 1-5 Split: 41.00 2023 MOCs: 13th 2023 Groups: 6th Group 4

Rank	Team	PRESEASON NOTES
6	 Union Catholic Reg. HS	Returning Holmdel: Average Time: 17:01.60 Total Time: 1:25:08.00 1-5 Split: 1:07.00 2023 MOCs: 4th 2023 Groups: 2nd NPA
7	 Manalapan HS	Returning Holmdel: Average Time: 17:04.80 Total Time: 1:25:24.00 1-5 Split: 1:41.00 2023 MOCs: 5th 2023 Groups: 4th Group 4
8	 Colts Neck HS	Returning Holmdel: Average Time: 17:31.20 Total Time: 1:27:36.00 1-5 Split: 2:30.00 2023 MOCs: 12th 2023 Groups: 2nd Group 3

Rank	Team	PRESEASON NOTES
9	 Westfield HS	Returning Holmdel: Average Time: 17:28.80 Total Time: 1:27:24.00 1-5 Split: 2:23.00 2023 MOCs: 2nd 2023 Groups: 1st Group 4
10	 Pingry School	Returning Holmdel: Average Time: 17:12.60 Total Time: 1:26:03.00 1-5 Split: 46.00 2023 MOCs: - 2023 Groups: 4th NPA
11	 Ocean City HS	Returning Holmdel: Average Time: 17:19.20 Total Time: 1:26:36.00 1-5 Split: 1:02.00 2023 MOCs: - 2023 Groups: 4th Group 3

Rank	Team	PRESEASON NOTES
12	 South Brunswick HS	Returning Holmdel: Average Time: 17:19.80 Total Time: 1:26:39.00 1-5 Split: 1:16.00 2023 MOCs: 14th 2023 Groups: 7th Group 4
13	 Summit HS	Returning Holmdel: Average Time: 17:26.20 Total Time: 1:27:11.00 1-5 Split: 1:12.00 2023 MOCs: - 2023 Groups: 3rd Group 3
14	 St. Peter's Prep	Returning Holmdel: Average Time: 17:15.76 Total Time: 1:26:18.80 1-5 Split: 2:30.10 2023 MOCs: 8th 2023 Groups: 3rd Group 3

Rank	Team	PRESEASON NOTES
15	 Voorhees HS	Returning Holmdel: Average Time: 17:30.40 Total Time: 1:27:32.00 1-5 Split: 1:27.00 2023 MOCs: - 2023 Groups: 6th Group 2
16	 Bernards HS	Returning Holmdel: Average Time: 17:16.60 Total Time: 1:26:23.00 1-5 Split: 2:47.00 2023 MOCs: 6th 2023 Groups: 2nd Group 2
17	 Delbarton School	Returning Holmdel: Average Time: 17:48.20 Total Time: 1:29:01.00 1-5 Split: 1:23.00 2023 MOCs: - 2023 Groups: 7th NPA

Rank	Team	PRESEASON NOTES
18	 Chatham HS	Returning Holmdel: Average Time: 17:36.40 Total Time: 1:28:02.00 1-5 Split: 1:31.00 2023 MOCs: - 2023 Groups: 9th Group 3
19	 North Hunterdon HS	Returning Holmdel: Average Time: 17:43.45 Total Time: 1:28:37.26 1-5 Split: 1:53.26 2023 MOCs: - 2023 Groups: 5th Group 3
20	 Oratory Preparatory School	Returning Holmdel: Average Time: 17:52.00 Total Time: 1:29:20.00 1-5 Split: 44.00 2023 MOCs: - 2023 Groups: 6th NPA