

Big North Track & Field Dual Meet

Ridgewood vs Paramus - 4/15/25

Event	First Place	Second Place	Third Place	RW	P
400h	J. Saladino RW 61.6	J. Moon RW 68.0		8	0
100m Dash	J. Lee RW 11.0	M. Medina P 11.4	M. Finkelman P 11.8	5	4
1600m Run	J. McKenna RW 4:40.6	T. Mevissen RW 4:44.1	J. Lincoln RW 4:46.1	9	0
400m Dash	L. Pash RW 51.2	C. Strafacci RW 56.9	J. Thomas P 57.0	8	1
110m Hurdles	S. Aono RW 17.7	M. Finkelman P 18.1	N. DeMik RW 21.7	6	3
800m Run	R. Holmes RW 2:02.3	S. McKnight RW 2:11.3	D. Ackley RW 2:12.7	9	0
200m Dash	J. Lee RW 23.3	J. Myers P 23.8	A. Arnone P 24.1	5	4
3200m Run	J. Barsa RW 10:53.7	D. Santos P 11:14.2	B. Soung RW 12:04.3	6	3
4X400 Relay	Ridgewood 3:45.5			5	0
High Jump	L. Zachariah RW 5'6	D. Boedges RW 5'2	E. Karris P 5'0	8	1
Pole Vault	M. Hohegger RW 9'0 / R. Stellmach RW 9'0 / D. Stellmach RW 9'0			9	0
Long Jump	J. Lee RW 19'8	M. Finkelman P 18'3	L. Zachariah RW 16'9	6	3
Triple Jump	J. Saladino RW 41'5 ½	J. Moon RW 32'9 ½	N. DeMik RW 32'1	9	0
Discus	A. DeBenedetto P 127'7	S. Gallagher P 120'5	D. Costello RW 115'0	1	8
Shot Put	S. Gallagher P 50'10	J. Fitzgerald RW 45'6 ½	A. DeBenedetto P 43'4	3	6
Javelin	A. Molano P 133'0	A. Bedosky P 121'9	D. Costello RW 118'4	1	8
Total Score				98	41

Dual vs Paramus - Jacob Brown Track and Field Facility, BF

Tuesday, April 15 – 3:00 PM

Non-Scoring Results & Relay Splits

BOYS

100m: C. Strafacci **11.7**, R. Stellmach **11.9**, D. Boyd **12.0**, M. Prilutskiy **12.2**, M. Fitzgerald **12.3**, D. Stellmach **12.4**, A. Watson **12.5**, K. Farhang **12.5**, C. Browne **13.0**, V. Wilkins **13.0**, N. Gunes **13.0**, L. Behringer **13.1**, M. Haley **13.2**, K. Jackson **13.4**, A. Grieco **13.3**, I. Badilla **13.3**, N. Perez **13.4**, M. Badilla **13.4**, T. Kim **13.6**, H. Kim **13.7**, C. Liang **14.1**, H. Lee **14.2**, J. Kim **15.4**

1600m: J. Barsa **4:58.4**, J. Hoffman **5:00.4**, B. Soung **5:03.9**, R. Choe **5:10.9**, K. Aspillera **5:14.3**

400m: M. Prilutskiy **59.8**, C. Browne **60.5**

800m: J. Eregie **2:14.9**, A. Patel **2:20.5**, J. Lin **2:21.4**, M. Lindenberg **2:34.6**

200m: S. Aono **25.1**, A. Watson **25.7**, M. Fitzgerald **26.1**, D. Boyd **26.3**, L. Behringer **26.9**, K. Farhang **27.1**, V. Wilkins **27.2**, T. Kim **27.2**, A. Grieco **27.4**, N. Perez **27.4**, N. Gunes **28.0**, M. Haley **28.1**, I. Badilla **28.2**, K. Jackson **29.4**, C. Liang **29.7**, H. Kim **29.9**, M. Badilla **30.2**, H. Lee **34.1**, J. Kim **35.6**

3200m: N. Saggar **12:22.4**

4x400m: S. McKnight **56.2**, R. Holmes **58.3**, J. McKenna **53.3**, J. Moon **57.6** = **3:45.5** - **1st Place**

Long Jump: K. Farhang **15'6 ½**

Triple Jump: L. Zachariah **F**

High Jump: D. Boyd **NH**

Shot Put: A. Alegre **36'6**, P. Creegan **33'8 ½**, J. Cabranes **31'0**, M. Daffron **33'7**, T. Bryan **28'1 ½**, R. Schwindt **26'11 ¼**, M. Dos Santos **22'9 ½**

Discus: J. Fitzgerald **112'1**, P. Creegan **89'7**, M. Daffron **77'4**, R. Schwindt **75'10**, J. Flynn **74'1**, T. Bryan **66'8**, M. Dos Santos **63'6**

Javelin: A. Alegre **111'8**, J. Saladino **97'11**