

Big North Track & Field Dual Meet

Ridgewood vs Ramapo - 3/31/25

Event	First Place	Second Place	Third Place	RW	RP
400h	S. McKnight RW 58.7	K. Van den Bosch RW 64.9	C. Hache RW 66.6	9	0
100m Dash	J. Lee RW 11.1	D. Postolaki RW 11.4	Ramapo 12.1	8	1
1600m Run	L. Pash RW 4:37.1	Ramapo 4:39.2	D. Ackley RP 4:41.6	6	3
400m Dash	R. Ficcaro RP 49.9	L. Pash RW 50.0	A. Inocencio RP 52.4	3	6
110m Hurdles	J. Saladino RW 15.8	S. Aono RW 16.5	Ramapo 16.9	8	1
800m Run	A. Brown RW 2:01.7	J. McKenna RW 2:03.3	R. Holmes RW 2:03.5	9	0
200m Dash	Ramapo 22.9	J. Lee RW 22.9	D. Postolaki RW 23.1	4	5
3200m Run	D. Ackley RW 10:22.4	Ramapo 10:25.9	J. Lincoln RW 10:26.9	6	3
4X400 Relay	Ridgewood 3:35.1	Ramapo		5	0
High Jump	L. Zachariah RW 5'6	D. Boedges RW 5'4	D. Bustamante RW 5'4	9	0
Pole Vault	M. Hohegger RW 13'0	R. Stellmach RW 12'0	D. Stellmach RW 12'0	9	0
Long Jump	J. Lee RW 20'9	D. Bustamante RW 17'9	L. Zachariah RW 17'2 ½	9	0
Triple Jump	J. Saladino RW 39'0	J. Kinney RP 37'6 ½	K. Van den Bosch RW 36'2	6	3
Discus	J. Fitzgerald RW 113'9	G. Galasso RP 110'0	B. Shiu RP 105'6	5	4
Shot Put	J. Fitzgerald RW 43'5 ¾	G. Galasso RP 40'5 ½	N. Mangino RP 38'3 ¾	5	4
Javelin	A. Alegre RW 114'5	D. Costello RW 113'7	F. Kirwan RP 109'7	8	1
Total Score				109	31

Big North Track & Field Dual Meet

Ridgewood vs Northern Highlands - 3/31/25

Event	First Place	Second Place	Third Place	RW	NH
400h	T. Goebbert NH 56.9	Northern Highlands 58.4	S. McKnight RW 58.7	1	8
100m Dash	L. Adami NH 11.0	J. Lee RW 11.1	D. Postolaki RW 11.4	4	5
1600m Run	L. Pash RW 4:37.1	D. Ackley RP 4:41.6	J. Lincoln RW 4:44.1	9	0
400m Dash	L. Pash RW 50.0	Northern Highlands 50.2	J. Eregie RW 52.8	6	3
110m Hurdles	C. Canariato NH 15.1	Northern Highlands 15.7	J. Saladino RW 15.8	1	8
800m Run	A. Brown RW 2:01.7	J. McKenna RW 2:03.3	R. Holmes RW 2:03.5	9	0
200m Dash	L. Adami NH 22.2	Northern Highlands 22.5	J. Lee RW 22.9	1	8
3200m Run	D. Ackley RW 10:22.4	J. Lincoln RW 10:26.9	Northern Highlands	8	1
4X400 Relay	Ridgewood 3:35.1	Northern Highlands 3:36.8		5	0
High Jump	L. Adami NH 6'0	L. Zachariah RW 5'6	D. Boedges RW 5'4	4	5
Pole Vault	M. Hohegger RW 13'0	R. Stellmach RW 12'0	D. Stellmach RW 12'0	9	0
Long Jump	J. Lee RW 20'9	L. Adami NH 20'6 ½	Y. Virk NH 18'9 ½	5	4
Triple Jump	T. Goebbert NH 40'5 ¾	Y. Virk NH 39'1	J. Saladino RW 39'0	1	8
Discus	J. Fitzgerald RW 113'9	E. Berin NH 105'6	D. Postolaki RW 104'3	6	3
Shot Put	J. Fitzgerald RW 43'5 ¾	H. Cariddi RW 38'2 ½	A. Alegre RW 37'4	9	0
Javelin	J. Reilly NH 119'8	J. Warzala NH 117'4	A. Alegre RW 114'5	1	8
Total Score				79	61

Tri vs Ramapo & Northern Highlands - Ramapo HS

Monday, March 31 - 4:00 PM

Non-Scoring Results & Relay Splits

BOYS

400h: R. Kahn **78.2**

100m: R. Stellmach **11.5**, J. Moon **11.6**, M. Fitzgerald **12.0**, C. Strafacci **12.1**, M Prilutskiy **12.1**, A. Watson **12.3**, A. Johnson **12.4**, K. Farhang **12.5**, D. Boyd **12.6**, N. Demile **12.7**, C. Browne **12.7**, S. Batawala **12.7**, L. Behringer **12.8**, L. Rosen **12.9**, L. Liu **13.0**, V. Wilkins **13.1**, M. Lebow **13.1**, T. Kim **13.1**, C. Liang **13.1**, G. Boucher **13.2**, M. Cho **13.2**, A. Greco **13.3**, C. Elieh **13.3**, C. Brandt **13.4**, D. Ryu **13.6**, S. Hwang **13.6**, E. Coder **13.7**, M. Lanzisera **13.8**, N. Gunes **13.9**, H. Kim **13.9**, M. Greco **14.0**, E. Bompali **14.0**, N. Perez **14.0**, M. Haley **14.1**, E. Jankowski **14.3**, C. Jackson **14.3**, M. Badilla **14.4**, I. Badilla **14.9**, H. Lee **15.6**

1600m: K. Aspillera **5:11.2**, J. Lin **5:22.2**, C. Neenan **5:38.8**

400m: M. Lee **59.7**, D. Ganguzza **62.5**

110HH: K. Van den Bosch **18.3**, C. Hache **21.1**

800m: A. Patel **2:21.5**, N. Saggat **2:24.3**, S. Kruszewski **2:28.1**, B. Spino **2:32.0**, M. Lindenberg **2:35.3**, J. Brett **2:35.6**, G. Colletta **2:41.5**, L. Colletta **2:43.9**, I. Rentoul-Gins **2:45.9**, M. Ford **2:47.2**, H. Rothman **3:03.7**, D. Amores **3:10.9**

200m: J. Moon **24.6**, C. Strafacci **24.9**, A. Watson **25.1**, M Prilutskiy **25.7**, M. Fitzgerald **25.7**, A. Johnson **25.8**, K. Farhang **25.9**, E. Coder **25.9**, D. Ryu **26.0**, L. Liu **26.4**, C. Browne **26.4**, N. Demile **26.4**, N. Perez **26.8**, T. Kim **27.1**, V. Wilkins **27.2**, C. Brandt **27.2**, A. Greco **27.5**, M. Haley **27.6**, L. Behringer **27.7**, I. Badilla **27.7**, L. Rosen **28.2**, R. Kahn **28.2**, C. Liang **28.9**, M. Lanzisera **29.0**, N. Gunes **29.2**, M. Cho **29.4**, C. Elieh **29.5**, M. Badilla **29.6**, G. Boucher **29.8**, E. Jankowski **29.9**, H. Kim **30.2**, S. Batawala **32.6**, H. Lee **34.4**

3200m: J. Barsa **10:47.6**, R. Holmes **11:00.4**, J. Hoffman **11:03.5**, B. Soung **11:28.5**

4x400m: S. McKnight **54.6**, J. McKenna **53.4**, D. Postolaki **55.2**, J. Eregie **52.1** = **3:35.1** - **1st Place**

Long Jump: A. Johnson **F**

Triple Jump: D. Bustamante **36'1**, L. Zachariah **33'5 ½**

Shot Put: J. Flynn **35'5 ½**

Discus: F. Loureiro **102'8**, J. Flynn **101'9**, D. Costello **91'3**, N. Paul **90'10**, M. Daffron **84'7**, P. Creegan **83'1**, R. Schwindt **77'7**, N. Nicholaides **68'9**, T. Bryan **68'2**, J. Parra **64'9**, M. Dos Santos **63'1**, C. Goldstein **58'11**, Jn. Lee **53'1**,

Javelin: M. Aguilar **96'7**, J. Saladino **96'5**